

## Colby resumes external athletic competition after COVID-19-imposed hiatus

By SONIA LACHTER  
News Editor

The College has resumed athletic competitions with other schools following a unanimous vote of the New England Small College Athletic Conference's (NESCAC) presidents on March 9. Teams are now playing against other Maine schools and NESCAC competition will begin mid-April.

President David Greene told *The Colby Echo* that, while the College could not safely allow competition in the fall and winter seasons, they have now developed a "really thoughtful plan" to create a safe season. He cited lessons learned from

throughout the pandemic and decreasing cases in the country as allowing the season to happen.

Mike Wisecup, Vice President and Harold Alfond Director of Athletics, said "there's very little evidence right now that supports that there has been spread during competitions. Most of the cases and most of what we're seeing usually center around the social life of individuals."

To prevent spread, teams will travel with 50% bus capacity, and avoid stops, overnight trips, and eating or drinking (except out of a straw) while in transit. Other preventative measures include alternating

seats, testing bus drivers, athletic trainers driving separately, and providing support vehicles in case a student needs to be isolated and returned to campus.

Additionally, athletes will receive an antigen test each day they are to compete against another school.

Wisecup said that the College requires the other school to do the same and that "we don't travel to a school before we know our results and no school travels to us before they have the results."

Greene said that a positive case would cancel game play. "We shut things down if we cannot ensure the safety of

everyone," he explained, adding that this was a "non-negotiable." Multiple sports have already cancelled games because of positive tests.

Wisecup shared that opposing teams don't have indoor access to College buildings. Rather, they come "game-ready" off their bus, and have their own restrooms and a separate tent for Athletic Trainer support in case of injury. Basically, "the only crossover will happen during the competition themselves."

If a case occurs, both schools contact trace and communicate results with each other. Wisecup said that this has already happened with winter-season teams. Because of the positive case and contact tracing, there were not enough athletes to compete, so they "pulled the plug" on their upcoming game.

between that game and their next conference competition. This will allow enough time to identify potential cases.

Come the end of the season, if teams qualify for NCAA tournaments, the College will decide if teams may compete on a case-by-case basis, considering where the event is

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David Greene  
President

held, the nature of the sport, and how many schools will be competing.

Wisecup said that "just because we qualify doesn't mean we'll automatically be allowed to go."

Wisecup noted that he works closely with Greene and the other vice presidents concerning campus-wide decisions. The return to athletics has been one such long-term topic they have worked on collectively.

Wisecup said that since the move to remote learning last March, "We've been on a pathway to, at some point ...

return[ing] back to a sense of normalcy for all of our programming: athletics, co-curricular, extracurricular alike."

In the fall, athletics started programming "conservatively," Wisecup said. Teams practiced in pods of six to ten students, took temperature checks before every practice, and could not access locker rooms. Wisecup also received daily updates of test results within teams to help inform his decisions.

Normally, teams are only allowed by the NCAA to officially practice during their season, but that was changed to allow greater supervision of practices. Teams were permitted 114 total days this season to practice.

"What that meant was that the coaches were able to be present at every one of those practices and make sure the rules were being followed and the protocols were in place," Wisecup explained.

Wisecup noted that this was especially beneficial for first year spring athletes who would, under the old rules, not be able to practice with their teams until the spring, but could get acquainted with them earlier in this uncertain year.

Eventually, the senior staff of the College were able to make adjustments to protocols for athletics. By the end of the semester, locker rooms

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WENDY WEI

Students playing an intra-squad match in fall 2020. Teams will begin playing NESCAC matches mid-April.

## College warns students against eating in restaurants, seeing families

By MATT ROCHA  
News Reporter

After analyzing data from March Break and the following weeks, the College's COVID-19 Response Team recognized trends in COVID-19 transmission on campus coming from students eating in restaurants and seeing visitors. The College has since warned students against doing so.

In the past week, the COVID-19 Response Team has identified and isolated ten new positive cases.

In an email to the student body, Dean of Students Barbara Moore shared these findings. Through an email conversation, *The Colby Echo* discussed these findings with Moore and George Sopko, the College's Director of Media Relations.

"The goal of the communication was to remind students that frequenting restaurants and bars and/or visiting family members has the potential to put our community at more risk of exposure to the virus. One of the most important lessons of the last several months is that while we cannot control the spread of the virus across the country and around the world, our personal behavior, day in and day out, determines the safety of our community and our ability to stay together," they said.

*The Colby Echo* asked if the College would institute punishments for students who violate these expecta-

tions in the future.

"There are no current plans to change what are considered violations- and potential sanctions related to those violations- as stated in the College's 2020-2021 COVID-19 Student Policy," Moore and Sopko said.

Instead, the College will continue keeping an eye on the public health of the campus, the surrounding area and "the effectiveness of our policies and procedures to mitigate transmission."

If outbreaks occur or community members break with the policies, "tighter restrictions and more aggressive mitigation measures will likely need to be implemented."

Moore and Sopko believe that eating in restaurants and meeting family members are equally risky activities.

"Any activity that puts you in contact with people not in Colby's testing bubble or exposes you to groups and gatherings where safety protocols are not being followed is dangerous and puts our entire community at risk," they said.

Students should diligently avoid activities outlined in the COVID-19 Student Policy. Moore and Sopko recommended that students look through the whole Student Policy, but highlighted three provisions: "Don't organize, host, or attend events, parties, or other social gatherings on or off campus that

are likely to create an increased risk of contracting or spreading COVID-19; don't bring guests, including family members, friends, and partners, as well as Colby students or staff not authorized to be on campus (those who are not in the College's testing regimen) to Colby; don't exceed occupancy limits in campus buildings including all areas in residence halls."

As the number of positive COVID-19 cases continues to decrease across Maine and more people get vaccinated, Moore and Sopko remain optimistic about the rest of the spring semester.

"While many risks are still present, if we maintain our vigilance and commitment to safety the remainder of the semester should be great. If we sharpen this focus on keeping everyone safe, we should be in a good position to expand activities and opportunities in the weeks and months ahead," they said.

In closing, they emphasized the importance of community in combating COVID-19 transmission on campus. Essentially, continued compliance with the COVID-19 outbreak prevention protocols are critical to the College's success.

"Our students have created a united front against COVID-19 that's evolved into a campus wide initiative that's been key to our success for being back on

campus. Students have come together around one common goal that's focused on working together and holding each other accountable to protect Mayflower Hill and to be able to remain together on campus," they said.

They implored students not to stop: "That spirit and energy must continue or otherwise we risk following the path of other institutions, one which recently implemented a stay-in-place order for all of its undergraduates until the end of the month because of a major uptick in COVID-19 cases."

In an interview with *The Colby Echo*, Molly Smith '21 gave her perspective on Moore's email and the COVID-19 Response Team's findings.

"I feel like people just need to be patient and wait until everything is safer before going out to eat. Because there are cases, it seems, of people getting it [COVID-19] inside the restaurant, which doesn't seem worth the risk," she said. "I feel weird about having the College impose things like that but, in this moment, they might need to take firmer actions against going out to eat."

Like many students, Smith worries that eating at restaurants could expose the College to unnecessary risk.

"There could be a huge breakout because someone goes to a restaurant so the school probably should ban it but, again, I don't know if I feel comfortable with them taking

that big of a role in people's daily lives ... but they probably should," she said.

Smith understands the desire of students to eat a good meal off campus, but those who can afford to do so are unnecessarily putting other people at risk.

"I understand wanting to eat something really good," she said. "Going out to restaurants is a form of privilege as well."

In regards to the meal pop-ups in the Spa, Smith believes that the College's money could be better spent.

"That's great, but also they should be putting their money towards better financial aid. But also, everyone needs a really good meal now and then," she said.



WENDY WEI

Pagoda Express by the Alfond Commons. The College has warned students of the risks of eating inside restaurants.

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## Oak Institute receives \$50,000 gift to fund human rights internships

By DONOVAN LYNCH  
Contributing Writer

The Oak Institute for Human Rights, an inter-departmental consortium of Colby students and faculty, received a \$50,000 donation this week to fund summer internships focusing on equity and social justice, domestically and around the world.

The gift, made by the Garfield family, will expand the opportunities for Colby students to travel and study abroad, which have been severely limited this year by the COVID-19 pandemic.

“It’s crucial for students to think about human rights and social justice,” Valerie Dionne, Director of the Oak Institute and Associate Professor of French, told *The Colby Echo*. “Oak has enough money to fund about \$25,000 of internships, that will [now] increase by \$10,000 for the next five years.”

The new capital will bolster the Oak Institute’s already strong partner-

ship with Omprakash, a non-profit that connects volunteers and interns with organizations around the world. Students will have the option to choose from Oak’s already vetted internships and volunteer opportunities or find their own.

Each accepted applicant, before beginning their summer experience, will enroll in Omprakash’s Critical Approaches to Human Rights, an online course designed to educate interns on the patterns of world inequality as well as the complexities of promoting human rights abroad from a place of privilege. After finishing the course and internship, students will receive a certificate of Critical Approaches to Human Rights from the College.

Dionne hopes this hybrid of academics and on-the-ground experience will inspire students to reflect on how their notions of human rights in the world have been influenced by the United States.

“We tend to sit in our comfort, and have an atti-

tude of moral superiority,” she said.

Beyond matching Colby students with international organizations, Dionne and other leaders of the Oak Institute plan to direct funds towards domestic human rights work.

“It’s so welcome to reflect on the number of violations of human rights happening in America currently,” Dionne said.

Cameron Garfield ’21, Co-Chair of the Oak Institute’s Student Committee, said that the gift is especially valuable to him because it is relatively difficult to get a paid internship in social justice or human rights.

“Those opportunities are either unpaid or require you to be on a volunteer basis,” he said. “So, I think this is a great way for students to not have to compromise their need to be able [to] make money, in order to sustain themselves, and also pursue their interests.”

Despite Colby students’ long history of activism, Garfield said, “the school

hasn’t always provided opportunities to facilitate this important work,” compared to its support for other fields like finance or business.

“For example, I can’t remember the last time DavisConnects held a workshop about working in human rights or social justice,” he said. “It’s always finance, consulting, law, and sometimes government themed events.”

Garfield shared that, after his first year, he would have preferred an unpaid internship but needed to make money.

“I needed a job that paid so I ended up doing something I did *not* enjoy and worked some crazy hours,” he said.

So, Garfield hopes that underclassmen can use this funding to pursue their interests in human rights.

The opportunity provided by the grant has stirred students to apply for the expanded Oak internships. Keerthi Martyn, a junior Global Studies major, hopes to pursue a funded

experience closer to Colby.

“There’s so much advocacy to be done in the state of Maine,” Martyn said. “The Oak Institute is an advocacy agent for justice and peace, not only across the world [but] locally, nationally, too.”

This re-focusing of ener-

“The Oak Institute is an advocacy agent for justice and peace, not only across the world [but] locally, nationally, too.”

Keerthi Martyn ’22

gy and capital on domestic human rights follows a larger national trend. According to the *L.A. Times*, civil and human rights organizations in the U.S. have seen a large uptick in donations, most notably from large corporations.

Garfield mentioned that the national attention and participation given to the Black Lives Matter movement in summer 2020 have motivated more students to pursue related careers.

“Students want to be able to fight for political, social and human rights centered missions! However, because those are not always the most financially supported jobs ... I think this funding opportunity is a great way of bridging that divide,” he said.

Students like Martyn, who has long been involved with the Oak Institute and recently won a \$10,000 grant for a community engagement, see the Garfield family’s gift as an advertisement to those outside of Oak’s embrace.

“Even before the money came, I would have been interested. With the money coming, it’s already raised awareness.”

With initial registration due by March 31, the success of the Oak Institute in attracting students to human rights work is soon to be known.

## Colby resources for Finance internships & jobs

By SAM LEATHE  
Finance Columnist

The financial industry is one of the most common landing spots for Colby students once they depart from Mayflower Hill. Every summer, many graduating students head from Colby’s campus to New York City, where they begin work at one of the many financial institutions headquartered there.

This is also true of many rising seniors, who intern at Wall Street firms the summer before their senior year, in preparation for a full-time job in the future.

This path is taken consistently by Colby students with an interest in finance, yet for some first and second year students, the process of securing an internship or full-time job offer in finance can be incredibly ooverwhelming.

Luckily, for these students, there is a massive amount of resources at their disposal while studying at Colby. The first of these, and arguably the most impactful, is Davis Connects. This center for internship and career preparation is incredibly helpful to students, as the staff of Davis

Connects provides assistance with resume and cover letter construction, networking applications, and general tips for securing a job or internship offer from companies and firms across several industries.

DavisConnects staff member Michael Maher, is also an invaluable resource for students who wish to work in the industry. Maher, who is the DavisConnects Advisor for Finance, provides specialized finance recruitment help for students, while also monitoring finance internship and full-time employment opportunities, which he regularly sends out to students who have signed up for finance updates from DavisConnects.

Maher has a great amount of corporate and recruitment experience. Prior to joining Colby’s DavisConnects, he worked for many corporations, as well as Yale University’s career center.

One program sponsored by DavisConnects that is especially helpful to students with an interest in the financial industry, is “Wall Street Prep.” This two-day intensive seminar is offered annually at Colby, and focuses on financial modeling, valuation

techniques, and technical skills with Microsoft Excel. This seminar is led by former finance employees, many of whom have expertise in modeling, and provides students with basic skills that are commonly used in the financial industry.

Another valuable resource for younger Colby students with an interest in finance are the investment clubs on campus. There are several of these, including Mayflower Hill Capital and the Colby Student Investment Association (CSIA).

These clubs provide students with research and investment knowledge, as well as experience in presenting stock pitches and managing equity portfolios. These clubs also connect younger students with juniors and seniors who have already held summer internships at financial firms, and who have accepted full-time offers for after graduation. These connections provide students with guidance and advice on how to successfully network, apply, and secure jobs in the financial industry.

For all students with an interest in working in the financial industry, whether at an investment bank or other type of firm, these resources must be on their radar. By utilizing DavisConnects, or by joining a student-led investment club on campus, students can begin to adequately prepare themselves for an internship or career search in the financial industry.

While this process may appear daunting, it is certainly doable, and the resources at Colby assist greatly in this process.



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## Colby resumes external athletic competitions (continued)

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were open and full teams could practice. There was no external competition and Wisecup said that, even when cases appeared on teams, they did not spread, showing the effectiveness of the testing regimen.

Greene said he believes “it is important to support our students in the ways that are most important to them, and athletics are one way to do this.” Because it is hard to compete athletically without travel, the risk is worth the reward.

Greene said he hasn’t seen any evidence of athletics fostering more cases than the rest of the student body.

By this semester, Wisecup said the College had learned enough from itself and from other institutions to feel comfortable doing “very limited winter competitions.” Those

competitions, in turn, gave the administration confidence for the spring season.

Wisecup shared that not all NESCAC members are competing in all sports because of how they brought back students. For example, because Bowdoin College only brought some of their student body, they are only able to compete in softball and track and field. The number of schools competing in each sport ranges from seven to the full eleven.

Wisecup said that, in his opinion, the reward outweighs the risk to bring back external competition. When deciding to bring students back to the College in the fall, Greene developed three priorities: health and safety, academic learning, and enriching opportunities. Although bringing students back was a risk, Wisecup believes it to be a necessary risk.

In Wisecup’s view athletics has a role in Greene’s third priority.

Bret Miller ’22, member of Colby Men’s Lacrosse, thinks that it was important to allow spring teams to play because they already lost most of their 2020 season. He was highly concerned about missing another season.

“I think it is a big deal when you think about the totality of college athletics as a whole. That’s almost half of your entire time playing here,” he said.

Addressing the COVID-19 risks of playing other schools, Miller said that “It was a public health risk to bring students back to campus in general. Regardless of how you cut it, you’re going to end up with risks.”

But, Miller doesn’t see an extra risk from playing sports outdoors, or at the very least

thinks that there has been as much mitigation of risk as possible.

The biggest risk with athletics, Miller said, “comes not from actually playing... but from the locker room or gathering.”

“The benefit outweighs the risk in terms of physically playing,” Miller said.

As long as other schools are doing the same testing protocols, Miller feels comfortable playing them. “If they’re doing our part and we’re doing our part, there should be no reason that we shouldn’t be able to compete with one another,” he said.

Tracey Cote, Head Nordic Ski Coach, took part in the limited winter season and took four students to NCAAs in New Hampshire. Cote thinks resuming competition was good because her team competed

outside, had no contact, raced masked, and switched to interval-only racing, so athletes were spaced out by 30 seconds or a minute.

Cote and the rest of the Nordic staff checked that students were adhering to the testing regimen and protocols and instituted a drinking ban, which normally is a team decision, but she felt was necessary this year.

Cote shared that, when her skiers went to NCAAs, they were PCR tested, antigen tested the morning of, drove two and a half hours, were immediately tested by NCAA on arrival, weren’t allowed to do anything until receiving negative results, and were tested every other day after that.

Upon return to Colby, they got antigen tests and went into quarantine and were tested again.

Cote said that only one skier was put in quarantine throughout the academic year, and it was due to contact tracing.

“I think my athletes were really great about following our team rules that we have in place and being really careful, so we really came out of this in a really good way,” she said.

In addition, in New England races, competitors have to report back if they test positive for COVID-19, and from what Cote has heard, no one has tested positive.

Overall, this year was a challenge but an opportunity for growth for the Nordic team. The team was unsure if they’d be able to compete but wanted to be ready in case they got permission to. Not being able to travel gave the team more time to practice and to practice in different ways.

Security Incident Report Log	Date:	Time:	Location:	Comments:
	03/19/21	10:33 p.m.	Dana	Smoke Detector
	03/20/21	3:14 a.m.	Woodman	Assault
	03/20/21	6:34 a.m.	Observatory	Gathering Checks
	03/20/21	5:08 a.m.	Heights	Gathering Checks
	03/20/21	5:17 p.m.	Runnals Hill	Gathering Checks
	03/20/21	11:34 p.m.	Alfond Apartments	Gathering Checks
	03/21/21	1:30 a.m.	Alfond Apartments	Gathering Checks
	03/21/21	6:08 a.m.	Roberts	Vandalism
	03/21/21	2:52 a.m.	Piper	Theft
	03/21/21	9:10 p.m.	Alfond Commons	Assault
	03/22/21	2:02 a.m.	Leonard	Smoke Detector



Waterville City Council fishes for truth in a pool of political discourse

By JENNA BOLING  
Local News Reporter

This week, the Waterville City Council postponed their decision to vote on an amendment to the Kennebec River Management Plan that would call for the removal of two dams on the Kennebec River. The Kennebec River Management plan is a decades-long initiative to restore the native Atlantic Salmon population and promote a healthy river, as Atlantic Salmon populations in the Kennebec River are nearing extinction. In the amendment, environmental activists cite the Lockwood Dam in Waterville and the Shawmut Dam in Fairfield as detrimental to these native fish populations, with many of them also calling for the removal of the Hydro Kennebec Dam in Waterville and the Weston Dam in Skowhegan as well.

However, many politicians, such as Waterville Mayor Jay Coelho, remain apprehensive about the economic consequences of removing the dams. “There is no perfect answer or solution. I am hopeful and pragmatic that scientists and dam owners can work together to find a balance. It’s important to know we can’t save every fish, and by the same token, we can’t pump every megawatt to the detriment of the environment,” Coelho said. “I don’t have all the answers and I doubt anyone else does either. This issue will require many more conversations over the next decade or so.” Unfortunately, Waterville’s economy might not last another ‘decade or so’ because the Atlantic Salmon industry helps keep the city afloat. This recent City Council dispute is significant as either decision could radically alter Waterville’s economic frame-

work. Some council members are worried about the expense of removing the dams, but if the council doesn’t go through with the amendment, the Atlantic Salmon population could die off along with the industry. “There are many examples of how dam removal can lead to economic ben-

“We should all strive to care for our environment and each other, but the human element is also part of the equation.”

Jay Coelho  
Waterville Mayor

efit for residence and a broader community,” Waterville Councilman Thomas Klepach explained. “One such example was the removal of the Edwards dam on the Kennebec River in Augusta. The removal of that dam, rather than drying up the river as many had claimed, actually brought renewed vibrancy to the river, increasing residential property value, recreational opportunity, and a renewed vitality to the waterfront in downtown Augusta. This is not to say that every single dam is the same, which is why this issue requires such careful consideration.” On the other hand, Coelho felt that we should focus more on how detrimental dam removal could be for the economy and the environment.

“The fish are just one piece of the equation. Negative financial implications for almost every resident and business in the region is another. We should all strive to care for our environment and each other, but the human element is also part of the equation,” Coelho said. Ultimately, this dam dilemma deals with two different sciences: environmental and economic. Klepach noted how science can act as a beacon of truth during an age when adhering to partisan politics can alter one’s perception of reality. “Science is an objective method for creating new knowledge and discovering truth in a system. It is rare in today’s world to have an issue that doesn’t have a scientific component to it. In any complex public policy discussion, consideration of the scientific ramifications of the issue is crucial. The issue of dam removal is an excellent case in point,” Klepach explained. “This is an extremely complex issue with a myriad of considerations both economic and environmental. Any serious discussion around this issue must include consideration of the scientifically-established facts and expert opinion, even if those facts and expert opinions are contrary to the priorities of some of the stakeholders,” Klepach continued. “This does not mean that the ultimate policy decision must be solely based upon the singular voice of scientists and engineers, just that any thorough consideration must include that evidence.” Councilwoman Rebecca Green found the salmon issue unusual in the sense that local governments could utilize scientific principles to come to an informed decision, rather



SARAH WARNER

The Kennebec River, which runs straight through the heart of Waterville, has become a point of contention amongst local politicians. Do they remove the four dams along the river to save the endangered Atlantic Salmon population or do they keep the dams and forget about the fish?

than allowing their personal politics to influence their decisions. “One thing that has been really interesting to me is that, while people are very divided on the issue, it has not fallen along partisan lines,” Green said. “But it has raised a lot of questions about process and how we make decisions as a community. It’s amazing to me how quickly assumptions are being made: that voting to accept this amendment would lead directly to dam removal, which then has people lamenting a loss of jobs and tax revenue. But is that really the case? I think we need to take a wider perspective and a longer view on what is best for our community, and also what is possible, both in the short and long term.” Coelho reiterated the importance of methodical dissection of the issue. “No matter which way you stand on an issue, people fighting for their side tend to skew information with a mix of facts, fear, and sensationalism. Wad-

divided on the issue, it has not fallen along partisan lines,” Green said. “But it has raised a lot of questions about process and how we make decisions as a community. It’s amazing to me how quickly assumptions are being made: that voting to accept this amendment would lead directly to dam removal, which then has people lamenting a loss of jobs and tax revenue. But is that really the case? I think we need to take a wider perspective and a longer view on what is best for our community, and also what is possible, both in the short and long term.” Coelho reiterated the importance of methodical dissection of the issue. “No matter which way you stand on an issue, people fighting for their side tend to skew information with a mix of facts, fear, and sensationalism. Wad-

ding through it all can be difficult. But at the end of the day, logic and rational thinking should win out. Decisions like these should not be emotional,” Coelho argued. As the City Council continues their discussion around science in an attempt to do what is best for both the fish and Waterville residents, Colby students can enter the conversation too. “The [Maine Department of Marine Resources] is taking written public comment at their website through March 27,” said Klepach. “If you are in favor of the proposed amendment and support the findings of the state’s marine biologist and fisheries managers, you can also go to the Maine Natural Resource Council’s website and register your support through a simple form letter there.”

“Any serious discussion around this issue must include consideration of the scientifically-established facts and expert opinion”

Thomas Klepach  
Waterville Councilman

Mills accelerates vaccination timeline for Maine adults

By SARAH WARNER  
Local & Features Editor

On March 19, Governor Janet Mills announced that Maine would be accelerating the timeline of their vaccination plan. As of March 23, Maine residents ages 50 and older will be eligible for the vaccine, while all Maine residents ages 16 and over will be eligible as of April 19. Previously, Maine had adopted a slower, age-based approach to vaccination. In this plan, Mills hoped to have all adults vaccinated by the end of July. This plan was then amended on March 12 to align with President Joe Biden’s promise to make all adult U.S. residents eligible for the vaccine by May 1. The new plan to make all Maine adults eligible by April 19 is largely driven by newly available vaccination appointments, and anticipated shipments of vaccines from the federal government. “Maine has been working around the clock to get as many people vaccinated as quickly as possible. As we continue to make progress, and with more appoint-

ments becoming available and an increase in supply expected in the coming weeks, we believe it is appropriate to accelerate our timeline and make more people eligible earlier,” Mills commented in a March 19 press release. “While this is certainly welcome news, Maine residents should keep in mind that it still may take time to get an appointment. We will continue to work with vaccine providers across Maine to expand our ability to deliver shots, and we are pleased that we are able to take this important step forward.” Regardless of age, Maine will also be implementing the Biden administration’s directive to vaccinate teachers, school staff, and child-care workers this month. While Maine teachers over the age of 60 have already been made eligible for the vaccine, this directive aims to get all teachers at least one shot by the end of March. Biden hopes that prioritizing the vaccination of teachers and school staff will facilitate the safe reopening of schools across the nation. “Right now, an entire generation of young

“Maine has been working around the clock to get as many people vaccinated as quickly as possible.”

Janet Mills  
Governor of Maine

people is on the brink of being set back a year or more in their learning,” Biden said in a March 3 press release. “You can ask millions of parents; they understand. We’re already seeing rising mental health concerns due in part to isolation. Educational disparities that have always existed grow wider each day that our schools remain closed. And remote learning isn’t the same for every student, as you all know.” As of the time of publication, Maine

has administered almost 600,000 doses of the vaccine. Approximately 27 percent of the population has had their first dose, while around 16 percent are fully vaccinated. These numbers are significantly higher for Maine’s more vulnerable elderly population. Approximately 64 percent of Maine residents ages 60 and older have received the vaccine, with 35 percent fully vaccinated. These numbers rank Maine as the fifth best nationwide for the percentage of the population fully vaccinated. Adjusted for population, Maine also ranks third lowest in total number of COVID-19 cases and fourth lowest in number of deaths, despite having the oldest median age in the country. Maine also ranks the best in New England on CNN Business’s “Back to Normal Index” for measuring economic activity. “The fine work of vaccination clinics throughout Maine makes it possible to get shots into the arms of more residents sooner than originally projected,” Dr. Nirav D. Shah, Director of the Maine Center for Disease Control and Prevention, said in a March 19 press release. “With weekly vaccine allocations expected to increase in the near future, we can move ahead with vaccinating all Maine adults.” Despite the accelerated vaccine schedule, Maine residents still may face difficulty in registering to get vaccinated. It will take time for vaccine clinics to adjust to the new timeline and open up appointments for newly eligible residents. Now, however, the Maine COVID-19 vaccine website is offering pre-registration for vaccine appointments at VaccinateME.maine.gov. After filling out the pre-registration form, residents will be notified as soon as an appointment becomes available in an effort to streamline the process and distribute as many vaccines

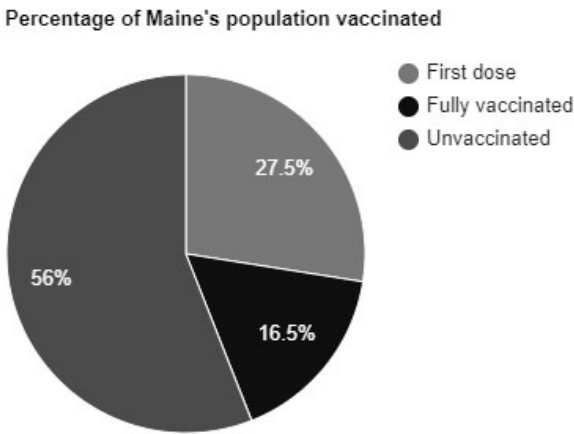


WIKIMEDIA

Governor Janet Mills issued a statement on March 19 announcing her plan to accelerate the state’s vaccination plan, which originally planned to make the vaccine available to all Maine adults by July. Now, all Maine adults will be eligible for vaccination by April 19.

as possible. “As more vaccine becomes available in the coming days and weeks, we’ll continue to work with our valued partners throughout the state to match eligible Maine people, particularly those who are at high risk, with those doses and move Maine closer to recovery,” Commissioner of the Maine Department of Health and Human Services Jeanne Lambrew said in a press release. While making all adults eligible for the vaccine by April 19 is a step in the right direction, there is still a long way to go until the majority of Maine residents are vaccinated. The potential for Colby students to get vaccinated has raised questions on campus, particularly for seniors who are hoping for a semi-

normal graduation and Senior Week. “I am hopeful that we will have an in-person graduation, and I am sure many of my fellow seniors feel the same. It’s seeming more and more possible every day! Graduation is such a monumental event in someone’s life, and as a first-generation student it carries a lot of weight,” Regan Bragg ’21 said. “I’m hopeful that we can all share this moment together as a community that has grown together on campus during the past four years.” Colby administration has yet to comment on the accelerated vaccination schedule and what it means for the end of this semester; however, Mills’s announcement positions the College to hopefully have a less-restricted academic year for 2021-22.



SARAH WARNER

While Maine ranks fifth best nationwide for percentage of the population fully vaccinated, with only 16.53 percent of Mainers fully vaccinated, the state has a long way to go before the end of the pandemic is in sight.



# Features

## Faith at Colby: The InterVarsity Christian Fellowship

By HAE-JUNG KIM  
Features Reporter

The Colby Echo sat down with Kayla Murphy '23 to learn about her leadership role in the InterVarsity Christian Fellowship (IVCF).

Murphy talked about her path to her leadership position in the club and the lack of visibility that IVCF has on campus compared to other organizations.

Nevertheless, Murphy emphasized that her main concern was reaching students in a meaningful way, saying "it's never been about the numbers, but the impact."

IVCF is a national organization that has numerous college chapters across the country. Murphy underscored that she cannot speak for the organization as a whole, since she has only ever been exposed to the New England cohort. In regard to the IVCF's objectives at Colby, she explained the mission is to provide a safe space where students are introduced to the Gospel and can feel the love of Jesus.

"We provide a way for college-age students to grow in their faith or to be exposed to this side of themselves that they might have not thought about," Murphy said.

Faith and spirituality are sensitive issues in college, especially as many students find it hard to remain connected to this part of their identity that is often so closely tied to their home.

This struggle is particularly acute on campuses located in rural, isolated areas where community interaction is often limited to the college "bubble."

However, IVCF seeks to lessen the difficulty of maintaining faith by building a network of Christian students at Colby.

"Statistics show that most people, if they come into college with faith, they don't leave with it," Murphy explained. "So we really just want to have a space where people can grow and continue to learn about Jesus and develop a faith that is outside of their parent's faith and outside of the faith that they grew up with, or the lack thereof."

"We provide a way for college-age students to grow in their faith or to be exposed to this side of themselves that they might have not thought about."

Kayla Murphy '23

"[IVCF] [is] a space where [students] can discover who Jesus is through his word, through reading the Bible, through worship nights, and through community, because the church isn't a place, it's a people," Murphy continued. "And so being that space for love and a home for people outside of home is what we really care about."

Murphy herself discovered IVCF as a first year while looking for a ride to church on Sundays.

"So I actually became Christian maybe five months before my freshman year," Murphy recalled. "When I came to Colby, I wanted to plug into a church, so I went to the club fair and I looked for any type of

Christian group. IVCF offered Bible studies and community nights in the Mary Low Coffeehouse, and before [COVID-19], we would have meals together."

Murphy went on to explain how IVCF was a way for her to make friends in college and find a place of belonging while strengthening her faith.

"It definitely, one, made me want to stay in the group and two, ultimately it was a desire to figure out who this Jesus person was," she said.

Becoming a leader in IVCF was just as unexpected for Murphy as joining IVCF was initially. When asked about how she became a leader, Murphy admitted that it never crossed her mind until the leadership team reached out to her.

"I was just there until they gave me a call one day and said, 'Kayla we would love for you to join our leadership team ... I know that you haven't necessarily expressed interest, but you love the Lord and you love sharing the Lord with other people, and you're a people person and you care about others,'" Murphy recalled.

"The Church isn't a place, it's a people."

Kayla Murphy '23

She was initially hesitant to join, especially because she had never served in a leadership role before. But as she became closer friends with the seniors on the leadership team, she realized that the key wasn't perfection, but authenticity.



KAYLA MURPHY

Murphy, a member of Colby's InterVarsity Christian Fellowship (IVCF), spoke to *The Colby Echo* about how IVCF played a crucial role in the development of her Christian faith.

"I saw that [the leaders] were real people, that they're not perfect, they never tried to be and me knowing that I was not perfect made the transition into leadership way more fulfilling because I got to do what I loved to do, which was to serve Jesus and love all people without the pressure of having to be perfect or someone I'm not," Murphy said.

New members described a similar experience of personal growth in faith and spirituality.

As she became closer friends with the seniors on the leadership team, she came to realize that the key wasn't perfection, but authenticity.

"IVCF is a place where I can be completely open about my faith," one first year said. "The support they provide me with allows me to grow spiritually and helps me feel at ease with my on campus experience at Colby, knowing that I can have people whom I can turn to spiritually."

Although COVID-19 has certainly impacted several aspects of student life on campus this year, IVCF serves as a reminder that the Colby community network remains strong.

### Home and Away

## The secret recipe to adventure: Wolfe's Neck Peninsula, artisan pizza, and cold plunges

By EMMA GOLDBERG-COURTNEY  
Contributing Columnist

Discovering what defines a perfect day of adventuring was difficult even before the COVID-19 pandemic. Now, with the need to isolate and take ever-increasing precautions and preventive measures to protect each other, ourselves, and our loved ones, it has become even easier to lose sight of sun-washed days filled with good food, a perfect hike, and the thrill of exploring someplace new.

As campuses around the country have shut down, administrations have urged students to limit their exposure, and in some cases, prohibited students from even leaving their

dorms to exercise and get a breath of fresh air. It has grown increasingly tempting to curl up within the comfort and safety of our own homes, forsaking the outside world for the promise of a good book, a cup of tea, or a new Netflix show (I know I have recently developed a love of *Madam Secretary*).

While there is absolutely nothing wrong with this approach, it is still incredibly important for our physical and mental health to get outside, breathe, listen, move, and remember to keep enjoying the world outside of our homes.

Luckily, there are plenty of opportunities for COVID-19-safe exploration in Waterville and around the Mayflower Hill

area. As someone who, when at home, lives in an extremely high-risk household, I have grown to love a new manner of exploring that involves a decent amount of takeout from local restaurants and cafes, and wandering down hidden trails to secret beaches where I can relax and enjoy nature with just a couple others in the safety of relative solitude.

The town of Freeport, although slightly less well-populated with restaurants than the neighboring Brunswick, has an excellent array of artisan pizza and small batch breweries. Brickyard Hollow, located in the Freeport Market, has pizza with a deliciously bubbled crust, a plethora of original

toppings (the peach, basil, balsamic, and buffalo cheese is a must try), and foaming craft beer. They do delivery, take-out, or order in, and always have your pizza ready before you expect. Just a quick stop at Brickyard Hollow, and then it is just a ten minute drive to Wolfe's Neck Peninsula.

I have grown to love a new manner of exploring that involves a decent amount of take-out from local restaurants and cafes, and wandering down hidden trails to secret beaches.

I grew up living five minutes away from Wolfe's Neck Peninsula, and to this day, it remains one of my favorite places in Maine. There are two main areas to explore on the peninsula; Wolfe's Neck Farm and Wolfe's Neck State Park. The farm, a haven of rolling fields, red barns, and expansive mudflats with breath-taking sunsets, boasts a small network of trails and offers the opportunity to gaze into the eyes of soulful cows and watch the sheep, goats, pigs, and chickens going about their

busy lives.

For the truly intrepid explorer, directly next to the bridge crossing over onto the farm is a little beach where the stream connects to the ocean, providing a source of moving water that can be swum in year-round. Just make sure that if you plan on taking the plunge, you check the tide charts first and go at high tide or you may find yourself knee deep in mud.

If you're looking for a slightly longer hike, the State Park is just a few minutes further down the road than the farm. There are about five miles of trails off all different difficulties (though none are too strenuous or precarious), and several of the trails wind along the rocky coast to provide spectacular views of the Harraseeket river, the open ocean, and the surrounding islands.

All year-round, you can spot an Osprey nest on the small island across from the main Casco Bay trail, and in late April to early May, the family of birds returns from their winter travels. If you visit during the winter, while you won't see the Ospreys, you can still explore the several rocky beaches and see the ice-covered mudflats at low tide. If you take the Harraseeket trail on one side of the park, you can hike up above the river and take a break in a secluded clearing with a view down the river of the several marinas, mooring fields, and restaurants. I find this

to be a great spot to pack in some pastries and a hot thermos of coffee for an early morning ocean breakfast.

Day trips allow us to embrace creative ways to stay active and adventure while remaining relatively close to campus.

If you find yourself freezing cold and unable to feel your toes after a day of braving "warm" March temperatures, ZesTea is a great stop before hitting the road back to campus. ZesTea, next to the Freeport town hall, is a tiny coffee and tea shop with brick-walled interiors, squishy leather couches, warm apple tea, and traditional turkish pastries. They don't allow eating in, but you can pop in and get your drinks and food to go, or order online beforehand.

Instead of burrowing deeper into the cocoon of familiar dorm blankets, that, while comfortable, sometimes keep us stagnant, I suggest getting outside and embracing creative ways to stay active and adventurous. Renewing walks, delicious food, and optional cold plunges remind us to have fun while we stay safe.



EMMA GOLDBERG-COURTNEY

Goldberg-Courtney stresses the importance of outdoor adventure to stay sane during the pandemic.



Song review: Surprise! The seventies are back!

By MILO LANI-CAPUTO  
A&E Editor

Bruno Mars is at it again! The notorious pop singer has teamed up with Anderson .Paak from the group Silk Sonic. They recently announced their upcoming album *An Evening With Silk Sonic*. Their first single, “Leave the Door Open,” came out on March 14. “Leave the Door Open” is a departure from current R&B. Mars and .Paak sing with feeling and sincerity, showcasing their vocal chops without getting gaudy. They elected to use real instruments as backing, with .Paak playing the drums and Mars playing conga and guitar. They even brought on a string ensemble to seal the love ballad deal. The song’s beautiful production complements its performers and accentuates their strengths. The listener detects notes of Michael Jackson, Stevie Wonder, and Marvin Gaye in their performance.

“Leave the Door Open” could have easily come out fifty years ago. It toes the line between the music of the 70s and today. Silk Sonic’s performance of “Leave the Door Open” at the Grammys drew heavily upon the past. Mars and .Paak sang dressed in maroon bell-bottom suits with enormous lapels, dancing on a shag carpet floor. The classic lens flares and fade-cuts made the artists’ intentions obvious: to bring back the 70s. This is just a taste of what is to come from Silk Sonic. Their upcoming album is hosted by Bootsy Collins, who is the glue that brought together Mars and .Paak. Collins was an instrumental figure in the 70s music scene, playing in Bootsy’s Rubber Band and Parliament-Funkadelic. His signature bass style and tight horn arrangements defined the funk landscape of the 70s, which ultimately gave rise to the birth of

“Leave the Door Open” is doing more than paying homage – it’s bringing the past into the present.

hip-hop in the 70s and 80s in bands such as the Sugar Hill Gang. Decades later, Dr. Dre began to sample Bootsy’s bass licks and funky rhythms, using classic R&B as a backdrop for his own rap on *The Chronic* in 1992. The soul music from which hip-hop arose was infused back into hip-hop. Dre’s patented G-Funk dominated West Coast rap for years, giving artists such as Snoop Dogg their rise to prominence. Hip-hop’s explosion in popularity during the 90’s began to counter-

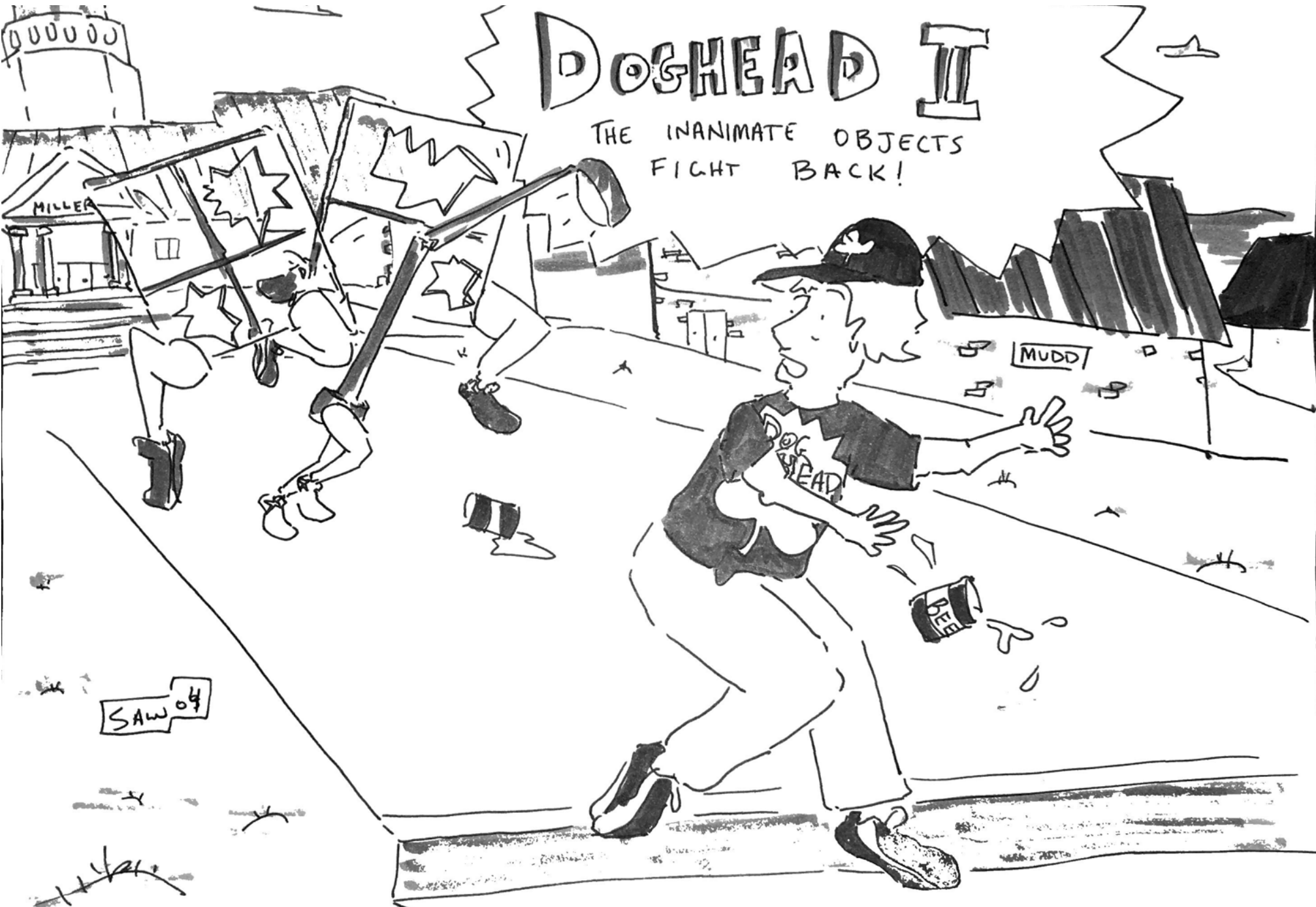
influence R&B music, beefing up the beats and making it palatable to a much wider audience. A new genre, neo-soul, was born with artists like D’Angelo and Erykah Badu. Today, the line between hip-hop and R&B is even more difficult to define. R&B artists like Blood Orange and Dvsn have embraced the electronic production modes of modern hip-hop, while

others like MICHELLE and The Internet continue to use session instruments, staying truer to the origins of neo-soul. Mars and .Paak’s decision to bring Bootsy Collins on as a guest host to their album may mark yet another evolutionary stepping stone in the intertwined stories of hip-hop and R&B. “Leave the Door Open” is doing more than paying homage –

it’s bringing the past into the present. The line between old and new Soul has never been a stark one, and the pairing of Mars and .Paak with Collins is a testament to that fact. Perhaps we will see a resurgence of 70s influences in the music of the 2020s. One thing is certain: these three are cooking up something, and it sure smells good from here.



MILO LANI-CAPUTO  
The notorious pop singer Bruno Mars has teamed up with Anderson .Paak from the group Silk Sonic.



A cartoon feature from Doghead 2004 questions the moral decline many students display during this annual event.

SAW '04

A reaction to the 2021 Grammy Awards: a historic flop

By TANVI IYER  
A&E Writer

While Colby students were getting their last weekend of good sleep before the imminent Doghead, the 63rd annual Grammy Awards

took place in the Los Angeles Convention Center. Due to the ongoing COVID-19 pandemic, many adjustments had to be made including moving the event from its usual January date to March.

In-person attendance was also limited with only performers and nominees at the ceremony. Their home audience was also limited, as it only received 8.8 million views, a historic low for the Grammys. Catherine Duboulay '22 noted that the timing simply did not fit into her schedule. “I actually did not watch the Grammys this year. To be quite honest I forgot that about it – class work – and the housing application was really weighing me down.” Many said that the pandemic is also to blame for the low viewer turnout this year, but Duboulay acknowledged the snubs that took place for this year’s nominees. Artists such as Halsey and Kehlani were both neglected by the academy despite their fantastic year in music. However, the biggest snub of all was the Weeknd, who probably had one of the best albums of the past year. In fact, his song “Blinding Lights” spent 54 weeks in the top ten of the Billboard Hot 100 and 43 weeks in the top five, making it the longest reigning song on the chart. Chris Mellen '23, who is a music major, a member

of the jazz ensemble, and a member of band on campus expressed that he is quite fond of the Grammys, but does think that their winner selection process needs some work.

“I also love watching artists that I care about win Grammys, but at the same time it needs to be said that there seems to be literally no rhyme or reason to the selections for award winners.”

Chris Mellen '23

“I like the performances at the Grammys because they give artists an opportunity to put on a really impressive show on a big stage which can be huge for someone’s career. I also love watching artists that I care about win Grammys, but at the same time it needs to be said that there seems to be literally no rhyme or reason to the selections for award winners.” “I don’t know much about the selection process but to me it seems like it’s just a committee of people who pick the artists and songs that they like the best, rather than a popular vote or something based on statistics like streams or records sold or something like that.” Mellen continued. “I think I like the Grammys because I grew up watching them and never really put much thought into what was really going on and if I did put that thought in I think I’d be a lot less keen on them.” Mellen next explained why he did not watch the ceremony this year. “I didn’t watch this year. I think the lack of crowd has made me a lot less interested in things that I normally really enjoy watching, but beyond that I didn’t really hear

about any performances leading up to the Grammys that I thought I would want to watch.” Despite this, the Grammys did have quite a few redeeming qualities. Fan favorite comedian Trevor Noah hosted the night. He opened with a great monologue taking jabs at the various events of 2020. In addition, many records were broken at the 63rd Grammys. Beyonce won her 28th Grammy, making her the most accoladed female artist. Megan Thee Stallion won Best New Artist, making her the first female rapper to win this award since 1999. Billie Eilish was even able to continue her Grammy reign by taking home record of the year. Taylor Swift also made a great comeback by winning Album of the Year with *Folklore*, making her the first woman in history to win this award three times. Another notable winner was Harry Styles, who received his first solo Grammy for his performance of “Watermelon Sugar.” All in all, the Grammys are still a staple of showbiz culture, but it will be interesting to see if they bounce back from their 2021 dip.



WIKIMEDIA

The Grammys showed a significant dip in viewership this year.



# Opinions

## “A product of a great deal of thought,” A.K.A. honestly what is this article even about

By COLIN ALIE  
Opinions Writer

“Cleanliness is next to godliness” reads the tattooed ink inside of my lower lip. Yes, people have told me it’s a lot of characters to squeeze into a small surface area, but I’m usually too preoccupied by either yanking my lip back from their grip, or scoping out my surroundings for the next person to brag to. Sure, the healing process was long and arduous and wrought with almost certain infection, but here I am — three years and one set of false lips later, a proud bearer of my lip tattoo. Of course, those very same repugnantly realistic poindexters that critique my ink also hounded me for the way I dressed in middle school. They used to tease me, saying that I looked like “the models from the science textbooks”

(no logos). In retrospect, they weren’t wrong. However, cut to me today: a 22 year-old who can boast about teaching himself to play online checkers in just six months. Impressive. Things tend to have a way of working out for me. This week, I’d like to say a few words about myself for a change. I’ll begin by saying that I’m a man of very few words. Exceedingly so, in fact. Rather than mindlessly chit chat, I spend my evenings brooding over a bevy of topics. I typically allot anywhere between two and three hours to dedicate to myself to my ruminations, depending on how caught up I already am on a given day with my focused introspection sessions and various other musings. I find it’s absolutely vital to block out the vast majority of one’s day to self-reflection.

Therefore, what I’m about to share is a product of a great deal of thought. Here it is: the polar ice caps are melting and global temperatures are on the rise. It’s officially time to pay attention! The easiest and most effective way to slow global warming is to limit your water usage by taking shorter showers. Conveniently, Colby runs a friendly competition each semester, I’m pretty sure. Now that the spring semester is well underway, I’d like to reveal myself as what I assume is the on-campus leader of the shower contest. I’ve been keeping track of my affairs, and I tally more than 500 showers taken in just two months — well on my way to the million shower tally I hope to surpass by graduation. Even though I was born and raised in Massachusetts, I

consider myself a global citizen to a degree. As a result, I have a certain heightened sense of eco-consciousness. I have always valued the earth as one of my favorite planets in our solar system, and I would be remiss if it blew up in my lifetime. My fascination with taking quick, discrete, and frequent showers was borne not out of interest, but rather necessity. You see, there’s a fine line between peeing yourself from laughing too hard, and getting laughed at for the pee stain on your shorts. I learned that one the wet way. I also learned that a quick shower and change of clothes will protect you from any further detection as an unwilling urinator. I quite enjoy passing down nuggets of wisdom such as these described above. Although the astute reader may point out

that 500 is not half a million, I feel as though it isn’t so much about the number, but rather how baseless of a claim I can get away with making.

For any questions

regarding the shower contest this spring, please feel free to ask any of our student librarians. Otherwise, happy rinsing! But be warned, I have already won by a country mile.



SARAH WARNER '21

## I wanted to write this article but I relaxed in the sun instead

By MILO LANI-CAPUTO  
Opinions Editor

I turned this article in late. I was going to write it on Sunday. But I woke up and looked at the weather: 61 and sunny. Life is weird. We are all going to die someday, and a lot of us won’t know that day in advance. As I showered, I thought to myself, “What if I died tonight? Would I be glad that I spent my last day on Earth in the library?” I don’t know how much you all like the library, but I sure made my decision pretty quickly. I spent the day in the sun,

drinking iced tea, tossing a frisbee, and singing with my a capella group. I was going to write this article on Monday. But wouldn’t you know it — another beautiful day! I thought to myself, “Life is so fleeting. We don’t realize it’s going by until the bulk of it is behind us. Then we waste our precious remaining days pining for the time we lost absorbed in trivialities. And then we die.” So I brewed some more iced tea and read my book in the sunshine. Vitamin D ... delicious. Being a human is tough. We’re aware of

the future — we know the inevitability of our own demise better than any other animal. We also have figured out something remarkable: work. If we do things we don’t want to do today, we will be in a better situation tomorrow. It works so well that almost everyone does it and is better for it. Subsistence farmers farm all summer so they can eat food for the rest of the year. I’m not a subsistence farmer, but I do a similar thing. I normally write a couple articles for *The Colby Echo* every week. Why do I do it? Writing great articles isn’t easy (even though staff

opinion writer Colin Alie makes it look that way). But every time I write one, I get a little better at writing. I think my future will be better if I put in my hours now to acquire writing skills that will help me later. The problem with work is that it ignores the present. We are supposed to sacrifice the present for the future in order to make the future better. That means that we don’t get to have the present, though. The present turns into the past, and the future turns into the present, which means it’s time to work. But I could get run over in a crosswalk

tomorrow. And while I’m a pancake in the middle of Mayflower Drive, I could think fondly of sunshine and trees or I could think of differential equations and neural networks. My hedonic paradise of iced tea and sunshine is compelling to me. On days like these, I cannot resist the posterior comfort to be found in a lawn chair outside. My hard-earned discipline melts when I think of slipping into a meditative trance on the front lawn with my feet in a kiddie pool. And yet here I am; it’s Tuesday and I’m writing the article that was supposed to

be done last night. It’s weird being a person — to have to be the arbiter of the animal and the rational. When the rational has to explain to the Editor-in-Chief why the animal didn’t write the article on time, he curses the animal. The animal replies, “You’re just a prisoner of society, man. Do what you wanna do.” The rational thinks, *degenerate*, and sits down to power through 500-750 words. Fortunately, by the time he’s finished, he slips into a deep slumber and the animal hops behind the wheel. At least for a while.

## The Guth Truth: who should play President Greene in a biopic

By BEN GUTH  
Opinions Writer

Alright Guth Sleuths, so this is a special edition I have been looking forward to for a long time. In case you have not noticed, biopics are super hot on the streets right now in Hollywood. From *I, Tonya* to *Rocketman*, it seems that people just can’t get enough of slightly fictionalized and very sensationalized depictions of all sorts of celebrities’ lives. With Colby’s recent historic rise in rankings, along with the extensive

press coverage we have received surrounding our handling of the COVID-19 pandemic and our gentrification – sorry I meant outreach – into Waterville, it only seems fair that our fearless leader David Greene receives his own biopic in the near future. While it may not have the biggest box office appeal, I’m sure that this potential film would do fantastic in awards season, with pivotal moments such as his morning routine of grooming his hair and making Dana Sauce translate into captivating scenes.

With that being said, here are my picks for the top five (living) actors who could faithfully depict David Greene in a potential biopic. 5. Timothée Chalamet This would probably be the biggest box office draw of all the top choices, as it seems there are few actors in Hollywood that produce the same buzz as this one. This “Beautiful Boy” seems to be on everyone’s minds, and has proved that he is an effective actor with a great deal of range. Also,

much like our beloved president, people are just inexplicably attracted to him, as my roommates frequently remind me of. While a good wig and some artificial aging would likely be needed, Chalamet would make a great president of a Maine liberal arts institution. 4. Gary Busey This would be highly entertaining. Much like Greene, Busey is known to bring tidbits of wisdom to the masses, with his Buseysisms forming an integral part

of my own world view. I also think that this choice would serve best if he played a fourth wall-breaking main character, with him periodically speaking directly to the audience. This one might be a risk as Busey is known to be highly volatile and unreliable, but with the right director, this one could work really well. 3. David Greene At this point the question about Greene is not what can he do, but what he can’t do. In addition to being the fearless leader of Colby, being an accomplished actor would certainly help strengthen Greene’s resume even further. One reservation about casting him would be the possibility of him being too good in his role, and in turn leaving Colby to pursue a career in acting, but that’s a risk I’m willing to take.

2. Rob Schnieder No real argument for this one. I just think it would be funny. Sue me. It’s my column. I can do what I want. Too bad, go cry about it. 1. Jeffery Tambor This one might be sort of confusing at first, but it really does make sense. First of all, Tambor has proved himself to be a talented and versatile actor who manages to make audiences laugh in every role he plays, and humor would be central to the Greene story. More importantly though, in doing research for this article, I discovered that it was Jeffrey Tambor who plays Mayor Augustus May Who in the 2000 live action *Grinch* movie. This is the role that really made me believe in his ability to portray our beloved president.



### The Colby Echo

Published by the students of  
Colby College since 1877

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SARAH WARNER '21



# Sports

## Weekend recap with the Mules

By Will Bedingfield  
Sports Editor

This weekend was a busy one for the Mules with nine competitions over Saturday and Sunday in what was a refreshing return to athletics for the first time since last spring. Women's Basketball, Men's and Women's Hockey, Baseball, and Softball all enjoyed games both at home and away at various Maine colleges.

Saturday saw winter sports Hockey and Basketball wrap up their especially short seasons.

Colby Mens Hockey took a trip to the University of Southern Maine to what would turn out to be the Mules first win of the season. The team, despite little to no game experience since last winter, scored the first goal in the first period. The Team scored another goal in the second period, with USM's Huskies scoring as well, making the score 2-1.

However, the Mules were not about to let the Huskies come back in their final game of the season. The third and final period came with three goals from the Mules, closing with

a decisive victory and a final score of 5-1.

Quinn Doyle '22 was responsible for two goals, while Brendan Murphy '21 was responsible for two assists in the final game of his career. Michael Thomas '22 also recorded two assists, while Alex Bourhas '23 and Drew Burke '23 recorded a goal and an assist each.

First year goalkeeper CJ Hapward '24 held the Mules strong in net, letting in only a single goal while playing the whole game and setting up what will look like a strong career in net for the Mules.

After losing the other three games of this makeshift season, Colby Men's Hockey found the momentum they need for what will hopefully be a normal season next year.

Women's Hockey also closed out their season on Saturday with a tense but equally rewarding win over USM. The women's USM hockey team put up a serious fight and nearly mounted a comeback while taking the Mules to overtime.

The two teams were neck-in-neck in the first period, scoring a goal apiece, but the

Mules took ahead in the second period, scoring a goal while holding the Huskies to nothing. The third period brought more drama, seeing the Huskies pull away from what Colby must have thought was a secure victory.

USM scored two goals in the third period, making the score 3-2 with their first lead of the day. It was not until Colby's Lexi Cafiero '22 scored for the Mules to tie the game and send it into overtime. The assist came from Meg Rittenhouse '24, who had already scored 2 goals in the game for what would prove to be a truly dominant display of athleticism.

Rittenhouse completed her hattrick in overtime, in what was an amazing display of athletic greatness. This game marked only the second for the Mules in this abrupt season-and their second victory as well. The future however, is bright, with a solid group of leading under and upperclassmen like Cafiero, Rittenhouse, and Emily Van der Veen '22.

Colby Baseball played a double header on Sunday in what

would be the tale of two tapes over at Saint Joseph's in Standish, Maine. With a beautiful sunny day and 60 degree weather, Saturday was a perfect day to play ball. In the first 7 innings, Colby scored 11 runs against the Monks to make the game 11-5.

Saint Joe's came back to the plate later that day, determined to avoid the embarrass-

ment of two losses. The Mules let up 5 runs in the bottom of the third in what would turn out to be a defining nightmare inning. Colby was not able to come back from the deficit, losing the game 6-1 with what proved to be underwhelming offensive output compared to the Monk's one-inning-slugfest.

Colby Softball opened up their sea-

son at home against the USM Huskies with what would prove to be disappointing results. The Mules lost both games back-to-back. The results of the two games were 4-1 and 8-3, but these results should be taken as learning points for a team composed of three-quarters underclassmen. The team has immense potential in the weeks ahead.



WENDY WEI

Colby Softball fields an outfield hit from the University of Southern Maine's Huskies.

## The Cheap Seats

By Will Bedingfield  
Sports Editor

In this edition of the Cheap Seats, The Colby Echo sat down with Zoe Lash '22 of the Women's Lacrosse team.



COLBY ATHLETICS

Echo: What's your earliest lacrosse memory?

Lash: My earliest memory is partner-passing on my hometown field in third grade and listening to my coach teach us how to catch the ball.

Echo: Would you rather women play men's lacrosse and men play women's lacrosse, or leave it how it is?

Lash: I would definitely leave it as is. I believe that men and women's lacrosse are two different sports, yet they each bring their own forms of beauty to the game. Women's lacrosse is based more in finesse while men are much more physical.

Echo: What's your favorite Colby Lax memory?

Lash: My favorite Colby Lax memory is our final game against Bowdoin last year. Sadly, we played this game right after being told we would have to leave school a few days later, but that is what made this game so special.

Echo: What is, without a doubt, the best movie you've ever seen?

Lash: *The Devil Wears Prada*. I watched this movie for the first time with my best friend when we were seven years old and I have loved it ever since.

Echo: What's your go to guilty-pleasure movie?

Lash: Hmm, I do not think I have a guilty-pleasure movie but the closest would be *17 Again*.

Echo: Any secret for surviving a Colby winter for underclassmen?

Lash: Great question! One: do not think you are too tough for a hat, gloves, and a puffy jacket. Two: go to Sug-

arloaf as frequently as possible. Three: if you play your sport outside in the freezing cold like I do, buy electronic hand warmers from Amazon (they work wonders).

Echo: Favorite dining hall and any favorite dish? If the answer's not Foss, please say why.

Lash: Hahaha, my favorite dining hall is Bobs because that is my team's go-to spot after practice, and I get to spend time with my friends on other teams whose practices end around the same time as ours. My favorite dish might be the tofu stir-fry or the salad bar (riveting, I know)

Echo: What's your favorite room in the new AC?

Lash: I love the field house; it is spacious enough to have indoor practices, it has a rock climbing wall (which I have yet to try, but it is on my bucket list), and a designated wall for "wall-ball."

Echo: Least favorite Disney character?

Lash: Gaston from *Beauty and the Beast*; pretty rude guy.

Echo: What's it like living in West, are the women's bathrooms any cleaner than the men's?

Lash: I love living in West. There is always activity on my floor (shoutout to the rowdy freshmen) so it is never too quiet, and every morning I am able to see the gorgeous sunrise over Miller Library. The women's bathrooms are the cleanest dorm bathrooms I have ever been in honestly, however, I have not spent much time in the men's bathrooms so, unfortunately, I am unable to answer that question at this time.

Echo: What song has been stuck in your head lately?

Lash: "Best Friend" by Saweetie.

Echo: Thoughts on the new take-four? Improvement or disappointment?

Lash: I would say it is about equal. As long as there are salads with plain grilled chicken and cups of cantaloupe available, I cannot complain.

Echo: What are you looking forward to most about next season?

Lash: Game days. There is always this fantastic energy in the air: a mix of adrenaline, excitement, and drive that psychs everyone up to play their best game possible.

## Forum

### Pen to Paper

Are you a writer? A novelist? A poet? A flash fiction author?

Submit your writing to *The Colby Echo* to be featured in our weekly Pen to Paper features column!

We accept all kinds of writing and all subject matter. Length should be under 1200 words, if possible.

Email any and all submissions to *The Colby Echo's* Creative Director Sarah Warner at [sewarn21@colby.edu](mailto:sewarn21@colby.edu). Pieces can be submitted anonymously, if desired.

This is your chance to show Colby your writing chops!



## SUDOKU

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<https://sudoku.com/medium/>



# Women’s Basketball split results versus rival Bates

By WILL KORSH  
Sports Reporter

For their final set of games this season, Colby Women’s Basketball kicked off a double header against longtime rival Bates.

In their first game, Colby wrapped up the first quarter with a small lead over Bates, ending the quarter 20-18. Despite the close competition early on, Colby began to pull ahead, upping the score to 42-30.

Strong defense and buckets by Alisha Aube ’21 (33) and Carly Christofori ’22 (3) helped the Mules dominate their rivals in the 2nd quarter. The team boasted a 60% shooting percentage over 15 attempts during the quarter. Additionally, Chiamaka Ubani ’21 (11) excelled in rebounds, helping Colby keep the pressure on Bates throughout the half.

After the third quarter, Colby continued to widen their lead, ending the period leading 65-50 over Bates. Christofori sank an important three-pointer, providing es-

sential momentum to the Mules as the game neared its end.

Just as the game looked to be a certain victory for Colby, the Bates Bobcats clawed their way back, closing the gap and applying significant pressure on the Mules. Ultimately, however, Colby prevailed and was able to end the game with a score of 77-70. The Mules’ victory came as a result of offensive domination on the court. Christofori remarked,

“Over five players on our team scored in double digits, which has never happened before,” Christofori said.

On the Mules’ keys to victory this game, Caroline Smith ’24 noted that “we moved the ball well and executed well on offense.”

Although the Mules were able to reign supreme in shooting, allowing them to clinch the victory, this is not to say that the Bobcats didn’t put up a fight. “They have height and they’re physical, aggressive. They have a lot of new players taking on different roles,

so we didn’t know what to expect,” Christofori said.

After their victory over Bates on Saturday, Colby Women’s Basketball travelled to Lewiston for the second game of their double header. The Bobcats were raring to go after their loss the day before, ending the first quarter leading 23-14 over Colby. A three-pointer from Mycala Carney ’24 (23) helped keep the Mules in the game. The Mules were plagued by personal fouls early on, racking up six fouls during the first quarter.

In the second quarter, the Mules maintained the game’s score differential, ending the quarter trailing Bates 36-28. As she did in the first game, Ubani continued to dominate in the paint, racking up four rebounds in the second quarter alone.

Moving along to the third quarter, Colby began to pick up the pace, outscoring Bates, but unfortunately still lagging behind in terms of total points. This quarter, Adaobi

Nebuwa ’24 (32) was a great asset to the Mules, making two layups and one three-pointer for a total of 7 points. Additionally, Christofori played adept defense during the third quarter, making four defensive rebounds against the Bobcats. Despite spirited play from the Mules, the Bobcats still led by a small margin, ending the third period leading 46-44.

Stakes were high as the fourth quarter began—a close match

and redemption-hungry Bobcats made for some intense competition. The Mules showed great heart and support for one another on the court, boasting 11 rebounds overall this quarter. Christofori continued to play her heart out, ending the quarter with four more rebounds, two assists, and two steals. Sadly, the Mules couldn’t crawl their way back to victory and the game ended 65-57, Bates.

On challenges they

faced during their second and final game against the Bates Bobcats this season, Christofori said, “We let the other team set the tempo of the game, which caused us to not execute as well on offense. We played significantly better defense in this game but the other team out-rebounded us.”

Colby Women’s Basketball ended their season with a 3-3 record.



SOPHIE WEBB  
Colby Women's Basketball gathers for a huddle mid game during their match-up with Bates.

## Sustainability

### Fast food and the perils of deforestation

By ADRIAN VISSCHER  
Sustainability Columnist



SARAH WARNER

Driving through Waterville, it is hard to miss the large amount of fast food franchises. It is well-known that the food these places offer is unhealthy and has a negative effect on our bodies. But, it is also important to ask the question: what effect does fast food have on our world?

When thinking about the climate ramifications of the fast food industry, it is essential to look at the basic business model of these international corporations. They are in constant competition with each other for low prices to pique consumer interest. To achieve low prices, corporations buy in large quantities to minimize overall production cost. This resembles the concept of economies of

scale, where a company achieves the lowest cost when it produces the most products. To meet this demand, producers of meat, especially cattle breeders, need to make large quantities quickly and frequently. This demand leads to the root of one of the main problems associated with fast food enterprises: deforestation.

It should not be a surprise to anyone that forests are being cut down to make room for the expansion of human endeavors. Most notably, the Amazon Rainforest in Brazil is rapidly being torn apart. Consequentially, the biggest producer of beef in the world is Brazil.

“2020 saw 11,088 square kilometres of deforestation – 182 per cent higher than the target established in law,” a recent report by Global Forest Watch noted.

In addition, the main purchasers of beef sourced from deforestation zones are fast food companies. A recent study by Global Witness concluded that Burger King, McDonalds, and other fast food companies were purchasing from illegally cut down areas of the Amazon.

Deforestation is the root of many global sustainability and humanitarian issues. To name an example, the Amazon Rainforest is home to over 50 million species. By threatening their habitat, you are threatening them.

Furthermore, from a cultural lens, many indig-

enous peoples live and operate in the Amazon. Thus, threatening the Amazon threatens both human and animal existence.

Again, deforestation is only one negative impact that the fast food industry has on global climate and cultures. These impacts extend to other aspects like the carbon emissions associated with raising the cattle and the reliance on single use plastics and containers.

It is true that fast food is a cheap, quick, and close-by option for many, especially in Waterville. For the student body, a store like McDonald’s, only a few minutes away, offers hamburgers for only one dollar. This is an offer that local establishments simply cannot compete with.

However, we have to start asking the question about the source of our food and the impact it has. As a campus, we have a joint commitment to battle and mitigate the effects of climate change. This commitment does not magically end when we step off of campus, but rather, it follows us around as we interact with the real world.

It is important to understand that the individual decisions we make have real world impacts across the globe. And while deciding not to eat at a fast food restaurant will not end all deforestation in the Amazon or stop climate change, it is a step in the right direction.

# JOIN US!

## Janelle Shane

Thursday, April 1st  
6pm  
Zoom Meeting ID  
993 7753 4427  
Link:  
<https://colby.zoom.us/j/99377534427>

### On Science, Technology, and Society and the Future of Artificial Intelligence

Featuring: Janelle Shane (keynote) Heather Jahlring '21 and Cole Turner '21 (respondents)

Dr. Janelle Shane's AI humor blog, [Alweirdness.com](http://Alweirdness.com), looks at the strange side of artificial intelligence. She has been featured in the New York Times, The Atlantic, Ted, WIRED, Popular Science, All Things Considered, and Slate.

[Questions? Contact Aaron Hanlon at \[arhanlon@colby.edu\]\(mailto:arhanlon@colby.edu\)](#)



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# COVID-19 UPDATE for March 17 to March 23

By SONIA LACHTER  
News Editor

There are currently nine positive cases in isolation and 12 students in quarantine. Cases had been appearing one or two at a time—two are from March 9 and there was one each on March 10, 11, 12, 13, 16, and 17—but there was a spike of six positives on March 19. Three of these cases were faculty and staff and six were students. Seven additional positive cases have recovered, bringing the total to 74.

There was much anticipation regarding Doghead weekend, an annual tradition the Friday after St. Patrick’s Day during which many students stay up all night and watch the sun rise on Miller steps. Despite worries, there have been no positive cases from tests administered after Doghead.

92,355 total tests have been administered, 1,456 (or 1.6%) of which have been inconclusive.

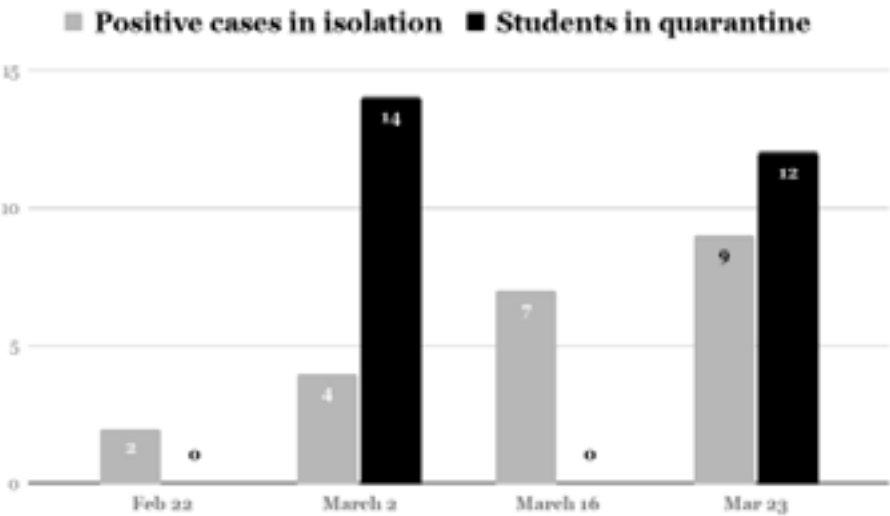
Members of the testing program receive two PCR tests and one antigen test a week.

There are 3,148 cases in Kennebec County as of March 22, according to the Maine CDC.

The College has been at the yellow health code level since the start of the semester. This means lower dining hall capacities, face masks required within dorms, increased cleaning, and remote learning for classes above 50 students.

Athletic competitions have resumed, with spring season teams allowed to play other schools in Maine and set to begin NESCAC competitions in April.

Positive cases in isolation and students in quarantine



Positive cases total

