

THE COLBY ECHO

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WELCOME CLASS OF 2014

WELCOME TO COLBY

Greetings from President Adams

Challenges and innovation will shape a diverse class

By **WILLIAM D. ADAMS**
PRESIDENT

To the members of the Class of 2014 and to transfer students entering the classes of 2013 and 2012, welcome to Mayflower Hill.

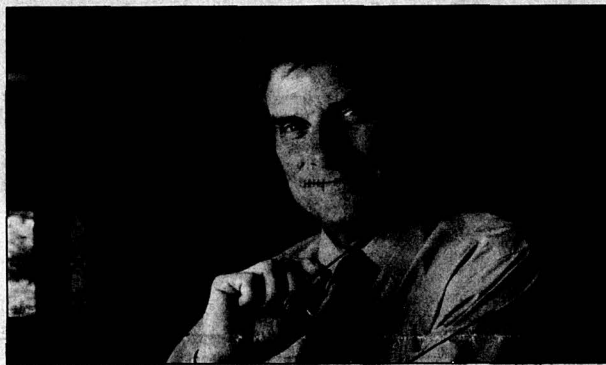
Now that you are here, what can you expect from Colby? What does it mean to receive a "liberal arts education"? And how can such an education help shape your lives?

In May, as the Class of 2010 was preparing to graduate into a depressed and uncertain job market, I told them that I appreciated the trepidation some of them must be feeling. I also told them that, as worrisome as the immediate prospects might be for anyone entering the workforce, I am not worried about their futures. My confidence in those new graduates is based on meeting and speaking with Colby alumni from the most recent classes to leave Mayflower Hill, who almost unanimously confirm that their time at Colby prepared them exceptionally well, not only for the competition for jobs and places in graduate and professional schools, but for overcoming any obstacles they encounter.

Our goal for you, as it was for those alumni, is to ensure that in addition to the specific knowledge you will gain in your courses, you

will graduate confident of the competencies this unique form of education is designed to impart. You will know how to write and to present yourself well when you speak. You will know how to solve problems of all sorts because of your grounding in scientific methods, in other forms of research and in many broad areas of thought and investigation. You will have participated in activities, in and outside of the classroom, that prepare you to be leaders in the worlds you enter post-Colby.

Your education will almost certainly involve close collaboration with one or more professors in classroom-based and/or independent research, fostering in you the ability to pursue confidently, and for the rest of your lives, new avenues of knowledge. Most of you will



President William D. Adams is affectionately referred to by everyone as "Bro."

Expect to be challenged by the education you receive on Mayflower Hill and beyond—and you should expect to be changed.

spend time in countries outside of the United States as part of your academic pursuits, and all of you will encounter—and, I hope, make a point of interacting with—students, faculty members and staff from dozens of foreign countries. Through your travels and your relationships here on campus, you will learn how to thrive in the global realms—of ideas, of commerce, of interpersonal and professional relationships—that will surely

mark the lives you enter as Colby graduates.

You should expect to be challenged by the education you receive on Mayflower Hill and beyond—and you should expect to be changed.

What does Colby expect of you? Engagement—in the classroom, in all of your out-of-class activities, in the community you have chosen to join. Commitment—to yourselves, to making the most of the opportunities you find here, to your classmates, to the work you undertake. Responsibility—to fostering an atmosphere of civility, inclusiveness and intellectual curiosity, to making Mayflower Hill a place where everyone can thrive.

Welcome to Colby. I look forward to knowing you.

FROM THE DEAN'S OFFICE

Welcome, first years

By **JIM TERHUNE**
VICE PRESIDENT FOR STUDENT AFFAIRS AND DEAN OF STUDENTS

Congratulations and welcome.

This long imagined and highly anticipated moment—coming to Colby and starting college—has finally and truly arrived for you. Orientation is an exciting and exhausting time. Over the next week you will meet new people, enter into a new living environment, learn about new ways of going to school, start to make your way in a new community and adjust to dozens of other new experiences and modes of being that will come to shape and define your life as a Colby student. You'll be busy and probably confused from time to time, but it will be fun, and there are a lot of people here to help. So breathe, relax and settle in.

Because these first few days are a little hectic, my message to you for now is simple: remember why you're here. The work you have come here to undertake is serious work, and I urge you to treat it as such. Approach your courses and activities as if they matter, because they do. That doesn't mean that your time at Colby should be joyless drudgery. It shouldn't, and it won't. To the contrary, if you participate vigorously in your education—which is to say all the things you do here—you will find not only that you will learn better and learn more, but also that the whole of the endeavor will be more fun.

In the coming days and weeks, we will focus more attention on the specific details of your Colby experience—the opportunities available to you as well as our expectations of you as members of this special community. For now, focus on orientation and COQT². Get to know this place and the people with whom you will share your time. Have fun, work hard and ask questions.



Dean Terhune's office is located on the third floor of Eustis.

A look at what's ahead from SGA

By **LESLIE HUTCHINGS & ATHUL RAVUNNIARATH**
SGA PRESIDENT & VICE PRESIDENT

On behalf of the Student Government Association (SGA), we'd like to welcome you to Colby!

Congratulations—you're here and there isn't a better place to spend the next four years of your life. We are going to give you a heads up on what is going to happen to you in the next couple of weeks: you're going to do you-know-what in the woods with your COQT², go to your first college class, dance at your first Loudness and meet your future best friends. These are some of the highlights of your Colby career so be sure to enjoy yourself.

Colby is a college that is constantly in a state of motion. It is always finding ways to improve the experience of the students who pass through it. During your time here, you can choose to ac-

tively participate in deciding how Colby can change and become a better school for future classes. One way to do this is to become involved in SGA.

SGA consists of an Executive Board and the President's Council (PC). Serving on the Executive Board are the President, the Vice President, the Treasurer, the Parliamentarian, the Publicity Chair and the Committee Coordinator. The six of us are non-voting members who oversee the functions of SGA. The PC is made up of a Dorm President for each dorm as well as two Class Presidents for each class. The PC can propose motions and vote during our formal meetings. Together, the Executive Board and the PC work to link the student body with the administration and communicate students' opinions and ideas.

Over the course of Colby's history, SGA members have been able to have a sizable impact. It was SGA members who started the

Pugh Community Board, suggested the Blue Lights Pub and brought Zipcars to campus. This year we have big plans for the SGA, and we hope that smart and driven members of your class will join us.

Early this fall, your class will elect two freshmen to represent the 2014 class on the SGA. Also, if you live in a dorm without a Dorm President, you can run to be president of your dorm. I urge you to consider running for these positions. Not only is running an excellent way to meet your classmates, but being part of SGA also allows you to easily connect with lots of organizations and leaders on campus. As a member of SGA, you can propose ideas, work on teams to implement changes and participate in important discussions regarding the future of our college.

Another way to get involved is to join a committee that appeals to your particular interests. Some

committees include the Academics Affairs Committee, the Admissions and Financial Aid Committee, the Athletic Advisory Committee and the College Affairs Committee. Descriptions of the committees are available online and will be advertised in more detail in the coming weeks. We will be announcing when applications for these committees are available; everyone is eligible to apply for all of the committees.

If your schedule is already looking too full, we hope that you keep up with what the SGA is doing this year by reading your dorm newsletters and reading articles about us in the *Echo*. Our formal meetings schedule will be posted online, and they are always open to the public. We hope to see you there.

You have so much to look forward to in the next four years, and we couldn't be more excited for you. Enjoy your orientation and we can't wait to meet you!

THIS WEEK'S ECHO

www.TheColbyEcho.com



Learn about Colby's 32 varsity sports, Page 9



Welcome from the Editor, Page 7



Campus Life, Page 2

Welcome from Dining Services The Colby Bucket List

By VARUN AVASTHI
DIRECTOR OF DINING SERVICES

Your dining services team welcomes you to the best food service you are apt to encounter on any college campus. Colby Dining Services has a decade-long history of being ranked in the Top 10 of Best Food on Campus. You have at your disposal three dining halls—Foss, Roberts and Dana—and a newly renovated Cotter Union that offers you the Joseph Family Spa, the Caporale Lounge and, for those of legal drinking age, the Marchese Blue Light Pub.

Your class will be the second at Colby to fully embrace what will become the standard for sustainable dining. Over the last six years we have steadily worked toward being a responsible local and global citizen. What this means is that Colby dining halls will not offer trays to students for their

meals. This was a decision supported by your peers and recommended by the Student Government Association. Going "trayless" is only one component of our sustainable practices. As you begin to explore the campus, look around and take notice of how many things around you are either sustainable or local. All of our pre- and post-consumer food waste is composted, and all of our waste oil is converted to bio-diesel for use at a local farm.

Foss Dining Hall is managed by Terry Landry and is the center for our vegetarian and vegan focused students. While he offers something for everyone, this is where

Colby Dining Services has a decade-long history of being ranked in the Top 10 of Best Food on Campus.

you will find a greater number of vegan and vegetarian options as well as organic options. Known for his above and beyond customer service, Terry knows how to make you feel at home. Terry Landry and his team can be reached at ext. 5490 or 5491.

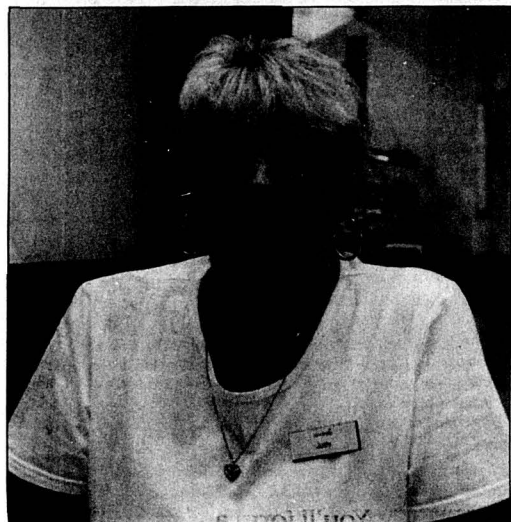
Roberts Dining Hall offers restaurant-style meals to its customers. Roberts is managed by Wendy Benney, executive chef and Keith Cole, assistant manager. Their extensions are 5481 and 5483, respectively. Roberts also houses a regional ethnic cuisine station, a new deli program, flatbread pizzas and a 100 percent local salad bar.

Dana Dining Hall is the largest in seating capacity and offers the "Ultimate Dining" concept featuring food on demand. No old, parked food sitting for hours. Dana's food is prepared in front of you as you walk up to the counter. Dana is managed by Alisa Roman with Mike Ingalls (production manager) and Andy Goodspeed (assistant manager). They can be reached at ext. 5485 or 5487.

The Pub, Spa and Caporale Lounge are managed by David Hartley. He can be reached at ext. 5495. David is extremely friendly and enjoys interacting with everyone. His staff does a lot of special things in Pulver Pavilion to keep things exciting and fun, and you can count on doing your part to be sustainable as all our packaging is bio-degradable, and we use SPUD-WARE for knives, forks and spoons.

Visit our website at:

<http://www.colby.edu/dining.serv/>



Judy Herlihy is one of the many lovely card swipers at Bobs.

Things to do before you graduate

NATURE CALLS

The Hume Center
Acadia National Park
Moosehead Pond
Belgrade Lakes
Mt. Blue State Park
Mt. Katahdin

FUN FOR FOOD LOVERS

Waterville House of Pizza
Purple Cow
Big G's
Asia Cafe
Mainely Brews
Pad Thai Too
Jorgenson's
Kennebec Cafe
Belanger's Drive-In
Early Bird Cafe
The Dairy Cone
Grand Central Cafe
Tim Horton's
CAN'T MISS MEALS
Donuts in Bobs
Dana Burgers
Buff Chick Wraps in Foss
Quesadillas in the Spa

CITIES TO VISIT

Freeport, ME
Portland, ME
Portsmouth, NH
Boston, MA
Quebec, QC
Montreal, QC

CAMPUS ACTIVITIES

Colby vs. Bowdoin Hockey Game (and other sporting events)
Jump on Bro's Trampoline
Find the Hillside Tunnels
Play Campus Golf
Personalize your Pizza in Bobs
iPlay

Climb Miller Tower
Explore the Arboretum
See a Powder & Wig Show
Stargaze on Runnalls Hill

OFF-CAMPUS ACTIVITIES

Barrel's Market
Railroad Square Cinema
Club Viper
Maine Lobster Festival
Ski Sugarloaf, Saddleback and Sunday River
Sugarloaf Reggae Festival

THE COLBY ECHO

PUBLISHED BY THE STUDENTS OF COLBY COLLEGE SINCE 1877

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The Colby Echo is the weekly student newspaper of Colby College in Waterville, Maine. The paper is published every Wednesday that the College is in session. Students are strongly encouraged to contribute and should contact the editor(s) of the section(s) they are interested in working for in order to learn more.

LETTERS

The Echo encourages letters from its readers, especially those within the immediate community. Letters should not exceed 400 words and pertain to a current topic or issue. However, the Echo reserves the right to run longer letters. The Echo also reserves the right to edit submissions for grammar and clarity and may choose not to run a letter. The Echo will not, under any circumstances, print an unsigned letter.

Letters are due to the Echo by noon of the Sunday preceding the publication date. They should be submitted via e-mail to emmarzul@colby.edu and be in a text-only format.

OPINION PAGE

Editorials represent the majority opinion of the editorial board. Opinions expressed in the individual columns, letters or cartoons are those of the author, not of the Echo.

The Echo welcomes column and cartoon submissions from members of the Colby community.

ADVERTISING & SUBSCRIPTIONS

For more information on publication dates or advertising rates contact Kira Novak, ad manager, at echoads@colby.edu or (207) 872-5430. To obtain a subscription contact Peter Rummel, business manager, at prummel@colby.edu.

Overseeing Campus Life

By JED WARTMAN
ASSOCIATE DEAN OF STUDENTS
AND DIRECTOR OF CAMPUS LIFE

Whooo! Hello, and welcome to your 2010-11 academic year! The Office of Campus Life is thrilled to begin this year and to partner with you in making your Colby College experience as remarkable as possible. As the year begins, I invite you to consider several questions. What does your ideal Colby experience look like? How do you hope to grow and develop while at Colby? What role can you play in making your ideal experience a reality? What role do you want to play in shaping the Colby community? Are you having fun? What support do you need?

As you reflect on these questions, I urge you to consider that this is your experience. You define your time at Colby, and this time can be as fulfilling as you make it. So make it great! Explore who you are and who you want to be. Challenge yourself to try new things and to make new friends. Take ownership of this journey and make it your own. And, as you navigate this time, with great suc-

cesses and inevitable uncertainties, rest assured that you are not alone. While this is your Colby experience, there are many of us here to help you along the way.

The Office of Campus Life is renewed, recharged and ready to meet you, hear your ideas and support the pursuit of your best Colby experience. Please stop by and introduce yourself. We want to hear your ideas, goals, questions and concerns. We are here to support your experience.

The Campus Life team consists of the following staff and departmental areas:

- Jed Wartman, Associate Dean of Students and Director of Campus Life
- Nicole Caruso, Associate Director of Campus Life and Director of Outdoor Education
- Kim Kenniston, Associate Director of Campus Life for Residential Education and Living
- Katrina Danby, Assistant Director of Campus Life for Residential Education and Living
- Shannon Hodgdon, Campus Life Secretary
- vacant, Assistant Director of Campus Life for Campus Pro-

grams and Leadership***we plan to have this position filled by the end of September.

We look forward to sharing your journey with you.

Mission Statement for the Office of Campus Life:

The Office of Campus Life is committed to engaging, supporting and empowering Colby College students as they take ownership of their college experience.

Student engagement is facilitated through student organizations, student governance, residential living and learning, campus programs and outdoor education. Support is provided through group and individual advising, and empowerment is encouraged through intentional program development, self governance, diversity and inclusion education and opportunities to develop and practice leadership.

Our strategic goals are to cultivate experiential learning opportunities, foster an inclusive and vibrant community, develop leaders and promote positive citizenship within the Colby College, local, and global communities.



Jed Wartman, the College's new Director of Campus Life, standing outside his office above Pulver.

Goldfarb Center fosters engagement

By JUSTIN ROUSE
STUDENT CO-CHAIR

On behalf of the Goldfarb Center, I want to welcome the Class of 2014 to campus! The Goldfarb Center for Public Affairs and Civic Engagement is an organization on campus that works to enlighten and engage students about public policy and civic issues facing the world around us. As a group we strive to create programming that brings speakers to campus who can address pressing topics in the world today. Typically, the Goldfarb Center sponsors 20 events a semester ranging from debates and lectures to exhibits and shows. For those of you who are interested in current affairs and engagement with the world around you, the Goldfarb Center will certainly provide you with a plethora of exciting opportunities.

Besides programming, the Goldfarb Center also plays an active role in Colby's educational services and volunteer opportunities. The center administers the college's mentoring program, Colby Cares About Kids, and assists the leaders of the Colby Volunteer Center. Both organizations, in dynamically different ways, allow Colby students to interact with the community around them, whether it is in Waterville, Maine, the United States or beyond.

The Goldfarb Center also provides research grants for student and faculty who are pursuing projects with a public policy or civic engagement component. The grants are some of the only grants given to faculty-student co-research, an important opportunity in a liberal arts college setting.

Since joining the Goldfarb Center...I have been amazed by the people I have met and the experiences I have had.

Last year one of these grants funded a fascinating project that created an unmanned aerial vehicle

that could map areas for geological and ecological surveying. Since joining the Goldfarb Center my freshman year, I have been amazed by the people I have met and the experiences I have had. Last year for example, after the earthquake hit Haiti, two first-year students involved with the Center—Lisa Kaplan and Danny Garin—organized a fundraising effort that included t-shirt sales, donations and

a silent auction. Their vision and interest allowed them to take action at a time when there was a great need for it. Being involved with the fundraiser myself, I was amazed by the generosity so many displayed at this time and found myself completely dedicated to a community thousands of miles away. Without the Goldfarb Center, I would have been largely unable to engage myself in such an effective way. At the end of it all, we raised \$71,000 for Haiti, and as students we were blessed with the ability to play a part in this effort.

Getting involved with the Goldfarb Center is a great first step for anyone who wishes to engage with the world around us. Colby students can join the Student Advisory Board: a group of roughly 40 students that helps create, organize and publicize the events put on by the center. First-year students are encouraged to apply at the end of their fall semester. For anyone who is interested in learning more about the Goldfarb Center, you can contact Professor Sandy Maisel in the government department. As the energetic faculty director of the Goldfarb Center since its founding, Professor Maisel is always willing to talk to students about the many great opportunities the Center can provide.



The Goldfarb Center's Help Haiti project raised over \$70,000 last spring.

Why should you mentor?



Julia Deutsch '12 with her mentee at last year's CCAK barbeque.

Colby Cares About Kids (CCAK) provides local kids with mentors from the Colby College community

By RICKY SCHWARTZ
CCAK ADVISORY BOARD MEMBER

Let us first say, Class of 2014, welcome to Colby! And to everyone else, we hope you've enjoyed your summers; we trust they were fantastic.

Now on to the nitty-gritty: if you do the math in your head, there are 168 hours in a week. We all spend at least 16 in classes and countless more in the library, in the Spa and waiting in line at Foss. Yet in just two hours you can begin to change a child's life as a Colby Cares About Kids mentor.

Colby Cares About Kids is a volunteer mentoring program whose goal is to provide a consistent, reliable, adult presence in the lives of children who live in the Greater Waterville area. Colby mentors act as role models, friends and academic guides to students in kindergarten through junior-high school. Colby mentors meet with their mentees during their school day or in their after-school program for two hours each week for a minimum of three semesters. During this time, your role as a mentor is, to name a few of the countless and rewarding responsibilities, to help your mentee learn to trust others, build self-esteem and increase the chances for academic success.

That's not to say you can save a child—nor will that child, your mentee, prompt you to rethink having children before you turn 30. Instead, together you and your mentee will grow and learn from one another.

other. You'll form a bond—the kind of relationship where you will learn more about paper airplanes, action figures and Justin Bieber than you ever thought was possible. And, perhaps more importantly, the kind of relationship where you will learn what it means to be a really big part of another person's life.

Student driven from the outset, CCAK mentoring is one of the most popular activities on campus because we all want it to be. Whether you have years of experience with children from babysitting or absolutely none at all, anyone can be a mentor. Art majors mentor and so do football players. Mentoring fits any schedule and

year-after-year recounted by seniors as one of their most rewarding experiences on the Hill. And to top it all off, we do throw a great barbeque in May.

It is really that simple, and it is truly that rewarding. Whether you're a first-year interested in mentoring because you heard about it on

your tour, a junior interested in mentoring because you heard about it from one of your roommates or a seasoned senior mentor interested in seeing your mentee again, find us at the Campus Life Expo on the Dana lawn. We'd love to see you so we can answer your questions and share our mentoring experiences. If you miss us there because you're overwhelmed by the Woodsmen's axe throwing demonstration, you can direct questions anytime to ccak@colby.edu.

You'll form a bond—the kind of relationship where you will learn more about paper airplanes...and Justin Bieber than you ever thought was possible.

Students volunteer off the Hill

By JULIA BRUSS,
JOHN PERKINS AND
RICKY SCHWARTZ
CO-DIRECTORS AND ASSISTANT
DIRECTOR

You may have noticed from your first days on campus that community engagement and community service are highly valued at Colby. From the initial processions and meetings at orientation, to the C2IT trip, first-year orientation is essentially structured around these values of our community. At the Colby Volunteer Center (CVC), it is our yearlong mission to engage both the Colby community and the greater Waterville community in pursuing this value of community involvement through volunteering.

While you are just now beginning to adjust to your newest community—the Colby community—you are also going to, within the next days, weeks and months, begin to adjust to your new, larger community, one you may not have even realized you have joined: the Waterville community.

When you go into Waterville, to Main Street for a coffee or into Hannafords or Walmart for groceries, you will meet the incredible people who make up the Waterville community.

The differences between you and them may, at times, feel salient, but you will also immediately sense their kindness, their interest to talk to you and to learn what you are studying and their love for and attachment to their community.

In 2003, when Waterville's Hathaway shirt-making factory, which had employed almost exclusively women from the greater-Waterville area since 1837, closed, Waterville experienced a 4 percent increase in unemployment. In Waterville and its neighboring towns, 45-50 percent of students receive free and reduced lunch, and around 13 percent of the Kennebec County



Colby students on the CVC service trip to New York City during spring break 2010.

population lives below the poverty line. In response to the needs of the local communities, there are many services, organizations and people who are working to provide the Waterville area and its neighboring towns with support. This leaves an undeniable need for volunteers to help maintain such valuable agencies. CVC student volunteers make up

a large portion of these volunteers.

The CVC, located in Diamond 111, is a student-run organization that runs twelve ongoing volunteer programs in the local community and hosts special one-time events throughout the year. All of our programs and events are fundamentally dedicated

to meeting the needs of the greater-Waterville community. Our programs, which generally require a semester-long commitment, range from volunteering in the local homeless shelter, animal shelter, or teen center, to working in the new, affordable community market, to different programs that work with children in local schools. Our one-time events provide an opportunity to volunteer with an

event-focused, day-of commitment. This fall, we will be hosting a Halloween Extravaganza on campus for local kids, which in the past has included dorm trick-or-treating and Halloween-themed games, all with the help of Colby student volunteers. The CVC also hosts Colby Cares Day in the spring, an annual event where over 300 Colby students go out into the

local community to help with spring cleaning, painting, trail work and more.

Volunteering with the CVC is a great way to get off of the Hill and give back to our own community, as well as to work with and get to know other Colby students from all years, majors and interests. Instead of feeling disconnected from the community we are surrounded by, students who volunteer with the CVC consistently feel as if they have become a part of the Waterville community. And, for many Colby students, volunteering through the CVC is a continuation of incredibly valuable community service work that they did in high school.

If you already know you would like to volunteer or you would like to hear a little bit more about us, feel free to stop by the CVC of-

fice, Diamond 111. You can also e-mail us anytime at cvc@colby.edu. Our website, Colby.edu/CVC, has a complete listing of all of our programs, and you can sign up online if you already think you know for which program you would like to volunteer. We will have a table at the Campus Life Expo on September 14, so stop by and say "hello!"

The Maine way from campus to Boston & Portland!

COLBY COLLEGE - PORTLAND - BOSTON - LOGAN AIRPORT					
SOUTHBOUND		No. 73	No. 77	NORTHBOUND	
LV Colby College ME		12:30pm	& 3:20pm	LV Logan Airport MA	
LV Augusta ME		1:15pm	D 3:45pm	LV Boston MA	
AR Portland ME		2:25pm	4:45pm	AR Portland ME	
LV Portland ME		2:30pm	5:00pm	LV Portland ME	
AR Boston MA		4:25pm	6:55pm	AR Augusta ME	
AR Logan Airport MA		4:40pm	7:10pm	AR Colby College ME	
				4:45pm	
				#D 8:05pm	
				#D 11:00pm	

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FIND f FOLLOW G

Oak Institute welcomes human rights activist

By ALLISON SEIDEL
CLASS OF 2011

Since its establishment at Colby College in 1998, the Oak Institute for the Study of International Human Rights annually brings a prominent frontline human rights activist to live, work and teach on campus during the fall semester. During the course of the semester, the Oak Institute organizes a series of lectures and other events in coordination with the Fellow to introduce Colby students, faculty, staff and the wider Waterville community to a specific field in human rights activism.

For the 2010 Oak Fellowship, the Institute is excited to welcome Jestina Mukoko of Zimbabwe to our campus for the fall semester. Mukoko is the National Director of the

Mukoko's presence on campus this fall offers an exciting opportunity for the local community to learn about human rights in Zimbabwe.

Zimbabwe Peace Project (ZPP), a non-government organization that monitors and reports on human rights abuses occurring throughout the country. The ZPP provides the international community with accurate assessments of human rights violations including violence against women and political-biased distribution of food. The organization played a crucial role in the documentation of political violence that surrounded the 2008 presidential elections.

Mukoko was abducted from her home on December 3, 2008 just outside Harare by armed men presumed to be state security agents. During her 21 day abduction, she was beaten, tortured, denied medication and forced to confess to a crime she did not commit. She remained detained until a court granted her bail on March 2, 2009. Mukoko has won

numerous awards for her human rights activism and her work promoting peace in Zimbabwe, including the 2010 International Women of Courage Award from the U.S. Department of State, the 2009 NANGO peace award and the 2009 Laureate of the City of Weimar Human Rights prize.

During her stay at Colby, Ms. Mukoko will teach a one-credit course titled IN111: Incarceration and Human Rights: The Challenges Facing Human Rights Defenders. In her class, Mukoko will provide students with a unique and learned insight into the field of human rights monitoring in Zimbabwe. She will cover topics that will give context to the current crisis in Zimbabwe including colonial rule and the struggle for liberation, land reform and the adoption of violence, human rights and incarceration in present-day Zimbabwe, human rights in Africa, prison conditions in Zimbabwe and also the flawed elections of 2008 and the current unity government.

In order to provide additional context for Mukoko's work at Colby, Oak will bring several speakers to campus to elaborate on Zimbabwe's current crisis and this

year's theme: incarceration and human rights. On September 29 at 7 p.m. in Ostrove Auditorium, Tawanda Mutasah, Executive Director of the Open Society Initiative for Southern Africa (OSISA), will set the stage for Mukoko's work with his lecture on the historical factors that influenced the current human rights situation in Zimbabwe. Information on the other Oak events in 2010 can be found on the Oak website: <http://www.colby.edu/oak>.

While hosting Mukoko, the Oak Institute will also prepare for the 2011 Fellowship on poverty and human rights. The Institute is currently accepting applications for activists who work for the rights of the poor, who have extensive experience abroad and who are in the need of respite due to the stressful nature of their frontline humanitarian efforts.

Mukoko's presence on campus this fall offers an exciting opportunity for the local community to learn about human rights in Zimbabwe. The Institute welcomes the entire campus and surrounding community to take part in its events during the fall semester and learn about incarceration and human rights.



Jestina Mukoko, the National Director of the Zimbabwe Peace Project, is the College's 2010 Oak Fellowship recipient.

Pugh Center celebrates diversity

PCB continues to bring events from the world to the Hill.

By NICOLE SINTETOS
PCB CHAIR

Hello class of 2014! During this jam-packed week of moving, COOTing and all around orienting, I wanted to take a moment to say welcome to Colby! My name is Nicole Sintetos, and I am this year's chair of the Pugh Community Board (PCB), our student run multicultural programming committee.

Our office is located on the second floor of Cotter Union, although you will often see our board in the Pugh Center for our weekly meetings. The Pugh Center is a space that is open to the entire student body and promotes intercultural communication and collaboration throughout the campus. "Home to 14 student offices ranging from SOBHU (Students Organized for Black Hispanic Unity) to the Women's Group to our

Student Government Association, the Pugh Center can be both a social, educational and leadership outlet. The PCB works closely with the Director of the Pugh Center, Dean Shontae Praileau, to program multicultural events such as coffee houses, concerts, lectures, workshops and performances throughout the year for the Colby community.

For example, our first event is hosting four slam poets on September 23 in collaboration with Colby Admissions and the Pugh Center. To give you a sneak peak of the talented slam poet performers, José Vadi is a 24 year-old writer and performer from Los Angeles and a two-time national slam poetry champion.

Joshua Benner is a three-time national slam poetry champion from Yonkers, NY and has shared the stage with artists such as James Earl Jones, Halle Berry, Will Smith, Beyonce and Saul Williams.

Jamaica Heolimeleikalani Osorio is a Native Hawaiian student at Stanford University who was asked to read poetry in 2009 at the White House for President Barack Obama and his family.

Last but certainly not least,

Margarita Alcantara is an accomplished magazine editor and activist within the Filipino, Asian Pacific Islander, feminist and LGBT communities. Her spoken word performances explore a wide variety of issues such as immigration and women's labor.

Also, on October 1 PCB is collaborating with the Theater and Dance Department to bring the African American choreographer Kyle Abraham and his company for a stellar performance of his work entitled *The Radio Show*.

Considered the next big thing in dance, Abraham mixes a musical score of classic soul and hip hop with contemporary classical compositions for a unique performance not to be missed. *The New York Times* recently commented that Abraham's "continuing investigation into contemporary culture is to be applauded and encouraged. It's smart, self-aware and luscious

too: the complete package."

However, my first-year friends, this is just the start to our fall programming—keep your eyes peeled for our annual festival in the Pugh Center called the Pugh Club Palooza and many more coffee houses, concerts and speakers. No college campus would be complete

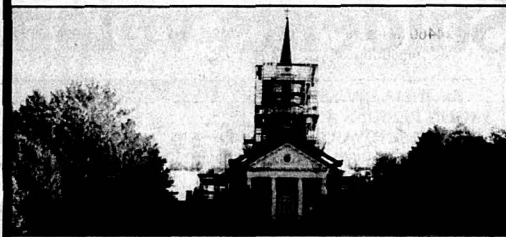
Home to 14 student offices... the Pugh Center can be both a social, educational and a leadership outlet.

without a PostSecret event, and we will be rounding off the semester with our own community display in the Pugh Center.

To meet our board, learn how to get involved or suggest a multicultural event, stop by the Lower Programming Space (LoPo) in Cotter Union from 8:00-10:00 p.m. on Wednesday, September 8 for our first-year orientation event! Expect tons of great food (everything from chocolate to quesadillas) and snazzy t-shirt making to get you geared up for your first Loudness.

For further information, please e-mail ngsintet@colby.edu.

Practicing religion on the Hill



COLBY CHRISTIAN FELLOWSHIP

CCF is a chapter of the national organization InterVarsity Christian Fellowship. CCF provides opportunities for fellowship, worship, prayer, Bible study and Christian service. The office is located in the Pugh Center. For more information on Protestant worship, contact Rev. Dr. Alice Averman at aanderma@colby.edu.

COLBY MUSLIM GROUP

The Colby Muslim group is a student organization that brings together Muslim students on the Colby campus and organizes religious and social activities for its members and the campus community. The group also aims to inform the Colby student body about the religion of Islam and to clarify all stereotypes and misconceptions related to it. Joining the group is open to all non-Muslims with no restrictions. The group maintains a permanent office room in the Pugh Center that is used for prayers, meetings and socialization. The room also contains an extensive library of books and videos about Islam that is accessible to the community. For more information on Islamic worship, contact Professor Sakhi Khan at skhan@colby.edu.

COLBY NEWMAN COUNCIL

The Catholic Newman Council is a Catholic organization on campus that provides for the spiritual needs of the campus community as well as fundraising for an adopted charity, the Mid-Maine Homeless Shelter. Activities include the annual coffee social and a cappella concert, Thanksgiving Hunger Fast, Divided World Banquet, group dinners, fun activities and faith-sharing activities with other students. The office is located in the Pugh Center, and mass is celebrated Sundays at 4:30 in Lorimer Chapel with Father Dan Baillargeon. For more information on Catholic worship, contact Fr. Dan Baillargeon at dbaillar@colby.edu.

COLBY HILLEL

The Hillel Club, which provides cultural, religious and social opportunities for Jewish and non-Jewish students. Students meet Friday evenings in the Hillel Room in the Pugh Center for informal Shabbat get-togethers when candles are lit, Kiddush is sung and challah is blessed. They plan holiday celebrations for Chanukah, Purim and the Passover Seder. They also organize films, discussions and participation in the annual Lipman and Berger lectures, which bring prominent speakers to the Colby community on topics of current Jewish interest and on the Holocaust. For more information on Jewish worship, contact Professor David Freidenreich at dfreiden@colby.edu.



Last spring Angela Davis visited the College during the Pugh Community Board's annual S.H.O.U.T. weekend. Davis addressed the problems associated with the prison and education systems in the United States.

Getting acquainted with the Health Center

By **DR. PAUL BERKNER**
MEDICAL DIRECTOR

Hours

Students can make appointments Monday-Friday 8:00 a.m.-4:00 p.m.

Quick Info

x4460 for appointments, counseling services, physical therapy
x5911 for emergencies

Emergencies

Call x5911 to reach the Security Office. Transport to MaineGeneral Medical Center will be arranged, by ambulance or other appropriate means.

Excuse Policy

Practitioners and nurses do not routinely give notes or phone messages to excuse students from class. Students should speak with their professor regarding academic responsibilities.

Charges

Health Center visits are free of charge except for medications, immunizations and some lab tests. STD testing and HIV tests are available at low cost or free. We accept all major credit cards/cash/ColbyCard in case charges are incurred.

Appointments

Call x4460 to schedule appointments with practitioners, Monday to Friday, 8:00 a.m. - 4:00 p.m.

During appointment hours please check in with the receptionist.

Appointments can be made for routine visits or urgent problems. Examples include: asthma/wheezing, urinary tract infections, lacerations or cuts, sprained ankles, nausea, vomiting, diarrhea, bronchitis, sinus infection, eating concerns, STD and HIV

for foreign travel, flu shot clinics during October and November and suturing of lacerations during practitioner hours are also available. Same day appointments are available for urgent problems.

Physical Therapy

Physical therapy is also an inte-

Insurance

All full-time students are required to carry health insurance while attending Colby College. Please consult with your insurance carrier regarding specific coverage questions. There is no charge for overnight care at the Health Center.

Counselors are located in the Garrison-Foster building. Students can request consultations for: concerns about academics, friends and family, body image and eating concerns, problems of sexual orientation, depression, issues of diversity and color, stress, relationship issues, dealing with death and dying, anxiety and panic or any other concerns.

Alcohol and Drug Concerns

Confidential evaluations and ongoing counseling are offered. If you have concerns about either your own substance use or that of a friend, you can make an appointment to see the drug and alcohol counselor by calling x4460.

Confidentiality

All health service encounters are treated with confidentiality. Counseling Services information and records are kept separate from a student's medical record, and information is not shared with anyone without the student's specific written permission. The only exception to this is if we believe a student is a threat to themselves or another person. Likewise, information from the medical record is not given to anyone—friends, professors or even parents—without the student's permission.

Counseling Services

Appointments with Counseling Services are made through the Health Center receptionist (see "appointments"). For "after hours" and urgent situations, students should call the nurse, x3394.

More

For further information on topics such as lab charges, the student insurance policy and for more detail on health services at Colby, refer to the student handbook, the Colby website or one of the numbers listed.



The Garrison-Foster Health Center is open for appointments from 8:00 a.m. to 4:00 p.m. Monday through Friday and helps students take care of their physical and mental health.

testing, pregnancy testing, women's health exams, Pap smears, birth control, emergency contraception (morning-after pill), physical exam to go abroad or for a job, prescription from home doctor or any other illness or injury. Allergy shots, immunizations

gral part of Colby's health services. Located both in the Health Center and in the Nelson Center, you will need to make an appointment with a practitioner for a referral unless you have been referred by a varsity coach.

Colby students know how to put on a show

By **CECILIA CANCELLIERI**
PRESIDENT OF POWDER AND WIG

Whether you have years of experience, have never stepped foot inside of a theater or are somewhere in between, Powder and Wig wants to welcome you into the crazy theatrical world of Colby. We are Colby's student theater group, and we write, direct and perform plays and musicals every year.

Our first project of the year is already upon us: the traditional one week musical. This year, we are putting together the cult classic *Little Shop of Horrors* in merely nine days! All who audition are guaranteed a part, and it is an awesome way to meet new and exciting people.

If acting is not really your forte, but you really want to be a part of this show, we are looking for people to help with tech. Experience is not necessary. We

are more than happy to teach.

Auditions will be held on September 8. Information about location and time will be available in the General Announcements very soon. We will ask you to sing a bit of any song of your choice, read a passage from the script, and learn a short dance routine. *Little Shop* will have performances on September 17 and 18 at 7:30 p.m. and a midnight show on September 17.

Powder and Wig has a number of other shows this coming year, ranging from critically acclaimed classics to two student written productions. Visit our call board in Runnals lobby for details about our season! We also organize a number of events, such as a 24-hour film festival during JanPlan and a Masquerade on Halloween weekend.

If you have any questions, feel free to contact any of the board members. I promise we are friend-

ly and very eager to get everyone with any interest involved.

2010-2011 Season

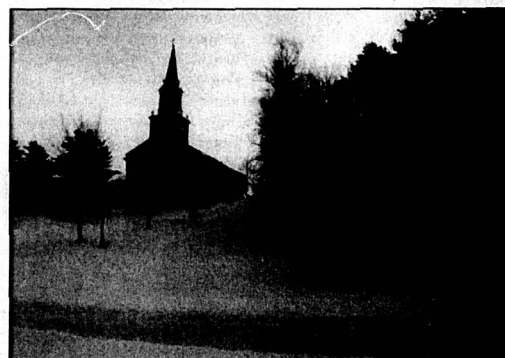
Little Shop of Horrors
The Importance of Being Earnest
The Laramie Project
Reality Games
The Red Eye Film Festival
The Trial of God
Inherit the Wind
Almost, Maine
Frozen
Give Sis a Smile
The CBB One Act Festival

Board Members

Cecilia Cancellieri, *President*
Laura Miller, *Vice President*
Lena Frostestad, *Production Manager (Fall)*
Lucy Wilhelms, *Production Manager (JanPlan/Spring)*
Daniel Echt, *Social Chair*
Tyler Parrott, *Publicity*



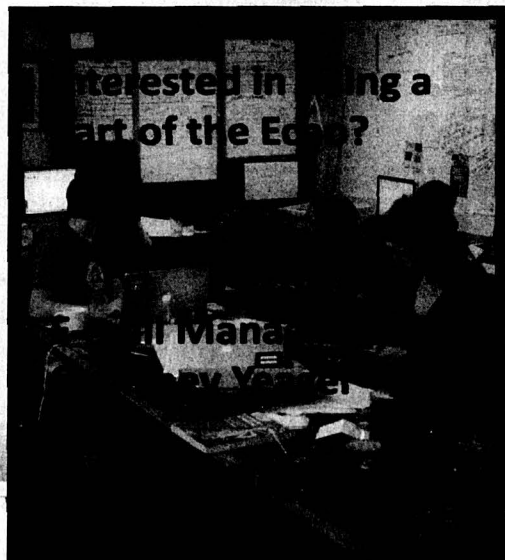
Colby students gathered in Boston in June for Gay Pride Parade.



Chapel Hill remains a symbol of Colby all year round.



Katherine Gagnon '11 performs in Grease with the College's own president, Bro Adams. The show was put together in a week and performed during last year's fall semester.



How to go green on the Hill

By **SARAH SORENSEN**
CLASS OF 2011

Being green isn't a chore. It is a conglomerate of little everyday actions we all undertake for the betterment of our selves, our society and our planet. It need not interfere with your lifestyle and over time becomes second nature.

There are easy ways that you can practice sustainable living at Colby which will in the end benefit both you and the environment. I could tell you to be cool, save water and shower with a buddy, but then again who is really paying attention to time or water use in that particular situation? Instead, I offer some sustainable living tips that are reasonable, easy to practice and in some cases economically beneficial. Focus on one or two of the 10 tips below if you're new to the green lifestyle, or go for gold (err... green?) and follow them all!

1. Reduce, Reuse, then Recycle. It's better to reduce the amount of resources you use in the first place rather than to use and dispose of them, even if you recycle.

2. Recycling bins for bottles, cans and paper are found in all campus buildings—use them and don't contaminate recycling bins. According to the Environmental Protection Agency, 36 billion aluminum cans entered landfills last year at a scrap value of more than \$600 million. Instead of tossing those cans every weekend, fund your extracurricular activities by cashing in used cans at local redemption centers such as Ioka's.

3. Carry your own personal water bottle and coffee mug. Every year Americans go through 25 million bottles of water, which requires 17.6 million barrels of oil to produce. Campus Secret: if you bring your own mug to the Spa, you get a 25-cent discount!

4. Paper or Plastic? Opt for neither and transport purchases using a reusable bag instead. The United Nations Environment Programme estimates that there are 46,000 pieces of plastic litter floating in every square mile of ocean. Keep our waters clean and BYO Bag!

5. Print readings and assignments DOUBLE SIDED! Each of us uses approximately one 100-foot-tall Douglas fir tree in paper and wood products per year! Earn extra green points for printing two pages to a side.

6. Use the "Bright Colors" setting on the washing machine—it uses cold water, which requires less energy to heat.

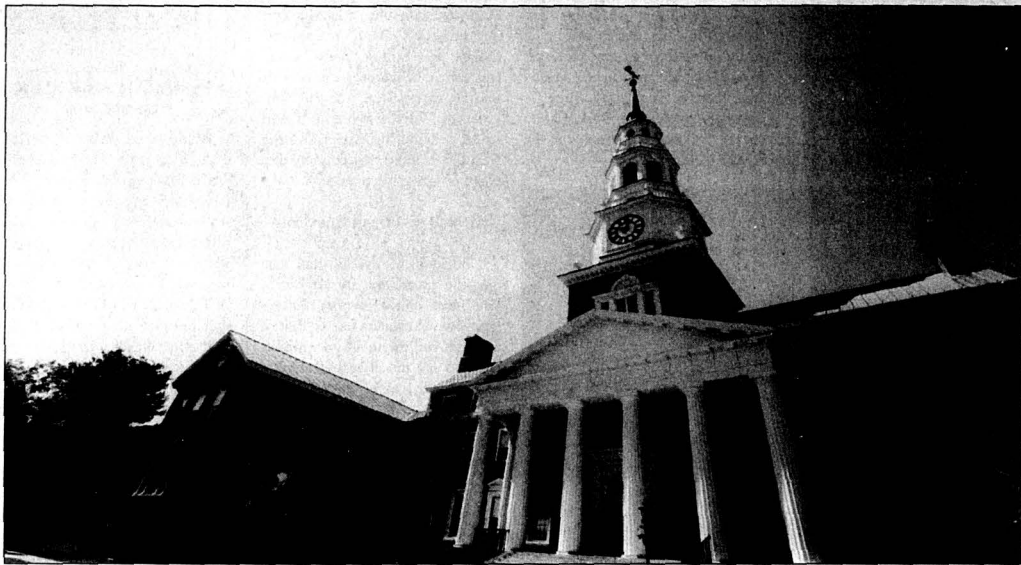
7. Set your computer to "sleep" or "stand by" after several minutes of non-use. Screen savers use the same amount of energy as if you left your computer on.

8. Take only what you need in the dining halls—you can always go back for more. All food waste is composted but reducing waste is best. Also, remember to bring back dishware and to-go mugs. Funds used to replace dishware detract from possible improvements to food and catering options.

9. Save money and purchase second-hand furniture and other supplies (dishes, lamps, storage containers) at thrift stores or at the Colby RESCUE sale before classes in the fall.

10. Purchase used textbooks from the Colby Bookstore, other students or online stores. Make sure to BYOB (Bring Your Own Bag) to buy books!

Getting to know the libraries



Miller Library is the dominating feature of campus and may well be the dominant fixture in your time at Colby. In addition to Miller are the Bixler Art Library and the Olin Science Library. The libraries and librarians are here to cater to your academic needs.

By CLEM GUTHRO
AND
MARILYN R. PUKKILA
DIRECTOR OF THE COLBY LIBRARIES
AND
HEAD OF INSTRUCTIONAL SERVICES

The Colby Libraries will be one of the center pillars of your educational and social experience at Colby. The libraries are great places to do assignments, use a computer, check Facebook, chat with friends, read the news, browse a popular magazine, pick up a good book or DVD or sit with a cup of coffee and just think about the meaning of life. Colby has three libraries, each with its own sense of place.

Miller Library, the big building in the middle of campus with the clock tower, is the largest library; it contains the humanities and social science collections and the most study space. The "Street" in Miller is a busy cross campus thoroughfare and a good place for group projects (check out the group study rooms!) or to hang out with friends. Bixler Library is the "Arts" library with a great collection to support all aspects of art and music. Olin Library supports the sciences, math and computer science. Best of all, you will find personalized help for assignments and research projects at all three libraries.

Each library has great hours and multiple computing resources. All libraries are wireless throughout, support clusters of PCs and/or MACs and provide wireless lap-

tops that can be borrowed for four hours at a time. Bixler's 16-station MAC lab offers software for music and art projects, and Miller has a teaching lab with 25 PCs. There is also an eight-station lab on the Miller Street that is open 24/7.

Not sure how to use the library catalog? Need help with an assignment? Looking for journal articles, pictures, statistics, data sets, DVDs or books? Feel frustrated with Google giving you a million or more results? You are not alone. Check out the library website (<http://libguides.colby.edu/home2>) and talk to a librarian for further help. In Miller, talk to Reference Librarians Peggy Menchen, Darylne Provost, Sara Pahl and Marilyn R. Pukkila. Be sure to talk to Margaret Ericson at Bixler for help with art and music and Suzi Cole in Olin for help with any of the sciences. Marty Kelly can help you with images you might need for a paper or a presentation. Use the "Meet with a Librarian" e-mail form (<http://www.colby.edu/academics/cs/library/meet-with-a-librarian.cfm>), click on the "Live Help" link on the home page (when in session), or text 217-619-0561 to send questions to the librarians and receive personalized help. Better still, come in and talk to us in person.

Need something you can't find in the Colby Libraries? Use NExpress for books and DVDs from Bates, Bowdoin, Middlebury, Northeastern, Williams and Wellesley, or MaineCat to borrow books and DVDs from academic

and major public libraries in Maine. Need something else that could be at Harvard, Berkeley or the British Library? Submit an Interlibrary Loan request and Candice Hinkley and Robin Wiggan will work on borrowing materials for you, whether it is from across the country or around the world.

Special Collections, located in Miller Library, holds literary manuscripts, rare books and magazines, photographs and other graphic materials suitable for individual and group research projects. Special Collections include materials for women's studies, multicultural studies, Maine and regional history, poets (living and dead), World War I, 19th and 20th century American and British literature and Irish literature from the 1880s to the present. It also has a Colbiana or "Colby history" section, which documents many fascinating aspects of Colby's history. Patricia Burdick, Special Collections Librarian, claims there are many College stories just waiting to be discovered by the curious. Stop by and ask her or her co-workers Maggie Libby, Jim Merrick and Erin Rhodes what incunabula are—they've got some!

Get to know the staff you will see at the Circulation and Reserve desks. They can help make your time in the library productive, and they're also just great people to know. They help with checking out books, collecting fines (not that you'll have any!), locating your reserve readings or wrestling

with the photocopiers and at least a dozen other things. They have lots of experience helping students. In Miller, you're most likely to see Eileen Richards, Bob Heath, Lorie McLeod and Amy Heggie. In Bixler you will see Penny Rucksznis and in Olin, Amy Heggie.

Looking for a great flick to watch this weekend? Check out our DVD/video collection on the main floor of Miller Library. Want to listen to something besides music on your afternoon jog or your next long trip? Our audio book collection has fiction and non-fiction titles for your enjoyment on both tape and CD.

Do you have special needs, a suggestion on how to improve library services or new resources we should buy? Talk to Peggy Menchen, Assistant Director for Public Services or to Clem Guthro, Director of Libraries. Wonder who orders, catalogs and processes all the books, journals, DVDs and electronic resources that are available in the catalog and on the library website? Our Technical Services staff: Toni Benner, Joanne Curtis-Allen, Karen Gillum, Toni Katz, Claire Pronnicki and Linda Roy. They provide the information infrastructure that helps you find and retrieve the materials you need. Larry Brown and Mike McGuire help keep all our computers and our library system in top shape. Still have questions? Come on in. We're ready to help you!

A guide to finding cheap textbooks

The Colby Bookstore is not your only option.

By ATHUL RAVUNNIARATH
CLASS OF 2011

There is no doubt that textbooks are expensive. Books cost a fortune, and textbook editions change faster than the research happening, rendering a lot of books out-of-date at the end of the semester. While Colby's Bookstore is definitely the most convenient option, it is not always the cheapest. Here are a few ways you can maximize your textbook buying power if you're willing to do a little research.

The Federal Government passed legislation earlier this year asking colleges to provide a booklist at the time of course registration (SGA also passed a similar resolution in Fall 2009). The Colby Bookstore's website (store513.collegestoreonline.com) displays the booklist for all classes. Now that you can have the booklist well in advance of even getting to campus, you can order books from the most competitively-priced online bookstores.

I'd recommend running a search for all your books (using the ISBN code) on Bigwords.com (a bookstore aggregator). Bigwords will display the cheapest online bookstores to buy your books from. It usually tends to be very cheap and very competitive. Some of the other cheap, but reliable places to buy books are abebooks.com (50

percent average discount, 30-day free return shipping, competitive book buy back prices), half.com (eBay subsidiary, cheap prices, easy to sell books back) and amazon.com (mind-boggling selection of textbooks of all qualities, free shipping if you use your Colby email ID).

Another interesting option is to rent books for the semester. Chegg.com allows you to rent high-quality used books for a 40-80 percent discount and provides you with prepaid shipping labels to send your books back at the end of the semester.

Another alternative for a lot of classes is to buy international editions of textbooks. International editions tend to be 99 percent similar to local editions but a lot cheaper. For example, the textbook *Microeconomics* by Pindyck for EC223 retails at \$159 new, \$120 used at the Colby bookstore. Abebooks.com sells the same textbook, international edition, for \$30 (84 percent cheaper) including shipping from Singapore.

Another option, albeit slightly risky, is to check out the books for your classes from the library, either the Colby library or NExpress. It doesn't work for textbooks, but you can check out most books for humanities classes.

Basically, you're not limited to the Colby bookstore for your books. The options are vast and plentiful and will really save you some money. Good luck with classes.

Support Colby RESCUE

The average college student throws 640 pounds of "trash" into the waste stream each year, much of it in the spring when moving out of the dorms. Many things are still usable: housewares, linens, organizers, furniture, sport equipment, lamps, refrigerators...and more!

Colby RESCUE puts these discards to good use by donating to local charities or selling them back to students when they return in the fall.

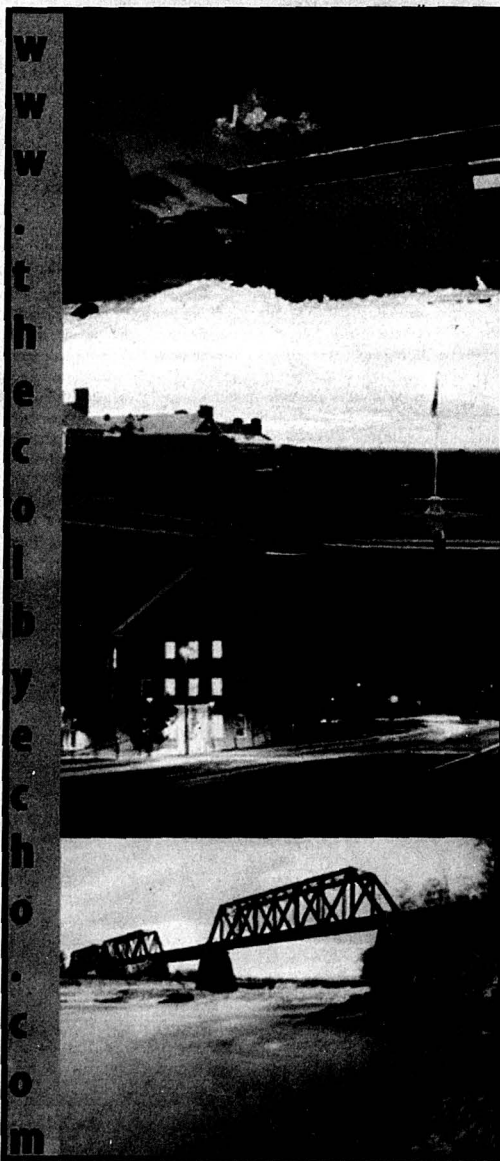
How can you participate?

Purchase "rescued" items in the fall! Some of the "rescued" items from last spring may be just what you need for your room this fall. They are cleaned, read to go and priced to fit any budget.

Before going to the store, look for the "Rescue Sale" when you arrive on campus. It will be held this year on

AUGUST 31 9:00 a.m. - 2:00 p.m.

Make sure that you keep usable items out of the waste stream!



Advice from

Editors of the *Echo*

Investing in a new venture



Michael Brophy '12 is a COOT² leader on Mount Blue B. Look for him on campus and say "hi."

Colby is like the market. Diversify your options and your investments will pay off.

By **MICHAEL BROPHY**
EDITOR-IN-CHIEF

Welcome to Colby, class of 2014. I'm sure over the last few months you've spent countless hours listening to your parents, your extended family, your high school teachers and almost everyone else you know who is older than you talk your ear off about how exciting the next four years of your life will be and how best to seize the various opportunities college life affords you.

This issue of the *Echo* has the same goal. Disguised as a friendly welcoming gift, it is no more than a collection of tips and advice on how to begin your four years at Colby. It comes with two added bonuses, however. For one, it is a great chance for you to hear from various club leaders and administrators who know Colby well. Secondly, it's all in writing, so you can easily shut us up whenever you wish.

Now it is my turn to give you my two cents, and I would like to do so by applying some recent real-life experience. I spent the past summer working in a venture capital firm in my native state of California. If you do not already know, venture capitalists invest in

companies at a very early stage in their development in hopes that the company will one day grown up to be a large, successful company (Google, FedEx and Apple are all excellent examples of successful venture-backed companies). For the purposes of this extended metaphor, you are all venture capitalist investing at an early stage in your college careers.

Over the course of this next year

Once you find the few things you really enjoy and excel at, focus on them.

you will be exposed to many new things. Some things will make you either so excited or so upset and frustrated that you will go on and on about them when you're on the phone with your parents. Some you should probably just keep to yourself. Enjoy these new experiences and soak in as many as you can; the secret to a good investment portfolio is diversification.

Venture capitalists do not expect all their investments to pan out, however, and you too should not expect to succeed in everything you try in college. In

fact, even the most successful venture investors expect a 10-company portfolio to return roughly two great successes, four investments with mediocre returns and four complete failures. But the returns are so great for those few successes that their profits make up for all the losses several times over.

What I'm saying is don't be afraid to fail. Personally, I didn't even know there were so many things I could fail at until I got here. Colby is a great place because it is full of so many bright and talented people. Unfortunately, that means that when you try new things here, you are likely going to discover somebody who is better at them than you are. Don't be discouraged by these discoveries. Just know that if you keep looking, eventually you will find your home-run investment that will more than make up for all the failed investments you tried along the way.

Once you find the few things you really enjoy and excel at, focus on them. Or as one of the greatest investors of all time Andrew Carnegie put it, "put all your good eggs in one basket and watch that basket!" Give as much energy as you can to whatever academic field, club or other interest that really gives you the most joy. For as Duncan Stuart said, "happiness is a dividend on a well invested life."

Your life on the Hill will go by faster than you can imagine. Invest your time wisely.

These are the best years of your life

College happens outside of the classroom as well. Embrace those moments.

By **COURTNEY YEAGER**
MANAGING EDITOR

So you've packed your warmest clothes, promised your lifelong best friends that nothing will ever change and waved to your nostalgic parents as they prepare to follow I-95 back to your childhood home. College is new to you. Right now, you may be hoping that these four years will be the best of your life, or you may be wanting to call your family, begging them to make a U-turn and take you back to the familiar.

Regardless of how you're feeling about your first bout of independence, stop and consider: most of you will only have four years here, and by the end of your tenure, you'll be wishing that they had lasted a lifetime.

I remember leaving the Midwest two years ago riddled with questions and fears—none of which subsided after I moved in and met my roommate. (She's from New York? She'll never want to be friends with me.) And sitting for the traditional freshman group photo didn't help either. (Why is everyone wearing Sperry's?) I was so afraid that my fellow students were judging me based on the clothing I wore or the brand of sunglasses on my head that I had completely forgotten my reasons for coming to Colby in the first place.

I'm sure your reasons for choosing Colby were a lot like mine. Students here are friendly to everyone. No one cares which country or state you hail from—unless you're from "20 minutes outside of Boston." Then you might be judged. But seriously...we all picked Colby for the esteemed professors, the small class sizes and whatever other impressive information in the brochure convinced you to become a Mule.

As you'll experience, all of

these valid claims render Colby College an exceptional liberal arts institution. Yet it's the people whom you meet at Colby that will convince you to stay and make you never want to graduate.

My trendy roommate and I are beginning our third year as best friends and roommates. And the girl whom I sat next to during the Class of 2012 photo? We vacationed in Mexico during spring break last year. Outsiders may think our campus is too

hone my Italian skills for studying abroad, my excitement is somewhat muffled by the realization that when I return from Italy, I will only have two semesters left at this school.

Colby received me as a freshman. I was alone and unsure—but eager. As I traveled through circles, seeking my niche, I discovered the primary difference between college and high school: you don't have to choose one group of friends. The sooner that you realize this, the more you will get out of your undergraduate experience.

Now, I'm not advising that you abandon your studies in favor of fun, but you can choose the rules you'll abide by for the next four years. What's the point of studying hard if you're not having a great time with fantastic people while doing so?

So make an effort to take advantage of Colby. Don't ignore the oversized slip-n-slide on Chapel Hill on warm Saturdays in the spring. Don't spend every Sunday on the third floor of Miller Library, head buried in your cubicle. Having a blast being a student is never going to be your "job" again, so don't waste a single second.

It's the people whom you meet at Colby that will convince you to stay and make you never want to graduate.

small, but I treat every day as a unique opportunity to strengthen relationships with people whom I know I will see daily until I graduate—and I wouldn't have it any other way.

This spring I will find myself traversing the streets of Bologna, but as I continue to



Courtney Yeager '12 is an English major from Cincinnati, Ohio. The keys to her heart are avocados and peanut butter milkshakes.

Making the most of your time at Colby

Try new things and do what you love. College is not going to wait.

By **ALLISON EHRENREICH**
NEWS EDITOR

Class of 2014—welcome to Colby College. I know I'm not the first to wish you well here, and I probably won't be the last either, but I can't think of a more appropriate way to start off a "welcome issue" advice column. Deal with it. My piece of advice isn't so unique either, but although I may be partial, I believe it is quite important. Here goes: For most of us, college is the last stretch of time in a while that we will be dedicating the majority of our time to ourselves. The real world is fast approaching, people. Don't let these four years pass you by. Get involved. Try new things. Find something you care about and pursue it with passion.

Joining the school paper was one of the best things I did my

first semester here on the Hill. At the *Echo*, I've found a niche, and I've found something that I

love to do with people that I've come to love. Plus, when I wear my *Echo* shirt around campus, there's no need for introduction—people immediately know that I'm cool.

No, this isn't a ploy to get you to write for your school paper (although I highly recommend it). My goal here is to encourage you to get involved on campus. Why not spend your college years doing something you love?

Now, I'm not saying that you should join every club, attend all lectures or jump out of your chair at any opportunity to volunteer—that's simply insane, unless you're superhuman or own one of Hermione's time turners (I've always wanted one of those babies). However, clubs here are open, and it doesn't make sense not to try something new and exciting.

Grab a roommate or a friend

to go to the meeting, or just fly solo, but give it a shot. Mentor with Colby Cares About Kids. Look into doing work downtown through the Colby Volunteer Center. Go on a hike with the Outing Club. Check out the Pugh Center. Find what you like and go for it. Why not? Why wait until senior year to kick yourself for never having tried to throw a pot with the

Integrate yourself into the community, meet new people and make a connection to something you care about.

Ceramics Club? Or to attend Passover dinner with Colby Hill? Or to have a fresh baked cookie over tea at the

International Coffee Hour?

There's a little something for just about everyone, a fact that I'm sure our admissions brochures reiterated to you over and over again. So don't be shy—college isn't going to wait for you.

Plus, getting involved is a way to really integrate yourself into the community, to meet new people and to make a connection to something or some group that you care about.

If you take this piece of advice to heart, it'll be worth it—or your money back. Seriously though, getting involved feeds a healthy symbiotic relationship between you, this institution and your peers. And let's be

honest, having passion for something, experience in a specific field and a strong resume to boot can only benefit you in the future.

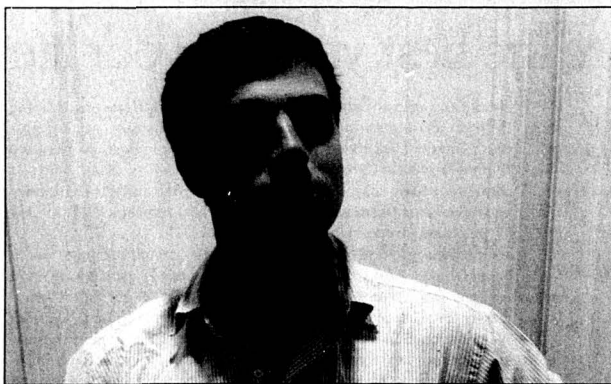
The Campus Life Expo is on September 14 in Dana Lawn. Be

there. Sign up for Amnesty International. Audition to be in an a cappella group or the improv team. Try your hand at quidditch or broomball. Find something to do. We'll all be better for it.



Allie Ehrenreich '12 is an International Studies major and will be studying abroad in Spain this spring. Get to know her while she is still on campus.

A worst-case scenario survivors guide



Eddie Benjamin shares his senior wisdom with incoming first-years.

By **EDDIE BENJAMIN**
CLASS OF 2011

Although this may be more information than you need to know, I have quite the bathroom library collection. My favorite of these books is by Joshua Piven and David Borgenicht. They wrote *The Worst-Case Scenario Survival Handbook*. This miniature yellow book sits in my bathroom and feeds me priceless information on everything from how to cross a piranha-infested river to how to identify and avoid minefields. This guide gives step-by-step instructions and explanations when necessary.

One day I was thinking about all my experiences at Colby, and I thought, *A Worst Case Scenario Survivors Guide to Colby* would be a great, if not essential, tool for the incoming student. This summer, as I spent hours in my garage repairing bicycles, I had a lot of time to think about my past three years and what a survival guide to Colby would need to include. Here are some of my ideas, based on my personal experiences. I hope many of them you never have to use...

How to survive the gym

1) Do not go during peak hours: 4-6 p.m. The gym gets incredibly crowded, and if you don't

want to be run over by the track/soccer/football/etc. team, it would be wise to get into an early morning routine or an off-peak workout schedule.

2) Find a friend—or be the friend—with a car that likes to work out. You'll keep each other motivated to go to the gym, and in the bitter cold, that car ride makes all the difference.

3) Realize going to the gym is not as important as it seems. Under bundles of warm winter clothing, nobody is going to know how you look.

How to survive Sunday morning Dana

Although Dana seems to have many choices, by early December, spending \$10 on a Jorgensen's breakfast sandwich seems pretty tempting.

1) Sober up and find Dana. Don't forget your card.

2) Make your way to the egg line. You're going to end up getting eggs anyway, so there is no point walking around the fruit pretending you're going to be healthy.

3) Get some ice cream. One of the best things about Colby is that you can get ice cream any time of the day. There is no better time than Sunday morning breakfast (maybe that's just me talking).

How to survive a Page Commons dance

1) Fist pump and dance like an idiot. You'll blend in perfectly.
2) Take a break and go get some chicken nachos and a bbq chicken quesadilla at the Spa.
3) Reevaluate bringing that sloppy dance partner back to your room. While nobody is going to remember that hook up on the dance floor, you might not want the added memories of a sleepover.

How to survive falling asleep in class

It happens to the best of us. Your eyelids are getting heavy. You can't remember the last 10 seconds of the lecture...oh, another 35 minutes to go?

1) Do not let the professor know you're tired. Immediately ask a question; this will wake you up and ensure you won't be called on in the near future.

2) Knock/discreetly punch yourself in the back of the head. I don't know why this works, but it does...something about the blood flow.

3) Beez.

How to survive Walmart

1) Navigate the parking lot. Choosing between low prices and food center might be one of the most difficult decisions of the day.

2) Wave/greet the other Colby students who will inevitably be strolling the aisles.

3) Don't ask employees for help. You're better off learning the store layout...potato chips and seltzer waters are at the back right, glow sticks and silly string are at the far left, and come March, St. Patrick's Day supplies are in the middle by the costume jewelry.

How to survive Loudness

1) Commit to the holiday. Grab some energy drinks, put down the textbooks and turn up the music. You won't get sleep anyway.

2) Don't immediately buy a t-shirt. Think about whether you will wear it beyond the next 48 hours, if you even like the design and the fact that it will go on sale on Monday.

3) Make a sweet costume and cover it up with a coat. Liquid coats work well.

However, in all seriousness, simply surviving at Colby is really not what is most important. You should concentrate on how to thrive. In my opinion, in order to thrive, you must get involved. You have to experiment with different parts of Colby by trying everything. Almost all of my memorable moments in the past three years came from joining in. When I look back on my time at Colby, I remember listening to bagpipes on the steps during our favorite March holiday, an everyman-for-himself chaotic fight in a fencing class, winning an axe throwing competition in woods-men and even peeing my pants on stage in front of 300 people at an a cappella concert (true story). I have realized that it's when I get involved that I learn the most and have the most fun.

Join some clubs, take some interesting classes (it doesn't cost anything extra to fill your schedule), try out for the musical, go to the etiquette dinner, buy some cool Colby t-shirts and talk to some people with whom you never thought you would be friends. The worst way to spend 50 grand a year is to sit around letting all these fantastic opportunities pass by. College is an amazing time to do things you will never get to do again in your life. Lower your inhibitions. Live it up.

So go to that page dance, use your meal credits to have a bbq and go to a cappella shows. Make the most of your time here, and your time at Colby will be incredible.

"Four years in limbo"

By **MICHAEL LANGLEY**
CLASS OF 2013

By now, reality is probably starting to set in. Your parents have packed up and left. You have been given a frightening looking packet of forms and information. You would very much like to lie down on your bed and think for a few minutes, but there are upperclassmen wearing matching t-shirts who could not possibly be this excited unless they have spent the last two weeks running around the hill snorting amphetamines, upperclassmen who will stop at nothing to get you excited about your first year, upperclassmen who will ask you gleefully if you have heard the one about the overweight polar bear and then shout that it breaks the ice before cackling and scampering off to another group of first-years. These are the sanest people you will ever meet.

I detest meeting new people and prefer snorting my amphetamines in the privacy of my own quarters, but I would still like to do what I can to help you first-years. That's why I have put in great effort and sacrificed almost 15 minutes of my own time to jot down some thoughts and advice for you.

Many people will give you the advice that you should just "be yourself." Personally, I'd recommend against this. College is in fact the perfect time to not be yourself. It's a time to reinvent who, exactly, "yourself" is. This can range from very simple adjustments to your appearance to

completely revamping your personality. Take, for example, your haircut. Look to your left. Now look to your right. Both of these people think your haircut looks stupid. It's the same one you've had since the fourth grade! What were you thinking?

But it is also a time to reinvent yourself in areas apart from the superficial. This might be the first time in your life that you've been put into an entirely new social group. That means nobody knows about the time you got violently sick in eleventh grade history class and threw up on the girl sitting in front of you, which was completely blown out of proportion, because it really wasn't that much vomit, and there's no reason why it should have prevented me from getting a date to the junior prom with her. But I digress.

My point, I think, is that many people are scared to try new things. College shouldn't be one of them. By coming to college, you have taken a bold step to avoid the scariest of all new things: real life. You have four years of wonderful limbo before you are forced to think about garbage like paying rent or having a job or why exactly your car sounds like there is a raccoon in its engine (hint: there is probably a raccoon in its engine). You might be nervous. You might have small little questions that seem like the most important thing in the world. But pretty soon, you'll realize something. Coming to college was scary, but you'll be a lot more scared to leave college.



Michael Langley '13 encourages students to make the most of college.

Get up, get out, get involved

By **LAURA MALONEY**
2012 CLASS REPRESENTATIVE

Freshman year will be a wonderful, scary, fun, lonely, busy, confusing and overall oxymoronic year of your life. It may take a few months to truly get your footing, but if there is one piece of advice, some two cents that I can bestow upon you, the Class of 2014, it is this: GET INVOLVED. Colby is a small college, which means that first-years can be leaders within campus life. Don't take it for granted. Try anything and everything. Immerse yourself fully in Colby life. The more people whom you meet, the more you will learn, the more you will grow and the more you will truly love college.

Get involved academically

I will try not to belabor the importance of academics, but I mention it first for a reason. You are

here at Colby to receive an education. Be active in your classes—participate in discussions, talk to your professors outside of class and build relationships with them, seek help when needed, join study groups with other students, etc. Unlike high school, you pick your classes based on what you're interested in, so why not fully engage yourself in the material?

Get involved socially

Colby is truly a social college. You will meet far more new people during your first year than any other year in your life. Introduce yourself to as many people as possible. Unlike high school, classes are not the prime time for social interaction. Try talking to people before and after class or make plans to grab breakfast or lunch. It takes some follow-up to polite conversation to develop a friendship. Also unlike high

school, there is no social divide between grades. Though I am a junior, half of my best friends are seniors. At Colby, there are no restrictions regarding who can be friends.

Get involved physically

Colby is a very active campus—people are constantly at the gym or running the streets of Waterville. There are so many opportunities to be active: rent an iBike and bike around Waterville, Oakland and Fairfield; go swimming at the Hume Center; hike the nearby mountains of Bigelow, Cadillac or, if you're brave, Katahdin; take a walk in the arboretum; join iPlay teams; go skiing at Sugarloaf during JanPlan; or just dance your butt off at Colby dances (a personal favorite of mine!). The more you exercise, the less stressed you will feel. Also as a handy tip, exercise works wonders on a Saturday or Sunday morning to rid yourself of any, ahem, well you know...

Get involved extracurricularly

There are so many student clubs here. Pursue your interests or find new ones. You'll meet great people along the way.

Get involved intellectually

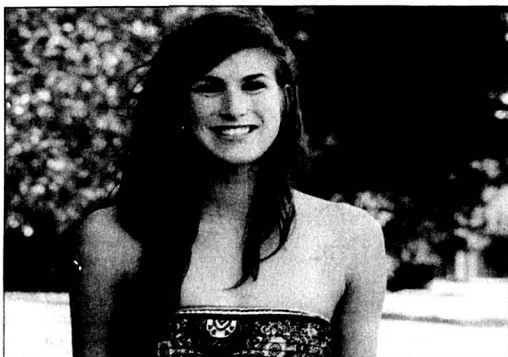
Yes, I know I already covered academics earlier, but for me, getting involved intellectually is not limited to my classes. Colby offers so many academic events outside of class time that I wish I had more hours in the day. Check out the lectures sponsored

by the Goldfarb Center. Often you can sign up to eat dinner with the guest lecturer, which is a great way to both chat intimately with an expert while at the same time taking advantage of Colby's delicious catering service. I try to attend at least one lecture, documentary showing or workshop a week on a topic that either interests me or is completely new. College is a time to expand your horizons, so spend your time learning, not wasting it on Facebook.

Get involved spiritually

I was raised Catholic, so when I came to college I sought out Colby's Catholic masses (every Sunday at 4 p.m. in Lorimer Chapel in case you were wondering). Obviously I understand that many college students are not religious, but if you are curious, college is one of the best times to explore. Attend Colby's Catholic mass, Protestant mass or Jewish services run by Hillel, Colby's Jewish Club, with friends. If institutional religion doesn't strike your fancy, try enhancing your spirituality. Attend the yoga class at 7:30 a.m. on Wednesday in Runnals—you'll be surprised by how popular it actually is. Or just sit on the Miller Library steps at sunset or sunrise (not just for St. Patrick's Day, mind you) and reflect. You will quickly realize that nature in Maine can be quite divine.

College is such a crazy time, but to make the most of it, you truly need to get involved. Don't be afraid—just dive right in.



Laura Maloney '12 advises first-years to "dive right in."

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Colby Athletics prepares for year Everyone (i)play

By MARCELLA ZALOT
DIRECTOR OF ATHLETICS

The Department of Athletics welcomes the class of 2014 and would like to extend our best wishes for an exciting and productive first year. The department has offerings for all levels of athletes and invites you to participate in any level of your choosing.

The intercollegiate program is for the competitive athlete who wants an intense intercollegiate experience. Colby belongs to the Division III level of the NCAA (National Collegiate Athletic Association). On the conference level we compete in NESCAC (New England Small College Athletic Conference), arguably one of the best Division III conferences in the country. Colby sponsors 32 intercollegiate sports, 16 for women, 15 for men and one coed team. For information on the intercollegiate programs offered, please see our web site at www.colby.edu/athletics. If you are interested in trying out for a team, the names, phone numbers and e-mail addresses of the coaching staff are also on the website.

The department also offers an intramural program during the fall, winter and spring. Intramural offerings include soccer, field hockey and flag football in the fall, volleyball, broomball and basketball in the winter and softball in

the spring. Special events take place throughout the academic year and in the past have included a triathlon, a home run derby and a squash tournament. Sign ups for intramurals occur through Campus Life or through your dorm, so watch for these announcements.

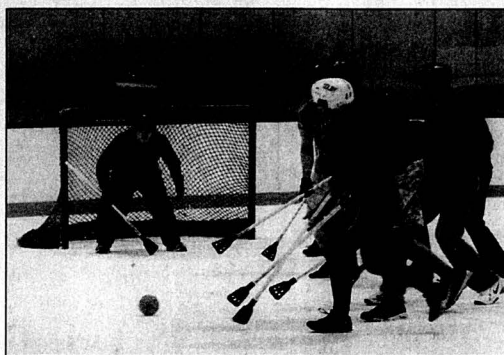
The department oversees club sports that have an athletic component. Club sports are student-run and are offered if there is enough student interest to sustain the club. Club sports that have had sustained student interest recently include men's and women's rugby,

the woodsmen's team, badminton, sailing, frisbee, bicycling, water polo, men's volleyball, fencing and equestrian.

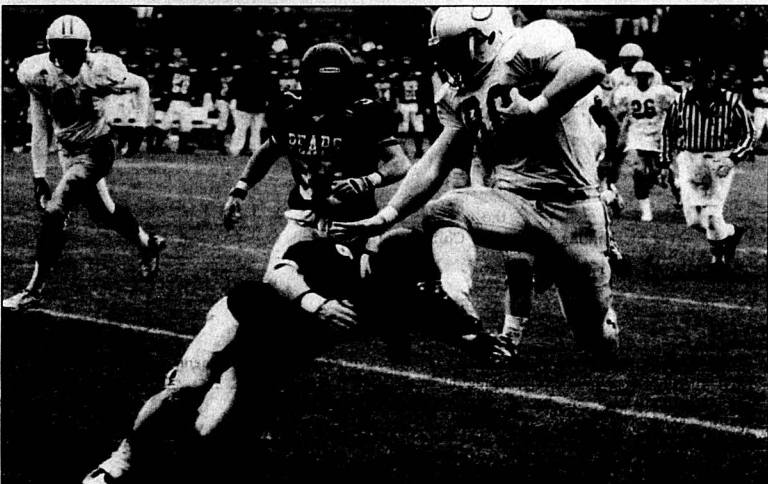
Finally, the Harold Alfond Athletic Center is open 12 to 15 hours a day throughout the academic year. We invite you to come down and use the facilities at your convenience. The facilities include an ice hockey rink, squash courts, basketball courts, indoor track, indoor tennis courts, climbing wall, pool and an aerobic studio. The Alfond Fitness Center offers free weights, selectorized equipment

by Bodymaster and over 25 pieces of cardiovascular equipment. Lifetime fitness classes will also be offered during the academic year. Classes include yoga, aerobics, kick-boxing and fitness training. Check our website during the first few weeks of classes for the schedule. All classes are held in the aerobics room of the Alfond Athletic Center. The schedule is also posted on the door of the aerobics room.

Good luck in the upcoming year and all the best as you embark on your Colby experience.



NICK JODICE/THE COLBY ECHO
Broomball is one of more than 15 iPlay sports on campus.



CHRIS KASPRAN/THE COLBY ECHO
The Department of Athletics sponsors 32 intercollegiate sports: 16 for women, 15 for men and one coed team.

Colby outing club: get outside

By JAKE MARTY
COLBY OUTING CLUB PRESIDENT

As a first-year just three short years ago, I remember feeling overwhelmed, slightly horrified but mostly excited as I made my way through the organized chaos known as the "Campus Life Expo." First of all, everyone is shouting the name of his or her club, your name, or just shouting. Second,

every club looks great. But just as I was ready to give up, the crowd parted and a studly crew of guys and gals were illuminated in front of a large banner that read: "COC: The Colby Outing Club." I signed my name on a piece of dirty notebook paper right then, and the rest is history...

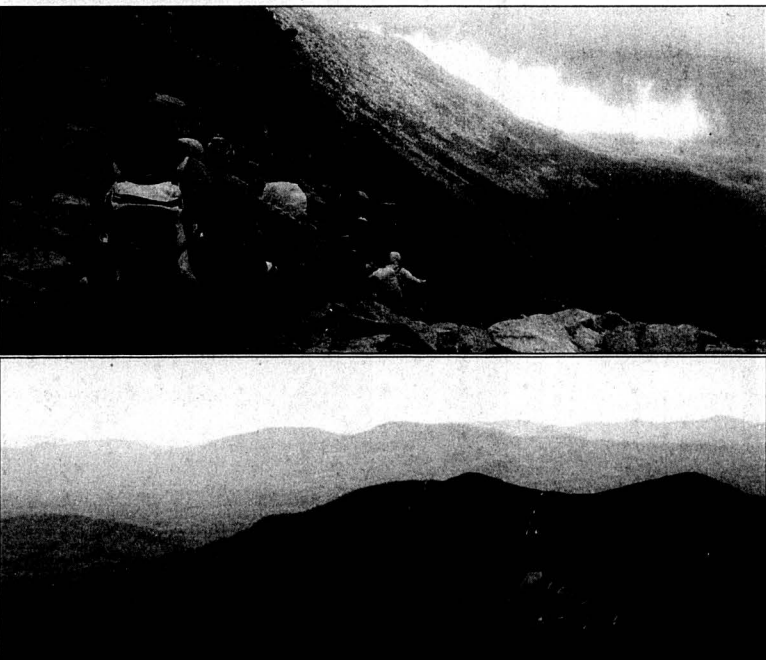
The COC has been around since 1959, and its philosophy can be summed up in two words: *get outside*. And ever since its incep-

tion, that's what we've set out to do. We're the largest club on campus, and we're comprised of enthusiastic faculty, Chaco-sporting outdoor nuts and students who have never spent a night in a sleeping bag alike. Our club is not for 20 or 40 percent of the Colby community—we're ready for all 1,846. Each year we lead trips backpacking, sea kayaking, snowshoeing, hiking, canoeing, telemark skiing, trail running, fly-fishing, cross-country skiing,

biking, whitewater kayaking and maple syruping. And though members are given priority on these trips, everyone is welcome (plus, the good news is you'll be a member anyway). So, for an early summary, there's one way you can get outside: join us on a trip.

Now, interested in getting outside but don't have the gear? When we're not using it on our trips, we rent our extensive gear collection—from mountaineering boots to ice skates—to our members for their personal use. Feel like you don't have the skills to conquer the wild? The COC sponsors multiple, outdoor education opportunities including wilderness skills taught by our trip leaders, seminars by outdoor professionals and wilderness medicine certifications. Or simply looking for a stellar group of people who love to be outside, love to love all things outside and would love to see you outside? We have weekly meetings to tell stories and plan new events, hold office hours Monday through Thursday to rent and use gear and plan plenty of crazy shenanigans to bring the crew together.

Looking back, signing that dirty piece of paper was the beginning of my involvement with a club that has been a highlight of my time at Colby. I've shared some of my best moments here with the Outing Club. So Class of 2014, now that you're here on Mayflower Hill, it's time to get out and explore. Make the outdoors a part of your time here at Colby and join the outing club—we'll save a corner of that dirty notebook paper for you.



FILE PHOTO
Climbing Mt. Katahdin (above) and West Peak in the Bigelow Range are just two of the COC's annual outings.

A sampling of club sports

THE CYCLING TEAM

The Cycling Team competes with more than 25 other colleges in Division II of the NCCA Eastern Collegiate Cycling Conference. During the fall we compete on the road. Non-competitive student riders are welcome on our training rides, which are held year-round.

THE EQUESTRIAN TEAM

The Colby Equestrian Team is an active participant in the IHSA, a nationwide intercollegiate competition riding circuit. We focus on building rider versatility and welcome members of all experience levels.

THE DAZZLIN' ASSES

The Colby Ultimate Frisbee Team is a coed club sport open to all Ultimate enthusiasts. Colby's team plays other New England colleges and universities throughout the fall and spring seasons.

THE COLBY WATER POLO CLUB

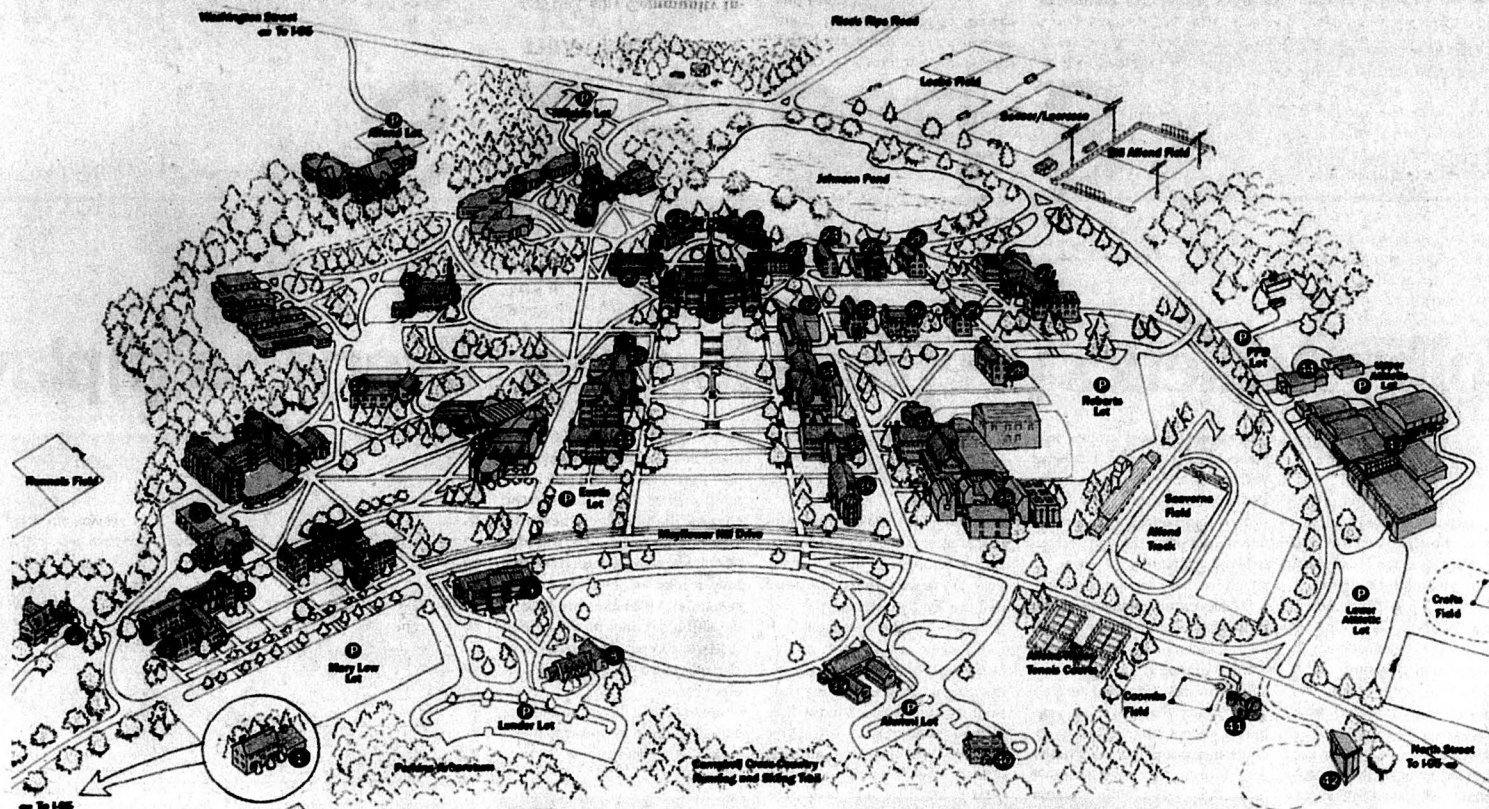
The Colby Water Polo Club competes in the North Atlantic conference of the Collegiate Water Polo Association (CWPA). Our conference includes Bates, Bowdoin, Middlebury, UVM, Boston College, Northeastern and Dartmouth. Each year there are two regular tournaments and a championship tournament.

THE COLBY WOODSMEN'S TEAM

The Colby Woodsmen's Team is a student athletic club. We practice old-time logging skills such as standing-block chop, log rolling, sawing and pole climbing as well as newer events such as axe throw and chainsaw. We travel to about five intercollegiate meets each year in addition to hosting our infamous Mud Meet on campus in March. Our team is coed and open to an Colby students who are interested. No experience necessary—all you need is willingness to learn and a good sense of humor.

THE BADMINTON CLUB

The Badminton Club is a recreational club open to all Colby students regardless of ability level. The club meets two times a week in the athletic center and travels to two or three tournaments a year.

**College Buildings**

1. Millett House
2. President's House
3. Woodman (R)
4. Foss (R)
5. Runnals (Performing Arts)
6. Mary Low (R)
7. Coburn (R)
8. Lunder House
9. Diamond (Social Sciences, Interdisciplinary Studies)

10. Dana (R)
11. Dining Hall
12. Heights (R)
13. Garrison-Foster Business Office
14. Health Center
15. Student Financial Services
16. Cotter Union
17. Page Commons
18. Pugh Center
19. Pulver Pavilion
20. Bookstore
21. Spa
22. Student Post Office
23. Eustis Administration

24. Career Services
25. Dean of Students
26. Off-Campus Studies
27. Lovejoy (Classrooms)
28. IT Services
29. Lorimer Chapel
30. Harold and Bibby Alford Residence Complex (R)
31. Hillside (R)
32. Leonard (R)
33. Marriner (R)
34. Sturtevant (R)
35. Taylor (R)
36. Williams (R)
37. AMS (R)
38. Anthony (R)

39. Mitchell (R)
40. Schupf (R)
41. Averill (R)
42. West Quad (R)
43. Chaplin (R)
44. Pepper (R)
45. Robins (R)
46. East Quad (R)
47. Butler (R)
48. Champlin (R)
49. Small (R)
50. Johnson (R)
51. Piper (R)
52. Drummond (R)
53. Goddard-Hodgkins (R)
54. Roberts

55. Dining Hall
56. Human Resources
57. Security
58. Grossman (R)
59. Treworgy (R)
60. Pierce (R)
61. Perkins-Wilson (R)
62. Mudd (Math, Comp. Sci.)
63. Miller Library
64. Keyes (Science)
65. Arey (Science)
66. F.W. Olin Science Center
67. Bixler Art and Music Center
68. Given Auditorium
69. Crawford Art Studios
70. Museum of Art

71. Jett and Davis Galleries
72. The Lunder Wing
73. The Paul J. Schupf Wing
74. Schair-Swenson-Watson
75. Alumni Center
76. Guest House (Hill Family)
77. Collins Observatory
78. Astronomy classroom
79. Gould Music Shell
80. Harold Alford Athletic Center
81. Alford Ice Arena
82. Wadsworth Gymnasium
83. Physical Plant Department

(R) = Residence Hall

Orientation Schedule, Aug. 31 to Sept. 8

Note: This schedule is tentative and will continue to be updated.

TUESDAY, AUGUST 31
Class of 2013 Check-In
 8 a.m. - noon
 Pulver Pavilion

You must first check-in before proceeding to your residence halls. A number of offices and resources will be on site to share information and answer your questions including local banks, voter registration, iBike, ZipCar, alumni relations, parent programs and more.

Visit the Green Residence Hall demonstration in the Fireside Lounge, Pulver Pavilion. Students from the Environmental Studies program will show you ways you can be environmentally conscious at Colby.

At your residence hall, you will be issued the key(s) to your living space. Keys to a room will only be released to you, not a parent or other proxy. If you fail to sign for a key, please know you remain fully responsible for the use/misuse of your living space.

Project R.E.S.C.U.E.
 9 a.m. - 2 p.m.
 Fieldhouse

Stop by the field house and view quality goods that students left last spring, available at yard sale prices.

Colby Computer Connect
 10 a.m. - 4 p.m.
 Campus-wide

Members of Information Technology Services (ITS) and Student Computer Services (SCS) will be stationed throughout campus to offer assistance in connecting computers to the network. Staff will be available in the following residence hall lounges: Mary Low Coffee House, Dana Lounge, Heights Lounge, Mitchell Lounge, West

Quad Lounge and Pierce Lounge.

Lunch
 11 a.m. - 2 p.m.
 Dana and Roberts Dining Hall

Lunch will be available in Dana and Roberts Dining Halls (\$6.00 for adults and \$3.00 for children 3 and younger). A la Carte options available at the Spa, located in the Pulver Pavilion in Cotter Union.

President's Reception
 3 p.m. - 4:15 p.m.
 Chapel Lawn

You are invited to enjoy a reception with President Adams, vice presidents, faculty members, deans, coaches, admissions staff and student leaders for the class of 2014.

In order to accommodate the large size of the audience, please plan your attendance as follows:

Families whose last names begin with A-L, arrive from 3 p.m. to 3:45 p.m., families with last names beginning with M-Z, arrive from 3:30 p.m. to 4:15 p.m.

Students Line Up for Colby Welcome Procession Representatives
 4:30 p.m.
 Cotter Drive

Colby Welcome and Class Picture
 4:30 p.m. - 5:15 p.m.
 Miller Library Steps (Rain Location: Chapel)

You will process to Miller Library steps to hear welcome remarks from President Adams and Vice Presidents Lori Klezter and Jim Terhune. The class of 2014 photo will also be taken immediately following the welcome address.

Getting to Know Colby College
 8 p.m. - 9:15 p.m.
 Page Commons, Cotter Union

Community Standards, Values and Expectations - Campus Policies, Security, Health Center and

Spiritual Life

PlayFair! for the Class of 2014
 9:30 p.m. - 11 p.m.
 Alford Ice Rink, Athletic Center

You will have the opportunity to participate in this highly interactive ultimate icebreaker. Everyone will be up and moving around! It's entertainment! It's fun!

WEDNESDAY, SEPT. 1
Breakfast
 Dana Dining Hall, Roberts
 open from 7:30 a.m. - 9:30 a.m.

First Class
 10:30 a.m. - noon
 Various Classrooms

You will have your first class of your college career discussing a universal topic throughout the disciplines. You will be contacted individually with information pertaining to their class.

An Introduction to a Liberal Arts Education
 2 p.m. - 3:30 p.m.
 Various Classrooms

What is meant by a liberal arts education? You will meet in small groups with faculty members to discuss the importance of and opportunities provided in a liberal arts education as well as why it is important to learn the lessons specific to the liberal arts approach.

COOT² Fashion Show and C2IT Briefing
 9:30 p.m. - 11 p.m.
 Dana Lawn
THURSDAY, SEPT. 2
C2IT - Colby Community Involvement Trips
 9:30 a.m. - 10:45 a.m.
 Lorimer Chapel

What is meant by community engagement? How does the Colby

fit into the state and the wider world? What does it mean to be an active member of a community and what are the rights and responsibilities that accompany that privilege?

C2IT Experience - Colby Community Involvement Trips
 Noon - 5 p.m.
 Depart from Roberts Parking Lot

Your group will spend the day going into the community and participating in a variety of projects with student leaders. Learn more about your role in the larger community while at Colby and beyond.

FRIDAY, SEPT. 3
COOT² Trips Depart
 7:30 a.m. - 10 a.m.
 Dana Lawn

Be sure to bring your keys with you and lock your room door on the way out! Have fun!

SUNDAY, SEPT. 5
COOT² Trips return
 10:30 a.m. - 2 p.m.

Mayflower Monologues
 8:00 p.m. - 9:30 p.m.
 Lorimer Chapel

A theatrical presentation of students reflecting on their first-year college experiences.

MONDAY, SEPT. 6
Language Placement Exams
 9 a.m. - 10:30 a.m.
 Various Lovejoy Classrooms

You will take necessary language placement exams in German, French, Spanish, Italian and Latin.

Pre-Health Advising
 11 a.m. - 12 p.m.
 Lovejoy 100

Pre-Law Advising
 2 p.m. - 3 p.m.
 Lovejoy 100

Math Placement Interviews
 3 p.m. - 4 p.m.
 Mudd Science Building, 4th Floor

Campus Recreation Programs
 5 p.m. - 7 p.m.
 Campus-wide

Participate in a wide variety of activities designed for group interaction and enjoying the campus resources as well as the outdoors.

Peer Conversations of Alcohol
 7:30 p.m.
 Page Commons

A program where many of your questions can be answered about the alcohol culture at Colby.

A Cappella Sampler
 9 p.m. - 10:30 p.m.
 Lorimer Chapel

Come hear all of Colby's a cappella groups at the same concert: The Colby 8, Blue Lights, Colbyettes, Sirens, Ethnic Vocal Ensemble (EVE), Megalomaniacs, and Colby Improv. Take advantage of this opportunity to figure out which groups you would like to audition for or just to hear some great music!

TUESDAY, SEPT. 7
What is Your Four Year Plan?
 10 a.m. - 11:15 a.m.
 Page Commons

The Career Center is poised to assist you with this new adventure. The Career Center is best known for providing students with career counseling, Colby Connect workshops, programming (alumni workshops and seminars), mock interviews, recruiting, resume referrals, job listings, career resources, reference files, graduate school admissions tests and

web-based resources.

Lunch with Faculty Advisors
 11:30 a.m. - 12:30 p.m.
 All Dining Halls

Individual Faculty Advisor Meetings
 12:30 p.m. - 2:30 p.m.
 Various Offices

This is your opportunity to meet with your academic advisor to chat about Colby, course selections, and plans for the future.

Library Tours
 2 p.m. - 3 p.m.

193rd Assembly for New Students
 4 p.m.
 Lorimer Chapel

Colby begins each new academic year by officially welcoming the newest class of students into this academic ceremony. Hear remarks by President Adams and sign the matriculation book, registering you as a member of the Class of 2014.

First Year Seminar: Think Before You Drink
 6:45 p.m.
 Page Commons

Cookies and Milk Concert Series
 8:30 p.m. - 9:30 p.m.
 Pulver Pavilion

Community Hall Meetings
 9:30 p.m.
 Residence Hall Lounges

Gather with your Community Advisor (CA) to meet the rest of your residence hall community and work to create community standards for your hall. And don't forget about the games and prizes to follow!

WEDNESDAY, SEPT. 8

First Day of Classes