



Pres. Greene delivers State of the College address

By KIERNAN SOMERS
Co-Editor-in-Chief

On February 11, the Student Government Association (SGA), in conjunction with the President's office, hosted the State of the College Address; an open forum intended to help inform the community on overarching goals, missions, and plans for the College. In front of a large student audience, Student Body President, Michael Loginoff '16, and Vice-President Brittany Chin '16, began the forum by addressing the issues facing the student body.

Both Loginoff and Chin reiterated that one of their primary concerns is the necessity to reduce dorm vandalism, known more familiarly across campus as "dorm damage." This year in particular, the occurrence of false fire alarm pulls has spiked. The student leaders called for a renewed effort to respect our "home" and a rededication of the Colby Affirmation. Developed in 2013, The Colby Affirmation, which bears the tagline, "Be a Mule, not an Ass," intended to promote respect across all levels of the Colby community. In addition to outlining plans to decrease dorm damage, SGA announced initiatives that focused on masculinity and the role of males in the community, strengthening ties with the Waterville community, and increased engagement between students, faculty, staff, and alumni through events.

Following SGA's short discussion on student issues, President David A. Greene took the podium. Over the course of his two-year tenure at Colby, Greene has made sweeping reforms, overhauling departments and aggressively hiring. In the past two years, Greene has hired five new senior administrators and has also completely reorganized the structure of the President's office. This strategic overhaul has led to the integration of career services and alumni relations, an aggressive expansion of the Office of Admissions and Financial Aid, and the establishment of a Diversity Task Force to examine the overarching institutional approach to diversity.

In his address, Greene identified that his mission over the past two years has been to "focus and redefine the student experience." Greene further delved into what he described as the identifying aspects of the Colby community, highlighting the intellectual culture and the inclusivity of the College. Colby students have long discussed the "work hard, play hard" mentality present on campus and effective ways there might be to change that. Greene discussed his desire to have the "Night Colby" and "Day Colby" become more interconnected. Greene then transitioned to discussing three large-scale special projects being pursued by the college.

As announced in the spring of last year, planning groups were developed to study the effectiveness of the current athletic and performing arts spaces on campus. Greene made it apparent that the planning groups recommended the construction of new property when he jumped into discussing the development of a new performing arts center and a new athletic center. Last year, the College issued \$100 million in debt for "strategic initiatives." Low interest rates stemmed the debt issuance.

While employed at the University of Chicago, Greene spearheaded a similar strategy, increasing the school's debt-load to approximately \$3 billion in order to pursue campus projects. The investment paid off as the school saw a spike in applicants and a jump in its ranking to tie for the fourth-best institution in the US. Colby, according to the *U.S. News & World Report*, is ranked in a tie as the 19th-best liberal arts institution in the US. Colby is the fourth-lowest ranked NESCAC school.

Outside of College rankings, when compared to peer institutions, Colby lags behind in many areas. Greene highlighted fundraising, application numbers, and facilities as a few of these underperforming areas. According to the 2014-2015 Financial Overview produced by the College, fundraising totaled \$21.5 million. Greene announced that this is well below average and that the College is hoping to fund most strategic initiatives moving forward with funds raised in order to avoid large increases to tuition. Currently, tuition accounts for a substantial portion of revenue.

This year, Colby saw a spike in application numbers. In the past two years applications submitted to Colby have nearly doubled, growing 90% since 2013. Applications closed on January 1, 2016 for the Class of 2020, which saw 9,833 applicants, according to a College press release. The Administration has invested heavily in the Office of Admissions and Financial Aid, bringing in a new director, Matt Proto, from Stanford University. Greene commented that under Proto's guidance, admissions officers have traveled across the globe hoping to attract the best students to the school. Greene also stated that the composition of applicants has evolved in conjunction with the school. Colby, which is widely known throughout the northeast, has been trying to increase its national profile. This year, California was second in applicants, and Texas was sixth. Massachusetts, which is the most represented state on campus, was first in applicants.

Greene then began to discuss important facility initiatives that the College is pursuing. Runnals Union, the current performing arts center, is outdated and small in size. The building, which once hosted sorority meeting rooms and the Women's gym on campus, was renovated in 1976 to accommodate Strider Theater, which is the primary performance space on campus. Strider currently seats 262. The College intends to construct a new 90,000 square foot building dedicated to the arts. 15,000 square feet is planned to host a new theater. A slideshow presentation displayed during the address introduced plans for The Colburn School of Performing Art's Zipper Hall, a 430 seat modern concert hall that is approximately 10,000 square feet. The College is considering two possible locations for the



Greene discussed his goals for the College on February 11. Courtesy of Kiernan Somers

center, both in existing parking lots. Throughout the discussion on the performing arts facility, Greene spoke very highly of locating the center in Robert's lot. The Colby College Museum of Art, which is the largest museum in Maine in terms of collection size and floor space, is adjacent to Robert's lot. According to Greene, this location would establish an "arts precinct" that would invite community members to engage with aspects of both the fine arts and the performing arts. The second potential location is in Coburn lot, facing Runnals and adjacent to Diamond, the main facility for the social sciences. This location would provide for a new entrance to one side of the College. The College is currently well known for its museum, which boasts a large and diverse collection of American art that features numerous pieces by James Abbott McNeill Whistler, Alex Katz, and Terry Winters. In an interview with the

Echo, Carolyn Muzzy, Director of the Colby College Museum of Art and Chief Curator expressed her excitement about the institutional strengthening of the performing

arts. She stated: "The new center is an opportunity for Colby to strengthen its identity in the arts." The museum is an institutional partner with Waterville Creates and has helped to develop a robust arts and cultural program in Waterville.

Following the discussion of the new performing arts center, Greene discussed the construction of a new athletic facility. The Harold Alfond Athletic Center is currently the oldest in the NESCAC. The facility is just under 200,000 square feet and lacks competition-ready spaces. Most notably, the swimming facility is unable to host NCAA meets as it fails to meet the standard regulation of 75-feet by 50-meters. The Colby swimming pool is 25-yards by 25-meters. The College is pur-

suing a plan to construct a 343,000 square foot space. Colby recently hired Tim Wheaton as the Harold Alfond Athletic Director to oversee the rebuilding of Colby Athletics. The current facility, which pales in comparison to other NESCAC facilities, has hampered recruiting efforts according to many student-athletes. Colby, which competes in one of the most competitive Division III athletic leagues in the country, has not won a NESCAC championship in five years.

"Within the athletic department, the change in leadership has afforded us an opportunity to be competitive at the highest level in the NESCAC," stated Football Assistant Coach and Coordinator Matt Hanhold. "As a coach you have to be welcoming and embrace change. [Wheaton] has a vision of successful programs highlighted with excellence in the classroom and in society," continued Hanhold. Hanhold has been a coach for 11 years and has seen the landscape within College Athletics dramatically shift. He repeatedly reiterated the necessity for Colby to have world-class facilities to compete on a national scale for the best and most academically-qualified applicants.

The College has partnered with Hopkins Architects, an internationally renowned firm. Hopkins has been the lead architect in designing iconic buildings such as the London 2012 Olympics Velodrome. Greene displayed a campus map showing that the facility would most likely be built on top of the current Bill Alfond Field, which hosts lacrosse, field hockey, and soccer fields, in addition to Loeb's field. The renderings displayed new fields replacing the soccer field and the Alfond Field, but neglected to indicate an additional space to replace Loeb's field, the current home of the Colby Rugby clubs.

Greene highlighted that the new facility would feature an aquatic center with a regulation size pool, a 200-meter indoor track and field house, nine squash courts, an expanded weight room and fitness facility, and a new ice hockey arena.

The Alfond Rink has long been a staple of Colby athletics. Constructed in 1955, the 1,750 seat rink

is one of the oldest in Maine and played host to the first ever women's intercollegiate varsity game in 1975. Greene detailed that the new facility would feature a "grand entrance and hallway that would feature viewing of everything going on in the facility," which according to the renderings, would be across from Pond Drive and Johnson Pond. The College is targeting the facility to be complete by 2020 and is still considering three different potential layouts. In the fall, the College completed construction on a new baseball/softball complex that features turf playing surfaces. The complex is the first in the NESCAC to feature a turf field and allows for both teams to begin play at home earlier in the season. In seasons past, both the baseball and softball teams had to play the large majority of their games on the road due to field conditions.

An additional facility initiative the College is pursuing is the relocation of Career services from Eustis to Grossman Hall. Design on a remodelling of the building is set to be finished in the spring with construction to begin over the summer. The Office of Career services was recently grouped under the newly formed Office of College and Student Advancement, headed up by Vice President for College and Student Advancement Dan Lugo, a new hire from Franklin & Marshall College. Career services recently overhauled its entire program, phasing out the Colby Connect program for the new Professional Pathways Experience & Planning (PPEP) program.

Colby's investments in downtown Waterville have recently garnered a lot of attention. Greene addressed many student questions concerning the College's purchasing of five dilapidated buildings on Main St., as well as the College's intent to purchase a section of a parking lot to construct a new five story mixed-use residential and commercial building that would serve as a dorm for students. The College has sought to utilize the buildings downtown to help pro-

cont'd in *State of College*, p. 2

Local:
Henry Beck
'09
p. 3

Features:
The Desire To
Be Busy
p. 5

Opinions:

p. 6

A&E:
The Nerd
Review
p. 8

Sports:
Men's Basketball
Makes Playoffs
p. 12

State of the College

con't from *Greene, p. 1*

vide a jolt to the local economy. A major step in this process was the establishment of a delivery center by Collaborative Consulting, a technology consulting firm based in Burlington, Massachusetts. Greene highlighted Collaborative's move to Waterville as instrumental in the city's redevelopment. The College has agreed to front most of the relocation costs for Collaborative Consulting.

Colby is now the largest property owner on Main street and has plans to invest even further on Main Street. On February 16, the City Council voted to approve the sale of a ¾ acre lot located on the Concourse, a large parking lot and strip mall off of Main Street. The Concourse was developed in the 1960's and currently plays host to the farmer's market.

The Concourse property would mark the sixth property for Colby. The College is in the process of hiring a Director of Commercial Real Estate to oversee the development of the College's properties, according to the website that has been established to keep the community informed on the redevelopment effort (colby.edu/downtown).

In addition to a new Director of Commercial Real Estate, all of Colby's buildings are to be maintained by an independent property management firm. On campus, all buildings are maintained by College employees of the Physical Plant Department. In addition to the construction of a new dormitory on Main Street, the College has been collaborating with developers to remodel a property into a boutique hotel, renovate buildings to host mixed-use residential and commercial property, and create purpose-built retail space to at-

tract new firms. Colby's involvement in the area has also stimulated additional investment from other developers. Justin DePre '06, along with his brother, have purchased the former Atkins Printing buildings and have begun renovations. Most notably, the DePre's have removed a brick facade, completely changing the face of the building. The DePre brothers are well known among students for owning the "Colby Castles," a group of four residential houses that are popular choices among students who wish to live off campus. GMH Insurance owner Bill Mitchell also purchased property in the Main St. area, on Common Street, with the intention of remodelling the space for offices and a restaurant.

The College and Greene have outlined a five-year evolution for downtown Waterville and they hope to see students, faculty, and staff living on Main St. by 2019. Both the College and Greene have stated that the most immediately achievable goal is to get as many people living and spending money downtown. Greene called Main St. the core of the city and reiterated that without a vibrant and lively core, the city will continue to flounder.

Following the address, Greene welcomed questions from the audience, which was comprised of mostly students. Most questions centered around the feasibility of the projects and the financial burden. Many students were also worried about the impact on the student body and how dorms on Main St. could separate students from the Colby community. Greene closed by encouraging students to get involved in the process and to ask questions.

New role announced for Dean Terhune

By GRANT ALENSON
Asst. News Editor

In an email sent to students on February 10 by President David A. Greene, it was announced that this spring Jim Terhune will conclude his tenth year as Colby's Vice President for Student Affairs and Dean of Students at the end of this academic year.

In that role, Terhune has overseen the staff, departments, and programs that comprise the Division of Student Affairs, which includes Advising Deans, Campus Life (residential education, housing, leadership programs, outdoor education, and student activities), Counseling Services, Student Health Services, International Student programs, the Pugh Center and Multicultural Affairs, Religious and Spiritual Life, and Student Conduct and Discipline.

In the words of Greene, Terhune's role as Dean of Students has helped students "have the resources they need to thrive personally and academically." The Student Affairs staff provides instruction, advice, and support to help students become critical thinkers, effective communicators, ethical leaders, engaged citizens, and creators of knowledge with broad exposure to and understanding of human difference and diversity.

As Dean of Students, Terhune has helped establish the advising dean program and the Bias In-

cident Prevention and Response (BIPR) group, introduced a First Generation to College program, expanded counseling services, and created the Office of Religious and Spiritual Life, the Office of Campus Life, and the Gender and Sexual Diversity Program.

According to Greene's email, Terhune "led efforts to ensure that students from traditionally under-represented groups were well-supported" on the Hill. He advocated for the creation of three crucial positions centered on diversity: Associate Dean and Director of the Pugh Center, Associate Director of the Pugh Center/Director of Gender and Sexual Diversity, and Assistant Director of the Pugh Center for Diversity and Inclusion.

Terhune's contributions, as described by Greene, are "broad and far-reaching," but many have centered on "reimagining and improving the College's programs for student success." This success was thought to start right from student orientation, which Terhune made more well-rounded. Terhune's changes to orientation included adding faculty and an academic aspect, introducing a civic engagement component for all incoming first-year students, and expanding the program options to make the experience more accessible.

In an interview, Terhune described his new role: "[President

Greene's] vision for me is to be able to focus attention on helping to facilitate projects going forward." Terhune noted that, at this point, he knows that one of his first projects will be to work on the "planning and execution of the new athletic facilities."

Greene said in an email correspondence, "Dean Terhune has deep knowledge of Colby and a great appreciation for the student experience. I have asked him to help lead a number of important initiatives, including...identifying new resources to support campus life projects."

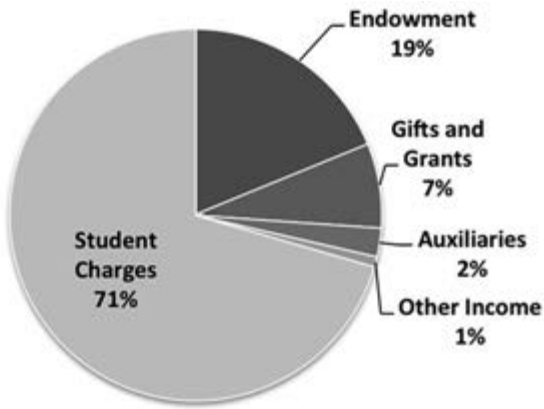
Terhune received an B.A. in English from Middlebury College and conducted his graduate work at Harvard University where he earned an Ed.M. in Administration, Planning, and Social Policy. He began his career in higher education at Middlebury where he worked in student activities and the Dean of Students Office and part-time as the varsity diving coach. Prior to his tenure at Colby, he worked for 15 years at Colgate University in a number of leadership roles including Director of Student Activities, Dean of First-Year Students, Associate Dean of the College, and Dean of Student Affairs.

Terhune will stay on to oversee a number of high-priority projects, but on July 1, 2016, he will formally transition to the position of Vice President for Strategic Initiatives.



A concept drawing of the building at 173 Main Street.

www.colby.edu/downtown



The College's 2015 Revenues.

Data Courtesy of 2014-15 Colby Financial Report

NESCAC News

NESCACs explore diversity issues

By REED CARPENTER
News Staff

Schools across the NESCAC hosted lectures and participated in discussions about race, inclusion, and diversity this past week as part of Black History Month.

On Monday, February 8, according to the *Spectator*, Hamilton College welcomed award-winning author Claudia Rankine to speak about her 2014 book *Citizen: An American Lyric*. Rankine's book is a powerful compilation of poetry, prose, and images that address issues of racism in America. Her lecture included readings from her book as well as videos and personal stories that collectively provided insight into the injustices that people of color experience on a daily basis in America.

Rankine addressed the tendency of college students to be complacent with their surroundings and urged the audience to be more willing to "make our spaces uncomfortable" and discuss difficult topics. One [Hamilton] student in attendance, Eva Lynch-Comer '19, remarked that the talk was "very powerful" and "an emotional and personal experience."

A similar discussion took place at Connecticut College last Wednesday, according to

the *Voice*. Freshman Jermaine Doris '19 and Africana Studies Professor Nathalie Etoke organized an event called "Black Rage: Defined and Refined." Doris and Professor Etoke wished to create a relaxed environment in order to prompt open conversation about a topic that people often find uncomfortable. Participants were encouraged to share their thoughts on issues of race, emotion, and progress.

The event was designed to be a dialogue between the attendees rather than a typical one-sided lecture. Professor Etoke noted to the *Voice*, "The matter we're discussing is anything but proper," and emphasized the importance of actively addressing the racial issues on college campuses. An estimated 35 students participated in the novel event's round-table conversations.

Nine departments and groups at Tufts University collectively sponsored the annual Africana Distinguished Lecture, held last Thursday at Breed Memorial Hall. Kendra Field, Interim Director of the Center for the Study of Race and Democracy at Tufts, described the lecture's purpose as "building historical memory and institutional memory as well." This year's featured lecturer was M.I.T. history professor Craig Steven Wilder, who

primarily discussed his book *Ebony and Ivy: Race, Slavery, and the Troubled History of America's Universities*, according to the *Tufts Daily*.

Wilder's book, and his lecture, focused on the rarely-discussed historical relationship between American universities and racism and slavery. "From the very beginning of the American college [system], the relationship between colleges, conquest, and slavery is set," Wilder said. He concluded his talk by challenging students and faculty at Tufts, and universities across the country, "to have an open, honest dialogue about its history."

On Thursday February 18, Professor of Law at Florida International University Stanley Eugene Fish will speak at the annual Hugo L. Black lecture on freedom of expression at Wesleyan University. Much of Fish's work attempts to create a more defined separation between what constitutes free speech and what constitutes hate speech. His lecture is titled "Micro-Aggressions, Trigger Warnings, Cultural 'Appropriations' and History: What's Happening on Campus." According to the *Argus*, this 25th anniversary of the lecture series will take place at 8 P.M. in the Memorial Chapel on Wesleyan's campus.

Security Incident Report Log

Date:	Time:	Nature:	Location:	Comments:
1/21/16	8:01 p.m.	Drug/Safety Violation	Dana Hall	Smoking Marijuana, Fire Alarm
1/22/16	1:58 a.m.	Alcohol Violation	Marriner Hall	Drinking Hard Alcohol
1/22/16	9:47 p.m.	Alcohol Violation	Taylor Hall	Unregistered Party, Hard Alcohol
1/22/16	11:08 p.m.	Alcohol Violation	Sturtevant Hall	Unregistered Party
1/23/16	12:13 a.m.	Safety Violation	Taylor Hall	Pulled Fire Alarm
1/24/16	12:37 a.m.	Vandalism	Sturtevant Hall	Damaged Microwave Oven
1/24/16	10:55 a.m.	Vandalism	Foss Dining Hall	Mess made in kitchen
1/24/16	9:16 p.m.	Medical Call	Colby College	Illness
2/5/16	11:10 p.m.	Fire/Alcohol Violation	Alfond Apartments	Failure to leave, Unregistered Party
2/5/16	11:32 p.m.	Vandalism	Alfond Apartments	Discharged Fire Extinguisher
2/6/16	12:41 a.m.	Medical Call	The Heights	Intoxicated Visitor
2/6/16	1:21 a.m.	Safety Violation	Alfond Apartments	Failure to leave for fire alarm
2/7/16	12:22 a.m.	Safety/Drug Violation	Sturtevant Hall	Fire alarm set off from smoking
2/7/16	4:08 a.m.	Vandalism	Taylor Hall	Damage to men's room

Doc Hollandaise: Colby students’ new breakfast spot?

By ADELAIDE BULLOCK
Local News Editor

Considering Colby’s remote location in rural Maine, there is a surprising abundance of nearby foodie destinations: Hallowell has The Liberal Cup and Slate’s, Portland has a seemingly never-ending supply of new restaurants to try, and even Waterville has the Last Unicorn, Amici’s, and the Napoli Market opening a few weeks. But when Colby students excitedly talk about their next foodie destination, which happens more than one might think, Augusta never seems to come up in conversation. But this is all about to change.

Doc Hollandaise, a breakfast restaurant on Civic Center Drive in Augusta, deserves the attention and patronage of all Colby students. Although it opened in January 2015 and is well known by locals, it is still relatively unknown to students on the Hill. But while Colby students might not recognize the name, its menu and owners may seem familiar, as John and Ann Maglaras, who used to own the Kennebec Café in Fairfield for many years, are the owners of Doc Hollandaise. As alluded to in its title, the breakfast place specializes in a variety of eggs benedict, but its extensive menu also includes pancakes, crepes, and egg sandwiches. But perhaps the most alluring part of its menu is its gourmet, made-to-order donuts with creative names and combinations, a similar tradition to that of the Kennebec Café.

The minute I heard about Doc Hollandaise from co-Editor in Chief, Jake Bleich’16, I immediately started

recruiting a group of people to accompany me there early Saturday morning. After several false starts, accompanied by two others I had attracted to my cause with the promise of gourmet donuts, I made the twenty-minute drive through heavy snow.

When we entered the cozy restaurant, we were greeted with the smell of frying donuts and knew we had made the right decision to venture outside of our dorms. After much deliberation, we ordered a donut each as well as a breakfast dish. Ten minutes later, our donuts arrived, piping hot. I, along with one of my companions, couldn’t resist the Sunburnt with Freckles, a red velvet donut with cream cheese frosting and Oreo crumbles, while my friend, Emma, selected a cookies and cream donut, also adorned with Oreos. They were decadent and rich, leaving us regretting the fact that we still had actual breakfast dishes coming.



The sunburnt with freckles- a red velvet donut with cream cheese frosting and oreos! photo courtesy

Between the three of us, we ordered traditional eggs benedict; a Greek benedict with spinach, feta and tomato; and a sausage and egg sandwich. As an eggs benedict aficionado, I have very high standards, but Doc Hollandaise lived up to my expectations. The hollandaise was light, the homemade English muffin was the perfect balance of crispy and soft, and the eggs were perfectly poached. Overall, Doc Hollandaise was the best breakfast I have had during my time at Colby, and I highly recommend paying a visit. I already have plans to go back this weekend.

For those that aren’t satisfied by breakfast alone, the restaurant just announced on their Facebook page that they will be offering lunch starting in March, with the promise of soups, chowders, burgers and salads, as well as gourmet cupcakes.

Krispy Kreme comes to Maine

By GILLIAN KATZ
Online Editor

What’s tan and sticky with a hole in the middle? Krispy Kreme donuts, duh. And what’s better, Krispy Kreme is coming to Maine; three locations in Maine to be exact.

Remember when Krispy Kreme came to New England for the first time? We were about 10-years-old, obsessed with the dinky paper hats, and all around hopped up on sugar. Krispy Kreme was an epic new venture, which, shortly after admitting defeat to the big guy, Dunkin’ Donuts, packed up and went back to where it came from.

Currently, the closest Krispy Kreme shops to Colby are in Quebec City and Connecticut, with the Mohegan Sun location being the only one in New England. NH Glazed LLC, owned by Cort Mendez, will be franchising the popular donut shop both in New Hampshire and in Maine. Mendez previously owned 10 franchises of popular burger chain, 5 Guys, which he recently sold.

Currently, there are over 400 Krispy Kreme locations in 41 states nationwide. With the Maine and New Hampshire additions, Krispy Kreme hopes to expand its reach into New England, a market in which it failed in the early 2000s. Possible locations in Maine include Bangor, Augusta, Biddeford, Portland, and South Portland as stated in an article in the *Bangor Daily News*.

Waterville, therefore, is seemingly overlooked. Yet, with the highest concentration of fast

food chains in the state, one would think an addition would be welcomed in the saturated market we know so well as Kennedy Memorial Drive.

Krispy Kreme is not the only donut chain making waves in recent news. Tim Hortons is closing many of its locations in the northeast, creating a new hole (pardon the pun) in the donut economy. We’ve still got Tim’s in Waterville, so perhaps that is why there may not be a Krispy Kreme. There are also four Dunkin’ Donuts’ in the area, further removing the need for an additional donut shop.

Just days before the Krispy Kreme reveal, Dunkin’ Donuts announced that they are planning on expanding to the West Coast, an untapped market for the New England staple. Each chain has its hot market — Tim Hortons in Canada, Dunkin’ Donuts in New England, and Krispy Kreme in the South and West. With the co-mingling of chains in pre-established markets, the donut economy is getting competitive.

These openings will not be happening tomorrow, but rather a few years down the road, providing room for the Waterville market to adjust accordingly. If you’re not already drawn to Augusta for Chipotle, Panera, and Target, the possibility of a Krispy Kreme could be the deciding factor.

Regardless of whether you prefer Dunks, Tim’s, or Krispy Kreme, there will be more donuts than we know what to do with in Maine. Battle of the Donuts: On.

Local alumni profile: Henry Beck ‘09, Waterville State Representative

By ELLIE DONOHUE
Copy Editor

Senior year is an unforgettable time for any Colby student, but it was especially memorable for Henry Beck ‘09 (D-Waterville), who ran a successful political campaign and was sworn into the Maine House of Representatives while still on campus. Though many seniors do their best to arrange a stress-free spring semester, Beck took as many 8 a.m. classes as possible so that he could also fulfill his State Representative duties at the State House in Augusta. “I would wear my suit to class, sit in the front row, and book out the door to get to a 10 a.m. session,” he said in an interview with *The Colby Echo*.

By 2009, however, Beck was already used to balancing many responsibilities, having occupied a spot on Waterville’s City Council since his freshman year at Colby. Soon after returning from his Colby Outdoor Orientation trip, Beck read in the newspaper that there was a vacancy on the City Council in the Waterville neighborhood where he had grown up, but no one wanted to run for the seat. “I thought, ‘Well, I know people there, and I grew up there,’ so I ran and I won,” he said. “That sort of made a splash on campus.”

Beck’s experience on the City Council taught him a great deal about local politics and allowed him to connect with his neighborhood in a new way. Beck’s family has been in Waterville for three generations, and he is a graduate of Waterville High School. Now representing Waterville and parts of Oakland, Beck’s desire to better lives in his hometown remains at the core of his political career. “You can come into the legislature and talk

about big picture, revolutionary things, or you can work on select issues that really effect people’s lives directly, and that’s the approach I took,” he said. Much of Beck’s work has dealt with financial issues and the Maine economy. He chairs the Joint Standing Committee on Insurance and Financial Services. “I really like the personal side [of politics],” he added, especially regarding constituent services and legislation that concretely improves people’s well being. Like many, he is eager to see Waterville recover from the economic stagnation that has swept central Maine in recent decades.

The College is poised to play a key role in the revitalization of the greater Waterville region, especially in terms of fostering relationships with new employers. In an event on campus this fall, the consulting firm Collaborative Consulting announced plans for a new delivery center in Waterville that will create 200 jobs — jobs that Waterville desperately needs. In a December 9 article from centralmaine.com, Beck was quoted as praising the project. “The most important thing we

need is more anchor, large-scale employers like Collaborative Consulting, and we also have to support the businesses we already have here, whether they’re large or small,” he said.

Together with his devotion to Waterville, Beck’s ties to Colby make him a huge fan of the recent revitalization efforts revealed by the College. “No one’s more pleased than I am about it,” he said to *The Echo*. Beck went on to praise President of the college David A. Greene for his efforts in driving development downtown and strengthening the College’s relationship with the city. “It’s a lesson that politics really can be driven by individual people. It’s been a team effort in town and on campus, but I attribute a lot of it really directly to him,” Beck said of Greene.

When asked what he considered Maine’s biggest challenge to be, Beck reiterated that the

economy — and the availability of jobs — are of the utmost concern. “Waterville was a very different community 40 years ago, with regards to our population and wages and our middle class,” he said. “We don’t have a middle class like we used to.” There is work to be done at all levels of government to address this issue, but the legislature is most effective when there is cooperation from both sides of the aisle.

In a country where politics has become increasingly polarized, the Maine state legislature has not been immune to frequent clashes between Republicans and Democrats. However, Beck has tried to opt for a more thoughtful approach. Though a Democrat, he has worked with Republican peers to co-sponsor several pieces of bipartisan legislation during his tenure. Some of Beck’s bi-partisan achievements include bills to support small businesses and promote economic growth. However, when asked about his proudest achievement in the legislature, Beck pointed to a law he sponsored and passed in 2013 that increased screenings for heart defects for infants in Maine. Also in the realm of health, in the last legislative session Beck passed a law that significantly expanded accessibility to the

drug Narcan, which is used for the emergency treatment of opioid overdoses.

Beck credits Colby and the liberal arts experience with shaping his cooperative, bi-partisan attitude towards politics. “I really try to avoid some of the partisan battles and the partisan bickering, and that’s because I learned here you just have to think very deeply and listen to both sides of the issue,” he said. Colby’s small size facilitates close friendships, including those that are in many ways “bipartisan,” he continued. The Hill is home to individuals from all over the world, making it a uniquely global community within the region. Beck said that his undergraduate experience solidified his view that politicians should never resort to “othering” people with different views or understandings. “You shouldn’t get into politics and demean other people because of their background, whether it’s their race, or their religion, or their sexual orientation,” he said.

When asked if he had anything he wanted say to Colby students, he stressed the importance of “thinking globally, but also knowing about the world right off Mayflower Hill.” While it can be overwhelming at times, the abundance of events and notable guests on campus present valuable opportunities for students to expand their viewpoints. “While you’re here, take advantage of everything you can,” he said. “At no other time in your life will you have that kind of exposure.”

In addition to his role as a state representative, Beck is an attorney at a Waterville law firm, having earned his degree from the University of Maine Law School. He plans to stay in politics, and looks ahead to a State Senate run in 2016.



Colby graduate Henry Beck ‘09 has seen success in state politics. photo courtesy of Beck

Mule Talk

What you can't unhear: eavesdropping on campus

By WILDER DAVIES
Features Editor

My first year at Colby, I inhabited Marriner 205, which, at 170 square feet, is one of the smallest first year doubles on campus. Despite its cramped quarters, however, it had one redeeming quality: it was the ideal place for people watching. Nestled above one of the two entrances into Marriner, room 205 was the ideal vantage point for seeing and hearing what was going on in and around Hillside. In my time there, I witnessed two girls ditch their third friend after being stopped by security for carrying open bottles of beer, heard several drunken shouting matches, and once heard an in-depth discussion on one kid's recent break-up with his high school girlfriend, all of which happened directly beneath my window. But one doesn't need to have a special perch like I had during my first year to gain insight into other people's business on campus; in fact, most people don't even have to leave their rooms at all.

Whether or not you've meant to, it is likely that in your time on Mayflower Hill you have overheard something that you weren't supposed to hear. Eavesdropping is an easy thing to passively engage in at Colby regardless of where you are on campus, and in most cases it is harder to tune out the variety of sounds we are bombarded with at any given moment.

Almost every weekend, unless you have opted into specialty housing, you can expect to hear the rumbling din of a baseline, a cacophony of drunken conversations, or, most unpleasantly, the rhythmic creaking of a nearby mattress. However, this phenomenon isn't limited to lively Friday and Saturday evenings; in many dorms, the walls are so thin it

easy to hear a casual mid-day conversation held at normal volume in the room next door. It may even get to the point where you feel as though you know quite a bit about your neighbor, even if you only exchange niceties in the bathroom. However, this eavesdropping phenomenon unfortunately goes both ways, and your neighbors might know more about you than you realize.

Susannah Donohoe '17 is familiar with unintentional eaves-

dropping and understands why it is so easy to overhear others in the dorms. "When the door is closed, you don't think about how loud you are being," she said. Donohoe, a Community Advisor (CA), has often overheard intimate exchanges while roaming the halls on duty. "It's always personal conversations that seem much louder than they should be," she adds, "if you knew people could hear you, you wouldn't be having these

conversations." As a student who is conscious of the thin walls on campus, Donohoe has gone lengths to make sure people can't listen in on her if she is, say, having a private phone call. "If I have to make a phone call, I will walk a large radius around campus so people can only hear me in passing," Margot Bruder '17 agrees with this point, stating: "When speaking on the phone, you definitely limit your conversations if you hear people nearby." While techniques like Donohoe's may work for a personal conversation over the phone, when talking with friends in your room or over the table in a crowded dining hall, there is little you can do to keep others from potentially listening in.

The unavoidability of being overheard becomes especially tricky when you consider Colby's small size and close social proximity. As a school of less than 2,000 students, there are few people that are truly strangers to you, and it isn't rare to have an idea of who someone is before ever meeting them. Chandler Smith '18 is familiar with this feeling: "When you look around, you can pretty much recognize everyone, and there are plenty of people who I have never met before who I have heard little tidbits about, whether it be from friends or if there is gossip going around or things I have seen or overheard."

Maeve Dolan '18, a transfer from NYU, noticed this when she arrived at Colby. "At NYU, I could sit in the dining hall and talk freely about my personal life without worrying if other people might hear, or worrying that the someone else might hear and it would get back to them." However, at Colby, Dolan is wary of the possibility of someone passing judgements on her character based off of eavesdropping and gossip, as she admits to doing the same. "I will create this facsimile of someone in

my mind based on small pieces of information that I have about them, and I decide, you know, 'Oh, that person is really cool,' or, 'I don't like that person,' and I base my behavior and the way I interact with them on the information I have on them." She continues to mention that someone else "may not even know who I am or even recognize me, but I have already created this artificial notion of who they are." What Dolan elucidates isn't at all unique to her, as most everyone on this campus has likely judged someone they don't know.

But what happens then when the things you learn about others are potentially biased or inaccurate? If you are relying on gossip and voices through the walls, you are most certainly susceptible to taking things out of context, and when you take thin walls and mix them with a small, intimate community, there becomes a greater risk of miscommunication and potential conflict on campus. "What you hear you can't unhear; you have it locked in and you have all these predispositional thoughts on individuals before you really have the chance to build a meaningful and lasting relationship with them," said Smith. "When you eavesdrop, it is dangerous because you don't have control over the information, you don't have control over the context and that is tough when you are the one involved in that information... [with eavesdropping] we rarely get the whole picture."

While it is unreasonable to expect everybody to cease their nosy behavior on campus (I certainly won't as I now live in a room situated overlooking the back entrance to Dana) and the walls aren't getting thicker anytime soon, it is worth taking what we notice or overhear about others with a grain of salt, and for our own sakes, we might hope that others do the same.



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Story Time with Brendan Leonard '16



Leonard '16 discussing his experiences growing up in the North Shore

Carli Jaff '16 | The Colby Echo

Questioning the need always be busy at Colby

By CARLI JAFF
Managing Editor

If one were to ask the “typical” Colby student what they’re involved in on campus, they would most likely be bombarded with a list of acronyms, titles, sports teams, positions, and clubs of which they have never previously heard. For example, I personally am the Managing Editor of the *Echo*, a Director of Broadway Musical Revue (BMR), a Co-Chair of the Senior Pledge Committee, a Research Assistant for a professor in the Education Department, a Campus Correspondent for Her Campus Colby, and a Writers’ Center tutor. And that’s normal.

Outside of the Colby bubble, that list may seem extreme. However, on Mayflower Hill, overcommitting is the norm; in fact, it’s almost expected. Students are encouraged (and virtually expected) to take on a double major or a major and minor (or, if they are daring, a double major and minor). At the beginning of each year, a club expo hosts each and every club on campus, complete with a barbeque and loud music. First years are encouraged (and again, virtually expected) to sign up for every club that even vaguely interests them, then to later focus in on the few groups in which they truly want to be. This turns into emails flooding inboxes announcing club meetings, speakers, pregames iPlay events, and more that they tend to ignore or delete until they actually get up the courage to take their name off of the email list and truly just be in the groups they care about, which are almost always still more than they can truly take on.

This is the point in my article where I ask the question that hopefully make you think long after you close this paper and use it to clean up spilled beer: Why? Why do we do this to ourselves? Why don’t we just go to class, do our homework, go

to the dining hall, and hang out with our friends? What is this want—or moreover, need—to be busy?

Kiernan Somers ’17, a government and global studies double major with a managerial economics minor, is one of the busiest students on campus. Somers is a co-Editor-in-Chief of the *Echo*, the President of Colby Mens Rugby, a Donor Engagement Intern in the Office of Alumni and Student Engagement, and a Tour Guide in the Office of Admissions and Financial Aid. Somers credits his extreme activity to pressure from his parents: “Familial expectations and my motivation to succeed have led me to become involved in many different areas. I hate being bored, and staying busy with extracurricular [activities], although stressful at times, keeps me from being bored.”

This leads me to my first point: some of us busy students are victims: victims of pressure from employers, parents, older siblings, nosy family friends and aunts and uncles and grandparents and neighbors to be impressive. We tack our names onto as many things as we possibly can, not necessarily because we are truly passionate about them, but because it looks good on paper, sounds good out loud, and keeps our parents off our back.

There are also the students, however, who are truly passionate about all that they do on campus. Take Hannah Insuik ’17, for example. Insuik is a biology major with chemistry and philosophy minors, and she is also on the pre-med track. Outside of classes and labs, Insuik is on the Womens Volleyball and Ice Hockey teams, a member of Hall Staff, a Colby Cares About Kids (CCAK) mentor, a Mentors in Violence Prevention (MVP) facilitator, and a member of the Conduct and Academic Review boards. Insuik says: “It’s a lot. It feels like a lot. Often I don’t even understand how I do it all and stay sane.... All of my activities... are each a huge part of who I want to be for Colby,

and represent things that I use to help make Colby be the place that I have loved and continue to love. The biggest thing I have learned through being so involved is that when you invest in Colby, it invests in you, and you can do anything.... I love Colby, I am invested in Colby, and I would not be the person I am without being so involved. I couldn’t imagine giving any of it up.”

At this point, I would like to point that some Colby students recognize the extremes that some members of our community go to in order to constantly be busy or involved on campus, such as Hannah Heyman ’16. Heyman, a psychology and French double major, is the co-President of Hillel, a CCAK mentor, a volunteer at the Mid-Maine Homeless Shelter (MMHS), a receptionist in the Office of Admissions and Financial Aid, a member of the Senior Pledge Committee, and a Phonathon Manager in the Office of Alumni and Student Engagement. Heyman says: “I feel like at Colby, we have this idea that you always need to be busy otherwise you aren’t doing enough. While I can definitely fall into that category, I don’t believe the ‘being busy for busy’s sake’ mentality is particularly healthy. Personally, I am someone who works best when I have things to do. The structure of having projects and chunks of time blocked out for different things helps me to get work done in a more productive way. I’m involved because I’ve found things I care about that I can contribute to, and that give me some sense of fulfillment. While

there are some days that I wish I could just lounge in bed, and those days do exist, I know that I’m my best self when I’m out and about.”

Olivia Gould ’16 also shares Heyman’s sentiment. As a theatre and dance and music double major with a minor in creative writing, Gould is constantly performing or creating works of art, as well as working three different jobs on campus. “I sometimes wonder if as a society we put too much pressure on ourselves to measure our self-worth by achievements,” Gould says. “As an artist I’m not planning on measuring my success monetarily, but I know that I do so many things because I need to feel impressive and useful and like I’m contributing.

It is partially also that there are so many wonderful opportunities on campus and so many things to learn and enjoy doing, and I just want to experience as much as I can. But I think I also have a fear of not being productive enough, not ‘going above and beyond,’ not being able to impress my parents and my professors and future employers with the amount of things I can get done in a day.”

Gould is a Director of BMR, a member of Powder and Wig in which she is currently playing the lead in the musical “Next to Normal”, a Research Assistant for Professor of Theater and Dance Lynne Conner, and a worker in Interlibrary Loans and in the Chapel. Gould also takes voice lessons for credit, participates in a theater and dance show for credit each semester, is assistant directing an excerpt from a show that Conner

Why don’t we just go to class, do our homework, go to the dining hall, and hang out with our friends? What is this want—or moreover, need—to be busy?

is writing to later be shown in the New Works Festival (another part of which involves a show that she wrote), and is performing in “The Vagina Monologues” this weekend. One could say that Gould keeps busy.

Somers, Insuik, Heyman, and Gould are only four students out of about 1,800 at Colby. Each is busy, yet each has a different perspective on their involvement as well as that of others on this campus. Some students are bustling blurs of Patagonia and L.L. Bean, running from one end of campus to the other in hopes of being on time for their next meeting, and some students apathetically check the emails that they get each day from the 20 different clubs that they signed up for three years ago, only later to put that they’re a devoted member onto a resume. And then there are the people in the middle. I’m not saying one is better than the other, because everyone has their reasons and their hidden agendas that might not ever get told. This is the Colby experience, at least from where I’m sitting.

So, let’s go back to my earlier question: What is this want—or moreover, need—to be busy? While I can’t answer this for everyone, what I will say is this: we are all preparing to present ourselves, to brand ourselves, to sell ourselves to our future employers. We must stick out to those who will help us bring home the bacon, and we have been trained to believe that being involved and being “busy” will do just that. But, next time you find yourself with 300 pages of reading, a 15 page paper, an exam, and more club stuff to do than you can possibly imagine, ask yourself this: is wearing this costume of being busy worth it? Are you benefitting from this performance? Do you truly love everything you’re doing? Ask yourself that, and maybe consider taking the costume off for a change. Take a breather, regroup, and see where you end up.

History Spotlight: the forgotten school songs of Colby

By CAITLIN ROGERS
Contributing Writer

When asked if she knew about current Colby songs, Maura Campbell ’19 replied, “We have a song?” Her response may be shocking, but she’s not alone. Many students are not aware that the college even has songs except for “Hail, Colby, Hail” (and it is more often referred to simply as “Oh Canada”). If college songs are an indicator of school spirit, Colby’s is running dangerously low.

This lack of knowledge surrounding Colby’s musical heritage is exactly what previous Colby students feared. An article from the Oct. 9, 1935 edition of the *Echo*, titled “Learn Your Alma Mater,” opens with the slightly aggressive sentence: “The weak demonstration of singing the Colby songs at the chapel service last week would seem to indicate that Colby students, many of them, do not know the words to their own college airs.” This ignorance came about four decades after an initial push to develop original Colby songs, beginning just before the turn of the 20th century. An article appearing in the April 24, 1899 edition of the *Echo* lamented the lack of original Colby songs, citing several that were written by students and alumni while simultaneously claiming “we have no song of our own that is known by all of

the students.” The author suggested that students learn “Old Colby, Our Glory,” which can be found in the 1882 edition of “The American College Song Book.” Miller library has a copy available on their website. The author suggests, “It would be a good thing if the Colby songs already in existence, together with such new ones as may be written, be collected and put in such a form that the students can learn them.” This was the first mention of what would eventually become the first edition of the Colby Song Book.

The song book, housed in Miller Library’s Special Collections, is a compilation of original school songs written by Colby students. The idea had been thrown around in earlier years, but in 1917 plans came to fruition, after two consecutive years of the John Hedman Song Contest produced many inspiring tunes.

John Hedman was a Colby student in the class of 1895, and he eventually went on to become a professor in the Department of Romance Languages. He was also very involved in both the Colby and Waterville communities. As described in the *Echo*, “His devotion to the college was unbounded, and he gave unstintingly of his best to her interests.” His death from typhoid fever in February 1915 was “an irreparable loss.” That year the Class of 1895 started the John Hedman Song Con-

test in memory of their classmate. Prizes were given out to the three top songs—\$25 for first place, \$15 for second place, and \$10 for third place). The multiple competitions were enough to create a stand-alone Colby Song Book. The first edition was put into production in 1917, and another was released in 1948.

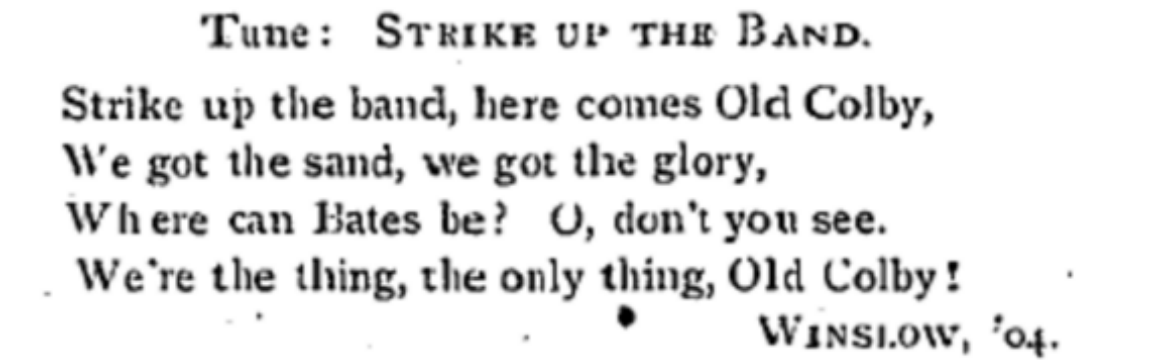
Today, more than 100 years after the first song contest, there had been a marked decline in interest in the college songs that were important to those who have come before. Is it because traditions have changed and we no longer view songs as representations of school spirit? Have we shifted to other ways of honoring the school? Or are we just

not exposed to songs anymore? After all, the first-years have never heard “Hail, Colby, Hail” at a school event. It was scheduled at Convocation, and each program contained a copy of the words, yet the song was never actually sung.

How do schools with prominent song traditions keep interest going? It appears that being a larger school helps. Of the schools noted in *USA Today*’s “Top 10 fight Songs in College Football,” the smallest is Georgia Tech at around 10,500 students, significantly larger than Colby’s 1,815. Closer to home, MIT and Harvard both have prominent songs. If you search “fight songs” on Harvard’s website, several links appear, including a page with the words to several popular songs

(including “Ten Thousand Men of Harvard” and “Harvardania”) and the page for the Harvard marching band. Searching “fight songs” on the Colby website will bring up the page for the “In their Footsteps” project, which is a multimedia compilation of Colby’s “historical highlights.” While the page is interesting and very thorough, it doesn’t include Colby songs specifically.

For whatever reason, songs at Colby have fallen out of popularity. Though they were once a source of pride for the students, they are now merely a reminder of the past. Perhaps it’s time to bring them back. A good starting place could be this fairly simple song that was published under “Songs of the Celebration” in May of 1901:



Diligent readers,

Welcome back to another edition of the Echo. As the semester gets into full swing, readings are piling up, we're hitting our snooze buttons more often, and the stress is building. Amongst all this hustle bustle, we would like to take a moment to reflect on significant events that have recently transpired.

This past Saturday, the nation was shocked by the sudden passing of Justice Antonin "Nino" Scalia at the age of 79. Regarded as a pioneering voice for modern conservatism and originalism, Scalia was one of the most polarizing figures in the modern court. However—political views aside—Scalia's sharp wit, argumentative style, and unabashed views were admired by Americans throughout the country. His ability to break through bland legalese with phrases like "pure applesauce," "jiggery-pokery" and "argle-bargle" have delighted legal writers for decades, and will continue to well into the future.

In 1986, Scalia was confirmed by the Senate 98-0 as people on both sides of the aisle recognized his legal acumen and respect for the law. Thirty years ago, the Senate supported the best candidate for the job. Now, Republican leaders are ironically threatening tradition outright and claiming that President Barack Obama has no legal or constitutional right to nominate a new Associate Justice to the highest court in the country. That is truly "jiggery-pokery."

With the backdrop of the presidential election, feelings are already running high. Scalia's passing, although a seminal moment, should not be celebrated. It is impossible to paint this as a win for the Democrats, since one of the greatest legal minds has passed.

We hope that throughout our short time here on the Hill, that every student will be able to learn how to respect another's position. Although we did not personally see eye to eye with Scalia on every topic, we appreciate him for his patriotism, conviction, and intelligence. The American people would be lucky to have a successor with half as much chutzpah.

Cheers,

Jake Bleich & Kiernan Somers
Co-Editors-in-Chief

Carli Jaff
Managing Editor

Planned Parenthood needs bipartisanship

"Would you like to support a woman's right to choose?" This was the question posed to me by an activist while walking home one sunny afternoon several years ago. Being a happy-go-lucky pro-choice liberal, I graciously donated several dollars to the cause. The activist was from Planned Parenthood, an organization that has achieved the ultimate status of polarization. Those who support the group are overwhelmingly Democrats and those who protest the group are frequently Republicans. But this is hardly surprising considering the divisive rhetoric stemming from both sides.

Many Republicans, including Carly Fiorina, have referenced the Planned Parenthood videos, which allegedly exposed a black market for selling aborted fetuses. These videos were carefully vetted by the media and found to be fabricated. Nevertheless, Fiorina continued to use them as a key talking point in her rallies. But the deception does not end there, as the entire Republican presidential lineup has greatly exaggerated Planned Parenthood's involvement in performing abortions. The fact is that only 3% of Planned Parenthood visits are abortion-related. The organization's primary functions are STD/STI and cancer screen-

ings. But if you listened to the Republican debate, you would be led to believe otherwise. So why have Republicans exaggerated the issue? The answer is not as simple as it initially appears to be.

Many argue that this conflict illustrates a hostile takeover of the Republican Party by Evangelicals and hard-line Christians. I agree that the right's contempt for secular values is a serious concern, but I urge liberals to look farther than that to explain the outrage over Planned Parenthood.

First, one must understand that Planned Parenthood is not only a healthcare provider. It is a political body that endorses politicians on both the national and local level. At Democratic party rallies,

posters can be seen everywhere encouraging voters to "Stand with Planned Parenthood," and Democratic politicians often rail against Republican opposition to the organization. But in their defense of Planned Parenthood, Democrats often conflate the issue of abortion with the separate issue of defunding the organization. By doing

so, Democrats have made it easy for the right to establish Planned Parenthood as the preeminent symbol of abortion. And this definition has forced people who would otherwise be supportive of the organization to retreat behind a shield of partisanship.

Clearly, this division is beneficial to no one. In Texas, Planned Parenthood was defunded and a study found that more low-income women are having babies because they no longer have access to birth control. In Ohio, Governor John Kasich is about to sign a bill that will likely lead to the same catastrophic outcome.

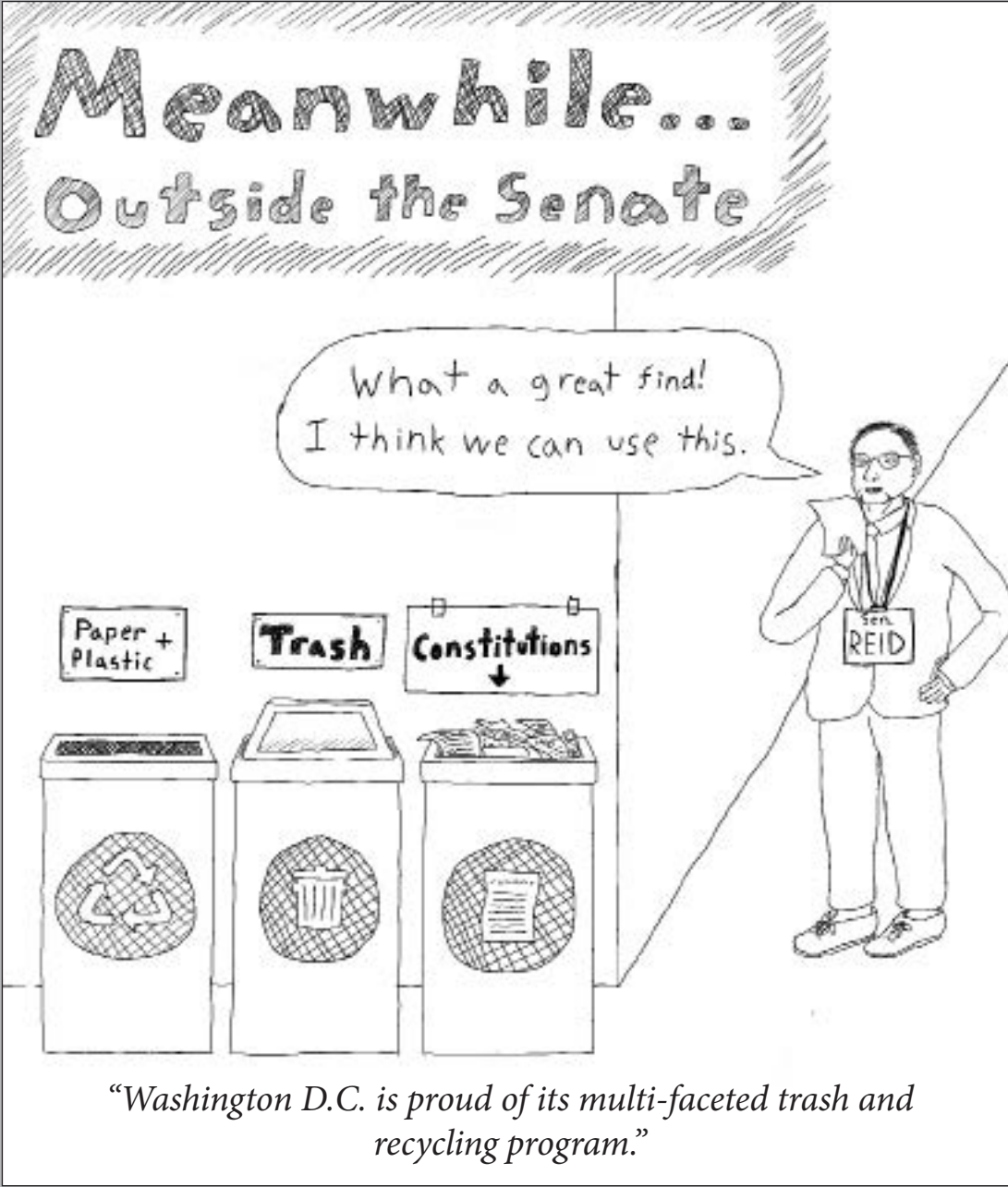
Therefore, I contend that several steps must be taken to alleviate the partisanship characterized by Planned Parenthood. First, Planned Parenthood should spin off its political activist wing (known as the Planned Parenthood Action Fund) to focus on simply providing healthcare within the full extent of the law. Since Planned Parenthood still receives millions of dollars worth of funding from state and federal governments, it should act like an organization that operates purely for the sake of public good. Political activism should be left to activist groups operating as separate entities. Finally, and perhaps most importantly, Democrats must stop using Planned Parenthood as a tool to score easy political points, for the issue of women's health is far too important to be gambled away by shortsighted politicians. In the words of Michelle Obama: "Communities and countries and ultimately the world are only as strong as the health of their women."



Jonathan Stempel

Since Planned Parenthood still receives millions of dollars worth of funding from state and federal governments, it should act like an organization that operates purely for the sake of public good.

Editorial Cartoon



Graphic by Wes Zebrowski



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Stretched too thin

With the implementation of the Mental Health Narratives, student organizations like Student Health on Campus (SHOC) and Active Minds, and the improvements in counseling services, Colby has made great strides in mental health awareness. However, on the spectrum of mental illness, eating disorders are often forgotten. We live in a country where food and body image are ubiquitous in the media and society in general. There are few places where this is more apparent than on college campuses, and even more so at an elite school like Colby. All of us came here because we worked hard, and it is this perfectionist attitude that makes individuals even more prone to eating disorders. Coupled with the pressure to maintain a body à la Kristen Bell's in *Forgetting Sarah Marshall*, it's no wonder that so many women (and men as well) become subject to disordered eating. At least that's how it was for me.

I'm a recovering anorexic. Therefore, this is an issue that I've become extremely passionate about. We need to increase the dialogue at Colby about disordered eating by talking about it in order to illuminate the challenges that accompany eating disorders. I also hope that by showing how debilitating eating disorders can be, we can work together to foster an environment at Colby that lessens the prevalence of eating disorders and provides support for those dealing with them.

The following account shares my history with disordered eating, but many others have completely different experiences from my own. This is only one account in a sea of many.

In the worst stages of my anorexia I would think about food all the time. My entire day was planned around it. I would try not to schedule things around meal times because that would throw off my eating plan. And going out to dinner was an anxiety-inducing ordeal. I read the menu while doing caloric comparisons in my head. I looked at the delicious flatbread pizza that my friends ordered with longing, while telling myself that the small chicken salad I chose was really what I wanted. I would go to bed with my stomach growling, begging to be fed. And to me, that was a success. My thoughts around food became so disordered that I considered myself victorious by starving myself. That is what it's like to have anorexia.

If you had told me even one year ago that I would have an eating disorder, I would have laughed at the absurdity. I am a psychology and biology double major, so I understand the colossal risks both physically and psychologically associated with anorexia. But that's one of the problems with mental disorders—they don't take logic into account. I would feel dizzy and know it was from a lack of



Anna Herling

food, yet I still couldn't make myself eat anything. When the scale reached the lowest point at 105 pounds, even though I knew I looked emaciated, I was proud of myself. And even then, it still wasn't quite enough. There was still a small voice in my head saying, "you can lose more."

The absurdity of it all was that I didn't want to lose weight. At that point, I knew I wasn't fat, but it had become a challenge, a competition. But I was competing against myself. And what was the end result? What would make me "win" this? Because whatever it was would also mean I would lose. And in the case of anorexia, which has the highest mortality rate of any mental illness, the end result would be death. I was literally in a game to kill myself.

When I write this, it's easy to imagine that this epiphany came to me one day, and I was able to stop my harmful thinking. Unfortunately, mental illnesses don't work that way. It took months for me to finally break out of the competitive mindset I had towards food. And it's not completely gone. There are still times when I am too restrictive or get anxious about going out to dinner. And now that I've gained much of the weight back that I lost, there are certainly days where I think I'm too heavy. I think to some extent I'll always carry this disorder around with me. However, even though my recovery is still in progress, it has come a long way. And, it was only once I began talking about my problems with friends and family that I was actually able to see the changes. That's why the conversation about eating disorders and other mental illnesses needs to be addressed more at Colby.

More importantly, I know that I'm not the only one that has faced a challenge like this. Eating disorders are more common than one might think. They don't always manifest themselves in dramatic physical changes, but they can be just as detrimental to the psyche of those dealing with them. Mental illness isn't just depression and anxiety. I am by no means degrading either those or any other disorder. No one can say that any one is more debilitating than another. But sometimes, eating disorders don't receive the attention they should.

My ultimate goal is to shed light on this issue by opening up a dialogue here at Colby. We go to a liberal school where we shouldn't brush certain things under the rug simply because they are hard to talk about. I know Colby students aren't like that, so I feel confident that we can address this in a productive manner. I hope this account illuminates the importance of understanding eating disorders, especially during an age when so many base their worth on their physical appearance.

An Unpopular Opinion

Don't get caucus blocked in 2016

In just a little over two weeks, the day we've all been waiting for will be here: March 6. There are many reasons to be excited for March 6. It's the birthday of preeminent visionaries, like Michelangelo, Marion Barry, and Bubba Sparxxx. It's the day the Battle of the Alamo began, Ghana gained independence from Britain, Cassius Clay became Muhammad Ali, and Walter Cronkite signed off at CBS for the last time. It's the day the Missouri Compromise was signed, bringing Maine into the Union as a free state.

While I was honored by Mr. Sparxxx's invitation to his party—complete with bounce house—I will unfortunately have to turn it down. I've already been invited to another party. A political party hosted by none other than Uncle Sam himself.

Yes, Colby, on March 6 voters across the state will gather to take part in a democratic tradition known as caucusing. Maine is one of only thirteen states who chooses to caucus instead of using a primary, and there are stark differences between the two systems. Proponents of caucusing tote it as the epitome of grassroots democracy—friends and neighbors gathering in schools and town halls, debating the merits of each candidate before publicly deciding who to support.

However, the caucus system also has many detractors. It can be a tedious exercise, often lasting several hours. Political scientists often cite this time commitment as one of the main reasons caucuses have notoriously low turnout rates. For some perspective, in the 2012 Iowa Republicans Caucus—the poster child of the system—only 5.4 percent of eligible voters turned out. Meanwhile, the 2012 New Hampshire Primary had a 30.4 percent turnout rate. Other criticisms of the caucus system focus on its unrepresentative nature. Caucus participants are often older and more ideologically extreme than the average state resident.

Personally, I see caucuses as archaic and fundamentally discriminatory. While you can use an absentee ballot to vote in primary, not many people can devote a sizable chunk of their day to standing around a room. In

the back of our minds, we know that Maine's 30 Democratic delegates and 23 Republican delegates probably aren't going to lead a candidate to victory. It seems like a waste of a day, but that's where you're wrong.

Many Americans subscribe to the idea of American exceptionalism—that we are uniquely free, gaining this strength from our democratic ideals and personal liberties. We certainly have a special affinity for personal liberties, even when they pose threats to communal welfare (see: Second Amendment), but I don't think we have exceptional democratic ideals. In fact, I think we're less democratic than many. The Economist's Democracy Index certainly agrees on that point; the U.S. ranks 20th out of 167 countries, just behind Mauritius and Uruguay.

I think we only have ourselves to blame for this. Democracies are inextricably linked to the ideals and actions of their citizens, and we as citizens are failing. Issues ranging from campaign spending to voter identifications laws have outraged many people in recent years, but do we take any action besides posting a Daily Kos or Fox News link on Facebook? In 2012, only 17 percent of eligible voters turned out in the presidential primary. While the turnout improved on election night with 54 percent of eligible voters casting a ballot, this still meant that 106,013,000 Americans decided not to vote. Subtract 10 million people, and that figure encompasses the entire population of the Philippines.

Many Americans are unsatisfied with our government, myself included. However, the only way we can change its course is by becoming involved in the

process, whether you believe in it or not. And right now is a critical time. Both parties are offering candidates who espouse plans for revolution. A wide-range of domestic and international issues threaten both the stability of the country and the world. In the past week, we've learned that the makeup of the Supreme Court may depend on this election as well. While pundits always say that this election will determine policy for decades to come, I truly believe that this might be the reality.

Maine may be relatively insignificant in terms of delegates, but in some ways this is also a blessing. During the past few caucuses, Maine has produced a miniscule turnout at these caucuses. In 2008, only 3,506 Mainers voted in the Democratic Caucus. 5,491 citizens did the same for the Republicans.

Hypothetically, if all 1,800 Colby students had voted in one of the caucuses, we would have added 50 percent to the Democratic totals and 30 percent to the Republicans. If every one of us votes, we could be directly responsible for determining the winner of the 2016 Caucuses. If you don't want to vote because you don't feel like you can make a difference, wake up. This is your opportunity.

Some of you will spend March 6 in the library or nursing a hangover. I respect that. Just as we have the right to vote, we have the right not to vote. Not everyone feels strongly enough about one of the candidates to spend a Sunday in a school gymnasium. But if you choose not to, just know that you are giving up a sacred right. In reality, you are having just as tangible an impact on selecting your government as a North Korean citizen—absolutely none. Even one vote is better than nothing. And remember: while caucusing may cost you a few hours of your weekend, that time pales in comparison to four whole years of President Trump.



Jake Bleich

If you don't want to vote because you don't feel like you can make a difference, wake up. This is your opportunity.

Many Americans are unsatisfied with our government, myself included. However, the only way we can change its course is by becoming involved in the process

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P&W attempts humor with performance of “The Nerd”

By CARLI JAFF
Managing Editor

Throughout one’s life, one suffers through a variety of hardships and faces many obstacles. However, there is one adversity that a person hopes to never face: the horrible roommate. *The Nerd*, written by Larry Shue, deals with this problem in a humorously cringe-worthy manner that, if you live in a single, will have you thanking the room-draw gods.

Powder and Wig put on their rendition of *The Nerd* on Friday, February 11 and Saturday, February 12 in Strider Theater. Zach Schutzman ’16 directed the two-act show, which contained a small cast of seven students. Dylan Shaw ’19 played the protagonist, Willum Cubbert. Cubbert is a young architect who is the landlord of Tansy McGinnis (Christine Francis ’16) and Axel Hammond (Nick McElroy ’18). Willum and Tansy are also very much attracted to each other, and Willum has been trying to court Tansy previous to the play’s beginning.

The play takes place in Terre Haute, Indiana in 1979, and the show commences with Willum planning to throw a house party for his client, Warnock Waldgrave (played by Jay Huskins ’19), who came with his wife, Clelia Waldgrave (Charlotte Purcell ’19) and young daughter, Thora (Katie Monteleone ’18). During the house party, Willum gets a surprise visit from Rick Steadman (played by John Baker ’19), who saved his life in the Vietnam War. With Rick comes chaos, as Rick is extremely socially awkward and does not have any manners whatsoever. Willum, however, feels as if

he owes Rick his life; thus, he feels he must be patient with his houseguest and accept him for who he is.

Purcell and Huskins stole the first act with their knack for comedic timing and unique and comic accents. Their chemistry as both a couple and as parents of a young, troublesome daughter was quite believable and their antics kept the audience laughing throughout Act One. “I had a blast working with such talented people. The actors, the crew, the director... everybody involved was working to their full potential. This made it a really rewarding experience, and I’m so proud to say I’m a part of Powder

and Wig,” Purcell said. Huskins added, “I’ve never been in a play where I felt so comfortable playing. Zach gave us a lot of freedom to try weird things and take comedic opportunities where we found them. So when those choices worked, from the various voices to the eye-patch and Charlotte’s hilarious hand-holding bit, they felt right, and I got more confident making the second-by-second reactions and nuances. Honestly, it was an amazing time working with this perfect cast and incredible crew.”

McElroy was also an asset to the cast, bringing a suave and cocky air to the character that offset the

bumbling, unassuming persona of Shaw’s character. While the relationship between McElroy, Shaw, and Francis’ characters was unclear, especially at the beginning of the show, each individual actor created and performed strong choices for their characters that kept the audience entertained. Schutzman’s effort to create a strong and intriguing dynamic between the small cast was evident, as the scenes in which the cast was all together were the strongest.

Schutzman said, “Directing *The Nerd* was an awesome experience. I was constantly impressed by the dedication and talent of

the whole cast and crew, and in the end we produced a show that we were all proud of.”

The strongest performance of the show, however, was Baker, as his character is the title of the show. Baker’s character is multi-dimensional, as we find out at the end of the play that “Rick” the nerd and horrible houseguest is an actor named Kemp who Axel hired in order to help Willum prioritize his life and “court Tansy till she cracks.” Thus, Baker faced an extreme challenge of playing an actor within an actor; in other words, two different characters. Baker said, “*The Nerd* was a fascinating experience. I enjoyed the rare privilege of playing a character who is himself an actor, quite an unusual opportunity. This was the most wildly hilarious comedy I have worked on and one of the most extraordinarily creative ensemble and production teams I have ever had the good fortune to work with.”

Shaw is grateful to have had the experience to play the protagonist in this difficult, comedic show: “Seeing everyone put so many hours and so much effort into this performance has been such an wonderful time. I’m incredibly proud of how well everyone did, and I look forward to being involved in future Powder & Wig productions.”

Powder and Wig’s next event will be the *Vagina Monologues* on Friday, February 19 in Page Commons and on Saturday, February 20 at Studio 93 on Main Street in Waterville. *Next to Normal*, Powder and Wig’s musical, will take place in Page Commons on Friday, March 4 and Saturday, March 5.



P&W members give a performance of *The Nerd*.

Courtesy of Katherine Kibler ’16

Pen to Paper

“Me, nectar”

by Kelly McCarthy

The vision of a monarch isn’t just a Halloween rhapsody to me, a momentary Ah! Those colors! So graceful and quietly fleeting! they’ll say.

I’m irritated, offended by their believed knowingness of a beauty they don’t know, they never knew. Maybe fifteen years ago, they could have known.

The milkweed wings, tawny-orange with veins of ebony, belong to a twelve year old monarch, fair skin and veins of crimson, the ones that give you life, but now they, too, are black.

She had braces that she should have used as a weapon, but instead used to read me stories of Biscuit the Dog. The lisp was a butterfly’s flutter, endearing and soft.

I wish she embraced the sharpness of the wires to hold on, to betray her bounded flight. I dreamt they removed the dirt from her teeth, from the pink and blue brackets, to show the white spots of her monarch wings.

I’m six, and I dance out this reverie to her mother. She cries, and laughs a dazzled laugh. I’m twelve, and she tells me they did floss the mud, they did shave away the cement and glue.

No one but she knew this. I’m twenty-one, and I still watch monarchs as I did when I was six. I don’t reach for her, I don’t chase, but I do wait, I do long,

for her to land on my outstretched palm.

Screen Pass

“How to Be Single,” a review by your token single senior girl

Valentine’s Day 2016, or as some may call it Single Awareness Day, has come and gone. Let’s all breathe a sigh of relief.

As a single person, I was a happy celebrator of Galentine’s Day, traditionally the day before the main event, but for those single girls out there this is all we’ve got, and it takes up two days. And yes, by tradition I mean as invented by *Parks and Recreation*.

With the holiday fast approaching, and my status as the 3rd, 5th, and 7th wheel becoming more and more apparent among my friends, my fellow single ladies and I devised a plan: We know how to be single, so let’s go watch a movie about it and see how wrong it is.

Expecting a rom-com in disguise, which at parts it definitely was, I was pleasantly surprised by some of the film’s accuracies. I found myself feeling like I was watching myself and my friends at brunch, listening to us lament the frustrations of modern day dating. To emoji or not to emoji? Is Tinder still a thing? The struggle is real and the film showed this struggle.

Shaped around a calendar year, the movie highlights the passing of time through the celebration of holidays. Christmas, New Years, St. Patrick’s Day, the list goes on. It

was a nice way to mark the year and keep you informed on exactly how much time had passed.

The plot was bland as nothing that remarkable happened. The plot twists were just as surprising as following GPS directions and the weaving of characters into each other’s lives made it just another super-cast movie circa *Valentine’s Day*.

Also bland was Dakota Johnson’s performance. You may remember her from *50 Shades of Grey*, a book-turned-movie that seemed nearly impossible to make boring, yet she managed to do it. In *How to Be Single* her role as Alice, the main character, is taking a break from her long-term boyfriend to experience singledom. The role fits her better than Anastasia Steele,

but overall she struggles with the fact that she can’t unzip her dress by herself and therefore feels alone and inadequate.

It takes a while for her to adjust, but eventually she comes to a groundbreaking realization that being single isn’t code for being boring, being Dakota Johnson is.

But that’s not to say that there weren’t highlights. Every friend group has a Rebel Wilson, the tell-it-like-it-is class clown. She’s the comic relief, and the one who gets



Gillian Katz

“The humor was spectacularly female...”

you out of even your SWUGiest of funks. In the case of *How To Be Single*, she carries the film. All the jokes are hers, and at times they even seem adlibbed. Be my funny galentine, Rebel?

Though certainly the comic relief, Wilson also makes one of the most serious takeaway points—the value of good friends.

Valentine’s Day is really just a celebration of love, so why not celebrate with those who will always love you? Good friends are there no matter what. They listen to your rants and frustrations, they make you laugh, they tell you the truth. If that’s not worth celebrating I don’t know what is.

Yes, some parts of the film were more realistic than others, but if you learned one thing from *How To Be Single* it’s that being single doesn’t mean being alone or being boring, it just means having really good friends.

Overall, the film made me laugh, made two of my friends cry, and didn’t single-shame the single ladies out there. The humor was spectacularly female, highlighting the feminine experience of being single with glimmers into the male psyche.

Because of this pink overtone (maybe that was just Galentine’s Day taking), I may not recommend *How To Be Single* for date night. Although wouldn’t that be quite the way to breakup with someone? Single or not, *How To Be Single* is perfectly accompanied by a glass of vino and a toast to the girlfriends who help get you through.

An interview with Adrian Blevins

By *EMILY MALINOWSKI*
Assistant A&E Editor

On February 15, 2016, Colby students, faculty, and other guests discussed their ideas about community. Following a “family style” dinner in Dana, the event moved to Page Commons for a series of artistic performances by students and faculty. Associate Professor of English [Creative Writing] Adrian Blevins was one of those people, and she blew the audience away with her recitation of three exquisite poems.

The first two poems were written by other poets: “If I Could Open You” by Leon Stokesbury and “Obituary for the Middle Class” by Bob Hickock. However, the final poem was her own “Ode to the Fish Fry,” a beautiful homage to paying attention. Blevins discusses the event and her musings on poetry with the *Echo* in the following interview.

How would you describe your poetry?

That’s a really good question. I think it’s a narrative poetry that is interested in the southern vernacular. So it’s a kind of a narrative spoken poetry that focuses on speech, sound, and this idea of the way that we speak. It’s about human speech and the way that we talk to each other, and I try to find a way to make that lyrical.

What made you choose the three poems that you read at the event last night?

The first poem is one of my favorite poems, “If I Could Open You” by Leon Stokesbury. I chose this poem because I love how it embodies this idea that in order to improve community, we have to overcome certain fears. I really do feel that one of the problems we have with community is that people are afraid of things they don’t know or understand—cultures they aren’t familiar with. So I thought using this poem would be a good way

to encourage people not to be afraid of difference.

The second poem is about class, and I actually think that one of the things that we don’t talk about enough at Colby is class and class differences. So I chose “Obituary for the Middle Class” by Bob Hickock because it’s about this idea of a community that accepts all people from all income brackets—this is a hugely complicated idea at Colby and it’s something that people aren’t willing to talk about. My father taught at a university south of the Mason-Dixon line in the Appalachian Mountains, so the cultural capital that I gained from this experience led me to associate with the working classes. Particularly the poetry of the working classes in every single possible way.

When did you begin writing poetry?

Thirteen. I don’t really remember my first poem; I’m pretty sure I was pretty mad at my mom about something she wouldn’t let me do. My parents are big readers, so I think that part of the reason I wanted to write was to get their attention. I thought, well, since they won’t pay attention to me in real life, if I could get inside the books then maybe they would listen.

What inspires you?

I think for a long time that part of the reason I wanted to write was because I have a little bit of a justice complex; I mean injustice drives me really crazy. It’s been driving me crazy since I was very young. So I think I started writing as a way to sort of articulate that. I felt misunderstood, but it took me a long time not to write bad poems.

Do you have any favorite poems or poets?

So Bob Hickock, who wrote “Obituary for the Middle Class,” is one of my favorite poets. I really love Mary Ruefle and C.K. Williams. I’m still really fond of one of my teachers, Tony Hoagland, who I studied with at Warren Wilson when I went back to school.

I actually studied fiction writing, but I was a terrible fiction writer! I would write these horrible stories and when they read them, my teachers would say, “You know Adrian, that’s really beautiful, but you know, nothing happened.” It took me a while to figure out that I was a poet.

What does poetry mean to you? Why is it important?

So my favorite quote about poetry is from the poet W.H. Auden, who said, “Poetry just may be the clear expression of mixed feelings.” I ask my students about their drafts: “Why is this a poem, not a film, novel, or a phone call to your mother?” This is the central question: why is it a poem? I really think it has to do with contradiction because feelings are very complex, and we can feel two contradictory feelings at once. Poetry is able to express that better than any other genre.

How can we use poetry to build community?

Right now I’m teaching American Poetry Since 1945, and we start with Ginsberg’s “Howl.” I’m beginning to see an interesting argument surrounding about two different ideas on American poetry. One is that poetry is only for an elite few and the other is that poetry is of the people, by the people, for the people. I actually think that hip-hop and all kinds of street poetry, slam poetry, all that kind of stuff is actually the people taking poetry back for the people.

If it becomes too rarified, too precious, then it’s not going to reach everyone. It contains so many voices—it’s polyvocal. We all need to know that it belongs to all of us. You know Walt Whitman had an eighth grade education and he’s one of the most famous American poets. I think that the more we get together, the more that we can make the case that poetry isn’t just this sweet, precious thing that’s in a gallery. It’s coming right out of the streets.

What advice would you give to an aspiring poet?

This is going to sound a little cliché, but follow your bliss, like Joseph Campbell would say. Poetry is about pleasure. Find the poets that you really just love and that you need. It’s not an intellectual thing.

2016 Grammy’s run down

The 2016 Grammy Awards were held February 15 and brought some of the world’s best and most entertaining artists to the main stage. The show’s 58th rendition, which was held at the Staples Center in Los Angeles, aimed to “recognize the best recordings, compositions, and artists of the eligibility year, from October 1, 2014 to September 30, 2015,” according to the National Academy of Recording Arts and Sciences.

Like most award ceremonies, this year’s Grammys had many ups and downs. For those who were unable to watch the show live, the *Echo* has taken the time to list some of the night’s biggest highlights:

- Kendrick Lamar performed a historically-driven rendition of “Express Yourself,” “Put Your Hands Where My Eyes Can See,” and “Alright” which recieved and enthusiastic applause from

the star studded audience.

- Lady Gaga wowed the crowd with an energetic tribute to the recently deceased David Bowie.

-Taylor Swift performed the opening number of the ceremony and later accepted the award for Album of the Year for “1989.” In her acceptance speech she encouraged younger performers to own their accomplishments: a subtle dig at comments made by Kanye West regarding his role in propelling Swift’s career.

- Lin-Manuel Miranda’s Hamilton is one of the most lauded contemporary shows on Broadway, and a broadcast of the famed show’s “Alexander Hamilton” balanced out the Grammy’s pop hit performances. The show later won the award for Best Musical Theater Album.

- The Weeknd delivered a strong solo performance of “Can’t Feel My Face” before moving on to “In The Night.” He later won the Grammy for Best R&B Performance.

- Justin Bieber proved his hidden genius once again with an acoustic version of “Love Yourself.” He also won the first Grammy of his career.

- Little Big Town added a hint of country to the show by performing “Girl Crush.”

- Stevie Wonder and the a cappella group Pentatonix performed a tribute to Maurice White of Earth, Wind and Fire.

Overall, the 58th Grammy Awards were entertaining as always, featuring a solid dose of drama, some good tabloid fodder, and several genuinely amazing performances. In case you missed it, that’s roughly most of all you need to know!

“...people are afraid of things they don’t know or understand—cultures they aren’t familiar with.”

Adrian Blevins
Associate Professor of English [Creative Writing]

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Museum Winter Open House



Guests attended the Winter Open House on Thursday, February 11. Courtesy of Terry O'Connor '16			
Building Community Through The Arts Feb. 18 7 p.m. Museum of Art	The Vagina Monologues Feb. 19 7 p.m. Cotter Union	The Vagina Monologues Feb. 20 7:30 p.m. Studio 93 (Main St.)	Inklings Magazine Release Party Feb. 21 7 p.m. Miller (Robinson)

Forum

Su-do-ku!

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Upcoming Events

Thursday, February 18
True Life After Colby: Laura Maloney '12
5:00 P.M. / Alumni Center

Thursday, February 18
Building Community Through the Arts
6:00 P.M. / Bixler 015

Friday, February 19
International Coffee Hour
4:30 P.M. / Mary Low Coffeehouse

Friday, February 19
Powder and Wig: The Vagina Monologues
7:00 P.M. / Page Commons

Saturday, February 20
Men's Lacrosse vs. Gordon
12:00 P.M. / Seaverns Football Field

Saturday, February 20
SOBHU Throwdown
10:00 P.M. / Pugh Center

Monday, February 22
Spirit Week 2016: Free Coffee
8:00 A.M. / Pulver Pavilion

Tuesday, February 23
*Spirit Week 2016:
Professional Tips and Tricks by SAA*
1:00 P.M. / Pulver Pavilion

Tuesday, February 23
Book Reading with J.C Hallman
7:00 P.M. / Miller Library - Robinson Room

Wednesday, February 24
Pizza and Conversation
5:30 P.M. / Miller Library 220

Comic of the Week



Courtesy of Davie Green

W. Hockey loses two tough games

By JACOB ADNER
Staff Writer

This past Friday and Saturday, the Colby women's hockey team took shelter in the arena amidst one of the coldest weekends in recent memory as they battled Middlebury in back-to-back games on the ice. Looking to rebound from two hard-fought 2-1 losses against Connecticut College the previous weekend, the Mules played their first game of the back to back on Friday. The Panthers have proven themselves as the frontrunners in the NESCAC this season with an undefeated record of 9-0-3 against NESCAC opponents going into Friday's matchup. With only four losses on the season, Middlebury looked to add another win to their tally. Colby would not go down without a fight as they attempted an upset.

A scoreless first period left both teams hungry for a goal. Colby came out strong, firing 16 shots on the Panthers' goalie. Their relentless attack set the tone for what would be a close battle down to the very end. Great goaltending on both sides kept the game close throughout. Colby goaltender Angelica Crites '16 had 21 saves on the game while Middlebury goaltender Julia Neuburger amassed 29.

Colby broke the tie at 11:58 in the second period when Katie McLaughlin '17 found the back of the net for her ninth goal of the season. This much-needed goal gave the Mules momentum as they finished off the period clinging to their 1-0 lead. Stout defense and great goaltending by the Mules kept the Panthers scoreless deep into the third period. The Panthers put the puck past the Colby goalie with seven minutes

left in the game as their leading scorer, Maddie Winslow, collected a pass from Jessica Young to tie the game at one goal apiece. Just three minutes later, Middlebury scored what would end up being the winning goal with 3:52 left in the game. They again relied on Winslow to deliver, and

she did, passing to Janka Hlinka, who quickly slid the puck past Crites. A tough loss for the Mules left them yearning to avenge themselves the following day in a re-match on home ice.

The second game brought a very similar scoreless first period. The Mules opened the game with aggressive play on defense, but lacked the same offensive

outpour that had kept them alive the night before. Crites ended up with 26 saves while Middlebury's Kiana Verplanke stepped up in net to make 18 saves. A more physical matchup led to a tie-breaking goal early in the second period. A costly penalty, one of Colby's two for the game, gave Middlebury the power play they needed to break the tie. After winning the faceoff, the Panthers moved the puck around the crease before Elizabeth Wulf slid a pass across the net to Jessica Young for a one timer. Middlebury held on to their 1-0 lead for the duration of the game and ultimately tallied their 15th overall win for the season.

The Mules look to finish the season strong with a matchup against Southern Maine on February 16. This resilient team will surely try to turn things around after a disappointing weekend. Two hard-fought matchups against one of the top teams in the league takes its toll, but Colby Women's Hockey will look to bounce back in their next game.

Two hard-fought matchups against one of the top teams in the league takes its toll.

W. Indoor Track runs well

By HENRY DODGE
Staff Writer

The Colby women's indoor track team had several individual standouts last Saturday as they took on a multitude of opponents in the Valentine Invitational at Boston University. The strongest performer was Kim Donaldson '16 in the shot put, as she took sixth out of a field of 56 on Sunday with a throw of 42 feet, seven inches. Michaela Garrett '17 came in tenth in the weight throw after recording a 51 foot, three inch heave. Garrett also took 26th place in the shotput, throwing a distance of 36 feet and four inches. Michaela Athanasopoulos '17 and Rachel Leonard '19 finished 23rd and 42nd in the 500 meters, running times of 1:18 and 1:21, respectively. The action continued

in the running events as Alanna McDonough '16 finished 28th in the mile with a time of 4:53, and teammates Caitlin Lawlor '18, Helen Chavy '19, and Hannah Springhorn '19 weren't far behind as they recorded times of 5:05, 5:12, and 5:13. The distance medley relay team, comprised of Lawlor, Chavy, Springhorn, and Emily Tolman '16, finished 22nd overall with a time of 12:25.

The sprinters had a good showing on Saturday as well, impressing crowds across a multitude of events. Emily Doyle '16 placed 48th in the 400 meters and 105th in the 200 meters, recording times of 57.83 seconds and 26.30 seconds. Taylor Depalo '19 and McKayla Blanch '17 also competed in the 400, coming in 67th and 82nd place respectively. The 200-meter dash was a huge event at the meet, with 237 athletes competing. Sophie Stokes '19,

Athanasopoulos, Blanch, and Depalo came in 109th, 119th, 139th, and 141st in that event. Athletes Sara Friedland '19 and Margaret Giles '18 also performed well, with Friedland taking 54th place in the 60-yard dash with a time of 8.23 seconds, and Giles finishing in 117th place in the 800-meter dash with a time of 2:24.

The women look ahead to some big meets in the coming weeks. The team will travel to the New England Division III Championships this coming weekend, followed by the Open New England Championships the following weekend. Their season will conclude at the East Coast Athletic Conference (ECAC) Championships on the weekend of March 4-6, hopefully followed by some individual Mules competing at the NCAA Division III Championships on the weekend of March 11.

M. Hockey splits weeks games

By HENRY HOLTZER
Staff Writer

The Colby men's ice hockey team split their two games this past weekend, losing a hard-fought battle to Trinity College on Saturday before picking up a huge win over Wesleyan on Sunday. After this weekend's win, the Mules moved up in the NESCAC rankings to the ever-important eighth spot in the standings. If the boys in the blue and grey want to keep their dreams of a NESCAC Championship alive, they'll have to fight to hold their current position in the NESCAC, as only the top eight teams duke it out in the playoffs for chance to be called the NESCAC champions.

On Saturday night, before a capacity crowd at the Alford Rink, Colby Men's Hockey let one get away. With the defending division III national champion Trinity Bantams coming up the I-95 corridor to take on the Mules, Colby hockey had an opportunity to make a statement win before the season comes to a close. After an impressive defensive performance in the first two periods, Colby found itself taking a 1-0 lead

into the locker room before the final frame. After a Trinity goal on a power play in the opening minute of the third period, Colby was able to slip another past the Bantam goalie to go up to 2-1. After that, it was all Trinity, as the pride of Hartford scored three unanswered in an offensive flurry that left the Mules unsure of where it all went wrong in a game that had once seemed so promising for Colby.

One of the Mules' greatest qualities over the course of the season has been their ability to move on from tough losses. This proved true again on Sunday afternoon, as the hockey team was able to fly past the cardinals of Wesleyan University. After going down by a goal late in the second period, the Mules were able to get the answer they needed with a goal from Michael Rudolf '18. This jump started the Colby offense going into the final twenty minutes, as Cam Macdonald '18 punched in one

in the first minute of the third period. Jack Burton '17 put Colby on the scoreboard again in the seventh minute of the third, and the Mules didn't look back from there, winning the game by a final score of 5-3.

The beanies and baseball caps fluttered down onto the ice from the Waterville faithful.

To put icing on the cake, Macdonald scored his third goal of the afternoon by getting a shot past the Cardinal goalie's glove side with under three minutes left to go in the contest. The beanies and baseball caps fluttered down onto the ice from the Waterville faithful as the Mules skated off with a huge victory.

Next weekend, the team hits the road, traveling to the Connecticut shore to take on Connecticut College, before stopping at Tufts for a contest as they drive back to the 207. The team looks to maintain that all-important eighth spot in the NESCAC standings and build momentum before the NESCAC playoffs begin the weekend of February 27.

W. Swimming attends meet, Men look towards next week



The Colby women's swim team finished tenth at the NESCAC championships. Courtesy of Colby Athletics

By ANDREW D'ANIERI
Staff Writer

The Colby men's and women's swimming teams each head into the home stretch of their seasons looking to finish solid campaigns on a high note. The women attended the NESCAC championships this past weekend, and the men will travel to Williams College next Friday for the Men's league championships.

The women's team finished respectively in the relay events at the championships. The 400-meter medley relay team of Katherine King '19, Shauna Yuan '16,

Katie Southworth '16, and Katie Discipio '17 came in seventh place with a time of 3:59.24, improving on their preliminary time of 4:00.81 to net the Mules 46 points. The 200-meter freestyle team, made up of Southworth, King, Catherine Cimini '18, and captain Morganne Hodsdon '16, took tenth place with a time of 1:40.38. Discipio also placed 15th in the 50-meter butterfly (26.72) and diver Alicia Elliott '19 took 15th in the one-meter competition with a final score of 263.45. The Mules ended the day with 150 points in tenth place.

Yuan and Discipio impressed again on Saturday, with Yuan finishing 11th

in the 100-yard breaststroke and Discipio grabbing 12th in the 400-meter individual medley.

Yuan swam a blistering 1:06.94 in her preliminary race, good for third all-time in the Colby record books. Abigail Taylor-Roth's '19 24th place finish in 1:08.97 in the same race was the fourth-fastest time in program history. Two Colby relay teams finished in ninth to give the Mules an 84-point boost. The 800-meter freestyle team of Taylor-Roth, Discipio, Southworth, and Hodsdon recorded a time of 7:51.37, while King, Yuan, Discipio, and Cimini managed a time of 1:50.18 in the 200-meter medley relay. The Mules ended Sunday's final day of racing in tenth place out of 16 teams.

The men will look to make their mark in Williamstown on Friday to cap off their season. The Mules fell to Bowdoin College 212-109 in their last meet but hope to bounce back under the bright lights of the league championships. Two-sport athlete Jacob Tower '19 has emerged as the team's top sprinter and will be eager to test himself against the league's best. The Mules will look for points from their 200-meter freestyle team of Joe Paluso '19, John Blackburn '17, Tower, and Cameron Garfield '19. Other key contributors for the Mules will be John Devine '18 and Andrew DeStaeblert '19. A strong showing at NESCACs could mean a trip to NCAA Regionals the following weekend.

Men's Basketball				
	NESCAC		Overall	
	W	L	W	L
Trinity	9	1	18	6
Amherst	8	2	20	4
Tufts	7	3	19	5
Middlebury	6	4	14	20
Wesleyan	5	5	18	6
Williams	5	5	15	9
Bowdoin	4	6	12	10
Colby	4	6	16	8
Conn. Coll.	3	7	12	12
Bates	2	8	10	14
Hamilton	2	8	11	13

The Echo reminds you to support Colby Athletics

Men’s Basketball clinches crucial playoff berth



The seven seniors on Colby Men’s Basketball have made a massive impact for their team this year. John Gallego, Patrick Stewart, Michael Loginoff, Ryan Jann, Chris Hudnut, Luke Westman, and Sam Wilson will be missed next year. *Courtesy of Stefan Kohli*

*By WILL WALKEY
Co-Sports Editor*

Colby Men’s Basketball has earned themselves a spot in the NESCAC playoffs after two crucial home victories over Connecticut College and Wesleyan University this past weekend. They hold the eighth seed and will play top-seeded Trinity College in the quarterfinals this Saturday in Hartford, Connecticut.

The Mules were on the verge of playoff contention at the start of last week when the Camels of Connecticut College herded themselves into Wadsworth Gymnasium on Friday night. The first half was a back-and-forth affair with Colby going into

the break holding a 38-34 lead. Then, after some strong halftime words from coach Damien Strahorn, the Mules came out flying in the opening four minutes of the second half to take an eight point lead. Basketball is a game of runs, and this game was no exception as a 6-0 streak by the Camels was followed by a nine point run by the Mules, who kept their foot on the gas and maintained their lead throughout the game. Conn. shrank the lead to as close as seven points, but the Camels were unable to get over the hump and take the lead. The lead stretched out to ten points as the final buzzer sounded and the scoreboard showed an 83-73 score in favor of the Mules. Colby exhibited excellent team

basketball as they dished out 23 total assists and shot 56.6 percent from the field. Point guard Luke Westman ’16 was a stand-out player with a team-high 22 points on 7-8 shooting from the field. Ryan Jann ’16 totalled 19 points, and Patrick Stewart ’16 earned a double-double with 11 points and ten rebounds. Fresh off a Friday victory, the Mules looked to the sky and saw their foe for Saturday: The Cardinals of Wesleyan University.

The Mules needed a victory to clinch a playoff spot over 20th-ranked Wesleyan, and they had the home court advantage on their side. However, the Cardinals flew off to a quick 15-6 lead just six minutes into the game. Never succumbing to nerves,

the Mules battled back to a 26-26 tie before going on a 10-5 run and ending the first half up 36-31. Up 46-40, the Mules used an 11-3 run to electrify the crowd and stifle the Cardinals, who just barely mustered a single-digit loss: 73-64. The seven Colby seniors came up big in their final game at home, with Chris Hudnut ’16 finishing with 19 points and a monstrous 15 rebounds, Stewart shooting 6-10 from three-point range on his way to a team-high 20 points, and Westman committing zero turnovers as a ball handler. Defense wins important games, and the Mules forced the Cardinals to commit 14 turnovers while shooting a measly 35.8 percent from the field.

After an excellent weekend of basketball, Colby ends the season at 16-8 overall and 4-6 in the NE-SCAC. Wadsworth gymnasium proved to be a terrific weapon for the Mules, who finished 8-1 at home as colleges making the trek to Waterville had a hard time leaving the Wadsworth Gymnasium victorious. Unfortunately, the Mules leave their cage to travel to Hartford in a rematch of last year’s playoff game, in which eight-seeded Colby fell by three points to the top-seeded Bantams 66-63. However, last year’s game did not feature crucial Colby players Hudnut and Stewart, who were both out with injury. This year, the Mules have upset in mind as they try to extend their exciting season on Saturday at 3:00 P.M.

Alpine and Nordic ski teams enjoy a cold weekend

*By JAMES BURLAGE
Staff Writer*

After varied finishes in the Vermont Carnival at the end of January, the Colby Ski teams continue to carve out respectable seasons. With the Eastern Championships less than two weeks away, the Mules traveled down to the Dartmouth Carnival in Hanover, New Hampshire on February 12 looking to gain momentum as the season reaches its final slope.

The first day saw only the giant slalom competition as the severe cold froze any chance for a Nordic Race. The alpine Mules were unfazed by the nipping front as the Women finished fourth and the Men fifth. Mardi Haskell ’17 finished second place in the Giant Slalom with an impressive overall time of 1:53, gliding Colby to a strong 101 point finish, placing just behind the hosts, Dartmouth (109). The fifth team, Middlebury, salvaged a fair 72 points, but the Giant Slalom turned out to be a four-team duel with Vermont edging out New Hampshire, 116 to 112. Colby’s strong performance is a testament to their depth, as all five skiers finished in the top 31, with Sierra Leavitt ’16 and Ryanne Daley ’18 surging into the top 20 (12th/20th) with times of

1:55 and 1:57, respectively. The men’s fifth place, 67-point performance squeaked past the 65-point St. Lawrence team thanks to Michael Boardman ’17’s 15th overall finish (1:51) and Colby’s All American, Sam Glaischer’s ’16 19th place finish (1:53). The men’s Giant Slalom had a similar narrative, as the top four teams dominated the completion with the Big Green hosts taking fourth with 96 points and the University of Vermont again gliding to first with an impressive 135.

The second day covered the slalom competition and the Nordic team’s sole race. Haskell continued to dominate the women’s race, finishing again in second (1:38), and only trailing behind University of Vermont’s Laurence St-Germain, a Canadian National Team member and a seven-time World Cup race starter (1:35). All of Colby’s top five once again finished in the top 30, propelling the Mules to a 95-point second place finish, edging out Dartmouth (93 points). St-Germain and her New Hampshire team finished their carnival run with a decisive 122-point first place finish. The Colby men’s team unfortunately could not replicate the women’s second day successes as they sauntered into tenth place with 33 points. Despite the poor re-

sult, Boardman finished in the top 25 with a time of 1:42 to cap off a polarized weekend.

With the temperature icing Friday’s race, the Nordic Mules looked to capitalize on the extra day of rest and a one-race weekend. Olivia Amber ’17 did just that in the 15 km race, as she raced to a collegiate-best second place finish (45:03) to lead the women’s convoy to a strong fifth place finish in which they scored 182 points. Amy Bianco ’17 tailed Amber to a top-ten place finish (46:14) but the Mules’ lack of depth showed as the remaining 4 skiers finished deep into the field, with the third and fourth Colby racers finishing 43rd and 58th. Dartmouth garnered 214 points to beat out Middlebury’s 206 and take the their only victory at home. The men’s team scored 152 points and was met with the same fifth place finish as the women but had the opposite process. None of the Mules finished in the top ten, but Zane Fields ’19 and Silas Eastman ’17 both skied into the top 20 (14th, 48:49/ 19th 49:14) and Jeff Tucker ’16 pulled in at a respectable 26th (50:10). The University of Vermont ended their successful weekend with a 248 point victory over Dartmouth (228).

The Colby Ski teams travel to the Williams Carnival this weekend in their last test before the Eastern Championships on February 26 and the NCAA championships on March 9. With varied but respectable results, the Mules are primed to place strongly in the upcoming races.

The alpine Mules were unfazed by the nipping front.

Colby on Deck

Skiing at Williams Carnival

Fri., February 19 9:00 A.M. Williamstown, MA

Men’s Swimming at NESCAC’s

Fri., February 19 10:00 A.M. Williamstown, MA

Men’s Indoor Track at N.E. Div. III’s

Fri., February 19 2:00 P.M. Middlebury, VT

M. Ice Hockey at Connecticut College

Fri., February 19 7:00 P.M. New London, CT

W. Basketball at Connecticut College

Sat., February 20 3:00 P.M. New London, CT

M. Basketball at Trinity

Sat., February 20 3:00 P.M. Hartford, CT