

# The Colby Echo



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## THREE ALCOHOL-RELATED DEATHS IN MAINE LAST MONTH

By BEN HERBST  
EDITOR IN CHIEF

In a tragic series of unrelated events, three young Maine residents have died in the past month due to alcohol-related incidents. These events, coupled with troubling results from recent surveys conducted on campus and a high number of alcohol-related visits to the Garrison-Foster Health Center, have administrators on campus worried.

### RECENT EVENTS

Adam Baxter, 19, a first-year on the University of Maine-Orono men's soccer team died in Portland over the school's Thanksgiving Break. Police and emergency medical technicians responded to a report of a man having trouble breathing and found Baxter dead. A subsequent autopsy by the state medical examiner's office revealed that the death was alcohol-related. It will be five months before the exact cause of death is known.

A week before this, Portland police found 18-year-old Adam Beggs dead in a city apartment, and while the exact cause of death will not be known for five months, it appears to be alcohol poisoning. Witnesses at a party the night before at the same apartment told police that Beggs chugged about three quarters of a half-gallon bottle of Stolichnoff vodka and roughly half of a fifth of another type of vodka. According to police, he was cheered on by 23-year-old Larando Sweeting, the man who convenience store security tapes confirmed had purchased the alcohol.

Just week's before Beggs' death, a first-year student at the Maine Maritime Academy died in an alcohol-related automobile accident on Nov. 4. The driver, Brett Gould, was killed and two other 18-year-old men were injured when he lost control of his car on Route 166, flipping the vehicle.

### ON CAMPUS

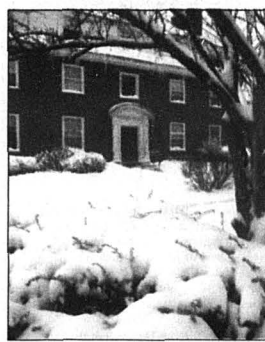
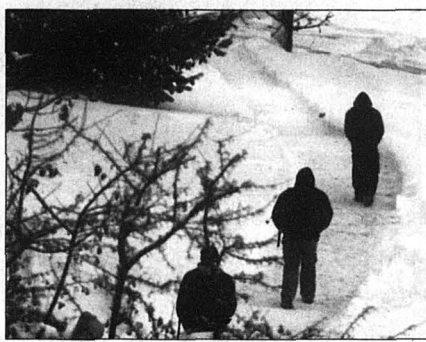
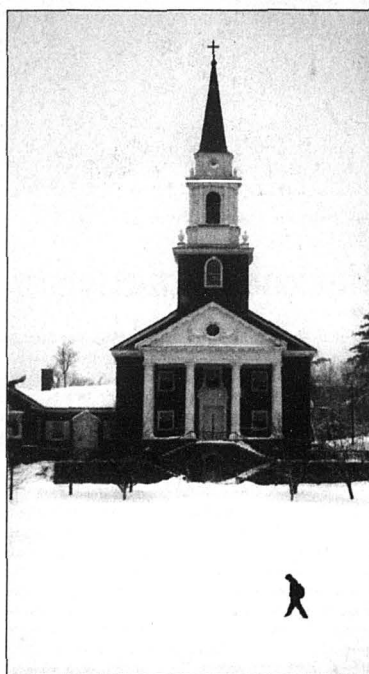
Administrators stress that a general perception exists on campus that if students do not drink and drive, the consequences of heavy drinking are not significant. However, health and legal problems are a very real possibility.

"It's only a matter of time until something happens with us," Director of Campus Life and Assistant Dean of Students Kelly Wharton said, adding, "It's becoming too close to home."

Each year between 75 and 100 students are taken to the health center by friends, Head Residents and Security Officers because they show signs of extreme and dangerous intoxication. Roughly half of these students are brought to the emergency room of MaineGeneral. Last year, four people (two students and two guests of students) were intubated (given a breathing tube), and this fall two more underwent the procedure.

According to Berkner, when this procedure is done, it "means that a student is unable to breathe on their own. If left unattended that student has a significant possibility of death."

The College's alcohol policy originally included penalties for students who visited the health center for a high level of intoxication. However, those penalties were removed when some complained that this policy was a deterrent to bringing students in need of medical attention to the health



Students awoke Monday morning to the first snowfall of the year. As classes were not cancelled, students braced themselves for the snowy trek.

THOMAS BOLLIER & ROB KIEVITZ/ THE COLBY ECHO

## Mayflower Hill gets hit with first winter storm

By BEN HERBST  
EDITOR IN CHIEF

Predictions of a giant snowfall were true Monday and Tuesday, as Mayflower Hill received its first blanket of snow of the year. Total accumulation was about a foot and the Physical Plant Department worked both days to clear paths, roads and parking lots.

"The first snow storm of the year is always tough, but snow during a winter in Maine is never unexpected so

the crews have been preparing for the snow for several weeks. Equipment was serviced and ready, but I suspect many of our staff are pretty sore today," Director of PPD Pat Murphy said on Tuesday.

According to Murphy, "Nearly the entire grounds and custodial crews worked overtime hours for this storm," and other PPD employees—such as carpenters and electricians—pitched in to help clear the snow.

While the snow slowed the pace on campus, the College was mostly business as usual, with the exception of

non-essential employees being sent home Monday at 3:00 p.m. and some canceled classes.

All local schools were closed Monday and Thomas College in Waterville was also closed.

In order to keep the College running, PPD puts in a lot of extra work.

"Some PPD employees came to work as early as 3:30 a.m. on Monday to begin snow removal and the last employee left shortly after midnight. More employees arrived to tackle the snow on Tuesday starting as early as 1:30 a.m.," Murphy said.

While PPD worked to clear snow late Monday students were out in full force, forgetting the stresses and deadlines of the last week of class and enjoying the perfect opportunity to get in some midnight sledding.

As students enjoyed the fresh fall-snow, administrators also warned that Johnson Pond is not as of yet safe for ice skaters. "The ice on Johnson Pond is currently unsafe for foot travel," Director of Outdoor Safety Jonathan Milne said in a campus-wide e-mail.

## Hathaway factory sold to alumnus developer

By CHELSEA EAKIN  
MANAGING EDITOR

The dreams of Rhode Island developer Paul Boghossian '76 came true last week when he and his partner, Thomas Niemann of North Carolina, purchased the former Hathaway shirt factory from the City of Waterville. Renovation of the building, to start in the coming weeks, represents the first phase in a \$65 to 70 million plan to

renovate not only the Hathaway, but also the adjacent buildings in the abandoned Lockwood Mills Complex off of Water Street. "This has been a long journey, but it feels good to be here," Boghossian said.

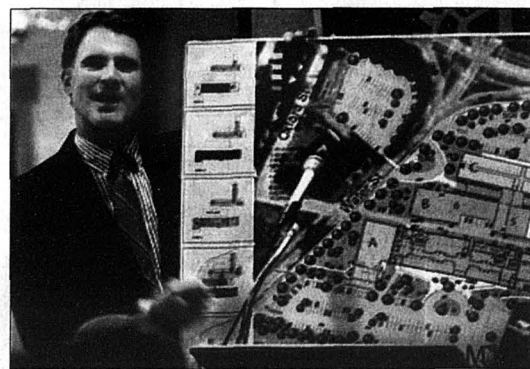
For three years, Boghossian has been spearheading the project to revive the complex that anchors the downtown and renovate it to house apartments, artisan space, offices, restaurants and shops. His plans aim to modernize the structure while at the same time preserve aspects of its historic appeal, such as the lofty ceilings, large 1890s style windows and old wooden staircases.

Already on-board to occupy the

Hathaway are several radio stations, a childcare center, a salon and spa that will offer yoga and pilates, an information and technology firm, a financial services firm and an interior design and home accessories firm. Restaurants and a brew pub are also likely tenants. "Every day brings more inquiries now that we've publicly announced the purchase," Boghossian said. "We're expecting a lot of calls."

The Hathaway will also have 66 apartments for rent on the fourth and fifth floors. Boghossian said he already has a list of more than 130 people who have expressed interest in living there. Apartments are a housing option that is limited in the area and tends to attract a younger crowd not interested in home ownership. "Any person that knows urban studies will tell you for downtown to be

truly vibrant you need people there, 18 hours a day and the only way you get that is by having people live there," he said. "The downtown is pretty vibrant for a Waterville-sized city," he added. "People are committed to making downtown an exciting and neat place to hangout." He



Paul Boghossian '76 plans to renovate the Lockwood Mills Complex downtown.

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pointed to the recent "What's Up Downtown" gathering hosted by Waterville Maine Street and the Goldfarb Center for Public Affairs and Civic Engagement at Jorgenson's Café last week as evidence of this.

The project aims to attract small entrepreneurial businesses with live/work space, an appealing living situation for creative professionals such as graphic and web designers, copywriters and editors and who want to live and practice their trade in the same space. "I've seen it happen in other buildings, where you have a bunch of small entrepreneurs who end up collaborating and creating a symbiotic relationship, which can be

powerful in terms of bolstering the local economy," Boghossian said. He continued to note that these spaces tend to be incubators for jobs.

Boghossian hopes that the renovation of this complex will serve as a model for the rest of the state in terms of what can be done with old industrial sites that exist all over Maine. "It's not good policy for us to be falling millions of square feet of empty unused mill space that's right in the urban cores," he said. "Not only is it not used but it is deteriorating and then to go and build more square footage in our suburbs just doesn't make sense."

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## SGA budget constraints felt by clubs

By ANNA KELEMEN  
NEWS STAFF

Protocol for spending by Student Government sponsored clubs has been revised downward this year in response to past overspending. According to Student Government Treasurer Timothy Williams '08, the budget this year has been cut by \$40,000. This amount reflects both "a retreat back from overspending," and repayment of past deficit spending. Last year SGA overspent its budget by \$70,000 (See the Sept. 14 issue for complete coverage).

Currently, clubs must submit individual proposals for spending to Williams and these budgets are then reviewed by a finance committee. Clubs with recurring expenses may submit a proposal at the beginning of the semester in which they request continuous funding for a specific expense. "The new system [which examines spending] event by event makes it very clear what's being spent and where," Williams said. "It's tough," Williams said, "because clubs spend time piecing together events before bringing proposals to the

There is not much this year that [SGA] has actually been able to fund in full.

Timothy Williams '08  
SGA Treasurer

Oversight Committee and [we] are put in the position to take pieces out of the puzzle and hope [the event] still looks like the big picture it's supposed to be." Although most proposed events are at least partially subsidized, "there is not much this year that [SGA] has actually been able to fund in full," Williams said. At the time of publication, Williams and the Oversight Committee had been able to fund \$123,000 of the \$146,000 clubs have requested this year.

The largest cut in SGA spending was also "the most obvious reduction" Williams said, referring to a blanket reduction of money spent on food and events exclusively for club leaders such as pizza at meetings. Now, when examining proposals for spending, Williams and the Oversight Committee prioritize spending with precedence being given to programs which are "open to everyone and which are trying to build a campus community."

These changes in protocol have elicited a variety of responses from various club leaders on campus. Although Outing Club Treasurer Liz Clark '08 is sympathetic to Williams' current position, she found it initially "frustrating to have someone who doesn't really know what the Outing Club needs...tell us what the priorities of the club should be." The Outing Club currently employs a democratic process through which they determine programs and budget. As the semester has gone on, however, Williams has worked closely with the Outing Club

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Colby Dancers take the stage on Page 10.

# The Colby Echo

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Since 1871

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The Colby Echo is a weekly newspaper published by the students of Colby College on Wednesday of each week the College is in session.

## LETTERS

The Echo encourages letters from its readers, especially those within the immediate community. Letters should not exceed 400 words and must pertain to a current issue or topic at Colby. Letters are due by Sunday at midnight for publication the same week. Letters should be typed and signed and include an address or phone number. The Echo will not, under any circumstances, print an unsigned letter.

Please submit letters in Microsoft Word or text format via e-mail at [echo@colby.edu](mailto:echo@colby.edu). The Echo reserves the right to edit all submissions.

## EDITORIALS

The Editorials are the official opinion of the majority of the Echo staff. Opinions expressed in the individual columns, advertising and features are those of the author, not of the Echo.

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## news briefs

### Rise in cost of birth control on campuses

A change in federal law has meant that young women at college campuses across the country are paying sharply higher prices for prescription contraceptives, a Nov. 22 *New York Times* article reported. The changes to federal law ended a practice by which drug manufacturers provided prescription contraception to health centers at discounted rates. The new rules, part of the Deficit Reduction Act of 2005, came into effect at the start of this year.

The article noted that some college clinics have reported sudden drops in the number of contraceptives sold and that students have reported switching to less expensive contraceptives or considering alternatives like the so-called morning-after pill.

The article noted that Bowdoin College has stopped stocking some prescription contraceptives, saying they are too expensive. The director of Health Services at Bates College told the *Echo* that they had received special pricing on certain birth control pills that are no longer available to the health center, but as all Bates students are required to carry some form of health insurance their co-pay does not change if certain medications become more costly.

Dr. Paul Berkner, Medical Director of the Garrison-Foster Health Center, said "We used to receive reduced rate contraceptives directly from manufacturers because of a federal subsidy...they cut that supplement and what's happened is we have stopped being able to provide certain birth control pills." He said that the changes have limited the birth control options for many women. The health center used to carry four types of birth control pills for ten dollars, whereas now they carry two types of generic pills and in the past year the prices have risen by five to seven dollars. As all students at the College are required to have some form of health insurance, Berkner said that the impact on students has not been huge, however in general "the changes have greatly impacted family planning."

—Chelsea Eakin, Managing Editor

### Research supports tray-less Thursdays

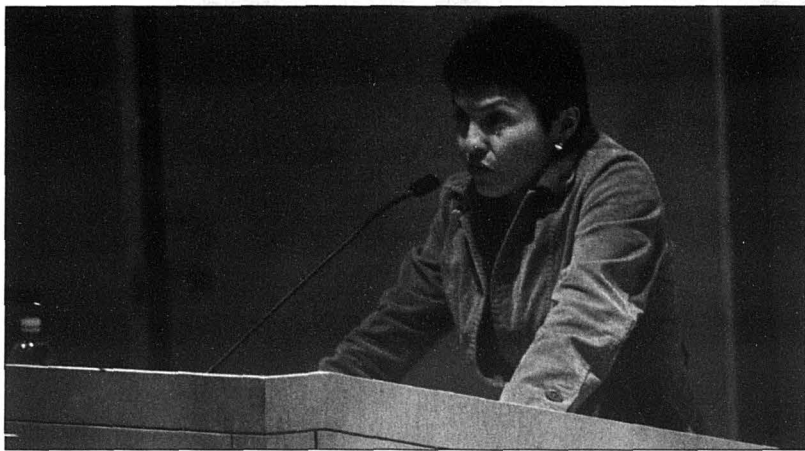
Over the past few months since Tray-less Thursdays began in Dana Dining Hall there has been a strong backlash. A number of students have protested the initiative by leaving large amounts of food on the tables and Joe Klaus, associate director of Dining Services, has received a number of angry comment cards. One student wrote "I will fill up bowls of water on Tray-less Thursday to offset the water you save until trays are returned," and another noted, "I am going to leave the shower running every day." While the fact that students do not use trays in Dana on Thursdays does result in some water conservation, the most impressive outcome has been in the decline in the amount of food wasted.

Based on the results from a food waste survey conducted last week, the average amount of food wasted per student per meal declined 66% from .44 lbs. on a normal day to .15 lbs. on a tray-less day. Last Thursday alone about 575 lbs. were saved by just not putting trays out in Dana. By continuing Tray-less Thursdays throughout the year, savings are expected to range from 16,000 to 30,000 lbs. of post-consumer food waste. Additionally, according to the recent data and assuming that the 1600 students on the meal plan attend approximately 70% of the meals, if the campus went entirely tray-less the savings would be approximately 220,000 lbs. between the two semesters.

The most prominent implication of this decrease in the amount of food wasted is the direct reduction in the amount of food that must be bought and prepared. The huge environmental benefits of this are clear: it decreases the amount of energy used in cultivation, packaging, transportation and preparation as well as the volume of waste that must then be dealt with. The less publicized benefit to minimizing food waste is the decrease in the total cost of food and how that will affect the quality of food served. When discussing this matter, Klaus said, "My budget is fixed for the year. If the food costs are decreased I will have a surplus and can start introducing more expensive, high-quality foods into the average meal plan such as shrimp and top sirloin and it would be hard to find a student who would object to serving better-quality food." In conclusion Klaus said "the question is no longer why have Tray-less Thursdays, the question is why not."

Tray-less Thursdays will continue in Dana throughout the rest of the year and the outcomes will continue to be measured and the findings published.

—Katie Unsworth, Contributing Writer



Oak fellow Nancy Sanchez has been a huge proponent for human rights in Colombia for the past twenty years.

## Oak fellow discusses lifetime of activism

By **CHELSEA EAKIN**  
MANAGING EDITOR

In the final Oak Institute event of the semester, visiting fellow Nancy Sanchez gave her personal story about living and working to defend human rights in her native Colombia. Her talk was followed by a celebration of Colombian culture complete with music and dance, a buffet of food, artwork made by the Beehive Collective of Machias, Maine and posters made by students in the Oak seminar class about Plan Colombia.

The night began with brief outlines made by Sanchez's students about the history of Plan Colombia, originally begun by the United States in Colombia as a counter-narcotics program. Focused on the supply side of the cocaine market, the Plan aims to eradicate the growth of coca, one of the ingredients used to make the drug, by fumigating crops with pesticides that are often used at higher concentrations than are recommended in the United States. After the events of September 11, 2001, the goals of the plan shifted from an anti-narcotic strategy to an effort to protect the Colombian government from the vari-

ous guerrilla groups that exist throughout the country. For the past 50 years, Colombia has been in a state of civil war between government forces, anti-government insurgent groups (Revolutionary Armed Forces of Colombia [FARC] and National Liberation Army [ELN]), and illegal paramilitary groups.

After September 11, the U.S. government started equipping the Colombian government with ammunition, fuel, cargo planes and weapons for its military. Only a small amount of the aid from Plan Colombia reaches the small farmers currently growing coca to help them transition to other legal products. The violent conflict, coupled with fumigation that has had devastating health effects on rural peasants, has displaced nearly four million people.

"I grew up in the middle of war and it was inevitable that I would work in human rights," Sanchez said. When she first got involved in the field of human rights, Sanchez worked for the Regional Corporation for the Defense of Human Rights (CREDHOS). Her first day on the job, her boss told her "If you want to work in this field, you need to be ready all the time." The next day, when a group of people went

missing, Sanchez and others spent two full days searching for them, eventually finding what was left of their bodies. The paramilitary targets human rights workers, and Sanchez has lived through the assassination of three of her closest friends.

Sanchez said she has had to learn how to "let go of fear." She now works as the Southern Coordinator for MINGA, a non-governmental human rights organization. In her day-to-day work Sanchez collaborates with local civic and peace initiatives and organizations, and supports the networks of women, indigenous people and Afro-Colombians. She listens to people who live in regions experiencing war and helps protect leaders who are often suddenly threatened.

To close her speech, Sanchez spoke about the difficulty of balancing her work and her family, which used to be the center of her life. She has had to "give up her family" and distance herself from them in order to protect their safety as the families of many human rights workers in Colombia are threatened by the paramilitaries.

Finally, Sanchez thanked the students in her class and the community for their support and friendship throughout her stay.

## HATHAWAY: Center stands as prime example of positive development for downtown Waterville

Continued From Page 1

Because the State of Maine took the cap off and granted this project more than the usual \$100,000 tax credit allotted, Boghossian hopes to set a precedent for future projects of the same nature. "This will show the state that it can be successfully done if the right pieces are in place," he said.

One of those pieces is a cohesive

downtown booster group, he said. A major actor in this process has been Waterville Main Street, an organization dedicated to developing a thriving and energetic downtown. "The Hathaway project promises to be monumental in the overall revitalization of downtown Waterville," Executive Director of WMS Shannon Haines said. "This project...serves as a model for adaptive reuse, demonstrating that it is possible to preserve our cultural heritage and embrace

historic preservation, thereby preserving our own unique community identity while creating economic development."

The College has been instrumental in getting the project off the ground. "They have been awesome in their role," Boghossian said of the College. Early-on the College pledged \$60,000 dollars toward the purchase of the building. "As they saw the project gaining traction and understanding its importance to Waterville they have

## ALCOHOL: Maine deaths speak to greater problem

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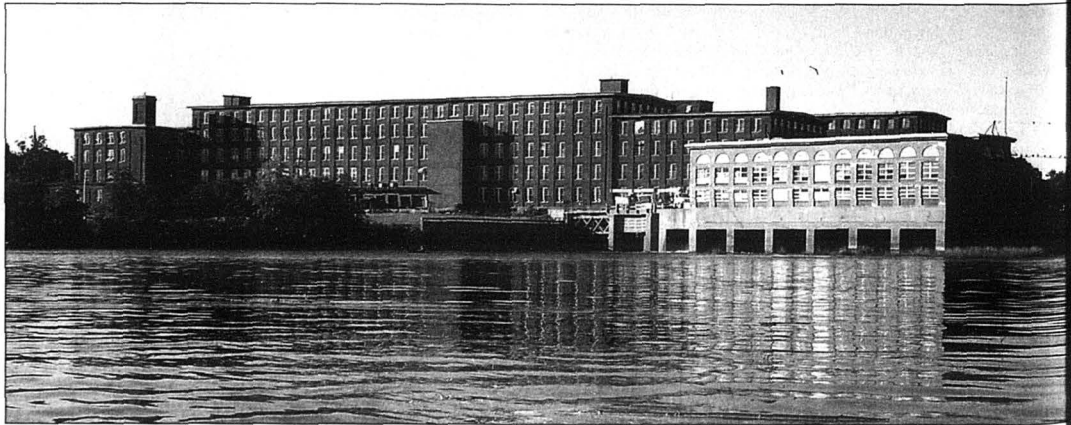
center in fear of possibly getting in trouble. Now, students that commit alcohol related infractions are evaluated by the College's alcohol council Rachel Hendersen, and those found to have serious problems are monitored by health center staff.

Another very real consequence of extreme levels of intoxication is disciplinary action by the school or local authorities against those who provide alcohol and a place to consume it.

The College punishes students found by Security to be hosting underage drinking with fines and possible housing probation, and in recent years some students living off campus have found themselves in court on charges of furnishing a place for minors to consume alcohol after local police broke up parties with intoxicated minors at the homes. Interactions with local police have led most off campus residences to limit party guests to 21-year-olds.

However, Mayflower Hill is not beyond the scope of the law, and students hosting parties in residence halls on campus can also find themselves in trouble with the local police. In November, when Waterville Police learned from a student admitted to MaineGeneral for a high BAC where the student had obtained the alcohol; they returned to campus looking for those students and went to the room where the party had taken place. What the student declined to go into any detail on the event or any pending legal or College disciplinary action.

Administrators point to similarities of the students involved in recent alcohol-related deaths to students of Mayflower Hill as a sign that such tragedy could happen here. Also, recent surveys conducted through AlcoholEdu have revealed alarming trends among student drinking habits—habits that seem to get worse after getting to Colby. However, statistics from these surveys, while shown to this reporter briefly, were not released to the *Echo* as of press time.



As early as next fall, the Hathaway will house a mix of restaurants, apartments and businesses. Construction will begin in the upcoming weeks.

## Colby College Department of Security Incident Report Log

Nature:	Date:	Time:	Location:	Disposition:	Comments:
Drug Violation	12/01/07	12:20 a.m.	Leonard Hall	Deans Office	Smoking marijuana.
Medical Response	12/01/07	1:35 a.m.	The Heights	Maine General	Alcohol.
Medical Response	12/01/07	9:46 a.m.	Treworgy Hall	Maine General	Illness.

# Campus climate studied by seniors

By ELISABETH PONSOT  
NEWS EDITOR

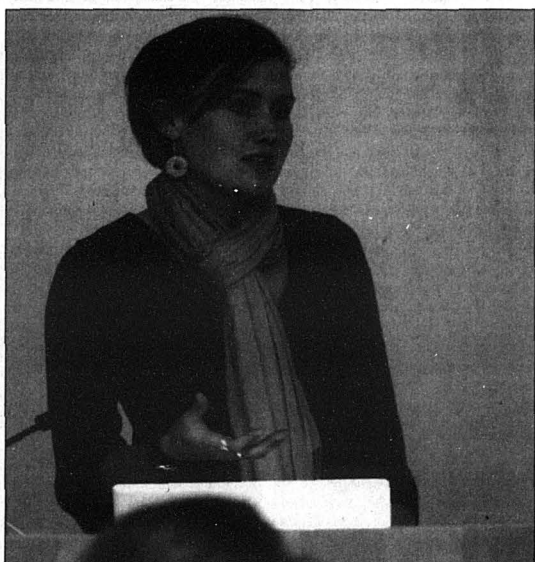
As students on campus grappled with changes in our natural environment Monday evening, students in Diamond for the Education Program's senior seminar gave six illuminating presentations detailing trends of a different type of climate: the Intellectual and Ethical Climate at Colby.

These presentations were written and executed by seniors at the College and included research and surveys that were performed on campus, as well as theoretical explanations from leading experts. Campus behavior investigated ranged from time management and moral decisions to academic honesty and alcohol use.

Their results are notable for both students and faculty alike, as they speak to the very core of what we constitute as immoral behavior on campus and under what conditions such behavior occurs. Sarah Kunkel '08, Liz Kaplan '08, and Sarah Romeo '08 looked at academic dishonesty, and found in their research that students studying the natural sciences or humanities were much more likely to "sometimes" copy homework than students in other majors. Also, male students were found to copy homework more than their female counterparts; male students surveyed also responded in greater numbers deeming that actions such as failing to properly cite sources do not constitute cheating.

In order to study moral behavior on campus in a more general sense, one presentation entitled "Do You Throw Your Napkin Away?" used the act of throwing one's napkin away in the Dining Halls before placing one's tray on the conveyor belt into the kitchen as a microcosm indicative of overall trends. The presentation was given by Karina Carley '08, Hadley Chatel '08, Jenn Reilly '08 and Jenny Rutherford '08.

Their experiment was conducted as follows: the group went to Dana



Karina Carley '08 introduces her group's presentation on campus disrespect.

Dining Hall and noted whether or not students threw away their napkin, and then handed them a survey. The questionnaire asked students to describe a range of opinions on what they consider disrespectful behavior and how they would judge the general scope of the conduct of others on campus.

The students found that 35% of students did not throw away their napkin, 40% did throw away their napkin, and for 25% of students it was unknown whether or not they did so—or they did not have one to begin with. Of those who threw away their napkin, women were 26% more likely to have done so.

The students explained this from a theoretical perspective noting that sociologically, women are generally more empathetic to the plight of others. Therefore, female students being more inclined to feel empathic

toward the kitchen workers were in turn more prone to throw away their napkin.

Of the presentations, Tappan said, "I was very impressed with all the presentations and very proud of my students...In light of the recent reaccreditation process here, and the information collected by the Office of Institutional Research on student experiences and attitudes, I think it's very important to hear from students directly, and to give students an opportunity to investigate aspects of their Colby experience that are most relevant and salient to them."

Tappan noted additionally that the class intends to put their findings up on the Internet in the future so that the campus community can read about the research conducted and the conclusions drawn about ethics and environment at the College.

# New security programs deemed successful

By ELISABETH PONSOT  
NEWS EDITOR

As a part of new initiatives to improve relations between students and Security officers and efforts to increase safety on campus, the College piloted a one-month program in which security officers carried audio-digital recording devices. The program, which ended on Dec. 1, has been deemed largely successful by students, Security and administrators alike.

Started by the Dean of Students Office in conjunction with the Student Government Association, the pilot program aimed to outfit Security officers with audio-digital recording devices for use when responding to calls on campus. As the program was conducted, upon receiving a call, the Security officer dispatched turned on the recording device before approaching the student involved. The officer then explained to the student that he or she was being recorded. Assistant Director of Security Jeff Coombs explained that students appeared to be knowledgeable about the program's implementation: "Nobody was surprised that they were being recorded," he said.

By most assessments, this program has accomplished its mission of decreasing instances of serious conflict between students and Security. Director of Security Pete Chenevert said, "I found that exchanges between students and Security were much better than before the program began. The incidents of disrespect and harassment of security officers have also gone way down since we started the recording policy."

As dictated in the program's guidelines, recordings were to be listened to only when either a student or Security officer involved in a confrontation made the deci-

sion to contest details about an incident. Chenevert explained that the pilot program seemed to effectively eliminate this type of dispute: neither students nor Security challenged any report during the one-month period. As a result, none of the recordings were ever listened to or seriously reviewed by administrators.

This Thursday, there will be a meeting of the College Affairs Committee, the members of which will determine whether or not to implement this program as a part of future campus policy.

## SELF DEFENSE CLASSES HELD

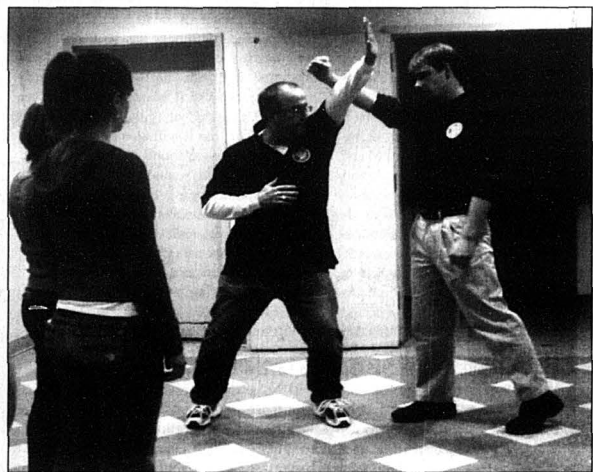
In light of the two assaults that have occurred on campus this semester, Director of Security Pete Chenevert and Assistant Director of Security Jeff Coombs conducted two personal safety classes on Nov. 28 and 29; these classes aimed at enabling females on campus to protect themselves. The classes were described as helpful and informative and were attended by 12 and 10 participants respectively.

According to Chenevert, he and

Coombs were able to synthesize the greater part of what is a 16-hour self-defense program into the two-hour class. "I really thought it was a great class," Chenevert said. "The women seemed to get a great deal of information out of it. Hopefully they know now how to better protect themselves were an unfortunate situation to occur."

These self-defense classes will continue to during JanPlan and the spring semester. "I'm hoping that through word of mouth the information will get out there about these classes and that students interested in participating will do so. Students should also consider taking the R.A.D. System's course that will be offered in the spring."

The R.A.D. (Rape Aggression Defense) system is a program of self-defense tactics and techniques that are taught specifically for women with four key goals: awareness, prevention, risk reduction and risk avoidance. The R.A.D. classes will be offered next semester and will be taught by an outside instructor.



Director of Security Pete Chenevert demonstrates an effective self-defense move.

877-7272



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The salad bar in Bobs now features organic produce from local farmers.

## Roberts now features locally grown organic salad bar

By JENNY LAWRENCE  
NEWS STAFF

If you have made yourself a salad at Roberts Union dining hall recently, you may have noticed some changes. You might have noticed that the lettuce seems a little greener and the carrots seem a little crunchier? That is because everything in the salad bar in Bob's is now made up entirely of produce grown here in the state of Maine. But isn't this quite a tall order considering Maine tends to get a bit chilly during the winter? Joe Klaus, the assistant director of Dining Services, said yes, it is indeed a challenge, but it is well worth the extra effort. There are many advantages to local produce Klaus said.

Buying locally is so important because not only is it very fresh, but also it is pesticide free. In addition, buying Maine grown produce supports the local economy and helps build a sense of community between farmers and consumers. But most importantly Klaus said, "Bob's new salad bar is educational. While very little of the population eats seasonally

any more, we should still try because it is very important to know about what we eat." Local produce offers consumers a sense of how and where their food was grown, and this makes all the difference. A salad bar full of local produce definitely has its benefits, but it means, for example, that students will not be seeing any cucumber because it is not grown in Maine. The salad bar will be fresher from now on, but it will also be limited by what can be found here during winter. Klaus says students will be seeing apples, eggs, beans, onions, potatoes, beans, and other root crops that can survive harsh winters.

Roberts' new salad bar is just one example of the ways in which Colby is trying to bring the freshest food possible to students. The Environmental Coalition, a student-run club, recently planted a plot of garlic near the Colby Gardens that will be ready to harvest in late July. The Coalition hopes to hold a garlic festival next year to show off the fruits of their labor. Klaus hopes that Roberts' local salad bar is just the first step of many toward making the College a more sustainable campus.

## Student government enacts change

By ANNA KELEMAN  
NEWS STAFF

The first semester is drawing to a close not only in the realm of academics but also for the Student Government Association. On Sept. 3, the Student Government Association began the year by approving Residential Hall President and Executive Board appointments made by SGA President Nicholas Cade. It then proceeded to set meeting dates and locations for the year, and to establish protocol for debates of motions brought to the Presidents' Council. SGA Treasurer Tim Williams' 2007-2008 SGA Budget Allocation was also approved. All motions were passed unanimously.

Initially, a main concern for SGA was the budget deficit. "Inheriting over 60,000 dollars of debt set us back in our own agenda and limited our resources, but it forced us to take a hard look at the way funds were allocated," Cade said of this year's budget reform. Cade praised Williams' work on managing the budget this year citing "an aggressive pay back plan [now in place which] will allow each successive SGA to feel a little bit less of the \$60,000 pinch." As part of this year's changes, "SGA has taken a different approach to the way motions are drafted," Cade said.

As the semester continued, early motions focused on logistics and new committee appointments. In October, however, Patrick Boland '09 of East Quad introduced a motion concerning the protocol in the student handbook for chalking. Boland suggested that chalking must be registered with the Office of Campus Life, but that no restrictions should limit the content or location of the chalking. His motion specified that "Hate speech" or threatening messages not be permitted. Under his proposal, violators would be directed to the Office of the Dean of Students for disciplinary action. The proposal was eventually withdrawn, although Boland has recommended that the College Affairs Committee address whether students need to register chalking activities. The motion is currently on the CAC agenda. Also currently on the CAC agenda is a motion that key card readers be installed in the back of East and West Quad for security reasons.

Cade said that he has been impressed with the work of this year's Class Representatives, Dorm Presidents, and Executive Board and mentioned the number of motions that have been dealt with in the first semester. However, Cade emphasized that "it is unfair to gauge productivity or success by the number of motions alone, because many issues were explored in full that did not lead to an actual

motion." He acknowledged that many motions so far this year have been confined to SGA protocol and business. "I am personally looking to see fewer motions next semester that concern only the interior workings of the SGA, and hope to see more of the motions [that address] serious student concerns this semester like parking, condoms in dorms, AIDS vaccinations, housing reforms, student-security relations, safety and even ice machines in dorms," Cade said.

Two motions relating to student health on campus were introduced in November by Bonnie Foley '10 of Woodman. First, SGA funds in the amount of 2,500 dollars were allocated to the Health Center to subsidize the cost of H.I.V./A.I.D.S testing for students. This motion passed in a vote of 22 to 4 on November 4th. Foley also moved to support the Health Care Advisory Committee's initiative to become handicapped accessible, in accordance with the A.D.A. standards. This motion was passed unanimously, although no specifics on the initiative itself are available at this time.

Although some goals for the year, such as airport shuttles, have been affected by the limited budget, Cade is "looking forward to many other changes, including some possible reforms to the housing system and selection process and a revamped relaunch of the Party Right campaign."

## SGA FUNDS: Spending decrease affects club events on campus

Continued From Page 1

to ensure that they get what they need. As a result, Clark now supports the new checks and balances which have been placed on club spending.

Italian Club Co-President, Megan Browning '10 found the process easy when organizing a trip to Portland to see the Opera Tosca. This is Browning's first year as president of the club, and as such she recognizes that she has nothing to compare her experience to. "It's not a lot to ask to go in and see Tim," Browning said. "We talked about what would be reasonable for students to pay, and what we thought the subsidy should be. He approved it within a couple of days." Furthermore, Browning, who had never organized a club event before, emphasized how helpful Williams was in explaining the process to her.

Like Browning, Hayley Didriksen '10 of the Colby Dancers found the funding for costumes for the fall show to be adequate. Although the initial allotment of \$5 per dancer was reduced to \$3, "in the end we received more than we expected, although that may be because some dance groups forgot to turn in their receipts," Didriksen said. Didriksen did not deal directly with Williams, however, instead turning her receipt into the Colby Dancers for reimbursement.

According to Students for Black and Hispanic Unity Treasurer Audell Scarlett '10, the budget changes have not affected the group's ability to

## Blue Lights, black coffee: What's really up downtown



The Blue Lights performed on Thursday Nov. 29 at Jorgenson's for the "What's Up Downtown?" social hour.

...the fact that we don't control our budget has seriously hurt our abilities to have simple events...

Audell Scarlett '10  
SOBHU President

bring large speakers to Mayflower Hill. SGA prioritizes funding for events which are inclusive for to the entire campus. Funding for the groups internal events, however, has been limited. "An integral part of SOBHU is [to provide] programming and events on campus for our members...but the fact that we don't control our budget has seriously hurt our abilities to have simple events like [a] club social or study breaks," Scarlett said.

Another concern Clark has about the new protocol is the increased time individual proposals require. "We are already starting to worry that there aren't going to be people who want to [act as Treasurer for the Outing Club] in the future," Clark said. She currently works an average of six to eight hours each week on budget proposals which represents an increase of roughly 2-3 hours per week. "I personally think that the proposal process is redundant," Clark said continuing, "they are trying to make the process too formal." When asked if she had mentioned her concerns to Williams, Clark said, "Not really, I think he has enough going on right now." Recognizing that the door for communication is wide open, however, Clark intends to speak with Williams about her concerns before the end of the year.

For his part, Williams, who will be evaluating the new spending protocol at the end of the semester, encourages club leaders to come to him with concerns and comments. "I don't want anyone to feel like it's me versus them," Williams said, "I never want [someone who is upset] not to say anything."

Have an opinion?

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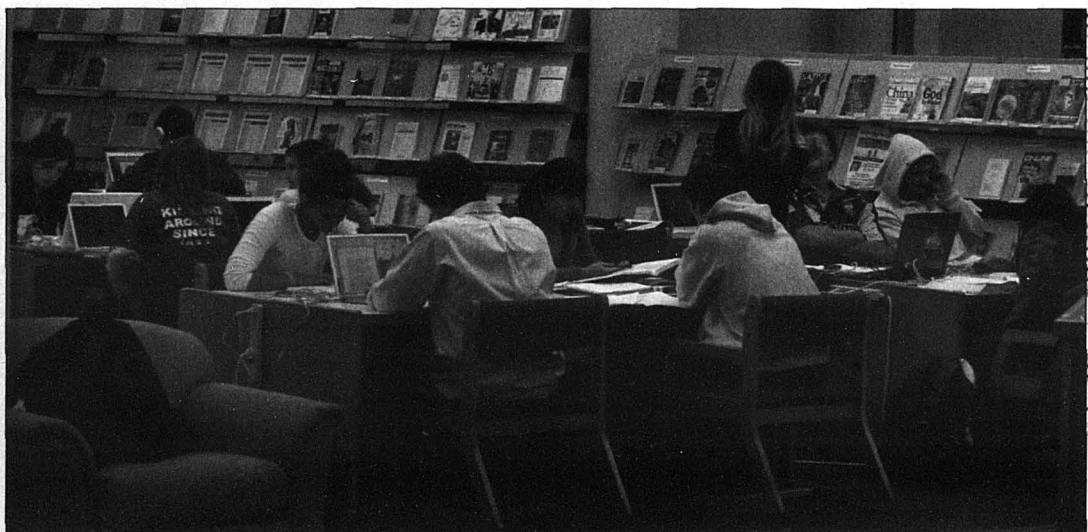
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# Features



Final exam period is a stressful time for students as they finish up the semester and study for tests. Sickness is common, and students use various healthy and unhealthy tactics to survive the week and perform well academically. CAROLINE DICKSON (LEFT) & THOMAS BOLLIER (RIGHT)/THE COLBY ECHO

## Helpful and harmful habits during finals

By ELLEN LONDON  
FEATURES EDITOR

The end is near. The end of the semester that is. And as classes come to a close and final exams approach, a mist of dread settles over Mayflower Hall. As one makes the routine circuit between the dorm, the dining hall and the library, the stress in the air is noticeable, even palpable. Students find many different ways of navigating the end of classes and final exam week with the ultimate goal of making it home for Winter Recess in one piece. Though their tactics are varied, most students can agree that the end of the semester is the most stressful time of the academic year, and the time that poses the greatest threat to students and their health.

"Someone should make a reality TV show about what [Colby students] go through during finals," said one student. The student then went on to describe an experience all too familiar to many of us: "I don't really sleep during exam week. I live off of caffeine... Luckily, the lack of sleep doesn't usually hit me because I'm kind of high off stress. I couldn't sleep if I tried, because I am usually so stressed out. However, sometimes I will manage to pass out for 3-4 hours, usually between the hours of 4-8 in the morning..." This description is not unique; in fact, it effectively captures the substantial list of unhealthy habits that students engage in frequently at this time of year.

Sleep deprivation, fluctuations in diet, lack of exercise, caffeine dependency and the use of study drugs are the most prevalent behaviors on this list. "Wintertime is always the worst time of year in terms of getting sick, but here [at Colby] it's augmented," Medical Director of the Garrison-Foster Health Center Dr. Paul Berkner said. He cites the close quarters in which students live as exacerbating the more obvious problems of excessive stress and sleep deprivation. By this time in the school year, "students have been here for three months living together, and germs have gotten the chance to incubate." He feels that students on campus are at higher risk for sickness and infection because of a dangerous combination of "not getting enough sleep, drinking too much and getting themselves in the mode of cramming [for exams]." Cramming for exams can be the result of poor planning on the students' part, but also the intense pressures inherent in performance standards at an elite school. The relatively short time that students have between the end of classes and the beginning of exams—usually four to

five days—further weakens a student's ability to remain healthy. "When you have one test after another you never have a chance to recover," Berkner said. "You're stressed. Period."

Mental health has long been shown to have a strong correlation with physical health, which further demonstrates why students become particularly run-down during exam period. "Stress impacts how you feel," Berkner said. For most students, academics take complete priority during the end of the semester, leaving sleep, proper eating, and even simple tasks like hand-washing by the wayside. "Students stop listening to themselves, their bodies," Berkner said. "We all do it when our focus is intent on other things. We know all of the things that our mothers tell us to do—they're all common sense—but we don't actually do them."

According to Berkner, sleep deprivation is the most common unhealthy habit during college in general, but especially this time of the semester. The body is physiologically designed to turn off between the hours of 9 p.m.

to 7 or 8 a.m. in order to function at maximum efficiency. These hours are a far cry from the 3 a.m. bedtime for many students during finals week, (if they go to bed at all). Some students try to compensate for late bedtimes by sleeping in late, a method that Berkner said is not effective because it only throws off the body's internal clock more. By going to bed late and sleeping late, "you may be getting eight

hours of sleep, but it's not good sleep," he said. Studying into the wee hours of the morning can often be more detrimental than just going to bed, as it is more difficult for an overtired brain to retain information. Irregular sleep patterns are not the only inhibitors to maximum mental capacity. Alcohol use also has great impacts on information retention, and poses a unique threat to college students. At elite colleges, weekends are anticipated with excitement but also a sense of urgency as students attempt to cram in an entire week of letting loose into one or two social evenings. "Drinking responsibly is important all the time," said Berkner. "But especially this time of year. Drinking affects your ability to retain information, even days after you drink." Studying aside, "[Alcohol also] makes you more susceptible to infection because it lowers your immune system."

Berkner acknowledges the need, even necessity, for students to have fun and a break from their studies, but also to use good judgment and moderation. Some students turn to a different source than alcohol to cope with academic stress: study drugs. Study

drugs are used on campus throughout the school year, and appear in even greater quantity and demand during finals period. According to Berkner, "Study drugs can mean anything from caffeine to speed." He blames society in general for the modern-day perception that "there's a pill for everything," but points out that drug abuse can be even more of a problem on college campuses. It can be difficult to control the decimation of pills within a campus community because some students hold legitimate prescriptions for amphetamines such as Adderall, while others abuse these drugs feeling that they will give them greater focus and academic performance.

Use of study drugs ranges from taking them orally to intra-nasally. One student related that he uses Adderall and Dexadryn when he studies. "Sometimes I like to crush [the pills] up and blow them, other times I just swallow them. I don't have a prescription so I get them from people who have one." Often, the student continues to use the drug during the actual exam, taking it right before entering the classroom "so that it hits [him] faster." This student's story is not unique, and speaks to how prevalent these experiences have become across campus. The story concludes with the

student asserting, "If it weren't for study meds, I probably would've failed out of Colby at this point."

There have been cases where students have overdosed on study drugs, but according to Berkner, it is a rare occurrence. Still, the use of these drugs without a prescription is extremely dangerous. Side effects include increased heart rate and aggression, two effects that can actually make stress worse. He went on to say that amphetamines are particularly dangerous because students, like the one above, don't perceive them as being unsafe. "Students feel that [study drugs] will make them focus and feel good, and they are seen as short-acting. But they don't actually see them as dangerous," which is a serious mistake, Berkner said.

Many students shared stories with the Echo about their health habits during this time of year, and the use of study drugs is included in these experi-

ences. However, caffeine dependency was the most prevalent, though it came in various forms. One student said she lives on coffee for the duration of finals, while another told of consuming fifteen cups of Yerba Mate tea before a long night of studying. "It keeps me calm (no jitters like with coffee) and I can stay up all night if I have to," she said. Eating habits are also varied.

Some students reported overeating due to stress and the hunger resulting from constant fatigue. Others experience weight loss as a result of skipping meals to study or stay in the library. "Just coffee," said one student of what she consumes during finals week. "And candy. Lots of candy. It keeps me alert in my [study] cubicle." Fortunately, a few students avoid

the unhealthy downward spiral as the semester ends and actually engage in even healthier behaviors than usual. "I try to remain as healthy as possible by keeping a regular schedule," said one student. "Sleeping eight hours a

night, getting at least an hour of exercise during the day." Studying can be incorporated into getting exercise and fresh air, a feat this student accomplishes by "going on a walk and bringing flashcards or notes with me to study."

Marilyn Pukkila, head of instructional services for Colby Libraries, also shared some tips on remaining healthy during finals week. "I just put in an order for hand sanitizer at the Reference Desk," she said. Working in the library, Pukkila has ample experience with observing students at their most stressed and run-down. "Students disperse to the four corners of the world for the Thanksgiving break and return to Colby having been exposed to all kinds of interesting 'bugs.' So I try to do all the usual things to avoid exposure: don't touch eyes, mouth, nose, or ears; wash hands frequently; don't share pens or pencils; cough/sneeze in the crook of my arm, etc." Pukkila related stories of students falling asleep with their books in their laps, overexhausted from studying. In closing, she re-stated the common sense that we should keep in mind always, but especially this time of the year: "Sleep, exercise, vitamin C, good nutrition and water, water, water!"

**When you have one test after another you never have a chance to recover. You're stressed. Period.**

Dr. Paul Berkner  
Garrison-Foster Health Center

**I don't really sleep during exam week. I live off of caffeine... Luckily, the lack of sleep doesn't usually hit me because I'm kind of high off stress.**

Anonymous Student

## SHOC holds Stress-Buster Fair in the Pugh Center



On Tuesday, Student Health On Campus (SHOC) hosted their biannual Stress-Buster Fair in the Pugh Community Center. The fair is designed to reduce stress before final exam period by providing students with a fun study break. Snack food, pizza and games were included in the fair, as well as free massages and eyebrow waxing from Agora Day Spa. "It was a huge success," Lane Mahoney '09, a member of SHOC, said, adding that there was already a line formed outside of the center when the fair opened at 5 p.m. Over 100 students participated in the two-hour event, which takes place twice a year before Loudness Weekend. SHOC feels that the fair has a positive effect on stressed-out students, and looks forward to it each semester. "We're all about health, and this is one thing we can do that involves the entire campus," Mahoney said. "Everyone gets stressed out before exams, and we hope that [events] like the Stress-Buster Fair can help."

—Ellen London, Features Editor

# Mixed emotions and bittersweet goodbyes for J grads

By **CHELSEA EAKIN**  
MANAGING EDITOR

Eighteen students will graduate from the College in the coming week. A "congratulations" here and there will come from friends, faculty and family. All will be invited to come back and walk at graduation in the spring, but many will not attend. Some students are "J grads" because they transferred mid-semester, some were put on disciplinary or academic probation, and many simply chose to take time off to engage in activities that did not involve school.

"It's tough. There's a real misunderstanding about what a J grad is," Cliff White '07J said. "Most people assume if you're a J you did something wrong—that either for disciplinary or academic reasons you have been kicked off campus for a semester. The fact is that's not true—if you look at the records...these are very bright students that decided to do a lot of different really cool things that for some reason or another didn't involve school." After spending a semester abroad in Argentina during the fall of his junior year, White, along with three friends who also graduated as Js, decided to take time off to hike the Appalachian Trail (AT)—a continuous footpath that stretches 2,175 miles from Georgia to Mt. Katahdin in Baxter State Park, Maine.

White was hesitant at first about taking time off, worried that he would grow isolated from his original class of 2006, which he says did end up happening. "In retrospect, though, I would say it was an invaluable experience...my standing as a student was inalterably interrupted and changed, but as a person it helped me grow and mature in ways that Colby could have never let me do." Time in another country and time on the trail instilled in White a sense of confidence and sense of place that he did not have prior to the experience.

When Emily Wilbert '08J decided to take time off the fall of her junior year, she was surprised by the reaction she got from peers. A close friend reminded her that she wouldn't graduate with her class and that she would "miss out." "All of a sudden I wasn't normal anymore," Wilbert said. "It highlighted how important it is for people to stay in the norm. I didn't expect that reaction and didn't expect to discover that other students would be opposed to going against the norm." Wilbert's father was invited on an 18-day rafting trip in the Grand Canyon with spots for two. The time

**...these are very bright students that decided to do a lot of different really cool things that for some reason or another didn't involve school.**

Cliff White '07J

was a little too much to take off from school, so Wilbert decided to take the whole semester. "I felt so trapped in the Colby bubble, I wasn't being exposed to the potential opportunities that I would see if I wasn't at Colby," she said. "I also felt like I had grown down, and not up, while being here." After the rafting trip, Wilbert worked at restaurants and led a "normal life," often working with people her own age or younger who were in school and working a full-time job. "That was probably the most important realization from having a job. We kind of assume here that everyone goes to

college and everyone has the same opportunities to go to a big school. That's not really how it is and that doesn't mean it's bad, but not everyone would choose to be here and that's okay."

Bayley Lawrence '08J, who had taken a year off prior to college, took the second semester of her sophomore year off to hike the AT. "In my year off I hiked the Long Trail and I saw some thru-hikers and they all had this crazy look in their eye and it was something I had been thinking about, it was always sort of nagging...it seemed like I couldn't continue doing college without taking the time to do that." Initially intending to take some time for herself, Lawrence quickly realized the social component that comes with hiking the trail. "I definitely learned a lot from a lot of different people. I learned a lot about people's kindness, especially in towns along the trail...I learned a lot about the country walking from small towns in the south to towns on the Mason-Dixon line." Back on campus, Lawrence was excited to learn and felt more confident about herself and her ability to stay happy. "Knowing I could do it [hike the trail] made college seem a whole lot more manageable," she said. "I learned how to interact with new people better...having made a lot of close relationships on the trail I found it easier to meet people back at school."

When her father was running under the Independent Party for Governor of Minnesota, Julia Hutchinson '08J decided to take the fall of her senior year off to help with his campaign. Working on a field team, Hutchinson helped disperse literature, organize students and get young people interested in politics and voting. Hutchinson never thought she would get involved with politics, but after eight years urging her father to run for office, she couldn't let a once-in-a-lifetime opportunity pass her by. "It was hard to realize everything that I was giving up to do that—the fall semester of my senior year, time with my friends, giving up graduation and really being identified as part of my class. I knew that it was going to be a fight and a struggle with the administration," she said. Though she did end up facing the struggles she had anticipated, Hutchinson would not change her decision to take time off. "I learned politics aren't as scary as I originally thought. People become cynical really easily and it doesn't have to be that way—there are fresh voices and we don't have to accept the status quo."

Both Lawrence and Hutchinson petitioned the administration to let them walk at graduation with their original class and were denied. While the idea of donning a cap and gown and walking at graduation isn't that attractive for Wilbert, she is still frustrated by the situation. "What is bothersome is that there is so little flexibility in the administration that they can't look at your transcript and say 'Hey, you're three credits away from graduating, or you've filled all the requirements except the eight semester rule, you got all As, we'll let you walk.'" The College's policy is that students can only walk at the Commencement in which they have completed all their requirements. "This is a decision from the faculty and one they are very adamant



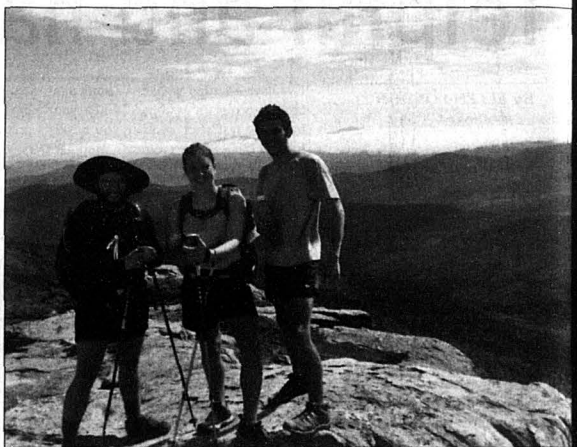
'07J grads pass their Steps tradition onto Bayley Lawrence '08J (top); Lawrence took time off to hike the AT (bottom).

about," Director of Campus Life and Assistant Dean of Students Kelly Wharton said. "There was a motion taken to the faculty two years ago proposing to allow mid-year seniors to walk in Commencement and that was voted down." White agrees with the faculty's decision not to let Js walk at graduation, but would have liked to be acknowledged in some way. Hutchinson, who attended graduation in May and watched her friends walk, would have appreciated some form of acknowledgment as well. "All I wanted was...for someone to say 'and we want to acknowledge or congratulate the Js.'" The College is currently considering a revision of the eight semester rule to allow seniors who have completed their requirements to graduate in seven semesters. While changing the eight semester rule would be a definite step toward resolving issues that some J grads have, it will not eliminate the presence of Js, as some people for some reason or another will still end up graduating mid-year.

After attending a high-powered high school, Caroline Hunt '10J wanted to take time off before coming to college. She participated in a semester with the National Outdoor Leadership School in Baja, Mexico. In addition to sparking her interest in the sciences and geology (now her major), Hunt gained people skills while living and working closely with others and skills of leadership and organization. Though Hunt anticipates feeling strange for her last semester of school, she is prepared for it after talking with older J grads. "I've been a J ever since I got here so I'm more prepared for it than someone who wasn't a J to begin with," she said.

Arriving back on campus after a semester away, many Js experience a general sentiment of isolation. "It was difficult to reattach myself to Colby as I had been as an underclassman," White said. "The sense of detachment and sense of removal from the situation never really went away and followed me to graduation. There's an isolation that comes with being a J grad—you don't really belong to a class." Not all Js feel this way, though. Chris Appel '08J said he never felt isolated from his original class until they actually left campus last spring.

Many of the frustrations that '07Js faced, and '08Js are currently facing, continue to frustrate '10Js. Js are not considered their own class, but rather are asked to affiliate with the class above or below them. This doesn't seem to happen until close to graduation, though, when the College needs to know for reasons related to alumni mailings and donations. Because they are not officially put in a class until close to graduation, some Js never receive e-mails about class activities such as pub nights, class dinners and class t-shirts. Hutchinson asked four different people about getting onto the '07 mailing list, but she never managed to be added. When she arrived on campus for her first semester of col-



lege, Hunt was not well informed about choosing classes. "For some reason I was left off the mailing list that said you can choose classes. I wasn't registered for JanPlan or spring classes." Both '07Js and '08Js, considered second-semester juniors when their friends were first-semester seniors, said they had to ask several administrators before they could be allowed into the Alford Apartments. Another challenge Js face is waiting to get a diploma until May, which hinders their ability to prove to employers that they have in fact graduated from college. "The fact that you can't

**It was hard to realize everything that I was giving up...time with my friends, ...graduation and really being identified as part of my class.**

Julia Hutchinson '08J

say that you graduated...throws up red flags for potential employers for what your status is," White said. Js agree that many of the problems they deal with seem trivial when considered individually, but added together become quite frustrating.

The administration is continually learning what J grads need, Wharton said. "Because each person is so different and their circumstances are so different, we are trying to make sure we are preparing them to leave but also to continue to support them as they go." Wharton said that Campus Life has been working to get Js information earlier, provide them with more contacts before they leave and get them to affiliate with a class earlier.

Though on the brink of graduation, it seems '08Js are still searching for closure in the form of a formal "congratulations." There is a reception that welcomes Js into the Alumni Association and encourages dona-

tions, but J grads don't seem to have high hopes for the event. "The only thing I've heard is about the reception," Phoebe Larkin '08J, who transferred to the College in her sophomore year, said. "That was the first time I saw or heard the words 'congratulations.'" Larkin only knows one other J grad and, being a transfer student, doesn't feel connected to any class.

White was disappointed by the reception that was held for the '07Js, a group of 21 students. "It was kind of pathetic and anti-climactic," he said. "President Adams said 'I'm not going to give a speech, I'll save my speech for spring graduation'...." Many '07Js who would have come to the spring graduation were unable to because they had just landed jobs and couldn't take time off. "Colby is a great school, but we pay a lot of money to go there and for them to kind of throw us out the back door the way they did and ask for money on the way out kind of left a sour taste in our mouths."

On the final day of classes last December, White and his fellow J grads got together to have their own version of the senior steps. They made t-shirts that said "super seniors," drank hot chocolate and passed the tradition on to the '08Js who are planning to hold a similar event this week. "We will keep the tradition alive," Hutchinson said. "We're going to wear capes and do a victory lap, act a fool and run around, maybe have a spontaneous dance party in Cotten—you never know where we'll be. It's time for us to be together because we have accomplished something and we should be proud."

Despite the challenges that Js face, those who chose to take time off do not regret their decisions and would tell others considering taking time off not to be discouraged. "I would encourage anyone to do what they really want to do for a semester and not be afraid of the social and administrative repercussions," Wilbert said.

"A number of students I've talked to have turned down or postponed opportunities because they know how frustrating it is to be a J," Hutchinson said. "That's a huge loss. I don't think a school like Colby that emphasizes engagement in the world outside Colby should be discouraging students—it goes against what they stand for."



Julia Hutchinson worked on her father's campaign (top); Emily Wilbert rafted the Grand Canyon (bottom).

# A day in the life of college custodians

By EMILY WARMINGTON  
NEWS STAFF

Nearly every student on campus will tell you that they absolutely love their custodians. In addition to just generally appreciating all that these men and women do for them, most students have formed some sort of personal relationship with the people who take care of their building. From a passing "hello" in the hallway to an apology regarding a particularly messy residence hall, most students get to know their custodians—but few actually know what their day-to-day job entails.

Starting at 7:00 a.m., the custodial staff in every building is emptying trash cans and cleaning bathrooms to get things ready for students to use in the morning. Next, they are responsible for sweeping lounges and stairwells and vacuuming hallways in addition to the number of other daily or weekly duties they have to fulfill. In the winter, their priorities shift, and snow shoveling comes before anything else so that the pathways are clear before students start heading to class.

One aspect of their job that takes up a significant amount of time is dealing with unexpected messes. "There aren't many dull moments around here," said Darlene Ames, a custodian who works in Sturtevant and Leonard. Those two dorms saw some of the highest dorm damage figures on campus last year. Every time someone causes damage to the building, the custodian has to take care of it, whether it's cleaning up the mess or reporting it to the proper repair service. On some occasions, a custodian will be called in while off-shift to clean up a hazardous mess that cannot wait until the following morning.

When asked what the worst part of her job is, Ames responded, "I mean, no one likes to clean up vomit!" As



There are few dull moments for custodians who clean up after messy students.

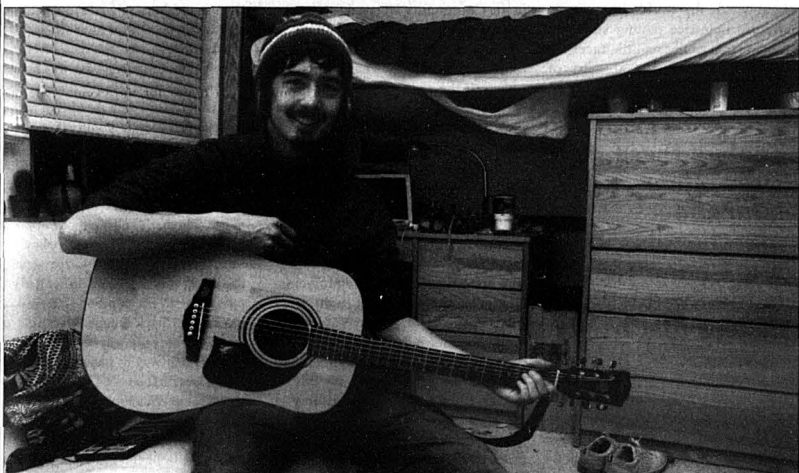
can be gleaned rather easily from the online dorm damage reports, vomit is an issue that the majority of custodians have to deal with throughout the year. "When I got hired I knew that would be part of my job. Do I like it? No. Am I thrilled? No. But I do it," Ames said.

However, Ames said that unexpected messes aside, she enjoys working in the dorms. "I've worked just about everywhere there is on this campus," she said of her sixteen years at the College. "I've seen both sides of it, in the academic buildings with the stuffy professors and in the dorms." While instances of damage to the building are far more frequent in the residence halls, she maintained that she prefers working in them. "I like being around the kids, they're fun," she said, adding, "I don't think I've ever had a bad incident with a student."

As far as the custodian's relationship with the administration goes, the College seems to take pretty good care of its employees. "The pay scale isn't the best but you've got to take the good with the bad. They

give you a ton of benefits," Ames said. In addition to regular insurance benefits, the College also offers to pay for its staff to take classes at a college of their choice as long as they maintain a C average. When Ames' children are of the age to pursue higher education, the College will pay as much as 85 percent of Colby's tuition to put them through school. "They are good about working with you to get you time off," Ames said of Physical Plant. "I have kids, I have a life."

Ames could not say enough about what a great job she has. "Sometimes I'm like, 'I've been here sixteen years? Where did that go?'" she said. She has made some friends in her time here, occasionally having a former student look her up while visiting for Alumni Weekend. While there are obvious drawbacks to having to clean up after a bunch of college students, she seems nonetheless pleased with her position and portrays her feelings for the students on Mayflower Hill to be in line with our feelings for the custodians.



Ned Warner '09 recently released his album *The Tumbleweed Manifesto*, which was produced in Trevorgy.

## Student produces album on campus

By JAMIE POSTER  
STAFF WRITER

What do you get when you take an art major, a guitar and a Trevorgy dorm room? Believe it or not, you get the recently released album *The Tumbleweed Manifesto* by Ned Warner '09. Warner has been working on this project for two and a half years. *The Tumbleweed Manifesto* is a culmination of Warner's experiences of travel and love, his influences—Paul Simon, Bob Dylan, and Bruce Springsteen—and his ever growing production and composition skills. Warner says that singing is a catharsis; it is connecting to the listener. Warner's lyrics lack the complexity and abstractions that many singer/songwriters aim for these days while trying too hard to be "artists" or trying to push the limits. Instead, Warner writes simple and accessible lyrics that are easy to sing along with and easy to relate to, making his music a personal experience.

"I ain't looking for a happy ending. I'm just looking for some peace of mind, and what I found in all my wanderings is I can't live without you by my side," Warner sings on his song "I Can't Live Without You," an upbeat, steady-paced love song with a clapping chorus and exciting guitar solos.

***The Tumbleweed Manifesto* is a culmination of Warner's experiences of travel and love...and his ever growing production and composition skills.**

my finger on. Warner builds the most heat in this song, growing to a full sound by the end of the song while remaining soothing and gentle. Warner uses hot blues guitar riffs tastefully dispersed across the portrait of the song. "Who doesn't have their small share of crimes? At the end of

the day we're all bringing it back home." Warner reminds me of sunny Sunday mornings during high school, driving to the beach or walking through a park.

Most songs are set to stable and recurring guitar riffs coated with simple, defined melodies recalling roots in bluegrass and alternative country music, as well as an American folk tradition. Contemporary associations look more toward Ryan Adams, Matthew Jay and Wilco. Warner's song "Through It All" looks closest to past American traditions. It's a fun folk tune with bass accompaniment by Nick Baranowski '09.

Warner represents the DIY (Do It Yourself) revolution plowing its way through the music industry. Only a little more than 10-15 years ago, producing your own music was almost unknown. In recent years, computer programs like ProTools (a recording and production computer program) and Reason (a drum computer program) allow musicians like Warner to create an entire rhythm section and recording studio anywhere, even in their own dorm rooms. You can now buy Warner's album through iTunes or CD Baby, an independent music online store. You can also check Warner's music out on MySpace. [www.myspace.com/nedwarner](http://www.myspace.com/nedwarner).

## Who's Who Jeffrey Mullins '08

By BEN HERBST  
EDITOR IN CHIEF

When Jeffrey Mullins '08 had to decide where to go college, he knew he wanted something similar to his Washington, D.C. high school, with small class sizes and close student-faculty relationships.

That desire led him to the New England Small College Athletic Conference and eventually to Colby, and the rest is history. "I came to Colby and it just felt right. I knew within ten minutes of getting on campus that it was the right place. I applied early, and got in."

During his first year on campus, he played squash and enjoyed college life. However, he noticed that so many of his friends liked to complain about the College but never did anything to make a difference. "I decided that instead of complaining, I would try to change the school for the better," he said.

Mullins' first step toward making a change on campus was to join the Pugh Community Board, which he chaired during his sophomore year. He joined the PCB because of what he saw as racial ignorance among certain students on campus and the ability of that board to organize events that could help educate these individuals.

His experience on the PCB helped him come to the realization that students can make changes for the entire school, which led him to the Student Government Association.

Throughout his varied positions on SGA—Perkins-Wilson residence hall president, parliamentarian and now vice-president—Mullins has enjoyed the unique opportunity SGA members have to make changes, and has seen a lot of positive development in the past two years. Included in his original reasoning for running for SGA were concerns over the relationship between Security officers and students. Mullins said a big step towards a more healthy relationship was made during his junior year, when the SGA executive board helped to establish the Student Security Advisory Group, where officers and students meet weekly to discuss issues.

His only regret is not becoming more involved in Waterville, something he realized when organizing

the Hill 'n the 'Ville festival in September of 2007.

In addition to the PCB and SGA, Mullins has been involved at the Farnham Writers Center as a student tutor and joined three friends in a small business last year.

The business—Lazy Mule Laundry—has been important to

**...living at "The Estate" was one of the highlights of his college career.**

Mullins, and one of his favorite experiences on campus, because he is providing an important, very important, service to students by handling their laundry for them and has gained valuable business experience. "Lazy Mule Laundry has enabled me to apply knowledge from the classroom into a real world framework," Mullins is an English major with a minor in administrative science.

When it came time to choose whether or not to spend a semester abroad, the choice was easy for Mullins to stay in Maine. "I didn't want to miss a semester at Colby,

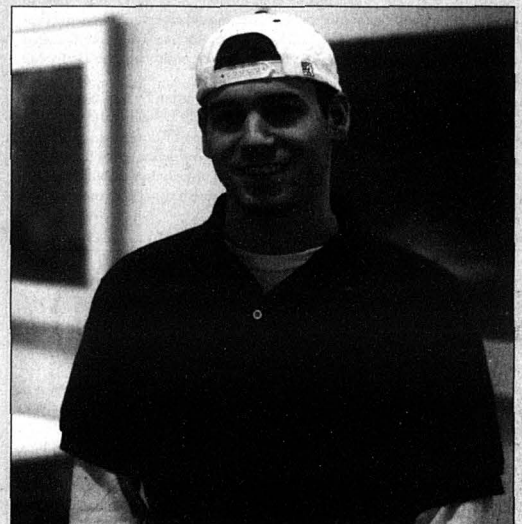
that is pretty much the only reason [I did not go abroad for a semester]. We have eight semesters here, and each one has been unbelievably valuable, to miss one of those would be devastating." Mullins compromised by spending JanPlan his junior year in Dijon, France and plans on teaching in China after graduation before eventually attending business school.

He did, however, spend his junior "studying abroad" in a sense, living in a house with four other juniors in Belgrade, Maine on Great Pond. According to him living at "The Estate" was one of the highlights of his college career.

Also, living off campus in a house with a kitchen allowed him to pursue one of his greatest interests—cooking. An accomplished amateur chef, Mullins almost attended culinary school instead of Colby and can often be found making himself at home at friends' kitchens in the senior apartments.

So why does Mullins like Colby so much?

"I like the weather" was his initial answer, but he went on to explain that it's much more than that. "I'm here for the academics, but I love the people here, that's what drives me." While he is not a morning person, Mullins said there are very few days when he wakes up and is not excited about his day at Colby.



Jeffrey Mullins '08

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# Opinions

## EDITORIAL

### Big plans for a big building

The purchase of the former Hathaway shirt factory by developer Paul Boghossian '76 represents the first phase in a project that holds much promise for the return of a vibrant downtown Waterville.

Since we first covered the Hathaway shirt factory project in the fall of 2006, the *Echo* has been excited about the possibility of the redevelopment of this landmark part of the downtown. This project is important for several reasons: it includes the preservation of a piece of Waterville history, a factory that has meant so much to so many; it marks a major step forward in the revitalization of Waterville; and it further strengthens the commitment of this college in the future of this city.

Furthermore, in the last few years Waterville has seen a lot of development along Kennedy Memorial Drive and the Eustis Parkway especially near the two I-95 exits, leaving much of the core of the city behind. This project redevelops a critical site within the town, making use of an existing structure and resisting the urge to tear down and start anew.

For too long, development in the City of Waterville either sprawled to the corners of the city in new strip malls or tore down existing structures to make way for modern buildings. Many of the factory homes that were built during Waterville's years as a mill town were lost in the second part of the 20th century to new development, and some residents feel the city lost a certain degree of its historical character with them. To lose the Hathaway building would be to lose a giant that has towered over the downtown for decades.

This project will only serve to drive further redevelopment of the downtown. Boghossian has plans for other structures in the Lockwood Mills complex as well and will develop them subsequent to the Hathaway building. Additionally, the influx of residents and workers on the property will benefit other merchants and restaurants in the area.

The City has plans to redevelop the Kennebec waterfront known as Head of Falls and this project can and will be easily tied in to that project.

With any development there is risk, and Boghossian's commitment to this project has been outstanding. While the College has always been supportive of the plan, their recent contribution of a \$1 million loan to Boghossian to help finance the project is an important contribution and gesture toward the initiative. The College must be on board with projects that can make a big difference in the future of Waterville, and the Hathaway building is just such a project.

With Boghossian optimistic for residents moving in by next September, by this time next year the College will most likely be taking the next step toward supporting the process through some type of downtown presence. Whether it be apartments rented by off-campus residents, space for student artwork or offices for professors on sabbatical, the Hathaway building will be a great opportunity for the College to establish a positive presence on Main Street.

Junebug

by Hootie Giangreco



*"All we're suggesting is that my client receive the salary he deserves as a franchise player."*

NOTE: THE OPINIONS EXPRESSED IN THIS COMIC STRIP ARE THOSE OF THE ARTIST AND ARE NOT NECESSARILY SHARED BY THE ECHO.

### Being a smart Santa this holiday season



By JEN COX  
OPINIONS EDITOR

In the next few weeks, stores across the earth will be jumping to life with holiday activity. It's a time to show our loved ones that we care, and to give to charities to help those in need. This year, the Internet and many businesses in the nation will help us do both at the same time. Too many of us will bustle through the next few weeks throwing our money at whichever stores catch our eye. It's time we ask ourselves where that cash is going and who it is going to. I understand that the perfect gift may be a designer shirt or a lacrosse stick, but if you're undecided on what to give this season or what to put on your own wish list, I recommend taking a look at the hundreds of websites online that offer amazing products but transfer all or a portion of their income to charities across the globe. Let's be smart this season.

The Internet makes it that much easier for us to be aware of what we are buying. We are connected immediately to the information we need to be intelligent consumers, and the means to directly help others with our shopping. Check out sustainable websites like [www.branchhome.com](http://www.branchhome.com). Google your favorite charity and browse the merchandise in its online stores. You can even buy your friend a Facebook present and send a camel to a Mongolian family or safe drinking water to Africa. These are gifts that will mean something, to you, to your loved ones, and perhaps something even more to a stranger thousands of

miles away.

I have compiled a short list of some of my favorite websites I have stumbled upon in the past week. Each of these sites offers fantastic and fun merchandise, but more important is involved with causes that truly matter.

1. **TOMS Shoes**—For every pair of comfortable, unique shoes that you buy, Blake Mycoskie will donate an equal pair to a deserving child somewhere across the world. The team is currently in Africa putting shoes on little feet and smiles on little faces. Its goal is to deliver 50,000 pairs of shoes. [www.tomshoes.com](http://www.tomshoes.com)

Each of these sites offers fantastic merchandise, but more important is involved with causes that truly matter.

2. **Mondonation**—This website lets your creativity play with your generosity. Write a belief on sustainable clothing or pillow cases, and you can be a walking billboard for whichever idea you choose. Write something inspirational, like "I believe things can get better," or something more personal, like "I in the Boston Bruins." This is an opportunity to wear what you believe in. You get to choose from a growing list of charities and the company will donate a portion of your money to that charity. [www.mondonation.com](http://www.mondonation.com)

3. **Little Feet**—Little Feet is an organization that donates soccer balls

to underprivileged children throughout the world for every soccer ball you buy. According to its website, last year alone it sent over 40,000 soccer balls to U.S. servicemen and women in Iraq to give away to the children, and another 10,000 balls to children living in extreme poverty in over 20 different countries around the world. [www.littlefeet.com](http://www.littlefeet.com)

4. **Laptops for Children**—As seen in the Community Digest a few weeks ago, you can now donate laptops to children in a developing country who may not otherwise have Internet access or the chance to use a computer. These small, lime green laptops are ideal for children, and if you purchase one before Dec. 31, you can take part in the buy one get one program. <http://laptopgiving.org/en/index.php>

5. **Make It Right**—To their credit, celebrities have been introducing and endorsing important causes this year and greatly enhancing the contribution and attention to these programs. One great site is Make It Right, Brad Pitt's project to build affordable green housing in New Orleans. These houses are great for the environment, but they are also helping victims of hurricane Katrina and building a stronger community. In their online store, the money they make from these fashionable hats, tote bags, and apparel goes toward making this project happen. <http://www.makeitright-nola.org>

Though we should be conscious always of where we are shopping, the next few weeks are a great time to help others when they are most in need. Before you head to the mall, take a look at the websites of your favorite charities. Chances are, you will find a gift for almost everyone on your list. And spread the word! Santa Claus has been good to me, at least. I think it's time to pay it forward.

### Discussing the draft: the economics, and ethics of conscription



By ISAAC OPPER  
CONTRIBUTING WRITER

On January 8, 2003, Charles (Chuck) Rangel, a member of the United States House of Representatives, introduced a bill calling for the reinstatement of conscription or a military draft. "I want to make it clear," he said, "that if there were to be a war, there would be more equitable representation of people making the sacrifices." He went on to say, "For those who say the poor fight better, I say give the rich a chance."

In the government class I'm taking this semester, one of my projects was to research the draft and decide whether

### I too, going to a boarding school for high school, was separated from the realities of war.

The United States should implement one. Before my research, Rep. Rangel had me convinced. The politicians in Washington did seem a little separated from the realities of war. I too, going to a boarding school for high school, was separated from the realities of war. I knew only one person who was actively serving in the Army and another who was at the Air Force Academy. When my parents' friends would ask me why more of my generation wasn't protesting the War in Iraq the way they did the War in Vietnam, I told them it was because we weren't being drafted. When you don't know anyone affected by the policy and when the policy has little chance of affecting you personally in a direct way, it is more difficult to get passionate to the point of action about the issue. Chuck Rangel was right in my mind; the only way to get people to care enough was to make sure that all socio-economic classes and races were represented equitably in the Army and right now that was simply not the case. The Army was full of poor, African-American soldiers who had no other options.

After doing my research for the project, however, I realized that Rep. Rangel was right in some ways. The make up of the Army did not look like that of the United States. There was one minor caveat. It was lacking in soldiers from poor families not from rich families. Granted, soldiers from families who make more than \$100,000 a year are underrepresented in the Army, but only slightly, and the

Continued on Page 9

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### Students on the Street

What is your study aid of choice?



"Ich liebe rauchen."  
—Charlie Goodman '09



"Running."  
—Andy Smith '11



"John McCusker."  
—Sonia Mahabir '11



"Lots of really long pointless breaks."  
—Emma Gildesgame '10

# When they're gone: The gaps left by graduates



By KRIS MIRANDA  
COPY EDITOR

I really don't want to be a senior next year. It's not just the suite of normal reasons—like attachment to my professors and classmates, or the “I have no-fucking-clue” answer to the question “What next?”—although they certainly play a role.

Mostly I'm worried about running out of people to look up to.

Certainly my class has its share of luminaries; I even have the privilege of being acquainted with a number of them. But for some reason it's easier to valorize people who are older than me, even if it's just by a year.

Part of it is because with that gap I can still look at some of the more impressive ones and say, “Hey, I've got time to get there.” Last year I even used the line “I'm just the sophomore”

when I was the only one of a group of philosophy majors who didn't have a good question for a job candidate. As my senior year draws nearer and I'm not really feeling any smarter or sharper or wiser, I'm getting more than a little nervous. I'm worried about my personal ability (or lack thereof) to match the philosophy majors (for example) who've come before me—what if the overall quality of the department drops because I can't step up? I'll also miss the comfort of knowing that there are people around who are significantly more capable than I am. And one some level it seems vaguely unfair that the younger majors won't have the same seniors to look up to that I've had.

**Part of it is because with that gap I can still look at some of the more impressive ones and say, “Hey, I've got time to get there.”**

In other words, Colby College just won't be as impressive an experience to me as it is now. Again, this is not

some negative reflection on my class or the underclassmen; I admire some of both a great deal (consider my younger editors, among others). But being able to see excellence in all directions, including when I look “up,” is part of why I love this place.

Can you imagine a jazz band without Jack Davidson? Next year, will you be able to imagine the future of Colby Improv without Esther Boyd?

But I guess that sort of thought crosses minds every year, and the following year always does pretty well for itself. Kate Braemer was the face of the Woodmen as far as I was concerned and I didn't even know

her, but by all accounts they still chop things like few others can, and the chainsaws still going at the Activities Fair (that's Campus Life Expo for you first-years).

And I guess down the road people will wonder what jazz band concerts will be like without Kathleen Fallon, what the Echo Sports section will be without Nick Cunkelman, what the Musicians' Alliance will be without, well, the entirety of The Headrights.

Hm. I seem to have wandered back into my familiar territory of general elitism. But you get the point, I hope. Every year so far, I've been able to look at the senior class and see a few people far ahead of the pack that is Colby-at-large, and not having known them for part of their Colby careers there's been a vague curiosity about how far they've come, one of those feelings that for me comes closest to giving a real-life college a brochure-ish feel. It's different looking at my classmates and underclassmen; some I've “grown up with,” others I'm watching the rise of. All cool feelings, and I guess I just don't want to lose even one.

So hold onto your older friends while you can, underclassmen, and for any who've been misled into thinking that I'm anything special, next year I'll try not to disappoint.

# The reality of our television

By BRIDGET ELY  
CONTRIBUTING WRITER

Whether it's the anything-but-nice girls on “America's Next Top Model” (Bianca, anyone?), “Project Runway,” “Survivor” or the questionable search for love on the “Bachelor” and my most recent guilty pleasure show, “A Shot at Love” with Tila Tequila (one episode featured an honest-to-god cat fight, it was insane!), reality television often shows the worst sides of human nature. Most reality shows make an effort to focus on the worst elements of human nature and pass it off as usual behavior. There are shows that are uplifting, like Extreme Makeover Home Edition. I have to say that there should be more shows like that on television. It's not just because Ty Pennington is a cutie but that show is an example of how generous and kind people can be. I prefer shows that improve the human spirit rather than shows made to concentrate on behavior that gives us nothing but cynical laughter.

It is hard to deny, however, that although these shows are morally questionable and deliciously scandalous, they are dangerously addictive. People desire these shows perhaps to confirm to themselves that their lives are not so bad or to experience some sort of “sympathy drama” (much like those men who experience ‘sympathy pregnancy’). Whatever it is, I have to express concern at what this says about

society and what these shows tell our children are acceptable. Although reality shows usually do contain a sense of healthy competition, the backstabbing, just plain mean competition usually shown is not what children should emulate. The fact that two girls would get into a catfight on national television seems a little bit extreme. As children begin growing up earlier, they imitate the behavior that they see adults exhibit. This results from a combination of their parents' behavior and the behavior that they see on television. How can we be surprised when ten-year olds girls are swearing and dieting after watching “ANTM”?

I'm not trying to say that we should ban reality television from the airwaves. That is unrealistic and I enjoy

**Instead of acting like those catfight girls, I propose that we act more like Ty Pennington and his crew.**

“ANTM,” “A Shot at Love” and “Extreme Makeover Home Edition” as much as the next girl. We have to seriously realize, however, how negatively some of these shows portray human behavior and how much they might affect our attitudes as adults. If our fantasy life is

mean and violent, how can we expect our reality to be any different? Instead of acting like those catfight girls, I would propose that we act more like Ty Pennington and his crew. You don't have to build a house but just one small random act of kindness a day would be enough. Reality TV shouldn't become our actual reality but we can emulate some things about the people we watch.

## OPPER: on the draft

Continued From Page 8

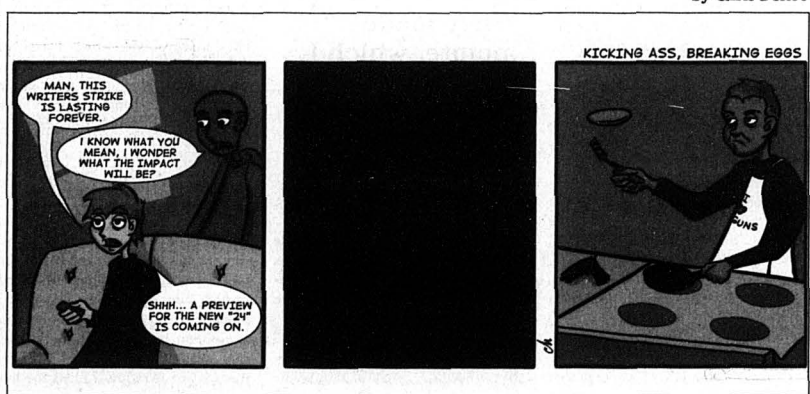
most underrepresented income range is from \$20,000-\$25,000 per year. Most soldiers come from middle class families, who make between \$35,000 and \$55,000 per year.

Rep. Rangel's office also pointed out that 30 percent of the nation's military are minorities. This is certainly true, but it's also true that about 30 percent of the nation's citizens are also minorities. No major racial group is overrepresented or underrepresented in the nation's military and, in fact, whites are actually overrepresented in the amount of deaths in Iraq and African-Americans and Hispanics are underrepresented.

Furthermore, it takes about three days of entry level microeconomics to see that the draft is horribly inefficient. The fact that you have to force people to serve means that there is more demand for soldiers than there is supply. In a perfect market, this means price would go up and they'd find a perfect equilibrium. The fact that a draft forces them to serve means that equilibrium is not reached, which causes all kinds of inefficiencies, since instead of charging the general public to increase the wage, you just force the people to serve and pay them less. Therefore, a draft is, in a way, a tax on those who serve. It's also very regressive, since it falls on entry level soldiers, and it also costs the government money, since they usually end up getting more soldiers than they otherwise would. Thus, a draft can be thought of as a regressive tax on patriotism that costs the government money—not exactly the best selling point. It also ends up taking money out of the economy and, according to studies, can decrease overall GDP by one quarter of one percent to one percent of a country's GDP. Almost every analysis shows that a draft would also hurt the quality of the military since most of the draftees are simply “doing their time” and not looking for a long term career, like those who sign up voluntarily. To put it bluntly, looking objectively there's little to no evidence that one could use to support a draft.

What bothers me is that Rep. Rangel somehow did not see this. I'm sure that he knew the draft bill would never pass, but why, then, did he propose it in the first place? If it was to have it debated, I would hope that his staff was able to do the policy analysis that I was able to do after one semester of class. My worry is that the fact that the draft makes no sense either militarily or economically did not bother them, because they liked the press. They knew that people like me took them for their word when they said that the military was made up of poor black kids. In this case, it did not matter. The bill went down 402-2 and Rep. Rangel himself did not vote for the bill, saying that it got “corrupted.” But what if the bill was instead for something that was controversial? Do our Representatives and Senators actually pay attention to whether policies make sense or not? After learning about the draft and Rep. Rangel's plan, I'm less hopeful.

## People Skills



NOTE: THE OPINIONS EXPRESSED IN THIS COMIC STRIP ARE THOSE OF THE ARTIST AND ARE NOT NECESSARILY SHARED BY THE ECHO.

Have a cartoon you would like to submit? Please e-mail Jen Cox at [jncox@colby.edu](mailto:jncox@colby.edu).

# Monkeymeat and glop through the ages



**I'M NEVER GOING TO RETIRE**  
By C.W. Bassett

In my early days at the dining facilities at my various institutions of higher education, I would walk down the food line where (mostly) sturdy ladies offered to fling a dollop of various steamy glop onto my tray. The atmosphere was always foggy, and the little signs identifying the glop seemed to have little to do with reality. Glop was white glop or green glop or yellow glop.

But it was still glop, especially what was certified by the sturdy ladies to be meat. “Jeez, what is it?” I would say. “Same old monkey meat,” my friend would reply. And that was it: some strange conglomeration of unidentified flesh was always designated “monkey meat,” and we decided to eat it at our peril. And that was often enough in those food-benighted days in the ‘fifties. It was either eat the unidentified flesh or make do with an extra dollop of (for Lord's sake) squash or cauliflower.

I'm 75 now, in reasonably good

health, so the mystery diet of the Fifties food lines can't have been all bad. And when I pass through the chow lines at Foss or Dana or Bobs, clearly the food looks far more appetizing as well as identifiable; the sturdy ladies are more pleasant as well. But I was surprised one recent day to be in line behind some very sturdy guys. “I'm gonna pass on the monkey meat,” one said sturdily. Ah, I was back to my youth.

**Little did you think when you were kidding around in the chow line that that mystery meat was as lethal as Ms. Manneh's imports.**

In this Sunday's *Morning Sentinel*, a headline caught my eye: “Criminal Case Spotlights African Immigrants' Use of Monkey Meat.” The Associated Press reports that “From her baptism in Liberia to Christmas years later in her adopted New York City, Mamie Manneh never lost the longing to celebrate religious rituals

by eating monkey meat.”

It seems that under Manneh's cover of imported smoked fish, Customs officials discovered “skulls, limbs and torsos of non-human primate species.” And then they busted Ms. Manneh for smuggling monkey meat into the Great Land of Ours. Customs claims that “the potential health risks to humans link bushmeat [what Customs calls monkey] to diseases like Lassa fever, Ebola, HIV, SARS, and [get this!] monkeypox.”

MONKEYPOX, FOR HEAVEN'S SAKE. And Lassa fever. Little did you think when you were kidding around in the chow line that that mystery meat was as lethal as Ms. Manneh's imports. She claimed to Customs that a tiny, hairy arm that they discovered in her garage was “a gift from God in heaven.” Yeah, right. God is well known as an importer of hairy arms.

Given what we have learned in the New York/Manneh case, Colby's Dining Service is probably not serving “bushmeat,” at least not very often. Still, it's always safer to stir the lasagna in case you come up with a tiny, hairy arm. Whoever adulterated your lunch is, in Customs' words, “a menace to man and beast alike.” So keep the arm in case you want to sue.

Do you suppose the rash on my ankle could be monkeypox? Nahhh! I'm a vegetarian. At least in the dining halls.

# Surprises overseas



By BYRON MEINERTH  
CONTRIBUTING WRITER

It seems that just about every junior, senior, or faculty member in the humanities has ten reasons why you should go abroad. I can only think of one, and even with this one reason, I can't tell you what will happen during your time abroad. All I can say is prepare to be surprised.

Am I going to say prepare to be surprised by the poverty in the third or fourth world country you'll visit, or by your inability to communicate with that nine-year-old who speaks another language? No. Those will surprise you, but describing them would be too easy and too predictable.

I've been studying and living in Spain for the past three months, and each week I'm still discovering aspects of Spain that bear no resemblance to those of the U.S.

Throwing one's napkins and toothpicks on the bar floor is appropriate and easier for the bartenders to clean up. Pride in Spain as a whole country is rare, if not nonexistent in some areas; people have much larger loyalties to their home cities, and to their native languages (Spanish, or Castellano as it's often called, is not the only language here). Most surprising for me is that Spanish girls don't have a certain addiction to Mr. Dylan Perry like Americans girls do.

But there are differences and problems that arise from language, as well. Like the one time in my music class when I asked, “These books were transcribed by monkeys, right?” My class,

who knew that I meant to say monks, promptly ragged on me. Or another time, when I told my advisor that I was “horny,” in place of “feverish.”

Having suffered instances such as those, one can imagine my joy at traveling to an English-speaking country this past weekend: England. I was quite amused by being able to understand everything that was going on, not so amused by their ridiculous accents. While there, I met up with Abby Sussman, who gave me an excellent tour of her part of the city. We also had time to share our expatriate woes, speaking of linguistic intricacies in Spanish and British English, surviving in Europe with the dropping dollar, foreign stereotypes of Americans, and foreign views about Iraq and our current president.

As my time quickly came to end, I checked in online for my flight. On the way to the airport, I looked over my booking confirmation, which read, “bypass airport check-in and go

straight to security control.” Around 50 minutes before departure, I headed up to security, weaving through a labyrinth of queues.

At the second point, I was informed that I needed to head back to check-in, because the info I had was not sufficient enough.

At check-in, an employee told me that check-in had already closed, and the next available flight was in 24 hours. In vain, I tried explaining that “bypass” means to “go around” or to “avoid,” to which the employee countered, “No, it means that you physically have to ‘pass by’ check-in, hence bypass.” Afterwards, pulling my sleeping bag out in preparation for the next 24 hours, I wondered not about foreign languages or poverty in other countries, but how the most seemingly similar areas could still be so foreign.

**All I can say is prepare to be surprised.**

## 1001 smiles toy drive

**Toys go to KVCAP for distribution this holiday season**

Students can drop off toys at the Student Post Office in Cotter Union between 8 a.m. and 4 p.m. Monday through Friday

Cash is accepted in lieu of toys, and purchases will be made by Alan LaPan and donated to KVCAP.

**Over 11,000 toys have been collected in recent years. The goal for this year, and other years, is 1,001 toys. This campus wide effort, bringing together students, faculty and staff, has brought smiles to less fortunate kids faces for years.**

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Open Tues - Sat

# Arts & Entertainment

## this week

WEDNESDAY, DEC. 5

• **Megs Concert**  
10:00 p.m.  
Lorimer Chapel/Chapel

THURSDAY, DEC. 6

• **Student Holiday Craft Sale**  
4:00 p.m.  
Art Museum/106 Art Museum Lobby

• **Open Mic Night**  
5:30 p.m.  
Foss/Dining Hall

• **EN279B/379 Student Poetry Readings**  
7:00 p.m.  
Miller Library/Robinson

• **Collegium Musicum**  
7:30 p.m.  
Lorimer Chapel/Chapel

• **Colby Eight Concert**  
8:00 p.m.  
Mary Low/Coffeehouse

• **Colby Improv Show**  
10:15 p.m.  
Cotter Union/LoPo

FRIDAY, DEC. 7

• **Carols & Lights**  
7:00 p.m.  
Lorimer Chapel/Chapel

SATURDAY, DEC. 8

• **Carols & Lights**  
3:30 p.m. & 7:00 p.m.  
Lorimer Chapel/Chapel

• **The Colby Figure Skating Club Holiday Show**  
8:00 p.m.  
Alford Athletic Center/Hockey Rink

## Railroad Square Cinema Waterville 873-6526

Here's What's Playing Fri. Dec. 7 through Thurs. Dec. 13:

**NO COUNTRY FOR OLD MEN**  
PG-13 Nightly at 4:50, 7:15; also  
Matinees Sat./Sun. at 12:00 and 2:25

**BEFORE THE DEVIL KNOWS YOU'RE DEAD**  
Nightly at 5:00, and 7:25; also  
Matinees Sat./Sun. at 12:00, and 2:35

**SLEUTH**  
R Nightly at 5:10, 7:00; except  
no 7:00 on Monday; also  
Matinees Sat./Sun. at 12:25

**THE LONG GOODBYE**  
R Mon. 7:00; also Matinees  
Sat./Sun. at 2:15  
Special Screening, free for  
members and their guests.



The Colby Dancers demonstrate talent and grace on the Strider stage during this year's fall show, "A Little Bit Of Rhythm, A Whole Lot Of Soul!"

## Colby Dancers make a smash, metaphorically speaking

By JENNY DEAN  
STAFF WRITER

The crisp air brought people into Strider Theater last weekend for the Colby Dancers' fall show, "A Little Bit Of Rhythm, A Whole Lot Of Soul!" It featured an eclectic range of dance: tap, folk, jazz, step, lyric and ballet. If someone demanded I make a metaphor of this occasion, I would liken the performance to a comfortably upholstered sofa.

The sofa had its hard bits, the frame and the legs, which were the tap dance and steppers. These were three numbers wherein the chief activity involved hitting the floor (naturally, all of the dances involved hitting the floor, but these pieces did so to make a rhythm). "Crazy Luv" was a classic tap-dance. It was a rousing piece with all the beloved clacking madness that stirs up old memories of Fred Astaire or Savion Glover (for those of us raised on

Sesame Street). The other two were step numbers, one by the Colby Step Team, and the other by DYNASTY Step Squad. Both numbers were impressive. Their synchronized pounding was percussive euphony. The Colby Steppers wore camouflaged, military-inspired apparel and enhanced their routine at one point with neon bangles. DYNASTY, on the other hand, was notable for a borderline-frightening aura of professionalism, well matched by its practiced routine.

Then there were the springs hidden beneath the sofa's seat. These were the more poppy numbers, like "Gyrate" and "Throw Ya Hands Up." They featured mostly line dancing, and somewhat lascivious movement reminiscent of the popular boy bands of the '90s. In the former, a large group of young women in colorful popped polos graced the stage. "Throw Ya Hands Up" was a jazzier

piece that involved wife-beaters and baseball caps. Each featured an all-female cast performing an inspiring array of postures, twists and turns.

**They made  
poirte, which I  
assume to be a  
fairly painful  
experience,  
look pleasant.**

This category could also include "Step Outta Line." This zealous number toyed with the notion of gender roles by pairing off the all female cast into pants and skirts.

Then there was the fluff. "Fluff" in this context signifies nothing negative, because a sofa would be

nowhere without its padding. The fluffy bits of this metaphor were merely the softer numbers. This included the ballet "Variations from 'The Sleeping Beauty.'" Three ballerinas performed in this medley, each with a lengthy solo feature. They made poirte, which I assume to be a fairly painful experience, look pleasant. And to see tutus grace the stage was a happy surprise. The fluffly also included pieces like "How Sweet It Is," and "You Give Me Fever," up-beat and jazzy, but not ecstatic performances. "On The Couch" was also in this category. This dance featured the only male member of Colby Dancers, who alternately fell and danced off of the couch, as young women frolicked around him enticingly. The piece ended suggestively with the untying of a ribbon, but in the end, the young man was left unfulfilled. "From Women To Warriors" was another

dance involving ribbons, though these ones stayed firmly attached to the participants. This selection ended somewhat triumphantly with the dancers approaching the front stage, hands raised.

The upholstering I have left for a particular reason to "Indian Fusion" and "Israeli Folk Dance." The former was a mix of traditional Indian dance with modern. It played with the space of the stage, and opened with an interesting quasi-tableau. The latter was charming, and utilized all the flowing material and festive clapping one could hope for. The two dances would undoubtedly make a good fabric pattern, amidst the appropriate decor.

Ultimately, a sofa is not the best metaphor for a performance of the nature and quality. The performance was far too good to be casually abused like most sofas; instead, it could be placed prominently in the drawing room for only special occasions.

## Another fantastic film from the Coen brothers

By DANIEL STIPANUK  
CONTRIBUTING WRITER

The film opens with sweeping, bold establishing shots. The camera observes and listens to the beautiful, blind world that surrounds it. These are the first images in the Coen Brothers' brilliant, violent 1996 film *Fargo*. To compare the Coen Brothers' films is like comparing apples to wood chippers. From the hilariously surreal, L.A.-drenched tall tale of *The Big Lebowski* to the dark, neo-noir moodiness of *Miller's Crossing*, the Coen Brothers capriciously maneuver between genres, not so much reinventing them, but splattering over them with their unique cinematic style. With their new film, *No Country For Old Men* (based on the best selling novel by Pulitzer Prize-winning author Cormac McCarthy), the Coen Brothers return to their *Fargo* roots with another brilliant, violent tale of greed, fate, and self-destruction.

Both films open similarly with shots of everlasting landscapes and horizons, but the tundra wastelands of North Dakota are now replaced by the dry, barren countryside of the Texas/Mexico border. Dramatic irony is immediately and poetically established with these shots, as we know the natural serenity of these settings is about to be darkened by a dangerous

series of events. It all begins with a serendipitous discovery by Llewellyn Moss, played by Josh Brolin. Moss is hunting, a daily routine of simplicity, until he spots a drug deal gone bad featuring several dead bodies and bullet-ridden cars. After carefully walking around the scene, he discovers a truck full of heroin and a satchel with two million dollars cash. From beginning to end, Brolin plays the character perfectly. He is smart and confident, but

## MOVIE REVIEW

there is pessimism in his eyes that grows darker as he realizes what he has done and what he must do to survive. If he takes the money, he'll be an instant millionaire, but he realizes that no one loses two million dollars and doesn't go looking for it. Either way, if he takes the money (which he does), he knows his life will change irreparably. His internal conflict is expressed solely through his body language and facial expressions. He masks his curiosity with stoicism, trying to justify the potential consequences.

Like *Silence of the Lambs* or *Collateral*, *No Country For Old Men* centers around a protagonist (Moss) but is fueled by the villain. Anton Chigurh, played with vicious audacity by Javier Bardem, is the assassin

searching for Moss. He is a man of principle. He is also a man of complete indifference to human life. This combination leads to one of the most unique, watchable, and completely insane characters in movie history. It is as if all the life he has taken has drained his existence. He bleeds red when he gets shot, but doesn't wince once while stitching himself up. He was created in another world (this is displayed overtly with his ridiculous haircut) but lives in ours. Bardem fills the screen with his presence, and Chigurh has the power to take everyone away to the stylized and violent world the Coen Brothers create. He talks slowly and chooses his words carefully. Chigurh is punctilious and dedicated in everything he does. The only thing he does, however, is kill. Every scene he is in is utterly compelling and suspenseful because every character is powerless against him. They have to react to him and what he may or may not do. The film's main theme is that in life there is no escape from destiny, and Chigurh acts as a black hole into which everyone gets sucked.

*No Country For Old Men* is a pessimistic yet gorgeous reflection on the inevitable consequences of actions. The themes are obvious from the beginning and are fleshed out with savvy patience and beautiful imagery. Along with *The Assassination of Jesse James*, *The Bourne Ultimatum* and *Eastern Promises*, I consider this among the best movies to come out this year. The film remains very true to McCarthy's book, and every role is cast pitch perfectly. Woody Harrelson and especially Tommy Lee Jones contribute outstanding supporting performances that buttress and flesh out Brolin and Bardem's main characters.

The Coen Brothers are regarded by critics and cinophiles as premier filmmakers, but you don't need to be a film student to enjoy their films (do you know anyone who doesn't like *The Big Lebowski*?). With *No Country For Old Men*, you can enjoy the movie on many levels. The acting is riveting, the action scenes are tight and dynamic, and the story is simple on the surface yet explores many interesting themes that lie below. All you need to do is enjoy the ride the Coen Brothers take you on. It's wild, to say the least.

## A Performance in "Good Shape"

By SONIA BOOTH  
CONTRIBUTING WRITER

From the get-go, Sunday afternoon's matinee performance of *The Shape of Things* grabbed audience members' attention and took us on an emotional ride. Rishi Chattrath '08, playing the character of Adam, was already sitting onstage reading a magazine as the audience took their seats before the show. It is hard enough to stay in character when the lights on the audience are down, but Chattrath managed to remain in the persona of Adam as two friends walked by and talked to him. Completely in character, he kept his eyes focused on *Newsweek* and did not seem to have heard them at all.

The first scene takes place in a museum in which Adam is the guard. Bailey Woodhull '08, as the character Evelyn, steps over the rope in front of a statue. "You've crossed the line," Adam tells Evelyn, and his choice of words is particularly foreshadowing. Throughout the rest of the play, Evelyn crosses the line in many other ways. Her plan in the first scene is to deface the statue by spray painting a penis on it. Before she goes through with this, however, Adam, who is obviously attracted to dangerous women, asks her for her number. Neither of them have a pen so she spray paints her number on the inside of his jacket. And so begins their bumpy and dysfunctional relationship.

From their first encounter, it is obvious that Evelyn is, to put it mildly, very controlling and demanding. Woodhull did such an excellent job conveying this personality, it was scary. My fear is that people who saw her performance and do not know her in real life may run away if they come across her on campus. I give her props for her ability to play the unfeeling, egotistical Evelyn with such ease. (Don't worry, she's a really nice girl in real life.)

The character Evelyn wishes to change everything about Adam. This includes, but is not limited to, his exercise habits, his habit of biting his fingernails and his friends. His friends are Jenny, played by Skylar Sutton '08 and Phillip, played by Preston Kavanagh '11. Phillip is engaged to Jenny and is Adam's former roommate from college. He, like Evelyn, is very self-absorbed. Kavanagh man-

aged to pull off the challenging role of the male chauvinist Phillip, right down to looking fairly comfortable in pastel plaid shorts. My favorite scene with Phillip was when he told Adam emphatically how much he must have changed since going off with Evelyn to have thrown out his corduroy blazer. Phillip had tried and tried to get him to throw it out the first year of college. At that moment, got the funny feeling that this relationship was like some of the roommate relationships I have observed at Colby.

The only character's personality I liked was Jenny's, Phillip's fiancée. When Sutton gave a heartfelt speech as Jenny about how she felt she was "an OK person, really" even if Evelyn could not see that, I was impressed with the emotion and tension she extracted. Sutton, Woodhull and Chattrath succeeded in making this particular scene crackle with feeling. I commend Chattrath in his believable transformation onstage from "geek" to Evelyn's Frankenstein monster. As a pair, Chattrath and Woodhull really had chemistry. Even though I just wanted Adam to call quits with Evelyn, Chattrath was quite convincing as Woodhull's loyal puppy dog. Another difficult character to play, but played like a pro.

At the end, I was so mad at Evelyn's character that I wanted Adam to do something very drastic. The surprise ending did not take me by total surprise as I saw it coming a little bit, what with Evelyn's video camera in the bedroom...I wondered why? Then when I saw Evelyn standing in front of the easels about to give her presentation for her final project, it all clicked. The final scene with Chattrath looking over Evelyn's material was also quite moving.

I also wanted to mention that I found certain set elements quite clever, such as the real bathroom sign. Did they steal that from someone's dorm? I also thought the reuse of set pieces and the conversion of the couch into a bed was quite good for quick set changes. The music selections were also top notch, gotta love the oldies. It made me rethink, though, when this play was set, but I guess the "nietzsche" because of the video camera.

And, finally, the moral of the play, if you find someone defacing a statue, run away. Never date an artist.



Javier Bardem straring as the assassin in the new Coen Brothers' film *No Country for Old Men*.

# Colby Symphony Orchestra brings in holiday season

By AMANDA MELLO  
ASST. A & E EDITOR

The Colby Symphony Orchestra, directed by Associate Professor of Music Jonathan Hallstrom, put on a wonderful concert in Lorimer Chapel on Sunday night. The Colby Symphony Orchestra, unlike groups at many other small colleges, is a full-sized symphony orchestra consisting of a blend of students, amateurs and professional players," Hallstrom explained. He explained that when planning each concert he attempts to put together a program that will please everyone in the diverse group, as well as the audience. Sunday's program, called *Music Appropriate to the Season*, delighted the audience with an array of waltzes and music to welcome the holiday season. Hallstrom explained that when putting together the program for this concert he wanted "to lighten up a bit...to put everyone in a festive mood for the Holiday season" in comparison to the more serious pieces the Orchestra usually plays.

The group opened with Nikolai Rimsky-Korsakov's "Suite from 'The Snow Maiden.'" This piece comes from his 1850s opera, "The Snow Maiden" which is about a goddess who comes down to earth, eventually feels the emotion of human love and as a result turns into a ray of sunshine and disappears. Hallstrom explained, "The interesting thing about the music for the opera is that the humans are almost always portrayed musically as bumbling, pompous or clown-like. The Suite we played contains some of the opera's 'mock-pompous' and clown-like pieces." The Orchestra played the piece very well, filling the Chapel with fun, frolicking sounds.



Jack Davidson '08 plays percussion behind the wind instruments at the Colby Symphony Orchestra concert.

The violas and cellos were especially strong in this piece, playing each note together and seemingly effortlessly. Victoria Work '08 explained, "Even next to some of the polkas, I think it's always been one of our liveliest pieces." Work also commented on the strength of the last movement, where the violas had many notes, which were played seamlessly, creating a strong melody. The Orchestra finished this piece on a strong note, setting the mood for the rest of the evening.

Following came Arcangelo Corelli's Christmas Concerto, featuring soloists Tara Brian '10 and Emily Parker '08

on the violin and Phoebe Larkin '08J on cello obbligato. The girls looked calm and confident as they moved through the quieter movements. Hallstrom explained the piece was written in the 18<sup>th</sup> century originally for a Christmas performance, and since then it has become synonymous with Christmas concerts. Parker said of the performance, "the duet is absolutely gorgeous—and it's really rewarding to play such harmonious chamber music. When it was over, I wanted to play it all over again." Brian also enjoyed playing with the group, explaining, "I think having a whole

group of people playing alongside you makes it much easier to live in the music and express it." The piece was beautiful, sending peaceful, soothing tones throughout the Chapel.

Next was Ottorino Respighi's "Ancient Airs and Dances," which Hallstrom explained is "modeled after 14th-17th century solo lute pieces. Respighi took the pieces and freely arranged them using a 19th century orchestra, but with the aim of keeping the essential flavor of the originals." The orchestra played these pieces very well, moving well between the loud sounds in the piece and the softer ones. The second movement was especially enjoyable, bringing to mind an image of a ballroom filled with dancers.

The Orchestra concluded with A Suite of Waltzes and Polkas, a grouping of four numbers. "My aim was to show off the lighter side of orchestral music without resorting to 'pops' tunes. These kinds of pieces are intended to be fun and tuneful and sometimes even feature special effects," Hallstrom explained. These four pieces were very fun and upbeat, and the group threw in some special effects, in Josef Strauss's "Feuerfest" and Johann Strauss's "Banditen Galopp." Eric Braunstein '10 commented, "The extra gunshot performance by Jack Davidson in Feuerfest really shook things up. Everyone, including Jon, was surprised by that."

Overall, the performance was fantastic. Hallstrom commented that the audience seemed to enjoy themselves, some even swaying to the waltzes. It appeared that Hallstrom met his goal of creating a concert appropriate for the season, as audience members left the chapel cheerfully, expressing how pleased they were with the performance.

## "The Big Open Show" goes up



The Student Art Committee shows off its artistic talents in the Mary Low Coffeehouse.

# Hypnotist at Foss dining hall generates many laughs from Colby crowd

By KEANE NG  
STAFF WRITER

Foss undoubtedly plays host to its fair share of unusual foods, events and residents, but last Saturday saw the arrival of its strangest guest yet: hypnotist Dr. Steve Atwood. We usually don't match the title of "doctor" with the occupation of "hypnotist," but Atwood, aside from his dyed hair and goatee, certainly looked the part. Dressed from head to toe in sleek black, he took the stage in timely fashion (10 minutes late) and began to explain the wonders of hypnotism to a capt and gradually growing audience. Sounding very much the scientist, Atwood likened being hypnotized to what we would usually call "spacing out": the small interval of time before falling asleep, the experience of drifting on a highway and missing your exit. "Positive hallucination" he called it, though the members of the audience who were eager to fall under his spell probably cared little for any fancy terminology.

Although the eager volunteers were many, there was only space on the stage for eighteen of them. Atwood rounded up his subjects and sat them down on the chairs placed on stage. Here the scientific spiel ended and the real fun began. Asking the volunteers to focus

on a light in the ceiling, Atwood then slowly counted down numbers; with each successive number he suggested that they fall deeper and deeper into relaxation. By the time Atwood was done with his countdown and had cut the music, one participant had fallen off her chair and was lying on the ground, looking as if she'd just stepped into a chamber full of sleeping gas.

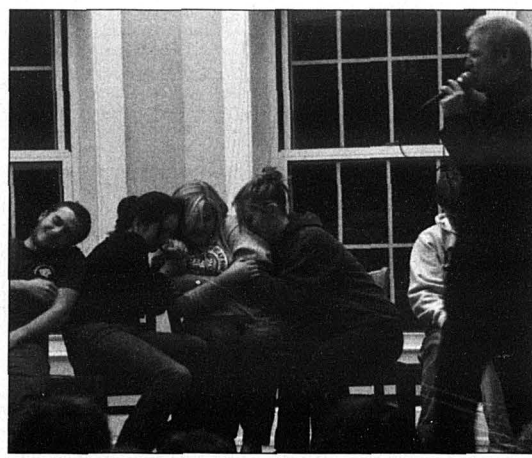
It started off ridiculously enough. Atwood asked his subjects to imagine they were on a sunny beach in San Diego. He then asked them to rub suntan lotion on themselves. They did. Then he asked them rub suntan lotion on the person sitting next to them. Somehow after that, lotion rubbing became hugging, and the volunteers pressed against each other as if they were best friends (or more than that, for the case of a couple of the participants, who were so enraptured in each other that they ended up clapping each other with legs and arms).

The proceedings then moved from under the San Diego sun to under the spotlight in a concert hall. "Imagine you have a baby grand piano right in front of you," Atwood cooed, then cued for "Great Balls of Fire" to blast from the speakers. The volunteers put their hands out in front of them and played air-piano ferociously. "Now play upside down!" Atwood commanded. He was slightly inaudible, so

the hypnotized remained mostly unswayed. One gentleman, however, turned around, put his legs over the back of his chair, leaned backward and played his imaginary piano upside down like Mozart in *Amadeus*, except, you know, there was no piano there.

After some fairly routine hypnotist fare ("Imagine you're watching a scary movie! Now a funny one!") Atwood

moved on to the most memorable segments of the evening. The first involved "trigger" words: Every time the volunteers heard the word "green" they would smell something horrendously awful. Conversely, every time they heard "red" they would smell the most wondrously fragrant aroma they had ever smelled. Atwood began to work the audience with some light



Dr. Steve Atwood entrances students at last weekend's performance.

# Spotlight on the Arts

## The Colbyettes

By MEREDITH KEYSER &  
REBECCA SHORT  
CONTRIBUTING WRITER  
& STAFF WRITER

What do glittering Teenage Mutant Ninja Turtles, Power Rangers, Care Bears, Mr. Monopoly, Barbie, My Little Pony, and a troll doll have in common? Childhood-themed costume menagerie aside, the eleven members of the Colbyettes share remarkable vocal talent and an unbridled enthusiasm for performance, which left friends, family and the greater Colby community thoroughly enchanted and entertained this past Saturday evening. The synergy between the girls was almost tangible—strong evidence of hard work, dedication, refined talent, and a sisterly bond unique to close-knit groups of girls with a mutual passion.

Founded in 1951, the Colbyettes are the oldest all-female a cappella group on campus and have had a reputation for their "traditional" sound. According to Maya Klauber '08, however, the group has recently broadened its repertoire to include pop, jazz, oldies and other genres. "We have more fun now," Klauber said. "We have made a conscious effort to loosen up and have fun with our audience." They have clearly taken this free-spirited performance style to heart, as last night's show was a dazzling array of sugar and spice, silly and sexy, with extra heaps of vocal prowess.

Thus the Colbyettes may be a talented group of young women, but they most certainly know how to cut loose. "Sometimes we can't stop laughing during a whole performance for some reason," Caitlin Coit '08 said. When asked about any embarrassing moments, Coit laughed and said, "We've started on the wrong note several times and had to start over. It happened twice in one concert."

Who inspires these young women to sing their hearts out on stage for our enjoyment? The girls cited a variety of influences in the final minutes before their show opened, ranging from Klauber's admiration for Tracy Chapman to Coit's recent-

ly developed love for gospel music. Caitlyn Wymann '10 said artists like James Taylor and Joan Baez have inspired and moved her as a vocal artist.

Phoebe Larkin '08J has been deeply inspired by the blues vocalist Susan Tedeschi. The Colbyettes performed "Wait for Me" last spring, featuring Larkin's richly powerful yet skillfully controlled voice. Larkin will be graduating in January, and the Colbyettes hope to persuade her back for an encore performance in one of their spring shows.

When asked what makes the Colbyettes special, the group's responses were enthusiastic. "It's about the friendships," replied Larkin, "and it's about the talent." Klauber said that the group has become a lot closer over the past few years. "We're like sisters," she said, smiling at her fellow Colbyettes. Coit added, "This is what I'm going to miss the most when I leave Colby."

Hanna Gerlovin '08 candidly recounted her journey toward becoming a member of the group, which entailed three auditions before admittance. As she explained it, the Colbyettes sound "so tight" because they take care to foster the right sound for the group as a whole, valuing group dynamic over individual talent, regardless of the strength of the candidate's voice. Gerlovin was encouraged to keep trying out, and was subsequently offered a spot in the Colbyettes line-up her sophomore year. The Colbyettes' values engender group conscientiousness and respect, which leaves lasting impressions on its members. "I wouldn't be who I am today without the Colbyettes," remarked Gerlovin.

Each girl glowed with the excitement that comes with live performance throughout the seven-piece set. The Colbyettes' Saturday night show was a testament to the talent and passion for entertaining that has been cultivated by sisterhood and hard work. These girls will continue to shine as invaluable members of the a cappella society at Colby and as students and friends for the College as a whole.

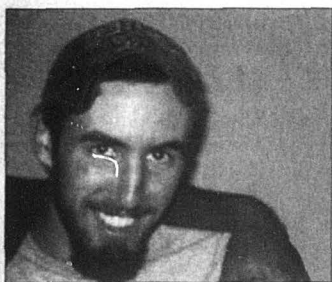


The Colbyettes

FILE PHOTO

## iPlay Devastator of the Week

### Brett Souza '10



The winter's first iPlay Devastator is indoor soccer goalie Brett Souza '10, who plays keeper for Multiple Scorgasms. In its season's opening game against the talented Macabees squad, Souza's lightning reactions kept his team competitive. Though the Multiple Scorgasms offense was unable to produce in the 7-0 loss, Souza made spectacular saves constantly as Macabees players teed off.

#### iPlay Highlights

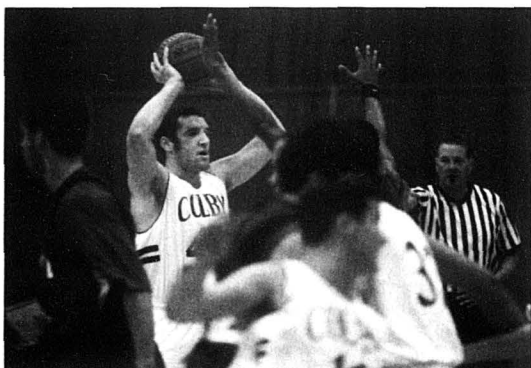
INDOOR SOCCER:

In a recent iPlay indoor soccer match, the Macabees trounced Multiple Scorgasms in their opening indoor soccer match, 9-0. The unstoppable Macabees offense had an all-star line-up that rained shots on the Multiple Scorgasms' goal. Look to see Macabees at the top of the rankings.

INDOOR SOCCER:

In the opening day of indoor soccer, Allergic To Juice was defeated by a powerful Quality Ass team, 0-3. Alex Olsen '11 of Quality Ass started things off by beating two defenders and rocketing a shot to the inside post. Though it was a tough day in net, Allergic To Juice goalie Nolan Reis '08 played strongly, which included a spectacular diving save at the end of the game.

## MEN'S BASKETBALL: To play Bowdoin at home this Saturday



The Mules beat Elms and UMF to capture the Colby Invitational title.

Continued From Page 14

were key contributors for the Mules.

Whitmore and the team hope to be able to officially open their home season with the game against Bowdoin College this Saturday at 2:00 p.m. The game is currently scheduled to be played at Thomas College, but progress on the Wadsworth floor has been promising. Before the drama of the Bowdoin contest, the Mules must defend their undefeated record on the road against the University of Southern Maine on Wednesday, Dec. 5.

Over the winter break, Colby will travel to Daytona Beach, Florida to take part in the Land of Magic Classic, with games against Ithaca College and the Rensselaer Polytechnic Institute.



At the MIT Winter Invitational, the women's swim team placed third, while the men's team placed fourth.

## Swimming competes at MIT invitational

By SARAH KIRKER  
STAFF WRITER

Although most of us spent last weekend trying to stay warm, the swimming and diving teams traveled to Boston to compete in the Massachusetts Institute of Technology Winter Invitational. The Mules swam against MIT, Tufts University, Brandeis University, Bowdoin College and Wheaton College in their third meet of the season after splitting their first two competitions, first losing to Amherst College and then easily sweeping the University of New England.

Kelly Norsworthy '08, who placed first in the 100 and 200-yard breaststroke events, as well as first in the 200-yard Individual Medley and second in the 200-yard backstroke, led the women's performances. Other top scorers for the women included first-year Chelsea Heneghan, who placed second in the 400-yard Individual Medley, third in the 500-yard freestyle, the 200-yard Individual Medley, 1,650-yard freestyle, and 200-yard freestyle events and Danielle Carlson '10, who placed tenth in the 200-yard freestyle and sixth in the 200-yard Individual Medley, and Maddie Given '08, who placed eighth in the 100-yard butterfly.

The men's side had its own outstanding performances by Evan Mullin '08, who took fourth in the 500-yard freestyle, sixth in the 50-

yard freestyle, and third in the 200-yard freestyle, while his teammate Kevin Smith '10 finished sixth in the 500-yard freestyle and fourth in the 1,650-yard freestyle. Andrew Peterson '08 came in ninth in the 100-yard backstroke.

This year's women's team boasts a fairly balanced team with eleven first-years, seven sophomores and six seniors, but only four juniors.

**At the conference level, 16 swimmers have captured NESCAC titles, while 72 have earned All-NESCAC honors.**

The men's side enjoys a similar evenness across the classes. Both teams started the season optimistically, with each boasting a winning record in dual meets and winning the coveted Colby-Bates-Bowdoin Championship title. Each team has strengths across the board but claims to be most solid in freestyle. The men excel in long distance, while the women have better sprinters. The women also have the added

bonus of returning All-American Norsworthy in the breaststroke events.

The swimming and diving season will stretch until late February, a time for the swimmers who earn a spot in the nationals, until late March. The highlights of this season will be the dual meet versus Bowdoin on February 10, which the Colby pool will host and the New England Swimming College Athletic Conference meet during the last week of February. Coach Tom Burton will be focusing his preparation on these final championship meets. Burton is best known for his ability to prepare swimmers for these events, and under his tutelage, many Colby swimmers have enjoyed unprecedented success these end of season matches. At the conference level, 16 swimmers have captured NESCAC titles, while 72 have earned All-NESCAC honors and nationally Colby has finished high as eighth at the NCAA Division III Championships. Also, 23 swimmers and divers have competed at the NCAA meet, garnering 75 All-America and 13 College Swimming Coaches Association of America Academic All-America honors.

In this year's heavily anticipated rivalry meet against Bowdoin College, the women's team will be facing a completely retooled team, made up of its large first-year class but both men and women will be looking for a repeat of their successes from last season.

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## How to out score the NE Patriots



THE FOCUS ON FANTASY  
By DANNY EPSTEIN

I'm going to whine over the course of this first paragraph because I'm very irritated with my fantasy football team, and it's my column, so I can do whatever I want with it. My team has scored the second highest fantasy points in the league and I've been officially eliminated from the playoffs with two weeks still to go in our regular season.

I have Tony Romo and Adrian Peterson, so I've outscored most teams in my league on a weekly basis. The problem has been that in three weeks my team has been the second highest scoring team in the league, and all three of those weeks I have been playing the team who scored the most. I've never seen such horrible luck in fantasy sports as my team is having this year. To make matters worse, last week, needing a win to stay alive, I tied a game where my opponent had Tom Brady and Wes Welker. I had Jeff Garcia who got hurt on the first play of the game, and I got absolutely nothing out of Joey Galloway because of Garcia's injury. My opponent tied the game with about four minutes left in the fourth quarter, crushing the hopes of my fantasy football team. Now that I've been able to express my frustration through this column, I'll move on to try and help out your team.

Throughout the season, I've dissect-

ed every aspect of fantasy football from the players, to the strategy, and the luck (or lack thereof) involved throughout it. This week, I'm going to give this column more of a national sports slant. Tom Coughlin, coach of the New York Giants, listen up, because I'm going to tell you how to beat the New England Patriots. That's right folks, I'm going to gameplan against the Patriots. No coach has been able to slow down this juggernaut but I have a few suggestions to greatly increase the odds of winning and ruining the Pats undefeated season.

First, when the Pats are on offense, unleash the pass rush and blitz on almost every play. Brady doesn't like to get hit and when you hit him once,

**Tom Coughlin, listen up, because I'm going to tell you how to beat the New England Patriots.**

it will throw off his accuracy for the rest of the game. The Eagles successfully did this last Sunday night and threw off Brady's rhythm for most of the game. Secondly, don't play zone defense, Brady and Moss will pick you apart. Play man-to-man and take your chances with getting beat down the field a few times. When teams play zone, they get abused up and down the field. It's worth blitzing and giving up a few big plays if you can cause a few

turnovers and maybe knock Brady out of the game. Thirdly, punish Patriots receivers like they did against the Rams in the Super Bowl. Hit Moss and Welker every chance you get to make them pay after every catch. Lastly, the Patriots don't run the ball whole lot so don't be concerned Maroney rips off a few long runs. The coaching staff doesn't seem to like stick with the run (this is probably because they pass the ball so well), this usually isn't much of an option.

When the Patriots opponents are on offense, you have to throw the ball frequently to have success. Most teams try to play ball control against the Patriots to keep their offense off of the field. The Pats load up linebackers in the box and stuff teams' running game knowing that they want to keep Brady and Co. off of the field. Besides the strategic aspect, the Patriots second can be had. Samuel is grossly overvalued and Rodney Harrison is not getting any younger, thus it is efficient to throw the ball. When you decide to throw the ball, run to the outside, not up the middle. Vince Wilfork single-handedly stops the middle running back due to his immense size, so stretch plays and tosses are often effective. Ted Bruschi and Junior Seau are older and have problems when they have to run long distances to make the play. Brian Westbrook and Joseph Addai had good success running the ball off tackle and on sweeps.

Am I guaranteeing victory if you do this? Absolutely not because there's a chance that teams like the Jets or Dolphins can beat the Patriots because they do not have to overall talent needed. In the playoffs, for teams that are talent comparable to the Patriots, the strategy will be the most efficient way of containing the offense and exploiting the defense.

# To the critics of the New England Pats: Grow up



**PLAYIN' THE FIELD**  
By TODD HERRMANN

Up to this point in the National Football League season, the New England Patriots (who I picked to win the Super Bowl before the season... I'm just saying) remain undefeated, at 12-0. No professional football team has finished a season undefeated since the 1972 Miami Dolphins. But even with all the hype surrounding the possibility of only the second perfect season in the history of the NFL, people still find things to criticize. In this case, one of the biggest criticisms of the Pats is that they run up the score, continuing to rack up points long after the game has been put out of reach. The Pats are certainly scoring a ton of points, as they have won games by scores of

38-7, 52-7, and 56-10, and have won eight out of their eleven games by over twenty points. People, from fans to sportswriters, and most appallingly, even players, have complained about this. The controversy so far has peaked with the 56-10 demolishing of the Buffalo Bills.

The score was 42-10 going into the fourth quarter, and the Patriots starters were still playing. Although they were mostly removed from the game by the end, it did seem that the Patriots continued to try to score when the outcome of the game was already sealed. Later in the week, some of the Bills players complained to the media about the Patriots so-called running up the score. Many people in the world of professional sports seem to agree, calling it disrespectful (the fact that total number of points scored in a season is a factor in who makes the playoffs in case of a tie, so scoring a ton of points in a game that is out of

hand could be beneficial, is always conveniently excluded from these arguments).

All I can say to those people is: grow up. Running up the score is not OK in youth leagues; little kids should not be winning games by fifty

points. That is why there are mercy rules... at some point, the game just ends, to minimize the score differential. Even in college, sometimes the talent gap can be so wide that running up the score is unfair and unacceptable. But these are professional athletes here, on a level field, not twelve-year-olds. Patriots' cornerback Randall Gay defended the Patriots, saying, "do we think it's disrespectful when they went and picked up their checks for letting a team score fifty points on them?" Many people said this comment was even more disrespectful. But I think he was right... these are professional football players, they are supposed to

be some of the toughest men on the planet. And yet here they are bitching about other teams beating them up.

The situation is not even like baseball, where the lack of a salary cap causes teams like the Red Sox and Yankees to be able to buy players that teams like the Devil Rays and Marlins simply cannot afford. Every NFL team has nearly the same total salary, is on a level playing field, and the Patriots are simply better than everybody else. Much better right now. The people who are paying other teams should see it as disrespectful that the players they pay are getting so thoroughly dominated. Why should the Patriots stop performing to the level they are capable of? Look at this from the perspective of another business. It is like asking Apple to lower the price of the iPod because it is so much better than any competitor but costs the same. Is that unfair to other companies? Maybe. But then they should work on improving their product, not complaining about being beat. Instead of complaining about how many points the Patriots are scoring, maybe teams should practice and learn how to stop them.

**But these are professional athletes here, on a level field, not twelve-year-olds.**

# Women's ice hockey beats USM 8-1; falls to St. Anselm

By SARAH BRUCE  
STAFF WRITER

On Tuesday, Dec. 4, the Colby women's ice hockey team earned its first resounding victory of the season when it beat the University of Southern Maine 8-1. During this match-up, Laura Anning '09 scored a hat trick and first-years Liz Osgood and Alex Essman each netted her first collegiate goal.

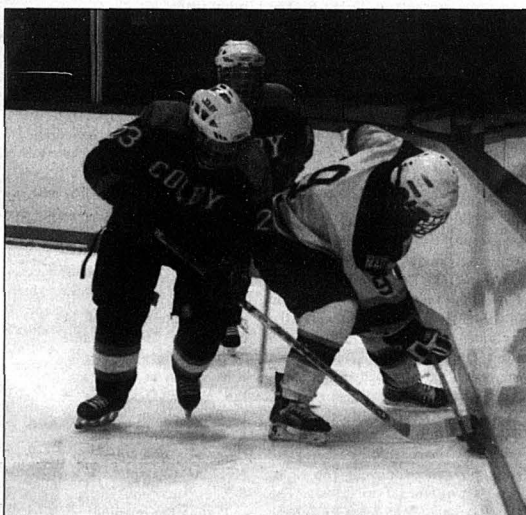
The previous week, Colby lost a close game on the road to the St. Anselm Hawks 3-2. Standouts for the Mules included goalie Genevieve Trigrane '08 and forward Stephanie Scarpato '11, who both provided excellent effort and play throughout the game.

At the end of the first period, Colby found itself down 1-0, but began the second period strongly and was rewarded when it found the back of the net on the power play after nine minutes. Senior captain Lauren Goethals '08 tallied her first goal of the season for the

Mules and was assisted by Scarpato and Laura Anning '09. St. Anselm broke the tie six minutes later, however, at 14:04 of the period on a goal from Cindy Lebel. The Hawks then added an insurance goal from Brittany Kretzman at the beginning of the third period to increase their lead to 3-1. With 28 seconds left in the game, Scarpato scored unassisted for the Mules to cut the deficit in half, but unfortunately it would not be enough. Trigrane made 25 saves in goal for the Colby.

The Mules now have a 1-2 record and are looking to improve their record in this early stage of the season. Goethals said, "We are a very talented team; however, we keep making little mistakes. If we can fix those mistakes, we are going to be a hard team to beat."

The Mules will next hit the road to face the perennially tough Polar Bears of Bowdoin College (as well as the always hostile crowd) in Brunswick on Saturday, Nov. 8.



Laura Anning '09 fights for a puck on the board against the University of Southern Maine on Tuesday, Dec. 4, a game in which she contributed a hat trick for the Mules (top). First-year Meryl Poulin scores against USM in route to Colby's 8-1 victory over the Huskies (bottom).

# Women's basketball falls to Maine Maritime

By LIZZI FORT  
STAFF WRITER

Women's basketball fell last Wednesday, Nov. 28 in a non-conference game at Maine Maritime 76-66, after coming off a disheartening 74-62 loss on Monday, Nov. 26 at the Augusta Civic Center against the University of New England.

Maine Maritime kept a consistent lead throughout the game, starting with a 14-4 lead five minutes into the game, and had a 35-25 lead going into the half.

Both senior forward Katie McCabe and first-year forward Julianne Kowalski each had 19 points and eight rebounds for the Mules. McCabe also had four assists and Kowalski had six blocked shots. Meredith Aronson put

up six points and three assists as well for Colby.

Kowalski also scored 12 points against the University of New England. Aronson also had 10 points and five assists and sophomore captain Alison Cappelloni tacked on 11 points and seven rebounds.

Kowalski was named Maine Women's Basketball Coaches Association Rookie of the Week on Monday for the second time already this season. Kowalski, the Montville, New Jersey native, has

averaged 15.5 points, 6.5 rebounds and 3.5 blocked shots in the two games during the week of the 26th.

**Kowalski was named...Rookie of the Week on Monday for the second time already this season.**

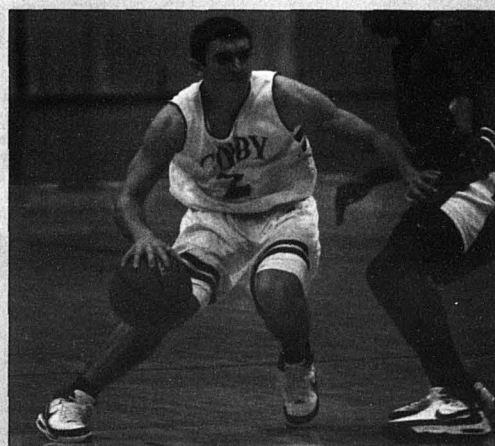
The first-year starlet ranks in five of the eight New England Small College Athletic Conference statistical categories. Kowalski is tied for first in blocked shots with 2.0 blocked per game, fourth in free throw percentage (.867),

sixth in scoring with 13.8 per game, eighth in rebounding with 7.5 per game and eighth in field goal percentage with .553.

This past Monday, Dec. 3 the squad was scheduled to play in Chestnut Hill, Massachusetts against Pine Manor, but due to poor travel conditions after the snow storm earlier this week, the game was postponed. The Mules played the University of Southern Maine on Wednesday at 5:30 p.m. after press time.

This weekend the Mules are scheduled to play Bowdoin College at 4:00 p.m. in Waterville at Thomas College. However, it is expected that the Wadsworth Gymnasium will be ready for the Bowdoin games this Saturday. The Bowdoin match will be the last scheduled game for December. The squad will play games against Medaille College and Beloit College when they travel to Fort Lauderdale, Florida.

# Devastator of the Week



FILE PHOTO

**Artie Cutrone '09**

The Colby men's basketball team is off to an undefeated start this season, and there is no question that junior guard Cutrone has been an integral part of the team's success. Through the first five games of the Mules' 5-0 season, Cutrone is averaging 17.4 points and 3.8 rebounds per game. He also leads Colby in assists, with 24 total for a 4.8 per game average, and steals, with 19. In the Mules' game against the University of Maine at Farmington on Dec. 2, Cutrone showed off his thieving prowess, stealing the ball from UMF in the final minute and then running the floor for a crucial lay-up to extend Colby's lead to 78-75 with 42 seconds left in the match. Cutrone finished with 19 points in the Mules' 83-77 win, earning tournament most valuable player honors for the Colby Invitational. Cutrone was also named the NESCAC Men's Basketball Player of the Week, and Colby is now the top-ranked team in the State of Maine coaches' poll.



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Forward Adam Choice '10 scores in a recent game against UNE. Choice has 97 points and 37 rebounds on the 2007-08 season.

## Men's basketball wins Colby Invitational

By CHRIS GORUD  
STAFF WRITER

Over the weekend, Colby men's basketball played host in the Colby Invitational, held this year at the University of Maine-Farmington due to the work being completed in Wadsworth Gymnasium. Colby took the title with a win on Saturday, Dec. 1 over Elms College 113-109 in overtime and in the championship match over UMF 83-77 on Sunday afternoon. The Mules improved their record to 5-0 early in the season, and should retain their spot atop the Maine D-III poll. Artie Cutrone '09 was named the tournament MVP, with 45 points in two games.

In the win over Elms, Colby was down six points with under two minutes to play, but captain Mark Gaudet '08 took control of the game, scoring six unanswered points with one of his seven treys and three crucial foul shots with 33 seconds remaining after he was fouled on another three-point attempt. The Mules dominated in the extra period, and delivered Elms its first loss of the season. Gaudet eclipsed his career-high of 29

points against University of New England last Monday with 37 in the win, including seven of nine from behind the arc and six of seven from the foul line, including the three to force overtime.

In the tournament championship game against UMF, the Beavers showed promise in the first half, and took a 14-point lead, but Colby managed to battle its way back to take a 44-41 lead into the locker room at halftime. However, "In the second half we fatigued some," Coach Dick Whitmore said. The game went down to the wire, but according to Whitmore, "[Colby] made big plays at the end." MVP Cutrone made a crucial steal in the final minute when the Mules were up one point to extend the lead to three points. First-year Michael Russell calmly sealed the victory for Colby by hitting two foul shots with 23 seconds remaining, to extend the lead to five points. Adam Choice '10, who had 20 points and 10 rebounds in the title game, and all-tournament selection Mac Simpson '09, who scored 18 points against UMF and 24 in the victory over Elms

Continued on Page 12

## Squash's opening tournament bodes well

By NICK CUNKELMAN  
ASST. SPORTS EDITOR

On Friday, Nov. 30, the Colby men's and women's squash teams traveled south to Connecticut to play in a season-opening two-day set of matches in Hartford and Middletown. Both squads competed against opposition from Vassar College, Connecticut College and hosts Wesleyan University and Trinity College. The matches were the first of the season for Colby and Trinity, while Wesleyan, Vassar and Conn. had already gotten into the swing of things for the 2007-08 season. Still, the Mules put up a solid performance on the courts, and the prospects are already bright for the upcoming season.

On the men's side, Colby beat Wesleyan in its first match of the weekend, prevailing over the Cardinals 6-3 in Middletown on Friday. Colby's #1 player, senior captain Ryan Maher, and #5, Harry Goldstein '09, each won his match 3-0 against his Wesleyan counterpart.

On Saturday, the stellar play continued with an 8-1 win over Vassar College in Hartford. Unfortunately, the Mules could not pull out wins in the other matches of the afternoon at the Kellner Center, falling to Connecticut College Camels 3-6 and the nation's top-ranked men's team, the Trinity College Bantams, 0-9. Trinity's win over the Mules extended its record for the nation's longest winning streak in any collegiate sport, now an astonishing 166 victories dating back to 1998. The Bantams are the defending New England Small College Athletic Conference Champions and have won nine straight Potter Trophies (given to the winner of the NCAA national tournament each year).

Still, the weekend was a positive one for Colby men's squash.

Over the four matches for the Mules, the team performed well as a whole with Maher and #6 first-year Daniel Lesser posting three wins each.

For the Colby women, the squash court was even more inviting over the weekend in Connecticut. On Friday, the Mules beat Wesleyan 8-1, and then went on to win matches on Saturday against the Camels (6-3) and the Vassar Brewers (5-4). In those three matches, The women had fantastic performances from #1 Samantha Smith '10, #4 Sophia Newbury '08, and #7 Caroline Reeves '10, with each

said. "We are physically fitter than ever and ready to battle for the rest of our upcoming season. I am predicting some great results this year."

Indeed, with two wins over NESCAC opponents already chalked up for both the women and the men, Khan's words might prove prophetic as the weather gets colder and the season heats up on the courts.



Brett Willis '08, who plays at the fourth position for the Mules, beat his Wesleyan opponent on Friday, Nov. 30 in Middletown, Connecticut.

## this week in sports

WEDNESDAY, DEC. 5

Women's Basketball  
@ Southern Maine

Men's Basketball  
@ Southern Maine

FRIDAY, DEC. 7

Men's Ice Hockey  
vs. Bowdoin  
7:00 p.m.

SATURDAY, DEC. 8

Men's Basketball  
vs. Bowdoin  
2:00 p.m.

Women's Basketball  
vs. Bowdoin  
4:00 p.m.

Women's Ice Hockey  
@ Bowdoin

Men's Ice Hockey  
@ Bowdoin

GOOD LUCK TO ALL  
ATHLETES THIS WEEKEND.  
THE ECHO WILL CONTINUE  
ITS SPORTS COVERAGE IN  
FEBRUARY.

## Men's ice hockey crushes Skidmore and Castleton, to play Bowdoin

By DANNY EPSTEIN  
STAFF WRITER

Colby men's ice hockey hosted its first home weekend of the season against difficult ECAC East oppo-

nents in Skidmore College and Castleton State University last weekend. Last year, Colby had a difficult time with this road trip and tied Skidmore and lost to Castleton.

Friday night, Nov. 30, Colby took on

Skidmore, who sported a very young team loaded with quality first-years and sophomores, many from the junior hockey league programs. Skidmore started D.J. Delbuono in goal while Colby started heralded recruit Cody McKinney '11 for this important home contest.

The game began at a fast pace as Skidmore showed poor puck control throughout the period and seemed unnerved by the small confines of Alford Arena. After a questionable penalty call against Matt Ahern '09, captain Ryan Chrenek '08 quickly passed to Mike Butler '08, who slid the puck in the back of the net for a 1-0 lead. This was a nice change for Colby, who had been surrendering short-handed goals recently.

Three minutes later, Skidmore made another defensive zone mistake and Josh Reber '08 capitalized off assists from T.J. Kelly '08 and Billy Crinnion '11. Late in the period, Kelly scored with assists going to Crinnion and Reber. Colby took a 3-0 lead into the locker room at

the end of the first period. Crinnion played tremendously in the first period and if Colby can get a contribution from him as a first-year, it bodes well for this season and the future.

Unfortunately, the squad came out from intermission a little flat and Skidmore capitalized by scoring two goals in the period. Colby continued to work hard in the corners and its fore-checking was effective but the scoring chances were few and far between in the second period. Phil McDavitt scored both the goals, one on the power-play, with two assists from Tim Daly. McKinney never really had a chance at either goal as he was screened on both occasions.

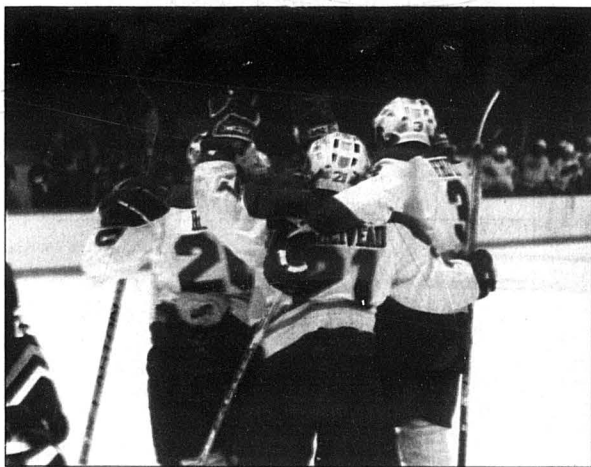
Colby will have to show consistency throughout each game in the season

and focus intently on each period. In the third period, Colby built upon their power-play success of last year when Reber scored at the 9:20 mark with assists from Kelly and Michael Belliveau '10. Soon after, Colby finished off Skidmore with a goal from Butler at the 14:41 mark with assists coming from Eric Simmons '10 and Will Hartigan '11 to make the score 5-2. Skidmore out-shot Colby 26-21 in a losing effort while both starting goalies played the entire game.

On Saturday afternoon, Colby took on Castleton State, who came off of a tough loss at Bowdoin College, 4-3. The Mules jumped on Castleton early with two quick goals by Michael Belliveau '10, including one on the power-play, to take a quick 2-0 lead.

Castleton tallied a goal at the 10:00 mark but Colby quickly answered with two more goals from Kelly and Crinnion to take a 4-1 lead into the locker room at the end of the first period. Colby dominated the majority of the competition and eventually won 6-3. Kelly and Belliveau both scored two goals in the victory.

Next weekend, Colby will play home-in-home series against its fiercest hockey rival, the Bowdoin Polar Bears. Bowdoin is ranked in the top ten in the latest USCHO Division I national poll and will prove to be a difficult competitor. The game Friday night is at home in the Alford Arena at 7:00 p.m. and the game Saturday is at Bowdoin at 7:00 p.m.



Colby celebrates after scoring in its 5-2 victory over Skidmore on Friday night.

## INSIDE SPORTS

### Women's hockey slams USM

Colby dominated the University of Southern Maine on Tuesday, Dec. 4.

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### Women's basketball drops match

Last Wednesday, Nov. 28, the Mules lost a tough match to Maine Maritime.

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