

## Students intern in garden

By SAVANNAH JUDGE  
NEWS STAFF

On Dec. 2, students and faculty joined Julie Kafka '12 and Nina Hatch '13 in the Fairchild Room as they reflected on their internship experiences this summer in the College's organic garden, "2 Feet 2 Bedrock."

Kafka and Hatch lived on campus during their internships and worked closely with faculty and staff, including Associate Director of Dining Services Joe Klaus, who also

According to Kafka and Hatch, maintaining the garden was as rewarding as it was arduous.

attended the presentation to field questions. Both Klaus and interns Kafka and Hatch credited each other with making the project possible.

This summer marked the fourth season of the College's organic garden and its third involving paid interns. According to Kafka and Hatch, maintaining the garden was as rewarding as it was arduous.

The garden began its season in the Biology Department greenhouse, where Kafka and Hatch worked alongside the Colby Organic Farmers and Gardeners Association (COFGA) in selecting and planting seeds for the season. Between late April and early May, the students transplanted the crops to Runnalls Hill.

Summertime tasks included weeding, mulching and composting. Kafka and Hatch learned about composting first-hand when they built new cold compost units for the garden. They also learned about organic

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Aquib Yacoub '15 advocates for the DREAM Act at one of the mock border crossings set up by the Amnesty International chapter at the College.

## Amnesty Intl. promotes DREAM Act

### College chapter holds advocacy campaign

By RUMBIDZAI GONDO  
NEWS STAFF

The Development, Relief and Education for Alien Minors (DREAM) Act was introduced in the United States Senate in Aug. 2001 and reintroduced in May this year.

The DREAM Act will allow illegal immigrants who are long-term U.S. residents to pursue an education without the fear of deportation. It will guarantee immigrants their basic human rights: the right to human dignity, to an education, to due process and to be free from discrimination.

This has become an important initiative of the Amnesty International chapter on the Hill. Aquib Yacoub '15, the student area coordinator for Maine, said, "Immigration rights are human rights. Amnesty supports the belief that every child has the right to education and that family units need to

be kept intact. They do not deserve to live in constant fear of deportation. This is what the DREAM Act in essence will achieve."

Recent studies by the University of California at Los Angeles

estimate that between \$1.4 trillion and \$3.6 trillion in taxable income would be generated for the economy over a 40-year period from the 825,000 to 2.1 million potential DREAM Act beneficiaries. The Act, if approved and passed, will significantly increase the U.S. Gross Domestic Product (GDP) because, as legal citizens, the beneficiaries will become taxpayers.

Amnesty International believes that it would be to the United States' advantage to grant illegal immigrants legal status. The government is currently providing public goods to illegal immigrants,

and this act would mean that they could contribute as citizens.

This is what the College's team of Amnesty International members lobbied for at the Office of United States Senator of

Maine Olympia Snowe. Yacoub, who has served as a link between Amnesty International and a Philippine migrant group in New York City, said of this event, "We want the State of Maine on board. There is a significant number of illegal immigrants in Maine, but we haven't, unlike Alabama, been actively fighting for

change and accommodation."

Amnesty International plans to raise awareness on campus through self-education. The club is equipping its members with the knowledge necessary to spread

the DREAM Act mission, conducting a week-long simulation of the border crossings and holding guest speaker sessions that will include immigration lawyers from Maine.

Megan Lasher '15, a member of Amnesty International, believes that the Act should be approved immediately. "I don't see the other side. Human rights are the most basic of all things. This is the only home they have ever known—the culture, the education systems, everything. They are American citizens," she said.

With regard to the misconception that this act will create loopholes and cause illegal immigration levels to increase, Amnesty International reiterates that this is not an "all-amnesty" act. This means it will only grant legal citizenship to children who have been in the U.S. for five or more years. Sydney Maisor '15 said, "These children are not to blame [but are] punished by being denied access to higher education. Most of them were brought here by their parents and probably had no idea of where they were going and could not consent or refuse."

## Professor explores food and religious identity

By SARAH BARRESE  
NEWS STAFF

According to Pulver Family Assistant Professor of Jewish Studies David Freidreich, a priest, a minister and a rabbi would never walk into a bar together. If, by some chance, they did end up in the same eating facility, they would be at different tables, eating different food that was prepared in different ways.

Freidreich introduced his book, *Foreigners and Their Food: Constructing Otherness in Jewish, Christian, and Islamic Law*, at the "Food and Identity in Judaism, Christianity and Islam" event on Wednesday, Nov. 30. The book described the influence that religion has had on how people with different beliefs interact, cohabitate and eat with one another. Freidreich asserted, "How we eat reflects how we think about ourselves and those around us."

Many religions maintain stringent rules on how, what or when people may eat—practices that both serve to unite members of a sect and to separate them from those with different customs. Even within a single religion, rituals differ because of varying interpretations of a religious text. The "nature and significance of Christian, Islamic and Jewish foods have shifted over time," Freidreich said.

Originally, according to Freidreich, the Jewish custom of keeping kosher did not encourage separation from non-Jewish eaters and was simply a matter of preparation. "By keeping kosher, Israelites confirmed their status as holy, but they could eat with anyone." Eventually, however, "keeping kosher wasn't just about ingredients of the food but about who prepared it and shared it," he said. The shift occurred as conflicting interpretations of the Bible and Torah arose, and the emergence of Christianity created a schism in the way people

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## Dupree launches sex club on the Hill

By LAUREN FIORELLI  
ASST. NEWS EDITOR

The Sex Club had its first meeting last Friday, Dec. 2. Club leader Eli Dupree '13 said he formed the club to foster open conversations about sex and sexuality on campus.

"I felt there was a real need for it," Dupree said. The Student Government Association (SGA) approved the club on Sunday, Dec. 4.

Dupree first had the idea to form the club last spring after attending the gender, power and community panel. "We [panel attendees] were talking about silence on a lot of issues," he said, "and I thought just the very fact of having sex was something that we didn't talk about very much, or that people did talk about, but not in a healthy way and not in an open way."

After Dupree attended Heather Pratt '11's thesis presentation this semester where

issues of silence came up once again, the idea for the Sex Club came back to him. "In every story she told about sexual assault," Dupree said, "the thing

was that nobody knew what they were doing...not knowing what they wanted, not knowing what was expected of them." He noted that harmful misunderstandings could be precipitated by people not communicating what they wanted and feeling pressured to fulfill their partner's expectation of sex.

Dupree emphasized that people should know and respect their own intimacy boundaries. "I think that's a thing that is really key at Colby College," he said. "People

aren't respecting others' limits, and people aren't respecting their own limits, and that's something I want to address by forming the Sex Club."

The club is meant to be an open discussion forum for any point of interest on the topic of sex and sexuality. At Friday's meeting, the group discussed how to approach a partner in a way that is healthy and honest. "To me, when you talk about discussion, there's no dividing line between discussion within the

club, and discussion as a thing that the whole campus does," Dupree said. He hopes to foster discussion not only within the one small group, but to instigate

a larger dialogue.

Dupree is still working out more concrete plans for the club, but he intends to put up posters and invite speakers on the topic of "sex positive," which encompasses enthusiastic consent and an openness and honesty about sex. He is open to anything other people in the community may suggest. "One person was suggesting that I bring someone to train people in self-defense," he said. "I am imagining someone who gets into the...emotional side of self defense." While traditional self-defense classes prepare a person physically for an attack, Dupree is looking into training that prepares a person emotionally to ward off an attacker.

While Dupree does not plan to have another meeting this semester, as finals are approaching, he hopes to get the club going in January with weekly discussion meetings.

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# Organic garden interns reflect

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pest management, which on some days included turning over leaves by hand in search of Japanese beetles and other insects.

During their internship, Kafka and Hatch had the opportunity to visit local farms and food distribution centers, including Lakeside Family Farm, Boston Public Market and Senior Teaching Associate in Biology Tim Christensen's Earth's Green Garden Organic Farm.

Kafka learned from some of these distributors that, "if you didn't have perfect produce, it wouldn't be sold." Hatch identified this demand for produce perfection as one of the problems with the modern food industry.

Over the course of their internship, the interns and several Colby Outdoor Orientation Trip (COOT) and Colby Community Involvement Trip (C2IT) groups harvested 4,131 pounds of produce including summer squash, cabbage, potatoes, tomatoes, peppers, onions and more. Some of this produce went to Dining Services and some was donated to local food banks. Once, the students delivered



Hatch and Kafka spoke about the internship they completed this summer in the College's organic garden.

tomatoes to the Sacred Heart food pantry in Waterville. The delivery was the only donation of tomatoes the pantry received all summer.

In addition to working with food pantries, Kafka and Hatch also received visits from local residents who came to the Hill to see the garden. According to Hatch, the garden generated valuable "social capital" this summer.

Both students agreed that their hands-on experience this summer was "really fun" and more rewarding than an office internship. Kafka and Hatch

noted that students looking for internships often focus on office-based work and do not consider outdoor projects like the organic garden.

Students interested in becoming an intern for the College's organic garden next year can contact Joe Klaus to apply.

# Van Gogh: The Life

## Smith '74 works on artist bio

By **TYLER HARLEY**  
NEWS STAFF

Dutch Expressionist painter Vincent van Gogh is one of the most renowned and enigmatic artists in history. His international fame and his mysterious life story led to the creation of an unchallengeable mythology surrounding him.

The recently published biography, *Van Gogh: The Life*, co-written by Colby graduate and critically acclaimed author Gregory White Smith '73, raises questions about the truth behind this mythology and explores the passion and tumult of van Gogh's mind and art, which no biography has ever done before.

White graduated from the College with a degree in English literature. He then went on to Harvard Law School, where he met his partner and co-author Steven Naifeh, who was studying art history at the time. In 1991, they wrote the Pulitzer-prize winning biography, *Jackson Pollock: An American Saga*. When brainstorming which artist would be the focus of their next project, Smith and Naifeh wanted a truly interesting and well-known artist.

"We wanted someone not just significant but really iconic," Smith said. Smith and Naifeh had three main criteria—his or her art must be important, his or her life must have been fascinating and it must be an original work, someone whose life had not been explored before. "After thinking about it, we knew it had to be van Gogh," Smith said. "His art is enjoyable and profound. His life story is sympathetic and elevating. And it intrigued us as to why his work is so unique and universal."

Smith said that nobody had ever truly researched and written about van Gogh's art as an expression of his life before. He attributed this to the fact that in the 20th century, artists had become more important than their art in the critical lens. Critique was more concerned with celebrity than with the actual art. In the 19th century, art critique was used more as a marketing tool than as an analysis of the artist's work. For van Gogh, having come in at the tail end of the Impressionist movement in the late 19th century, his work had not been subject to the level of

study that writers and musicians had. "We wanted to bring a level of biographical scrutiny to van Gogh that was accepted and expected of other professions," Smith said.

One of the bigger challenges that the authors faced was that neither understood Dutch. At the time they were researching, there were roughly 750 letters sent to and from van Gogh and about another 1,000 letters that circulated amongst his relatives (many of which mentioned him—he was the black sheep of the family.) Smith and Naifeh hired 11 translators to go through this vast amount of postage, most of which had never been translated before, as well as about a dozen secondary source books.

Perhaps the greatest challenge that the pair faced involved the lore surrounding van Gogh and the repercussions of going against that mythology. With the publication of Irving Stone's biography, *Lust for Life*, in 1934—the only true biography that existed at the time—and the Hollywood adaptation of that book in 1956, many people had a fixed image of who van Gogh was even if they did not know much about him. "We had no idea that we'd find contradicting evidence," Smith said, "but we just wanted more information and to uncover as much truth as possible. But if you start to break down the mythology, you get in trouble."

"Everyone seemed to know at least few things about him," Smith said. "They knew he was crazy, they knew he cut his ear off and they knew he shot himself." About two-thirds of the way into writing the book, they began to encounter inconsistencies regarding van Gogh's death. Before, it had been widely believed that van Gogh had shot himself with a revolver in a wheat field in France and died the following day. However, much of the evidence for this story seemed weak to Smith and Naifeh, leading them to investigate how his death actually occurred.

Last week, Smith and Naifeh returned from a six-week long book tour that traveled to major U.S. cities, as well as the Van Gogh Museum in Amsterdam and the Royal Academy in London. "The Royal Academy was definitely the biggest deal for me," Smith said. "Not only did van Gogh go there, but it's a large group of academics, and many of the most important discoveries of the past few centuries have been presented there." Smith and Naifeh plan to continue biographical work but have not yet decided on a new focus.

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## Colby College Department of Security Incident Report Log

Nature:	Date:	Time:	Location:	Disposition:	Comments:
Medical Call	12/2/11	11:59 p.m.	East Quad	Maine General	Alcohol.
Alcohol Violation	12/3/11	12:02 a.m.	Heights	Deans Office	Unregistered party, furnishing.
Alcohol Violation	12/3/11	12:19 a.m.	East Quad	Deans Office	Hard alcohol, underage.
Disturbance	12/3/11	12:19 a.m.	East Quad	Maine General	Discharged fire extinguisher, damage.
Vandalism	12/3/11	12:33 a.m.	AMS Hall	Deans Office	Message boards damaged.
Vandalism	12/3/11	12:54 a.m.	Williams Hall	Deans Office	Illness.
Vandalism	12/3/11	11:20 a.m.	AMS Hall	Deans Office	Broken door.
Medical Call	12/4/11	12:49 a.m.	East Quad	Maine General	Alcohol.
Medical Call	12/4/11	1:06 a.m.	Alfond Apartments	Maine General	Alcohol.
Harassment	12/4/11	1:58 a.m.	West Quad	Deans Office	Disagreement between students.
	12/4/11	4:16 a.m.	Heights	Deans Office	Broken window



# Alumna speaks on school reform

## Young teachers lead education policy changes

By KYLIE VANBUREN  
NEWS STAFF

Maria Fenwick '03 came to the College on Nov. 29 to give a presentation about Teach Plus, a program that works to keep good teachers in struggling urban schools.

Fenwick graduated summa cum laude from the College with a degree in human development. She went on to earn a master's degree in education policy management from Harvard University in 2004 and a master's degree in elementary education from the University of Massachusetts in 2005.

The philosophy behind Teach Plus is that teachers are the most important fac-

tor in student achievement, and they get better over time. Therefore, in order to improve urban school districts, there needs to be a focus on keeping teachers at these schools. The problem that these districts have is that the majority of teachers leave these schools within the first three years of teaching.

Teach Plus tries to address the issues of limited professional growth opportunities and the pattern that all teachers, regardless of skill, are treated the same. The teachers have limited abilities in making big picture decisions and have few incentives to do so, monetary or otherwise. Isolation from other good teachers and a hierarchy based on the number of years at a school are also challenges. These are the main reasons why good teachers leave the urban schools where they are most needed.

Fenwick believes that such

problems need to be taken care of in order to give students the opportunity to learn and make a better life for themselves. "Our end goal is to raise student achievement. This starts with good teachers," she said.

One of Teach Plus' programs is the Teaching Policy Fellows, which they use to make an impact by focusing on education policy. The fellows seek to improve and guide policy implementation, advocate for policy changes and develop new policy ideas. As Fenwick said, "We want to improve the achievement of urban children by ensuring that a greater proportion of students have access to excellent, experienced teachers."

The Teaching Policy Fellows program seeks to make big picture changes in governmental education policy, which could really impact teacher and student life. The teachers are the

essence of this program because they are the ones who are in the classrooms every day and therefore understand what really needs to improve.

Another of Teach Plus' programs is the Teach Plus Network, which is open to anyone and gives teachers the opportunity to get to know one another, talk about education and the changes needed and provide feedback on policies. Their slogan, "Connect. Learn. Be a Voice," shows that they are working toward creating a community that provides teachers with opportunities for social connectedness and to give them opportunities to improve their job experience.

Teach Plus has prospered so far, beginning in Boston in 2009. The organization has already spread to Chicago, Los Angeles, Memphis and Washington, DC and is now starting a chapter in Indianapolis.

## Food and religion SGA ends semester

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shared food.

Each group frustrated with the other, Christians began to define themselves as anti-Jews and structured their differences around food. "If Jews ate it," Freidreich said, "Christians wouldn't." Though Islamic doctrine closely ties into Christianity and Judaism, conflict remained between all three major groups, and even within Islam, as the Shiites and Sunnis split into two sects.

In the past few centuries, secu-

lar ideas have melded religions together more, so that in many areas people of different religions can exist—and even eat together—in peace. Nevertheless, religion remains a driving influence behind many people's lifestyles and choices. Freidreich said that "the ideal of a melting pot, in which religion would disappear, is being replaced with the idea of a salad bowl," in which distinctions would remain and be celebrated. Whether "distinctive or self-segregating, food is defining [of] identity," Freidreich said.

By SARAH BARRESE  
NEWS STAFF

At the final Student Government Association (SGA) meeting of the semester on Sunday, Dec. 4, representatives reflected on recent achievements, approved a new club and discussed plans for the upcoming semester.

The Colby Sex Club, advocated by Eli Dupree '13, received nearly unanimous approval to become an official club despite concerns that its focus might fall closely under the realm of issues which Student Health On Campus (SHOC) handles. Dupree said that the club would "open up a discussion about what makes good sex, good communication and good discussion." The club's mission is to "deliver a message that's healthy instead of the message we get elsewhere," meaning from society, the media and the college hook-up culture. SGA members asked if the club would focus more on discussion within a group or active transfer of information across campus. "I don't know exactly what direction the club would take," Dupree said. "But I'm excited about where peo-

ple have talked about taking it."

Perkins-Wilson Dorm President John Williams '13 presented a motion to approve Bylaw 11-02, which states that in the case of a tied vote, the executive board will vote to break the tie. If the vote remains tied after the executive board vote, the SGA President will break the tie. According to SGA Parliamentarian Morgan Lingar '13, "There is precedent from other organizations to have executive organizers to vote to break a tie."

Lingar discussed the completion of an athletics honor code, a series of standards and promises all athletes on the Hill would be expected to maintain. The policies would enforce student athlete "etiquette on campus, respect in dorms, respect while traveling and general upstanding behavior," Lingar said.

Despite some changes in the make-up of SGA, with six members going abroad next semester, the organization looks forward to the rest of the school year. Treasurer Lane McVey '12 said, "We have used 45 percent of our budget this semester, which was our goal, and created a lot of new clubs with active roles." This leaves plenty of funding and fresh ideas for the upcoming semester.

Please visit [www.thecolbyecho.com](http://www.thecolbyecho.com) for a corrected version of "Student exhibit explores stereotypes," published in the Nov. 30 issue of the *Echo*. The article covers the photography exhibit that was displayed in the Diamond Building from Nov. 14-16 to encourage discussion on gender and power on the Hill.

## SIRENS DELIGHT AUDIENCE



CHRIS KASPRAN/THE COLBY ECHO

The Sirens, an all-female cappella group, performs their final concert of the semester in Lorimer Chapel on Monday, Dec. 5.

## AEMT JanPlan course cancelled

By MOLLY WYLIE  
NEWS STAFF

The Advanced Emergency Medical Technician (AEMT) course was scheduled to prepare students for their certification and licensure at the EMT-Intermediate level during JanPlan, an opportunity previously unavailable to students at the College.

While the basic training level of the EMT course has filled to nearly maximum capacity, the advanced course, with more intensive clinical hours and life support techniques, struggled to meet the minimum enrollment. As such, this JanPlan will not be held this year but may be offered in the future.

Colby Emergency Response (CER) Quality Assurance Officer Ben Hannon '13, licensed at the EMT-Basic level, took the first course

as a freshman and planned to continue with the advanced training. According to Hannon, the advanced course requires a similarly extensive time commitment as the basic course, yet with much more training in invasive techniques. Students dedicate a nine-hour day, Monday through Friday, to learn skills including "intravenous and introsseous fluid and medication administration," Hannon said.

Unlike the first class which, according to Hannon, focuses mainly on "basic anatomy, physiology and basic life support skills," the following course certifies students to work more technically with patient care. The course prepares them to "deliver fluids that may save a patient from shock or a wide variety of medications that EMT-Basics cannot administer," Hannon said. In order to do so,

a large amount of classroom and clinical time is required. This involves class lectures, skills practice and realistic scenarios to qualify students for more involved treatment, including airway management and cardiac monitoring.

Unlike typical JanPlan courses, all Emergency Medical Service (EMS) classes are taught by Atlantic Partners EMS through Kennebec Valley Community College, bridging students with outside resources in Maine.

For Hannon and others, EMT training extends far beyond the reaches of the Hill. Skills learned in the Advanced EMT course set foundations for the highest level of paramedic licensure, enabling work with a wider variety of medications, written documentation and comprehensive patient assessment.

Trained students such as Hannon often work for CER,

which offers 24-hour emergency medical response on campus. However, Hannon's preparation also continued outside of school, through training sessions such as Pre-Hospital Trauma Life Support and a Wilderness Emergency Medical Technician Upgrade course. The licenses from these courses may lead Hannon to a paramedic course, but for now he intends to maintain his EMT-Basic license.

For students in the program, the intense dedication opens doors for work both in and outside of school and brings "all skills and knowledge into the big picture of patient care," Hannon said. In years to come, students like Hannon may be able to continue to take advantage of these opportunities close to home on the Hill if enough students express interest in taking this course.

## echo news briefs

### SGA creates assault policy cards

The ad-hoc committee of the Student Government Association (SGA) is working on developing a gender and sexual diversity program. One of their initiatives is to distribute a wallet card about sexual assault to all students. The cards will provide contact numbers and advice for students who have experienced sexual assault.

Grey Benjamin '14 suggested the idea at the recent community forum on sexual assault. Ideally, each student at the College would receive an updated card at the beginning of each school year. "We thought that the card was a great idea and thought that putting a wallet card together would be helpful for students," SGA Co-President Justin Rouse '12 said.

According to Rouse, "The cards will be distributed shortly, as soon as the ad-hoc committee is able to go over them and have them made....Where we stand now is that the group that is working on the gender and sexuality program is developing the card as part of a larger campaign."

Currently, there are notices in the stalls in women's bathrooms with a list of phone numbers students can contact if they believe they have experienced sexual assault. The list is made up of resources both on campus and off campus. The hope of the new initiative is that students will take advantage of these resources more often if they have easier access to the information.

"Our hope is that the cards will be a useful tool for students who are interested in being more informed and will also be a tool in the right direction toward improving the hook-up culture at Colby," Rouse said.

—Charlotte Wiesenberg, News Staff

### CVC reaches Nov. fundraising goal

Under the leadership of Director Dana Roberts '12, the Colby Volunteer Center (CVC) has reached its goal of raising \$10,000 in the month of November to donate to the Mid-Maine Homeless Shelter's capital campaign for \$1.75 million, which will build a new shelter with two-year's worth of programming.

The CVC's efforts spanned the campus and sought to educate the campus and invest the Colby community in the issue of homelessness. Local businesses Dog Graphics in Clinton and Are You Ready to Party?? in Waterville donated campaign T-shirts which were sold on campus. All proceeds went to the campaign.

"About 400 individuals donated to the campaign, and 90 percent of them were \$25 or less," Roberts said. "This clearly illustrates how important small donations were to the success of the campaign and that the collective action of many can make a significant impact."

—Allison Ehrenreich, Co-Editor-in-Chief

### Paintings stolen from Miller Library

Eight pieces of artwork that hung in Miller went missing over the weekend of Dec. 3-4.

Five of the pieces hung in the building's history wing on the second floor. John J. and Cornelia V. Gibson Professor of History Elizabeth Leonard became aware of the situation upon arriving to her office at 8 a.m. on Monday, Dec. 5. She then sent an e-mail to all history majors and her department colleagues to alert them of the incident. She also informed Security, Vice President for Student Affairs and Dean of Students James Terhune, Assistant Vice President and Senior Associate Dean Barbara Moore and Vice President for Academic Affairs and Dean of Faculty Lori Kletzer.

According to the e-mail, some of the pieces were personal items that Leonard and other faculty members in the History Department had offered to display when the department could not afford to buy artwork. "Like my colleagues, I am very sad to lose my pictures, some of which I brought back from my years as an adolescent living in Japan or have had since I was in college myself," Leonard wrote.

At this point, Leonard does not know if the artwork will be replaced. "It seems like a bad idea...because anything new we put up might get stolen again," she said. "I personally removed the two remaining pieces that were mine and have put them in my office, which I can lock at night."

On Monday morning, Miller Faculty Administrative Secretary Sherry Berard, who works in the History Department, asked Johanna Clift, the administrative secretary in the English Department, if they were missing any pieces.

According to Clift, two pictures went missing from the department wing, also on the second floor, over the weekend. One, approximately 18 by 30 inches in size and in a gold frame with glass, "was a picture of butterfly wings that had been made into the alphabet," Clift said. The other "was a full size poster of James Joyce's Dublin. This was in a plastic frame that was broken on one corner." An English professor who came in on Saturday afternoon had become aware of the incident and e-mailed the department wondering what had happened, Clift said.

One additional picture, "a silver framed print of a Georgia O'Keeffe painting," went missing from the third floor of Miller outside classroom 319, Clift said. In her e-mail, Leonard also cited incidents of artwork missing from the Lovejoy Building.

Clift noted that "these hallways [in Miller] are open at all times. All pictures are hung on hooks. They have been here for three years without incident."

Leonard encourages anyone with information to come forward to her or Berard.

—Sarah Lyon, News Editor

# FEATURES

## JanPlan: not always a time for relaxation

By ESTHER KING  
ASST. FEATURES EDITOR

Colby's January term has been an integral part of students' experiences on the Hill since 1961, when then President of the College Robert Strider first instituted the program as an opportunity for in-depth independent studies and a stimulating break from the routine schedule of a regular semester.

For many students on campus during the College's JanPlan, it means taking an unusual or more laid-back class, having time to relax and making the most of the Maine outdoors. Some students, however, choose to engage in one of a variety of more hands-on, service-based classes that make for a tight schedule and a very different JanPlan experience on the Hill.

Professors make students aware of the intense time commitment before they enroll in service-based classes such as Chemistry Outreach K-8, Practicum for Education or more practical classes such as Emergency Medical Technician (EMT) Training and Neuroscience Research.

"We are basically asking them to commit to the class Monday through Friday, all day," Dr. Gerald and Myra Dorros Professor of Chemistry Julie Millard, who teaches the Chemistry Outreach class, said. The class is based around science outreach activities in local schools and involves off-campus travel, so "both the students and the instructors need to be very flexible" and must be ready to work around "local school schedules, after-care programs, Girl Scout meetings and weather cancellations, etc.," Millard said.

The six students enrolled in this year's Neuroscience Research class will be spending "all day in the lab, and often well into the night and on weekends if necessary," Andrea Tilden, J. Warren Merrill associate professor of biology, said. Students

also spend part of the month at the Mount Desert Island Biological Laboratory (MDIBL) and "have to work long hours at high intensity" to make the most of this "rare opportunity," Tilden said.

Although she describes the course as all-consuming, the feedback that Tilden has received from past students has been overwhelmingly positive. "We do manage to build in a lot of fun as well, playing games around the fireplace at the MDIBL Co-op very late at night or building 'snow crabs' after a big storm; the experience has a certain camp-like quality," Tilden said.

For many students, it is the "camp-like quality" of a class that focuses on a common project that makes these time-intensive classes so rewarding. The commitment students bring to the class creates a focused and stimulated learning environment that allows them to explore their fields of interest in a more hands-on way than they would be able to do during a regular semester.

"It's similar to an internship," Brittany Colford '13 said of her experience taking Neuroscience Research. "I think it's actually a much more worthwhile experience than an 'easy' JanPlan because you can really develop skills in your field of study rather than just learn about it in a lecture for a few hours a week."

Megan Crocker '12 remembers her Chemistry Outreach class as "much more involved" than the typical JanPlan class. "With this class, it was pretty much an all-day, everyday thing," she said. At the time, she wanted to become a chemistry teacher, and the class was a perfect opportunity for her to gain experience in teaching as well as enjoy unlimited access to the laboratory. "It was a really fulfilling experience. I can look back on it and say that I actually accomplished something during my JanPlan instead of just lounging around and taking it easy. Of

course, one of the disadvantages was that I couldn't just lounge around and take it easy!" she said.

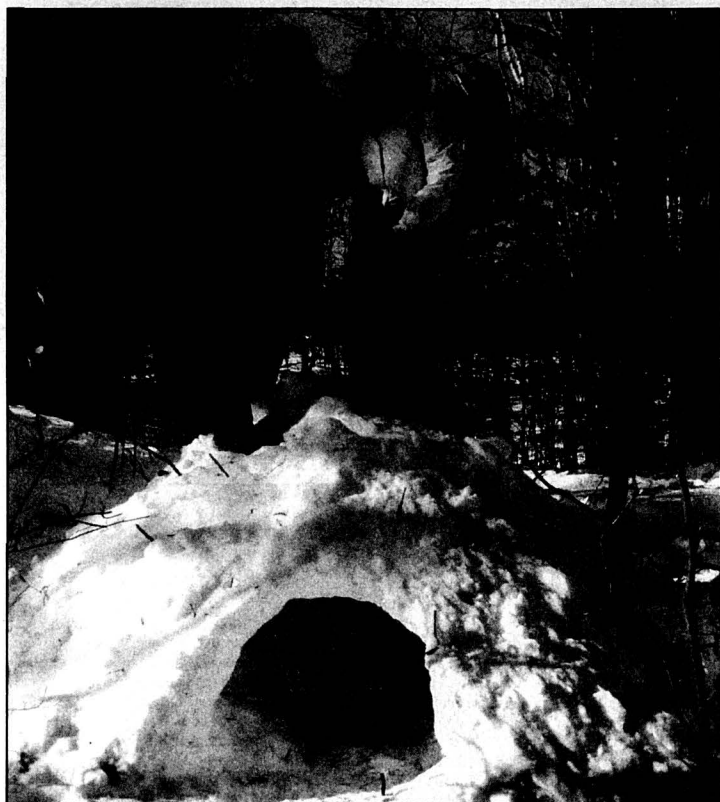
But that's not to say that taking a class with a large time commitment is pure drudgery. "I really wanted to be able to take classes that were exciting and fun," Ben Hannon '13, who took EMT Training last year, said. "Being time-intensive doesn't mean that it wouldn't be fun to me, and the class sounded more exciting than many of the other offerings."

Students enrolled in the EMT class meet five days a week for six to eight hours and "do some clinical time in the ER as well," Medical Director Paul Berkner, who organizes the class at Colby, said. Hannon found that there was still time for a social life outside the classroom too. "I often would go hang out with friends and bring my textbook with me to go over material from class," he said. "And I still played on a broomball team and went skiing every weekend."

"Overall," Crocker said, "one class for a month still leaves quite a bit of time for you to do the things you want." Despite a heavy workload, students committing to a tighter JanPlan schedule still find the time to unwind and relax after class as they would during a regular semester. And because the workload relates to a one-of-a-kind opportunity in fields in which they are particularly interested, students find their work more enjoyable.

Lauren Harris '12 took a Winter Ecology class her sophomore year, in which she learned how to snowshoe and slept outdoors in a quinzee (a type of igloo), that she and her partner built themselves. "Sleeping outside in Maine in the middle of January is something I will certainly never forget," she said.

Harris, who is now enrolled in Chemistry Outreach for this upcoming JanPlan, enjoys the extra dedication she puts forth during the month-long term. "I know that as much as I enjoy having plenty of



Audrey Gourlie '12, left, and Lauren Harris '12 slept in the quinzee they constructed in Winter Ecology in 2010.

time to relax during JanPlan, I need to have somewhat of a routine to keep everything in my life going smoothly. I'm willing to have my class take up a lot of time since I think it will be time well spent."

"I think that taking a time-consuming class during JanPlan keeps you focused and in an academic mindset," Dan Sunderland '14, who became a certified EMT last JanPlan and is taking Neuroscience Research this year, agreed. "While I'm sure we would all enjoy a

month-long vacation, I think that continuing to work academically for more than a few hours a week makes the transition to the second semester a little easier," he added.

Overall, students find that the advantage of gaining one-of-a-kind, hands-on experience and dedicating their time to a subject of interest far outweighs the disadvantage of having a less laid-back JanPlan experience.

"Trust me, I always thought it would be nice to take a class that

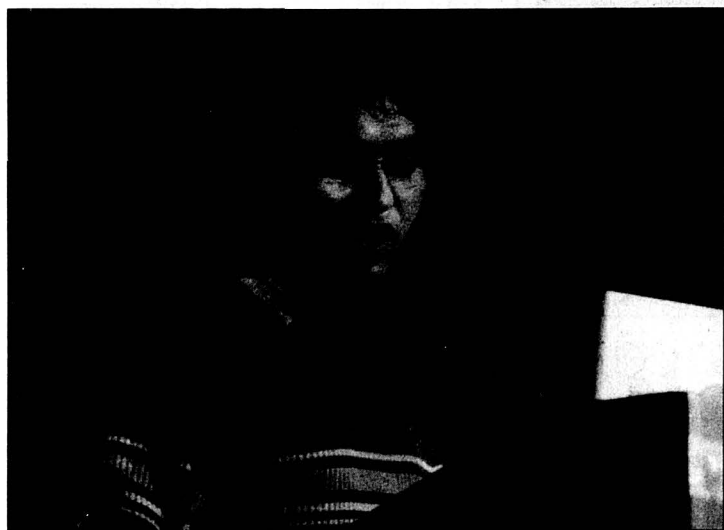
wasn't so time consuming, but for some reason the classes I was the most interested in were very time-intensive," Kimiko Kossler '12, who is enrolled in Chemistry Outreach, said.

Arvia Sutandi '13 agreed: "Neuroscience research is a field I'm very interested in, so even if that means sacrificing some *How I Met Your Mother*, sleeping and relaxing time, I think it's completely worth it. Plus, that's what we're here at Colby for, right? To pursue an education."

WHO'S WHO: SULAIMAN NASSERI '12

## Senior aids Afghan women through embroidery

Davis Project for Peace winner Sulaiman Nasseri '12 founds "Embroidering Peace" in his native Afghanistan



Sulaiman Nasseri '12 has dedicated his time to empowering Afghan women through his "Embroidering Peace" program.

By MICHAELA PEMBROKE  
NEWS STAFF

It would be a challenge to find someone quite like Sulaiman Nasseri '12. A government and global studies double major with a minor in administrative science, Nasseri recently established "Embroidering Peace," a project that helps women from his native country of Afghanistan to create a sustainable source of income for themselves and their families.

Sulaiman came up with the rough idea for his program while studying abroad in London last year. "I was always

thinking of helping the Afghan women in some way because they suffered the most during the few decades of unrest, even though they were never part of the political problem. I knew that helping women would be probably one of the most needed endeavors," he said.

Sulaiman received a \$10,000 grant towards his project as a winner of the Davis Project for Peace initiative, which began in 2007 through the work of philanthropist Kathryn Wasserman Davis. According to the College's website, this initiative seeks to recognize those who "design and implement innovative techniques that focus on conflict resolution, reconcili-

ation, building understanding and breaking down barriers that cause conflict."

Sulaiman asked around for ideas, talked to his family and conducted some research of his own before hitting on the idea of empowering Afghan women through the embroidery market of Kabul.

The project started by hiring three professional embroiderers to provide the women with the necessary skills and materials.

"Embroidering Peace" benefits some of the neediest women in Kabul," Sulaiman said. "Two are widows, all 21 are unemployed and the majority of them didn't know anything about embroidery before the program

started; but they were very keen and enthusiastic. After three months of training, they all outperformed the trainers' expectations, as well as mine."

Due to Sulaiman's initiative, 84 family members directly benefit from the sustainable source of income, and 21 children can go to school. Sulaiman recalls one woman in particular, Guljan, who was in desperate need of cash to take her recently laid-off husband to the doctor because of his heart problems. By earning a modest income stitching a minutely detailed shirt, Guljan was able to help finance her husband's health treatment.

A main concern for Sulaiman was that the project be sustainable. "There are a lot of things I could have done that would help women in the short term, but then these efforts would die down eventually, so I was very careful about the sustainability of the project and the assistance to the impoverished Afghan women in the long-run," he stated.

"I recently read a study that ranked my home country—Afghanistan—as the worst place for mothers," Sulaiman said. "The first thing that struck my mind was my mother; and it is not easy to read something like that while your dearest one still lives in a society like Afghanistan. It breaks you down. It is crystal clear that none of us would be here if it weren't for women," he continued.

Sulaiman himself fled Afghanistan to escape the Taliban with his family in 1999, when he was 13, and lived in Paki-

stan for two years. "The Taliban brought the Afghans back 2,000 years. They banned certain activities including watching movies, listening to music, playing volleyball or flying kites," he remembered.

After Sulaiman and his family returned to Afghanistan, he worked for four years at an international non-governmental organization (NGO). For a

familiarize them and give them a different perspective through what I've seen and what I've experienced because this is so different from what you hear in the media."

In the future, Sulaiman hopes to develop a website to sell the Afghan women's embroidery products online. He also hopes to keep 10 percent of the profits in an account in order to maintain stability and include more beneficiaries. He would also like to expand "Embroidering Peace" to include different vocations like tailoring, carpentry and livestock.

"My goal is to provide the means for the impoverished Afghan women to dust themselves off, roll their sleeves up and stand on their feet alongside the Afghan men," he said. "Embroidering Peace" is, therefore, pitched as a way to make Afghan women less dependent on men and to provide them with a modest income to get their children off the streets and into schools, keeping them out of the child labor pool and making them less likely recruits for the bad guys. My project arms these children with pens rather than guns because an educated generation of Afghan youth will have a different mindset where they will build, rather than destroy, their embattled nation."

Currently, Sulaiman is in the process of applying to 13 graduate schools, so if you see him be sure to wish him luck on his future endeavors both in his personal life and in the huge impact he is sure to continue to make on the people of Afghanistan.

**Sulaiman hopes to develop a website to sell the embroidered products from his project online.**

while, he was the only person financially supporting his family. In 2006, Sulaiman received a scholarship to go to the United World College (UWC) in Italy, and two years later, he matriculated at Colby.

Sulaiman speaks highly of his time on the Hill: "I love being at Colby. What I like the most here is interacting with American students and listening to their perspectives of Afghanistan and the world. I



## NOVEMBER BACHELOR AND BACHELORETTE: NICK WARNER '14 &amp; JESSICA KRAVIT '14



## Nick Warner '14

Over the last few weeks, the campus has been abuzz with murmurs of this thrifty young gentleman. Hailing from the sprawling fields of the Midwest, Warner embodies tasteful apathy.

Accustomed to his unique style of dress, those who know Warner would generally describe him as endearingly disheveled. Those less familiar with the young bachelor may be perplexed by his affinity for wearing the clothes rejected by even Goodwill and Marden's; yet, despite his somewhat haphazard exterior, Warner still manages to find his way into the hearts of many young maidens as the essence of a diamond in the rough manifests itself in his golden hair and winning smile.

He has the body of a retired Olympian wrestler, a face carved out of a stone only slightly softer than granite and a flowing yellow mane that Apollo himself would

deem worthy of squinting at; however, though his magnificent physique is enough to turn heads, his intellectual fortitude and charming wit are equally impressive.

Driven by a love for learning and romance, Warner is often found, to his own embarrassment, nestled on the couch nose deep in the newest thriller novel. His gruff and gaudy baritone may be intimidating upon a first encounter, but, ladies, remember that beneath his baggy flannel shirt and oversized jeans, lies a sensitive young romantic.

## Favorite Musical Artist:

Toss up between Drake and Sheryl Crow

Favorite Movie: *Bend It Like Beckham*

Favorite Novel: *Wuthering Heights*

Go-to Pick-up Line: "Excuse me, are you a senior?"

-Written by Jordy Gowen '14

## Jessica Kravit '14

Kravit may have spent her first semester of college in Salamanca, Spain, but she has had little difficulty adjusting to the Waterville campus.

An art major with a concentration in studio art, Kravit has no trouble creating beauty. But, friends say, the canvas Kravit is most dedicated to is her body—you can always catch her at the gym.

Gentlemen, if your schedule does not line up to match Kravit's workout routine, a combination of squats and abdominal thrusts, you can always admire her hard work through the transparent shirts she sports that never fail to show off her belly-button.

If you can't find her on campus, you can most likely catch her searching for her next caffeine fix at what could be her second home: Starbucks.

Kravit may have a borderline shopping problem, and her roommate wouldn't be surprised if

she made the cut for TLC's show *Hoarders*, but that's ok; she's a psychology major too, so at the end of her four years here, she'll be able to deal with it. Anyhow, all of Kravit's purchases are life investments. "You can't be taxed on stuff," she claims.

Kravit loves smiling and making friends. She enjoys treasure hunting, talking about the human brain, jumping, online shopping and glitter.

Her dislikes include boredom, animal products (unless you wear it), school work, being on time and poor fashion sense. She is the epitome of the girl next door, as long as that girl bathes in sparkles.

## Favorite Color: Yellow

Favorite Book: *The Catcher in the Rye*

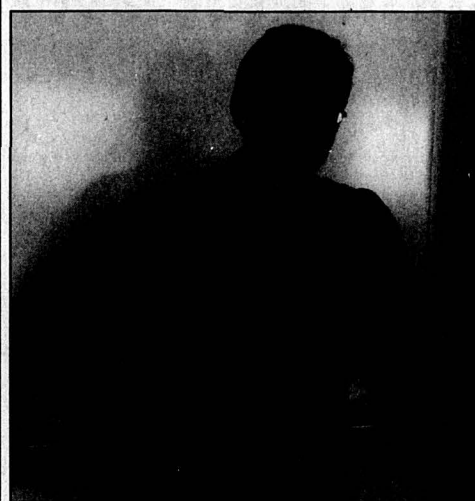
Favorite Food: Sushi

Favorite Things: Her treasure chest with her old photos

-Written by Sydney Hammond '14

## FACULTY PROFILE: RAFAEL SCHECK '12

## German-born Scheck has a sweet tooth



CHRIS KASPRAK/THE COLBY ECHO

Professor Rafael Scheck is a fan of Germany and sweets, especially honey.

By CATE DONOVAN  
NEWS STAFF

"I'm the only German I know who vividly detests beer," Rafael Scheck, professor of history at the College, said. "But my mother has a theory that people, men specifically, who are not into alcohol have a sweet tooth, and I totally fit that theory. I have not only one sweet tooth, but I have a whole row."

Scheck teaches Modern European History on the Hill, focusing specifically on German and French history during World War II. He is known to reward his students by preparing Linzertorte, an Austrian dessert and a tradition in his family, at the end of the semester.

Scheck was born in Germany and learned to speak French, German, Italian, Latin, Swiss German and English growing up. As the child of a physicist, he lived in various European countries before his family settled in Switzerland when he was seven years old.

After completing his undergraduate studies at the University of Zurich, Scheck

pursued graduate work at Brandeis University with a professor who had done research on Adolf Hitler. "I was very surprised to see in America that the name of the university or college carries so much weight. For me, it was the person, the advisor [that was important]."

Despite his international background, Scheck experienced culture shock when he came to the United States. "[In Europe], the whole college experience is just not there—people go out to cafes and smoke. So it took me some adjusting to the different environment." Scheck lived on campus at Brandeis, which helped the transition.

Having completed his studies at Brandeis, Scheck made his way to Mayflower Hill after a one-year stint teaching at "an unnamed college between [Colby] and Boston where students wear 'Friends don't let friends go to Colby' T-shirts."

"My specialty is French prisoners of war overseas; basically, colonial POWs in German hands in the Second World War," Scheck said.

Scheck's most recent publication, *Hitler's African Victims*, is his fourth research book and investigates the massacres of black French Prisoners of War (POWs). "I'm now working on the experience of prisoners of color because Germans generally treated, for example, black

French prisoners with French passports the same as people from Africa. They only looked at skin color," Scheck said.

Scheck's interest in the subject matter started when he was a graduate student. "My original interest was in German right-wing movements, and I wrote several books on right-wing figures and parties," he said. "But then I read that there was a massacre of black French soldiers by some German tank units in the campaign of 1940. There was a big exhibit [on the event] in 1995 but now, nobody ever talks about it. In 2002, I decided I would make that the focus of my research."

Scheck is currently working on a book manuscript about the captivity experience of black prisoners from West and North Africa. "I came across an interesting discovery the summer before last when I copied a statement of a released prisoner of war from 1942," Scheck said. "It was anonymous but was extremely well-written and very carefully argued. I found out the document was by the most famous prisoner, Léopold Sédar Senghor, who was the president of Senegal in the 1960s and '70s."

After investigating the authenticity of the document, Scheck published it in *Jeune Afrique*. The weekly magazine cited and interviewed Scheck and published the issue both in France and in Francophone Africa. "I'm going to keep working on that because he is a very interesting man," Scheck said.

In addition to his work at the College, Scheck regularly travels back and forth from Europe, as most of the documents he studies are located in European archives. Scheck recently returned from Burgundy, France, where he was honored at a dinner and conference organized by Mireille Hannon, the director of the documentary *Les 43 Tirailleurs*, for which Scheck was interviewed. The documentary deals with one of the massacres that Scheck wrote about in his book.

In addition to his busy academic schedule writing, teaching and traveling, Scheck enjoys playing the cello, chess and pick-up soccer in his free time. But mainly, his three kids, who range in age between five and 16, keep him very busy. "The five-year old, in particular," Scheck said with a laugh. Luckily, the top drawer of his desk is stocked with treats whenever he needs an energy boost.



FACEBOOK.COM  
Sophomore Nick Warner plays rugby and is looking for love on the Hill.



FACEBOOK.COM  
Jess Kravit '14 is a fan of glitter, treasure and finding a man of her own.

## The holidays hit the Hill

By CHARLOTTE WIESENBERG  
NEWS STAFF

Although the end of the semester can be a stressful time for students as exams quickly approach, there is a light at the end of the tunnel: the holiday season. On Saturday, Dec. 3, senior students gathered for the second Alford Apartments' "lock-in." The senior class council provided several kegs for the event, and attendees were encouraged to dress in their ugly-sweater holiday best.

The inhabitants of one of the apartments used as a venue for the lock-in, Apartment 148, have really embraced the upcoming holiday season. Seniors Dennis Gallagher '12, Taro Funabashi '12, Sam Helm '12, Keith Lyons '12, Rich Poirier '12 and Mike Wismer '12 have adorned their apartment with holiday lights, Christmas stockings and even

their own Christmas tree, decorated fully with lights and candy canes.

"Christmas is our favorite holiday, obviously. We love lights, Jesus and presents under the tree, so we had to decorate," Poirier said of the apartment's decor.

Other events on campus have been spreading the holiday cheer. Earlier on Saturday the Student Programming Board provided a bus to Freeport from Eustis so students could get a head start on their holiday shopping in the outlets that fill Freeport.

The College's religious and spiritual groups will also be commemorating the season during the next week and a half in order to ease the study pains and keep the holiday spirit alive. Here's a list of events to look forward to.

**Colby Christian Fellowship (CCF):** CCF will be hosting a holiday party for students. "While this party will serve as a fun event, we will also be re-

membering the birth and death of Christ, our savior," CCF Leader Karen Abbas '12 said. "Many in CCF also participate in and/or attend the Carols and Lights program that Colby holds every year," Abbas added. The 42nd Annual Service of Carols and Lights will be held in Lorimer Chapel on Friday, Dec. 9, at 7 p.m. and Saturday, December 10, at 3:30 p.m. and 7 p.m.

**Colby Muslim Group:** This year, Ashura falls on Dec. 5. Shi'a Muslims observe Ashura to mourn the martyrdom of Husayn ibn Ali, the grandson of Muhammed and the third Shi'a Imam, at the Battle of Karbala in 680 CE. They observe this occasion by performing certain rituals such as flagellation (called Talwar zani). Sunni Muslims (who do not believe that Husayn was the third Imam) commemorate Ashura as the day that God freed the Israelites from slavery by al-

lowing Moses to part the Red Sea. According to Sunni tradition, Muhammed fasted on this day to express his gratitude to God. President of Colby Muslim Group Khaled Wardak '13 is a Sunni Muslim and plans to fast on Ashura. He will also lead a discussion about the significance of the day in Islam.

**Hillel:** Chanukah does not begin until Dec. 20, at which point we will all be on break. So unfortunately, that means that Hillel will not be sponsoring the Chanukah Dinner in Foss that we have all come to love. However, Hillel will be holding a candle lighting ceremony on Friday, Dec. 9. Stay tuned for a potential study break during finals week as well. Let's hope they serve latkes!

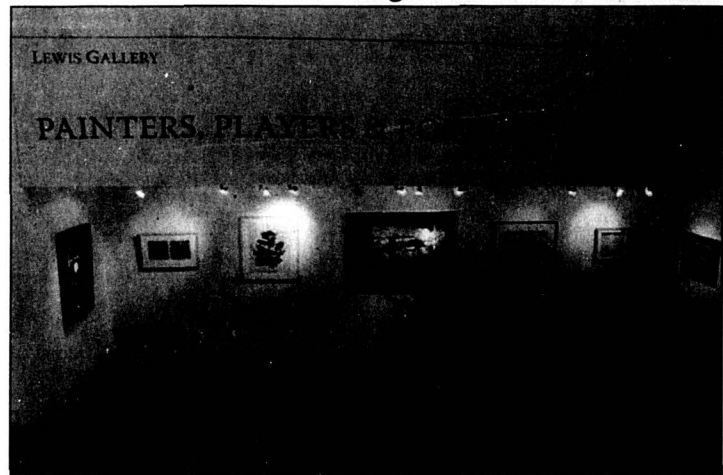
It may not seem like it here on the Hill with a surprising lack of snow, but the holiday season has arrived, and be sure to celebrate despite the looming exams.



CHRIS KASPRAK/THE COLBY ECHO  
The inhabitants of Alford Apartments 148 have tackled the holiday season head-on, complete with Christmas lights, stockings and a decorated tree.

# LOCAL NEWS

## Painters, Players and Poets: Maine artists unite



The exhibition features paintings, songs and poems by acclaimed Maine artists, as well as hand-crafted chairs made by Maine fine-furniture makers that allow visitors time to relax, absorb and appreciate each piece of art.

By RACHEL GOFF  
LOCAL NEWS EDITOR

In 2009, writer/producer Con Fullam asked several well-known Maine musicians and poets to name a Maine painter that inspired them, and then to choose a specific work by that painter to translate in a musical composition or poem.

The results of this creative

collaboration are showcased in an art exhibition titled "Painters, Players and Poets" that debuted on Aug. 3 in Boothbay Harbor and has since been traveling to different cities throughout the state. The "Painters, Players and Poets" exhibition opened at the Hathaway Creative Center in downtown Waterville on Saturday, Dec. 3, and it will re-

main on display for the rest of the month.

Paintings line the walls of the airy oak-floored room; in front of each painting is a chair. On each chair is a CD player with headphones and a booklet: the CDs feature the songs and poems that were written for each painting, and the booklet features the artists' biographies and other interest-

ing background information on each piece.

Fullam recruited fine-furniture makers from Maine to design and construct the chairs that face each work of art, and the chairs are works of art themselves. Their styles range from contemporary to classical, from wooden to woven and from rocking chair to bench. The chairs make each sitting experience unique.

The inspiration for having seating in front of the paintings was so that visitors could take the time to absorb and appreciate the artists' work. "We hope the chairs will cause people to spend three-and-a-half minutes in front of a painting and actually see it and hear the music," Fullam said in an interview with the *Portland Press Herald*. "We want them to be comfortable."

As an art exhibition, "Painters, Players and Poets" is unique in that it appeals to three senses: touch, sound and sight. Visitors sit in a chair and listen to the audio that corresponds with the painting they are looking at. While it is easy to become distracted in a large art gallery or museum, the exhibition's set-up decreases the potential for distraction and allows visitors to

completely immerse themselves in the art.

The art on display is delightfully eclectic. Visual components include watercolors, black-and-white sketches and three-dimensional frescoes by acclaimed artists such as DeWitt Hardy, Robert Shetterly and Dahlov Ipcar, all of whom currently reside in Maine. Audio components range from a guitar tune by Noel Paul Stockey (of the legendary Peter, Paul and Mary) and a jazz

song by celebrated clarinetist Brad Terry, to thought-provoking poems by Jeffrey Thompson and the College's own Zacamy Professor of English Peter Harris.

Painters, Players and Poets will be on display to the public every Thursday through Saturday in December from 2-6 p.m., so students should be sure to stop by to experience this impressive concentration of Maine's wide-spread creative talent.



Alex Katz's Couple From Summer Triptych With Hokusai Katsushika Wave by Juliet Karelson, is now on display at Painters, Players and Poets.

## New trails to explore

By CATE DONOVAN  
NEWS STAFF

Located just yards from campus between Quarry Road and the Messalonskee Stream, the scenic 120-acre Quarry Road Recreation Area contains a network of running, biking and cross-country skiing trails that offer a fun and convenient way for students and Waterville residents to explore the outdoors.

According to a 2008 statement by the Quarry Road Recreation Area's organizing committee, the area's goal is "to reinvigorate a tradition of winter recreation in Mid-Maine that has all but disappeared." The trails will "enable people from all walks of life to enjoy the health benefits of the outdoors in an easily accessible area of natural beauty" during every season as well.

The Quarry Road Recreation Area opened at the end of 2009 for Nordic skiing and in the summer of 2010 for mountain biking and hiking, but the expansion and development of the recreation area is not completely a new idea.

The land on which it is located and the 300-foot hill adjacent to it were used as a ski area in the past. According to the area's website, "beginning in the 1930's with a rope

tow, the hill was closed during World War II, then re-opened by veterans and the Colby Outing Club (COC) in the late 40's. It was a popular spot again in the late 60s/early 70s when operated by Colby College as a lighted ski area with limited snowmaking."

Though the COC is not especially involved in the newest development of the recreation area, "We do help them as they need," COC co-president Emma Gross '12 said. "Last year, the COC ran a snowshoe race for their winter carnival. I wasn't there, but I've been told it was a big hit."

The winter carnival is an annual event that takes place in February and features ski instruction, snowshoe races, biking and biathlon demos, sledding, food and drinks. The Quarry Road Recreation Area has also hosted other events such as a women's ski group, a mountain bike festival and educational nature workshops throughout the year.

"COC members [also] use the area individually for running, skiing and snowshoeing," Gross said. "I've been out there a number of times and have always enjoyed it. It's a great system of trails."

The Quarry Road Recreation Area is maintained and operated by the Waterville Parks

and Recreation Department. It also received technical support from volunteers from the Central Maine Ski Club, Maine Winter Sports Center, the New England Nordic Ski Association and the College. Additionally, the College's Nordic Ski Coach, Tracey Cote, is on the Friends of Quarry Road Board of Directors, a group dedicated to the development of the complex.

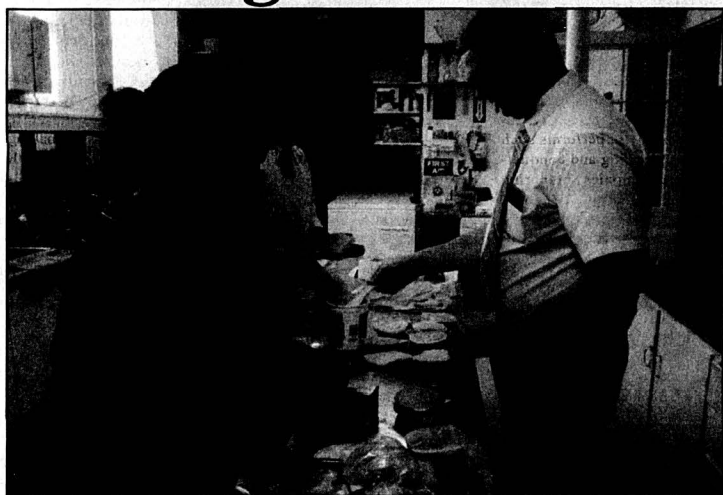
Funding for the project stems from both public and private donations. The group is currently accepting donations for their next phase, which "includes purchase of additional land, expansion of trail system for Nordic skiing, snowshoeing and mountain biking, road and parking expansion, bringing electricity to the area, limited snowmaking and the building of a multipurpose lodge."

Although the Quarry Road Recreation Area is currently open for use, new developments are also underway. A statement on the area's website predicts that more trails will open next winter, as the area has recently acquired an additional 90 acres of beautiful land that will soon be converted into an additional seven-and-a-half kilometers of trail and provide further incentive to utilize this invaluable local resource.



The newly re-opened Quarry Road Recreation Area features miles of running, biking and hiking trails. Located just yards from campus, it will be an invaluable local resource for students and Waterville residents alike.

## Evening sandwiches



The Universalist-Unitarian Church of Waterville's Evening Sandwich Program provides a sandwich, a bowl of hot soup, a piece of fruit and a dessert to those in need. Many students on the Hill serve as weekly volunteers.

By COURTNEY YEAGER  
CO-EDITOR-IN-CHIEF

Every weekday afternoon, volunteers from both the Waterville community and the Colby Volunteer Center (CVC) gather at the Universalist-Unitarian Church of Waterville to make, package and serve informal dinners to local residents. Members of the church founded the Evening Sandwich Program (ESP) in October of 1990 in response to the city's inadequate number of free-meal programs to provide for the area's hungry.

Gabe Lerner '12 has been volunteering for the ESP since the fall of his first year on campus, and he currently serves as the CVC's liaison with the program. When students on the Hill choose to participate, he facilitates their volunteer schedules, sends weekly reminder e-mails and helps arrange for their transportation to and from the site.

Currently, 10 students spend about three hours (one afternoon per week), preparing and serving dinners to the community. Volunteers arrive to make sandwiches at 2 p.m., and the program opens its doors to the public from 4-5 p.m. On average, the ESP serves 100 people each night, and recipients range in age from young children to elderly adults.

The food that the program offers is provided by various sources. "We get some food donated," Lerner said, "and other food is bought by the government." A few times last year, the Colby Or-

ganic Farmers and Gardeners Association (COFGA) donated excess vegetables to the cause. "One time they brought a large amount of purple potatoes. We had a hard time getting people to eat those," Lerner said, laughing.

Each ESP meal typically consists of a sandwich, a bowl of hot

It's like  
volunteering,  
but it's  
literally  
just three  
hours of  
chatting with  
people who  
aren't Colby  
students.

Gabe Lerner  
CVC Liaison

soup, a piece of fruit and dessert. When volunteers are making the sandwiches, they always put together plenty of crowd-pleasers like cream-cheese-and-olive sandwiches, as well as peanut-butter-and-banana.

Even though a sign advertising the free dinner is placed outside the church at 4 p.m., most of the people who receive food are regulars. "They're not usual-

ly homeless," Lerner explained. "They're usually working.... They can just use the free meal because the money can be saved and spent elsewhere."

Volunteers with the ESP are not restricted to the kitchen. When they are not making dinner or chatting with guests, they are sweeping and mopping floors, taking out the trash and performing other odd jobs. Once Lerner installed a towel rack because no one else knew how. After their shifts, volunteers drink tea and delve into leftover desserts—a reward for all their hard work.

In addition to members of the church, local community and the CVC, the ESP also attracts a younger group of volunteers. Beckett House, a residential treatment program for teenagers with mental health challenges, brings in children aged 13-16 to help with the program. During this past semester, three Beckett House residents have been volunteering regularly each week. "They're fairly rambunctious, but they definitely add flavor to the volunteer environment. I think it's a perk for them, being able to get out," Lerner said.

Most students from the College benefit more than they expect to from the experience. "It's like volunteering," Lerner said, "but it's literally just three hours of chatting with people who aren't Colby students. I enjoy getting a fresh perspective on the world's events, and I think other Colby volunteers do as well."

If you would like to volunteer for the ESP, please contact Gabe Lerner at gblerner@colby.edu.



# Radio documentaries and home funerals



Molly Bennett '11 is currently finishing up her semester studying radio documentary at the Salt Institute for Documentary Studies in Portland. For her final project, she traveled throughout the state of Maine, interviewing people about the increasingly popular practice of do-it-yourself home funerals.

By DEVIN O'BRIEN  
NEWS STAFF

Producing radio documentaries has given Molly Bennett '11 the opportunity to ask interesting strangers personal questions since she began making them her sophomore year on the Hill. Now nearing the end of her time at the Salt Institute for Documentary Studies in Portland, Maine, Bennett is putting the finishing touches on a final project that introduced her into an intimate yet rapidly expanding world: home funerals.

A home funeral is a back-to-basics approach to caring for loved ones who have passed away, in which the family takes the place of a funeral parlor and performs such tasks as planning and conducting the ceremonies, preparing the body and digging the final resting place.

In her two-part documentary series, Bennett explores this interesting practice in the context of what is going on the funeral world today, speaking to Mainers that have conducted home funerals in the past.

"I came across the idea [when] interviewing a coffin builder in Waterville who told me about the movement and

other robust communities in the funeral world," Bennett said. After sitting in on meetings with such groups as the Funeral Consumers Alliance and hearing frank lectures on the best ways to prevent a body from rotting

**People think of [home funerals] as midwifing death—as a counterpart to the home birth movement.**

Molly Bennett  
Class of 2011

in your home, Bennett began to piece together a holistic picture of the world and the norms that home funerals avoid.

"People are interested in finding out what rights and options they have when somebody dies these days," Bennett said, "and they're finding out that

there's more out there than funeral homes."

In this harsh economic climate, Bennett explains, the high cost of traditional funeral parlor services has caused cremation rates to rise. But while the lower cost of home funeral ceremonies is a contributing factor to their increasing popularity, the main reason people elect to have home funerals is a desire for intimacy.

In one interview with Bennett, an individual emotionally compared the process of washing his mother's body to that of washing a baby. "People think of it as midwifing death—as a counterpart to the home birth movement," Bennett said.

Conducting funeral affairs in such a personal way effectively brings people closer to death in the hopes of making people more comfortable with mortality. "People are very willing to talk about home funerals because they have [had] a lot of positive experiences with them," Bennett said.

Bennett hopes to continue producing radio documentaries after she graduates from Salt at the end of this semester. She hopes to freelance her way around, talking to strangers, learning their stories and using sound waves to craft a window into previously unexplored worlds.

## RESTAURANT REVIEW: GRAND CENTRAL CAFÉ

# Good brick-oven pizza

By TATE KANESHIGE  
CONTRIBUTING WRITER

Tucked away next to Railroad Square Cinema, Grand Central Café boasts a wide variety of fresh sandwiches, quesadillas and salads. What really keeps customers lining up at the door on weekend nights, however, are the restaurant's delicious brick-oven pizzas.

When I first went to the Grand Central Café, I was a bit skeptical. It's one of those hole-in-the-wall eateries that can be either really amazing or absolutely underwhelming, and I wasn't sure which it would be. But after my first bite of their amazing homemade pizza crust, I knew I would be coming back.

What I really like about Grand Central is that I have the healthy option of loading my pizza with sundried tomatoes, artichoke hearts and roasted red peppers or I can go with more of a meaty alternative that has wall-to-wall pepperoni, smoked gouda and oregano.

One college student favorite is the buffalo chicken pizza, which is loaded with chicken, hot sauce, gorgonzola and mozzarella cheese, or I could opt for a no-sauce pizza like the Al Fresco, which has fresh mozzarella slices, feta, olives, tomato and garlic. Add a nice glass of wine to the mix

and you're all set!

Every time I've been to Grand Central, the waitresses have been very nice and do an impressive job of taking care of a full house. The atmosphere there is both relaxing and eclectic, with various local magazines hangin' g from the

tween 5-6 p.m. you're likely to find a good seat without having to wait too long. You could also stop in for take-out and avoid the crowd of people waiting at the door for a table, though I would definitely argue that pizza is best when eaten straight out of the oven.

The restaurant's prices are reasonable: a small pizza will cost around 10 dollars and is just enough to satisfy one person's appetite. If you're still hungry, accompany your pizza with a salad or a dessert—they always have chocolate cake waiting at the register—or opt for a large pizza, which will cost you around 18 dollars.

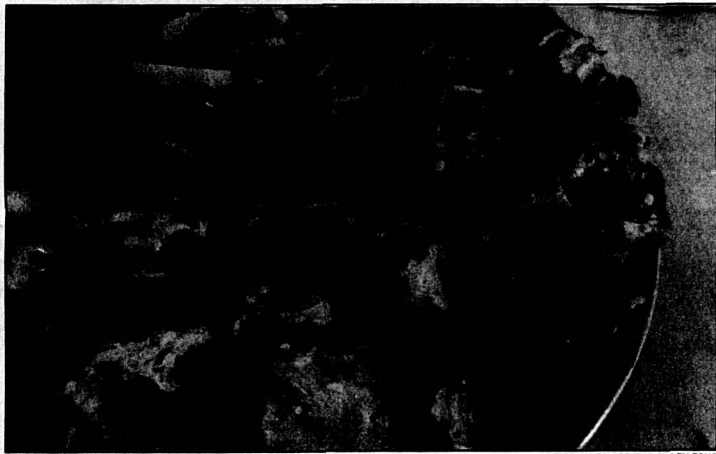
At Grand Central Café you can split any pizza, even the small ones, into two halves with different toppings if you're indecisive like me. You can even create your own pizza if you don't see one you like on the menu. They also sell their homemade bread for a relatively good price (around five dollars per pound) if you want something to take home.

In a small town like Waterville, it's refreshing to find good, fresh, brick-oven pizza for an affordable price, and after you're done eating at Grand Central Café, you can mosey on over to Railroad Square Cinema to see a movie or go get dessert somewhere down the road.

**One college student favorite is the buffalo chicken pizza, which is loaded with chicken, hot sauce, gorgonzola and mozzarella cheese.**

ceiling, books and flyers cluttering the register, and a mix of plastic and wooden tables and chairs to accommodate the big rush of dinner customers.

The pizza at Grand Central Café only takes about 10 to 15 minutes depending on how busy it is, but if you go be-



Grand Central Café, located in the same parking lot as Railroad Square Cinemas, offers many varieties of their handmade brick-oven pizza. It is reasonably priced, as a large specialty pizza will cost you around 18 dollars.

# Students build houses at Mid-Maine Tech.



The Mid-Maine Technical Center, a vocational institute attached to Waterville Senior High School, offers a very hands-on approach to learning: students learn how to construct a house, which they then sell for material costs.

By ALLISON EHRENREICH  
CO-EDITOR-IN-CHIEF

Peter Hallen lives in a house built by 16-year olds.

Over the course of the school year, the construction technology and electrical technology students at the Mid-Maine Technical Center (MMTC) in Waterville learn their trade via a very hands-on approach. Students spend the school year building a house that they sell upon completion for the cost of materials, showing off a solid finished product as evidence of their refined practical skills.

Hallen said he was at first

skeptical about this approach, but after several years as the Student Services Coordinator at the MMTC, he gained confidence in the students' product and decided he wanted a house of his own. "It took me a few years," he said. "But I came around."

The MMTC is the vocational and technical institute attached to the Waterville Senior High School on Brooklyn Avenue, but it serves students from the four-area schools of Lawrence, Moultonboro, Winslow and Waterville.

The MMTC has 13 different programs ranging from culinary arts to construction technology, from emergency ser-

vices and medical services to precision machining as well as automotive collision repair. It offers its students 46 certifications, and 72 percent of MMTC students have earned National or State Skill certifications in their course of study. In addition, students at the Center take advantage of the chance to earn credits at local community colleges before they even receive their high school diploma.

At the high schools, MMTC courses function as electives, but the Center has partnered with the schools to generate integrated academic credits that count towards the courses a student needs for graduation.

Hallen said that many students walk away from the MMTC with concrete skills and certifications that qualify them for many jobs.

The MMTC operates in morning and afternoon blocks, and students from neighboring schools are bussed in for a either a morning or afternoon of vigorous hands-on work before returning to typical classrooms for the other half of the school day.

The students build a three-bedroom, two-bathroom ranch house—"as economical as possible," Hallen said—which they construct to be modular on site at the high school. On June 13, as the school year wraps up, the house will be ready to be split down the middle, its roof folding down on hinges, transported on a flatbed and put together again at the plot of its new home.

This house-building project has taken place annually for the past ten years or so under the supervision of Mark Champagne, instructor for the construction technology program for the past 22 years. The only recent exception was a few years ago, when students in the program built a new office space for the MMTC instead.

David Lannon, 17, is a junior from Lawrence High School taking construction at the MMTC. Lannon is in his first year at the MMTC, where students generally come during

their junior and senior years, and he is thinking about trying the electrical program during his senior year.

Right now, though, Lannon enjoys working on the house and sees the direct link between what he's doing now and what he hopes to do in his future.

"My main goal is that I want to open a construction business," he said. Lannon, who works in roofing over the sum-

**A bachelor's degree is not for everyone.**

Peter Hallen  
Student Services  
Coordinator, MMTC

mer, said he likes the construction program because he's been able to experience new aspects of construction. "They give me experience with more than just roofing," he said.

After he graduates, Lannon hopes to find a college that offers construction as a course.

"A bachelor's degree is not for everyone," Hallen said, and the mark of a successful student at the MMTC is one who develops a goal-oriented plan for after his or her experience at the Center, whether it is to pursue higher ed-

ucation, a vocational or technical school or employment directly after graduation. "Our goal is when they leave...they reach their own definition of success and achievement."

Given that the nature of the work students do is serious, even dangerous (think: high school students on a roof), the MMTC demands a very professional attitude from its students. Hallen and Champagne said that students respond incredibly well to the high demands placed on them. Beyond safety and classroom training, students must also undergo affirmative action and workplace training. "Expectations are clear and consistent," Hallen said. "That's the only way to get things done."

"We don't have a lot of disciplinary problems," Hallen said, "probably because they're busy and they can't afford to fool around if they're up on the roof."

Lannon said, "I learned a lot" beyond even construction. "It's taught me how to work in a group, and about leadership."

Hallen said that students who worked on his house will occasionally drive by to show off their work. For Champagne, though, the best part is seeing the improvement: from first-year to second-year construction students in their interior work. "What I get most out of is seeing what they've learned [and] how they've progressed, because they progress considerably," he said.

# OPINION

## On the Issue of Respect

This past weekend, eight paintings were stolen from the departmental floors of Miller Library, and an unspecified amount of paintings went missing from Lovejoy. History professors, many of whom had loaned their personally owned artwork to the department, are outraged by the recent thefts and urge any student with information to please come forward.

We at the *Echo* are also angered by these blatant acts of disrespect. Students have the right to enjoy their weekends, but they do not have the right to steal the College's property. Furthermore, students should not be defiling the walls that so many of their peers and professors pass through every day. It's as if they're claiming the property as their own, but these are communal spaces—Miller and Lovejoy belong to everyone on the Hill.

These recent thefts reflect a larger issue on campus: over the course of the semester, students seem to have abandoned their values of respect. Residence hall damage remains a heated topic on campus, a student's dorm-room whiteboard was defiled because he flaunted a Gay Pride sticker, and numerous reports of sexual assault—both to the administration and to our newspaper—have surfaced in the past month.

We know that Colby students' lack of respect is not a new problem on campus; as a community, we've been tearing down exit signs and breaking windows for years when we drink too much on the weekends. But just because disrespect has been a trend in the past does not mean that our generation of students can't change the behavior.

Our message is simple: respect this campus and the people on it—your professors, your friends, your janitors and even that kid, whose name you don't know, sitting next to you in Biology. Stealing isn't right. Dorm damage isn't right. Disrespecting your community simply isn't right. You know this, your friends know this, we've said it time and time again. Fortunately, in the case of the stolen artwork, we still have a chance to make it right and we hope that students do return what they took. So, Colby, let's be the people we want as our neighbors and in our community, please.

- The Staff of The Colby Echo

MCCOLUMN

## Can we start with occupying ourselves?

DAREN MCGREGOR



How do we know the difference between "good" individualism and "bad" individualism?

As the dust—or tear gas—from the various "Occupy" movements around the globe begins to settle, I still personally struggle to understand where I fit into that giant mess of a social-economic-political-class warfare framework. And generally speaking, is "Occupy" a resounding success, or a just a marginal footnote? I have been admittedly apathetic towards the movement, and I haven't seen any tangible impacts from it in my personal life. But it has inspired a lot of people to at least express their opinions—as an Opinion editor, I like this—and feel as if they are participating in our democratic society.

Others are listening too. Yesterday, New York State decided to add another tax bracket for those who make in excess of \$2 million a year.

And there is plenty of talking going on. There is constant rhetoric about the one percent and the 99 percent, the few versus the many, and how our financial system is somehow at the mercy of a few greedy individuals, who manipulate, consume conspicuously, etc. When expressed in such strong language, it's easy to vilify anyone.

As college students, we are all at a point in our lives where we have to decide to some extent what kind of individuals we want to be. We live in a society that venerates success (rightly so), but one that also applauds service to others and working for the common good. Those ends are not polar opposites, and can be accomplished simultaneously, but it is tough to do both effectively. There are stigmas and connotations applied to every job, major, etc. The language of the Occupy movements have forced many of us to look inward at how we want to live our future lives and how we have come to possess the lives that we currently have. We may disapprove of social or economic inequality, but we have all also benefited from it in one way or another.

Colby is a great place in that we have a selectively vocal and energetic

student body that does a great job of finding significant issues to focus on. There is no shortage of problems or others to get angry about, especially when the "other" is the administration. They are an easy target to attack, and their general opaqueness and lack of visibility helps to contribute to their current image as some kind of dismissive, intransigent ruler a la King George III. Like any ruling body, the administration has some room for improvement, but I'm a firm believer that most problems at the College (#colbygirl or otherwise) come from the students.

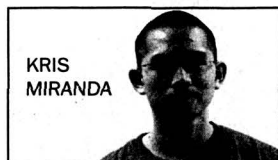
It is a lot harder to turn our gaze inward and think critically about our own lifestyles. My own parents have worked hard to provide me with an excellent private education my whole life; I didn't ask for that, but I am definitely reaping the benefits of a privilege that most people do not receive. I strongly suspect that many Colby students are in similar situations.

I don't feel terribly guilty at all about that fact, but that inequality is something that cuts across all aspects of our lives, even if we don't discuss it publicly. It doesn't have to be discussed publicly. Talk about it with your friends.

I'M NEVER GOING TO GRADUATE

## Thoughts from '09 alum Kris Miranda

KRIS MIRANDA



Dear *Echo*,  
I'm currently a graduate student at the University of New Mexico (UNM), nominally a "Research 1" institution, which sounds nice, right? And to be fair, I'm mostly having a good time here, and we do have some high-performing programs, perhaps foremost among them an anthropology department competitive with counterparts at Ivies. But the bottom line about UNM is that it's struggling to haul its ass out of the mud of a 40-something percent six-year graduation rate. Yeah. We're also hem-

matters of ethics and social justice. I don't think I ever knew Ms. Maloney while I was a student, but I had the opportunity to see and hear Justin Rouse speak at a few SGA meetings during my senior year and was always struck by his earnestness and eloquence. I know PhD candidates in the grad student government here at UNM who have less (or at least less obvious) empathy, insight, integrity and yes, courage than your SGA leaders.

Colby is also very fortunate to have a president, whose academic and professional training is essentially in critical thinking, and who doesn't spend most of his time hiding behind a tight-lipped administrative staff or gratingly cheerful weekly e-mails that almost completely ignore the loudest, most concern-filled conversations on campus. Dr. Adams and company have had a human share of missteps over the years, sure, but they've also always been engaged with students, and Bro has always led the way in being earnest, respectful and thoughtful in that engagement. Perhaps this is made easier than it otherwise might be by the small size of Colby's student body, but in that case I'll just chalk up another point for the small liberal arts college as a model for undergraduate education superior to big state schools like UNM, at least when such schools receive minimal support from the state government.

Which isn't to say that Colby never finds itself in embarrassing situations. And here's the childishly simple, yet so often overlooked key to something like the Hill's most re-

cent scandal: where human beings are concerned there's no such thing, yet, as perfect. Which means there's always something that could be improved, even if that something isn't immediately obvious to everyone. Which means that anyone sneering and scoffing at activists and bleeding hearts ought to shut up and listen for once in their entitled lives: you just might learn something, and that's why you're where you are, right?

You're all lucky beyond words to attend a school like Colby, almost literally a city shining on a hill, full of

**You just might learn something, and that's why you are where you are, right?**

some of the best and brightest minds in this world, in one of the safest and most beautiful states in the Union. Don't ever forget it.

But also, don't ever forget that even the great can be made even better, and that the most critical voices on campus may well be the ones who love Colby most, because they're the ones who see how much greater it could be.

Anyway, that's more than enough from me. Happy almost-winter, Colby. Keep each other safe.

**I wish I was still a Colby kid.**

orrhaging teaching assistantships, which is pretty crappy if you're trying to attract bright researchers in a time when subsidized Stafford loans are on their way out. Oh, and over the summer we learned that a former UNM president ran a prostitution ring that may have employed students. So you can understand that I spend a lot of time taking refuge in Colby pride. Small northeastern liberal arts colleges for the proverbial win.

Imagine my dismay, then, as I read through the November 16 issue of the *Echo*, in turns bewildered and just plain pissed off. Not at the paper, for which my affection runs deep. Sarah Lyon's front page article in particular I thought was quite strong. Not at the football team in general, either; I had my share of friends on it. It should be obvious why I was bewildered and pissed. Clearly, certain Colby boys are a very long way from being worthy of being called men.

But I finally got to Laura Maloney's opinion piece, and that went a long way toward making me feel better. I spent a year and a half being active with Students Against Sexual Assault, and it's nice to see that some ideas we kicked around in possibly vague terms are seeing realization in concrete resources, with the help of your Student Government Association.

Which brings me to other reasons I keep finding at UNM to mutter to myself about how I wish I was still a Colby kid.

Colby is very fortunate to have a student government that isn't paralyzed by petty in-fighting, and that's willing to take aggressive stances on

# THE COLBY ECHO

PUBLISHED BY THE STUDENTS OF COLBY COLLEGE SINCE 1877

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### Retraction

In the Nov. 30 issue of the *Echo*, the article "Student exhibit explores stereotypes" falsely reported that the Women, Gender, and Sexuality Studies class, Girls Making Change: Girlhood, Activism and Popular Culture, was taught by Professor and Director of Education Mark Tappan. The class is actually taught by Professor of Education Lyn Mikel Brown. We regret the error.

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The *Colby Echo* is the weekly student newspaper of Colby College in Waterville, Maine. The paper is published every Wednesday that the College is in session. Students are strongly encouraged to contribute and should contact the editor(s) of the section(s) they are interested in working for in order to learn more.

### LETTERS

The *Echo* encourages letters from its readers, especially those within the immediate community. Letters should not exceed 400 words and pertain to a current topic or issue. However, the *Echo* reserves the right to run longer letters. Also, the *Echo* reserves the right to edit submissions for grammar and clarity and may choose not to run a letter. The *Echo* will not, under any circumstances, print an unsigned letter. Letters are due to the *Echo* by midnight of the Sunday preceeding the publication date. They should be submitted via e-mail to echo@colby.edu and be in a text-only format.

### OPINION PAGE

Editorials represent the majority opinion of the editorial board. Opinions expressed in the individual columns, letters or cartoons are those of the author, not of the *Echo*. The *Echo* welcomes column and cartoon submissions from members of the Colby community.

### ADVERTISING & SUBSCRIPTIONS

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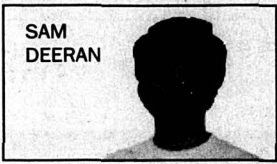
**Would you like to share your insights and opinions with a wider audience?**

**The Colby Echo is seeking both new Opinion writers and a new Opinion Editor for the 2012-2013 academic year.**

**If interested, contact Opinion Editor Daren McGregor at damcgreg@colby.edu.**



# A couple of Colby shout-outs



Something phenomenal is afoot. It's a personal revelation. And while I often claim to have vanquished the horde of gremlins that is Narcissism, I will now deconstruct this rather personal revelation for all of my die-hard fans.

I say the following with butterflies; However, I never got that metaphor so let me re-phrase. I say it with that feeling in my stomach I get when I realize I like a girl, but my stomach has decided to play this really funny practical joke where it won't let me eat and so I die from hunger before I can experience my newfound love. Here it is: I like this place. Colby.

Let me explain why I'm astounded: I'm usually a hateful person, and not in a cool, edgy, leather jacket way. I'm like a malfunctioning, possessed Furby, spinning around, one eye-lid drooping, chirping "I hate, I hate," even after you lock me in a dark closet (which the Hasbro directions clearly outlined as a viable method for turning me off!). Frequently, I've turned this hate towards Colby. "I hate these decorations in Dana, I hate the administration, I hate this party, bah-de-bah-de-bah"—all mindless drivel, rationalizations to cover up my lack of engagement. For too long, I've ignored the example of those who have stood up and enacted change.

So, here's why I like this place. Terrible things have happened here

this semester, and people have responded valiantly. At times, suffering in the bubble (the force-field as I'm wont to call it) has become unreal. We live in a country where tragedy is sensationalized until it becomes surreal. This year, though, suffering has become more familiar, more resonant. We've all been made to feel pain we may not have known existed. We've practiced empathy.

Maybe it's a sign of my detachment that part of my takeaway from such a tumultuous semester is a newfound love for this school. Yet, it's not familiarity with tragedy that has made this semester so inspiring, but the

**I say the following  
with butterflies...  
I can experience  
my newfound love.  
Here it is: I like this  
place. Colby.**

response to said tragedy. The wave of compassion that has crashed over campus has been enlivening. My education, as a citizen, as a person of compassion is becoming complete because of the bravery of certain individuals. So, I have some seemingly random thank-yous to toss out. These are people who have really struck me this semester.

Dana Roberts, your voice as an instrumental leader with the Colby Volunteer Center has been steady, and re-

assuring for years. You fly under the radar, which speaks to your humility, but more people need to know how much effort you put in.

Grant Patch, you'd rather come off as an anthropomorphized care-bear than risk not telling someone you care about them.

Professor McFadden, in the classroom you've advocated intellectual curiosity as a vehicle to moral discovery. Such curiosity has made my education worthwhile.

Berol Dewdney, you've taught this campus that strength rises from vulnerability. You were a major catalyst for social change on this campus this semester.

Laura Maloney, your immediate and heartfelt attention to student needs reminds me that politics at its finest is noble civic engagement.

Jeremy Gooden and Maggie Bowler, when I was an underclassman I felt like an underclassman. You two don't seem restrained by silly dynamics like what your grade you're in. I admire you both immensely.

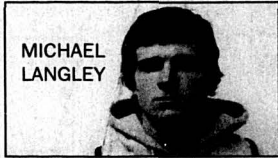
Carla Aronsohn, you inspired a comic about a hero named Wonderwoodsman. I can't continue to do you justice through it, and I can't divorce the character from its source material, and so the comic is dead. Needless to say, Wonderwoodsman is still fighting evil, just not through my amateur drawings.

To the community at large, thank you for coalescing around compassion. We are still working out the kinks, but things are getting better.

This may or may not be an abuse of the Colby Echo's Opinion section. Aren't opinion articles supposed to be persuasive pieces peppered with acerbic wit, or incendiary prose? This is just too warm and fuzzy.

LET ME BRING THIS DOWN TO YOUR LEVEL

## Looking at some news briefs



There are a few very important things happening in the realm of current events right now. Also, many unimportant things. Far more unimportant things than important things, I'd wager. But the crushing tsunami of minutiae foisted upon you by the media is no excuse to stop paying attention. You must parse through the layers upon layers upon layers of garbage to find the events that truly matter, like Farrah Abraham's (of *Teen Mom* fame) Twitter war with Kourtney Kardashian. Fortunately, you will not enter this endeavor alone. In this article, I will break down important current events for your enlightenment, guiding you toward news literacy, much like Gollum did in that movie, *27 Dresses*.

The first important news item concerns Herman Cain. Or rather, is about Herman Cain. Nothing truly concerns Herman Cain. An interviewer could, on air, tell Herman Cain that police had recently liberated hundreds of children from his basement and Cain would merely flash those pearly whites and say, "Well sneakers don't exactly make themselves, do they?" followed by that mellifluous baritone laugh. Anyway, Cain recently announced that he will suspend his campaign, which is the same as dropping out of the race apart from the small convenience that he will still be able to raise and spend campaign money as he wishes. Ex-

perts predict that this move will have little effect on Cain's chances of attaining the presidency.

Important news item number two: the film *Immortals* was not very good. I should have guessed this, as it featured Mickey Rourke and was not directed by Darren Aronofsky. But I was suckered in by its pitch of "from the producers of *300*." I thought I was in for an entertaining, mindless action film. However, producers do not actually seem to have the same artistic control as, for example, Mr. Howard Hawks used to. The first Wikipedia-listed producer of *Immortals* is Mark Canton. Other Canton production credits include: *The Spiderwick Chronicles* and *Piranha 3-D*. This alone should have kept me away. A highlight from the movie: the pre-battle speech. In good war movies, the speech is emotional, loud, and relevant. This speech, from protagonist Theseus, was loud. It took the form of a list, detailing things that the men should fight for. It began with normal things, like family and country, but kept going and going until the men were fighting for things like "good food at affordable pricing" and "100 percent natural peanut butter."

Third important news item (by now, you might guess that I do not know what the word "important" means) is about Newt Gingrich. Really, it is. But I just can't bring myself to care about Newt Gingrich. So instead, I want to let you all know that Donald Trump is moderating his own little debate for the Republican presidential candidates. I don't have a joke for that. Donald Trump is playing the role of "moderator" and that will do just fine.

# A revelation of Truth



A truth seeker asked:  
At exactly which point  
Do you start to realize  
That life without knowledge  
Is death in disguise?

The stars answered: underneath the surface of the cells, below the current in the main stream, that's where the answers to the Truth begin to reveal themselves.

How do you know what you know? (Hint: The answers cannot be found in any book, chapter or essay on epistemology.) "It is only after we forget all our learning that we begin to know," said Henry David Thoreau, and Einstein said "the only thing that interferes with my learning is my education."

How do you learn? Why do you learn? Erykah Badu said if your knowledge was your wealth it would be well earned. So I built a fire and watched my (old) self burn, learning to die as the sun appeared in the sky while the world turned.

As I died I started a revolution. Inside of my own mind. Because throughout the history of humankind, in every epoch of time, if you really look deep enough, revolution you will find.

The Chinese Mandate of Heaven (created in the Zhou dynastic period from 1122 to 256 BC) says that Tian (heavenly forces) will show approval or disapproval with the ruling dynasty through Natural causes and human responses. See earthquakes, ice cap melting, tsunamis and other environmental crises, the Arab Spring and Occupy Wall Street. The Declaration of Independence says that whenever any form of government becomes destructive of these ends—life, liberty and the pursuit of happiness—it is the right of the People to alter or abolish it. The time is now! It is time that you acknowledge it. But what is a revolution? And what is the government?

The age of information has opened a global conversation, the collective wisdom and consciousness of our species is expanding, enlarging and growing

with technologies and new methods of communication:

First came speech. (100,000 BC) Until 70,000 years later, homo sapiens learned to teach (30,000 BC). Cave paintings appeared on the walls, symbols created so we can evolve, manipulated by the visionaries and writers of new laws. "Just as the small child first learns to draw before it masters more complex forms of communication, so homo sapiens' first attempts at passing information through time took the form of paintings," said someone once.

Passing information through time.

I suppose this is what communication does? I may agree, but who am I to be a judge?

(I'm just a writer who speaks of life, learning and love)

From hieroglyphs to petroglyphs, cuneiform to pictographs. Tablets to manuscripts, writing new alphabets. We are the writers of history, but most of history is counterfeit.

Soon books and newspapers were making [select members of] populations literate, in the last couple thousands years we began to see the benefits: now we understand more about our own intelligence.

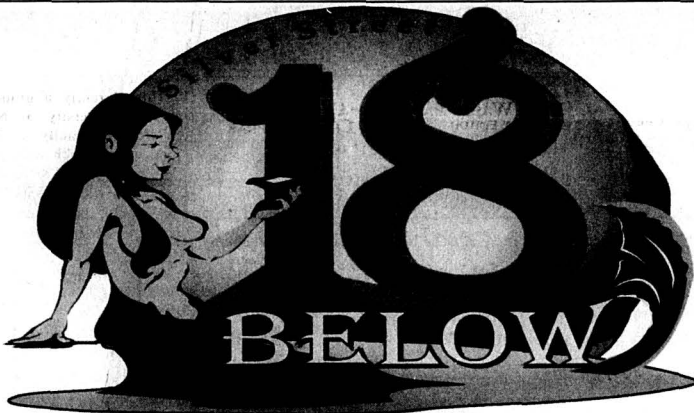
Invented radio and television and now you have the internet, plus phones are getting smarter. So where do you get your news? Give me some scoop on a contemporary current affair, with statistics you can prove. What's happening in the world today?

I told you before, I'll say it again. I've said it vocally, I've said it with the pen. History is the revolution that never ever ends. The world is revolving, people are revolting, the solar system is spinning in a phenomenon we know as time, the fabric of the universe is created by your Mind. The Revolution is you!

There is no end to education. It is not that you read a book, pass an examination, and finish with education. The whole of life, from the moment you are born to the moment you die, is a process of learning.

Said Krishnamurti.

Note: For more wisdom, insights and news of evolution, revolution and change, for pictures and art and stimulation for your brain, visit [www.rebirthofthecool.wordpress.com](http://www.rebirthofthecool.wordpress.com) and listen to WMHB radio on Sunday nights from 8 to 10 p.m. For a continued stagnation of your creative imagination and lack of inspiration, ignore this message.



## Raw Bar ~ Grill Lounge

Sample menu

### RAW BAR

OYSTERS ON THE HALF SHELL  
LITTLE NECK CLAMS

### APPETIZERS

OYSTERS ROCKEFELLER  
MAINE CRAB CAKES  
P.E.I. MUSSELS  
PAN SEARED YELLOW FIN TUNA

### ENTREES

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PANKO CRUSTED LOBSTER CUTLETS  
CARMELIZED DIVER SEA SCALLOPS  
MAINE CRAB STUFFED HADDOCK  
CHIPOTLE GRILLED COLLOSSAL SHRIMP  
MAPLE GLAZED CEDAR PLANK SALMON  
SEAFOOD PAELLA  
ROSEMARY MARINATED RACK OF LAMB  
CHAR~GRILLED PRIME NY STRIP  
ANGEL HAIR PASTA PANCAKES  
SPINACH & ROASTED TOMATO STUFFED PORTABELLAS

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THINK GLOBALLY, ACT LOCALLY, DRESS CASUALLY

# FORUM

## THURSDAY

**The Missing Link:  
The Ecology of the Serpentine and its  
Implications for East and North Ponds**  
*Lorimer Chapel*  
7:30 p.m.

To date, the research on these ponds, as well as on the Belgrade Lakes in general, has focused on describing the lakes as stand-alone systems. In this discussion, students in this course set out to describe the role of the Serpentine, a slow, meandering stream, as a connective system between East and North Ponds.

## FRIDAY

**Women's Hockey vs. New England College**  
*Alfond Athletic Center - Alfond Rink*  
3:45 p.m.

**Men's Hockey vs. Connecticut College**  
*Alfond Athletic Center - Alfond Rink*  
7 p.m.

**Men's Basketball vs. Bowdoin**  
*Alfond Athletic Center - Wadsworth Gymnasium*  
7 p.m.

## Carols and Lights

*Lorimer Chapel*  
7 p.m.

## SATURDAY

**Annual Craft Fair and Cookie Walk**  
*Waterville U.U. Church  
(Corner of Elm St. and Silver St.)*  
8:30 a.m. - 2 p.m.

Looking for unique, locally-made holiday gifts, home-baked cookies and a hot soup lunch? We've been busy making balsam sachets (for that woody winter smell), lavender sachets, jewelry, birdhouses, Christmas decorations, cat toys, microwaveable rice packs to ease achy muscles, knitted hats and mittens and many more things. Also, you can buy a tin and have it filled with the home-baked cookies of your choice, purchase cartons of homemade soup to go or sit down and let us serve you lunch!

**Men's Hockey vs. Tufts**  
*Alfond Athletic Center - Alfond Rink*  
3 p.m.

**Men's Basketball vs. Bates**  
*Alfond Athletic Center - Wadsworth Gymnasium*  
3 p.m.

## Carols and Lights

*Lorimer Chapel*  
3:30 p.m. & 7 p.m.

**Holiday and End of the Year Celebration**  
*Cotter Union - Pugh Center*  
6 p.m.

**Women's Hockey vs. Southern Maine**  
*Alfond Athletic Center - Alfond Rink*  
7 p.m.

**Loudness!  
THEOPHILUS LONDON**  
*Cotter Union - Page Commons*  
9 p.m.

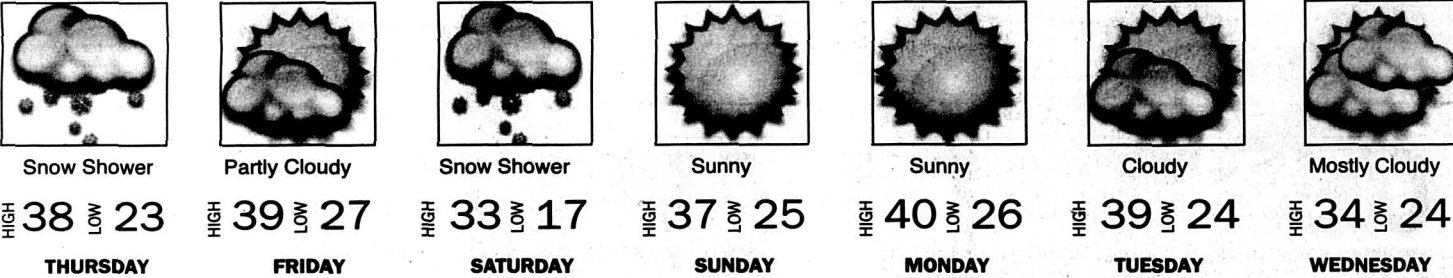
## SUNDAY

**Midnight Munchies**  
*Foss*  
10 p.m.

## HAPPY FINALS!

### THIS WEEK'S FORECAST

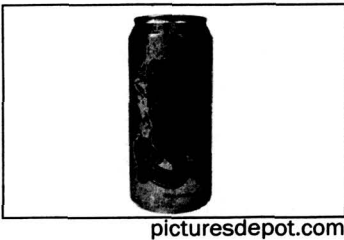
weather.com



## WAIT, WHAT?

msnbc.msn.com

Clifton Vial of Nome, Alaska decided to take a joyride in his Toyota Tacoma that, 40 miles later, would leave him stuck in a snowdrift for three days. The 52-year-old Vial had inconveniently left behind his usual safety supplies of extra gasoline, food and sleeping bag prior to leaving on his adventure that evening and was left to deal with the below zero weather in just tennis shoes, jeans and a light jacket. When his hunger became extraordinary, Vial was forced to consume his only provisions: a few cans of Coors Light. After surviving off of nothing but beer for 60 hours, Vail was rescued by local officials with an offering of an orange soda and a Snickers bar.



picturesdepot.com



kd7bcy.com

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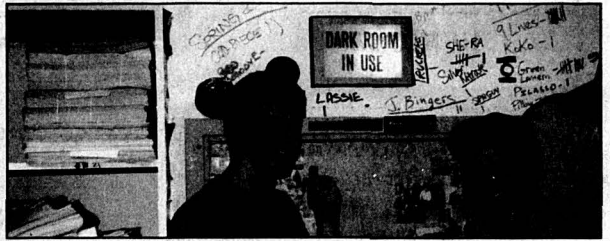
EDITORS IN THE OFFICE

How do you get weird in the *Echo* Office?



*"All I can say is it's called Cheez-It."*

—Lauren Fiorelli '12,  
Sarah Lyon '13  
& Dan Sunderland '14



*"Did you know that there's a dark room?"*

—Chris Hoder '12  
& Chris Kasprak '12



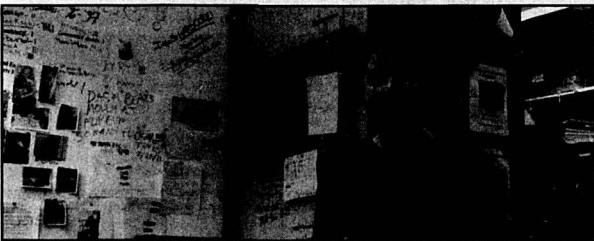
*"There's a reason I spent \$30 on a futon cover."*

—Allison Ehrenreich '12  
& Courtney Yeager '12



*"Blast the 'Booty Mix'"*

—Rachel Goff '12  
& Julianna Haubner '14



*"Be myself!"*

—Sarah Trankle '12



*"I sit next to her for six hours...."*

—Rob Yee '12

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ARTS & ENTERTAINMENT

College symphony's "lush orchestrations"



The Colby Symphony Orchestra puts on a performance of British musical selections in Lorimer Chapel.

**By JULIA LO**  
NEWS STAFF

On Saturday, Dec. 3, the Colby Symphony Orchestra performed a plethora of British-oriented works in a concert part of the "Music at Colby" series. Entitled "The British Are Coming, The British Are Coming!" the concert was advertised as a night of British composers and their "lush orchestrations" and "singable tunes." Throughout the performance, the Colby Symphony Orchestra conveyed exactly those sentiments and more in a surprisingly diverse program ranging from traditional folk to marching songs to string serenades to symphonies. Associate Professor and Music Department Chair Jonathan Hallstrom described it as a "potpourri" of British works. He informed the audience of historical backgrounds before each piece, conveying the strong diversity between the British works themselves.

The concert commenced splendidly in a stately and powerful march by Gustav Holst's "Marching Song, Op. 22B." In a truly perfect piece that brightly began the night, Hallstrom conducted the orchestra through the crisp staccato marching stride that resonated brilliantly in the chapel. In the impressive conclusion of the piece, the audience was truly awestruck by the majestic sounds.

Violinist Graybert Beachman was welcomed to conduct a string ensemble in the next piece by Edward Elgar and Frank Martin, "Serenade for Strings." Before the performance, Beachman voiced his pleasure with working on a "really great [piece] for strings" and its "absolutely gorgeous central movement." Gorgeous is exactly what the audience then heard through the tender, expressive string textures in the dynamic piece of three movements.

In an amusing surprise, Hallstrom tickled the audience by

conducting an additional piece not listed on the program, Frederick Delius' "The Song Before Sunrise." Prefacing the performance with a comical confession of his distaste for Delius because of the composer's opulent style, Hallstrom made the audience laugh as he declared that "there will be no record" of his conducting a Delius piece. He then explained that Delius dictated the score of "Song Before Sunrise" to an apprentice during a time when Delius was both deaf and blind. After this preface of entertaining banter and historical information, Hallstrom then led the orchestra through a wonderful, luscious piece of dreamy, chromatic-harmonic swelling.

After intermission, Hallstrom led the strings accompaniment to a Handel aria, "Se Pieta de me non Senti," featuring the soprano voice of Colby's new faculty member, Vocal Music Associate Jennifer Bates. She mesmer-

ized the audience with her crisp, powerful voice in her charmingly modest but elegantly masterful performance.

The program returned to more staple British composers with the "Simple Symphony" of Benjamin Britten. "In this perky and light-hearted symphony, each movement had an alliterative title that perfectly described that section—1. Boisterous Bourée; 2. Playful Pizzicato; 3. Sentimental Sarabande; and 4. Frolicsome Finale. The orchestra captured the feelings of each movement terrifically (The audience rightfully laughed after the cute, mousey ending of string pluckings in "Playful Pizzicato").

In the final piece, the program revealed more traditional British folk textures in Ralph Vaughan Williams' "English Folk Song Suite." Through three contrasting movements, Hallstrom conducted the or-

chestra through its exciting, rich and dynamic movements, each rooted in a different British folk tune. The orchestra slowed in the magical, passionate movement 2, Intermezzo 'My Bonnie Bay,' for its expres-

sive singing contrasted with bouncing folk sections. In the last movement 3, March 'Folk Songs from Somerset,' the orchestra captured the happy, bouncing sounds of a powerful march interwoven with another catchy folk melody. In the end, Hallstrom intentionally sped the tempo up during an upbeat, frequently repeated theme, which made the audience laugh after their final ending note. Thus, the concert ended with a gratifying chuckle shared by the musicians and audience members alike.

As the only grounds for connecting their program were based in British tradition, the Colby Symphony Orchestra's concert "The British Are Coming, The British Are Coming!" resulted in an extremely enjoyable variety of works that somehow came together delightfully amidst much genre and period variation.



Associate Director and Music Department Chair Jonathan Hallstrom led the orchestra on Saturday, Dec. 3.

chemistry → bioinformatics  
math  
biology  
regulatory science  
biology  
outcomes  
research  
management  
interdisciplinary engineering  
design  
marketing  
business  
law  
health care  
informatics  
data science  
artificial intelligence  
robotics  
nanotechnology  
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mechanical engineering  
electrical engineering  
civil engineering  
industrial engineering  
systems engineering  
information systems  
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social sciences  
humanities  
arts  
architecture  
landscape architecture  
urban planning  
transportation  
infrastructure  
energy  
environmental engineering  
biomedical engineering  
chemical engineering  
mechanical engineering  
electrical engineering  
civil engineering  
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# REVIEWS

beer

The blueberry challenge: three beers, one winner

By Dash Wasserman, Arts & Entertainment Editor



Though shorter than its competitors, Seadog offers the closest thing to the taste of Maine blueberries in your cup.

As the official state berry, the wild blueberry has become one of many classic symbols of Maine life, and with no surprise the fruit has become the object of many culinary manifestations that include ice cream, muffins, teas, pies, jams and other sweet-tooth products.

While any chef or foodie can tell you that there's no taste quite like a blueberry, beer lovers, too, have come to see the fruit as a key ingredient on their quest for the perfect brew, realizing that the berry's sweet and murky flavor—its tendency to favor subtlety over richness—lends itself quite well to a light-tasting ale.

As fruit-infused beer increases in popularity, Maine has the distinct advantage when it comes to handcrafting blueberry beers. Along with toothpicks, Maine is the largest exporter of blueberries in the world, and it currently produces a quarter of the blueberries consumed in North America.

My interest in blueberry beer was first piqued when my roommates Chris Kasprak '12 and Austin Hoag '12 and I visited the Seadog Brewing Company, a popular pub-style restaurant overlooking the Androscoggin River in Topsham, Maine. Among the 10 varieties of beer on tap was its blueberry Blue Paw Wheat Ale, and I could tell

it would be the beginning of a journey to find a weekend fix for something similar.

A couple of weeks later, while perusing the aisles of Jokes' Discount Beverage store, my roommates and I wanted to see how different brews stacked up when it came to the blueberry challenge. We picked up three Maine blueberry brews and invited our friends to our Dana five-man.

Our group started with Seadog's Blueberry Ale (4.7% ABV)—the market version of our restaurant favorite and the source of all our hype. Once we popped the cap off, the smell of wild Maine blueberries was instantaneous. As a light ale, Seadog married the blueberry and beer flavors seamlessly with a fruity body, a sweet finish, and a golden color. While most of us rather liked the taste, Coline Ludwig '12 was not a fan. "It's like blueberry Natty Light—like beer with Special K cereal," she said, emphasizing what she thought was the overbearing flavor of the berry. The rest of us could hardly agree.

Next on our list was the Atlantic Brewing Company's Bar Harbor Blueberry Ale (5.2% ABV). Danny Chin, a visiting student from Bowdoin, noted the popular perception that the berry flavor was much less apparent than with Seadog's ale. "The flavor's too subtle—it's very easy to

food

Homemade Pad Thai: a culinary revolution

By Jenny Stephens, Contributing Writer



While Pad Thai Too offers delicious dishes, sometimes it's quicker to make the same thing on your own.

Walk into Pad Thai Too, second to none for questionably authentic yet delicious Thai cuisine in Waterville, and you're sure to see it filled with familiar faces of the Colby community. Groups of friends gather boisterously around the sticky laminate tables; professors and their spouses, or the occasional professor and their suspected interdepartmental lover (awkward!), share intellectual banter and edamame; bad first dates gaze out of the large windows into the filthy Marden's parking lot; promising second dates giggle while anxiously removing a stray bean sprout from their front teeth or sipping from a tall glass of Thai Iced Tea, two straws.

But the best way to devour the Drunken Noodle with Tofu or the Vegetarian Pad Thai (three spicy stars), to me, is in solitude. Pad Thai Too will graciously deliver dinner to your door for an extra two dollars, perfect for those blustery weekend winter nights when you just can't bear to part with your couch.

Last week, on one such chilly evening when my apart-mates and I were feeling particularly lazy, we called in a hefty order and waited. And waited. And waited.

After an hour and a half, I had had enough. My mood declined rapidly as my hunger increased—I actually went so far as to vow never to be tempted by their saucy rice noodles again. The arrival of the scruffy delivery boy did quell some of my anger (an extra few dollars, for cuteness), but Pad Thai Too's backed-up kitchen sparked some fiery interior rebellion. Who says I can't make my own Pad Thai?

Indeed, whoever did say so is terribly mistaken. Pad Thai is deceptively simple—really no more complex than your average stir-fry—and delicious when made at home. As Mark Bittman said in his *New York Times* food column "The Minimalist," Pad Thai "requires little more than chopping and stirring, and comes together in less than a half-hour." You need not wait in famished frustration for your Pad Thai again.

This recipe is a kind of blended adaptation of Bittman's recipe, which appeared in the *Times* last spring, and Cara Eisenpress and Phoebe Lapine's, posted on their blog "Big Girls Small Kitchen." The ingredients that might seem unfamiliar to you—the rice noodles, fish and oyster sauces—are easily found in the "Asian" aisle of Hannaford. Everything costs less than 20 dollars, and the recipe generously serves four, making homemade Thai cost effective, too.

Be warned: fish sauce smells absolutely revolting, but I promise the final aroma that wafted throughout my apartment was delightful and well worth it. This stinky sauce also makes the dish unsuitable for true vegetarians, but you can substitute low-sodium soy sauce if you so desire. I took the liberty of adding the tofu, cabbage and sprouts, so feel free to make the dish your own with any combination of your favorite proteins and veggies, and any level of spiciness.

Have I actually cut Pad Thai Too out of my life? No, and nothing quite replicates the experience of dining in the restaurant on KMD, awkward date sightings, tacky décor and all. But this recipe offers a simple alternative of spicy, crunchy, salty and sweet noodles that deceive my friends into thinking I'm more adept in the kitchen than I actually am. Eat up.

**Vegetarian Pad Thai**  
(Makes four servings)

**Ingredients:**  
1 pound rice noodles  
6 tablespoons oil

1 lb. extra firm tofu, cubed  
3 scallions, sliced  
1 leek, sliced (white and green parts divided)  
½ head of green cabbage, sliced  
1 cup mung bean sprouts  
4 garlic cloves, minced  
2 eggs, beaten  
2 tablespoons sugar  
2 tablespoons fish sauce  
4 tablespoons oyster sauce  
red pepper flakes, to taste

**Garnishes:**  
bean sprouts  
chopped peanuts  
1 lime, cut into wedges  
Siracha sauce or red pepper flakes

**Directions:**  
Soak the rice noodles in warm water for 20 minutes. Drain and set aside.

Squeeze the tofu between paper towels and let sit for five to ten minutes until most of the moisture is out. Get it going in a frying pan with a little oil over medium heat, flipping every now and then until evenly browned. Turn off heat and set aside.

Meanwhile, heat the rest of the oil in a large wok or non-stick skillet over a medium-high flame. Add the leek, scallion, sand cabbage and saute until it begins to brown, about three minutes. Add the garlic and cook until golden, about one minute. Pour in the eggs and quickly scramble. Toss together with the noodles, sugar, bean sprouts, tofu, fish and oyster sauces until well mixed. Continue to stir fry until the noodles are cooked through and slightly charred, about three more minutes. Add red pepper flakes to taste, depending on how much spice you're needing in your life.

Top with more bean sprouts, ground peanuts, more pepper flakes, and a lime wedge. Serve in a big bowl alongside the garnishes.

## SINGING IN THE CHAPEL



Blue Light member John O'Brien '12 sings a solo during an a cappella performance in the chapel.

## DANCING IN THE DARK



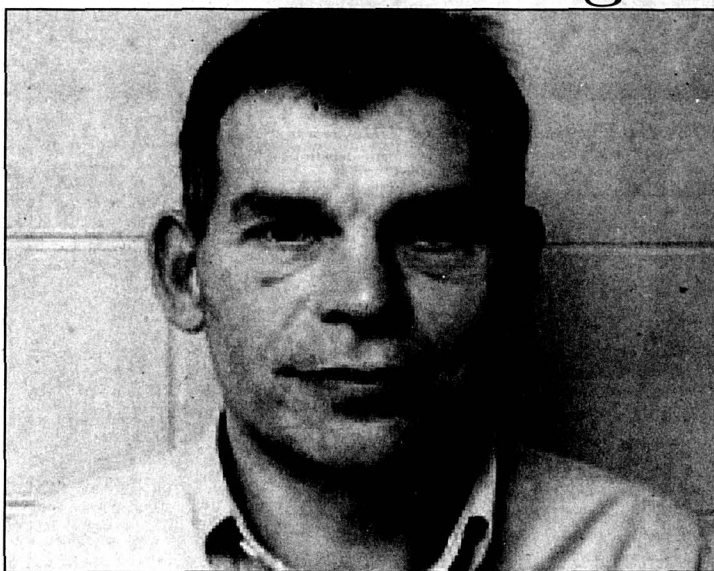
The Colby Dancers show off some of their moves during an end of the semester performance in Runnals.

# Head football coach resigns after 23 years

Ed Mestieri served as head coach for eight seasons

By ROBERT YEE  
SPORTS EDITOR

After 23 years at Colby, Ed Mestieri resigned Friday, Dec. 2 after eight seasons as the head football coach. Before becoming head coach, Mestieri assisted the Mules as an offensive coordinator, offensive line coach and recruiting coordinator. During his time at Colby, Mestieri sported a 97-86-1 overall record and won 12 Colby-Bates-Bowdoin (CBB) titles outright. In 2005, Mestieri was named the Division II/III Coach of the Year by the Gridiron Club of Greater Boston. After an 0-4 start this season, Colby football stormed to



After 23 years at Colby, Ed Mestieri resigned from the head football coach position this past Friday.

a 3-5 finish.

In an interview with *The Morning Sentinel*, Mestieri said that he "felt it was time for a change, for me and the football program." He added, "After so many years, change, I think, is positive."

Athletic Director Marcella Zalot spoke about losing such an experienced coach: "We certainly lose a lot of experience and football knowledge both overall and within the NESCAC (New England Small College Athletic Conference)." In her interview with *The Morning Sentinel*, Zalot said, "I have

the utmost respect for Ed Mestieri. He is a wonderful football coach and a better person. It is a sad day."

Zalot also said that Colby is "conducting a national search," encouraging all qualified applicants, "both internal and external" to apply. Zalot acknowledges that Mestieri's "experience will be hard to replace, but I'm confident we'll find a strong candidate."

Meanwhile, Jonathan Michales—who who this past season served as the offensive coordinator, recruiting coordinator, quarterbacks coach and strength coach—has been named the interim head coach.

**I felt it was time for a change, for me and the football programs.... After so many years, change, I think, is positive.**

Ed Mestieri  
Head Coach

## Swimmers struggle Squash 1-2 in Conn.

By ZACH HARTNETT  
STAFF WRITER

The Colby swim teams traveled down to Cambridge, Mass. this past weekend for their second meet of the year. The men faced off against the Massachusetts Institute of Technology (MIT), Tufts University, Bowdoin College, New York University, Wheaton College and Keene State College, while the women competed against the same lineup but with Harvard University replacing Keene State.

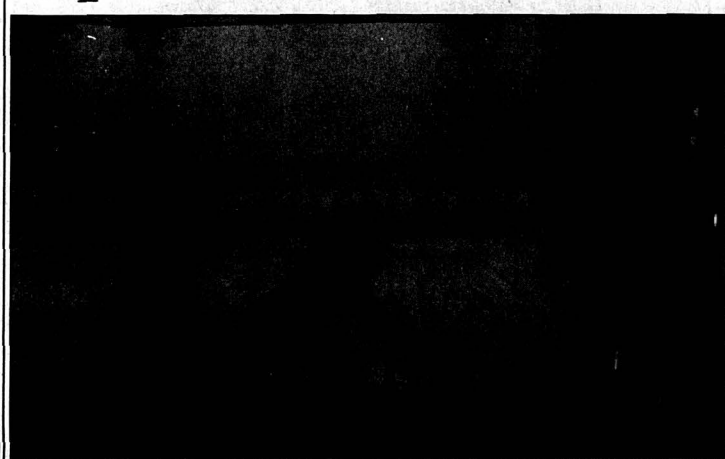
The men's team struggled, coming in seventh place in the Invitational. Mason Roberts '12

had a respectable finish, however, coming in 13th place in the 100-meter breaststroke with a time of 1:02.62. The team of Vincent Galea '15, Raymond Rieling '12, Ryan Bachur '15 and Paul Wennburg '15 finished the 200-meter freestyle relay with a time of 1:32.06, which earned them eleventh place. MIT won the men's meet with a score of 1397.5. Colby earned 127 points.

Mandy Ferguson '12 helped lead a more successful day on the women's side with three top-10 individual finishes. Ferguson placed fifth in the 1650-meter freestyle (18:16.14), ninth in the 200-meter freestyle (2:00.21)

and 10th in the 500-meter freestyle (18:16.14). First-years Alexa Williams and Emmie Lai also had top-15 finishes for the Mules in the 200-meter butterfly, with Williams coming in eighth (2:20.88) and Lai, 13th (2:23.98). Jess Blais '12 had the two other top-15 finishes for the Mules in the 200- and 100-meter backstroke (2:17.22 and 1:04.22). MIT also won the women's competition with a score of 1308. Colby came in sixth with a score of 185.

The swim teams resume their schedule after winter break with the Deerfield Beach Invitational in Deerfield, Florida on Dec. 31.



SPENCER PHILLIPS/THE COLBY ECHO

Roy Simpson III '14 stretches deep in the forehand corner during an early-season match against Trinity College.

**Both teams suffer close losses at the Wesleyan round robin**

By SARAH TRANKLE  
SPORTS EDITOR

The women's and men's squash teams travelled to Middletown, Conn. this past weekend to play three matches at Wesleyan University in a round robin format. Both teams finished with 1-2 records.

In a series of tough matches, the men lost to Wesleyan 6-3, easily beat Colgate University by a score of 9-0 and then fell in their final matchup against Connecticut College, 6-3. Will Sullivan '13 led the way for the Mules with three wins at the second position. Coach Sakhi Khan explained, "Will Sullivan had the best performance throughout the weekend. Will

was mentally tougher and fitter than all his opponents." Sullivan's teammates Harry Smith '12, Nat Cooper '12 and Will Hochman '14 also performed well, finishing with 2-1 records

**Will [Sullivan] was mentally tougher and fitter than all of his opponents.**

Sakhi Khan  
Head Coach

on the weekend.

On the women's side, the Mules defeated Connecticut College 7-2 but could not pull out wins against Tufts University or Wesleyan, losing both

matches by close 5-4 tallies. Kate Pistel '13, Molly Parsons '13, Lindsey McKenna '14 and Tara Tischio '15 all went 3-0 for the Mules on the weekend. "I was most impressed by our new [first-year], Tara Tischio," said Coach Khan. "She crushed her opponents and played fantastic. I think she's fast becoming a top competitor who knows how to score a win for the team."

Although the close losses were disappointing for the Mules, the teams remain optimistic. The men and women will have the opportunity to battle against these same opponents again in January, and Coach Khan said, "I foresee wins against all these schools later in the season."

Both the men's and women's teams will resume play during the month of January. On Wednesday, Jan. 7 the Mules will play against Williams College at home. The week after, the teams will travel to Yale University for an annual tournament.

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## W. ice hockey avenges loss to Bowdoin

By SARAH TRANKLE  
SPORTS EDITOR

On Friday, Dec. 2, the women's hockey team suffered a painful 5-0 loss to Bowdoin College, but bounced back the following evening to avenge their loss, defeating the Polar Bears 2-1 in overtime. Following the two games, Colby's record moved to 2-3-1 overall and 1-3 in the New England Small College Athletic Conference (NESCAC).

In the Friday evening match-up, Bowdoin's Stephanie Ludy scored twice to lead the Polar Bears. Ludy's first goal came off a power play and was followed less than a minute later by a top-shelf goal scored by Kim Tess-Want. Ludy's second goal came early in the second period when she intercepted the puck

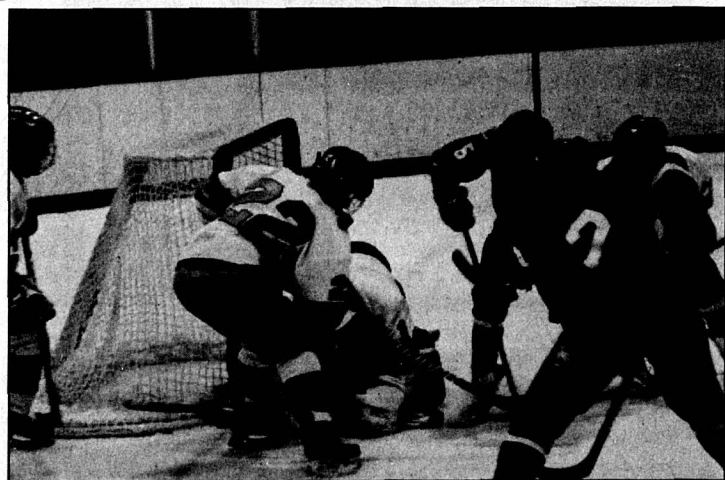
and scored to bring Bowdoin's tally to three. With the final two goals, the Polar Bears shut out the

**Despite the disappointing showing on Friday, the Mules showed grit and determination in their overtime victory on Saturday.**

Mules and earned their first win of the season.

Despite the disappointing showing on Friday, the Mules showed grit and determination in their overtime victory on Saturday. First-year players Jazz Bazinet-Phillips and Carolyn Fuwa both scored their first collegiate goals and goalkeeper Brienne Wheeler '14 recorded 39 saves to propel the Mules defense. Although Bowdoin led most of the game by a 1-0 tally, Colby refused to retreat, and Bazinet-Phillips knocked in a goal off of an assist from Sylvia Xistris '14 with 5:36 remaining in regulation. Then, in the overtime period, Fuwa earned the win with an unassisted goal.

This week, the Mules are scheduled to play two home games against New England College at 3:45 p.m. on Friday, Dec. 9 and the University of Southern Maine at 7 p.m. on Saturday, Dec. 10.

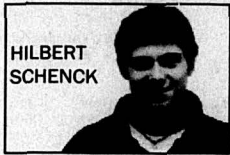


ANNA THIN/THE COLBY ECHO

Caroline Chessare '13 defends the net as Bowdoin skaters attempt to poke the puck away from Colby's goalie.



# Pats nearly blow a blowout



A win is a win is a win. That's what I'm going to keep telling myself after that one. The repeated statement loses some of its luster when that win is by just seven points over the now 0-12 Indianapolis Colts, who proved in the fourth quarter this past Sunday that they are definitely tanking their season on purpose to get Andrew Luck. (We have a word for that, and it's classless. Better organization? Patriots. No question.) Another slow start by the offense had the score at 3-0 after the first quarter, and it was 10-7 when the Patriots took over at their own 36-yard line with 1:34 to go before half.

Then Tom Brady and the Pats marched down the field and scored on an eight-play drive that was

capped off by "The Law Firm" BenJarvus Green-Ellis smashing it in from the two-yard line to make it 17-3 at the half. New England then took the opening kick of the second half and drove 77 yards for another touchdown. 24-3 New England. Game over.

But unfortunately it wasn't. Brady and the offense finished a productive day with 362 total yards. Brady threw for 289 yards and two TDs (although he had a third TD ruled a lateral for which he did not get credit) and no picks. Wes Welker was once again the leading receiver with 11 catches for 110 yards, surprising precisely no one. After that game, however, I have come to the conclusion that Rob Gronkowski is not a human being; he is some sort of robot developed by the CIA to combat terrorism that escaped and now plays football. He had only 65 yards this week but produced three total TDs, tying the NFL record for TDs in a season by a tight end in just his second year. This guy is just an absolute freak, and there is no other

way to describe it.

The Pats kept it under control for the remainder of the third quarter and were in control 31-3 going into the fourth. The reason I had to do some breathing exercises before writing this article came in that final quarter, though. The Indianapolis Colts (as in the 0-11, score 13.5 points per game Indianapolis Colts) outscored the Patriots 21-0 in the fourth quarter and almost made a huge comeback in a game that should have been over before the quarter even began. Yes, their last TD came with just 36 seconds to go, but Indy scored on three of their four possessions in the final 15 minutes, and the vaunted Pats' offense went three-and-out all three times it had the ball.

Dan Orlovsky (never heard of him? He's the guy who was the Lions' starter in 2008 when they went 0-16) threw for 353 yards. He had two TDs and looked like he owned the game for the entire fourth quarter. Allowing 24 points

and over 300 yards passing to Dan Orlovsky and the Colts is absolutely pathetic. The defense had been making progress, but this is three huge steps back.

Next week the Pats travel to our nation's capital to take on the lowly Washington Redskins in another game that figures to be a romp. After this week, I'm not predicting a loss, but if the spread is 10, they won't cover. This defense needs to step up its game big-time if the Patriots want to figure into the Super Bowl discussion come playoff time. They will make the playoffs, yes, but the luxury of being the best-run organization in the NFL is that anything less than another Lombardi Trophy would be a failure. If Bill Belichick and Tom Brady want number four, the coach must step up his defensive prowess. The defense showed up for three quarters and played Belichickian bend-but-don't-break defense, but then they broke repeatedly in the fourth, and that won't beat the Steelers, Ravens or Packers of the world.

# M. hockey splits with Bowdoin

By HILBERT SCHENCK  
STAFF WRITER

One out of two ain't bad. That's what the Colby men's hockey team should be thinking after this weekend. In a two game, home-and-home series with rival Bowdoin College, each team won at the other's home rink. Colby's record moved to 2-4 overall, while Bowdoin is now 3-2-1.

On Friday night, a packed Alfred Arena figured to be about as friendly to the Polar Bears as the Sahara, but Bowdoin came out and reminded everybody that its mascot lives on ice. Looking completely at home, the team from Brunswick jumped out to an early 2-0 lead before junior Cory McGrath cut the lead to one at 8:48 of the second period, much to the delight of the home crowd. Bowdoin answered loudly, however, with two goals in a mere 13 seconds at 15:17 and 15:30 of the second period before adding another tally with just under 2:15 to go in the frame to take a 5-1 lead into the third.

Less than six minutes into the final period, the Polar Bears put another tally on the board to extend their lead to 6-1, a lead they held until 26 seconds remained

when Scott Harff '13 potted the second goal of the game for the Mules. It hardly mattered as the final score reflected a romp by the Polar Bears, 6-2. Bowdoin dominated the game, and it showed not only in goals, but in the fact that the Polar Bears outshot Colby 45-28. With such a deficit in shots on net, only a super-human effort by junior netminder Matt Delaney could have saved the game, and unfortunately there was no "S" on his chest on this night.

Bowdoin was no doubt licking its chops in anticipation of another matchup with Colby the following night, this time at its home rink. Bowdoin netted a pair early and staked itself to another 2-0 lead heading into the second period. At 14:38 of the second, they added yet another score—this time short-handed—and it looked as if the Polar Bears might take a 3-0 lead into the final stanza.

Junior Spike Smigelski had something to say about that, as he scored less than two minutes later on an assist from McGrath, ensuring the Mules got on the scoreboard before the third period. Unfortunately, with seven minutes left in the game, it looked as if Bowdoin would hold on to win once again and sweep Colby in the

season series. But then Coach Stan Moore's team did what it has done multiple times this season: it woke up and took over the game.

Sophomore Ben Chwick tallied his second goal of the season off of assists from fellow sophomore Anthony Raymond and senior Chris Buonomo with 6:30 remaining. 3-2 Bowdoin.

Another sophomore, Nick Lanza, put in number three to tie the game just 2:47 later off of an assist from Nick Kondiles '13. 3-3, all tied up.

Senior Mike Doherty put the icing on the cake when he took a pass from fellow senior Matt Rapaport to score the game-winning goal, his 75th career point (28 goals, 47 assists), with only 1:11 to go. 4-3 Colby.

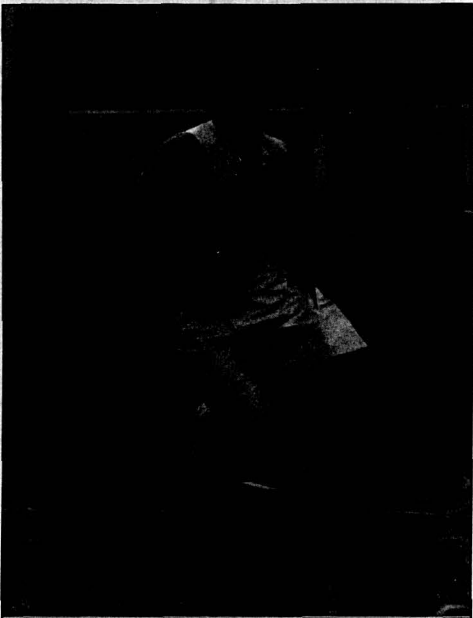
Bowdoin emptied its net at the end but could not respond as Delaney stood tall in net, making 13 saves without allowing a goal in crunch time to help the dramatic comeback. He finished with 29 saves on 32 shots—a large improvement from the previous night.

Splitting the series is a big emotional victory for a Colby team that is 2-4 on the young season and must improve its consistency if it wishes to make

another playoff appearance. The second game was without a doubt the biggest victory of the season so far and the biggest thus far for Coach Moore's brief tenure as the head coach. It is the Mules' first New England Small College Athletic Conference (NESCAC) opponent this season. Last year, Bowdoin swept Colby in the regular season (including a dramatic comeback from 5-1 down to win 6-5) and eliminated the Mules in the semifinals of the playoffs en route to a NESCAC title (which it then vacated due to unscrupulous behavior by the team). I said last week that winning one or both of these games would be a big step for Colby going forward, and it definitely is, coming from behind on the road after being beat by that same team at home the night before.

Now, the team must refocus its attention on the remaining two games on its pre-winter break schedule. The Mules will face off against Connecticut College on Friday, Dec. 9 and Tufts University on Saturday, Dec. 10, both at home. This will be a big week to see if Colby can build off its momentum from the win this past Saturday.

## DEVASTATOR OF THE WEEK



CHRIS KASPIAK/THE COLBY ECHO

## Ben Foreman '12

### SPORT:

Basketball

### Position:

Guard

### HOMETOWN:

Los Angeles, Calif.

### WHY:

Senior tri-captain Ben Foreman scored a collegiate-high 30 points in Colby's win over the University of Maine at Fort Kent (UMFK) and followed it up with a 26-point effort against Fisher College to seal the Colby Invitational title for the home team. Foreman ranks second in the NESCAC in scoring.

30  
Points against  
UMFK

### BY THE NUMBERS

**12:** Outright Colby-Bates-Bowdoin (CBB) titles won by Colby football under Coach Ed Mestieri, who resigned this past Friday.

**6:30:** Time remaining when Colby men's ice hockey rattled off three straight goals to defeat Bowdoin College 4-3 this past Saturday.

**14:** National ranking, according to d3hoops.com, of Colby women's basketball. The Mules upset the previously 10th-ranked Bowdoin Polar Bears. Colby now sports a 5-0 overall record.

STANDINGS					STATISTICS				
MEN'S BASKETBALL									
	NESCAC	OVERALL			Player	PPG	RPG	MFG	
Amherst	W 1	6 0			B. Foreman	20.6	2.8	33.8	
Bates	0 0	3 2			E. Beaulieu	10.6	9.0	26.6	
Bowdoin	0 0	5 2			C. O'Neil	7.2	3.2	29.0	
Colby	0 0	3 2			G. Fisher	4.5	4.0	13.8	
Conn.	0 0	1 4			K. Donovan	5.4	5.6	26.6	
Hamilton	0 0	8 0			S. Rogers	3.4	1.0	16.6	
Middlebury	0 0	5 0			D. Chase	3.0	0.8	11.3	
Trinity	0 0	5 2			J. Kalin	2.0	4.4	20.0	
Tufts	0 0	6 1							
Wesleyan	0 0	6 1							
Williams	0 0	6 1							
WOMEN'S BASKETBALL									
	NESCAC	OVERALL			Player	PPG	RPG	MFG	
Amherst	W 1	6 0			R. Mack	14.2	7.2	22.8	
Bates	0 0	4 1			J. Vaughan	13.6	9.0	23.4	
Bowdoin	0 0	3 2			A. Ritchie	11.0	4.8	21.4	
Colby	0 0	5 0			D. Manduca	8.2	3.6	23.4	
Conn.	0 0	6 1			J. McLaughlin	8.0	4.0	24.2	
Hamilton	0 0	3 4			J. Nale	6.0	1.0	6.6	
Middlebury	0 0	2 3			K. Potvin	5.4	4.4	13.2	
Trinity	0 0	3 3			J. Bennett	2.8	3.0	12.6	
Tufts	0 0	6 2							
Wesleyan	0 0	4 1							
Williams	0 0	6 0							
MEN'S ICE HOCKEY									
	NESCAC	OVERALL			Player	G	A	PTS	
Middlebury	4 0 0	4 1 1			M. Doherty	2	3	5	
Amherst	3 0 0	5 1 0			S. Harff	2	3	5	
Williams	3 0 1	4 0 2			C. Buonomo	1	4	5	
Tufts	2 2 0	3 4 0			G. McGrath	3	1	4	
Wesleyan	2 2 0	4 3 0			R. Bursae	1	3	4	
Bowdoin	1 2 1	3 2 1							
Colby	1 3 0	2 4 0			Coalkesing CA	SV	SV%		
Conn.	1 3 0	1 4 0			M. Delaney	23	176	0.884	
Trinity	1 3 0	2 4 0							
Hamilton	0 3 0	2 3 1							
WOMEN'S HOCKEY									
	NESCAC	OVERALL			Player	G	A	PTS	
Amherst	4 0 0	4 0 0			K. Shei	1	1	2	
Middlebury	4 0 0	4 0 0			A. Kane	1	1	2	
Bowdoin	1 1 0	1 1 0			A. Papadellis	1	1	2	
Hamilton	2 2 0	2 2 0			M. Reynolds	1	0	1	
Williams	1 1 0	1 1 0			S. Slotnick	1	0	1	
Colby	1 3 0	1 3 0			Jazz B-P	1	0	1	
Conn.	1 3 0	1 3 0							
Trinity	1 3 0	1 3 0			Coalkesing CA	SV	SV%		

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Men's hockey splits home and home with Bowdoin

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Men's and women's swimming and diving compete at MIT

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# SPORTS

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December 7, 2011

THE COLBY ECHO

## Men's basketball wins Colby Invitational

Mules take wins over Maine at Fort-Kent, Fisher, fall to Thomas

By ROBERT YEE  
SPORTS EDITOR

With 93 points in his last four games, Colby men's basketball's senior tri-captain Ben Foreman established himself as one of the elite scorers in the New England Small College Athletic Conference (NESCAC). Foreman led Colby with 20 points in an away win at Fisher College last week and followed it up with a 30-point effort against the University of Maine at Fort Kent (UMFK) and 26 points in a rematch against Fisher at the Colby Invitational. With two wins at the Colby Invitational, the Mules won the three-team tournament. Colby also fell to Thomas College 81-79 at home on Tuesday, Dec. 6.

Foreman was on fire against UMFK, shooting 12-18 from the field and an impressive 6-9 from three-point range. However, his two biggest points came in the paint with just 53 seconds remaining. With the shot clock winding down, Foreman found his way into the paint and threw up a tough, Rajon Rondo-esque floater that found nothing but net and put the Mules ahead by three. UMFK heaved a three-pointer way off target with fewer than 10 seconds remaining, and the ball cleared to Foreman for an easy layup as time expired (which did not count). Colby escaped with a come-from-behind 79-76 win.

Junior Gordon Fischer's perfect shooting game netted him 16 points. Fischer nailed a three with



First-year Shane Rogers makes a move off of a screen and looks up to shoot during Colby's 81-79 loss to local rival Thomas College on Tuesday, Dec. 6 at home.

less than four minutes remaining to give Colby the 75-74 lead. Manny Odugbela led UMFK with 23 points.

With a .500 record in hand, the Mules looked to make it three in a row on Sunday, Dec. 4 versus Fisher. Colby won the first meeting in Boston by a whopping 22 points. The match-up this past Sunday was decidedly closer.

Another big game from Foreman helped Colby escape with a 71-65 win over Fisher. Foreman dropped 26 points

on 8-15 shooting. Six of his makes were from behind the three-point line. Foreman is shooting an excellent 50 percent from downtown.

First-year Connor O'Neil also finished in double figures with 11 points. Senior Alex Swanson came off the bench and led Colby with eight rebounds to go with eight points.

After the win over Fisher, Foreman landed Maine Men's Basketball Coaches and Writers Association Player of the Week honors. At the time of

publication, Foreman ranked second in the NESCAC in scoring with 20.8 points per game. Wesleyan University junior Shasha Brown sat at the top of the list, averaging 21 points per game, as Wesleyan took on Manhattanville College in Tuesday night's late game.

On Tuesday, Dec. 6, Colby hosted Thomas in non-conference play. After Thomas raced to a 20-point lead early in the second half, Colby slowly chipped away at the lead until

tying the game at 79-79 with 2:22 remaining. Thomas earned the last bucket of the game and the win with a layup with 43 seconds remaining.

O'Neil played the best game of his young career as a Mule, picking up a double-double on 19 points and 10 rebounds. Foreman added 17 points, while fellow senior tri-captain Eric Beaulieu also scored in double-figures with 14 points to go along with nine rebounds. Thomas' Franklin Salvadore netted a game-high 33

points (including nine three-pointers), as Thomas moves to 4-3 on the season. Colby falls to 3-3 overall.

The Mules will play their final games until after Christmas this weekend against Bowdoin College and Bates College in non-conference play—Bowdoin on Friday, Dec. 9 at 7 p.m. and Bates on Saturday, Dec. 10 at 3 p.m.—at Colby. Both games will serve as previews to the NESCAC schedule, which opens at Hamilton College on Jan. 8, 2012.

## 14th-ranked w. basketball upsets Bowdoin

By TIM BADMINGTON  
STAFF WRITER

Riding a wave of positive momentum, the Colby women's basketball team pulled off an upset this past Saturday against Bow-

doin College. The 14th-ranked Mules led for the entire game as they toppled previously 10th-ranked Bowdoin at home, 56-41. Though the game did not count in the New England Small College Athletic Conference (NESCAC) standings, the rivalry games al-

ways provide tough competition and serve as a barometer for where the team stands for the upcoming season. Head coach Julie Veilleux, who was an assistant coach at Bowdoin from 2005-2008, runs her record to 5-0 in her first year on the sidelines for Colby.

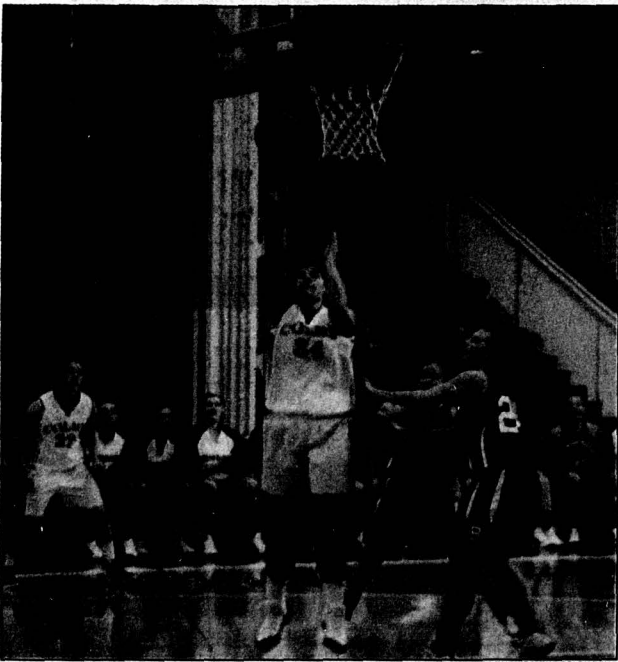
The star of the show for the Mules was senior forward Jil Vaughan. Vaughan had her best game since the season opener, a 79-57 victory over Brandeis University, in which she put up 16 in both the rebounds and points columns. Against Bowdoin on Saturday, Vaughan tallied 17 points and 10 rebounds, recording her second double-double of the season. Also mak-

ing a strong individual contribution was senior guard and captain Aarika Ritchie, who went 3-9 from the field and was perfect on four free throws to total 12 points. Guard Diana Manduca '13 led the Mules in assists with seven to add to her eight total points. Bowdoin's junior guard Kaitlin Donohoe led the Polar Bears with 12 points.

The six-foot-three Vaughan played a strong inside game that led to a 38-33 advantage in team rebounding for the Mules. Vaughan also went 8-11 on inside shots to further establish Colby's physical presence. In addition to besting Bowdoin on the scoreboard and the rebound column, the Mules topped the Polar Bears in essentially every important statistical category. Neither team performed particularly well behind the three-point line, but Colby shot a passable 23 percent (5-22) compared to Bowdoin's 10-percent (1-10) mark. Overall, the Mules shot quite well, converting 40.4 percent of attempts from the field. Bowdoin made 29.1 percent of its shots. Colby also outperformed Bowdoin in assists (15-7), turnovers (14-15) and second-chance points (10-2).

The win over a top-10 team establishes Colby as a major player both in NESCAC play and on a national stage. Bowdoin's loss will force the team to regroup and adjust; the Polar Bears also lost to the University of Southern Maine earlier

in the week, and the two losses knocked them out of the national rankings, according to d3hoops.com.



Colby's Jil Vaughan '12 goes up for an easy layup during Colby's upset of Bowdoin College.

### Colby On Deck

#### THIS WEEK'S HOME GAMES

**MEN'S BASKETBALL VS.  
BOWDOIN, BATES  
FRIDAY AT 7 P.M.  
SATURDAY AT 3 P.M.**

**MEN'S HOCKEY VS.  
CONN. COLLEGE, TUFTS  
FRIDAY AT 7 P.M.  
SATURDAY AT 3 P.M.**

**WOMEN'S HOCKEY VS.  
NEW ENGLAND COLLEGE, USM  
FRIDAY AT 3:45 P.M.  
SATURDAY AT 7 P.M.**

