



Courtesy of Lynn Schuhlen

Colby Men's Hockey celebrate after defeating first-seed Trinity 4-1 on Sunday. Andrew Reis '18 hoists the championship plaque while one of the three captains, Dan Dupont '18, shows off the NESCAC championship flag as they skate towards fans.

Men's Hockey wins championship title at first finals

Mules awarded automatic bid to NCAA DIII tournament

By MERRILL READ
Layout Editor

This past weekend was a big step forward for Colby Athletics as the Men's Hockey team won the New England Small College Athletic Conference championship game against top-seed and sixth ranked Trinity on Sunday. This win for Colby (15-10-2) was their

first ever appearance in the NESCAC finals, and earned them an automatic bid to the NCAA Division III tournament. The game also brought Head Coach Blaise MacDonald his 301th career win. MacDonald told the *Kennebec Journal*, "It feels

incredible, but I'm not sure I could have predicted this. The biggest thing was the way this group came together as a team — skill, emotion, camaraderie. It's something I've never seen as a coach, and I've been doing this for a long time." It all began in the quar-

terfinals with a playoff game against Amherst, the third seed in the conference standings. Colby, the sixth seed, came into the game with unmatched determination and confidence. This translated on the ice, allowing Colby to defeat the mammoths 5-1.

Though at the end of the first period Amherst was up 1-0, but the Mules didn't let that phase them and pulled ahead by three goals in the second period.

Championship, pg. 8

Colby admissions makes statement on student protestors

By CLAIRE BORECKI
News Reporter

On Feb. 24, the College released a statement in response to the many gun violence protests occurring across the United States, largely organized by high school students in the wake of the Parkland School shooting in Florida. In doing so, Colby joined a wave of elite colleges and universities in assuring their future applicants that involvement in protests and any punishments received as a result would not count against them during the application process.

In a short statement with themes of activism, truth, peace and the College made clear that "applicants to Colby will not be adversely affected in the admissions process if they have engaged in peaceful, respectful protests... even if they have received school discipline for these actions."

In the highly opaque college admissions process, such statements are a rare moment of clarity. They show how profoundly the process permeates the daily lives and decisions of high school students, as they stop mid demonstration of a life-or-death issue to consider whether protesting will hurt their chances at an education. And, it's hardly unfounded; students from across the country have already faced threats of disciplinary action, and the students from Parkland have been criticized by conservative media as being everything from naïve to fake

"crisis actors" paid to push a leftist agenda.

Colby's statement not only encourages students to march ahead despite backlash, but also provides an opportunity for the people of Colby— faculty, staff and students alike—to reflect on what the College stands for.

Colby's statement focused on the importance of thought-

"Something that too often gets lost in national discussions about free expression is that peaceful protest is a crucial form"

Aaron Hanlon
Assistant Professor of
English

ful, truth-seeking expression and dissent as a method both of learning and improving the world. Assistant Professor of English Aaron Hanlon, whose writings on free speech issues have been published in the *New York Times*, spoke on importance of protest. "Something that too of-

ten gets lost in national discussions about free expression is that peaceful protest is a crucial form," he said. "It's therefore important for colleges and universities to affirm this foundational aspect of our history of civil rights advocacy in this country."

Other faculty members have weighed in on the statement. "I am delighted that Colby, along with other colleges and universities, is reassuring high school students that their participation in peaceful protest will not jeopardize their admission status," Walter Hatch, Government Professor and Director of the Oak Institute for Human Rights said. "This was clearly the right thing to do."

Hatch also spoke of his excitement and pride in seeing the activism of high school students throughout the country. "It gives me great hope that the political paralysis over gun violence in this country might finally end," he said.

Whether the Parkland shooting will become a historical marker of how Generation Z ended the United States' chronic mass shootings or if it is simply a sobering step on the road of political inaction on gun control remains to be seen. But either way, Colby had the opportunity to remind young people of the importance of intellectualism, free speech, protest, and the truth—and they embraced it.

E-cigarette use on campus ignites debate over harm

By PEG SCHREINER
Co-Editor in Chief

In a recent survey conducted by the *Echo*, 48.6 percent of respondents said they have used an e-cigarette in the last year, and 45.3 percent reported using an e-cigarette in the last six months. Katie Sawyer, the College's Coordinator of Alcohol and Drug Programs, told the *Echo* in an interview that she was "surprised that the results [are] that high."

148 students responded to the survey, which was distributed in class groups and through ColbyNow.

Despite the fact that Colby's Student Handbook "strictly prohibits the use of tobacco or smoking of any kind (including 'vaping' and use of electronic delivery systems)" on campus, many members of the community have noticed an uptick in the aforementioned

electronic delivery systems. Sarah Fernandez '19 said in an email correspondence with the *Echo* that she feels "e-cigarettes are very prevalent, especially during social events. I have noticed a few people using and charging their e-cigarettes in

48.6 percent of respondents have used an e-cigarette in the last year

[communal] spaces such as Miller Library."

Fernandez has since floated the idea of starting a "Muules against JUULs" club.

According to the Surgeon General Fact Sheet on E-Cig-

arette Use Among Youth and Young Adults, e-cigarettes are classified as battery-powered devices that heat a liquid into an aerosol that the user inhales. The liquid usually has nicotine, which comes from tobacco; flavoring; and other additives.

In the *Echo* survey, 63.9 percent of respondents who reported using an e-cigarette in the last year said they have used a JUUL Labs e-cigarette. JUUL was named the second best e-cigarette company of 2018 by VapingDaily.com, despite only having one device on the market. That one device, however, has elicited praise from users and design experts alike, with one review calling the JUUL (pictured below) the "Apple of vaping."

E-Cigs, pg. 4



Courtesy of Truthinitiative.org

A JUUL and its "pods" that contain nicotine which comes in different flavors, such as mint and mango, that appeal to the younger users.

For game coverage, see pg. 8



Courtesy of Claire Cahill

Activist John Carlos as SHOUT’s Key Note Speaker

By TK KWON
Contributing Writer

In celebration of Colby’s 11th annual S.H.O.U.T! (Speaking, hearing, and opening up together) week, former Olympian and Civil Rights activist John Carlos spoke in front of an audience of over 100 students and faculty on Thursday, March 1.

Carlos, an Olympic bronze medal-winning sprinter, became an active warrior in the Civil Rights Movement during the mid to late 1900s. His efforts to raise awareness for the injustices that the black community in America faced garnered international attention after he, along with fellow American sprinter Tommie Smith, gave the iconic “raised fist” salute after winning a medal in the 200 meter sprint during the 1968 Mexico City Olympics. Carlos has since become an outspoken activist, giving frequent speeches around the country and even co-authoring *The John Carlos Story: The Sports Movement that Changed the World*.

Carlos, who gave his speech in Page Commons, began by telling the audience about his childhood. “I grew up in Harlem and I had a loving mother and father,” Carlos said. “In school, they started calling me a trouble-maker,” Carlos continued, while noting the multiple times he got in trouble with his teachers and the police.

As he continued his speech,

Carlos recounted how he began noticing racial injustices as a child. He specifically noted an incident where his desire to be an Olympic swimmer was slashed after he was denied entry into a swim club due to segregation. “My father told me we had to talk,” recounted Carlos. “He told me, ‘Son — the color of your skin — they aren’t going to let you swim,’” Carlos said.

Carlos, who had dreamed of becoming the first black swimmer to represent the USA, recalled how all his “excitement and happiness” turned to “venom and anger.” “It had me struck to a point where I was traumatized,” said Carlos.

From then on, Carlos turned to running — a decision that proved to be fruitful for him. Carlos rose through the ranks in the world of sprinting — from a young boy in Harlem, to an aspiring student-athlete in college, and eventually to an Olympic-medal-winning star.

Carlos had many strong messages for those in the audience. “We have to look around and see where prejudices are coming from,” Carlos stated. When asked what role he thought young people should play in the fight against racism, he responded by saying, “(We) have to let them know and let everybody know that we can’t deal with this.”

As his speech came to an end, he imparted his listeners with a final message: “We can do it if we come together. “We are very

powerful if we come together as one. If we come together, we can stop a lot of things running through this world.”

At the conclusion of his speech, students left feeling inspired by Carlos’ powerful words. “Hearing his backstory, hearing how he overcame adversity, it’s inspiring,” said Brytain Tate ’21. Fellow first-year Hannah Richelieu agreed. “It was surreal, because he played such an important role in the fight for equality. To see him standing on Colby’s stage was amazing,” Richelieu said.

Katherine Cabrera-Hunt ’18, Chair of PCB, told the *Echo* “John Carlos is a reflection of his nickname, ‘the world’s fastest humanitarian,’ and also a front-line activist -- where his sacrifices have led to greater conversation all across the nation about the treatment of African Americans in America. Many prominent issues that were happening in ’68 are still prominent today. To name a few: poverty, mass incarceration, and police brutality. Our generation needs to step up and speak out. And continue to stand up and SHOUT!”

S.H.O.U.T week also includes a talk by Mustafa Ali on March 6th called Moving our Most Vulnerable Communities from Surviving to Thriving, a PCB coffee hour following the State of the College on March 7th, and an Endnote celebratory dinner with Elizabeth Brady ’17, where she will receive the 2018 S.H.O.U.T Alumni Award.



Courtesy of AP Photo
Tommie Smith (center) and John Carlos (right) raising their fists in solidarity at the Olympic Games in Mexico City in 1968.



Courtesy of Peter Brown
John Carlos (center) speaks with Colby President David Greene (left) and student body Vice President Marcques Houston ’18 (right).

SGA debates signing petition to support DREAMers and DACA

By ADDIE BULLOCK
Associate Editor

Every Sunday at 7 p.m., 30 student members of Colby’s Student Government Association (SGA) gather to debate, pass motions and plan events

for Colby. But for the past two weeks, DREAMers and Deferred Action for Childhood Arrivals (DACA) has dominated the conversation.

At the beginning of the semester, members of the Student Leadership Alliance

(SLA) reached out to Zach O’Connor ’18, a member of SGA’s Executive Board and the Intercollegiate Affairs Chair. SLA was created at Georgetown University and works to connect student governments at universities

across the country. The organization is bipartisan, and uses letter writing campaigns, phone banking, and contact with members of Congress to advocate for issues that directly impact students at colleges and universities across

the country. They are currently working on a campaign supporting DACA and the DREAM Act.

SLA reached out to ask SGA to sign their petition as a representative from Colby, and engage in additional activities on campus to raise awareness.

Various members discussed the direct impact of DACA and of gun control on campus. Ben Freeland ’20, a sophomore class senator, pointed out that gun violence and gun policy is an issue that directly impacts college campuses. Ashlee Guevara, Co-president of the Freshman Class, pointed out that supporting DREAMers and DACA is not political; it is an issue that will affect what Colby’s campus looks like over the next three to four years. Matthew Garza ’20 told the *Echo*. “Something like trying to get more lighting on certain parts of campus so all members of our community can feel safe is important but so is supporting DREAMers and others affected by DACA, I think we should be able to have a discussion and then create change on both issues and I think we are moving in the right direction.”

Students also raised the question of whether SGA’s mission is to speak out on political issues that affect both the campus and the country or to just work on the tangible, everyday decisions on campus. Most members seemed in agreement that SGA should do both; Maddie Taylor ’19, SGA’s scribe, argued that SGA should consider amending the constitution to include language that encourages SGA making more political statements on issues that impact students on campus and across the country.

Garza told the *Echo*, “I fundamentally think that SGA should be able to take a stance on issues that are important even if they are controversial. I am really glad that we are having the discussions about what we think SGA should be at its core in the first place and I think that if we decide that we do not want to take a stand on supporting DREAMers and other people affected by the termination of DACA, then we are missing out on using our voice for good.”

Volunteer with Waterville Creates!

Waterville Creates! has myriad opportunities for volunteers in downtown Waterville. Our volunteer core helps us extend our reach into the community to offer dynamic exhibitions, classes, and workshops for all audiences. Available opportunities include:

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Local News

Waterville Senior High boys charged for school shooting threats

By Ali Naseer
Local News Reporter

Three Waterville Senior High School boys have been charged with Class-D misdemeanor this past week for online and overheard school shooting threats; charges against two other boys regarding the similar issues are pending. Waterville Chief of Police Joseph Massey confirmed in an interview with the *Echo* that neither of the five teenagers in question were able to follow through with the threats.

The *Portland Press Herald* reports that, over the week of March 2, five threats of violence were reported to Waterville Senior High School employees. The most notable and first threat occurred Wednesday February 29 at 12:30 p.m., when a high school employee was notified of a Snapchat post made in October in which a male student stated that he wanted to “pull a Sandy Hook,” referencing the 2012 mass shooting in which a masked gunman killed 26 individuals, including 20 children.

Police intercepted the boy at the high school, interviewed him, and deemed there to be no danger.

The second incident was reported while police were dealing with the first threat. Authorities received a phone call reporting that a 15-year-old Waterville Senior High School student had left his home in Waterville after stating that he intended to go to the high school and “slash an administrator” with whom he had had a disagreement with earlier that day. While the boy did not have a knife on his person, Massey con-

firmed to the *Echo* that the boy took a knife from his house when making the threat. Partially due to this factor, charges are pending against this boy. Massey added that the police are working with juvenile corrections to determine the appropriate charges for this situation.

A third incident occurred Wednesday when students at the high school reported that they overheard a 16-year-old boy saying that he would use a shotgun for a school shooting because “it had a larger spread” and making other threatening remarks. Police questioned the boy and charges are pending against him as well.

Issues arose again Friday, when at 9:30 a.m. students reported that they overheard a student in an assembly saying that the assembly schedule made it easy to shoot the school resource officer, Cameron Huggins, and then commit a larger school shooting. Later that day a concerned observer alerted police of a Facebook post made on Thursday in which another high school boy stated, “There are so many dumbass people in the (expletive) school I literally want to walk up to all those dumbasses and shoot them, stab them and strangle them.”

Both boys were charged with misdemeanor terrorizing and released. The misdemeanor charges levied against three boys would have been elevated to felony charges had any buildings been evacuated, but Massey explained to the *Echo* that police investigations confirmed there was not any real danger.

Massey further explained

how authorities determined there was no danger posed by the released students. “There’s no one method. We take into account all the information we have, such as the type of threat, and if needed bring them into protective custody for a professional evaluation,” Massey said. These evaluations, he added, “determine whether the child or adult has emotional issues,” saying that “sometimes people do these things in their darkest hour, be it a personal breakup, a financial crisis, or family issues.” In this case, said Massey, the number one priority is to “get them help.”

But he likened the three threats which ended in terrorizing charges this past week to the past trend of “fake bomb scares” in which students would call bomb threats into schools “because they wanted to get out of a test or homework, or because they thought it was a funny prank.” According to the Chief, “They don’t need help, they need consequences.”

Massey added that he does not know—and even if he did, he would not be able to share—whether any of the boys involved in the incidents last week have access to guns in their homes.

These issues come in the wake of the Marjory Stoneman Douglas shooting, the latest school shooting to have consumed national discourse in which a teen used an AR-15 to kill 17 students at a Florida high school.

While boys in high school are prone to play pranks, so many serious, careless threats in such a short amount of time is certainly anomalous. In an interview with the

Echo, Waterville Mayor Nick Isgro explained that the recent media coverage of the Florida shooting may have been a factor. “In a day and age where we not only have mass amounts of mainstream media coverage of tragedies like this, but also social media that spreads infamy like wildfire, it’s not hard to believe this causes more incidents like we had here in Waterville,” Isgro said. He stated that these incidents open “an opportunity for a teaching moment on empathy and discussion on why these shootings happen.”

Asked whether gun availability in Waterville could pose a public safety risk, such as if a student is able to obtain a family-owned gun, Mayor Isgro stated, “The reality is that use of guns is a byproduct of much greater problems in our society. When we look at the case of Florida not only were there obvious mental illness issues but also severe failures of law enforcement on all levels leading up to this great tragedy.”

“Remember what high school was like,” he added. “I truly hope we can have an honest conversation about the children who are being bullied and ostracized. In Waterville especially, where there is a great socioeconomic disparity, this often amplifies these issues.”

The Waterville Board of Education decided March 7 whether to allow a 17-minute walkout as part of a national campaign to call for increased gun control, specifically bans on AR-15 sale and purchase, to disable would-be shooters.

Isgro has previously stated the school board should not



Courtesy of Peter Brown

Waterville Senior High School, located just over two miles down the road from campus, has received four gun-related threats from current students in this past week alone.

allow the walkout, and told the *Echo* that his opinion remains unchanged after these threats. “I believe this goes beyond politics. I don’t believe our school should be taking a side on this issue anymore than if someone proposed an pro-NRA march,” Isgro said.

Referencing personal accounts of students who felt pressured to participate in the walkout despite not believing in its message, Isgro explained his other reservations about the event. “There’s a real opportunity here to open up a discussion with our students and to reach out to those on the fringes and bring them in. Promoting an event that leaves some students feeling pressured and ostracized isn’t going to do that.”

Asked specifically about the broader national discussion on guns and school shootings, the Mayor ex-

plained his view that “In the greater context of the national gun control debate, the reality is [that for those who handle guns regularly] an AR-15 has no more potential to be harmful than most home semi-automatic hand pistols. We shouldn’t be demonizing legal gun owners for crimes they don’t ever commit.”

Amidst the national tragedy at Marjory Stoneman Douglas High School and the broader political division engendered by ongoing trends of school shootings, these recent incidents have unsettled classmates, disturbed educators and parents alike, worried about friends and even their own safety. Regardless of the Board of Education decision on the seventh, school officials, police and the city of Waterville continue to work to deter pranksters and ensure that schools are safe.

College announces intentions to build new downtown arts center



Courtesy of Susan T. Rodriguez

The design for the proposed Art Center includes contemporary gallery space, screening rooms, and an exterior glass facade.

By LOUISA GOLDMAN
Associate Editor

Determined in their efforts to revitalize Waterville’s downtown area, Colby’s development team has just announced its intentions to remodel the property at 93 Main Street into a multifaceted arts center. Partnering with the building’s current owner, Waterville Creates!, the College plans to completely transform The Center from its present state into a sleek contemporary arts destination, relocating Railroad Square Cinema to its second floor and opening up gallery space, to be operated by the Colby College Museum of Art, on the first.

“When we initially started the planning process [of revitalization efforts], and were thinking about the strategies and opportunities Waterville has to offer that could make it a real destination,” Brian Clark, Colby Vice President of Planning, said in an interview with the *Echo*. “You think about the great Colby Museum of Art, the Railroad Square Cinema, the Maine International Film Festival, Waterville Creates!, the Opera House; there is a disproportionate number of really terrific arts organizations and arts programming in Waterville.”

With a rich appreciation for culture already established in the town, it seemed obvious to Clark that the College should strategically build upon this in order to advance Waterville’s name and notoriety.

“One of the things we have been working on coming from that strategic perspective is the idea for a new center for contemporary art and film center downtown,” Clark said. “It’s really just going to be an extension of the Colby College Museum of Art.”

Clark and Colby’s Office of Planning were not the only group to pick up on Waterville’s long-standing tradition of artistic excellence and appreciation.

“I remember growing up in this city, it was a wonderful place,” Marilyn Snipes, a Waterville native and current Winslow resident, said in an interview with the *Echo*. “It was beautiful. It was the hub of all mid-Maine activity; everybody was coming to Waterville.”

Snipes admitted, however, that this age of beauty has long since passed.

“Over the years, all these beautiful places downtown just fell to the wayside. And Waterville, I’m ashamed to admit it, just did not look very nice,” Snipes said.

She was then delighted when the school began expressing a desire to help revitalize the town, and even

regrets not taking action to further support Colby in their efforts.

“We just sold my parent’s house [in Waterville] about two, three years ago, and I wish I hadn’t because I’m so happy the people at Colby have taken an interest in helping to revitalize the downtown, and I know that it will be beautiful again like it was many years ago,” Snipes said, reassuring that she is not the only Waterville native to harbor this sentiment. “You’ll find that a lot of people who come from this area and have lived here through all the wonderful times and through all the years where it sort of fell to the wayside are just delighted to have people from Colby showing an interest in having it look so nice. It’s such a wonderful thing and I’m so happy.”

Indeed, the College’s planning team hopes that this new project will help restore downtown Waterville to its former glory.

“This building [at 93 Main Street] was originally a Montgomery Ward and Stern’s Department Store building, so like Levine’s [where Colby’s boutique hotel is set to be built], it was really a big part of the shopping district in Waterville,” Clark said. “When they built this in the 1930s, it was fashioned in such a way that it obscures the entrance to the Waterville Opera House and City hall building from Main Street, keeping probably what was the most civically important building out of view.”

By scaling back the frame of the Center at 93 Main Street and transforming its brick exterior to a glass facade, Clark explained that this new building will allow visitors to view the rest of Castonguay Square much more easily, appreciating the area for its historical background while maintaining a modern edge.

“What we have been trying to do is think about a way to preserve as much of the building as possible, keeping in mind that this [the Center and Waterville Opera House building] block of buildings is really about the only intact historical block in Main Street, but to also give it real life as a new contemporary destination,” Clark said. “The architecture we have used is highly modern, and this choice was very purposeful as it starts to signal something very different about what Waterville is, and that the art is such a big part of who Waterville is, and what’s ultimately going to make Waterville a great destination for visitors.”

In addition, the relocation of Maine Film Center from just north of downtown to

a prominent spot on Main Street should draw a whole new crowd to the area.

“The Maine Film Center runs two programs: Railroad Square Cinema and the Maine International Film Festival, so it’s accurate to say that both are relocating to the heart of Main Street,” Clark said. “This ends up being really important for the city, for instance with the Maine International Film Festival, which happens over the summer and draws 10-12 thousand people each year. A lot of the shows [associated with that event] already were presented at the Opera House, so having the theaters near the Opera House, it really concentrates all the activity in one area.”

The College, which has already invested millions of dollars in the revitalization of Main Street, is hoping that the arts center will allow

“This announces that the arts are here, that there is something vibrant happening here that’s really terrific for both Colby and the Waterville community”

Brain Clark
V.P. of Planning

all their projects, (such as the new dorm and boutique hotel), to interact.

“Thinking about the Bill and Joan Alford Main Street Commons that we are building, that would be a great place to house film makers and others who are coming to the festival,” Clark said, “and the Chase Community forum on the ground floor would be a great place to have panel discussions with filmmakers and cinematographers and actors, and then maybe they stay at the hotel. So you see the system of these investments really starting to work together.”

Although only recently announced publicly, this project has been in the works for nearly three years, according to Waterville Creates! President and CEO Shannon Haines, who currently operates the The Center at 93 Main Street. The former Stern’s Department Store was bought in 1996 by a Colby supported coalition called “Waterville Regional

Arts and Community Center” (or “WRACC”), which Waterville Creates! functions under. Such a history could have caused tensions between the current tenants and the College had latter used leverage as one of the organization’s primary benefactors to steer decisions in its own favor. Nevertheless, Haines confirmed in an email interview with the *Echo* that the duties associated with planning were equally shared between Waterville Creates! and Colby.

“The process has been very thoughtful one and has always been guided by our shared goals of expanding and enhancing arts programming while positively contributing to the city’s downtown revitalization efforts,” Haines said.

Waterville Creates! rents out spaces to other tenants at the Center, including Common Street Arts and Hardy Girls Healthy Woman, among others. The Mid-Maine Chamber of Commerce, the Central Maine Growth Council and the City of Waterville are working with most tenants to relocate, while some of the non-profits will stay as is. And although such efforts might seem like one of the project’s only drawbacks, Clark explained that the building is in desperate need of repair.

“The building itself is in really tough shape,” Clark said. “It’s certainly outlived its useful life, which is a fancy way of saying that it’s starting to fall apart. So there’s some real urgency, I would say, to preserving this building into the future.”

Of course, while anticipatory talk of the project comes at a cheap price, the cost of its execution is much more expensive. A multi-million dollar project, there is still much work to be done before construction of the art center can begin.

“We are fundraising for this right now. This is an 18-20 million dollar project, we’ve got about eight million dollars in commitments right now so that gives us a lot of confidence, but we still have a ways to go,” Clark said. “It’s probably an 18 month construction period, so if we were successful in getting to a threshold that allows us to start, you could see it opening somewhere in the 2020-2021 range.”

Regardless of the timeline, Clark believes that this project is the key development that will truly drive downtown revitalization.

“This is a real moment,” Clark said. “This announces that the arts are here, that there is something vibrant that’s happening here that’s really terrific for Colby and the Waterville community.”

Features

As prevalence of sleek devices grows on campus, debate rises over harm

From e-cigs, P.1

JUUL Labs’ mission, stated on its website, is to “eliminate cigarettes by offering existing adult smokers with a true alternative to combustible cigarettes.”

One anonymous senior and JUUL user who agreed to be interviewed by the *Echo* applauded the device as a cessation mechanism from traditional cigarettes. “I started smoking cigarettes on the weekends [freshman year] when I was drunk. In January 2017 I got a JUUL and haven’t had cravings to smoke [traditional] cigarettes ever since.” The senior continued, “When I lose my JUUL, I don’t go out for a pack of cigs, I go out and buy another JUUL. Most people use it to quit cigarettes, and people who use JUUL won’t start using cigarettes.” The senior posited that there is not much crossover in the sense of JUUL users becoming traditional smokers because the nicotine content, at 0.5 mg per JUUL pod, is roughly the same as one pack of cigarettes.

Though e-cigarettes might not entice users to smoke traditional cigarettes, Sawyer said that research demonstrates that the use of any nicotine product in adolescence can increase a person’s likelihood to use other gateway drugs.

In describing the experience of using a JUUL versus smoking a traditional cigarette, the senior said it’s satisfying for someone who desires the feel of a combustible cigarette but does not want all the effects of tobacco, such as taste and smell. “When you ‘rip’ a JUUL and breathe it in it hurts in the back of your throat, which a lot of people like about cigarettes, which you also don’t get from a lot of other e-cigarettes which feel like you’re just blowing in flavored smoke.”

A “starter kit,” which includes the device, four sample JUUL e-liquid pods, and a charger, goes for \$49.99 online, and a four-pack of pods costs \$16. This makes JUUL, after the initial purchase of the electronic de-

livery system, a more affordable alternative to cigarettes, which in Maine go for \$7.37 per pack, on average.

Other advantages to e-cigarettes like JUUL include the ease of use and ability to conceal one’s usage. Users can simply hook the charger into the USB port of a laptop to keep the device charged, which displays lights to indicate when power is dwindling. In order to use the device, one only needs to insert the pod of e-liquid, sit back, and inhale.

The anonymous senior attributed some of the rise in e-cigarette usage to the fact that users can conceal the vapor fairly easily. “I know kids who go to the bathroom during class to ‘rip’ their JUUL...also kids who just blow the smoke into their sweatshirt in places like the Spa,” the senior said.

Fernandez attributed the rise in popularity of JUUL not to its sleek appearance, but rather to its addictive nature. “I think that JUUL has become so trendy because [the nicotine] is addictive, so once users begin it becomes a habit. When people use it in public...it becomes a point of socialization, which makes use more widespread” and results in more addicts, Fernandez noted.

The Surgeon General Report stated e-cigarette use among young adults has become a “public health concern” and between 2013-2014, the use of e-cigarettes among the demographic has more than doubled. One-third of young adults have tried e-cigarettes, according to the report.

To increase awareness on campus of e-cigarettes’ addictive potential, Fernandez recommends that a group like Student Health on Campus (S.H.O.C.) should organize a campaign against the device.

Sawyer, who has been working on the Wellness program at the College for five years, acknowledged that the apparent rise in the use of e-cigarettes on campus should garner more conversation within Health Services. However, this is

made difficult by the fact that Sawyer said not a single student has approached her in the last five years regarding tobacco or e-cigarette related issues, so it is difficult for her office to gauge how severe the problem is. Students are much more likely to report the use of marijuana, which Sawyer’s office estimates between 30 and 35 percent of Colby students use, according to tri-annual surveys.

The *Echo* survey revealed that 49.3 percent of respondents believe that e-cigarettes are less harmful than traditional cigarettes (17.6 percent said they didn’t know), though 67.6 percent of respondents do not believe that e-cigarettes are less addictive than regular cigarettes (15.5 percent think they are equally or less addictive).

Sawyer said that this data makes sense given that studies show that a perceived decrease in harm often leads to an increase in use, but she found it especially interesting that students seem to be making a differentiation between harm and addiction. “From what I understand to be true about e-cigarettes and tobacco, those ideas aren’t totally far off. There is definite harm, [e-cigarettes] aren’t harmless, there’s lots of risk, but they are less harmful than traditional cigarettes from what [research] can tell so far,” Sawyer said. Sawyer said that there is still huge variability depending on what type of device you use and what the concentration of nicotine in the e-liquid is, as well as the age of the user.

“The younger the brain, the more likely it is to cause harm, and that notion persists up through age 25,” according to Sawyer, which means that first-years are more likely to have problems than seniors, despite the same risk of addiction.

In response to the anonymous senior’s comment to the *Echo* that “even if the addictive nature is less or more than traditional cigarettes, it doesn’t really matter because e-cigarettes are



Courtesy of Claire Cahill

With a nicotine content equal in volume to that of a normal cigarette and a sleek design, it’s no wonder millennials are becoming addicted to JUUL.

less harmful,” Sawyer presented a significant amount of evidence to the contrary.

“A lot of the harm that you do see out of cigarettes, except from the direct effect of combustion in the lungs, is directly associated with nicotine. Particularly brain effects in adolescents. Those are nicotine effects that have to do with cognition, mood, attention, and ability to learn, so someone who views e-cigarettes as having less harm are still looking at potentially long-term effects on the brain,” and still potentially irritating effects on the lungs, Sawyer said.

For students thinking they have to have an extensive smoking habit to see these negative effects,

Sawyer noted that research shows as few as 100 cigarettes in adolescence could have severe long-term effects on cognitive function and mood.

The JUUL website also alludes to the risk of its product in the fine print on its website, which reads, “This product contains chemicals known to the state of California to cause cancer and birth defects or other reproductive harm.”

“The beauty of college is a whole bunch of ideas and experiences come down your line...people try stuff in college that they maybe don’t think will be part of their overall life, but one of the easy things to not take into consideration is brain development that happens

during your college years. It is one of the periods of life when your brain is at its most rapid development, and so it can be interrupted by things like drugs in a way that lasts,” Sawyer said.

One junior who overheard a conversation surrounding e-cigarettes in the Marchese Blue Light Pub commented, “Yeah, I have a JUUL. It’s one of those things that I hate that I love. I’m firmly addicted.” Laughing, he took a draw from his device and walked back to the pool tables.

Students were granted anonymity given the public nature of this piece and the perceived stigma surrounding the use of cigarettes and e-cigarettes.

Students surprised by Security’s recent reluctance to provide medical escorts

By JAMES BURNETT
Features Reporter

On March 2, a Colby student called security and asked if anyone was available to take her to her doctor’s appointment in Waterville. Security agreed to give her a ride, as it had been their policy to transport Colby students to medical appointments within the town if an officer is available. After 15 minutes of waiting, the student called security again; the security employee apologized and told her that the department would no longer offer rides to students anywhere off-campus. The officer explained this was a new policy, one that his supervisor had only just told him about. Confused, the student called her doctor to cancel her appointment. She wondered why security had not given her—or

seemingly anyone else—advanced notice about their change in policy.

Security’s website does not contain any mention of a policy change, nor was there an announcement in ColbyNow. This general absence of explanation is especially surprising, seeing as many non-car owning students rely on security to meet their medical needs and would have benefitted from a prior warning. In fact, the service is so widely used that the security van frequently can be seen pulling up to MaineGeneral’s Thayer Center for Health to take Colby students to and from doctor appointments.

Despite what the security officer told the student that day, Interim Director of Security Michael P. Benecke Senior insists that security has not changed their policy regarding student escorts and medical

appointments. Benecke, who has served as interim director since Pete Chen-evert retired in the fall of 2017, explained in an email to the *Echo* that security evaluates “each request based on the resources we have available and the nature of the request. During times when we have one security officer available, we would be less likely to travel a distance off campus to transport the student to a routine appointment and leave the campus without security coverage.”

Benecke continued by cautioning students not to depend on security to make an appointment, as the service is not guaranteed. If security cannot take a student to an appointment, Benecke explained that there are other options available, such as the use of taxi cab vouchers, which are available at the security office.

He also explained that the Jitney is a relatively reliable possibility. However, the student discussed at the beginning of the article was never offered a cab voucher, even after explaining to officers that she could not afford a taxi.

Since a lot of students rely on this service, it is a relief for many that security still plans on helping coordinate transportation to doctor appointments. However, it can be difficult for students to navigate security’s policy when officers make misleading statements to those who call, especially if they fail to offer alternative transportation options or vouchers. Furthermore, the fact that security’s website does not mention the policy is confusing for students seeking more information about what exactly their policy is. Hopefully, the incoming



Courtesy of Medic454

Colby students without cars on campus often relied on escorts from Security for transportation to the hospital for doctor’s appointments.

director of security, Robert Williams, will create a more streamlined communication system so that students

can better understand security’s services. Williams is set to take over the position at Colby on March 12.

Mingle with a mule: meet Josua Lutian ’18



Courtesy of Josua Lutian

Colby senior Josua Lutian, a psychology and musical computation double major, enjoys participating in a capella, working as a CA, and not eating in Dana.

By SARAH WARNER
Staff Writer

Spring is coming. The snow is melting, the air is getting warmer, and for Colby’s se-

niors, graduation is creeping ever closer. As it does, so do all those nagging responsibilities that come with entering the so-called “real world.” Between classes, hunting for jobs, and

grad school applications, seniors have a lot on their plate, and a lot that they’re leaving behind. To get to know the class of 2018 before they leave the Hill, the *Echo* sat down to chat with senior Josua Lutian about Davis, dining halls, Denmark, and everything in between.

Lutian, like many of his fellow seniors, is very involved in campus life--especially in the performing arts. His junior year, he wrote and directed his own musical, something not many students can say. He’s also a part of the capella group “The Megalomaniacs” (Megs), which he claims has been one of the best parts of his experience at Colby.

“The Megs have been a really great support system for me. I’ve made a few of my closest friends in it... because I spend so much time with them so we really got close. And, of course, it all stems from my true love of music and performing.”

Lutian has also served as a Community Advisor (CA) since his junior year, an experience which he deems to have been “pretty good,” despite some bumps.

“I’ve been very fortunate as a CA not to have dealt with the super scary things that other

CAs have, but I’ve still dealt with some sensitive situations, situations where even though I was prepared and trained for it I didn’t fully understand what it would be like. Once you’re facing some sort of danger or really sensitive issue with a resident you kind of realize ‘Oh, so that’s what that feels like.’”

A double major in psychology and music computation, Lutian has spent countless hours in both Bixler and Davis, claiming the latter has become a second home throughout his years at Colby.

“I found a really great niche home in the computer science department, which is the other side of my [music computation] major. It’s pretty interesting because a lot of the people there are super eclectic but they have such good work ethic. I mean, I think most people are aware that CS students don’t sleep, and that’s pretty much what it is.... There’s a phrase, something along the lines of ‘Davis is my dorm’ or something like that, because people joke about spending so much time there that it just might as well be your dorm.”

Lutian doesn’t just stay in Davis and Bixler all the time, though. When he’s feeling hungry, he hikes over to Foss,

which he claims has the best food on campus. In his opinion, the other two dining halls--especially Dana--simply do not at all compare.

“I would rank it as Foss, then Bob’s, then Dana. With Dana, I just don’t get it. When I leave Dana, I always think ‘What did I just eat?’ Basically, Dana sucks. Quote me on that.”

However, for Lutian, Dana’s food hasn’t been the only challenging thing about his Colby experience. A self-described “city boy” from the Philippines, he struggled with the isolation and slow pace that comes with living in rural Maine. The change in climate was difficult too, as Lutian was not prepared for his first Maine winter.

“The weather [at Colby] is very nice in the beginning, and it’s kind of misleading, especially for Admitted Students Day. They pick the most beautiful day of the whole year, and then they bring people in telling them this is what it will be like all the time. People need to come in JanPlan to know what they’re actually going to experience for most of the year!”

Despite the chilly weather, Lutian claims his overall experience at Colby has been a positive one. He spoke particularly fondly of his time abroad

in Denmark.

“I went to Copenhagen the summer before my senior year, and it was probably one of the best experiences I’ve had. I love Europe. I don’t think I could live there, but I had so much fun that summer. I walked so much. There was about 12 hours of daylight there, so I was just under the sun all the time. It was simply an amazing experience.”

Even in light of all these memories, Lutian said he feels ready to leave Colby.

“I feel like a normal senior. I’m ready to go, but I’m still pretty uncertain of what the future holds, so it has that weird kind of dissonance where I feel ready to leave the Hill but I also need to set things up for myself first. So, I’m pretty happy [about graduating], but at the same time, also really nervous.”

Before he moves on into the real world, though, Lutian had something important to say to all the Colby younger students he’s leaving behind.

“Be yourself. I hate that people say that so much, but that’s just the thing that made me happier here... so be yourself, but also give yourself room to actually find out who you are. That’s what will make your experience great.”

Arts & Entertainment

Game Time: The Sports Photography of Walter Iooss

By CHARLOTTE MARRATTA
A&E Reporter

Located in the Upper Jette Gallery, *Game Time: The Sports Photography of Walter Iooss* has been on display in the Colby College Museum of Art since Dec. 7, 2017.

The current exhibit in The Colby College Museum of Art is a collection of 43 photographs by Walter Iooss gifted by two pairs of collectors: Daniel and Kerry Tomson, and Cathy Delesky and Doug Wetmore. “We didn’t have sports photography represented in the museum’s collection of photographs. We thought this would have both popular and curricular appeal,” Lunder Curator for Whistler Studies Justin McCann said. According to McCann, the exhibit has sparked great conversation from faculty, coaches, athletes, and non-athletes alike. “People have really enjoyed it. I’ve heard many people say, ‘I’m not an athlete but I really like this. I didn’t think I would, but I do.’ I think it’s the energy and thrill of the photographs that are really engaging,” McCann commented on the general reaction to the pieces.

Each photograph is filled with power, dynamism and action, whether it’s the moment right before NBA star Michael Jordan is about to dunk, or Olympic medalist Greg Louganis diving into a pool at twilight. The action within each

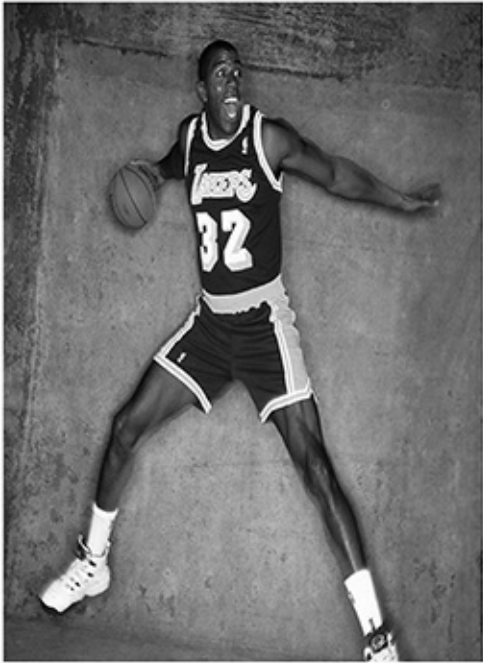
photograph is stunning, capturing the strength and mechanics of the human body. Walter Iooss got his first camera at the age of 16, and took his first photograph at a football game between the New York Giants and the Chicago Cardinals. After graduating high school in 1961, Iooss sent a portfolio to Sports Illustrated and

“For Iooss, sports represent hopes and dreams and aspirations. You can learn so much about yourself through playing sports.”

-Justin McCann

was immediately hired as a photographer. Since then, more than 300 of Iooss’ photographs have been on the cover of Sports Illustrated. Iooss dedicated his life to capturing sensational moments from the most riveting games and successful athletes. Currently,

the Super Bowl is the only event Iooss photographs, as he focuses now on individual portraits rather than game action shots. Having worked at all 52 Super Bowls, Iooss is quoted on the wall of the museum saying, “I’ve never watched the game on television, I’ve had one of the most unique experiences in sports.” Iooss’ photography highlights the intersection between sports and society, and has greatly influenced sports photography today. While helping to establish this contemporary medium, Iooss’ photography has also established a way to consider broader social issues that transcend sports. “Muhammed Ali, for example, made a tremendous impact on society. He was a champion inside the ring and outside the ring in his role in the Civil Rights Movement. Through Iooss’ photography we see how sports bleed out of the field or out of the boxing ring,” McCann said. The photograph “Ali vs. Terrell, Houston” shows Ali mid-punch. The black and white image captures both the strength of the human body and the underlying emotion of Ali’s anger towards Ernie Terrell for refusing to accept his name as Muhammed Ali, which he changed from Cassius Clay after converting to Islam in 1964. The collection of photographs represents tennis,



Courtesy of Peter Brown

Iooss’s dynamic and exuberant shots exemplify what it means to be an athlete at peak performance. His subjects leap off the 2-dimensional surface into the viewer’s space so that we see their drive, their pride, their heartbreak.



Courtesy of Nina Oleynik

Billie Jean King, winner of 39 Grand Slam titles, is pictured in a frozen moment during a match. Not all of Iooss’s photographs are action shots, but rather quiet contemplative moments.

swimming, gymnastics, basketball, football and baseball. While many of Iooss’ photographs are of professional athletes, there are a handful of photographs of ordinary people and children playing sports. “The ones of children were actually some of his favorites,” McCann said. “For Iooss, sports represent hopes and dreams and aspirations. You can learn so much about yourself through playing sports and he really likes capturing that juxtaposition between professional and kid.” While McCann’s favorite photograph changes each

week, he made special note of “Sandy Koufax, 1965 World Series, Game 7” and “Johnny Unitas, Memorial Stadium, Baltimore.” The photograph of Koufax shows the baseball player atop the mound pitching the ball. Koufax was known for having an incredibly strong fastball, the power and energy of which are captured in this image, reminding sports fans of Koufax’s awe-inspiring talent as a pitcher. The photograph of Unitas has a very different feel to it, showing the Colts player walking off

the field at dusk towards an empty stand. “There’s a sense of loneliness and sadness in this photograph. It was taken right at the end of his career,” McCann said. With his jacket flowing in the wind, Unitas exits the field just as he was soon to exit his career, his lone figure producing a sense of melancholy and loss in the spectator. The 43 photographs in this exhibit all convey an array of emotion, and invite viewers to reflect on the relationship between the body, sports and society. On view until June 24.

S.H.O.U.T. Tour of Game Time

By CAMILLA DI GALOMA
Contributing Writer

Last Friday evening I had the privilege of viewing the *Game Time: The Sports Photography of Walter Iooss* exhibit with a guided tour by Justin McCann, the Lunder Curator of Whistler Studies and Miriam Valle-Mancilla, the Assistant for Access and Outreach. McCann and Valle-Mancilla focused our attention on two photographs, one of legendary basketball player and civil rights advocate Bill Russell, and the other of Muhammad Ali, the celebrated boxer and activist.

We started the tour with the photograph of Russell, caught leaping into the air to block any view of his opponent from the net. McCann and Valle-Mancilla invited us to admire his graceful ballerina-like pose, with toes pointed and arms stretched out to his side as an almost Christ-like figure at the center of the image. Our guides then asked us to participate in an interactive exercise, prompting us to mentally and physically dive into a series of words, imagining each being written on a typewriter, and envisioning the colors and images that appeared before us before finally striking a pose embodying that word.

The first word was liberty. After we took a few minutes

to grapple with the essence of the word and its varied meanings to us as individuals, we all struck our poses. Some were seen with their chests proudly puffed out, others put a fist in the air simulating Lady Liberty and one student lay flat on the floor with their arms and legs spread wide. We conversed about how liberty symbolized coming to America for some, based on their cultural identities, and how others thought of freedom and utter tranquility. The next word was justice. When we all struck our poses, the contrast was stark. Some were cowering over, one put their hand over their eyes and some raised their fists in defiance. When we discussed our poses, most said they could not even imagine the word justice their thoughts quickly jumped to injustice and the systemic inequality that makes justice seem impossible. The juxtaposition of these two poses unveiled the individuality of the word liberty and the collectivity of the word justice; one can feel individually free, but in order to feel justice, structural change for disadvantaged communities is necessary. As we moved to the photograph of Muhammad Ali, we learned the history of Ali’s renaming. Ali’s birth name, Cassius Clay, was

given to his family by a slave master, and his resistance to it signified his dismissal of white possession over his identity. Additionally, his praise for the Muslim community was instrumental in providing support for youth during the Civil Rights Movement. His opponent in the photograph had taunted him the entire match, calling him Cassius Clay and attempting to dismantle his reclaimed identity. Iooss’ photograph features Ali in a dominating position and the opponent with a rounded back and his face falling into his own fists, capturing Ali’s vehemence and the brutal state of our nation. Similarly, the dominant physicality of Russell’s block shot, standing tall above all the other players, marks him as a God-like figure, with the immense power to transform not just the result of that basketball game, but the nation, in alliance with Ali and Martin Luther King Jr. through the Civil Rights Movement. This tour gave an interesting look at the intersection of art and activism and the inherent position of power athletes hold. In this moment, it is important to consider the role of athletes in inciting changes in communities and the nation as a whole.

Movie Review: The Shape of Water

By TOMMY CHANDLER
Staff Writer

Wanring: Spoilers ahead

Oscar season is upon us, and the nominations for Best Picture have me trying catch ‘em all before March 4. On Wednesday Feb. 28, Railroad Cinema hosted a \$1 Movie Night for *The Shape of Water*, and I had heard too many mixed reviews to not go see it and make up my mind for myself. I knew the general plot going in: a mute woman falls in love with a mermaid. However, Best Director winner Guillermo Del Toro develops the characters around the social context of a Cold War era Baltimore. In doing so, themes of social inequality based on ability, gender, race, nationalism and sexual orientation collide to turn the film into the Best Picture nominee that it is.

The story, constructed around a mute woman named Elisa who works as a sanitary worker in a government facility, is both relatable heart warming. Living alone and socially ostracized by her disability, she is portrayed as shy and lonely, despite her close relationship with her neighbor Giles, played by Richard Jenkins, and her coworker Zelda, played by Octavia Spencer. On the job, she develops a unique

relationship with an aquatic creature that is being kept at the facility for scientific research and for political capital against the Soviets in the Space Race. Intrigued by the creature, Elisa starts sneaking into the room where he is held in his tank to spend her lunch breaks with him. Over time, they form a connection based on their experiences of social isolation.

Del Toro does a wonderful job developing the char-

Keep an eye out for future Railroad Cinema’s \$1 Movie Nights!

acters within the context of 1960’s American culture. Elisa’s good friend Giles is a gay man who paints advertisements and lives alone. Her coworker Zelda is an African American woman living at the dawn of the Civil Rights Era. One of the scientists observing the creature at the laboratory is actually a Soviet spy whose vested interest in and care for the creature come at odds with his order to destroy it. These roles are compelling, but the way that Del Toro devises different story lines

around them is a bit confusing. Rarely did they overlap with one another, which felt in a way like an under-realization of the overall plot. Personally, I found myself hoping they would come together in the end, but this never happened.

While the film’s message of loneliness resonates with me, I think that there were overlooked nominees that were deserving of some Oscars hardware. One that stands out in particular is Luca Guadagnino’s *Call Me By Your Name*, which tells a coming of age story from the eyes of a 17 year-old boy discovering his sexuality in a romance with an older man. Another strong contender in the group was Martin McDonagh’s *Three Billboards Outside Ebbing, Missouri*. Best Actress winner Frances McDormand plays a mother demanding answers after her daughter’s murder. The messages and cinematic experiences between these films – and the other six incredible films nominated – are quite different, and I can understand the Academy’s decision. And despite my criticisms, I would definitely recommend seeing *The Shape of Water* to form your own opinions. Also, be sure to keep an eye out for Railroad Cinema’s \$1 Movie Nights in the future!

Pen to Paper: Another shot to the heart

By MERRILL READ
LAYOUT EDITOR

Content inspired by SGA bonding event

Derek crouched behind the torn, black tarp, clutching the black semi-automatic. He knew he should be on the lookout for the enemy, but he could barely see through the plastic in his face-mask because it kept fogging up. His thin, brown hair was sticking upright under the band of his mask and his head was pulsating, dealing with the hangover that was slowly creeping into his brain: a conse-

quence of heavy drinking from the night before. At this point, it was beginning to drizzle and the scent of grass, pine, and fresh water were spreading into his lungs with each sharp intake. He wished that he were in the comfort of the wooden shack that sat 200 yards away. It reeked of sawdust and was darkly lit, especially on such a dreary and rainy day. The shack was bursting with ammunition, guns, and protective gear but Derek only wanted to get there to find shelter from the rain and whistling wind. If he ran, maybe he could make it? Behind him, sat acres of

large rolling hills with tall grass that resembled the indents from bombs that he saw on the beaches in Normandy on a vacation with his parents. He was impressed that the earth could keep scars from wars just like humans do. In front of him however, through a tear in the black tarp, he could see blurry pine and birch trees and large wood structures. The area was densely filled with five-foot boxes and planks of wood nailed together in strange triangular shapes. He saw movement. About 30 yards away, someone poked a black, masked face

up from behind a box. He fired and missed. The loud pop rang in his right ear while a barely visible tuft of smoke rose from the barrel. The head dipped back down. He wanted to get closer for a better shot. He inched his now muddy boots towards the left side of the tarp and he chose a wall of planks 15 yards away as his next hiding place. It had a better vantage point and seemed more secure than the tarp. The rain began to pick up. He was starting to get cold but adrenaline helped him move forward. He bolted from the covering with his gun raised

in his right hand, pointer finger on the grimy trigger. He was only 5 yards away, rain pelting him from all directions, when SPLAT. He dove behind the plank wall into a mess of mud, bright orange leaves, and pine needles. His right bicep was searing in pain as he tried to gulp the humid air. Cautiously, he peered at his arm and was immediately defeated. His right arm was splattered in green paint. He fumbled to his feat with his paintball gun raised above his head in surrender, when he shouted, “I’m out, don’t shoot!”

Have a piece of creative writing you want published in our newspaper? Submit to Pen to Paper by e-mailing nkoleyini@colby.edu, wcwalkey@colby.edu or mkschrei@colby.edu and get in next week’s issue of The Echo.

Editorial: On Underused Spaces on Campus

By WILL WALKEY
Co-Editor in Chief

As Colby's campus environment continues to evolve, it is important for students to be active in advocating for the maintenance and proper utilization of spaces they deem important and useful to them. If anyone has an idea for their club, event, or organization, now is the time to take action towards establishing themselves in underutilized rooms scattered around Mayflower Hill.

The Mary Low Coffee House, once a confusing, dingy, open space that spent the majority of its days empty, has gotten a significant upgrade this year, adding staff members and hours, and elevating its furniture quality to become a personal favorite campus spot of mine and an up-and-coming popular place for studying and chatting. How did it get like this? A few students had a vision and approached College President David A. Greene and the administration, and Colby helped make it happen. Communal space improvements like this deeply enhance the College for so many reasons, so it's no surprise Greene was so on board with a rapid change for the coffee house, but this should not be a rare occurrence.

The College is planning on adding an arts center in the Mary Low Parking Lot, a new athletic center and a rumored green space in the present Eustis Lot. With all this planning in mind, there can be little doubt that Colby's administra-

tion is intending to use every space available to improve overall student and faculty experience, and students should have a say in that. The College is still in a planning stage for the future, and there is still time to insert student voices into plans.

How many times a week is the Bobby Silberman Lounge used? Could it not be expanded to accommodate ridiculous crowds on Pub Nights? How about the common rooms in seemingly every dorm that sit empty unless necessary for stuffing extra student rooms in there? The Mary Low and Dana common rooms especially come to mind here. How about the back dining rooms in Bobs and Dana that seem locked and empty so often? The massive acreage of woods and fields surrounding campus that students are seldom encouraged to explore? There are tons of spaces on the top floors and in the basements of academic buildings, in the art museum and in dorms which one or two students every four years find as a hidden gem, but that shouldn't be the case.

People might say that students are at fault for not using their common rooms for studying and socializing, but I might turn that around on the administration and argue that anything students are not receptive to represents an opportunity for change.

For Colby, inclusivity and common, open student spaces is a clear priority for the new administration. Any group of students with a (feasible) idea

for a beneficial and unique space on campus, whether a game room, club headquarters, study location, office area, or anything else should attempt to make a proposal to the College. These ideas could make a lasting impact for the organization or interest they care about.

So many parts of campus, from the parking lots to the dining halls to the libraries to the dorms to the classrooms, are overcrowded, and yet every student can recognize spaces that seem underutilized. Why is faculty parking not open to students past 5:00 p.m. or on the weekends? Why are fields so overcrowded, but Runnals is consistently empty? The College needs to take spatial economy into greater consideration, and they have one blueprint, the coffee house, for doing so.

The reason this call to students is important is because the administration will likely take and utilize these spaces regardless of student opinion. While Greene's motivations always keep the students in mind, he does not know exactly what students want out of their spaces and school, so we need to speak up. This is a College that has no problems getting money, and it would easily pay to enhance a space deemed useful and significant to the campus community. So, as this campus evolves, our spaces must evolve, too. I fear that if no students are a part of this, then there will only be future *Echo* articles about missed opportunities for student space.

Dare Northward - Hypocrisy or pragmatism for the greater good?

By ETHAN SCHULER
Associate Opinion Editor

When I was abroad last semester, I paid little attention to Dare Northward. I heard Colby lit up the Empire State Building, but I thought that it was probably a joke and I didn't think about it any further. It was not until this semester that I truly understood the magnitude of the campaign, and the extremity of people's views of it — both positive and negative.

I read all the Civil Discourse discussions from last semester, with ideas ranging from Dare Northward perpetuating neocolonialism to Colby needing to bend to capitalist ideals and defeat competition in order to grow. What I took away from the many different opinions was that the Dare Northward campaign, even if it did not intend to, was weighed down by a heavy hypocrisy. Despite a Colby education supposedly being a public good, the College has tied itself to a world of finance that has continued to perpetuate the growing inequality in the U.S., which is diminishing the public nature of goods like education. One post by Kylie Walters '18 even pointed out that Colby refused to endorse the Paris Climate Agreement because President David Greene did not want the College to have official political affiliations, yet by partnering with NASDAQ the College was implicitly endorsing overarching

ideas of neoliberalism.

After reading these comments, I looked back at Provost Margaret McFadden's email about "Why the Dare Northward Campaign Matters." In her email, McFadden argued essentially the opposite of what many said in the Civil Discourse. McFadden discusses the ways in which the campaign actually diminishes social inequality, saying it is "about finding the resources to enable us to admit and enroll students with tremendous potential, regardless of their families' ability to pay for a Colby education." What struck me immediately was the contradiction that this argument implicitly highlights: the "resources" McFadden refers to are obtained from a system that arguably perpetuates inequality, but are being used by Colby to diminish the same kind of social inequality that the system perpetuates.

To be honest, I was extremely conflicted after I thought about this contradiction, and I still am. On one hand, I have always considered educational inequality to be one of the biggest issues facing the U.S. (especially because it relates to inequality in essentially every demographic). If taking advantage of a perhaps flawed system is the best way to improve our own inequality, maybe that makes it worth it. I almost always believe in pragmatism over purity regarding political issues, and this could certainly be an example of pragmatism used

for the greater good.

However, I also agreed with many of the arguments in the Civil Discourse that viewed the campaign not as pragmatism but hypocrisy. The magnitude of the campaign makes it a huge part of Colby's current image, and its effect on our image will likely last long past the campaign's end (if there ever is an end). If people's first association with Colby is the tie between the College and neoliberalism, specifically NASDAQ, that simple reputation may diminish the quality and equity of Colby's education even more than the Dare Northward campaign's money can improve it.

I am left with more questions than answers, and the reality is that the campaign will probably continue to be financially effective but controversial. As long as students are continuing to voice their views, and as long as they have a say in the campaign's process in the future, I am not overly worried. However, this means the weight lies on us to continue discussion about the issue, whether it be by writing a post on the Civil Discourse or writing for the Opinions section of the *Echo* (which everyone is encouraged to do). One way or another, I hope to continue this conversation with both students who share my view and with those who disagree with me. We need the Discourse now more than ever, and the Colby administration needs to take note.



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Creative Pen to Paper: Drinking for Dummies

By ANONYMOUS

Moscow Mule:

Ingredients:
-2 ounces vodka
-½ ounce of lime juice
-3 ounces of ginger beer
-1 lime wedge

Hillbilly Screwdriver:

Ingredients:
-1 can of cheap beer, take a few sips
-Fill it up with cheap vodka

After freshman year, I started drinking these. I felt more sophisticated. I was trying to distance myself from other lower-classman: I was drinking something with a name. I didn't have a copper glass, so I still drank it out of a solo cup. I hadn't learned much. Back when you used to be able to drink on Heights roof, I remember drinking one of these while watching the sunrise or sunset, or both, sometime in the blur of sophomore year.

Bloody Mary:

Ingredients:
-1 lime wedge
-2 ounces vodka
-4 ounces tomato juice
-2 dashes tabasco sauce
-2 Worcestershire sauce
-1 dash celery salt
-1 dash ground black pepper
-1 dash smoked paprika
-1 celery stalk & whatever else you want to throw on the top

Sneaky Mixer:

Ingredients:
-20-ounce container of Cool Blue Gatorade
-As much vodka as you can without your parents noticing it's missing

We were 15 when we first started doing this. It was the best way to pass the time in after school study hall. I think we tried to push the limit as to how drunk we could get without the study hall teacher, or our parents when they picked us up, noticing. I used this trick in my freshman year of college, until I realized it was a tell-tale sign of being a freshman. I still do it sometimes, though, there are always times when you have to be drunk and you have to be inconspicuous.

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Sports

W. lacrosse loses home opener in one-point contest

By KATIE KELLEY
Staff Writer

After a long winter of training and team building, Colby Women's Lacrosse welcomed Amherst College for the season opener on an unusually warm March day. The game was a lively one, with each team recognizing the need to start the season on a positive note. Colby came out first, with an unassisted goal from Sasha Fritts '18. Amherst responded quickly, and leveled the play. The game continued similarly, in a back and forth style, as each team fought for the upper hand.

Going into halftime, Colby was winning 6-5, with the last goal before the break coming from Robyn Pirie '21. Colby's coach, Karen Henning, was quick to offer advice. According to Kelsey Otley '20, "She al-

ways reminds us of the tremendous amount of confidence she holds in each one of the players and that no matter the score we can always do better and all hold so much talent. During the Amherst game at halftime, she reminded us to hustle to every ball and make sure that we were playing smart." Momentum continued in Colby's favor into the second half, with two more goals coming quickly, giving the Mules a three-goal lead. However, with just under half an hour still to go, Amherst began gaining ground, scoring four goals in a row and then another three soon after. Colby hung on, managing Amherst's lead down to only two goals with five minutes to go. After scoring once more in the last minute, the game was finally forced to any end by the final whistle. In a heartbreaking turn,

it had gone from under control to a close loss in the second half.

Despite the disappointing result of Saturday's game, Colby Women's Lacrosse is still very young overall, with 20 of the 35-member team either in the freshman or sophomore class. This allows the older players to effectively mentor, while still learning and adapting with their younger teammates. Additionally, younger players will have the next few years to grow into leadership positions within the team. All in all, the makeup of the team makes for a positive dynamic, with friendships off the field helping to build their connections during the game.

Emma Banks '20, a sophomore from North Haven, Conn., found herself with four goals and an assist by the end of the game, putting

her on par with the leading scorer from Amherst, Lindsey Call. Kendall Smith '18 had a solid game as well, with two goals and an assist. All in all, eight different players scored 12 goals for the Mules on Saturday. Izzy Scribano '19 played the full game in goal for the Mules and had seven saves across both halves.

Otley also took the opportunity to offer the team's words to live by for this season: "Our motto this year is to leave no doubt; no doubt that we are the best, no doubt that we gave our all, and no doubt that each and every one of us deserves to be on this team."

Colby Women's Lacrosse travels to Hamilton next weekend to play both Hamilton College and William Smith in a Saturday-Sunday double header. Their next home game falls on March 17 at 1 p.m. against Tufts.



Courtesy of Colby Athletics

Izzy Scribano '19 played all 60 minutes in the team's home opener. She made seven saves on 20 shots, but the team could not pull out the win, losing 13-12.

Forum

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W. Ultimate wins tournmant, men take third

By KEVIN AHN
Sports Reporter

To kick off the spring portion of their season, the Ultimate Frisbee team headed down to Atlantic City, N.J. to participate in the Atlantic City 7 tournament. Both the men's team and the women's team faced strong competition and earned a championship for the women and came away with a third place finish for the men.

Facing a field of six other teams, the women started off the tournament against Hofstra University. However, despite only a 15-minute break until their next game, the women were able to bounce back and defeat Shippensburg University in a 9-4 victory. Moving forward with the momentum of the win, the women earned another well-deserved victory against Ohio Wesleyan, beating them 9-3.

On the second day of the tournament, the Mules used the momentum of the previous two wins and rolled through the competition, getting the max score of 13 in both of their games, and a third win through a forfeit by Stockton University. The first game was against SUNY Fredonia, and they took them out in a game that ended 13-2. Next, the Mules quickly soared past Salisbury University with an ending score of 13-3. With all of the combined wins, the women's team earned the number one seed heading into the championship, earning the win over Ohio Wesleyan for a second time.

On the men's side of the tournament there were a total of 12 teams participating. Seeded at number four, the Mules faced off against Rowan University to start off the pool play. The team won the first match 9-6 before

heading off to play the eventual tournament winners, Shippensburg University. In an extremely close match, the Mules ended regulation time 8-8 but eventually fell to Shippensburg 8-9 in sudden-death overtime. The Mules finished out the day by handily beating MIT (B) 13-1. To start off the second day of the tournament pool play, the Mules rolled through their next two games, beating Stockton and Salisbury 13-1 and 13-0, respectively. With the bracket play set, the team took on St. Joseph's University and handily beat the team 13-2. For the semi-finals, the Mules played the MIT (A) team, yet were unable to push past them and fell in another close game, 8-9. In their final game of the tournament, Colby beat Navy 12-6 to secure the third place victory. When asked about the performance of the tournament, Alan Leggett '20 noted how

"even though [they] didn't come away with first place, [they] still played competitively against the top teams and could definitely feel the electricity and chemistry of [the] team," and that it was "of course fantastic to see the women's team come away with the first place trophy at the end of the tournament."

Though the season is just getting started, the club is already in full swing after coming out of the tournament with two great finishes. The team is ready to continue to bring their competitive edge to the east coast. Bennett Allen '20 noted that "Both teams made a strong statement to be reckoned with." The next competition will be hosted this weekend at Bates College and will be a small round-robin tournament.



Courtesy of Colby Ultimate Frisbee

The women's ultimate frisbee team scored 44 points in four games this weekend.

M. Hockey takes NESCAC crown

Continued, From p. 1

They then advanced to the semi finals against Wesleyan at Trinity on Saturday. A Mule first year, Spencer Hewson, scored early (3:51) in the first period while ten minutes later, Wesleyan answered back by tying the game 1-1. Unsatisfied, Hewson scored again with three minutes left in the first period. In the third, the Mules (Kienan Scott '20, Cam MacDonald '18, and Phil Klitirinos '18) put away three more goals to secure the 5-1 win.

Sunday was when the stars aligned and the team became NESCAC champions. The first period was messy as neither team held possession for long. The puck was back and forth, never finding the goal.

The second period is when the Mules got restless. At 2:51 in the second period, Zack Hale '19 (assisted by Thomas Stahlhuth '19 and Joe Schuler '21) shot the puck past the Trinity goaltender, Alex Morin '18. The excitement was palpable throughout the rink, and both the Colby fan section and the team were ready for more goals. Only a few minutes later, Hewson '21(assisted by Mario Benicky '18) got the team's second

goal and the Trinity fan section went silent. The live stream announcer commented, "the Trinity students [are] making about as much noise as a mute church mouse."

In the third period, Trinity came out determined to flip the script, and Michael Grande (assisted by Connor Hegarty) scored four minutes into the game. Only thirteen seconds later, Cam MacDonald '18 (unassisted) answered back bringing the Mules back to a two-goal lead. MacDonald leads the team in scoring with 15 goals this season.

Five minutes later, after a scrum in front of the Colby goal where a player closed their hand on the puck, Trinity was awarded a penalty shot. Sean Lawrence '18

stayed calm in goal and coolly blocked the shot. Lawrence in the past seven games had only allowed eight goals and had 38 saves in the championship game.

The Mules defense also had a fair share of plays with 24 blocks. Lawrence told the Kennebec Journal, "The shots were a little deceiving... Most of them were from the outside, and the guys did an unbelievable job of making it easy for me."

With two minutes left, Trinity pulled Morin from the net in an attempt to overpower the Mules with an extra skater, but MacDonald put the nail in the coffin by scoring an empty net goal (assisted by Andrew Reis '18) with a little over a minute left in the game.

When the buzzer sounded, the Mules had won the

"We have awesome team chemistry with a great culture of hard work."

Dan Dupont
Class of 2018



Courtesy of Colby Athletics

Colby Men's Hockey celebrates their first NESCAC Championship. The team came out the playoff gaulet having outscored their opponents 14-3 in a string of upsets.

M. lacrosse drops season opener against Amherst

By KYLE MURRAY
Staff Writer

In the shadow of the men's ice hockey's triumphant victory in the NESCAC championship, the men's lacrosse team suffered a 22-7 loss in their season opener at Amherst. After a strong preseason work ethic, the Mules were optimistic heading into their first game. The New England Inter-collegiate Lacrosse Association named C.J. Layton '19, Tucker Dietrick '18 and Graham Lian '18 as the honorable mentions for the Preseason Division III team. Furthermore, the Mules place their trust in the skills and leadership of goalie, Layton who received NESCAC second team honors last year. Last season, Layton achieved a save percentage of 55.8 %, the fourth best among keepers in the NESCAC league. While the Mules lost their three top goal scorers from last season, the talented freshman class and veteran players are primed to take their place.

The Mules hoped to open up with an away win against 12th ranked in the nation Amherst. The game began steadily, before Amherst scored the first goal of the game with 6:53 left in the first quarter. The Mammoths scored two more before Dietrick scored the Mules' first goal with 1:33 remaining in the first quarter, assisted by Billy Jacobs '21. The score was

1-3 at the half and the Mules were set to quickly equalize. However, Amherst pulled away from Colby during the second quarter, scoring eight goals in quick succession to gain a 11-4 lead at the half. During this time, C.J Hassan '20 scored, assisted by Mason Brady '20, Dietrick claimed his second goal with another assist from Brady and Don Vivian '19 scored an unassisted goal. The Mules regrouped during the halftime, hoping to stage a comeback. However, the Mammoths showed no signs of letting up. Amherst added two goals in the opening minutes of the third quarter before Hassan scored his second goal of the game, unassisted. Minutes later, Brady scored his first goal of the game, assisted by Hassan. The score was 6-17 at the end of the third quarter, making the chance for a comeback slim. The trend continued into the final quarter as Amherst scored five more goals to the Mules' single goal, scored unassisted by Yuta Murata '19. The final score stood at 22-7 with Amherst giving a dominant performance. The Mules excelled in man-up situations, scoring in four out of ten. The Mammoths outshot the Mules, 32 to 15 shots on goal. However, goalie Layton stood strong in the face of Amherst's onslaught, making 13 saves.

While the season opener loss to Amherst was disappointing

for the team, they hope to rally around their strong leadership and freshman talent. The season opener against 12th ranked Amherst proved to be a formidable matchup and learning experience. Captains Lian, Brad McCarthey '18 and Myles Smith '18 expect to lead

their team to a winning record in the coming weeks. The Mules have two easier matchups against Hamilton and Emmanuel College before facing off against ninth ranked Tufts. Come out to support men's lacrosse at home this Saturday, March 10.



Courtesy of Colby Athletics

Mason Brady '20 was one of the members of the Colby attack to provide an offensive spark. He finished with one goal two assists in the season opener.

Senior Spotlight



Courtesy of Colby Athletics

After suffering a season-ending injury, Ryanne Daley '18, co-captain of the women's alpine ski team, spent her senior season in recovery. She reflects back on her experience, as well as her time at Colby.

Colby Echo (Echo): How did it feel to not be able to race in your final year at Colby?

Ryanne Daley (RD): Finding out that I would not be able to race this year was one of the saddest moments of my time at Colby. Pushing through a painful injury for six years and being told that I can't compete one week before my final collegiate season started was crushing.

Echo: What went through your mind at the time of your injury?

RD: Getting the news actually blindsided me. I went into my doctor's appointment expecting to come up with a training schedule in order to compete, just like I had every other time I went to see my doctor. But this time, that wasn't the case. I am extremely close with my family and I always pictured having them by my side when it finally came to an end, so my first thought was that I just wanted to be with my family.

Echo: How did you try and lead your team off the slopes? How do you think they did in your absence?

RD: It was very difficult to lead a team when you are over an hour away everyday from where they are training. I tried to stay in contact as best I could with my co-captains and lend a hand whenever and wherever possible. Before the season, my co-captains and I tried to make sure every member of the team was in the best shape possible going into our season. On the slopes, I wish I could have been more impactful, but I mostly had to lead by supporting my coaches decisions for the team such as training plans. I am extremely proud of everyone on the team. I think they really pushed themselves to be the best they could. The college circuit has a steep learning curve because for the first time ever you are no longer an individual competing, but you are competing as a member of a team. Individually, they had some great results, but I wish I could have been there more at the bottom of the hill to provide some more positive encouragement.

Echo: Reflecting back on your four years here, how did being on the alpine ski team impact your time at Colby?

RD: Being on the alpine ski team here molded me into the person I am today. Through skiing, I learned some of my greatest weaknesses but also I developed and matured in so many ways. Being a ski racer, you are rarely ever afraid of anything. Skiing quickly taught me my weaknesses and helped me day in and day out to learn how to improve

upon them and make myself a better skier and person.

Echo: What is your best ski-related memory over the past four years?

RD: The moment I realized the impact of being a part of a team sport. My freshman year, I came back from one of my several back injuries and when I crossed through the finish line only, I was charged by all of my girl teammates excited to have a top three finish and just have each other. I realized that my results-good or bad-weren't only affecting me for the first time.

Echo: What do you think you'll miss the most about the team after you graduate?

RD: I will miss witnessing the amount of commitment and dedication that all of my teammates have. They always helped to push me to be a better version of myself. We all support and push each other in academics and skiing. I am so grateful for the girls who graduated above me, they helped pave my path for the future and were the best role models. Also, I don't think I will ever want the person next to me to beat me again.

Echo: Do you have any regrets? Are there any moments in a race or on the team where you wish you could have done something differently?

RD: I wasn't able to make it to most of the races this year because they required hiking up the mountain, which I was physically unable to do. I wish I realized my injury a little sooner so that I could have been more proactive in helping to support the team even more than I did.

Echo: How do you expect the team to do in the years to come?

RD: The girls have so much talent, some of the best talent Colby has ever seen. When the girls consistently pair good finishes together, the team as a whole will finish top three or better consistently in the eastern circuit. Skiing is a game of inches, hundredths of a second matter and unfortunately they had some tough luck at times.

Echo: Do you have any message you want to send to the current and future members of the Colby alpine ski team?

RD: We keep a small team for a reason, and we really pride ourselves on the unique and strong team culture that we create. So, enjoy having best friends not competitors like other ski teams. Cherish every moment and take advantage of every opportunity Colby gives you-especially those outside of skiing and beyond Colby.