



THE COLBY ECHO

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CENSORSHIP KEYNOTE: SIR SALMAN RUSHDIE TO SPEAK IN FORMER CHAPEL AT 7 P.M. TONIGHT

Adams nominated by President Barack Obama as next Chairman of the National Endowment for the Humanities



Student housing system changes to online format

By TARINI HARDIKAR
Staff Writer

In the last few weeks, Campus Life has introduced and implemented a number of changes in the housing system. Firstly, and most importantly, the entire room draw system has moved online. The advantages of this system are convenience and simplicity—and it avoids the chaos that resulted when the entire school came to Heights for the in-person draw.

With the new online system, which, like the Career Center uses Symplify software, a student chooses roommates by adding a roommate's assigned "student code" in the "Roommate selection" section. Roommates must mutually select each other and then choose a leader. The leader chooses a room as his or her first preference and is also assigned a time to officially select the room—that is, the draw time.

At the draw time, the student then finalizes his or her preferred room, if it is still open. If the room has al-

ready been taken, the student chooses another preference and finalizes it as the new room. At every stage of the process, the student receives confirmation emails, ensuring that no error occurred.

Housing and Facilities Advisory Committee (HFAC) Chair Dan Sunderland '14 reported at the last Student Government Association (SGA) meeting that HFAC members have spent time testing the software and running trial room draws to weed out any flaws in the system. Associate Director of Campus Life and Residential Education Kim Kenniston, has also held multiple information sessions over the last few weeks to explain the online room draw system to students. During room draw, students can even walk into the Campus Life office and use provided laptops. Kenniston reported that draws for specialty housing went smoothly for the most part.

In terms of specialty housing, next year, Piper and Johnson are designated substance-free. Mitchell will be quiet, Grossman will be Green, and

Mary Low will be Wellness. For the Class of 2018, the housing questionnaire will be significantly different. There will also be no first-years placed in Anthony, Mitchell and Schupf. "It's a less desirable place for first years to live because it's less of a community. Upperclassmen really love living in AMS, though, because of its location, so it makes sense to make more room for them," Dean of Student Life Jim Terhune said.

"Hillside has been really successful as a dorm reserved for first-years and sophomores, so we plan to continue that. This year, first-years were housed in blocks of 6-8; next year that will be expanded to blocks of 10-12," Terhune said. "When first-years live in proximity with each other, there's more of a social life and community, which makes for a great atmosphere to start in."

The most important change is that

cont'd in *Residency changes* p. 3

Colby Cares Week expands volunteer work

By CHRISTINA DONG
Asst. News Editor

A week of discussion and reflection on volunteer service culminated Saturday, April 12, with Colby Cares Day. Organized by the Colby Volunteer Center (CVC), the annual event devotes a day of service to the Waterville area, with volunteers at 20 different locations. This year's service force comprised 215 students, plus a first-time addition: more than 50 Colby alumni serving communities in Boston, New York and Washington, D.C.

Spring is in the air, but for much of the Waterville community, the change in weather creates maintenance work requiring many helping hands. Rachel Prestigiacomo '17 spent the day at the Sunset Home, a residence for senior women, where she worked outside raking leaves, sweeping up sand from the driveway and "otherwise beautifying the place," she said. "They received us with such excitement,

and the [maintenance manager] we worked with, Sean, gave us a whole tour and introduced us to some of the residents and their cats."

Prestigiacomo's favorite part of the day was eating lunch with the residents and striking up conversations with them in passing. "It was wonderful and made the work we did worth something," she said.

"At first it seemed absurd that, even after we removed all the leaves, we continued to rake. Then I realized that clearing the gravel from winter's sanded roads and dead brush was a vital step in replenishing grass," Olivia Biagetti '14, who did similar maintenance work at the Mid-Maine Homeless Shelter, said.

"I thought about my yardwork naivety, and then I thought about how green the grass is at my own homes, including Colby," she added. "While helping the homeless, I

cont'd in *Students volunteer* p. 2

A&E:

Independent filmmaker
Kelly Reichardt talks
about directing
p. 8

Sports:

Men's Lacrosse tops
Bowdoin
p. 12

Features:

Students study in multiple countries with IHP Program
p. 4

A&E:

Dan Harris publishes book on meditation
p. 8

Opinions:

Colby's deplorable mental health policies
p. 7

Pugh Community Board hosts final PC Coffee

By MEGAN LASHER
News Editor

In a small, intellectual community, it is crucial for students to regularly interact with each other in open and intelligent discourse. The Pugh Community Board (PCB) gives students of the College this opportunity through its Pugh Center Coffee events.

On Thursday, April 10, PCB hosted the final PC Coffee, which focused on the question, "What has Colby done for you, and what have you done for Colby?" The community gathered in the Pugh Center to discuss the topic at hand in small groups over coffee and tea.

Andy Kang '15 and Maya Ramakrishnan '16 hosted the event in the hope that the theme would allow for graduating seniors to reflect on their time on the Hill while giving advice to underclassmen. Many of the questions they gave the small groups to kick-start conversations focused on the ideas of activism and involvement, asking the older students to recall what they've learned about leadership throughout their college experience.

"We feel like a lot of progress that we make at Colby in terms of multiculturalism gets lost, and we make the same mistakes over again, since leadership changes so quickly and people are here for only a short period of time. We wanted to create a discussion that could focus on how we can move forward [and] pick up where old-

er leaders left off so that we don't backtrack," Ramakrishnan said.

The event was successful in introducing more seasoned leaders to the younger crowds. leader of the Feminist Alliance Kaitlin Curran '14, Chair of PCB Juliette Chan '14, co-Editor-in-Chief of the *Echo* Julianna Haubner '14 and founder of Mule Prep Matt White '14, were just a few of the advising seniors who passed along wisdom and personal anecdotes, guiding future campus leaders about how to handle tasks like event planning, publicity and designating jobs to peers.

Students separated themselves into smaller groups to create a more intimate and open atmosphere for discussion. Groups of 4-8 peers met in circles around the Pugh Center and referred to a sheet of conversational questions to begin the discourse. This environment led to productive and helpful conversations that allowed for a deeper, more personal level of dialogue.

The PC Coffees have occurred regularly throughout the year, achieving the same goal of bringing students together over a certain topic. "The point is to discuss and learn from each other, and relate things that we experience back to multiculturalism and bring that into a larger discourse," Ramakrishnan explained. PCB and the College community look forward to continuing the tradition of these coffees throughout the upcoming academic year.



Jen Jack Gieseking talks. Overlaid: spare and place

The Colby Echo, Alex Aramund

A letter from former Sodexo employee Olivia Reed

Upon her departure from her job at Colby's "Take Four" Caporale Lounge, Reed wrote a short statement to the community, which she asked to be published in the *Echo*.

"To all of my kids! I am sorry to have to say goodbye. I did get a chance to tell some of you personally, but to the ones that I didn't get to see before my leaving Colby, I am sorry. I will miss each of you. I will be taking a bit of each of you with me. Some of you know the details of my departure. Thank you for all of your support. I am doing well."

*With heartfelt memories,
Olivia D. Reed*

Students volunteer in Waterville area for Colby Cares Day

cont'd from Colby Cares p. 1

confronted my own lack of responsibility creating the falsely inherent niceties of my homes."

In front of the Waterville Historical Society, the raking work amounted to over 120 bags of leaves, according to Anna Krauss '17. She enjoyed learning about Waterville's past as a part of her work that day. "Everyone should [go] check it out; it's actually so cool," she said. "The guy who owns the museum [and] apothecary told us that it only gets cleaned about three times a year, so it was good to really make a difference." The swim team volunteered at the Society that day as well.

Tashi Palmo '16 lent a hand by sweeping and raking outside the Waterville Public Library. "My favorite party of the day was when we were working, people driving by would cheer us on and told us to keep it up. That really made my day," Palmo said.

At the same time, other students worked hard behind the scenes. Emma Kuehn '17 volunteered at the Maine Children's Home, a preschool and daycare center. She prepared items for the home's Christmas program, which aims to provide a "full Christmas" for children in the area who would otherwise be unable to receive gifts. "They have a whole building dedicated to this and it is literally stuffed with toys and clothes. It is all donations. Every kid gets toys, an outfit, pajamas, shoes, winter gear, stuffed animals, family games and more," Kuehn said. Some of these gifts even take the form of home additions, like the wooden handicapped ramps that Kuehn applied stain to.

Colby Cares Day provided an ideal opportunity for clubs and sports teams to contribute to the

community as a group. Ramon Arriaga '16 joined Enviroco that day for an environmentally focused project: canoeing down the Messalonskee and removing trash from the river and nearby stream systems. "It literally was the best of both worlds. We got to clean up a lot of human trash and enjoy a beautiful day outdoors while giving back to not only [the] community, but the beautiful place that is Maine," he said.

The College's day of service corresponded this year with another local day of service, South End Clean Up. Members of the Colby football team volunteered in conjunction with the South End Neighborhood Association, organizer of the annual cleanup project. The cleanup day assists residents of Waterville's South End, many of whom do not own cars, by offering removal of furniture and yard waste. The football team has participated in South End Clean Up for several years in the past, one example of the long-term relationships between Colby sports teams and local organizations. Similarly, the soccer team maintains an ongoing relationship with the L.C. Bates Museum, Maine's natural history museum.

Although Colby Cares Day is single day of service, it highlights the weekly, long-term volunteer commitment of many Colby students as well. "Not only do you go out and do service, but you also gain awareness of all the service that people do on a regular basis," Amanda Carboneau '14, co-director of the CVC, said. "It's a chance to reflect on why we serve."

A commitment to service extends far beyond Colby students' time on the Hill. New to Colby Cares Day this year is the inclusion of the Colby alumni community and, at the same time, its outreach to communities beyond Waterville. "We wanted to em-

phasize that you can impact your community wherever you are," CVC Co-Director Josh Balk '14 said.

Alumni groups in Boston, New York and Washington, D.C. even wore the same Colby Cares t-shirts as the student volunteers, uniting the two parties. "It strengthens the [Colby] community," Balk said. "You know that you're volunteering when others are as well."

Colby Cares Day wrapped up an entire week focused on service, Colby Cares Week, which began the previous Monday with the Stories of Service dinner. During the dinner, Alternative Spring Break participants and other student volunteers shared their experiences serving in communities locally and globally. Tuesday featured guest speaker Betty Palmer, Executive Director of the Mid-Maine Homeless Shelter, who discussed Colby-Waterville relations and her own path to service.

The week coincided with National Volunteer Week, an initiative of the HandsOnNetwork, and Colby Cares Day with Global Youth Service Day, a campaign of Youth Service America and the world's largest service event.

The remainder of the week included a discussion of service at Multi-Faith Council, a CVC display in Pulver, and story time with Matt White '14, during which he shared his story of service.

Colby Cares Week on the whole was meant to be more than an impetus to volunteer locally—it was primarily "a time to reflect on your relationship with service, and also on how our service affects Waterville," Carboneau said. She hopes that Saturday's day of service can be a long-term inspiration as well. "It shows that this [service] happens all the time. It's not a one-time thing, and it doesn't have to be a scheduled event."

Security Incident Report Log

Date:	Time:
4/4/14	1:39 a.m.
4/4/14	12:07 p.m.
4/5/14	12:27 a.m.
4/5/14	1:17 a.m.
4/5/14	1:36 a.m.
4/6/14	12:26 a.m.
4/6/14	12:27 a.m.
4/6/14	12:40 a.m.
4/9/14	11:20 p.m.
4/10/14	6:24 p.m.
4/11/14	10:39 p.m.
4/11/14	11:40 p.m.
4/13/14	12:20 a.m.
4/14/14	12:31 a.m.

Location:
The Heights
Foss Dining Hall
Cotter Union
The Heights
Dana Hall
Dana Hall
Alfond Apartments
Alfond Apartments
Lovejoy Building
Perkins-Wilson Hall
Alfond Apartments
Hillside Drive
AMS Hall
Coburn Hall

Comments:
Damaged vending machine
Stolen backpack with computer
Alcohol
Damaged toilet
Alcohol
Alcohol
Alcohol
Alcohol
Open container, failure to comply
Medical call-illness
Alcohol
Open container, hard alcohol, underage
Noise complaint, hard alcohol
Noise, keg, safety violation

On behalf of everyone on the Hill, the *Echo* would like to welcome

THEO WARTMAN
to the Colby family.

Congratulations,
Jed, Brynn
and Micah!



SGA pushes Colby Affirmation campaign

By MEGAN LASHER
News Editor

The new Colby Affirmation campaign, in conjunction with the "Be a Mule, not an ass" slogan, has attracted much attention across campus. Run by associates from the Student Government Association (SGA), the Affirmation's purpose is to create a coherent list of values that students pledge to uphold.

Brittany Chin '16, co-president of the sophomore class, has been one of the driving forces behind the campaign. It has already garnered upwards of 900 signatures, the majority of the student body. "We wanted a concrete statement of Colby's beliefs and values, like academic integrity, respect and accountability," Chin said. "By signing this, I'm saying I support these values and want to be a part of a community that practices them."

The idea of the Affirmation came from a group of students who wanted a system of accountability in particular. "Last year, the task force [for the Affirmation] surveyed the student body to see if they wanted an honor code or an Affirmation. They realized that an honor code seemed more negative, whereas the Affirmation would be a more positive statement of Colby values," Chin explained. The biggest difference between the two is that, unlike an honor code, there are no repercussions in an Affirmation. It is seen as a more benevolent movement than a disciplinary system.

The College's trustees, who have helped spearhead the campaign, supported the desire for a set of values. According to Chin, "Students came up with the idea that they wanted to hold each other accountable, and they brought it to the trustees. [The Board] encouraged them to work together with faculty and staff but made it clear that the campaign needed to come from students."

After the Affirmation was formed, the slogan "Be a Mule, not an Ass" came into play. The idea

relates to residence hall vandalism, and encourages students to be respectful toward their living spaces and fellow students. "At an informal SGA meeting, we were discussing dorm damage and someone coined the phrase. As I worked more with the Affirmation, I realized that those two things really work hand in hand," Chin said.

"The 'Be a Mule, not an Ass' campaign gave a second understanding of the Affirmation by relating it to dorm damage. The connection has been very well received and has helped students realize the purpose behind the Affirmation," Chin explained. "Dorm vandalism was really one of the biggest reasons for the campaign, right next to academic dishonesty."

To further implement the set of values across campus, SGA officials have been reaching out to various areas of campus life. "Cole Yaverbaum '14 has been taking on meeting with Pugh Center leaders about incorporating the Affirmation into different clubs," Chin said. Senior Associate Dean of Students and Director of Campus Life, Jed Wartman has also been meeting with athletic coaches to introduce the ideas of the Affirmation to sports teams. "We really want to cover all different realms of campus to get everyone involved," Chin said, adding that the next step is to incorporate the Affirmation in a classroom setting.

In the future, SGA hopes that the campaign will continue to gain signatures and recognition from the majority of the student body. This year they plan to get more signatures by moving the signing locations around campus because, in Chin's words, "We've exhausted the Pulver crowd." The Affirmation is likely to have a larger role in first-year orientation in future years as well. "We're hoping that the signing becomes a yearly thing—we've thought about having first-years sign at matriculation or have them all state it together so that they're introduced to it right away," Chin said.

International Extravaganza showcases global music and dance

By CHRISTINA DONG
Asst. News Editor

Page Commons was adorned in flags of the world and alive with colored light Saturday, April 12 for the 29th annual International Extravaganza. Hosted by the International Club (also known as I-Club), the event celebrates the many nationalities represented in the College's student body. International and American students alike performed dances, musical numbers, and even poetry readings that evening for an energetic audience nearly spilling over the balconies and balustrades.

The show opened with Renzo Moyano '14 and Guillermo Sapaj '14 on the djembe (an African hand drum) and the didgeridoo, respectively. From there, the stage turned over to a K-pop dance, contemporary African dance, and belly dance, to name a few. Musical numbers ranged from traditional Chinese music and Cantonese opera to performances from the taiko club and two of the College's a cappella groups, Eve and the Blue Lights.

According to I-Club leader Pralaksia Gurung '16, this year's show featured more traditional numbers than usual. "There are some very, very talented people in the show," she said of the students who have mastered challenging traditional techniques.

Gurung is an International student herself, hailing from Bhutan. "Our international community is so big [and] this was a great opportunity to bring everyone together" including host families that attended, she said. International students and American students, I-Club members and guests, and anyone interested had the chance to sign up for a performance.

The most prominent aspect of the show was the energy pulsing through the Commons—on stage, in the audience, and even

backstage. "You look backstage and there's people dressed in their national dress, and people in Bollywood [attire]. There are people running around frantically trying to do quick costume changes. And a cappella people are roller-skating through the halls," Erin Lavoie '17 said. "People were nervous, but they weren't stressed out. There was this wonderful spirit of friendship."

The International Extravaganza was a logistical feat in itself. With so many numbers and costume changes—Pamela Alakai '14 was in six different dances, for example—the show required precise organization. "The order [of acts] needed to be arranged so that people could change... and breathe. It was difficult to strategize," Gurung said. The order was still undergoing changes the night before the show, after trouble spots were identified during dress rehearsal. A Chinese music performance was also added to the program that night, with the performers only having rehearsed twice beforehand.

Gurung, student organizer

of the event, stood backstage during the show nervously anticipating every cue, music and lighting included. "Every time the audience clapped, I was relieved!" she said.

"The [I-Club] executive board worked so well together, and everyone contributed, even in small ways. Every act made a difference," Gurung said of the event's success. Associate Dean of Students Sue McDougal "worked really hard on the event [as well] and I couldn't have done it without her," she added.

With so many students involved, the International Extravaganza offered a lively opportunity to meet new people and, at the same time, bring together different backgrounds and cultures in lighthearted, supportive spirit. "I always appreciate events that celebrate cultural diversity, [and] it takes a lot of courage to be vulnerable and open yourself up to a big audience," Moyano said. "This is my last semester at Colby and so playing with Guillermo and his didgeridoo will be one of those lasting memories."



2014 residency changes

cont'd from Student housing p. 1

first years will no longer be able to opt for any kind of specialty housing. For the Class of 2017, the only specialty housing option available was the chem-free option. Beginning the next year, even that option will not be available for first-years. Instead, the housing questionnaire will have more questions about drinking preferences. "[We will] use that info to create matches and clusters of students based on those questions," Kenniston said in an e-mail.

The decision to exclude first-years from substance-free housing was made by the College Affairs Committee (CAC), chaired by Terhune. HFAC was not involved in the decision, nor were Community Advisors (CAs) of chem-free dorms consulted. This decision was made to reduce possible segregation that occurs between students living in chem-free and those living in traditional housing, which potentially continues over the four years.

"HFAC had independently discussed whether or not to include new first-years in substance-free housing, but had concluded that the current system can act as a safety net for incoming students who do not want to participate in the campus' alcohol culture. We were unaware that the College Affairs Committee was also discussing this and we were not consulted on the matter," Sunderland said. "Kim Kenniston relayed the CAC's decision to us during the HFAC meeting during which we decided which dorms would be substance free, quiet, et cetera."

Many students, first-years especial-

ly, are surprised by the new decision. A few felt that the segregation that occurs is intentional, in the sense that it is based on conscious lifestyle choices. Sarah Boland '17 felt that if first-years do not find a friend circle with certain crucial similar habits, such as alcohol consumption, it might lead to an increased number of transfers.

"I think asking the perspectives of CAs of chem-free dorms or chem-free residents would have been helpful in making a more educated decision about housing changes," East CA Camille Gross '14 said. "When a student comes into Colby and doesn't want to drink or smoke, it becomes really hard to find a sense of community because, whether the College likes to admit it or not, most of social life at Colby centers around alcohol and drugs. And taking away the chem-free housing option makes it even harder."

"Chem-free housing provides a safe space where students can develop community without drugs and alcohol. Without this option, I worry about how students who don't drink or do drugs will find safe spaces," Gross added.

Terhune emphasized that none of these changes are set in stone, and that ensuring closer communities for first-years was the ultimate goal of the changes.

Terhune also addressed the changes that Roberts will undergo in the future. With Security and Human Resources eventually moving into Grossman, Roberts will have many suite-style dorms, as well as singles on the upper floors of the building. On-campus housing is guaranteed for all students, and specialty housing guaranteed to every student who signs up for it.

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Students study in three countries while participating in IHP



By GRACE BALDWIN
Features Editor

By CATHERINE WALKER-JACKS
News Staff

April marks the time of year when students in the sophomore class make their final decisions on where they will be spending a portion of their junior year off the Hill, in the past many students at the College have participated in the International Honors Program (IHP).

IHP is a study abroad comparative studies program that is partnered with the School for International Training (SIT). There is a diverse range of themes of study offered by IHP, including programs

titled "Cities in the 21st Century: People, Planning, and Politics," "Climate Change: The Politics of Food, Water, and Energy," Health and Community: Globalization, Culture, and Care" and "Human Rights: Foundations, Challenges, and Advocacy."

Devki Rana '15 is currently participating in the "Health and Community" program, along with 30 students from a variety of colleges and universities, a fellow who participated in the program four years ago and two travelling faculty. The group is traveling to three different countries: Vietnam, South Africa and Brazil. "In each country, there is a country coordinating team who [makes] our every day schedules, including who we meet and where

we stay," Rana wrote in an email to the Echo.

Rana heard of the program through an environmental policy information session about study abroad. Her current IHP program began in Washington, D.C. where they examined public health systems and health in the D.C. community, as a means of developing a foundation of health-related concepts and a health system to which they would compare their future foreign country visits.

"Now I am finishing up the South Africa portion. We were in a township in a province somewhat close to Cape Town for two weeks staying with families there," Rana wrote. "We then moved into the Bo Kaap, a Muslim commu-

nity near the heart of Cape Town where we also stayed with families for two weeks. In just a few days, we are headed off to Brazil to do a combination of home stays in Sao Paulo [to] visit rural areas outside the city."

On the Hill, Rana is an environmental policy major and education minor; she has no intention of pursuing a medical career. She chose to participate in the unique program as a means of learning about social justice issues in a more experience-based way.

"My favorite part of my IHP experience has [been] being able to access the voices that outsiders of a community don't necessarily get the opportunity to hear. I really think that in both [Vietnam and South Africa] I have been able to see and really understand the social and political issues and how people are further marginalized because of [those issues]," she wrote. The majority of the programs learning is based on site visits, guest lectures, panel discussions and homestays with local families.

Students in the program are heavily scheduled and attend class—formal or informal—every Monday through Friday from 8:30 a.m. to 5 p.m. "On an average day, we have one to two of our classes, which are "Public Health," "Research methods," "Globalization and Health" and "Health, Culture, and Community," Rana explained. In addition to formal lectures and discussion, there are also guest lectures and field trips to NGOs or specialized hospitals; the students are also all currently working on individual case studies and public health interventions. "The schedule definitely ranges on a day-to-day basis, but is usually full of surprises

and very interesting!" Rana wrote.

Annika Moline '14 participated in the "Health and Community" IHP program last year. She told the Echo in an email that "[My favorite part] was meeting so many incredible people and hearing their stories about what their lives are like...I still keep in touch with my host families, translators, faculty and others we met along the way."

Gabi Cortez '16, an anthropology major and cinema studies minor, is planning on participating in an IHP program her junior year. "IHP seemed so perfect for me in the sense that I would be able to live so many different lifestyles and meet so many different interesting people along the way," she said. Cortez is particularly excited for the homestays and the opportunity to travel to not one but three different countries. Having participated in homestays in the past, she explained that she feels it is an optimal way to understand the people, culture and community of each country.

"I will be making connections with all of these people, but also connecting each of them to each other...I [hope to] bring what I have learned from the each country to build on my personal interactions with new people I meet," she said. She mentioned that past IHP program participants have said that traveling between the countries is extremely tiring and also at times emotionally difficult because of the strong connections developed with people in each of the locations.

Cortez added that students from the College who participated in IHP "could not say anything bad about [the program]. They loved it and made so many lasting friendships."

Faculty Profile: Asst. Professor of Sociology Matthew Archibald

Professor researches public health interactions

By MICHAEL JENKINS
News Staff

Try to imagine all of the social groups you belong to. There are friend circles, families, study groups, sports teams, extracurricular clubs and a wide array of other communities that all of us on the Hill are a part of. Chances are high that you engage with these groups and the obligations that come with them on a daily basis.

Now, consider the many communities within the health sector: Doctors, nurses, social workers, and other practitioners diagnose, share and treat patients. Some governments attempt to guarantee a safety net for the needy and elderly, while insurance companies bet on and against the health of the whole. Questions about the nature of these relationships fuel the research of Assistant Professor of Sociology Matthew E. Archibald.

"We assume and take for granted so much about the social systems we've surrounded ourselves with," Archibald said. "To study the relationships inherent [in those systems] we need to practice sociology, making the familiar unfamiliar in order to analyze it," a task he assures is no small one.

When not preparing and delivering lectures on sociology and its intersection with all things related to health, Archibald conducts sociological research in a behavioral health hospital in Maine. Ethical reasons do not permit him to disclose the hospital's name or location neither

to the Echo nor in his many papers on mental health published in scientific journals, or in his book, *The Evolution of Self Help*.

Archibald learns in the hospital primarily through observation. His office in the Diamond Building is lined with large volumes of field notes. "I jot down everything I witness from the moment I enter until the moment I leave...my hand gets exhausted," he said.

Archibald is especially looking for what is referred to as the inter-organizational collaboration of the system. This means learning about how each of the individuals involved in the overall process work together to best serve the patients with the goal of finding the gaps and inefficiencies.

At this stage, his research has found that the organization of networks of health professionals has a major impact on the quality of care patients receive. "Most of us hope and assume that the transfer from diagnosis to treatment is a natural and smooth one; unfortunately it often isn't," Archibald stated. This means that, in many cases, once a patient is diagnosed with a certain disease, they are referred to any number of a variety of resources depend-

ing on a combination of factors including geographic location, availability of public resources and transportation.

Aside from the explicit structural barriers to health care there are numerous implicit societal ones. "Behavioral health disorders are still very stigmatized in our society," Archibald explained. "These stigmas manifest themselves in a number of ways as barriers to the help patients so dearly need."

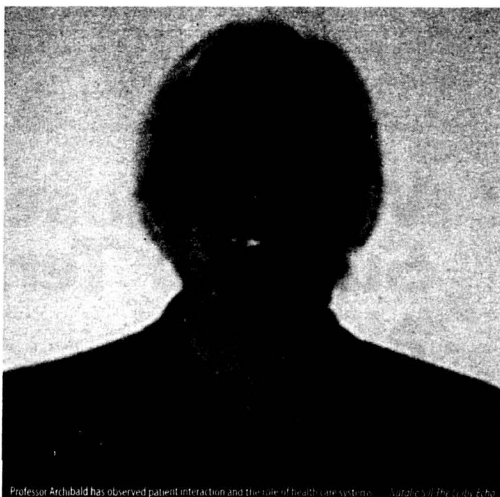
These stigmas can result in patient resistance to diagnosis.

"Often times, it is very hard for an individual to accept a diagnosis of alcoholism," Archibald explained. "The difficulty of explaining that condition to families, employers and friends feeds the reluctance to accept a doctor's diagnosis."

Progress in scientific research has deepened our understanding of many diseases and strengthened experts' abilities to recognize them while also presenting new barriers.

Archibald recalled an "incredibly touching scene" he witnessed in the hospital in which a doctor explained a schizophrenic diagnosis to a patient in denial. The patient refused to accept that his condi-

When not preparing and delivering lectures on sociology... Archibald conducts sociological research in



Professor Archibald has observed patient interaction and the role of health care systems. (Courtesy of the Colby Echo)

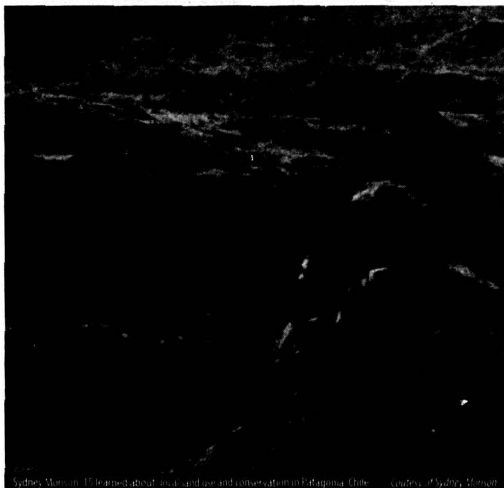
tion was an organic one that he would need to deal with the rest of his life. "He was unwilling to believe that the voices in his head were anything other than a result of the substances he had abused as a teen. He believed that if he could stay sober long enough, they would go away," Archibald recalled.

Aside from the barriers associated with the professional health practitioner organization social stigmas in favor of health services, the best possible care for patients can be understood at

the levels of family and governments. Inter-organizational collaboration at these levels is also key to the quality of care available to patients.

Professor Archibald's work on the sociology of the health sector is crucial to the quality of insurance that patients receive. His findings lead to the streamlining of operations necessary to make sure the system operates as smoothly as possible. His work will only become more necessary and important in the rapidly growing industry.

Student travels and studies in Patagonia



Sydney Morison '15 learned about local wildlife and conservation in Patagonia, Chile. (courtesy Sydney Morison)

By CARLI JAFF
Asst. Features Editor

The College provides its students with many unique study abroad opportunities, whether it is teaching English in a foreign country, studying architecture in Italy or examining public health in South Africa. With this wide range of opportunities, it's no surprise that one may come across a student who does an abroad program completely out of the ordinary. Sydney Morison '15, an environmental science major from Highland Park, Ill., spent a semester on a Round River Conservatories program in Patagonia, Chile.

"More specifically, we were studying on land owned by the organization Conservación Patagónica (CP) in the Chacabuco Valley. CP's goal is to research and build sustainable infrastructure to help the land which they now occupy to become a National Park in Chile," Morison said in an email to the *Echo*. "I knew I wanted to go on a Round River program because we got to spend essentially our entire semester outside (90 nights in a tent wahoo!). It is a program focused on field ecology, and I wanted to learn about re-creating an ecosystem."

Due to the unconventional nature of the program, Morison feels as if her study abroad experience impacted her life in more ways than she may have realized. "In terms of academic influence from being abroad, of course I now have experience conducting, analyzing and writing formal ecological research. I also have so much more insight into the implications and challenges about conservation in general. But studying abroad had more far-reaching effects than just academics," she said.

In addition to the strong academic influences, Morison mentioned another notable aspect of her study abroad experience was traveling around Chile. "We spent about two weeks getting to and backpacking in Torres Del Paine National Park. Torres had spectacular views around every corner... After Torres Del Paine, I headed to Renaca, a coastal town about 2 hours northwest of Santiago by bus. There, I worked at an amazing place called Pio Pio... an experimental community center focused on alternative education such as sustainability and culture."

Morison continued: "[Pio Pio] is like a permaculture center that also will hold workshops for members within and outside the community and by members within and outside the community. It will be a gathering place for the community because...[the little village] appeared so organically that there is not really

a community center, so Pio Pio acts as a place where people can relax and exchange ideas."

Morison also mentioned the community service projects that she completed while in Pio Pio. "To name a few projects, I helped build a grey water system, tables and benches, a compost toilet and I 'mudded' houses, [which is] basically constructing walls using natural building techniques with mud, water and straw," she said.

When asked about her plans after graduation and if she wants to continue to travel and participate in community service, Morison said that she is hoping to participate in work exchange on organic and sustainable properties (WWOOFing). Additionally she said, "Without a doubt, I want to keep exploring and learning about the world. Where I'll go exactly, I'm not sure. It would be cool to go back to Conservación Patagónica one day to see how it has changed since I've been there." With Pio Pio in mind, Morison said, "I also definitely want to go back to Pio Pio to see how it has grown and to see some of the people I worked there with. There is always more to learn there."

Morison's passion for Chile and Round River Conservatories was not easy for her to hide. "I have two favorite parts about studying abroad, those being the places I got to see and the people I had the opportunity to meet," she said. "We met people who both lived their whole lives near where we were studying, and people just passing through. We even befriended a man who is walking from the southern most point to the northern most point in South America... Everyone we talked to though had so many amazing stories." There were, however, some downsides. Morison mentioned that her least favorable part of her study abroad program was having chills, a skin tissue injury that occurs when an individual is exposed to cold and humidity.

At the end of the interview, Morison added, "I think that a lot of people, myself included, tend to think of Patagonia as this sort of 'untouched' or pristine wilderness. What we learned is that this is really not true. There is a long history of human [use] of the land. Many people live there and depend on the land for their livelihood, especially in the form of estancias (sheep farms). Their connection to their lovely Patagonia is no less valuable than the value conservationists put on the land. Looking past the romanticism of the landscape was really a focus on our program, and I think an important thought to spread."

Letter from Abroad: Christy Adler '15

Reflecting on Danish culture

By CHRISTY ADLER
Contributing Writer

When I sent in my application to study abroad in Denmark, I could name approximately ten things I knew about the country. Luckily, everything I had heard was positive, so I happily decided to study there.

Many students who study abroad were in the same position that I was in, and knew little about the countries in which they would be living. Students might have known that the program offers an interesting course that would fulfill their major requirements or maybe have heard from a friend of a friend that the food is great. In general, though, many people go in blind.

Since there is no great way to prepare to enter a new culture, the best method is to approach it with an open mind. Reflecting on my time so far in Copenhagen, I am realizing all the things I've learned about this strange culture. While the Danes have much in common with Americans, there are many aspects of Danish culture that can seem alien or intriguing to tourists.

With the help of two other students from Mayflower Hill who have studied in Denmark within the past year, I will attempt to describe what makes Denmark such a unique country and how studying abroad can teach you not only about a new culture, but also your own customs.

To begin, the first characteristics you notice when entering the capital city of Copenhagen are the familiar yet somehow unique appearances of the locals.

The majority of Danes possess the quintessential Scandinavian characteristics: blonde, beautiful,

and twice your height. Often, the girls will be wearing giant buns on the top of their heads, and you will probably notice their practical-yet-trendy Nike sneakers. Almost always, you will find them dressed in head-to-toe black, maybe with a fur coat to top off the look.

While the general style of the city is relatively simple, everyone loves this tasteful elegance. Lily Kramlich-Taylor '14 notes that it is not exactly what the Danes are wearing that makes them look fantastic, but the ways in which they present themselves. When asked what makes Danes appear so effortlessly cool, Kramlich-Taylor explained that it's their confidence that sets them apart. "They don't care what other people think. They know they are awesome and beautiful and always look great whether decked out head to toe in black, in 90's clothing or wrapped in their huge scarves," she said.

Whether it is a simple sweater dress or more expressive parachute pants, Denmark's refined sense of style gives both a visual look into the people of the country, as well as their social dynamics.

A word that I often hear mentioned is a person's "Danishness," a term that strives to sum up a unique way of living. Danes are extremely proud of their fruitful and admittedly homogeneous culture.

As seen in their physical appearances and the similar ways in which they choose to dress, Danes often are not trying to stand out. This highlights the country's focus on the collective, as opposed to the individual.

Denmark is a nation whose highest income tax is up to 70% of a person's income; it is the fourth most highly taxed country according to

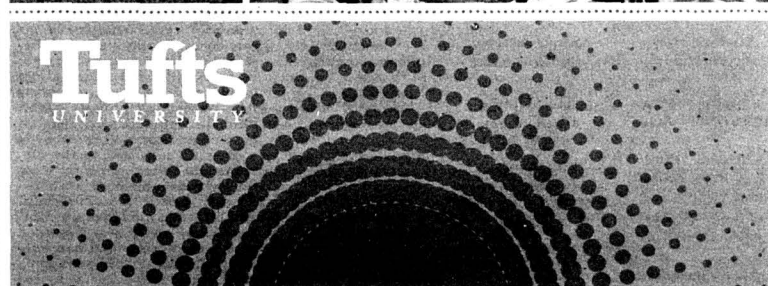
Business Insider. This extreme taxation policy funds the nation as a welfare state. Danes value the ability to provide unemployment assistance and medical care to its citizens, and focus on the actions of the collective to make that happen.

Julia Mitchell '15 comments on the Danes' tendency to treat and view their peers as equals, and the way in which they work together to improve society as a whole. "Studying there just further cemented my idea that universal health care is so important, but at the same time our culture/society is much different from the Danes, so who knows how well it would work with us," Mitchell said.

These few observations are only the tip of the iceberg in terms of Danish culture. Voted happiest country in the world, Denmark is a nation that teaches its citizens to minimize competition and work together in order to increase the general standard of living. While it would be ignorant for me to say that the U.S. should (or even could) adopt similar social norms, I do think that learning about this new culture has opened my eyes to potential social and political reforms in America.

Mitchell, Kramlich-Taylor and I all plan to return to Copenhagen later in our lives. We are aware there is much more to learn from this quirky place, and are eager for the chance to return.

Kramlich-Taylor summarized the impact of studying in Denmark well: "It has been almost a year since I left Copenhagen and I still miss it every single day. Denmark is such a special, under-appreciated country with a very endearing view on how to live life and I am so glad I got the chance to experience that!"



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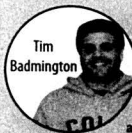
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Letter from the Editor:



Tim Badmington

Pick up the latest issue of Colby magazine—the one with the creepy, mirror-textured image of Bro Adams on the front—and flip to the back pages. You'll find check-ins from alums as far back as 1944 in the "Alumni at Large" section, reporting back to the class correspondent about their various goings-on. What's interesting is not the content of this section, although I find it at times to be a little bizarre; the important thing to focus on about "Alumni at Large" is who chooses to participate.

Consider why you'd submit information to your class correspondent. Or, perhaps more importantly, consider who you'd have to be to submit information to your class correspondent. Would you send them anything if you hated your time here?

Consider the Board of Trustees. Why would you become a Trustee? Or, perhaps more importantly, consider who you'd have to be to become a Trustee. Would you become a trustee if you hated your time here?

Submitters to "Alumni at Large" don't call the shots, but they're a useful conceptual proxy for the crowd who donates to the College. The donors and Trustees are the ones who call the shots. Donors and Trustees are, by and large, people who had a positive experience at Colby. Donors and Trustees are, by and large, the people who make the decisions about the future of Colby.

The problem here is obvious. In a democracy, citizens act politically because they are unsatisfied with the current state of affairs. Unlike college, we can't transfer out of a political system. We can certainly move to a different one, but by virtue of being alive in a country, we are political beings. The relative ephemerality of college means that we're only politically active on campus for four years before we head off on our own. When you have the ability to opt out of a political environment, as we do with both transferring and graduation, political action is no longer genuine.

Of course, we have political action on campus all the time. Perhaps it isn't as serious, concentrated or vibrant as it was in the late 60s, but it's there. But when students are politically active in response to a problem on campus, their action generally only lasts for their tenure on campus.

Does anyone remember Gordon Fischer '13 and Redclaim Colby? Many of the members of that political movement have graduated, and their graduation saw the departure of their specific ideals and passion. What will become of Party With Consent once Jon Kalin '14 graduates? We can certainly hope that his admirably intended project will continue in earnest in his absence, but I'm not optimistic.

When the political actors in an environment are the ones who have benefited most from that environment, and the system is set up so that this repeats itself, political dissent is inevitably quelled. I'm not arguing that Eustis actively shuts down student political action (although I believe that position could legitimately be taken). I am saying, however, that because the decision-makers at Colby are generally those who had a positive experience here, their decisions are in generally in pursuit of a vision of the College that comports with their rosy perspective of it. The real problems don't get solved because anyone who was upset enough about them doesn't stick around long enough to make sure they get addressed.

The Correct Bias

Enter Chairman Bro Adams

As many of you know, our very own Bro Adams was tapped by Obama to be the next Chairman for the National Endowment for the Humanities, an organization which provides funds and support to humanities programs around the country. For many students at Colby, myself included, this was a confusing piece of news. Though Bro presided over the rise of the Center for the Arts and Humanities, the fledgling institution that brought us Salman Rushdie, his presidency has been detrimental to the values of the institution that he's in line to lead.

I don't doubt that Bro cares about the humanities. He has a doctorate in philosophy. At the Art Museum Masquerade Ball on Halloween, I conversed with him on his passion for French art. He's a clever man who clearly cares about scholarly efforts. But what's in his heart doesn't matter; ultimately, he's proven himself to be an ineffectual ally of the humanities. Sure, he's a great fundraiser and networker, skills that will serve him well in his new position. But he seems to value these two skills above all else. A simple look back at his time at Colby shows that he's failed to make the College an institution that cares for its humanities departments.

The most obvious example, about which I've written at length, is the library, the destructive renovations of which Bro approved. As the process kicked off, professors from Colby's bigger departments were mostly silent. There are a few exceptions, and I applaud those science and social science professors who spoke out.

But for the most part, faculty opposition to the library renovation has been conducted by humanities professors, such as those in the History, English, Classics and Cinema Studies departments. This makes sense; on a selfish level, they're the ones who have most to use from a loss of accessibility to printed volumes. The library renovation, offensively unnecessary and negligently conducted, was a serious blow to the humanities at Colby.

Another, smaller example can be seen in the case of the Colby Classics Department, a venerable group of four tenured, world-renowned professors. Recently, Eustis promised them a new professor. This makes sense: two of the professors, Hanna and Joseph Roisman, have been here a long time. Colby needs to line up and train replacements, so that when half of the department leaves, professors of equal capability can fill their shoes. But Eustis reneged on its word. Instead, economics and government have continued to grow. While it's true that these two departments draw a lot of demand, we need not view new professorships as either/or scenarios. The cost of one new teacher is very low compared to the renovation of an existing building or the construction of a new one. By betraying its commitment to Classics, Eustis—with Bro at its helm—demonstrated a disregard towards toward one of the oldest, most venerable fields of study within the humanities.

Furthermore, it's important to look at the tone Bro set as

Colby's president. Fundraising is crucial; it's what keeps Colby alive, it's what provides financial aid to students such as myself. But the president should be less of a distant figure; he shouldn't appear to students as an empty suit. I see the values of a liberal arts education as inextricably linked to the value of the humanities. By helping to run Colby like a corporation, by helping sell it to dubious benefactors like Bob Diamond, Bro has helped to open a gap between students and faculty on one side and the Administration on the other. His remarkable ability to shake hands and ask for money will doubtlessly help Bro in his new position, but his inability to use these skills to serve the humanities during his time at Colby don't bode well for the National Endowment.

When Obama's decision was announced, the Internet relished the oddity of the nominee's name. A *Huffington Post* headline read, "Obama Nominates 'Bro'—Literally." It's noteworthy that while America gawked at Adams's handle, many Colby students, whether through Facebook, Twitter, or in conversation with one another, voiced baffled confusion. Those of us on the Hill who have borne witness to Bro's relationship with the humanities are right to be concerned. Hopefully, America can learn that Bro has been a poor friend to the discipline that he's been appointed to serve. Or perhaps, Bro can learn from his time at Colby and get his priorities straight.



Nick Merrill

The Colby Echo

Published by the students of Colby College since 1876

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This Grand Fiction

You're in Carcosa now: part II

On my seventh step into the gloom, I recoil sharply as my sole dips into inky blackness. Beyond the elevated stage, the floor of Foss is flooded under a foot or more of murk. A moldering flag, once hung proudly above, lies half-caught on a grimy table, tattered and torn, a testament to a diversity now lost to the distant past. Though I am far from the window through which I entered, I still feel water-muffled crunches under every footstep—cups and plates discarded by a student body that had long since stopped caring enough to clear their dishes. I hasten to exit this flooded ruin as I step out of the stagnant pool and climb the stairs to the entrance. But reaching the top, a sordid sight stops me in my tracks.

A terrible skirmish clearly took place here. The twisted humans remains bear the faded colors of the Vegantes and the Carnivores, who tore each other apart in a battle for ideological dominance. The screen of the card reader is black and blank due to the battleaxe buried in the keypad. Dueling graffiti mars the walls: "Meat-ful Mondays!" "Meatless Everyday!" My heart sinks as my eyes fall upon a skeleton propped up against the wall, clad in the uniform of a dining hall employee. The cuff and chain dangling from the bony wrist indicates that the terrible rumors were true: as part of their final corporate strategy, Sodexo had turned to slave labor to achieve maximum profits. The other withered limb rests against the torso, a fistful of go-green napkins tightly clutched to the

lily-white jacket, vainly striving to staunch a wide stain of the worst kind of red. I can take no more, and hurry back out into the dying light.

But there is no respite from ruin to be found under the swiftly setting sun. Discarded weapons and spent ammunition are strewn about, and I wonder why this cursed battlefield has not been picked clean by desperate Watervillains. Halfway up the steps to Runnals, I get my answer: from within something emits a low, whining howl, like a wounded animal, forever cornered, unable to die. The myth has become reality; and now the ghosts have taken Runnals for their own.

How could a realm as old and strong as Colby have come to such utter desolation? The paved paths are cracked with weeds beyond repair, and where the weeds grow not, they are sunken deeper than I would have thought possible; every step is a treacherous venture. Craters besmirk the dead-brown lawns. I can hardly bear to look at Pulver, once the beating heart of campus, now a shattered shell, its sloping roof caved in, what was once a daily thoroughfare, now sharply impassable.

I pass through the wreckage of this civilization called Colby like a ghost myself. I came here to record history, but all I can do is bear witness. Once only cigarette butts littered Dana Beach, now Dana itself is reduced to a mountain of ash, consumed in the fires of its own overworked kitchens.

The Chapel has been blown open, its steeple toppled, countless bodies vainly grasping at the altar for a sanctuary that it could never provide. Smoke rises lazily from beyond, where the Apartments have disappeared

wholesale into a volcanic crater—a legendary Sodexom cruelly swallowed up by a vengeful Earth. The forest around them torched and toppled, the domes of Hillside stand as a set of bleached gravestones—riot-proof to the last, for all the good it did them.

How could it all have gone so wrong? True, Colby was a place rife with trouble. But so many beacons remained: the few valiant altruists of SGA, the myriad social warriors of Pugh, The Center for the Arts & Humanities and a new President-elect. The quirky clubs, the athletic teams, the noble faculty themselves. Had this institution not stood for hundreds of years? Surely this apathy, this corruption, this ruin—surely it was not inevitable?

I came at last to the entrance to Miller: a library once stripped of its books is now a library stripped from existence. Little but a pile of bricks and broken columns remain: a grand threshold to the void. I rest on the steps and look to the horizon, and I wonder if this was all a foregone conclusion. I wonder if things could have gone differently. The sinking sun peeks out over the trees, shedding a last glimmer of light upon this city on a hill. And in that singular moment, part of me believes that this is not a dusk, but a dawn.



Indiana Jones

An apt condemnation of Colby's deplorable mental health policies

For all of Eustis's talk regarding accountability and community, we have sadly found this mentality to be but superficial rhetoric. While Colby has taken a very active stance in protecting student welfare vis-à-vis the tobacco and hard alcohol bans, it has been shamelessly intolerant when dealing with a phenomenon that afflicts more than 25% of all college students: mental illness.

About a month ago, one of our fellow students, Jane [note: pseudonyms are used in the article to represent real people], had made up her mind that she could not go on. None of her friends knew of her plans when they all went out that Saturday night. By all accounts, she was bubbly and lighthearted, nothing giving any indication of what would follow as she called it a night. Closing the door, Jane ingested a bottle of her friend's pills and waited.

Thankfully, fate intervened. A friend found her and called an ambulance, ultimately saving her life. Later, in the hospital, the doctors told Jane that her suicide attempt was a result of a hypomanic episode, but with the correct medication to manage her Bipolar Disorder, she was told that she was stable and able to return to school. Unfortunately, Jane's ordeal was far from over. As she left the hospital, she discovered a message informing her of Colby's decision to take harsh

disciplinary action, including possible expulsion.

Colby cited her act of stealing her friend's pills as the expellable offense. They graciously placed her on "voluntary medical leave," stating that she could return next year at the recommendation of a doctor and the Administration's consent. However, this came with the caveat that if she were rejected, the criminal action would appear on Jane's transcript for six years, though this threat is being renegotiated.

While the Administration may be callous for possibly expelling a student for a crime she committed during a hypomanic episode, they were certainly culpable for their inaction in the first place. This past winter, Jane was given a new prescription to help manage her Bipolar Disorder. Though the health center prescribed this dangerous medication, her mental wellness went unchecked until she went in and complained of worrisome side effects. These concerns were ignored, resulting in the chemical imbalance-driven hypomanic episode that caused her suicide attempt. This is negligence in the highest degree. If our school can spend \$500,000 on the inauguration of our new president, how can we not fund a capable health center? Colby, like any other university, has students who are mentally ill and favoring a policy that allows them

slip through the cracks is inherently reckless.

This one instance is a travesty in and of itself, but Colby has a history of simply getting rid of these "liabilities" until they determine the student is stable, rather than providing the help these students need or deserve. Last year, John was forced to jump through Colby's difficult and perhaps illegal standards. After his initial suicide attempt in November of 2012, his friends insisted he seek help from the health center. The school was unaware of this attempt. He was turned away from the health center with the response that they had no available appointments for two weeks. He did not seek further help.

John's second suicide attempt landed him in the hospital and resulted in his expulsion. The doctors at the hospital tried to make a plan to get John help while still attending Colby, but the Administration refused. Once again, Colby struck a deal with John, allowing him to submit psychiatric evaluations that would allow a combination of health center staff and the administrative staff to determine if he could return. A health center doctor continually requested reports of John's therapy sessions at home, a request also repeatedly made to Jane. Both students

and their respective doctors declined, as this directly violates patient-doctor confidentiality.

With time and treatment, John's doctor submitted a recommendation for his return to Colby. The health center doctors, in turn, questioned his integrity and demanded knowledge of his treatment. His doctor once again declined. He was eventually readmitted this past August and continues to meet with his therapist from home over Skype, finding a massive lack of support at Colby.

John says he does not "feel safe going to the health center for fear of being disciplined," as they are too closely tied to the Administration. There is no separation between treatment and discipline, nor between health services and the Administration. He fears that if his suicidal thoughts reappear, the health center would, instead of providing support, be more concerned with "disciplining the liability." He fears that if other students go to the health center, the doctors there "will either be irresponsible about prescription abilities or they'll just try to get [them] to sweep it under the rug."

John went on to say that he and

one of his friends are both on the same type of anti-depressant. John's prescription, prescribed by his hometown doctor, may only be refilled after he checks in with his doctor, who then orders the refill. His friend, who

received her prescription from Colby's health center, has not been checked in on since she was prescribed it eight months ago, even after asking for a raised dosage and receiving it without question. The health center, which John dubbed "understaffed, mismanaged and a joke of an institution on campus" has been grossly laissez-faire in their oversight, nearly resulting in at least one death.

It is an outrage that students paying \$60,000 a year are made to fend for themselves instead of receiving accommodation and protection at Colby. Any student who has been to the health center knows of their habit to over-prescribe, but the negligence seen in these cases is disturbing and reckless. There is an obvious urgency to protect the school yet no real action to protect the student. It is understood that this institution is a business, but at what point do we stop seeing students as humans and start seeing them simply as cogs in this machine? Perhaps, as John stated, when they become "ugly, unsightly or a possible liability."



Leah Cole



Jake Bleich

Obama takes inspiration from Tarantino on healthcare policy

WASHINGTON, D.C. (AP)—Friday, April 4 the White House announced that it would not be carrying out the second phase of Obamacare.

According to the White House Press Secretary Jay Carney, "The Obama Administration was appalled Friday to learn that the next part of Healthcare reform, which we had not planned on releasing till May of next year, went live on the Internet. In the fashion of Quentin Tarantino we have decided not to go forward with the project as the release has spoiled all the surprise."



Michael Shepard

Carney was referring to the incident two months ago when Quentin Tarantino's script for Western he planned to shoot next year, *Hateful Eight*, was leaked onto the Internet, prompting him to scrap the idea.

This incident marks the first phase of Obama's new initiative to start modeling his administration completely around what a celebrity would do. Obama noted, "The talk shows were just the beginning. Now I'll actually begin modeling both my media performance and my policies after the actions of celebrities."

When asked if there is any chance that they will pick the plan back up, Obama said, "It is a grave disappointment and, to quote Quentin Tarantino, 'I could totally change my mind; I own the fucking thing. But I can tell you it's not going to be the next thing I do. It's my baby, and if the muse calls me later to do it, we'll do it.'"

Obama's speechwriters will now also solely gather material from celebrity quotes. Accordingly, the State of the Union will begin to look much more like an Academy Award Lifetime achievement presentation, except it will borrow from unlim-

ited actors' bodies of work and will last the standard 63 minute running time instead of just 5. Obama added, "If the country didn't want the president crafting his speeches from the words of celebrities and quoting movies then why did they make the State of the Union the length of a feature length film?"

When asked to comment on FBI suspicions that the leak of Obamacare Part II was in fact carried out by former NSA agent Edward Snowden, Obama had this to say, "Well you know how I feel about him. To quote Quentin Tarantino once more, 'I don't know how these fuck

agents work, but I'm not making this next. I'm going to publish it and that's it for now. I give it out to governmental organizations, and if I can't trust them to that degree, then I have no desire to make it. I'll publish it. I'm done. I'll move on to the next thing. I've got 10 more where that came from."

The new act like a celebrity initiative applies to his staff too. Upon asking the White House press secretary if the president would be willing to sit down and talk about potential amelioration strategy with Snowden over dinner, Carney retorted, "[he can] dine in hell."

Not all of us are rainbows

The month of April has been deemed "Gay-pril" by many LG-BTQ+ organizations around the world that have chosen to celebrate queer identities throughout these 30 days. Events like Pride parades and Colby's own "Pride Week" function as a type of positive affirmation for queerness, but sometimes these ceremonies go too far and end up retracting much of the LG-BTQ+ community's progress.

The original purpose of Pride movements was to spread the idea that queer identities are nothing to be ashamed of. People dressed in rainbow clothing and flamboyant outfits as a statement to the rest of the world that they were not afraid of expressing their identities and chose to embrace something that the nation, until then, saw as taboo.

I would argue that, in 2014, there is no longer a demand for these same Pride movements. We no longer need a "loud and proud" LG-BTQ+ community to tell the world that it's okay to be queer, because that type of message has already been sent. What these over-the-top movements do now is sexualize and mystify the idea of being queer when it instead needs to be normalized. In a world that has addressed and, for the most part, accepted a wide range of sexualities and gender identities, we need to

move past the idea of queerness as an "other-ing" factor and instead prove that LG-BTQ+ identities are simply a part of life.

The next step for the queer and ally community is to project the idea that LG-BTQ+ people come from all walks of life and have all different personalities, religions, occupations, etc. Queer people do not have to dress up in rainbow colors and have public sex to show that it's okay to be gay; being queer does not reduce your identity to the sexual, loud, flamboyancy seen in many of the Pride events.

LG-BTQ+ people are not and should not be characterized by their sexuality and expression of gender; if the world were separated into categories like that, then humanity would be incredibly boring. Sex and gender are not defining characteristics in one's life; they are not equivalent to adjectives like "smart," "funny," or "kind" that you would use to describe someone. I want to see the dynamic personalities behind today's queer front-runners, instead of simply labeling queer activists under the same stereotype.

For people that stand opposed to much of the LG-BTQ+ agenda, the loud and "in-your-face" attitudes perpetuated by Pride events are simply furthering the over-sexual-

ized stereotype of the queer community instead of proving queerness as human instinct. The only way to make queerness an accepted part of life is to show it in the context of actual life, not just a colorful parade in a big city.

What I'm calling for is narrative. We need queer parents and teachers and leaders to step up and talk about their experience of combining their queer identities with all other aspects of life. Let's look behind the energetic rainbow curtain and see the actual humanity in the LG-BTQ+ community. The best way to do this is to use queer characters in film, television and literature that are dynamic and not defined by their genders and sexualities. Characters like Kurt and Blaine from *Glee* and Damien from *Mean Girls* act only as one-dimensional objects simply to give their respective shows some sort of "gay" community. We need the opposite of this: TV characters who sleep with people of their same gender without feeling the need to address sexuality in some tear-jerking political episode.

As a society, let's get past the point of queer identities being a category of porn and start accepting that whom you love does not determine who you are.



Megan Lasher

The Josephson Files

A polite note on how to behave: smokers of Miller beware

By PAUL JOSEPHSON
Professor of History

Dear Students Who Smoke On Miller Steps and Throw Your Butts on the Ground,

Don't smoke there. Don't smoke on campus. We have a smoke free campus. This is not a matter of me or other people trampling your rights. You are not only inconsiderate, but committing assault. When you smoke, that smoke travels into the building where it endangers the lives of students, faculty and staff. Second hand smoke kills. Your choice to smoke does not

trump others' rights to safety. Think of the administrative staff instead of yourselves. If you need help to quit smoking, there are programs for you. As for dropping butts on the ground: this is simply a disgusting and indefensible behavior. Swallow the butts. Cigarettes are the most littered item in the world. They are filthy, they are toxic waste, they do not biodegrade, they cause fires and you cannot rationalize the behavior of throwing them on the ground. The only individuals who benefit from your behavior are shareholders and CEOs of multinational tobacco companies since you add to their profits.

Swallow the butts.

Dan Harris '93 finds himself 10% Happier through meditation

By DAVID DiNICOLA
A&E Editor
& WILDER DAVIES
News Staff

After his 2004 panic attack on *Good Morning America* went viral, alumnus and network news reporter Dan Harris '93 went on a soul-searching mission that led him to become "about ten percent happier." Harris summarized this spiritual journey in his new, appropriately-titled bestselling book: *10% Happier: How I Tamed the Voice in My Head, Reduced Stress Without Losing My Edge, and Found Self-Help That Actually Works—A True Story*.

The inspiration for this work came in the early phases of his journey, when Harris found himself dissatisfied with the practice's representation in mainstream society. "When I first got interested in meditation, I realized it had a huge PR problem," Harris said in an interview with the *Echo*. "I used to think it was just for hippies and weirdos and people collecting crystals, but it turned out it was just simple brain exercises."

"The way in which we talk about meditation in our culture leaves a lot of people out of the conversation," he continued. "I saw that there was a place in the market for a nuanced look at the practice, approaching it with some humor and occasionally dropping an F-bomb."

During his days at the College, Harris might not have been the most likely candidate to write a volume on

the value of meditation. "The school may be different now, but I think my distaste for anything airy or hippie-dippy actually comes from some of my experiences at Colby," he said.

"We used to joke that there was a stoner kit that people used to send away for in their freshman year that included a hacky sack and a tape of [the Grateful Dead's] Cornell '77 [concert]," Harris joked. "I reacted very negatively to all of that, and in some ways, it kind of calcified my resistance to anything like meditation."

Harris did, however, nurture his interest in audio-visual production while on the Hill. "When I was on campus, I used to have a little video camera and we used to make a lot of homemade movies," he said. "It was a great way to learn how to use a camera, and even though I only occasionally pick up a camera any more, it was central to my work in Bangor and gave me a more rounded sense of the medium."

"While I was at Colby, I wasn't sure whether I wanted to go into film or broadcast television—in fact I had the two kind of mixed up in my mind." During his time at the College, Harris spent time off-campus, studying film at New York University. In conjunction with a series of internships, the alumnus decided to move into a career related to video production.

After college, Harris began working at a local NBC-affiliate in Bangor, Maine. As he states in the *10% Happier*, the job was not particularly glamorous, but the experience solidified his interest in broadcast news. "I

started studying politics pretty quickly, and that was awesome," Harris said. "I was this 22-year-old kid, and I got to run around Maine covering congressional races and spending time at the state house."

In the seven years following, Harris worked his way in front of the camera, and eventually, onto the staff of a 24-hour Boston-based news outlet. It was here that Harris garnered the interest of ABC executives.

As he recalls in his book, "My agent told me that executives at ABC News had seen my tapes and wanted to talk... They hired me as the co-anchor of ABC's loose and scrappy overnight newscast, *World News Now*, which airs from two to four in the morning, to an audience consisting primarily of insomniacs, nursing mothers, and college students hopped up on ADD drugs."

Harris had a stroke of luck when the program's host, a young Anderson Cooper, decided he wanted to stay, and he was moved to a correspondent position on *World News Tonight*, which broadcasted to millions of people and had him working for prolific news anchors like Peter Jennings and Diane Sawyer.

In the span of a few months, Harris went from covering house fires to reporting amidst gunfire in Afghanistan. "The intensity of these situations, however, took their toll on him." The thing I didn't really foresee about reporting in a warzone is that there's a certain addictiveness to the adrenaline."

Eventually, Harris got so engrossed in his work that, about ten years prior to the events of the book, he was shot for the first time. His initial reaction—"I hope we're rolling on this!" The rush from such situations, while thrilling, left a lasting mark on Harris's psyche.

"I knew that the work I was doing was important, and I believed that I was ambitious enough to cover the big stories, but what I didn't anticipate was [how that addictiveness] would affect me when I got home," Harris said.

"What I now understand in hindsight—because in the moment, I was living in a pretty mindless fashion—is that I was in withdrawal from the adrenaline of the warzone, and I got depressed. In this moment, I wasn't really self-aware enough to know that I was depressed... I had trouble getting out of bed in the morning, I felt like I had a low-grade fever all the time, and that's when I did a really stupid thing—I self-medicated with recreational drugs."

Harris described his personal recollection of the attack on the ABC

News blog back in February 2012, and cited his use of ecstasy and cocaine as an integral part of the incident. "I was overtaken by a massive, irresistible blast of fear. It felt like the world was ending. My heart was thumping. I was gasping for air. I had pretty much lost the ability to speak," he wrote.

"In the moment it made me feel better, but it eventually blew up in my face," Harris admitted. "As I later learned, what the drugs were really doing was building up the level of adrenaline in my system, and it's most likely what gave me that panic attack on television."

In the face of this career-altering event, Harris went on what he described as a "weird little odyssey," searching the realms of religion, science and spirituality for answers.

"When I first started getting into meditation and looking into books at Barnes and Noble, they all seemed to be very serious and touchy-feely with pictures of the Buddha on the cover," he said.

"There was no irony in any of these texts, and the subject lends itself pretty well to that type of humor... I became determined to write a volume that—to the best of my ability—explored the meditation and the human condition with a little bit of humor."

Promptly after finishing the manuscript, however, Harris saw a certain level of risk associated with this frank take on his journey. "I kind of assumed that no one would ever read the book, and in writing it, I was being very honest. It only hit me a few weeks before I published it that I realized, 'wow, I've been really candid in this book, and now, people might read it.' I actually freaked out a little bit and considered even pulling the book," Harris said.

Fortunately, Harris found support from his ABC family: "I had some meetings with Diane Sawyer and President of ABC News Ben Sherwood and they both assured me that everything would be fine—that ABC had my back—people would get things out of the book, and so I decided to go for it."

Ultimately, Harris decided any risk associated with this project was beneficial to the delivery of his message. "While

being candid may obviously pose a risk, it seems like it's worth it to me if I can get people to consider something that they might have always reflexively rejected as ridiculous. Writing about the voice in my head did not come hard, because it's just one of those things that's always with you, and the more you meditate, the more aware you become," he explained.

"In terms of being a writer, the value is that I'm now more attuned to the garbage that my ego is coughing up on a moment to moment basis," he continued, identifying the value of this meditative practice. "People think that when you meditate, you're going to clear your mind, and that's not true at all. What happens is that you become more keenly aware of what a zoo your head is. It became very easy to write about what an ass-

"The way in which we talk about meditation in our culture leaves a lot of people out of the conversation"

Dan Harris '93
ABC News Anchor

hole that narrative voice can be, because I have a pretty clear picture of it now."

Harris believes that this style of meditation is beneficial to anyone interested in self-improvement and internal happiness. He cites numerous athletes, business moguls, and broadcasters like himself who have adopted the technique. "If you sit with your eyes closed for a couple minutes a day, you're really directly confronting it. The value to that is that

when it's giving you stupid suggestions during your regular life, you're better prepared to fend them off."

In addition to the potential creative value to his meditative practices, Harris became engrossed in the story because it allowed him to delve into his subject matter from both personal and professional levels. "This piece is kind of an 'introspective investigation,'" Harris said. "I've spent my entire career as a reporter looking into things around the world, and in fact, the most interesting story I've ever covered was an investigation into my own mind—and not necessarily in a personal way, but in a universal way."

"The way in which the mind works is a pretty universal thing, and this churning, often negative, ceaselessly self-referential voice in the head is the human condition," he continued. "The adventure of bringing it to heel is a pretty incredible one and the best story I've ever covered."



Dan Harris '93 confronts his demons in a new book.

Courtesy of HarperCollins Publishers

Acclaimed indie film maker comes to the Hill

By MARINA WELLS
News Staff

Colby's Cinema Studies program welcomed critically acclaimed indie screenwriter and film director Kelly Reichardt to campus on Thursday April 10 for a public round table discussion. The increasingly well-known filmmaker's credits include *Old Joy*, *Wendy and Lucy* and *Meek's Cutoff*, and her talk was well attended by cinema professors, students and enthusiasts alike.

Despite winning various awards and working with actors such as Dakota Fanning, Michelle Williams, Jesse Eisenberg and Alia Shawkat, Reichardt remains humble. She began simply, saying, "Nobody should look to me for career advice. It's more just life."

Railroad Square Cinema in Waterville showed both *Wendy and Lucy* and *Meek's Cutoff* this past week, sponsored by the Colby College Cinema Studies program. Showing the films prepared those unfamiliar with Reichardt's work for her visit, and members of the audience came with a range of questions for the discussion. Many

were cinema studies students, including the College's first independent cinema majors, showing the increasing interest in the growing program. One student asked about how much the original ideas for Reichardt's works differ from the final product. She responded, "If you can picture it all before you make it, it's hardly worth living through."

Again and again, Reichardt expressed her love of the filmmaking process. She said of her casts and crews, "I'm so lucky because people will come out there with me and do this stuff." In contrast to the starstruck audience members, the accomplished filmmaker continuously downplayed her own work. "They're sort of these adventures," she said of her films. She noted that she's just like anybody else, making these award-winning pieces of work while also "teaching and walking my dog."

Reichardt's latest film, *Night Moves*, is currently being distributed around the country. Like some of her other works, the film is set in Oregon, but with a plot surrounding around "three young activists who blow up a hydraulic dam and deal with the aftermath of this extreme act," she said. A

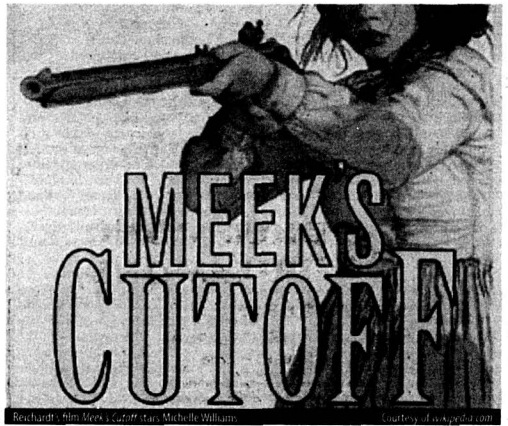
major theme, according to Reichardt, is "feeling powerless in what your options are to do."

The difficulties of being a female director in the industry were alluded to during the discussion, but Reichardt seemed tired of the subject. "Woe is me," she said, laughing. Despite her sarcasm, she later went on to mention the double standards of men and women directors. One example she raised was a style of framing shots. "I don't like the 'Where is the dialogue?' style of shooting that has become so popular," she said. While her experimental shots might be criticized "She doesn't know what she's doing!" she mocked, she claimed that the same shot would be deemed genius if crafted by a director like Spike Jonze. Ultimately, she admitted, "You have to fight for your place at the helm."

Reichardt also spoke to the tragic disappearance of the practice of recording motion pictures on actual film. "To complete a film on film... that's vanishing," she said. "Labs are starting to stop processing. It's harder to find people to do film." However, Reichardt's *Wendy and Lucy* and *Meek's Cutoff*, for example, were shot

on 35mm film. With digital capture, she said, "I think there's something lost." But, of course, "It's just a changing world."

Colby and the Waterville community should expect to see Reichardt's newest film "Night Moves" at Railroad Square soon.



Reichardt's film *Meek's Cutoff* stars Michelle Williams.

Courtesy of wsgphoto.com

Litterary Ramblings

Do awards really matter?

This week, while the rest of the world slept soundly, the literary world sat glued to an internet live stream, in anticipation of what many publishers, editors and authors consider to be the make or break moment of their careers: the Pulitzer Prize announcements. Now, I'm an equal-opportunity reader, but I know that for some, announcements are what reading lists are made of. Awards like the National Book (which I personally think picks out the best fiction the industry has to offer, year after year), the Edgar (for mystery), the PEN/Hemingway (for debut fiction) and others celebrate the best of the best, but do they actually matter?

Many of the books we consider contemporary classics, from *The Grapes of Wrath* and *To Kill a Mockingbird* to *Empire Falls* (written by former Colby professor Richard Russo), had the famed award bestowed upon them. Things, since then, have changed. Many of the most popular novels of the past decade, ones deemed cultural staples—*Gone Girl*, *A Game of Thrones*, *World War Z* and *The Hunger Games* series, to name a few—have not won any major literary awards. Sure, publishers will see a boost in sales if a book wins something that's a household name (like the Pulitzer), but nowadays, its word of

mouth that makes copies fly off of shelves. Even Donna Tartt's opus *The Goldfinch*, which took home the Pulitzer this week for fiction (which surprised pretty much no one), was, to some extent, a hit not because of the critical acclaim it received, but because of the anticipation for its publication. Tartt, the author of the modern classic *The Secret History*, spent a decade putting together her latest book, and it immediately shot to the top of the New York Times bestseller list when it came out this fall.

This is not to say that the awards are ignored completely in the media; it does, of course, help to have a scandal. In 2012, the Pulitzer judges shocked the world when they announced that they hadn't been able to decide on a winner unanimously, making it a three-way tie between David Foster Wallace's posthumous, incomplete doorstop *The Pale King*, Karen Russell's *Swampland* and Denis Johnson's *Train Dreams*. To put it mildly, the book world freaked out. People called it irresponsible, outrageous, confusing and wishy-washy. In my opinion, people (i.e. the "award readers") were most appalled that they had to look through three books and choose, instead of being directed to just one.

I know that there is the argument that awards do, in fact,

matter. After all, there's the Oscars! The Golden Globes! The Emmys! The MTV Movie Awards! These are some of the most viewed and most anticipated cultural events of the year. There are also inherently visual, celebrating the best in film and television, and revolving as much around the celebrity dresses as the nominations for best performances. In short, there's something for everyone; you don't even really have to see the movies to have an opinion. Literary awards, on the other hand—similarly to the Tonys, which celebrate Broadway's best—appeal to a smaller group of people who appreciate the art within the context of the industry, not just the visibility and popular impact. How can you root for a book, a collection of words on a page with (gasp!) no pictures, if you haven't read it? There's less of an anticipatory process for those not directly invested—while in the movie world, the nominations are what drives ticket sales, it's the end result in the book world that makes the difference.

Just like movies, books can bring people together, but their main function is to play a fundamental role in the development of the individual. Those shiny stickers or special shelves at Barnes & Noble (or, even better, at your local independent bookstore) are great, and can serve as an awesome springboard for some even better discoveries, but the award that ultimately matters most is the one that only you can give it. After all, what's a better endorsement than "The Book That Changed My Life"?



Julianna Haubner

Just like movies, books can bring people together...

International Extravaganza makes noise



P&W: Rosencrantz and Guildenstern Are Dead
Apr. 18-19, 7:30 p.m.
Page

Jazz Concert: A Cold Swan Song
Apr. 19, 7:30 p.m.
Given

"Egg-sploring Art" scavenger hunt
Apr. 19, 10 a.m.
Colby Museum

Noontime Art Talk: Sarah Keller
Apr. 22, noon
Colby Museum

Museum's docent program fosters student involvement

Academic and artistic connections pursued through program

By LUCAS KILCOYNE
Staff Writer

On Thursday April 14, the Colby College Museum of Art hosted the Student Docent Night and Sculpture/Photography Show. Visitors received guided tours around the museum from student docents, as well as attended a student art showcase of work done by upper level photography and sculpture classes.

The evening was a success, drawing nearly 100 guests. The event was organized by Marina Wells '15, a member of the Student Advisory Board at the Museum. Wells explained that the board's role at the museum is to work to "foster relationships with the Colby community as well as with other student organizations." The Board formed this past February, with the goal of promoting the newly refurbished Museum and encouraging involvement and interest from the student body.

The organizational backing to this event constitutes the first-ever Student Advisory Board. This panel consists of eight students and includes both art and non-art majors, and extends beyond this singular event. "We have a study day coming up during reading period where students can come work in the museum, and there will be refreshments," Wells said.

In addition to the Student Docent Night, the board runs a number of other activities, such as Po-

etry Night at the Common Street Arts this past Saturday. This is the first year of the board's existence, and they hope to make their events a fixture of the Colby calendar for years to come. "Our goal is to get as many people in the museum that we can," Wells said, adding that the student works would be displayed until April 30.

The Student Advisory Board hopes that their efforts will help to bolster an already strong connection between academic and artistic pursuits at the College, as well as ensure that the space becomes a more all-encompassing area for student life. "These are the kinds of events we plan, events to show students that besides being an academic resource, the Museum can be a social space as well," Wells said. "The Museum is open every Thursday and there are almost always events on those nights from 7-9 p.m."

The student docent club comes from the student docent program, a class that any student (including those who don't take courses in the fine arts) in order to become a paid tour guide at the Museum. "The club," Wells continued, "is organized by the Museum's Mirken Curators of Education, Lauren Lessing and Mat-

thew Timme, and is a variety of different students so the student docent night portion of this event had the intention of bringing that variety of students together."

Several free tours were given to students who came to see the museum for the first time, and next year, the advisory board plans to organize more events aligned with other student organizations on campus. "We already had a night where the Sirens sang in the Alex Katz Wing," Wells mentioned. "The Wing is a beautifully open space and brought in nearly 200 students, many were people who wouldn't normally be in the Museum."

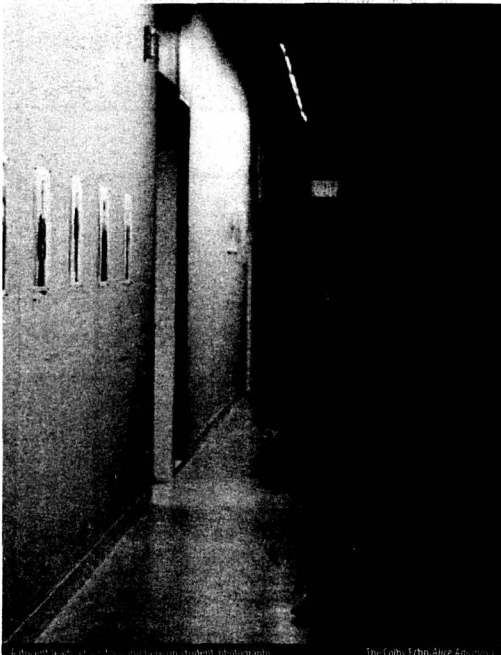
In terms of future plans, Wells said that the Student Advisory Board has a number of events lined up for this Spring, including "organizing the new senior soiree during senior week" and assisting with a "big

"These are the kinds of events we plan, events to show students that besides being an academic resource, the Museum can be a social space as well"

Marina Wells
Board Member

exciting opening at the museum the night before the Colby Liberal Arts Symposium."

As they continue to build an atmosphere of artistic appreciation on campus, students involved with the board hope their efforts will continue to garner multi-faceted cooperation—from casual study breaks to campus-wide docent and performance events.



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W. Lax takes thrilling and crucial win vs. Polar Bears

After huge win over Bowdoin, Colby falls to Williams

By Russ Ollis
Staff Writer

Coming off of a tough 12-5 loss to New England Small College Athletic Conference (NESCAC) foe Amherst, the Colby women's lacrosse team had to regroup quickly as they hosted in-state rival Bowdoin College on Tuesday night, April 8. The game was crucial for league standings as the Polar Bears entered the game with an overall record of 5-4 and 3-4 in league play. The Mules, on the other hand, were sporting the same 5-4 overall record, but were 3-3 in the conference. In what proved to be a classic Colby-Bowdoin game, the Mules ended up victorious with a last-minute, 11-10 win.

The Mules were down for the majority of the first half of the game. With about three minutes left in the first half, Bowdoin was leading 7-4, but Colby battled back with goals from Emilie Klein '17 and co-Captain Alex Mintz '14 to go into halftime down by just one.

Lindsay McCabe '15 opened

up the second half with two quick goals for Colby, giving the Mules an 8-7 advantage. However, this lead was short-lived as Bowdoin responded with two goals of their own within 23 seconds of each other. With three minutes left in the game, the Polar Bears knotted the game at 10. Despite Bowdoin winning the draw control, co-Captain Katherine Eddy '14 caused a turnover and gave the ball to the offense with a minute left. Just 25 seconds later, Mintz found Lindsey McKenna '14 for the game-winning goal.

The Mules could not enjoy the clutch 11-10 win over Bowdoin for long as they had to prepare for a staunch Williams College team. The Ephs came into the game on Saturday, April 12, 10-1 overall and 6-1 in NESCAC play. After an even first half, the Mules finally started to pull away in the second half as they led 8-5 with a little over 11 minutes

left in the game. Williams had gone almost 24 minutes without a goal when they started their comeback with five minutes left in regulation. The Ephs tied the game up with 30 seconds left to send the game into overtime.

Both teams scored in the first overtime session to send the game into a second, sudden-death overtime period. After what appeared to be a Colby draw control, the Ephs somehow emerged with the ball. Shortly after, the Ephs scored the game-winner, giving Williams the crucial 10-9 NESCAC victory.

The double overtime loss to Williams was a tough blow to the women's lacrosse team, but it certainly was not a devastating one. The Mules now have a 6-5 overall record and are 4-4 in league play. They currently sit in fifth place in the NESCAC standings. Colby has two road games left on their schedule before the NESCAC playoffs begin.

They travel to Middlebury, VT, to face the 9-3 Panthers of Middlebury College this Saturday. A week from Tuesday, the team will finish up the regular season by traveling to Bates College to face the always-challenging Bobcats. The Mules will need to pull off a win against the rival Bobcats if they hope to take the Colby-Bates-Bowdoin trophy home this season.

They currently sit in fifth place in the NESCAC standings with two road games left before the playoffs.



Senior co-Captain Katherine Eddy scored five goals to lead the Mules to a hugely important victory.

Courtesy of Colby Athletics

Devastator of the Week



Kate MacNamee '14 Annabelle Hicks '14

Event:

Hammer throw

Hometown:

Rye, N.H.

Event:

Long Jump

Hometown:

Coventry, Conn.

Why: MacNamee and Hicks were both victorious in their respective events in a tri-meet with Bates College and MIT. MacNamee took the hammer throw final with a toss of 156'01". None of the 14 other competitors came within three feet of the effort. In the long jump, Hicks was seeded third, coming into the event. Come the end of the meet though, she was in first with a leap measured at 5.26m.

**Write about
sports for the
Echo**

**Contact:
Thomas Attal
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Bruins prep for Red Wings

By HIB SCHENCK
Staff Writer

Because it's the Cup. The Stanley Cup playoffs, along with all the glory and thrills that accompany them, are finally here. The Boston Bruins will take on the Detroit Red Wings in the first round of the East bracket. This matchup represents the first time since 1957 that these two storied Original Six teams have met in the playoffs, and the series won't disappoint. While the B's officially clinched the President's Trophy for the best regular season record, giving themselves home ice advantage for as long as they remain alive in the process, their first-round opponent and newest division rival has been a hard nut to crack for the Bruins this season. The B's are just 1-3-0 against the Wings this year in four chances, having lost the last three by a combined 12-5 score. The Wings are constructed similarly to their traditional blueprint, loaded with

small, skilled skaters that possess plenty of speed. Netminder Jimmy Howard, while struggling at times this season, is still one of the best at his position, and his ability to keep the Wings in games translates into more time for the talented forwards to put the puck in the net. These small and fast teams are traditionally the ones that the Bruins have trouble with, as they tend to skate around the bigger Bruins rather than engaging them. This was demonstrated in the regular season series.

But, as the Eastern Conference Finals showed last year, the regular season record is meaningless in the playoffs, as Pittsburgh won every game against the B's in the regular season before failing to win a single one in the postseason. The Bruins have trouble with fast teams, but they are also built to wear down opponents. Instead of single games, this will be a series, and that gives the Bruins a sizeable advantage. The Bruins not only boast a top-three offense and a top-three defense, they also

have the highest goal differential in the NHL at +87; no other team has more than +60. This club is elite, and while this is potentially the toughest first round matchup they could have drawn, the Bruins are still the favorite to win the Stanley Cup.

While it won't be easy, and will certainly be a little more stressful than most fans would like, here's to thinking that the Bruins will eventually advance, despite the best attempt by the underdog Red Wings to play spoiler for the second year in a row, albeit in a different conference. The Bruins' combination of size and depth will ultimately be too much for the injury-depleted Wings, who will have to attempt the upset without Captain Henrik Zetterberg. While it is a scary opponent, ultimately the Bruins will likely provide too much for the overmatched yet dangerous Red Wings. It will take the maximum, but the Bruins' home ice advantage will pay dividends immediately as the B's take down the Wings in seven.

Men's lacrosse tops Bowdoin, falls to Williams



Courtesy of Colby Athletics

Mules defeat in-state rivals Bowdoin 11-7, can't beat Williams

By KIERNAN SOMERS
Staff Writer

The Colby men's lacrosse team entered last week with two big conference matchups against hated rivals Bowdoin and New England Small College Athletics Conference (NESCAC) foe Williams. Colby came in 5-5 overall and 2-4 in NESCAC play, sitting in 8th place in the conference, having lost four straight NESCAC matchups.

Colby has always played very tough against Bowdoin, typically a lacrosse powerhouse and currently ranked 18th in the nation.

This was the case once more as the Colby men rose to the occasion, led by co-Captain John Grimaldi '15 to upset the Polar Bears 11-7. Grimaldi netted seven goals against Bowdoin and has scored 16 in the previous three contests to lead the Mules. The rivals traded blows in the opening half, and entered halftime tied at 4-4. Colby took control in the third period. After a third quarter battle dominated by the defenses, with the Mules and Polar Bears swapping goals, Grimaldi and Austin Sayre '17 broke through the Polar Bear defense to each score, giving the Mules the 7-5 lead heading in to the final quarter. Opening the quarter strong, Colby netted four quick goals in the opening three minutes and put the game out of reach for Bowdoin. Mule goal-

der Tyler Will '15 had his best game of the season, making 19 saves on 26 shots. The upset was a much-needed confidence booster for the Mules, breaking their NESCAC losing streak.

Colby looked to carry their momentum into their next game against Williams, but fell short after giving up six first quarter goals. Outside of the first quarter, the Mules outscored the Ephs 6-4 but were unable to overcome the early 6-1 deficit. The Ephs started off on the right foot, catching the Mules off guard and capitalized, piling on four goals

in the opening five minutes of the game. Tyler Will was the only thing stopping the Ephs from running away with the victory in the first, making seven

of his 21 saves in the first quarter. After halftime, the Mules trailed 7-2, but were resilient and scored three times. However, after the short flurry of goals to bring the game within reach, the Ephs pulled away for good, responding by netting three of their own to further the

lead to 10-5. The Mules were unable to capitalize on a shutout in the fourth quarter by Will, scor-

ing only two more goals in the last frame of the match. After the loss, Colby dropped to 6-6 overall and 3-5 in conference play, while Williams moved to 7-5 overall and 5-3 in the NESCAC.

Colby will finish its season at home versus Middlebury College (6-6 overall, 5-3 NESCAC) and rival Bates (4-6 overall, 1-6 NESCAC). Colby is 4-1 at home this season and will look to continue its success at Bill Alford Field and gear up for a potential run in the NESCAC Championship. Colby is currently one win away from securing a spot in the NESCAC Championship tournament and sit at eighth place in the conference. Colby will most likely be awarded the eighth seed and would be slated to play either Tufts or Wesleyan in the quarterfinals.

The Colby men rose to the occasion, led by Captain John Grimaldi '15.

Softball can't pull out a victory in tripleheader against Bowdoin

By HENRY HOLTZER
Staff Writer

The Colby softball team had a difficult time when they travelled to Brunswick, ME to take on Bowdoin College this past weekend. The Mules couldn't pull out some close wins against the Polar Bears, and ended up dropping all three games of the series. However, it wasn't for a lack of pitching and defense, as the Mules lost all three games by a combined five runs; had the bats been firing a little more for Colby, the softball team could have easily pulled out one or two of the wins. The team drops to 4-10 overall, and 1-2 in New England Small College Athletic Conference (NESCAC) league play. The Mules look to bounce back in their next series against Thomas College on Monday April 14.

In the Friday, April 11 contest, Megan Michie '15 pitched four shutout innings and struck out six Bowdoin batters, as the two teams duked it out for four scoreless innings. Colby infielders Tori Sansone '16 and Brienne Wheeler '14 put on a solid defensive showing behind Michie, with the two combining for twelve assists. In the top of the fourth inning, the tie game was finally broken open

with a pair of Bowdoin singles and a stolen base that resulted in a run for the Polar Bears. Later in the sixth inning, Bowdoin hit a solo home run to right center field to add a one-run cushion to the 1-0 lead. Colby only mustered up one hit in the contest with Grace Farnkoff '17 hitting a single in the bottom of the seventh inning.

The first game of the Saturday doubleheader turned out to be one of the Mules' more heartbreaking losses of the season. Bowdoin scored one run in the bottom of the seventh inning to pull away from Colby and win 1-0. Captain Aimee Polimeno '14 pitched a gem, striking out five and only walking one. Colby stranded a runner at third in the top of the seventh, and only managed two hits in the game. The two singles on the afternoon came from Wheeler and Meghan Lewia '15, the only offense for the Mules.

The final game of the series started differently than the prior ones for Colby. The Mules found

their bats early, and were able to drive one run across in the opening frame of the first inning. Bowdoin answered back in the bottom of that inning, putting across a run of their own. The Polar Bears weren't finished, as they rallied and scored three more runs in the bottom of the third inning, as a result of a home run. The Mules fought back in the top of the fourth and scored another run to make the score 4-2, but that would be it for the day as the Mules experienced their third defeat in a row that weekend.

The schedule seems to ease up for Colby softball, as they look to bounce back with a couple of non-league games before heading down to Hartford, Conn. to take on a Trinity team that has struggled this season and is 5-16 overall. The immediate future looks bright for the Mules as they look to get their confidence back before wrapping up their season against a tough Tufts team at home on April 25 and 26.

Captain Aimee Polimeno '14 pitched an absolute gem, striking out five.

Colby on Deck

Baseball at Tufts

Fri., April 18th 3:00 p.m. Medford, Mass.

Men's Tennis vs. Conn. College

Sat., April 19th 11:00 a.m. Waterville, ME

M. Outdoor Track Maine State Championships

Sat., April 19th 12:00 p.m. Waterville, ME

Men's Lacrosse vs. Middlebury

Sat., April 19th 1:00 p.m. Waterville, ME