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THE COLBY ECHO

Welcome to the Hill, Class of 2020!



While bookshelves, magazines, and websites featuring the College are littered with images of the iconic Miller Library Tower, members of the Class of 2020 now get to join the ranks of students in seeing the tower as an ordinary part of their house.

Kieran Somers | The Colby Echo

A welcome from President Greene

By DAVID A. GREENE
President of the College

To the Class of 2020,
Welcome to Colby! Your arrival on campus might be as exciting for me as it is for you, and not just because of the energy you bring to this amazing campus. It's because I know what you have ahead of you and how truly remarkable it is.

This is a moment in your life when great possibilities are within reach, ideas are yours to explore... to explore, and there are endless opportunities available to you. Given the breadth of our faculty's intellectual interests, Colby offers courses in fields and on subjects that might seem foreign to you. I hope you find

that an intriguing invitation to delve into new fields of knowledge and open yourself to novel perspectives and interpretations of our lived experience.

I want you to think as well about how you might benefit from Colby's connections to the world. Through internships, research, global experiences, partnerships with renowned institutions, innovative Jan Plan courses, and civic engagement experiences in the Waterville community and beyond, we provide opportunities for you to expand your understanding of the world and your academic pursuits.

I hope you will take advantage of these opportunities, as they not only will

cont'd in Greene p. 2

The Student Government Association (SGA) welcomes the class of 2020

By MATT HAWKINS '17
SGA President

JENNER FOSTER '17
SGA Vice President

Greetings Class of 2020,
By this time you've received college advice from everyone ranging from your parents, your teachers, and even your distant Aunt Lucy who you only see once a year. That's a good thing. Here on Mayflower Hill you are surrounded by a community of students, faculty, and staff that share the same sentiment: We all want you to succeed. As the president and vice president of Colby's Student Government Association (SGA), our goal is to enhance every student's experience by fostering a campus environment built upon the foundations of community, integrity, and respect.

You should be proud of the place you've earned in the Class of 2020—it is an accomplishment that will stay with you well

beyond your time at Colby. It is important to know that you were selected to be part of this community based on the qualities you've demonstrated thus far. Being a Colby student carries rights and responsibilities, both of which are very dear to all who call this place their home. We've been counting down the days until you get to campus, and we want to share with you a few thoughts on your future life as a Colby student now that you are here.

You will soon find yourself abbreviating everything. We're not talking about saying Bob's instead of Roberts, we're talking about CCAK, CVC, CDS, CARE, CCOR, COOL, COOT,

COC, CLAS, and CER (you'll soon find out which two of these are fake). Whatever your niche is - whether it be your Computer

Science major or your newfound passion for the rugby scrum - don't be afraid to embrace it.

You will mess up. You're going to lock yourself out of your room while showering and have to call security. You're going to accidentally double-book yourself for dinner at both Foss and Bob's. You're going to be the last one to get BBM. And that's okay. You will create memories that will be recounted at your 40th Colby reunion; sometimes the best stories are the ones that only make sense to a few.

You should be proud of the place you've earned in the Class of 2020.

Greene on the college experience



Since joining Colby, President Greene has received widespread praise from the Colby community.

Courtesy of Fred Felt

cont'd from Welcome, p. 1

make you more informed and engaged students but they will also help prepare you to make meaningful contributions when you graduate.

You are embarking on the intellectual journey of your life. And you begin this journey in a community that is committed to your success. When you need help, as we all do at times, ask for it. We don't travel alone

at Colby, so open yourself to relationships that are illuminating, nourishing, sustaining. Say hello to one another—it is surprising what a simple greeting and act of respect can do to open new possibilities. And please say hello to me as well. I look forward to getting to know you and to considering, together, how we can make the Colby experience as productive as possible.

I know it may be hard to imagine right now, but the next four years will go quickly—just

ask any senior you see. So don't delay. If you haven't already, start thinking now about what you want out of your Colby experience, then go get it. It's all right here for you.

Sincerely,

David A. Greene
President
Colby College

The Colby Echo

Published by the students of
Colby College since 1877

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A message from the Dean of the College

By KARLENE BURRELL-McRAE '94
Dean of the College

Your decision to join the Colby College community began some time ago. For many of you, college has always been a part of your trajectory—it was an expectation. For others, your experiences growing up didn't necessarily promote or include consideration of college, but a family member, mentor, teacher, counselor or

life event changed that. Regardless of whether the idea of college has always been with you or whether you believed such an experience was even possible, you worked and studied hard, made sacrifices, showed great determination and resilience to achieve success. Your commitment to excellence and intellectual inquiry, and your drive to be the best do bett-

landed you, the Class of 2020, on Mayflower Hill. Congratulations to all of you on such an astounding accomplishment.

As you begin this next chapter of your journey, each of you already has something in common—you have chosen to enter an extraordinary institution, one that cares deeply about who you are, what you have already attained and what we know you are capable of achieving, in and outside the classroom. You are

joining a community that believes in intellectual growth, in challenging each other to be our better selves, in standing up for what is right, and in always thinking about how to build a more creative, robust and inclusive community. We are excited to welcome you.

Your time on campus begins with the joy and exhaustion of orientation. It is a time to expand your mind, identify ways to engage the environment,

It is a time to expand your mind, identify ways to engage the environment, give back...and most importantly, meet new people

the environment, give back through civic engagement, push your limits through your COOT (Colby Outdoor Orientation Trips) experience and most importantly, meet new people—students, staff and faculty. We are your biggest cheerleaders, steadfastly committed to helping you make the connection necessary to continue your growth and success. During this time, we encourage you to be courageous and open, and to have fun. Of course,

there is much more to share with you about your four-year exploration, and we look forward to being part of your journey. In the meantime, be yourself, be bold, and enjoy!

Welcome again to Colby College.

Sincerely,
Karlene Burrell-McRae '94
Dean of the College



Karlene Burrell-McRae

Courtesy of Colby Office of Communications

SGA President and VP Welcome Message

cont'd from SGA p. 1

You will meet amazing people. Your peers come from all corners of the Earth, your professors are experts in their field, and your dorm's custodian will do the most perhaps to make the Hill feel like home. You will get to hear from world-renowned artists, academics, and activists. Take advantage of these opportunities. Sign up for Pottery Club. Go to events because you're curious, because your roommate has been speaking Russian in his/

her sleep and you need to see if they're real deal.

Ultimately, you will get out of Colby as much as you put into it. Colby is a place that inspires us to grow both individually and as a community. You can choose to experience Colby passively, or you can choose to be an active participant in shaping the College's future.

We look forward to seeing how the Class of 2020 contributes this year and beyond. Please do not hesitate to reach out to either of us for suggestions, questions, or concerns.

The Hume away from home



The Hume Center is a favorite spot of many students, especially those who work at the College over the summer. It is just one of the many idyllic spots where students spend their time during their years on the Hill.

Courtesy of Artisan Porter 15

Welcome from the Career Center!

By JORDAN BELL
Assistant Director
Colby Career Center

You just got to college and probably haven't even caught your first frisbee, tripped on your first step in Miller or hacked your first Hacky Sack. Hacky Sack is still a thing right? So it may seem too early to start thinking careers, but it is not! We will work with you to figure out what you are passionate about, what skills you want to develop and create a plan of action for your four years at Colby including how and when to do job shadows, internships and more so you can be best positioned for success when you graduate in 2020. All you need to do is come see us!

Here's how you can begin the first steps to the rest of your life:

- Come find us in Eustis 107! Eustis is located centrally on campus near Lovejoy and across from the Cotter Union. Drop in, call us (207-859-4146), or schedule an appointment on Career-

Link (go to Calendar → Counseling Appointments).

- Find out things that you didn't know you don't know. It is a good idea to check in and have an informal chat with us about your interests and start to create a plan for how you can continue exploring your interests and gain experience in different areas. You've never job searched like this before - but we know it well and can give you guidance.

- Take advantage of all our services. We can sharpen your resume, mock interview you before you do the real thing, possibly provide you internship funding for that unpaid internship experience, and much more. We have many career exploration tools available to you in person and online. Our drop-in hours do not require an appointment. Just pop in to our office between 2-4pm, Monday through Thursday.

- Enroll in our PPEP series! This JanPlan you can participate in our Professional Pathways Exploration and Planning se-

ries, called PPEP for short. This program is designed to take you through all the necessary professional development stages each year you are at Colby. Ask us how to participate!

- Check your email. As a college student, you get a LOT of emails from classes, departments and programs on campus. Don't let ours get lost in the shuffle! We will help direct you on how to indicate your interests and preferences so you only get relevant content from us. That way when you see something from us, you know it is something you should be reading.

I know it seems early, but conversations you'll have with us may affect what you major in, where you study abroad, what groups you get involved in on campus and certainly how you spend your summers. It's all tied together.

So come on by! We hope you'll come see us soon and we look forward to meeting you! Oh, and visit us at Colby.edu/careercenter.

Campus authority on living at Colby

By KIM KENNISTON
Associate Director of Campus
Life and Residential Education

Words of wisdom from Campus Life

Welcome Class of 2020 and transfer students. We are so excited to welcome you into the Colby Community and have been looking forward to your arrival all summer!

I would like to thank the Echo staff for giving me this opportunity to share some of my thoughts about starting off your first year at Colby.

All of you have probably seen my name a lot of times this summer, as I am the staff member that sent out all the e-mails about housing, and ultimately your housing assignment and roommate information. I am a member of the Office of Campus Life, which is on the second

will remember for a long time. Driving onto campus, checking in, getting your room key, and finally making it to your room and starting the unloading process will be so memorable. Don't forget at the end of the day to take the time to say goodbye to your families and tell them that you love them, and thank them for all that they have done to help you get to this point of your life.

Ask everyone you meet lots of questions. You are the focus of the College during Orientation and the faculty and staff are eager to meet you and answer questions. Remember, we don't expect you to have all the answers, though we are not mind readers and don't know what you specifically need if you don't ask us.

Go to your faculty's office hours and introduce yourself. Colby has an amazing faculty that enjoy the personal connection they can have with their students. Invite them to lunch or dinner through the Take Your

Tips from Campus Life

- Embrace the nervousness
- Ask everyone you meet lots of questions
- Go to your faculty's office hours
- Try all three dining halls
- Look up from your phones

Professor to Lunch Program, which allows you to pick their brain on a variety of different topics, not just class.

Look up from your phones when you are walking on campus and say hello to other people: this is a great way to meet new friends.

Before you pick your

campus, located with us in the Office of Outdoor Education, which not only organizes COOT, but also does so much more through giving us the opportunity to learn and experience the great outdoors here in beautiful Maine.

Now, onto some of my thoughts about your first moments at Colby: embrace the nervousness and excitement that many of you may feel. This will keep you moving through opening day and Orientation. Opening day can be a whirlwind, but it is one of those days that you

vorite" dining hall, try all three of them. They each have amazing food and a different feel to them. You will also be able to meet different people at each of them.

If you can, attend the Campus Life Expo and join a club/organization. It can be one that you already have an interest in or one that you don't know much about, but wish you did.

Use your time at Colby to explore and grow in ways that you never thought would be possible. Have a great day, and again, welcome to Colby!

The Career Center's Future Home: Grossman Hall



Architectural renderings of the new Career Center offices in Grossman Hall.

Courtesy of Ann Botto Architects

**COLBY
MUSEUM
OF ART**

Check out the Colby Museum of Art!

Hours

Monday: Closed

Tuesday-Saturday: 10 a.m. - 5 p.m.

Sunday: 12 p.m. - 5 p.m.

The Goldfarb Center for Public Affairs and Civic Engagement

BY THE GOLDFARB CENTER

The Goldfarb Center for Public Affairs and Civic Engagement brings Colby students, faculty, and staff together to make connections between work in the classroom and contemporary political, economic, social, and environmental issues.

Founded in 2003 with a generous gift from Colby Trustee William Goldfarb '68, P'00, the center aims to link the Colby community with local, state, national, and international leaders to explore creative, interdisciplinary approaches to complex challenges.

Located on the first floor of the Diamond Building, the center sponsors lectures, panels, discussions, film showings, and a broad range of public affairs events. It sponsors student and faculty research, internships, and an array of other exciting opportunities.

The center also oversees several community engagement programs, including Colby Cares About Kids. Founded in 2001, CCAK pairs Colby stu-

dents (mentors) and local children in grades K-8 (mentees) to promote academic and social success. The goal of the program is to provide a consistent, reliable adult presence in the lives of children who live in the greater Waterville area. Mentors act as role models, friends, and academic guides.

In the coming semester, the Goldfarb Center will continue their focus on the election process. Given the flaws and shortcomings in the current system, elections in America are critically important events that shape public policy and the character of our nation," noted Director Dan Shea.

Last year, the center launched a slate of diverse initiatives to explore the past, present, and future of elections in the United States. One of the highlights this coming term will be a roundtable discussion on October 5th with three of the nation's premier political journalists: E.J. Dionne of the Washington Post, David Shribman of Pittsburgh Post-Gazette and Eliana Johnson of the National Review.

On October 23rd, the Gold-

farb Center will sponsor the 4th annual Lovejoy Student Journalism Conference as part of the Elmhurst Lovejoy Award for Excellence in Journalism. The title for this year's conference is "Media at a Crossroads? What's Ahead for Building Journalists?" The day-long program will bring together a wide range of experts -- from some of the nation's best reporters and editors, to renowned academics and media gurus -- to chart some of the shifts in the workings of

the press due to evolutions in society, technology, and market pressures. They will also offer insight that will help college reporters and aspiring journalists adapt to the changing tides.

An additional set of programs that the center will continue to develop in the coming year will be off-site opportunities for students. Last spring, for example, the center co-sponsored a 3-day trip to Washington DC for 15 students. The program entailed lectures, receptions, conversa-

tions with alumni, tours of the capital, and more. "Our aim is to diversify our programming," notes Assistant Director Amanda Cooley. "Opportunities like the DC tour certainly move us in that direction."

In any given academic year the Goldfarb Center sponsors or co-sponsors upwards of 50 programs and events. To learn about upcoming programs and ways to be involved, visit the center's website at colby.edu/goldfarb.

Last year, the center launched a slate of diverse initiatives to explore the past, present, and future of elections.



Dan Harris '93 addresses the audience at an event hosted by the Goldfarb Center in 2015.

Courtesy of The Goldfarb Center

Ways to explore spirituality at Colby

BY KURT NELSON
DEAN OF RELIGIOUS &
SPIRITUAL LIFE

It is a great joy to add my welcome to you, the Class of 2020. I believe and trust you need to be a place full of opportunity, and good will, and challenge.

Colby is a place to ponder big questions, ideas, and to explore your sense of purpose and meaning, value and community. In that spirit, the Office of Religious and Spiritual Life seeks to promote the spiritual well-being of the entire Colby community.

Before I offer a snapshot of that means, note that we have a special group just for you incoming students. If you're jazzed about engaging the local community, looking to ask big questions with your peers, or simply concerned about finding community, consider applying for Lives of Purpose (colby.edu/spiritual). There are so many ways with youth and families at the local shelter and have terrific conversations about meaning, purpose and hope. Non-secular, and open to all incoming students who want to commit.

Our staff Chaplains and Dean of Religious and Spiritual Life, Advisors, and Affiliates provide leadership, worship, spiritual counseling, and a wide variety of programmatic offerings. We offer ample opportunity to grow in our distinct religious and moral traditions as well as to meaningfully encounter others. Our simple message - You are welcome.

Religious & Spiritual activity abound. If you're looking for it, pray at the Rose Chapel on Friday afternoons for Juma prayer with the Colby Muslim Society. The Catholic Campus Ministry gathers for worship, prayer and spiritual direction.

Friday night candle lighting, Shabbat dinners, Jewish festivals and cultural enrichment are hosted by Colby Hillel. Rabbi Rachel Isaacs also provides classes on Jewish topics. Gather

for Ecumenical Christian Chapel Services with dinner every Sunday evening, led by Dean Kurt Nelson.

Meditation groups gather each Tuesday (Meditation Group) and Thursday (Zen Practice) in the Rose Chapel at 4 PM. Student-led groups - Hillel, Quaker Student Fellowship, Colby Muslim Group, Global Friends Christian Fellowship, InterVarsity Christian Fellowship, Ecumenical Christian Fellowship - gather often for prayer, conversation, food, and social life.

And opportunities to build community across religious lines from our Multi-Faith Council, Lives of Purpose, and inter-faith alternative break trip are open to all students.

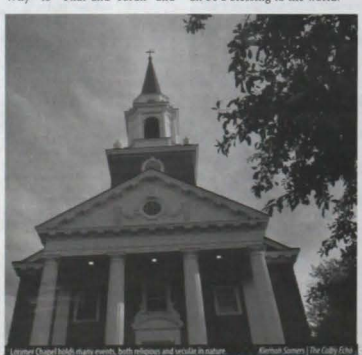
Members of the world's religious traditions - atheists, agnostics, seekers, and anywhere in between, all interested will find welcome and activity of interest. From "Stories of Faith" to "What Matters to Me and Why" to "Thai and Torah" and

"Tea and Cookies" you can find much to do.

But perhaps more important, is the space simply to breathe, connect, and converse. Our Chaplains and Dean are available for spiritual counsel and care (or really any conversation). Space is available to sit and reflect, or read and study, or connect with fellow travelers on the journey of life and education.

Find us at High Holiday services, open houses, and our Ice Cream Social. Presence and questions are always welcome in the Office of Religious and Spiritual Life. Services and offerings are always open to all. Opportunities to connect with local faith communities abound.

The Office of Religious and Spiritual Life is here to support the entire Colby community in its broad education of Faith and doubt, convictions and questions, certainty and yearning, all belong to this place. The OREL hopes to be a blessing to all of Colby, that in time we might all be a blessing to the world.



Rose Chapel holds many events, both religious and secular in nature.

Courtesy of The Colby Echo

How to stop the Wifi woes: helpful IT tips

BY STUDENT COMPUTER SERVICES,
INFORMATION TECHNOLOGY SERVICES

Welcome Class of 2020! For help with your computer or other technical questions, please contact us at scs@colby.edu, 207-859-4224 or by visiting our office in Lovejoy 120 during the following hours:

Monday-Thursday 8 a.m. to 10 p.m.
Friday 8 a.m. to 6 p.m.
Saturday 2 p.m. - 6 p.m.
Sunday 4 p.m. to 10 p.m.

Student Computer Services is staffed by highly knowledgeable students who can provide assistance in connecting to the Colby network (wired and wireless), install Microsoft Office and other software, install and configure printers, and remove viruses and spyware.

For major support, such as re-imaging your computer or hardware repairs you should get help from your computer's manufacturer under warranty coverage or seek the services of a local vendor. A listing of local vendors can be found on the ITS website.

A new wireless (Wifi) network was installed throughout campus last year—if you aren't getting a good signal in your room or have any other difficulties or questions about wireless connections, please contact Student Computer Services for assistance.

Tips For Computing at Colby

- Campus Wireless Networks—there are two wireless networks on campus, "Colby Access" and "Colby Guest Access." Students should always use the "Colby Access" network -- it is secured and permits access to campus services such as file and print servers.
- The "Colby Guest Access" net-

work is intended for use by visitors and guests and, unlike "Colby Access" does not contain a web link. Phishing attacks and malware are captured and removed.

- Students who have wireless devices such as e-readers or gaming consoles that require an Internet connection but cannot connect to the "Colby Access" network can register these devices by visiting <https://clearpass.colby.edu> or by contacting Student Computer Services. Once registered, students must use "Colby Guest Access" for these devices.
- Don't get phished! Beware of any suspicious emails from a seemingly legitimate business containing a web link. Phishers capture passwords and use your information to perpetuate fraudulent activities. Some fraudulent emails look like they're even coming from Colby stating your mailbox is full or you've reached your quota. Remember: ITS will never request personal information such as your password through email. If you're unsure about a suspicious email, email us at scs@colby.edu to see if it's legitimate or not. If you responded to a phishing email by accident, please change your password immediately using the link in the "Info" tab on MyColby.
- More Information about phishing attacks and ways to protect your account and your privacy are available on the web in the Info tab on MyColby and in the ITS website.
- Get the full Microsoft Office suite installed on your computer - stop by Student Computer Services or download from MyColby.
- Practice Green Computing at Colby, especially by printing duplex and only what you need. See the ITS website for more information.

Tips from the class of 2017 Co-Presidents

By GRACE DINI '17 & MUEBE ESMAT '17
Senior Class Co-Presidents

Greetings Class of 2020, We are the Senior Class Presidents on Colby's Student Government Association. Our names are Grace Dini and Muebe Esmat. We are here to plan and speak on behalf of our senior class for the academic year of 2016 to 2017. We will be planning pub night (Wednesdays), burritos (Thursdays), senior week (week leading into graduation, and other miscellaneous events throughout the

year. On occasion we meet with Colby trustees, faculty and staff, fellow students, and clubs on campus.

As seniors, if we could give you one piece of advice it would be to expand your horizons. Expand them by meeting new people in different grades, taking classes in different departments, joining iFy, club, or varsity sports, inviting a professor to lunch, striking a conversation with the staff around campus, and doing other things that would unintentionally skip our daily routines. Our Colby experience is more than the people you meet in the classroom, on sports

fields, or in your dorms... so don't hold yourself back. Go out there and find something new about yourself. Who knows! Maybe that something new will become your biggest passion for years to come.

Lastly, our senior class is very interested in hosting an event with your freshman class. Once we have a so-vary sports, you will be sure to hear about it! Please feel free to contact us with any questions/concerns, or just to meet us and say hello.

You can check out Colby's SGA website! It will be updated throughout the year at <https://www.colby.edu/sga/>

Muebe's Contact Info:
Dorm: Dana 212
Phone: 207-313-9172
Email: muebe@colby.edu
Instagram: [muebeesmat](https://www.instagram.com/muebeesmat)
Other involvement on Campus:
Co-chair of the Museum Student Advisory Board
Research assistant at the Colby College Museum of Art
Peer educator for the sexual assault prevention program

Grace's Contact Info:
Dorm: Apartment 101 Apt 216
Phone: 860-670-2940
Email: gracedini@colby.edu
Instagram: [dun22](https://www.instagram.com/dun22)
Other involvement on Campus:
Co-chair of Relay for Life
Mentor for Colby Cares About Kids
Parking Ticket Appeal Committee
Committee for Off-Campus Study
Former member of Colby Women's Track and Field team

Junior Class Co-President's wise words

By LIZ PAULINO '18, MADDIE PARTIDGE '18, JACOB ADNER '18, & KAT RESTREPO '18
Junior Class Co-Presidents

Welcome to Colby Class of 2020! Our Names are Liz Paulino, Maddie Partidge, Jacob Adner, and Kat Restrepo. We will be alternating as your junior class presidents, with Jacob and Kat in the fall and Maddie and Liz in the spring. SGA is the Student Government Association, is a part of why this place is really special. At a school this small, we want to make sure that students have a voice and that every voice counts just as much as the next. We hope that you can challenge your views and really ask questions of yourselves because at the end of the day who you were in high school does not matter here.

In the upcoming year you'll be introduced to a number of changes that will really affect you. Two of these are the new position of Dean's the College and Bon Appetit Dining Services, really showcase the role that SGA and students have in the decision making process. The search and eventual hiring of Karlene Burrell-McRae '94 was

done after much student feedback and involvement. Our new dining services was also decided on after much committee work as well. You don't have to be really involved to know that this place has endless potential. Colby has so much to offer, getting involved in a club or group on campus will expose you to a whole new world of people. Colby has a club for almost any activity you can think of, and if not SGA's Oversight of Clubs On Campus committee can help you create one!

Some of our goals for this year are transparency, collectivity, and community. We want to

connect you to and let you know what's happening at an administrative level, bring people together through cohesive programming and really make sure we represent you and our respective Colby bubbles.

One way we want to improve your input on SGA decisions is by including more surveys. Keeping everyone in the loop will help us make decisions that have your voices behind them!

We want to continue building a community, not just a collection of grades, clubs, or sports teams. This means getting everyone excited about being at Colby and hosting

events and creating opportunities that are accessible to all. Transportation is at the forefront of what we believe can make a difference; better transport options would allow students to enjoy Waterville (and Maine in general), as well as safely attend Bar Nights (sorry 21+).

We want everyone to have the most fulfilling experience they possibly can while at Colby. Entering our third year, we came up with some advice that helped interested in Colby home. In a dorm of student life, don't be shy to get involved and play an active role in shaping your Colby experience by joining one of our SGA's many committees (anyone can apply!), you can collaborate directly with different administrative groups on campus, from housing to parking tickets. If that's not your style, join your Colby Council, run for class President, or really dedicate yourself to a club or another organization, don't be afraid to be a leader as a first year. Another important thing that many people fall victim to is settling into what's most comfortable to us, especially socially. This goes from daily conversations to routines and friend groups, but it's always exciting to shake things up a bit, so even if none of your friends are going, check out that club you're interested in, or go to that event, you may be surprised at how many other people are there without their safety nets! We hope everyone enjoys this school year and to the class of 2020, welcome to the Hill!

Most importantly, we want you to stand up to us, we need it! It is upon ourselves to make Colby a welcoming space for all. While we must foster constructive discussions, we cannot allow ourselves to condone hatred or intolerance of any kind. Due to past events at Colby and in the world around us, we need to stay mindful. Protect your fellow students, stand up to us, or do something that is harmful to others. Do not be afraid to apologize or to ask for an apology. That is the only way to move forward. It is for one Maled Dini to come talk to us or contact us through email or social media. We are more than glad to talk!

Join our friendly neighborhood co-presidents, Muebe Esmat & Grace Dini.

Join Lives of Purpose!

By SYD ABRAMS '17
Student Coordinator

Hello there Colby College Class of 2020!

My name is Syd Abrams, and I am the Student Coordinator for the LoP Purpose (LoP) program here on campus - a partnership between the Colby Volunteering Center and the Office of Religious & Spiritual Life. When coming to Colby, I was interested in developing and sustaining a meaningful, balanced and fulfilling college career. My vision of this included being a good student, volunteering, developing my beliefs, and thinking critically about our world today.

Transitioning to college can be tough, but with a group like LoP, it makes it a bit easier. LoP is a group that allows for first years to connect with peers easily and early on. Together we build relationships with each other, faculty members, and community partners. We have the opportunity to discuss important issues during our weekly dinners and volunteer at the Mid-

Maine Officers' Shelter.

LoP offers a chance, from day one, to get involved in the community, meet great people, and have important conversations. It's open to incoming students of any or no tradition, those experienced in volunteering and those new. All we ask for is that you have a service and a desire to build new connections around big questions.

You will be faced with a lot of challenges and opportunities in the coming year, I suggest you say yes, try new things, and keep your heart and mind open to the unknown.

I invite you to learn more and apply at www.colby.edu/spiritual. Applications are accepting on a rolling basis.

Have a great summer and see you soon!

P.S. Reach out to me at sabrams@colby.edu if you have questions. Or be in touch with our advisor, Kari Nelson, Dean of Religious & Spiritual Life at knelson@colby.edu anytime. Our discussion leaders Thu Le '19 and Rachel Jia '19 would be happy to hear from you too.

Stay active and healthy with Colby Athletics

By DEPARTMENT OF ATHLETICS

Welcome to Colby! We are happy to have you on Mayflower Hill and encourage you take a few moments to visit us in the Harold Alford Athletic Center.

Nearly a third of Colby's students participate in at least one of the 32 intercollegiate varsity sports and others participate in our many club sports through iFy. Club teams and sports are organized by students and are based on interest and demand. If you have an interest in something we do not offer please let us know.

The Harold Alford Athletic Center features the Bouslos Family Fitness Center. The facility includes free weight use, selectized machines, and cardio equipment. The 300-seat Whitmore/Mitchell Court at Wadsworth Gymnasium is home to the basketball and volleyball teams. The new women's hockey team plays at 1,700-seat Alford Rink, while the 1,700-seat practice rink and the Danaway Courts. Many the student teams enjoy the iFy Swimming Pool, with an entrance above the Bouslos Family Fitness Center. The field house at Colby is located on the ground floor and can be viewed from the fitness center. The indoor track and field teams use the 220-yard track during the winter. A 27-foot climbing wall is also located in the field house.

Seavens Field at Harold Alford Stadium is across the street from the Athletics Center and is home to the men's lacrosse and field teams. Men's lacrosse and men's soccer play occasional games on the field.

Bill Alford Field, located across the street from the Roberts building, hosts the field hockey and lacrosse teams. The Colby Soccer Field, adjacent to the Bill Alford Field, is home to our men's and women's soccer teams. The Colby Baseball/Softball Complex, next to the Alford-Wadsworth Tennis Courts, currently being refurbished and available in mid-September) are the only two baseball and softball artificial turf fields in the NESCAAC. Colby is proud to be the leader in the New England Small College Athletic Conference (NESCAAC) in building artificial turf surfaces. The College has four artificial turf surfaces, more than any of the other 10 colleges in the conference. All of our facilities are available for your use when not previously scheduled.

Cross-country skiing enthusiasts, bikers, and joggers can use Quarry Road Trails, located within walking distance of Colby. The Campbell Center, named after Nelson, is also terrific for running and skiing.

The Carl E. Nelson Center is a sports medicine facility in the athletic center. Five athletic trainers, student athletic trainers, and Colby student workers staff the center.

The Colby Department of Athletics welcomes you make use of our fantastic facilities and to attend varsity sports competitions during the year, with free admission to all games. You can pick up athletic gear at the Colby Athletic Center desk at the Harold Alford Athletic Center or in other places around campus. The athletics department also will have a new website in early September where you can visit. Come cheer on the Males!

Your friendly neighborhood Class Presidents

By KYNDAL STEWART '19 & NZEAR KADDOURI '19
Sophomore Class Co-Presidents

Welcome back to Colby, Males! We are glad to see you back on the hill! As sophomore class presidents, we are excited to kick-start this year, and are confident that we will have an amazing fall semester.

As co-presidents, our main focus is geared toward planning events for the sophomore class, fostering class spirit and unity as well as providing a point of contact between the administration and the student body.

As we all know, Colby's community can sometimes seem like its own microcosm. It is easy for us students to go about our day without stepping a foot off campus. Yet we can do better. Waterville and Maine have so much to offer. With President Green's plan to revamp Downtown Waterville, we will focus on fostering a tighter relationship between the Colby community and Waterville through group volunteering projects, similar to C2IT, as well as cooperating with local businesses.

We all want to break the isolating atmosphere inside Colby as well. We believe that to have the best experience that Colby can offer, students need to expand their conversations and interactions to spaces beyond our classrooms. This semester, we will work on having collabor-

ative events between clubs, and hopefully create new friendships on campus.

Another project that we will dedicate our efforts to this year is revamping Colby Closet, a donation-based program that allowed students to "check-out" business clothing for their internships, job interviews, and other professional needs. The project lost leadership and was abandoned a few years ago.

With the help of our former co-president, Tucker Meehan, we are beginning to see a new beginning for Colby Closet. If you're interested in helping us with our cause or have clothes that you would like to donate, please email either of us at nkadoduri@colby.edu and andkustaw@colby.edu.

While it may be SGA's job to encourage positive growth at Colby and beyond, it is also the duty of the student body to make Colby the best place that it can be. Classes and professors are only one small part of the Colby experience; you will learn some of your most important lessons from the other people. So, come advise from us; go out and meet new people! Try to seek people you wouldn't usually

converse with in high school, or even last year. Broaden your horizons and take a chance!

Don't be afraid to engage in discussions, even if they make you uncomfortable. It is important to learn the difference between feeling uncomfortable and unsafe. We challenge you to engage in uncomfortable conversations and allow yourself to grow. Remember, we all came here seeking all kinds of knowledge. Don't limit your growth. Ask questions!

Most importantly, we want you to stand up to us, we need it! It is upon ourselves to make Colby a welcoming space for all. While we must foster constructive discussions, we cannot allow ourselves to condone hatred or intolerance of any kind. Due to past events at Colby and in the world around us, we need to stay mindful. Protect your fellow students, stand up to us, or do something that is harmful to others. Do not be afraid to apologize or to ask for an apology. That is the only way to move forward. It is for one Maled Dini to come talk to us or contact us through email or social media. We are more than glad to talk!

Join our friendly neighborhood co-presidents, Muebe Esmat & Grace Dini.

CCAK: A great way to get involved and help the community

By Lori Morin
Director of CCAK

Everyone's doing it! You'll hear your parents voices in your head saying, "Just because your friend jumps off a bridge, does that mean you should too?" but this is one instance where your life may improve by following the crowd. The "crowd" consists of 1/4 of the Colby campus that participate in the Colby Cares About Kids (CCAK) mentoring program. Being part of this crowd does not mean you need to mold yourself to fit any particular standards. CCAK is made up of Colby students from a variety of interests and backgrounds. Where will you see a CCAK t-shirt being worn? Anywhere, including the gym, the art studios, a government lecture, an international student host family dinner, and a poetry reading. This variety works wonderful with the varying children in need of a mentor. The only requirement is dependability.

There is a reason such a large portion of the campus participates in CCAK. Many mentors

describe the weekly visits as their favorite part of the week. Stepping back in time to your four-square years or sharing your love of your favorite childhood book is a healthy break for your intense college schedule. In addition to helping a child in need, it can have a dramatic impact on your own life.

For example, Meg Fortier '16 reflected on her experience, "Seeing her positive approach to her school-work and to my visits, despite her tough home life, helps me keep my own life and complaints in perspective and appreciate the awesome time I get to have with my mentee every week."

Ask any overclassmen if they are a CCAK mentor. Each mentoring relationship has different dynamics, so you may want to hear from more than one mentor. Mentors help children with

Making that child feel there is one adult who can devote 100% of their attention a couple hours a week has a dramatic impact.

issues such as organization, college aspirations, building peer relations, and increasing confidence. Making that child feel there is one adult who can devote 100% of their attention a couple hours a week has a dramatic impact.

If you are interested in joining, or just want to learn more, please attend the Fall CCAK Information Session on Sunday, September 18 from 7-8 pm in Diamond 142. Attendance at this session is required if you would like to apply for CCAK this fall semester. If you attend the CCAK Information Session and do not choose to apply to become a mentor, the presentation will allow you to walk away with a better understanding of the Greater Waterville Area from the perspective of the youth.



The CCAK End of Year Barbecue is a fun event where mentors visit campus for the day.

Courtesy of CCAK

Top tips for using the Colby Libraries

By THE COLBY
COLLEGE LIBRARIES

Welcome from all of us at the Colby College Libraries. We are here to make your first year smooth and successful. Top Tips for Using the Colby Libraries:

1. **Use your Colby ID card**
Your Colby ID card is your library card. Use it to check out books, DVDs, CDs, and reserve materials. Your Colby card can also be used for photocopying, buying a seat at the vendors' tables, and paying your library fines.
2. **Use our study spaces**
You have 3 beautiful libraries to choose from: Miller, Bixler Art & Music, and Olin Science. We offer over 1,000 seats in a variety of study spaces to fit your needs – quiet floors, individual carrels, group study areas, and Special Collections. Check out

www.colby.edu/libraries for hours and more information.

3. **Get to know your Personal Librarian**
Log in to MyColby to be introduced to your Personal Librarian, one of Colby's friendly librarians who will be consulting with you throughout the year and offering information and support for your 1st-year at Colby. FMI: <http://www.colby.edu/libraries/research/help/plp/> or search "personal librarian" on Colby's website.

4. **Check out the Libraries' Research Guides**
Google giving you too many hits? Check out the Libraries' Research Guides: a great place to start your research. More than 100 Guides point you to relevant, reliable resources for every Colby academic program. Whether you need to find books, articles, or websites for your course assignments, check out the Guides:

libguides.colby.edu

5. **Connect from anywhere**
Hunkering down in the dorm or traveling on the weekend? No worries! Connect to the Libraries' website and get access to millions of journal articles, e-books, and other electronic resources by starting at the Libraries' home page and logging in using your Colby ID.

6. **Get Computer and Writing Help**
At the Academic IT Help Desk in Miller you can get help from peer tutors on questions about software such as MS Office Suite, Photoshop, WordPress, and Gmail/ColbyApps. The Farnham Writers' Center on Miller's second floor has 50 peer tutors willing to offer help with writing. To schedule an appointment or learn about programs and drop-in hours, please visit the Writers' Center website at web.colby.edu/farnham-writerscenter. Any questions? Call us at 859-5100.

A warm welcome from PPD

By PHYSICAL PLANT DEPARTMENT

Dear Students,
Welcome to Colby! The Physical Plant Department is responsible for the planning, building and maintenance of the college's facilities, grounds, infrastructure, and campus sustainability. In keeping with our broad charge, we will soon have a new name – Facilities and Campus Planning.

We take care of every kind of campus space and place – classrooms, labs, residence halls, athletic facilities, grounds, parking lots and sidewalks, heating and cooling systems, water, and more.

Our staff work long hours through August and early September to get the campus ready for move-in, including the fabulous RE-USE Sale. We are proud of our work, care deeply about the campus, are willing to share our knowledge of the campus, and help in any way we can. So if you see anyone from

our department in the course of your day, in your dorms, classroom buildings or out on the grounds, please stop in to say hi, thank them, or ask them for assistance if you need it.

Last year, we had several fun projects with students. The SGA hosted lunch and Facilities Open House, where we had demonstrations of our work, including a new carbon neutral sign. Over the coming year, we hope to continue our collaboration to improve the residential and campus experience for all. Colby's sustainability ranking is among the world's highest. We're in the top five of AASHE Green schools, and have been carbon neutral since 2013. We're proud of our achievements and are committed to continuing improvement. Student involvement is an essential part of our everyday work keeping the campus going and green.

Students work with us on a wide range of jobs – from EcoReps to design – so please reach out to Bill Pottle and the Sustainability Office about your area of interest.

Last year, we completed the Roberts renovation and the Base-

ball and Softball Fields. This year, construction began on the Center for Postgraduate Success in Grossman Hall, along with design on the new Athletics Complex.

We will continue to be busy with these and other projects large and small. You will see experts recycling and composting across the campus as well as more bikes and native landscaping. You are always welcome to contact us with questions – call, email, or just drop by.

Welcome again – we look forward to sharing your energy, excitement, campus stewardship, and of course, the Colby Affirmation.



The Garrison Foster Health Center

Healthy Colby living, brought to you by the Health Center

By THE GARRISON FOSTER
HEALTH CENTER

10. **Play Smarter, Not Harder**
Science has discovered that you will be fun, social and energetic without drinking—if you simply believe you can be. Lots of students don't drink, and it's cool to take a night off. No matter what, avoid punchbowl, any cocktail you didn't make yourself, and combining alcohol with caffeinated beverages or medications. Make choices you know are right for you.

9. **Build Community**
Colby is full of bright, interesting people from all over the world. Whether you are introverted or extroverted, seek meaningful connection with others, and embrace the unexpected in the people you meet.

8. **Protect Yourself**
The Health Center supplies free condoms, latex barriers, and lube in the foyer of Garrison Foster. Every student is eligible for free annual STD and HIV testing. For testing or to strategize your contraception and disease prevention plan, schedule an appointment at x4460.

7. **Embrace Mental Wellness**
Anxiety is a normal reaction to stress and depression happens. Make a habit of talking about your feelings, and reach out to the supportive people in your life. If you cannot shake your concerns or would like a confidential outlet, contact Counseling Services at x4390 or the Health Center at x4460.

6. **Practice Respect**
If you engage in sexual activi-

ty, communicate your consent clearly and ask your partner to do the same. Play an active role in a culture of respect.

5. **Curb Binge-Watching**
Start your Colby career with an effort to limit screen time. Using devices late at night interferes with your sleep, and everyone's favorite procrastination technique can lead to major stress when due dates roll around.

4. **Fight the Flu**
Avoid feeling miserable in flu season by grabbing a flu shot at one of the Health Center's November clinics. Other great strategies: wash your hands often, get enough rest, use coping strategies: wash your hands often, and if you do get sick, stay in bed.

3. **Eat Well**
Think ahead to your schedule and energy needs for the day, then choose a variety of healthy foods at each meal. If you need some help creating a meal plan that works for you, resources are available in the dining halls and at the health center!

2. **Move**
There's almost nothing that is not improved with regular exercise. Walk, run, hike, lift, play the possibilities are endless. Contact the Colby Outing Club, look into iPlay, attend a class at the Athletic Center, or start something on your own.

1. **Prioritize Sleep**
College life is busy, but skimping on sleep makes you irritable and sluggish, decreases concentration and test performance, and leads to poorer choices. Plan ahead for a good night's rest.



Courtesy of Colby College

The impact of volunteering

By SARAH NEAL '18
Co-Director of the
Colby Volunteer Center

One general fact about the Colby College student body? We share an undeniable connection with the greater Waterville community. We recognize the importance in ensuring that our interactions with the town aren't limited to the occasional trip to Shaw's or Walmart for a couple of groceries. We can appreciate the stories and history of the people who live just outside the limits of our campus, and realize that it is our duty to give back and make our presence here beneficial for everyone.

One of the ways we work to pop the "Colby bubble" that disconnects us from the rest of Waterville is through service. The Colby Volunteer Center is a completely student run organization that helps to facilitate volunteerism opportunities with over 25 sites in and around the Waterville area. Student willingness to donate their time is obvious when looking at the numbers in the last semester, students logged 1,000+ hours volunteering at these sites. This is an incredible number for such a small school.

Solidifying ourselves as Colby's cultural landscape, the CVC embodies the Colby affirmation by providing students with opportunities outside of the classroom to

engage "ourselves, each other, and our physical environment" through active, honest, and compassionate engagement with one another. Not only does this volunteerism initiative strengthen our relationships with the community beyond campus, but it also fosters a tighter knit community right here. There are few more satisfying activities to do with your friends than volunteering.

The CVC hosts several events to promote volunteerism together, from the Halloween Extravaganza to the Great Break to the Colby Cares Day (CCD) is our biggest annual, community-wide volunteering event, completely run by the CVC. Each spring, around 200 Colby students spend their Saturday attending to community needs, such as spring-cleaning, painting and yard cleanup. This spring, we incorporated a new element into CCD: an open reception with food and entertainment in downtown Waterville to celebrate the community's hard work.

If you are interested in doing anything from serving meals at the Mid-Maine Homeless Shelter to gaining clinical experience by volunteering at Maine General Hospital, please don't hesitate to email cvc@colby.edu. A full list of our programs can be found online at <http://www.colby.edu/volunteercenter>.

Pop the "Colby Bubble," Volunteer!

How to get involved in Theater & Dance at Colby

By JIM THURSTON
Chair, DEPARTMENT OF
THEATER & DANCE

Welcome back returning students and a special welcome to the Class of 2020 from the Department of Theater and Dance! There are so many opportunities awaiting you this year on campus and the Department of Theater and Dance is delighted to play an important role in the vibrancy of the Colby community. Our 2016-2017 season is full of engaging courses, rewarding production experiences, and vibrant programming from faculty, staff, and professional guest artists.

One thing that makes our department distinctive among peer institutions is a special focus on original devised work and student-driven performance. At the heart of our creative, collaborative process is a commitment to use student-driven ideas to forge larger, complete performance events. Whether experimental laboratory projects using multi-media, or fully produced main-stage productions, students collaborate with department faculty and staff to transform insights into the human condition to concrete public performances through a rigorous pedagogy and production process. Department faculty and staff bring substantial knowledge to this partnership with a wide range of expertise in all areas of performance theory and practice including: performance research, playwriting, acting, dance, directing, choreography, production management, design, stagecraft, computational performance, front of house management, and performance criticism.

Interested to learn more about theater and dance opportunities at Colby? The Department of Theater and

Dance offers an Open House on Wednesday, September 7 from 6-7 p.m. in the Runnells Building. This is a wonderful opportunity to meet other interested students, meet faculty and staff in the department, and to learn about upcoming auditions, courses offered, and student employment. After this Open House auditions will be held for the fall semester main-stage production *The Master Builder*. This production, directed by Professor Toby Bercovi, will present a fascinating look at intergenerational dynamics, hubris, and perception. Some engaging roles for men and women!

In addition to *The Master Builder*, the Department of Theater and Dance presents a professional production of *The Life and Death of Queen Margaret* in September, welcomes back alumnus Alexis Atkinson '15 to present her original one-woman show *Constellations* in October, and finishes the semester with *Boxers*, *Ethnographers*, *Bullfighters*, *Workers*, *Printers*: A Dance Concert in December with artistic direction by Professor Annie Kloppenberg.

Throughout the year the Department of Theater and Dance offers lectures, master classes, workshops, and other events aimed at supporting the performing arts at Colby. For more information about the department, including how to obtain tickets for performances, visit www.colby.edu/theateranddance. Friend of the Department of Theater and Dance Facebook site means you will keep up on audition notices, news about productions and professional opportunities, and updates on what inspiring work our alumni are doing.

Questions about the Department of Theater and Dance? Contact Jim Thurston, Chair, at jethurston@colby.edu.

Five things Colby alumni wish they had known as first years

By SARAH WHITFIELD '09
Assistant Director
Colby Career Center

1. "I wish I'd known there was snow!" But seriously, it gets pretty cold up here. As a native Mainer I was always used to the Maine winters but the wind on the Hill is a whole other animal. Just make sure you have lots of layers going into October. Before you know it, you'll be wearing shorts and flip flops as soon as it hits 30 degrees again.

2. "I wish I'd known how to talk to my professors from the very beginning." This means talking to them more than just for a quick question. As one alum said, "Not just simple questions after class about the material, but thoughtful debates, questions about projects [you are] interested in

beyond the material, and even outside [your] major." So go to those office hours!

3. "I wish I'd used the library to go into Waterville more... more Maine exploring in general."

Take the opportunity to go downtown. There are quite a few shops, bars, and restaurants who would love to see you. There are also numerous festivals and events as well as lots of investment and development going on downtown. Plus, Mainers are pretty darn nice people on the whole. Chances are you or someone in your friend group has a car (there's Zipcar on campus if not!) and there are parks, light-houses, lakes, mountains, and whoopie pies all within a one to two hour drive.

4. "I wish I'd gone to the Career Center." Full disclosure, I do work for

the Career Center and I did personally say this. After only two years back on the Hill, I've realized how much easier I could have made things for myself had I actually prepared before my senior spring. So come see us in Eustis 107 or don't hesitate to call (207-859-4140) or email me (smwhitfi@colby.edu).

5. "I wish I'd appreciated the Colby staff." About a year or two after you leave Colby you'll realize how awesome it was that someone prepared every meal for you and then washed your dishes. Someone also got up in the wee hours of the morning to shovel out your path through the snow to class. And yet another person left your bathroom sparkling clean. Many people work behind the scenes, so just make sure you take a moment to say "thanks" every so often.



All Colby students are welcome to audition for any of the productions put on by the Theater and Dance department.

(Courtesy of Colby Theater and Dance)

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Oak Institute for Human Rights

By BLAIR DIXON '18
Oak Student Assistant

The Oak Institute for Human Rights seeks to rip open the "Colby bubble," which has a tendency to shield students from some of the most serious problems in the world. By inviting a front-line human rights activist to campus every fall, we strive to increase awareness about critical issues like political violence, censorship, and racial or gender discrimination that may not be on the immediate radar of many students. Oak is a unique program at Colby, well-known for its engaging, challenging and inspiring programming on campus.

This year, we will focus for the very first time on the connection between human rights and the arts. Our 2016 fellow, Khalid Albaih, is a political cartoonist who hails from Sudan but lives

in Doha, Qatar. He will join us this semester to show how art can shine a light on human rights abuses – not just in the Middle East and North Africa but throughout the world.

Albaih, who operates primarily on the web, became a viral sensation during the 2011 Arab Spring Uprising, where a number of his pieces were duplicated and re-produced on city walls in places like Cairo and Sana'a. His cartoons celebrate citizen movements for democracy and free expression while also critiquing Western practices that include drone strikes in Iraq and Syria, the indefinite detention of prisoners at Guantanamo Bay, and fear of Muslim

refugees. Albaih has drawn attention to the ongoing election for U.S. president, hammering GOP candidate Donald Trump for his Islamophobic rhetoric and policies. He shatters preconceived notions about "terrorists" and

"lovers of liberty" while forcing all viewers to reflect on their own role in the oppression of others.

Oak expects its annual Fellow to learn from members of the campus community as much as they are to learn from him. Due to this year's theme, we will be collaborating routinely with the Colby Art Museum as well as academic programs like Art and Theater & Dance. We also will work closely with the Center for the Arts and Humanities, which has chosen "Revolutions" as its theme for this year.

Albaih, who has described himself as a "virtual revolutionist," stood out in an incredibly deep pool of applicants due to the simplicity of his cartoons that speak volumes, along with his excitement about cooperating with students, staff and faculty to bring awareness to issues that affect his life and the lives of a myriad of others. The Oak Institute is eager for Albaih to share his passion with Colby and hopes that, as a result, we grow as a community.

Students interested in learning more about our organization should contact me (Blair Dixon), this year's Oak student assistant, or Sarah Peck and Elizabeth Bryan, the co-chairs of the Oak Student Committee.



Khalid Albaih will serve as this year's Oak Institute for Human Rights Fellow

Courtesy of The Oak Institute

We strive to increase awareness about critical issues like political violence, censorship, and racial or gender discrimination that may not be on the immediate radar of many students.

Wise Words from Security

By PETER S. CHENEVERT
Director of Security

I love fall on the Colby campus! I would like to take this opportunity to welcome you to Colby College and to wish you success with your individual endeavors.

Colby College and its surrounding community offer a quality of life that is widely appreciated and valued by nearly all who live here. Much of what we value so greatly contrasts sharply with life in the nation's urban centers. Because our community is safer than many others, it is all too easy for members of the Colby community to be complacent or careless

about their safety and to assume that crime does not occur here. Crime does exist at Colby. Members of the College community are rudely awakened to this reality when they find themselves victims. The comments of these victims are often the same: "I didn't think things like this happened here!"

The reality upon crime prevention does not rest solely with the Department of Security, it is shared by you and all the members of the College community. Your awareness is the most important factor

Your awareness is the most important factor in crime prevention.

in crime prevention. The success of prevention depends largely on you following sound safety practices and to recognize and immediately reporting suspicious or criminal activity. Remember, the potential for crime does exist, but by following the suggestions outlined in this booklet you can substantially reduce the possibility of becoming a victim.

We in the Department of Security have prepared this booklet to assist you in ensuring that your experience at Colby will be happy and safe.

Pugh Community Board

By JASMYN DAVIS '17 &
ESTHER MATHEU '17
Chair and Vice Chair of PCB

Welcome to the Hill, Class of 2020! Our names are Jasmyne Davis and Esther Mathieu and we serve as the Chair and Vice Chair of the Pugh Community Board (PCB). PCB is a student-run programming organization that plans events in hopes of cultivating an increasingly aware, celebratory, and multicultural campus. Our events range from discussions, workshops, lectures, and performances that all touch upon the concept of personal or communal identity. As you start your experience as a Colby student, PCB would like to welcome you to engage with us throughout our year of programming.

A little bit more about what PCB does – One of our most popular scale events is our PCB Coffees. At these events, students enjoy refreshments while participating in a facilitated discussion surrounding a contemporary issue. Attending a PCB Coffee is a great way to become a part of important conversations on campus, especially if you prefer interacting in smaller group settings.

There will also be opportunities to engage with us as soon as the fall semester begins! September 15-October 15 is Hispanic Heritage Month, and to celebrate this month, PCB and Students Organized for Black/Hispanic Unity (SOBHU) will host a variety of upbeat cultural events for the whole campus to partake in. This campus, for the next few years, will be your community and home. As seniors re-

flecting on our last year in college, we hope that the beginning of your time at Colby is exciting, full of new friends and fun. Take the time to seek out spaces on campus that make Colby feel comfortable. But we also hope that, as Colby becomes your home, you are interested in pushing that home to be the best place it can be. Notice not only the strengths, but also the weaknesses of the institution you have chosen. We hope that you will see that the family of faces around you is worth fighting for, and that you will help us as we try to talk our way through difficult topics, to understand one another, and to fight for the place we all love. We hope that PCB can be a home within a home for you, a place where you feel safe to challenge and be challenged, whether you are an occasional attendee, a frequent presence at our programming, or become a board member yourself. We hope that in the weeks to come, at some of our events, you will find the same sense of purpose with us.

And if PCB is not the place that drives you, we hope that you find that fire somewhere else. And all we ask is this – think, question, challenge, grow. You are allowed to explore what you want and need from this institution. Make mistakes and own up to them. Do what you believe in. Do what makes you come alive – and do these things in such a way that you are helping others to do the same. Welcome to Colby, Class of 2020. Thank you for sharing your home. We can't wait to meet you, to grow with you, and to see what you do next.

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PCB is headquartered in located in The Pugh Center

Courtesy of The Pugh Center

Listen to the Calls of the Sirens

Become a Meglomanic!

By MOLLY MIZUSAKA '17
Sirens A Capella Head

Welcome to the Hill. Class of 2020. We are the Colby College Sirens, an all-female a cappella group. The Sirens were founded in 1999 by several Colby women, including Professor Karen Macker of the Sociology Department, so our group will be turning a fresh 18 this spring!

You'll quickly notice that each a cappella group at Colby occupies its own little niche and brings a different sound to the Hill. Someone once described the Siren sound as "female pop anthem with a dash of Ingrid Michelson." We think that sells us a little short, but only a little. We might be a bit more Imogen Heap than Ingrid, but we do love a good power ballad. As far as we're concerned, Beyoncé is a set list staple.

One thing that distinguishes Sirens is what we call our round

table: any Siren is welcome to offer criticism, ideas or arrangements. Because we are a small group, we also choose to share solos, rather than audition for them. We like to hear every Siren featured in every song.

While we love the sweatpants, hair tied, chilling with no makeup on vibe that comes with all gal rehearsal time, we've also been known to team up with the Blue Lights, Colby's Tallest A Cappella Group. They're a ragtag brood of miscreants, but we like them nonetheless, and try to sing a song or two with them every year. If you're wondering about our performance outfits, we're trying our best but none of us know what "semi formal attire" means, so please just lay off. It's called style. Look it up.

During the year, we generally do a few samplers (one for you, one for Parents' Weekend, one for Feb Frosh) with the other a cappella groups where we sing two or three songs. We also have

two concerts (one in the fall, one in the spring) where we sing all of the songs we've learned that semester, which is usually somewhere between eight and ten. Throughout the year, we have smaller performances either at Colby events or in Waterville, and we sometimes even travel to other locations for competitions or events. Our first performance this school year will be Thursday, September 22nd at 5:00pm in Waterville for the Downtown Waterville Music Series! The Colby Eight will also be performing, so you should definitely come check it out!

We're so excited for you to be here and we are having auditions this fall, so if you're at all interested, come visit us at the Club Expo on Saturday, September 10th to sign up for an audition slot! If you can't make the Club Expo or you have any questions, feel free to e-mail one of our Sirens, Molly, at mizusaka@colby.edu. We can't wait for this year!

By SARAH HOFFMAN '18 &
JESSICA LUTIAN '18
Meglomanics A Capella

Hi! We are the Meglomanics, Colby's a cappella group that:

1. Has the highest aggregate SAT score.
2. Is tied for the most felony charges (1 charge).
3. Is the oldest but least co-ed co-ed a cappella group on campus.

The Megs are the funky-fresh a cappella group on campus, with a passion for rainin' rain, gardening, the game of Stump, and sometimes singing. We have a concert once per semester with the occasional "Megalaphunk" sprinkled in there as well as rehearsals. CONSTANTLY (jk) we're super flexible with schedule plans (join). You can check out our youtube channel ("The Colby Meglomanics") for some real examples of our beautiful voices, though the most recent YouTube channel only goes back a year, because we've forgotten the password annually since 2008.

Hear from some of our current members as to why they chose the Megs!

"I joined the Megs because I was dragged to the auditions by a girl I was hooking up with. She didn't get, but here I am." - ANONYMOUS

"I owned two million converse

not to join." - @like.Love.NY2018

"I was sexually AND emotionally attracted to Nick Manning." - we received this submission from multiple members)

"I'm chem free, and the Megs give me a high no drug could provide." - @vinylbiggie1

"Not only did I make friends, but I also got so much support for my gardening." - @beawatch802

"I was promised cheap wine." - @bawatch802

"My favorite texture is singing....wait, what's a Meg?" - @questionqueen

"We have a whole lot of history and more than 10 years." - @ImWithHerButAlsoWithHer

"I've been singing with @cholos since we were in the womb, so it was time for us to join separate groups." - @WhatHappenOnRetreatStayOnRetreat

"My brother was once legally murdered me if I had joined another group." - @youngloosie

"I moved here from California, which doesn't have music. I discovered music at the sampler, and the Megs changed my life." - @undercommitted2017

If we want you to get anything

"The Megs really like to sing and garden (sometimes at the same time), and we're looking for some pretty amazing people. Every booth at the club fair to sign up for an audition!"



The Megs are one of the most popular groups on campus.

Courtesy of The Megs

EVE: Everything Vocal Ensemble

By CATLIN FARRINGTON '18
Eve A Capella

First of all, welcome, Class of 2020 and returning Colby Mules! I am beyond excited to meet new faces and reunite with old ones. On behalf of EVE a cappella, I'd like to express how genuinely proud we are for the year to begin, because not only does that mean coming together with friends and the wonderful Colby faculty and staff, it also means jumping into our favorite extracurricular activities (or trying new ones). Fall is a great time to explore the diverse range of clubs Colby has to offer, and EVE would love to be a part of your Colby experience.

EVE a cappella is an all-female group that was originally formed in an effort to increase the level of diversity and cultural awareness in Colby's a cappella community. Performing several songs each semester in other languages and encouraging any and all inter-

ested singers to audition, EVE has remained devoted to openness, individuality, and of course, fun! We perform at events such as Relay for Life, International Extravaganza, and other various community gatherings. Our group likes to sing a bit of everything—and by that I just mean that we don't stick to any particular genre of music. We just focus on our sound in general and hope our audience enjoys the result as much as we do!

My personal experience with EVE has been a great one. Freshman year was definitely not an easy feat. Between the new challenges of rigorous college courses, meeting new people, and trying to find my niche, the first semester at Colby really forced me to find out more about who I am and what matters to me. Singing had been a major part of my life since I was young and I knew it was something I wanted to engage in at Colby. I auditioned for several groups and went to what felt like a million booths at the

club fair, scribbling my name and email over and over again, feeling like I just blended into the crowd. It's easy to question your sense of belonging in a place so unfamiliar, so crammed full of people and possibilities. I certainly did. I wondered if I would find where I "fit in" at Colby or if I was bound to wander the campus in search of it forever. Luckily, when I stepped into the audition room with those EVE members, they made me feel right at home. Those girls were kind, extremely supportive, and vital to my transition into life at Colby. Every single member of EVE has become like a sister to me. They're not only there for encouragement during rehearsals and performances, they're a huge part of my everyday life. Now, starting my junior year, I'm eager to help provide that same feeling of belonging and a passion for music to some new members of the Colby community. So, if you're looking for a close-knit sisterhood and like to sing, audition for EVE!

For Mediocre Singers

By KAT RESTREPO '18 &
ADDIE BULLOCK '18
Mediocre A Capella

Hello Colby! My name is Kat Restrepo and I am the co-founder and co-president of Mediocre. Colby's first and only a cappella group for mediocre singers! Mediocre, which will celebrate its third year this coming spring, currently has 26 awesome performance members and even more friends and fans. Our singers all share one important characteristic: we LOVE to sing, but... by traditional standards... don't have the best voices. On a scale of 1-10, we aim to maintain a group average of a 5. Solidly mediocre. We perform a variety of tunes from all genres, ranging from artists like the Black Eyed Peas, Akon and Miley Cyrus to classics like Marvin Gaye and Hilary Duff. We have even been known to drop some original lyrics and beats. We have two concerts a year, one in the fall semester and one in the spring, and perform at numerous other events throughout the year as well. Our co-ed group is filled with fun and energetic people, looking to have a blast singing and performing. As member "omo" (T18) says, "Mediocre is always a little time from rehearsal to concerts."

Mediocre was founded by a group of Colby freshmen that

loved a cappella but didn't see room for themselves in the traditional (and fabulous!) a cappella groups. So one night, two freshmen coot sisters (myself and Addie Bullock), who had bonded over their mutual love of singing in the shower, submitted the idea for Mediocre to SGA for club approval. We had come up with the idea with a couple other friends and honestly thought it was a shot in the dark. But Mediocre was unanimously passed by SGA and has been thriving ever since. Founding member Kylie Simpson perfectly captured the essence of our club when she said, "Mediocre is so much fun and has introduced me to some pretty amazing people. Everyone is so supportive, no matter how tone deaf you are."

Mediocre is looking forward to another awesome year up on the hill. With many of our members looking to study abroad this year, we will be holding try outs in the fall semester and look forward to meeting some new mules! As founding member Gretchen O'Brien puts it, "Mediocre is a great break from the stress of work and school," and is a super fun way to meet some awesome people. For any questions regarding Mediocre, please contact me, Kat Restrepo (krestrepo@colby.edu) or Addie Bullock (abullock@colby.edu). Thank you and have a fabulous year!



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Why You Should Join Women's Rugby

By SIERRA FULLER
Colby Women's Rugby

When I joined rugby my friends and family were confused. I didn't play a sport in high school, didn't know how to lift, wasn't really an aggressive person... So why did this random who didn't even clean join rugby? There are infinite reasons. If you ask a rugger (what rugby players call themselves), they'll be able to tell you, you more in depth than I will be able to convey in 500 words. No really, go find a rugger and talk to them. They are friendly. I promise. Until you do, I'll try to explain.

It's fun. Who doesn't love getting dirty on the field? I'll make you wet that sweat though. It'll make you hard (those muscles too). It'll make you scream (those cheers too). All sexual innuendo aside, rugby is a game. It's supposed to be fun. And not just the sport, but the team is fun. You'll see us dancing on chairs to Shaggy's "It Wasn't Me" on Saturday morning in Dana. We roll into Foss covered in mud, sopping wet after a rainy practice. We be up in the gym working on our fitness blasting Fergie. We go swim in our coach's pool and hang out with her two giant huskies. We sing inappropriate songs, share beers (with those that are of age. I see you Prez Greener), and get #lit together at socials.

Rugby is an instant family. You're joining a sport, but you're also joining a team. A badass team. Our team is diverse; we have something like eight dif-

ferent countries represented on the pitch. Our team is inclusive; we have a position on the team whose purpose is to take care of and look out for the rookies (new players). Our team is a team; my best friends are ruggers and I know they support me wherever I am.

It's for everyone. We mean it when we say "rugby is for everyone." There's no one body type, experience level, fitness level, commitment level to play. We got big girls, we got short girls, we got all types. No matter your identities, colors, hometown, or history, rugby is for you. It's for everyone because empowerment is for everyone. Honestly, it builds confidence when you know you can take some girl three times your size to the ground.

There's no pressure. What's different between varsity sports

and club sports is the commitment level. With rugby, you will not get cut, because there's a spectrum of commitment. We understand that there are other things that you want to do with your time at Colby and that's totally fine. We aren't a cult, we aren't here to tell you how to spend your time, but obviously if a player doesn't show up to practice, they probably won't start in Saturday's game. It's okay to come to your first practice not knowing what a scrum is or if you even want to know. We don't make rookies sign a blood oath. There is no pressure. You can play rugby and have a kind of GPA and go party and be involved in clubs, acapella, theatre/dance, SGA, CCAK, and a million other things. We have girls that do all that.

Once you join rugby, everyone on the team is a friend - feel free to ask to sit with them at a meal, in class, or just hang out on the quad. Now go talk to a rugger and hear what it was like making that first tackle. Go to a practice and tackle someone yourself. See you on the pitch.

Welcome! From The Men's Rugby Team

By JACK SEARS '17
Colby Men's Rugby

Colby rugby is an integral component of the Colby community providing students with the opportunity to learn about and play the world's fastest growing sport while developing enduring friendships and enjoying the camaraderie and spirit that make Colby unique. Rugby is a fast-paced game that incorporates aspects of many other competitive sports to create an exciting game that requires players of all sizes, shapes, and athletic backgrounds. Rugby calls upon diverse skill sets that are part and parcel of a game that rewards team cohesion and collaboration over individual talent; as a result, it is only natural that rugby players, coaches, and supporters generate long-lasting and robust relationships. It is because of these strong relationships that Colby "ruggers" often refer to Colby rugby as their broader family on campus and are always ready and excited to welcome new members and support those that seek to join the team and action.

During the fall season, the Colby men's rugby team participates in the New England Rugby Football Union Championship North Division, competing against NESAC rivals Bowdoin and Bates as well as the University of Maine-Farmington, the University of Maine-Orono, the University of New England, and Maine Maritime Academy. Six games are held on campus and are always ready and excited to welcome new members and support those that seek to join the team and action.

ed in learning more and participating is welcome to join a practice. During the winter, the team holds less frequent sessions, and these sessions focus on fitness and skills training in preparation for a short spring season. Once warmer weather returns to Mayflower Hill, the rugby team returns outside to prepare for their "tournament season," which involves participation in the Maine State tournament and the Beast of the East tournament. The "Beast" is the Western Hemisphere's largest collegiate rugby tournament, a colorful event at which the men's team has the past two years enjoyed success, reaching the semi-finals and finishing 2nd.

The team and its supporters are looking forward to even more success this coming season as the squad is led by a strong core of experienced talent and its fantastic coach and leader, former Samoan international player, World Cup veteran, and the most over-qualified coach in collegiate rugby, Leo La'ailai. There is no one more inspiring, genuine, or better to learn from and the rest of the team and coaching staff are always excited to help newcomers learn the game that they love and would relish having them join the supportive Colby rugby family.

For further info on the men's rugby program do not hesitate to contact Jack Sears at idears@colby.edu. We all look forward to introducing you to the sport we love, our community, and activities on campus, and to help you become a part of a proud tradition of Colby ruggers.



Colby Women's Rugby

Courtesy of CMRC

Tips from the Tour Guides!

By MERRILL READ '19 &
NATALIE JONES '18
Tour Guides

FIRST YEARS! Welcome to campus! You are now starting your glorious journey through Colby! Before being admitted you possibly took a tour, attended an information session, or had an interview - so we're excited that we were likely a choice in your decision to come to Colby! Since we are clearly such incredible role models/qualified mules, we thought we'd take this opportunity to share with you a few pieces of college life advice. For example, when asked for his input, Griffin Green '17 commented, "What kind of inspirational quote are you looking for?" Helpful Griffin, thanks!

The biggest recommendation we can give you - especially if you want to join our amazing team of tour guides/wonderful human beings in the basement of Admissions called Lunder Milfin - is to GET INVOLVED. That's right - during the Club Fair, don't be afraid to sign your name onto every piece of paper in sight. Your email may be constantly flooded, but you'll have NO REGRETS (not even one letter) about all the opportunities it provides, and all the experiences you will have (OH THE PLACES YOU'LL GO).

If you don't really like to join clubs, then VOLUNTEER! Join your magic with the great people of Waterville and feed good

about what you're doing. The best way to make Colby and our surrounding area the best it can be is to become a part of it.

Our favorite thing to discuss on tours is - you guessed it - our experiences here on Mayflower Hill. So beyond volunteerism and club participation, be sure to attend EVERY SINGLE EVENT THAT TAKES PLACE. Stay up past midnight every night to read the General Announcements from beginning to end, and schedule your entire life around the concerts, movie nights, open mic nights - mentioned in everyone's favorite daily newsletter.

Now you're away from your folks (NO PARENTS NO RULES) and really become a Colby student. It is time to both work hard, and (of course) play hard. It's a good idea to balance, so maybe if you have a huge paper due Monday that you haven't started, it's a good idea to crank it out on Friday

and then leave room for some fun on Saturday.)

On a serious note, we can share with you, guys, it is to HAVE FUN. These are (unlike high school days) truly the best four years of your life, and the ones you'll never get back. Enjoy them to the fullest extent possible. Keep it simple, but just put yourself out there. You probably already started the awkward "oh, what dorm are you in?" or "hey, uh, can I have your number?" (This happens a lot even if you're simply making a friend), but everyone does it. It's normal, no one knows anyone, MEET EVERYONE! Have awesome school spirit. Go to games, performances, try out different activities. If you buy into the Colby Mule Spirit, it makes the Mule Mub less bland. Last, but anything besides least...

GO MULES!!!!



Colby Men's Rugby

Courtesy of CMRC

Want to write for the Echo?

Contact Co-Editors-in-Chief

Kiernan Somers

(kjsomers@colby.edu)

or Caroline Ferguson

(cefergus@colby.edu)

Get Choppin' With Woodsmen

By JACK FURNY '17
Woodsmen Team Captain

I remember vividly the first day I went down to the Woodsmen field. It was pouring rain while the both the men's and women's teams were practicing for an upcoming meet. I was bewildered, while watching, by their aptitude for a sport which I had never heard of or seen before. At the end of the pulp log toss practice, I was invited to throw a log from one side of the 20 foot long pit to the other. I picked it up and threw it as far as I could. Of course I barely threw it half-way and completely covered myself with mud! However, the next thing I knew someone put their hand on my back saying I should run over, pick up the log and try again.

Woodsmen has been full of that support when I have faced new challenges and if you are curious about the team, as I was, we want to welcome you down to the field.

There is something new for almost everyone that discovers us in the woods behind Hillside parking lot. We are full of people that are incredibly motivated to show new recruits a wide variety of events from Axe Throw to V-Chop to Pulp Log Toss and many more. It can be challenging to learn many of these events as all veteran woodsmen know. So don't be shy, ask one of us about any event that interests you. We will be establishing a Woodsman Wednesday this year where we will put a team member in a prominent place on campus to escort those in-

terested out to the field for an introduction to all the events we practice everyday. We are an incredibly tight-knit and friendly club that simply enjoys being active outdoors as much as we enjoy supporting

each other. We are all excited to meet you and are looking forward to seeing you down at the field. We want to develop your curiosity into interest and participation, so please join us!



The Woodsmen Team is a co-ed outdoors club that competes against other schools. Courtesy of Colby Woodsmen

Ultimate Frisbee Wants You!

By JACOB ADNER '18
Ultimate Frisbee Team Captain

Ever feel the urge to throw something really far? Ever wonder if you could make plastic fly? If you answered yes to either of those questions, you are in luck! The Dazzlin' Asses welcome YOU to Colby and to learn about the most fascinating sport on campus! Colby Ultimate Frisbee brings a lot of fun loving people together for a great workout and an all around good time. All you need are some cleats and a smile.

Ultimate Frisbee is a sport that combines elements of football, basketball, and soccer into a game meant for anyone. A typical game involves fourteen players, 7v7, on a field that is 70 yards long and 40 yards wide with 25-yard end zones. The objective is to pass the disc, or the Frisbee, from player to player eventually to a teammate in the end zone for a goal. However, players

cannot run with the disc and must establish a pivot foot, like in basketball, to throw the disc before they can start moving again. Defenders can stall, or count, to ten while the offender has the disc. If that time runs out, it is a turnover and change of possession. Defenders attempt to knock the Frisbee out of the air to create a turn over as well. Since Frisbee is a non-contact sport, it requires a great deal of skill and determination to play good defense. Halftime is when one team scores 7 points and the game is played until one team scores 15 points.

Typically, college ultimate is played in tournament format. Colby has travelled all over to play in a multitude of competitions. Notably, the men's team made Division 3 Nationals in 2011 and won the 2015 high tide tournament in Myrtle Beach, South Carolina. The mixed team took home third place in the 2016 high tide tournament. The big tournaments every year include lobster pot, (a large tournament in Maine in the fall) and the high tide spring break tournament, which lasts a week every year. Most of the tournaments in the fall are fun tournaments geared towards helping people learn the game. The fall is also a mixed season where the men and women both practice and play on the same team. The spring is seen as the competitive season where the men and women split by gender and play in fewer, more competitive tournaments.

The Frisbee team is a great group of approachable and engaging people. You can always find us on Olin Lawn or in the bowl, the field of grass between Davis and Diamond. We play all sorts of games and welcome anyone who just wants to have a good time and meet some great people. We practice five days a week for two hours a day, but by no means is anyone required to come every day. Welcome to Colby, and we hope you come hang out with us and potentially learn a new, fun, and exciting sport!



The Colby Ultimate Frisbee Team made Division 3 Nationals in 2011.

Courtesy of Colby Ultimate Frisbee

The Essential Guide to Colby Campus Lingo

AMS: Abbreviation for Anthony-Mitchell-Schupf.

Dana Beach: The large, terrace-like landing outside the first floor of Dana.

CA: Stands for Community Advisor, your go-to person for any housing issues.

CBB: Term used to refer to Colby, Bowdoin, and Bates.

Feb-Fresh: First-years who arrive on campus in January after spending their first semester abroad in Dijon, France or Salamanca, Spain.

Frat Row: Also known as Roberts Row, Frat Row consists of the dorms that used to be fraternity houses: Piper, Diamond, Goddard-Hodgkins, Treworgy, Pierce, and Perkins-Wilson.

Go-Go: Abbreviation for Goddard-Hodgkins.

Truge: Abbreviation for Treworgy.

Pe-Wi: Abbreviation for Perkins-Wilson.

Hillside: Cluster of five white dorms behind AMS: Taylor, Sturtevant, Leonard, Marriner, and Williams.

Sturdy: Abbreviation for Sturtevant.

WHOP: Waterville House of Pizza, open until 2 a.m. for late night deliveries.

COC: Abbreviation for the Colby Outing Club.

WMHB: Campus radio station: 89.7 FM.

NESCAC: Abbreviation for New England Small College Athletic Conference.

Loudness: The first and last weekends of every semester where the campus turns into one big party.

JanPlan: January term on campus.

SSWAC: Abbreviation for Schair-Swenson-Watson Alumni Center.

Kuya: Abbreviation for Mirakuya Japanese Restaurant.

Apte: Abbreviation for Alford Senior Apartments.

SGA: Abbreviation for Student Government Association.

Doghead: Colby's St. Patrick's day celebration that lasts all day and night.

Spa: Shorthand for Puffer Pavillion, Cotter Union, and the Joseph Family Spa.

SPB: Abbreviation for the Student Planning Board.

PCB: Abbreviation for the Pugh Community Board.

CVC: Abbreviation for the Colby Volunteer Center.

CCAK: Abbreviation for Colby Cares about Kids.

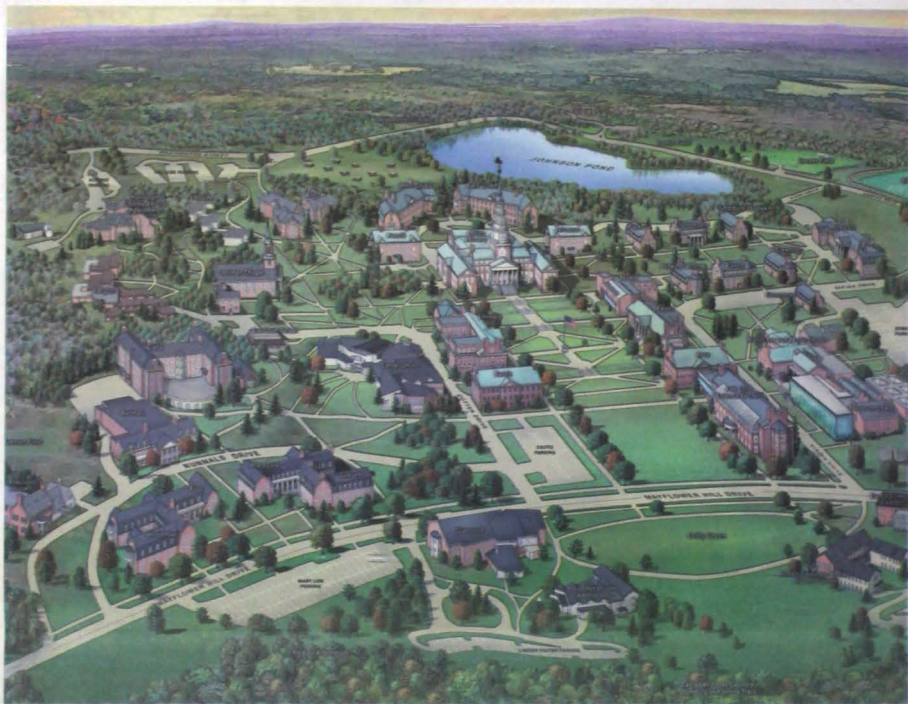
SOBHU: Abbreviation for Students Organized for Black & Hispanic Unity.

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Campus Map



“The Frosh Cheat-sheet”: a guide to your first year

This can be one of the only true “new chapters” in your life thus far. Many of you have spent a lot of time in one environment, and this is your first chance to break out of it. Don’t feel the need to be the same person and don’t be afraid to explore. So long as you are kind, work hard and stick to your values, you will find success here.

Get to know the faculty and staff. If you don’t get into the class you wanted, need guidance on a paper or are nervous about an upcoming exam, talk to your advisors—they’re here to advise you! That being said, it’s natural to form deep and important relationships with faculty and staff members across campus, so don’t miss out on this important resource for both academic and non-academic needs.

Get to know upperclassmen. College can be scary as a first-year, but fortunately, you have about 1,400 other people on campus who know exactly what you’re going through. Make sure to engage with COOP parents, CAS, teammates, cast members, classmates, and anybody else who’s been there before.

Your Colby Card is your life for the next four years. That might be a bit of an exaggeration, but it’s your key into buildings, your entry into the dining halls, your library card, personal ID and should you decide to load it with money (on the “Finance” tab on myColby) as an on-campus debit card. Plus, it’s important to hold onto because it costs \$20 to replace each time you lose it.

Be smart with your money. We’re fortunate in that the College provides us with so many resources. When you need to make new purchases, however, make sure you do your research. Goodwill and local thrift shops have some great stuff, and you can even purchase textbooks more frugally by searching the ISBN number online.

Know your address. It’s good to know for resumes, finances, as well as any care packages people might send you along the way. A standard mailing address is as follows:

[Student Name]
[Box Number] Mayflower Hall
Waterville, ME 04901

It’s easy to navigate the General Announcements. At the end of every e-mail, there’s a link to send or unsubscribe from them. Additionally, if you want to say something specific to your neighbors, it’s possible to use this link to send to a specific residence hall.

The dining halls aren’t your high school cafeterias. While any institution is prone to cliques, sharing tables and sitting freely with people is pretty common. Dining hall staff are also very accommodating and are excellent at catering to allergies and dietary restrictions.

There is an etiquette to the dining halls. The various omelets and flatbread pizza bars serve up personalized dishes. Cutting and especially stealing are a quick way to make enemies. Also, it’s expected that you will be courteous to staff and other students by putting your dishes away and cleaning your area.

There are many ways for students to make money on campus. Everyone is allowed to work two jobs for 12 hours a week, and a large proportion of campus has at least one. On top of regular scientific studies, students can work in administrative offices, tutor and even work on the kickass Echo editorial staff!

Be post office savvy. It’s important to check your box regularly for important school-related mail. It’s also important to know what box or building any packages come to (you’ll get an email before picking it up. Additionally, if you lose the key, it’s \$15 to replace, so hold onto it because you’ll have the same mailbox for all four years.

“Going out” doesn’t always mean emulating college stereotypes. Campus is filled with options, so it’s never good to feel pinned to the standard college party scene. You’ll come to notice that most upperclassmen have weekends filled with a diverse range of activities, and with all the athletic, artistic and philanthropic energy at Colby, there’s no reason to miss out.

Leaving your comfort zone means occasionally leaving campus. Once you acclimate, the College is a really wonderful place. But so is Kennebunk Valley, and the entire state of Maine, for that matter. Whether you’re hiking, volunteering, shopping, or just playing tourist, the “Colby bubble” can be very real—but the Colby community can be even realer.

Numbers You Should Have On-hand

Security (emergencies): 207-859-5911
Security (non-emergencies): 207-859-5530
Garrison-Foster Health Center: 207-859-4460
The Itiny: 207-859-5530
Information Technology (ITS): 207-859-4224
Physical Plant Department (PPD): 207-859-5000

Welcome, and good luck!