

# The Colby Echo

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March 14, 1991

## Overlap group meeting cancelled

By Andrea Krasker  
NEWS EDITOR

While under scrutiny from the Justice Department, the "overlap group," of which Colby is a member, decided to cancel its yearly meeting scheduled for this month, according to President William Cotter.

The group meets yearly at Wellesley College to decide on aid packages, which consist of a combination of grants, loans and jobs, according to Cotter.

The attorneys for the colleges advised their clients not to hold the meeting this year pending the Justice Department's decision regarding the legality of the group under the anti-trust laws.

"The Justice Department has raised questions as to whether or not it [the overlap group] is illegal under the anti-trust laws," said Cotter. "Most of the lawyers who have looked at it [the group] over the

years have agreed that it isn't."

Colby became involved in the anti-trust suit in July 1989. All of the information required from Colby by the Justice Department was sent out in October 1989 and "we haven't heard from them since," said Cotter.

Fifty-five colleges are under investigation, including Bowdoin and Bates. Bates is not a member of the overlap group.

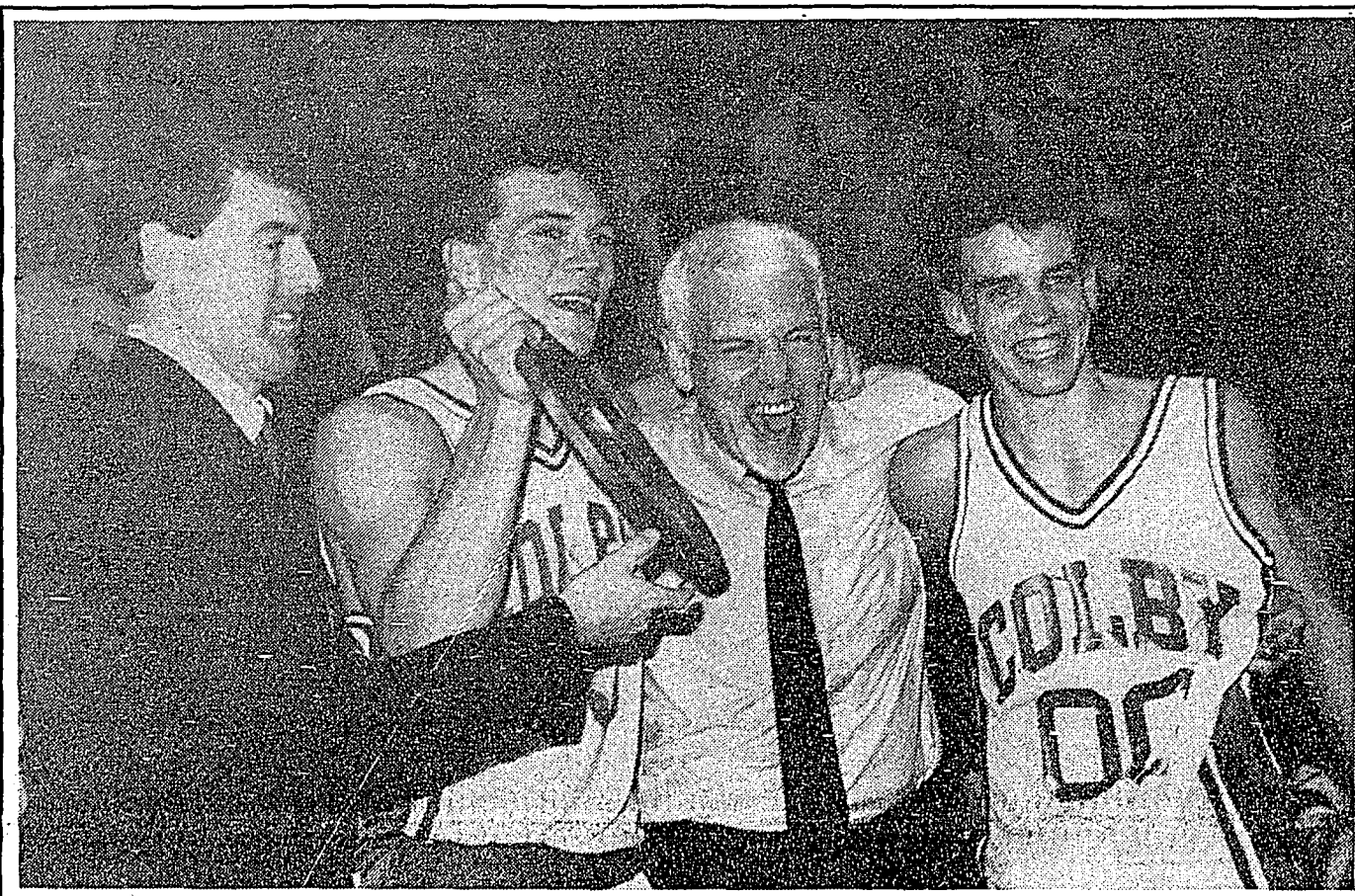
Cotter hopes that the Justice Department will come to the conclusion that the overlap group's activities do not violate anti-trust laws, and perhaps come up with some guidelines for the group.

The financial aid officers get together to make sure they have understood the needs of individual families when they [students] have applied to more than one of the schools," said Cotter.

The overlap group, established in 1925, consists of 23 colleges, including the leading liberal arts colleges in the country and the Ivy League schools. □

## Makin' history

photo by Sharon Labick



An exuberant Coach Richard Whitmore celebrates with his son, Kevin Whitmore '91 (left), and Tom Dorian '91 (right) after winning the ECAC title on Saturday. Beating Babson 97-63, Colby is the first team in history to win the title two years in a row.

## WMHB explores issues in depth

By Doug Hill  
STAFF WRITER

In an effort to bring more than just alternative music to its listeners, WMHB has a new talk show called "In Depth."

Its purpose is to "discuss issues which affect the Maine community as well as Colby," said Jason Goldberger '93, manager of WMHB and one of the moderators of the show. Topics have included the Gulf War, a health forum on the 90's, censorship of music lyrics, and abortion.

"It's different," said Goldberger. "Ninety-five percent of the stuff on WMHB is music."

"We have to find people [guests] who have a definite position on an issue which they can

communicate," said Gruener, who is in charge of booking guests. "We want controversy."

"We try to get all sides of the issue," said Goldberger. "We're trying to get people to think."

The moderators, Goldberger and Robin Lauzon '93, lead the discussion by asking questions. "If someone makes a weak argument, we might attack it. Otherwise, we just let them talk," said Goldberger.

The show takes place in a lounge rather than a studio so that the guests will be more comfortable. "It's an easier environment," said Lauzon.

"I thought of this at the beginning of the year, but no one was interested," said Goldberger. The show became a reality when Gruener became interested and agreed to produce it. The first show, a discussion of the Gulf War, was held on Feb. 12.

The guests on the Health Forum show were Dr. Mark Silver; Dr. Peter Laliberty, a dentist; Kim Halle, a nurse; and Dr. Alan Hume, medical director at Colby. They discussed a wide variety of important health issues in the 90's including care for the elderly, AIDS, date rape, medical ethics, and general trends in health care.

Gruener encouraged listeners to call in and ask questions. The questions will be written down and given to the guests rather than broadcast directly. Listeners can also call to suggest topics or to express interest in being a guest on the show.

"In Depth" is on Mondays from 8 p.m. until 9 p.m. The next topic will be nuclear waste with guest James Fleming, visiting assistant professor of science-technology. □

## Runaways call Colby home

By Andrea Krasker  
NEWS EDITOR

Two runaway teen-agers from New Jersey briefly found a home on Colby's campus, spending about three nights sleeping in their car in the Hillside parking lot, and showering and watching television in the lounge of Williams, according to Mark Van Valkenburgh, director of safety and security.

The two trespassers, a 14-year-old girl and a 19-year-old boy were discovered by residents of the dorm, and reported on Saturday to Charlotte Reece '91, head resident of Williams.

"I think people had been noticing them since Friday and they just assumed that they were somebody's friends," said Reece.

Reece called Joyce McPhetres Maisel, associate dean of students, who informed Security of the two trespassers.

"Officers went out to the parking lot and looked through cars and found them," said Van Valkenburgh. "We called the Waterville police, who called the New Jersey State Police."

There was a bulletin out for the teens, who had been missing from New Jersey for four days, according to Van Valkenburgh.

The girl was held at the Waterville Police Station to wait for her parents, according to Van Valkenburgh, and the boy was let go.

"We issued a trespass warning to keep him off our campus," said Van Valkenburgh. □



Robin Lauzon and Jason Goldberger moderate a WMHB talkshow on abortion.

photo by Tara Taupier



letters for "Dear Jen" can be sent through campus mail to Jen Scott box 7337

# Joey: cook, ice sculptor, guitar player

By Karen Dixon  
CONTRIBUTING WRITER

If you've been to Foss Dining Hall recently, you've probably been greeted with a smile by the manager, Joey McClain, a staple at



Joey McClain photo by Sharon Labick

Colby since he first came here two and one-half years ago.

Joey, as he is called by everyone

at Colby, was introduced to cooking in the Navy, where he worked as a cook aboard an aircraft carrier that travelled around the world.

"When I left the Navy, I wanted to be a chef," he said.

Since then, Joey has cooked for many people around the country working as a chef at a variety of resorts. His experiences in different states of the country have also perfected his skills in cooking regional cuisine.

"I learned how to barbecue in Texas, make Mexican food in New Mexico and cook healthy food in California," he said.

He has also worked in such places as The Playboy Country Club and Resort where he was a chef for the Playmate Lounge. He had to leave the resort of "eat, drink and be merry," as he called it, because Hugh Hefner, the owner of the club and founder of Playboy magazine, sold the place.

Coming to Colby was "a coincidence" Joey said. "A head hunter for Seilers asked me to visit

one weekend, and I really liked it up here."

He then decided to quit his job as a chef for Corporate Dining, a prestigious Seilers restaurant in

*"I learned how to barbecue in Texas, make Mexican food in New Mexico and cook healthy food in California."*

-Joey McClain  
Foss Dining Hall  
manager

Boston. Mary Attenweiler, director of dining services, had recommended Joey's name to The Seilers Corporation. Joey and Attenweiler had previously worked together before she came to Colby.

At Colby, Joey has applied his past experiences to his work. As Seilers caters a number of functions, including graduation, Joey is able to apply his talent in ice carving by

creating the fancy sculptures that are on display during the ceremony.

Before he began working at Colby, ice sculptures for graduation were completed in Boston and then shipped up to Waterville, but Joey is now in charge of their execution. However, this year for graduation, Joey said the sculptures "will be a collaboration of efforts with the chefs in Dana."

Besides managing Foss, Joey has involved himself in other aspects of Colby, such as student life. When he's not lifting weights at Champions at six in the morning or overseeing things at Foss, he's practicing his guitar playing. Last spring, he performed with Mandy Abkowicz '92, and Dexter Harding '92 in a charity fund raiser for the people of El Salvador. Harding taught him how to play the guitar last year.

"Guitar is my new-found love," Joey said. "But I always tell people I'm a singer that plays guitar, not a guitar player that sings. And I love

Joey continued on page 13

## Colby waits for W2 tax forms

By Amy Stickney  
STAFF WRITER

Approximately one to two percent of Colby's faculty and staff have been waiting since January for accurate W2 tax forms due to problems with Fleet Bank, the outside vendor that processes their payrolls and generates W2 forms, according to Bob St. Pierre, the college controller.

W2 forms for Colby students are generated internally by Colby and are unaffected by the problems.

Fleet Bank has sent out three incorrect batches of W2 forms, and Colby is currently expecting the fourth batch necessary for Colby employees to file their taxes, according to St. Pierre.

Because of all the problems, Colby has decided to leave Fleet Bank and plans to transfer to Automated Data Processing of Worcester, MA. (ADP).

The problem with the W2 forms stems back to last spring. Prior to using Fleet Bank, faculty and staff payrolls were processed by Key Services of Augusta. In March 1990, Colby was notified that Key Services of Augusta would merge with ADP.

ADP normally does on-line processing (data is transmitted over telephone lines), but agreed to make an exception for Colby, which did not have the IBM computer and other hardware necessary to do this type of processing. ADP said Colby would be able to continue to do the manual batch processing that they did with Key Services.

"We had no alternative but to jump on board with them," said St. Pierre.

In May of 1990 ADP "changed their story" and said that Colby would have to acquire the necessary hardware immediately in order to do on-line processing, said St. Pierre.

Colby had to find a new vendor and decided to switch to Fleet Bank.

Because Key Services' data was antiquated, Fleet Bank had to manually transfer all of the information from Key Services, instead of using the quicker and more conventional method of transferring all the data on magnetic tape, said St. Pierre.

Fleet Bank was quite slow in getting the information into the computer and some mistakes were made in the transfer of data for the W2 forms.

Colby was aware that problems might occur with the transfer, but was planning to carefully check Fleet Bank's figures before the W2 forms were to be sent out. In December, Colby requested a printed report of the information that would be on the W2 forms, but the bank was unable to provide the information, according to St. Pierre.

The W2 forms were sent to Colby containing errors. Colby sent each incorrect batch back to Fleet Bank and demanded that the errors be corrected.

Colby now has an IBM computer and is doing some on-line processing. St. Pierre hopes to make the transfer to ADP by July 1, 1991.

## Well-known profs come to Colby

By Alyssa Schwenk  
STAFF WRITER

Two nationally-known professors will become part of Colby's English department next year.

Mary Reufle, a poet, will start first semester and teach here for a year. She will be filling in for Professors Ira and Dianne Sadoff, who will be away on sabbatical leave. Novelist Richard Russo, a creative

writing professor, will teach three classes starting second semester.

Reufle, a well-known poet, has had three books of poetry published, and currently teaches at the University of Michigan. She will teach three sections of poetry at the beginning, intermediate, and advanced levels. She plans to teach intermediate and advanced classes for the fall semester, switching to beginner and intermediate-level courses for spring semester.

Russo "certainly has a national

reputation as a novelist. He has published at least two novels," said Professor John Sweney, chair of the English department. "We advertised a full-time tenure tract position, but by far the best candidate was Russo, who prefers to teach only part time."

Russo won't really be replacing anyone currently on the English faculty.

"It's a matter of consolidating some part-time teaching we had before," Sweney said. "He'll teach

three courses and Professor Jim Boylan will teach the other 2/5 of that position. Colby is definitely fortunate to have both Russo and Reufle, and to have Jim Boylan, too. We were fortunate to retain him."

Reufle will teach here for a year and then move on. Russo will have a more permanent position, and will most likely move here with his family over the summer and start teaching second semester.

"We hope to have him for years to come," Sweney said.

## Letter from Berlin, Germany

By Christea Sardella  
CONTRIBUTING WRITER

As I walked down Unter-den-Linden (Berlin) last week, I had an intense sense of history. History of which I became a small part just by being where I was.

Although kept in reality by the hounding of an Arab beggar child, her mother picking out and urging her toward her targets, I remained in a cosmic realm. It was a state that I am even

now hard pressed to define or describe. And then, it was before me - the Brandenburg Door. Fronted by mostly immigrant bawlers, not barbed wire, it stood as it has always. On the other side were people, people who walked freely through as I did. All day I laughed and cried, unable to seek out anything other than patches of no-man's-land, the bits of the Wall.

"Denkmal" (think about it) proclaimed the plagues on the now artifactual equipment at Checkpoint Charlie. There was no need to urge me. I spent two days

Berlin continued on page 13

## Giving women "scholarly legitimacy"

By Ginny Morrison  
STAFF WRITER

To help give the women's movement "scholarly legitimacy," Asst. Professor of Anthropology Phyllis Rogers will speak tonight on "Female Power and the Iroquois Challenge" as part of the ongoing ninth annual women's studies colloquia.

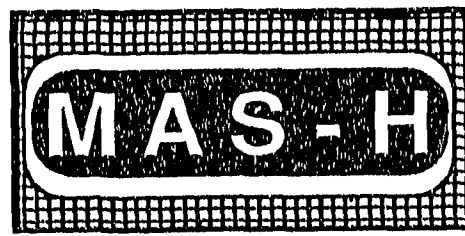
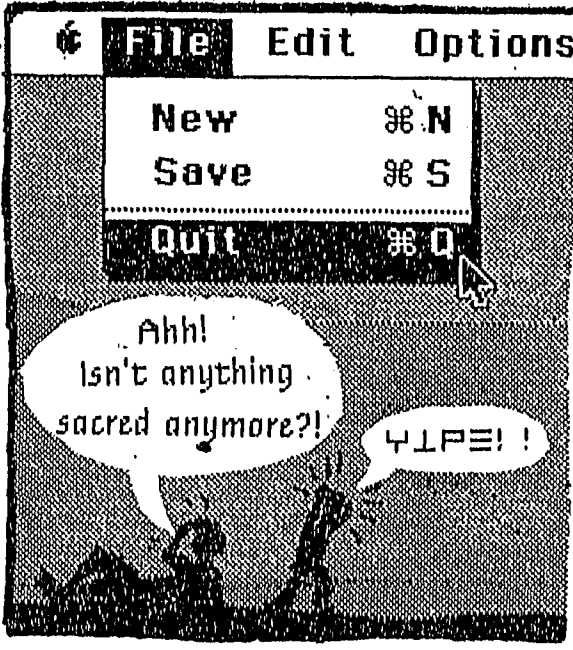
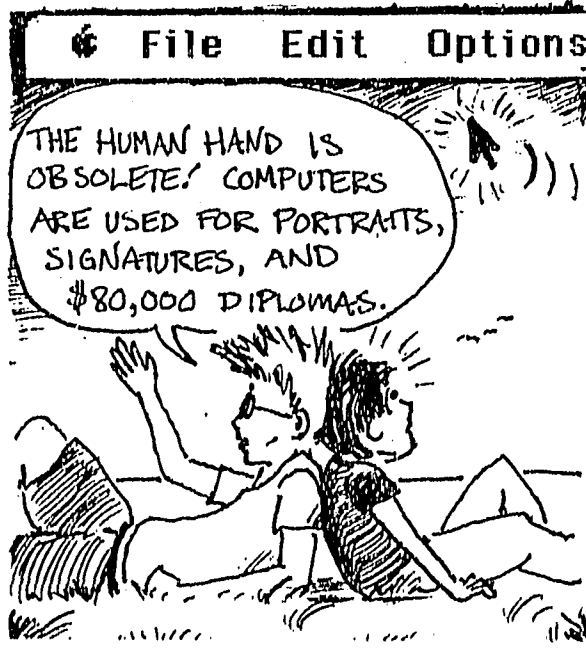
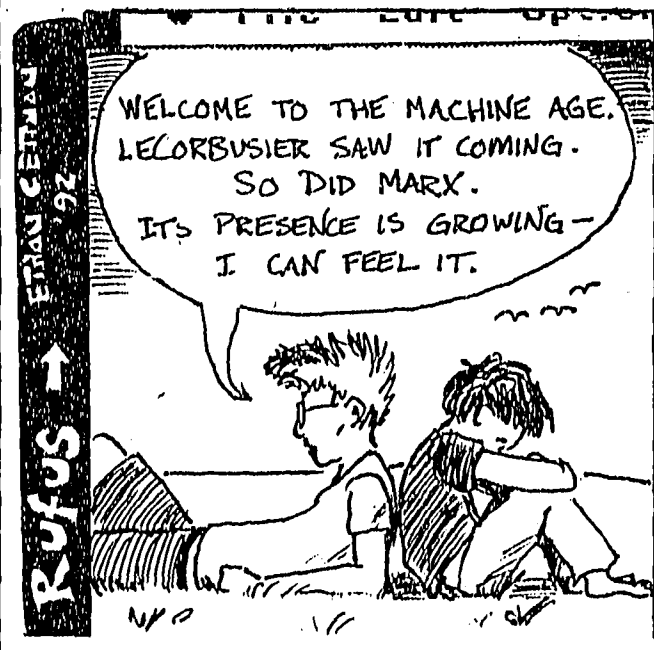
The colloquia began nine years ago at a time when the women's studies program was fighting old battles like equal locker room space and getting a female physician's assistant in the Health Center. At

that time, women's studies was a new discipline with only a handful of courses and professors involved, according to Jane Moss, modern languages professor and founder of the colloquia.

Moss began the colloquia as a forum for professors to present their research in the area of women's studies when it was not yet considered a scholarly field, she said. "One thing to help the women's movement is to give it scholarly legitimacy," said Moss.

Speeches in this year's colloquia have included a presentation on women in rock and roll by Paul Machlin, music professor, and a

Colloquia continued on page 13





# Off the hill

By Marty Eitrem  
CONTRIBUTING WRITER

## Bowdoin College

Brunswick, ME: The Board of Governors released a statement saying that the college has a deficit of \$1 million. To deal with the deficit, the Board proposed an increase in revenue and cuts in the budget. The proposal involves a 6.8 percent across the board increase in tuition and room and board to take effect next year. Bowdoin is considering cutting the women's studies and Asian studies departments. The new student center planned for completion in 1994 has been tabled for the time being.

## Middlebury College

Middlebury, VT: The DKE chapter at Middlebury has been terminated because it refused to allow women to become members. Both the National DKE organization and Middlebury Alumni are pledging to fight the action, which resulted from a campus-wide campaign to turn all fraternities co-ed. The DKEs believe in their right to choose who to invite to their fraternity and plan to battle the decision. The legal action could become a test case for the entire fraternity system.

## University of Hartford

Hartford, CT: Thirteen people were arrested March 3 after an unregistered keg party became a riot. The trouble began at 1 a.m. Sunday when campus security arrived to break up the party. At 1:30 a.m. Security called Hartford police and police from surrounding districts for assistance. When the estimated 50 officers arrived and started to assist in dispersing the parties, the crowd of around 150 to 200 students turned on the officers and RA's. The melee was said to have reached 1,000 people and finally ended around 3:30 a.m.

## Echo Archives: Dial-a-date and panty raids

By Heather Boothe  
STAFF WRITER

When Colby made all of its dorms coed, much of the campus social structure changed. But in 1968, the still-split campus had its own quirks and traditions, now lost forever.

After November 1968, all a student had to do to find a date for Friday night was call extension 432 for Dial-A-Date. Two women, Pam Fallon and Anne Kendall, started Dial-A-Date as a joke when some first-year women were looking for dates. Soon it became a business, and extension 432 was ringing all the time.

"We don't pretend to be computers to match up the most

compatible dates," said Fallon in the Echo. "But we do check every couple out with people who know them, to make sure the couple will have something in common."

The group eventually hoped to have participants fill out questionnaires for them to keep on file. The questions asked whether people preferred smokers, intellectuals, tall or short people, and so on.

One of the women who ran the business was also named secretary in charge of complaints. Two men were in charge of publicity across campus.

Dial-A-Date no longer exists. Instead it has gone the way of another time-honored tradition that died when the campus became completely coed - the

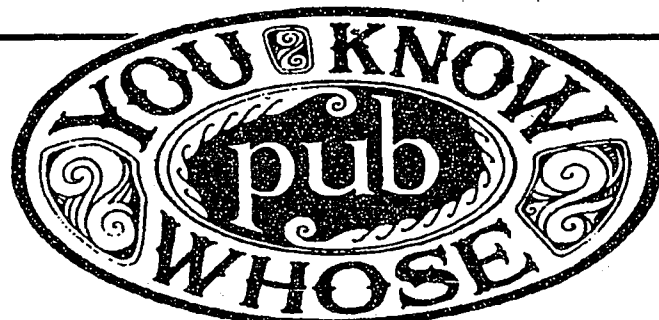
Archive continued on page 15

## Top ten for this week:

### Ten ways for the Cotters to spend spring break

By the Echo Editorial Board

10. Go to MTV's spring break in Daytona.
9. Look at the Payson Collection in Portland.
8. Plan for Colby's future.
7. Grow hair long, become a Doors Groupie.
6. Join a men's hair club.
5. House sit for the teepee on Runnal's.
4. Dust off their boards, grab some sex wax, and head for the North Shore.
3. Wear little thong bathing suits.
2. Moonlight at WHOP to earn money for a Commencement speaker.
1. Give a lecture in Bermuda, if McArthur allows it.



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- \* Wings-Hot--choose chips or salad \$4.25
- \* Nachos--w/ salsa \$3.75
- \* Supremo Nachos-- \$3.75
- w/ Chili or Pepperoni & Salsa
- \* Enchiladas--single/double \$3.25/6.00
- \* Chili--cup or bowl \$1.25/3.25
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*Congratulations to the Colby Women's and Men's Basketball Teams for their 1991 ECAC Championship victories!*



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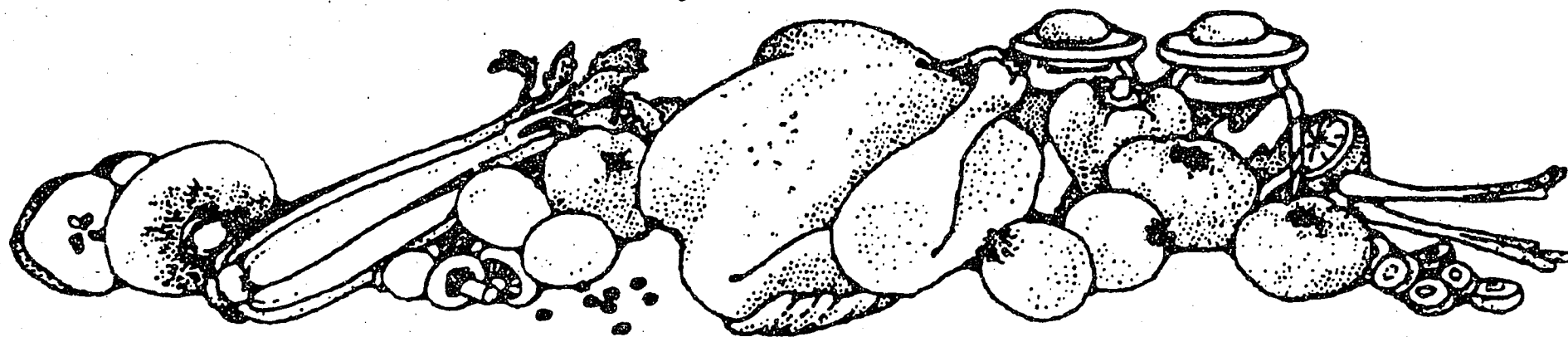
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## SUMPTUOUS HOLIDAY BUFFET

Johnson/Chaplin Commons  
Sunday, March 31, 1991

5-8 p.m.

### Menu

*Roast Leg of Lamb*  
*Baked Ham with Raisin Sauce*  
*Roast Fresh Pork Shoulder*  
*Baked Potatoes w/ Sour Cream*  
*Vegetarian Rice Pilaf*  
*Whipped Butternut Squash*  
*Sweet Peas*  
*Dinner Rolls & Breads*  
*Apple Pie*  
*Ice Cream Simdae Bar*

### DINING HALL HOURS--1991 SPRING BREAK

<u>Mary Low Commons:</u>	Last Meal Served	Lunch Friday, March 22
	Reopens	Lunch, Monday, April 1
<u>Lovejoy Commons:</u>	Last Meal Served	Dinner, Friday, March 22
	Reopens	Breakfast, Monday, April 1
<u>Johnson/Chaplin Commons:</u>	Last Meal Served	Lunch, Friday, March 22
	Reopens	Dinner, Sunday, March 31
<u>Spa:</u>	Closes at 5 p.m.	Friday, March 22
	Reopens for Regular Hours.	Monday, April 1

*Lunch will be served daily in the Spa: Monday, March 25-Friday, March 29--11 a.m. to 1:30 p.m.*

**Colby**

DINING SERVICES



## FOCUS: DEPRESSION AT COLLEGE

# Many places offer help but Health Center counselors feel understaffed

By Craig Appelbaum  
FEATURES EDITOR

There are many places Colby students can seek help for depression, and the Health Center is a popular choice. It is so popular, in fact, that the counselors, swamped with appointments, feel understaffed.

"We feel like we can't meet the demand," said Patti Hopperstead, director of counseling services. "Between Dan [Hughes, a part-time clinical psychologist at the Health Center] and myself we see between 40 to 50 students a week."

Since Hughes works at Colby only two days per week, Hopperstead is the only full-time counselor, meaning there is roughly one counselor for every 1,100 students.

"Our busiest time is usually right now, in the middle of the semester, when people feel the stress of their

work and activities," said Hopperstead.

But despite the demand, she said, it usually only takes one week to get an appointment.

"But if it's an emergency and the student feels like he or she can't wait for an opening, then we will see them as soon as possible," she said.

"There is a counselor on call 24 hours a day," said Hopperstead. "Either Dan [Hughes] or myself are always available. And we're both available for individual counseling as well."

Hallstaff are also available to counsel students, but Associate Dean of Students Joyce McPhetres-Maisel said that training hallstaff to deal with depressed students is a difficult task.

"At the beginning of the year counseling services meet with hallstaff for a workshop which combines several issues dealing with depression," she said.

"To even begin to educate staff is a long process," she said. "What Patty [Hopperstead] and Dan [Hughes] have done is help hallstaff



Director of Counseling Services, Patti Hopperstead

photo by Tara Taupier

understand the signs of depression and what to look for. Hallstaff training centers on skills of listening and when and to whom hallstaff should inform if a student comes to them."

Dana Head Resident Kristen Short '92, echoed McPhetres-

Maisel's sentiments.

"It's hard to deal with a student's depression," Short said. "As hallstaff you want to keep an eye out for signs. You can pinpoint the reasons they're depressed, and if it's a 'real' depression it's hard. Everyone has bad days, and I'm not sure if there is a point where you can determine if just a bad day or a bad month. And in Dana a lot of people fight depression with partying."

Although they hold different positions, both Hopperstead and Short sighted many of the same factors as causing student depression.

"People get depressed when they have a work overload and they're overworked," said Short. "But the social life here is also a factor, whether people partake in it too much or not enough. The dating scene here is pretty lame so people get down about that a lot."

As an HR who has seen her share

of students dealing with "the blues," Short said, "I just think the whole attitude of Colby College blows off depression."

Hopperstead said one reason many people do not seek help is due to the stereotypes applied to people in our culture who see counselors.

"I think to some extent there is still a stigma that seeing a counselor is a sign of weakness," she said. "I think it's a sign of strength. [Seeing a counselor] shows you are aware of your own weaknesses and need help."

Hopperstead said that last year she and Hughes saw approximately twelve percent of the campus. Unless a student signs a release form, all counseling sessions remain confidential.

"We operate as a confidential service," she said. "If a student comes to see either of us nobody sees or knows about it. If a parent calls me to find out if I've been counseling their child, I can't even tell them I know who their kid is." □

## Colby's not all fun and games

By Craig Appelbaum  
FEATURES EDITOR

On the surface, most Colby students seem well-adjusted and happy. But underneath, more than a few have struggled with depression and thoughts of suicide.

"I would say my depression was more last year than this year," said 'Laura,' (name has been changed). "I was a freshman and it was mostly due to homesickness. I'd never been away from home for a long period of time before, and that and the academic pressure really got to me."

"First semester was definitely the worst," she said. "I think I probably cried every other day. I cried every time I spoke to my parents on the phone. But I never sought help with a counselor because both my parents are psychiatrists so I talked to them."

Laura added that it wasn't just being away from home which caused her depression.

"I had roommate problems last year and I broke up with my boyfriend of four years," she said. "And I couldn't identify with a lot of people here. I wasn't from a private school but I hated kids from private schools. I come from a pretty wealthy area and the prep schools around me were the most monetarily-concerned things I'd ever seen. And the overwhelming thing that hit me at Colby was that students were sheltered. I still think we're one of the most sheltered schools in the country."

As a result of all these factors, Laura turned to alcohol.

"I really drank a lot last year," she said. "That was a measure of slow suicide in a way. I drank to hurt myself and to forget everything. I'd just drink and drink and pass out. I had an alcohol problem in high school, too. But it's so much a part of the Colby scene to drink until you puke and pass out."

'Michael,' (name has been changed) a senior, contemplated suicide his junior year.

"The first two months of my junior year

were the absolute worst," he said. "A lot of my close friends were away. I hated it here so much. I was in one of those moods where I hated everything - my classes, my dorm, the people around me. I thought Colby students were all shallow and sheltered. I don't know why I felt like this last year instead of freshman year, but I just did."

"I think I was on the phone with someone from my family almost every day," he said. "And I told a few friends here but that made it worse because they didn't really seem to care. They acted like they didn't want to be bothered with what I had to tell them. So I sort of took that one step further and told myself that students here didn't want to be bothered at all with things that would upset their sheltered little worlds."

Unlike Laura, Michael did not use alcohol to escape from his problems.

"I was lucky to have a car, so I got away from campus as much as possible," he said. "It sounds stupid, but if I didn't have a car I really think I would have come even closer to committing suicide, and back then I was already pretty close. I just needed to get away from this place."

Both Laura and Michael now feel they have overcome their depression.

"I found friends who felt the same way I did and that helped, definitely," Laura said. "I have a solid group of friends now and a roommate I get along with very well."

"I'm worlds away from that period," said Michael. "I did a lot of talking and spent a lot of time alone to get to know myself and why I felt the way I did. Of course I still have days when I'm down on this place and the people, but I would guess that everyone feels like that at some point."

Laura added that suicide is still a very real threat for many people at Colby.

"Some of my friends here think about committing suicide daily," she said. "And unless you're somewhat inhuman, I think you say to yourself at least once in your life 'things would be better off if I were dead'." □

## Faculty and depression - what they see

By Ryan Feeley  
STAFF WRITER

Been feeling down? Been skipping class? Your professors may have noticed.

Faculty members notice certain symptoms of depression in their students, said Robert McArthur, dean of faculty. Symptoms vary from student to student, but some common signals that a student may be suffering from depression include skipping class on a regular basis, or a once-active student becoming inactive in class discussions, said McArthur.

William Doll, assistant professor of Geology, said he notices depression is when a student "is not interacting with friends."

Assistant Professor of English Linda Tatelbaum suspects that depression may be the cause a normally outgoing student becoming withdrawn and not talking to anybody.

The role of the faculty in dealing with student depression includes talking with students, remaining in contact with students' advisors, and in some cases calling the health center directly, said McArthur.

"There is no formal training for advisors," said McArthur. Faculty members in the past have been very helpful in dealing with student

crises, said McArthur.

Sandy Maisel, government professor and student advisor, said that he has been trained to help student depression, but not during the process of becoming an advisor.

Symptoms of depression are more visible in students whom he knows well enough to see in his office on a regular basis, said Maisel.

Noticing depression in class is more difficult.

Maisel said that he tries to be available to speak to his students, but he "tries not to go beyond [his] expertise."

Tatelbaum will occasionally call a student personally if she knows the student well enough. But if she doesn't know a student well, she will sometimes issue an academic warning requesting that the student speak with her. Tatelbaum said that "this combines disciplinary action with contact with a student."

Doll said that when he encounters depressed students he tries to "sit down and talk with them to try to find out what the underlying problem is, usually it is something that is blown way out of proportion."

McArthur cited an experience with a student who stopped coming to class. He checked with the student's other professors and found that he had been skipping all of his classes. The student, after meeting with his advisors and some psychological advisors, dropped one of his classes, but was able to "catch up in all of his other classes," said McArthur □



photo by Sharon Labick

Dean McArthur

## Ten danger signs of depression

- 1) Feeling of hopelessness
- 2) Inability to concentrate
- 3) Change in eating, sleeping, sex, or exercise habits
- 4) Loss of self-esteem
- 5) Fear or rejection from others
- 6) Thoughts of suicide
- 7) Oversensitivity or irritability
- 8) Trouble handling feelings
- 9) Feeling frequent guilt
- 10) Extreme dependence on other people

(list compiled by the National Association for Mental Health)



# FOCUS: DEPRESSION AT COLLEGE

## Depression as an illness - signs and symptoms

By Karen Lipman  
STAFF WRITER

When you can't get out of bed, lose interest in your friends, and experience "vegetative symptoms"



Students often use alcohol and other drugs to alleviate depression.

photo by Ari Druker

such as changes in eating habits, feeling worse in the morning or evening, digestive dysfunction, or sleep disturbances, you might be experiencing depression, said

Patricia Hopperstead, director of counseling services at the Health Center.

In addition, "Any kind of self-medication, [such as alcohol and drugs], are symptoms [of depression]," she said.

just being down. People often confuse being sad with being depressed, but an important distinction to make is that depression is an illness, said Hopperstead.

"Some of the things students are struggling with are very developmentally appropriate to be struggling with," said Hopperstead.

"The degree of severity you are dealing with in [Colby's] population is different than the general population because we are a fairly healthy community," said Hopperstead. "It would be an unusual [situation for a severely depressed] student to cope with the Colby environment without being under control with medication," said Hopperstead.

"Someone who is severely depressed is not going to be able to function, they probably can't concentrate enough to read," said Gregory Kolden, assistant professor of psychology and licensed clinical psychologist.

Stressful events such as a breakup in a relationship, abuse, or a



Loneliness can breed depression

photo by Tara Taupier

death often lead to depression, said Kolden. During the college years students are experimenting in establishing relationships which can result in some failures, he said.

In addition, students can experience depression when they are unhappy with their [academic or social] performance, or are not living up to someone else's expectations, said Kolden.

Once depression is diagnosed, it is important to reach an

understanding of what is causing the depression and to come up with plans for coping with the problem, said Kolden.

Sometimes improving eating habits or starting an exercise program is helpful. "The physical side of things seems to strengthen one emotionally," said Kolden.

"Sometimes just talking can be very therapeutic," said Hopperstead. □

## College students in highest risk group for depression

By Rebekah Mitchell  
STAFF WRITER

Depression plagues college campuses due to the high-stress environments and personal changes which students experience. In addition, alcohol and other drugs which are often available on college campuses exacerbate depression instead of alleviating it.

"Generally the age group of 18-25 years is very special in terms of high risk. Suicide is the second leading cause of death in that group, the first is trauma," said Dr. Marc Mytar, psychologist at U. of Maine, Orono. "If you take that and add someone who's in college, you'll find that the risk of that person is four or five times higher" than an average person.

Dr. Gary Margolis of Middlebury

College said that damaging past experiences or family problems can worsen at college. "For whatever reasons, they [the students] have never had the chance to talk about [their problems]. So being away from home can emotionally turn over into depression at school."

Dr. Bob Vilas, Director of Counseling Services at Bowdoin said, "College is a time to form an identification. Inside is a person's true self needing to get out and express itself but it encounters peer pressure. That produces the conflict and sometimes depression. The self is just not paid enough attention."

Massachusetts Institute of Technology (M.I.T.), has the largest counseling department of any college in the world, with 23 full-time psychiatrists. Students are the majority of their clientele.

"At large universities like M.I.T. and Harvard, people always ask how many students kill themselves. We

say there's less than you think, but there are some," said Associate Psychiatrist Peter Jenney at M.I.T.

The average suicide rate now for the 18-25 age group is 14 suicides per 100,000 people. The highest incidences of depression occur during the transition from home to school - not during exams, as is the common misconception, Dr. Jenney said.

Of the 12,000 students enrolled at Orono, the counselors see about ten percent of them every year. Depression is one of their more common cases.

"Some people might have a history of suicide attempts early on in their lives. At that level we offer independent counseling and medication. The side effects are minimal and many people get a good response," said Dr. Marc Mytar of U. of Maine, Orono.

Dr. Mytar said seasonal affective disorder is another symptom of

depression, occurring in a pattern of certain months every year. "It's because we're in a geographical part of the country with very few light hours. So we get people out to exercise, make contact with other people and participate in group programs."

Depression is one of the most common cases seen at Bowdoin's counseling center. "In the last 18 years we've only had one completed suicide - and that was four years ago," said Dr. Vilas. "That's remarkably low for a high pressure school like this. Thirty to 40 percent of our depression cases are just people fatigued, worn out or blue. Less than five percent are really clinically depressed."

Dr. Vilas classified clinical depression as "bottled up anger turned inward, a feeling of being in a black hole with no way out and no self esteem." The controversy, however, is whether depression is

biological or psychological.

"There's a language problem between seeking attention for something and real self mutilation," said Dr. Jenney. "[Depression] is universal - everyone feels it. But you have to differentiate that from an illness, a major sense of sadness trapped into obsessive thinking where you can't make up your mind, you lose weight and sleep."

Dr. Margolis of Middlebury emphasized that friends, faculty and hall staff should be aware of students who make hopeless comments. "Make sure your ears are tuned into those comments and ask 'are you depressed?' The people might become defensive but they're really glad that a person noticed," he said.

"The greatest anti-depressant is regular exercise," says Dr. Thomas Johnson of Bates. "The natural endorphins released are far more preferable than any drug because there are no side effects." □

## Echo survey results: Depression at Colby

Compiled by  
Craig Appelbaum

Percentage of respondents who said the following factors most contribute to depression:

- feelings of loneliness - 60%
- academic pressure - 57%
- family/personal problems - 56%
- poor self-image - 48%
- uncertainty of career plans - 35%
- the weather - 29%
- campus isolation - 17%
- other - 5%

120 surveys were returned

Percentage of respondents who said they do the following when depressed:

- listen to music - 56%
- sleep - 50%
- exercise - 45%
- eat - 38%
- other - 30%
- (writing in journals and crying were most often cited)
- use alcohol/drugs - 16%

Percentage of respondents who said they seek help from/confide in most:

- friends - 80%
- family - 35%
- boyfriend/girlfriend - 34%
- nobody-repress feelings - 31%
- other - 6%
- Health Center counselors - 4%
- hall staff - 2%

- |   |            |
|---|------------|
| Do you know anyone at Colby who has attempted suicide?  |            |
| Yes - 27%   | No - 73%   |
| Do you know anyone at Colby who has considered suicide? |            |
| Yes - 55%   | No - 45%   |
| Have you ever attempted suicide while at Colby?         |            |
| Yes - 8%  | No - 99.2% |
| Have you ever considered suicide while at Colby?        |            |
| Yes - 21%   | No - 79%   |

### Students' Definitions of Depression:

"Long term bad mood."

"Feeling that there is no meaning to life."

"Blah feelings, no motivation, potato syndrome."

"Feeling like this school is a big prison."

"A dark fog that taints everything you do. As hard as you try to lift it, you cannot until it is defined."



# The Colby Echo

Founded in 1877

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## LETTERS AND OPINIONS POLICY

The Editorial is the official opinion of the paper. The other opinions present on this page do not necessarily represent the views of *The Colby Echo* or its staff.

*The Colby Echo* encourages letters from its readers, especially those within the immediate community. They should not exceed 200 words.

Letters to the Editor should be typed. Letters to the Editor must be signed and include either an address or a phone number. For publication on Thursday, letters must be received by *The Colby Echo* no later than Monday evening of the same week.

*The Colby Echo* reserves the right to edit all submissions.

## EDITORIAL

### Fighting the blues

It's that time of year again. Midterms hang over our heads. It's usually raining/sleeting and the thawing earth smells. The days until Spring Break are too many. The smiles on our faces are subdued - but only slightly.

Despite these pre-Spring Break factors, Colby students generally manage to appear well-adjusted and contented. The Colby atmosphere somehow commands, or at least expects, students to be happy, healthy, and hard working. It would be nice if we all fit this description, but we do not.

According to the *Echo* survey on depression, over one-fifth of the respondents said they had considered suicide, while 55 percent said they knew someone at Colby who had considered it. Colby students are not exempt from the fact that college students are in the highest risk group for suicide.

The Colby community, including students, administrators, and advisers, must recognize this by offering more help and guidance. The survey results indicate that Colby students seeking professional help on campus most often go to the Health Center. But with approximately one counselor for every 1,100 students, the counseling program cannot possibly meet everyone's needs. Although times are tight, Colby needs to scrape up the funding for at least a second full-time counselor.

Without more readily available counseling, how can students seek help when in need of it? The myth that seeking professional help is an overreaction and a sign of weakness needs to be shattered; but, this is hard to do when it appears as if Colby does not place much priority on counseling.

While everyone knows that the Health Center offers counseling, there needs to be more avenues through which to seek help. Maybe Colby should offer more informal group sessions or activities where students can air their feelings of depression, and possibly re-direct them toward something positive. Such sessions would require publicity, which would not only increase attendance, but acknowledge that Colby does not expect everyone to be perpetually bubbly and confident.

### Looking hot

A notch up, a step above, whatever you want to call it, Colby's athletics have taken a gigantic leap forward in the last few years and we couldn't be happier. It used to be that Colby stood out as a lone cold spot in New England athletics. Our competition from Massachusetts or Connecticut dreaded the long drive up I-95 for a cold game and sometimes unimpressive competition.

Well, these days it's not only the drive that NESCAC schools hate about Colby. The fact is that Mayflower Hill has become an unwelcome place for those people unlucky enough to be on the opposing team. Yes, Colby athletics have taken a turn for the better.

Take a look at the 1990-91 performances to date. Right now we have the best Div. II ski team on the east coast and what is arguably the best Div. III basketball program in the nation. Add these onto explosive men's and women's soccer teams, track and cross country, and a school record smashing swim team, and we seemed to have an unbeatable recipe for victory brewing in Mule country.

Even better, if we don't have a team that is in contention for the number one spot in ECAC competition, guarantee that we have an individual who is. Names like Michelle Severence, Marc Gilbertson, and Sally White are running for the roses in their areas of specialty, often competing on a national level.

Yes, Colby has seized an impressive position in collegiate athletics. We think we are in the forefront of Div. III competition.

Either way step back and applaud your sporting White Mules.

### Davis misunderstood

I am writing in response to last week's "TFA Underway" article, concerning the Teach for America interviews that took place February 25-26. The article was well written and represented a substantial range of the applicants' experiences. There was one section, however, in which I was misquoted and wish to clarify what was said. I did say that it was a challenge trying to participate in the interview process while still attending and focusing on classes. But when I said that, I did not think that Teach for America was any different from other employers that recruit on campus, it was not in reference to the fact that we may miss class because of it. Rather, that we are lucky to have such recruiters come to us, rather than having a central place where area students must meet to interview with them. I was honored to have been asked to give information about my sample teaching session and interview, and was pleased with the article's coverage of all that Teach for America is doing. I simply wanted to point out a phrase in which I may have been misunderstood.

Amy Davis '91

### War defended freedom

I find it hard as an American and well educated student to not be offended by Amira Bahu's article in your March 7 issue. I am truly sorry to see how appalled she is by fellow Americans showing spirited patriotism and support for our country. I can't say what a thrill I feel knowing that unity in this nation has almost never been stronger despite some protests against U.S. intervention. We should continue to show support for our troops and let them know that their dominance over Saddam's army makes us very proud to be Americans. I feel very secure knowing that these are the men and women protecting the rights of people in our country and recently, in another.

The U.S. went to war with Iraq to stop Saddam Hussein's spread of ruthless power throughout the Middle East. In case Ms. Bahu has skipped over the front page of major papers during the past decade, I would like to fill her in on a few facts.

During Saddam's rise to power, he had ordered the execution of a number of other officers and citizens that may have stood in his way. And now in the Persian Gulf Crisis, Saddam decided to carry on his heinous crimes farther by taking over Kuwait. His army tortured and slaughtered thousands of innocent Kuwaiti men, women and children. Saddam also ordered the destruction or impairment of over 800 oil fields as well as blanketing the Gulf with millions of barrels of oil, causing the greatest environmental disaster of all time.

The U.S. acted quickly on Iraq's "annexation" of Kuwait by employing hundreds of thousands of troops to Saudi Arabia to prevent the spread of Saddam's massacres.

Freedom continued on page 12

### Woodsmen work

I am writing to clarify the coverage presented in last week's *Echo* article "For woodies, it's a sport of all seasons." While the woodsmen's team appreciates the interest of the *Echo* staff, we feel that a few inaccuracies involve the last paragraph of the article, which reads: "The Woodsmen and women lead a laid back life, and they do not concentrate on winning. Instead, much of the team effort has gone to appearance as the team motto is 'It does not matter how well we do, but how well we look.'" This paragraph is a misunderstanding of the attitude that is central to the team. Woodsmen's is a club sport. There are no tryouts, and practice is voluntary. The emphasis is on participation, as hard work is valued over talent. Our "team motto," then reflects this attitude, and distinguishes us from the forestry schools and varsity teams we compete against. To imply that we are more fashion conscious than competitive is incorrect. In this context, then, remember woodsmen, you look good!!

And as for being "affectionately called woodies," let's just say that the team feels the *Echo* used very poor word choice in its caption, "Woman woodie," especially since the desired caption was provided.

Tom Brown '91  
Mike Eash '93

### Top Ten insensitive

After reading the "top ten list" from the last issue, we found ourselves disturbed and upset. We thought it was totally inappropriate to take a cheap shot at the men and women who work for Buildings and Grounds. In general, Colby students take for granted the tremendous amount of labor required to keep our campus safe and attractive. It is not uncommon after a snow storm to hear the B&G workers clearing our roads and walkways throughout the night. In the future, the *Echo* Editorial Board should use more discretion and sensitivity when choosing topics for the "top ten list." We suggest before criticizing the Buildings and Grounds crew, you should try getting yourselves out of bed at an ungodly hour to shovel snow for a student body which is generally unappreciative.

Robert O'Neil '93  
Timothy von Jess '93

### War not a pep rally

This letter is being sent in anticipation of the flak that is sure to fly over the "war reactions" opinion by Amira Bahu.

I want to point out that the piece was not saying that we shouldn't support the men and women in the

Gulf or feel national pride for them - it was saying that war is not a pep rally, and should not be treated as such. Patriotism can be shown in many ways, but cheering the devastation one nation brings another is not, I hope, one of them. It must be remembered that "surprisingly few casualties" are casualties nonetheless, certainly not something to shunt aside while being swept up in the thrill of victory, and that when we deal with war it's not just a case of root, root, root for the home team/and if they don't win it's a shame."

Simply put, there are two sides to every story. Before we celebrate one, we should at least be a little more aware of the other.

Patrick Robins '93

### Colby ignores needs of Jewish students

I wish to express my objections to Colby's decision to begin fall semester 1991 classes on Sept. 9, which is Rosh Hashanah, the Jewish new year and one of the holiest days on the Jewish calendar. In the past Colby has notified teachers of the advent of Jewish holidays and asked them to take the needs of observant Jewish students into consideration. But to begin classes on Rosh Hashanah creates unusual hardships for Jewish students (as well as faculty and staff), who along with everyone else are trying to determine their schedules and to orient themselves amidst the confusion attending the first days of the academic year. Jewish students, particularly first-year students forming their initial impressions of Colby, may well perceive Colby as insensitive, and rightly so. Undoubtedly planning the academic calendar presents difficult logistical questions, but beginning classes on Rosh Hashanah violates the precepts of a liberal arts education adopted by the Colby faculty in the spring of 1989 that espouse respect and appreciation of cultural diversity.

Sincerely,  
Adam Weisberger,  
Assistant Professor of  
Sociology

### Echo editorial patronizing

In spite of the kind intent of your editorial, "Positive Signs," (2/28/91), it was patronizing and condescending. I found it curious that although there were seventeen events scheduled for Colby College's Black History Month, not Black History Awareness Month as you chose to call it, you only chose to cover and report one of those events and to mention two others in your editorial. If you had bothered to read the schedules I sent to your office, you would have noted that there were two other events

Racism continued on page 12



# Opinions

## S.O.S.

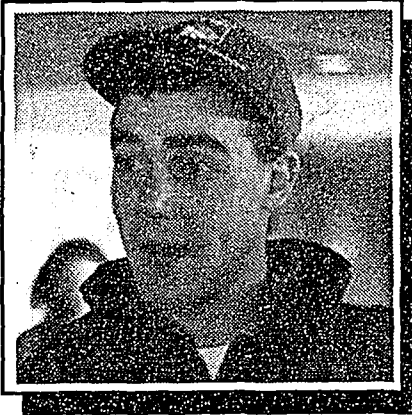
## How do you cope with depression?



Martha Mars '93 Get together with a friend and talk it over.

Karen Wu '92

Well, I don't really take it into account and I realize that life isn't really that bad for me. I put it all into perspective and realize that there are people who don't have half of what I do.



Chip Lyons '91 I don't know what I do. I look to my friends for help.

Tim "Wailer" Christensen '91  
Work out what ever is bugging me.  
I call my Dad.



Kate Keogh '92 Talk with people or I go out and throw the ax.

## Recycling: apathy in the garbage

By Matt Testa  
CONTRIBUTING WRITER

I do not enjoy appearing self-righteous, and reprimanding an entire school for its behavior. It is uncomfortable on the journalistic soapbox. But when it comes to the gross misuse of recyclable products I have casually observed on this campus, I am confident that there is an indisputable right and wrong to be made clear.

I refer mainly to the overwhelming amount of students who, fail to recycle renewable wastes. In less than two years, Colby's recycling program has exploded from virtual non-existence to campus-wide prominence, and environmental issues are more widely publicized and debated now than ever before.

Still, there is a persistent reluctance on this campus to sort wastes in the right bins.

Any glance in the garbage will prove it. This, to me, defies logic.

Resource renewal is so logical, that perhaps one day there will be statutes

*As fast as the mailroom clerk put them in the students' boxes, the silly yellow messages filled the garbage bin, and were on their way to looking even more ludicrous on top of a waste heap in the woods somewhere.*

mandating that all citizens do it or be penalized. Once drafted by the legislature, such a law might read like this:

"Part I. Upon disposing of unwanted materials from any and all private residences or businesses, proprietors of said residences

or businesses are obligated by this statute to separate said waste into distinct bins designated for recyclable and non-recyclable matter.

Part II. The non-recyclable matter shall not under any circumstances be placed in the bin marked "Recyclable," and the matter deemed recyclable is similarly not to be placed in the opposing bin, so that the placing of recyclable material shall occur only and without exception in the bin of same name, and the bin of same name shall be the only bin where the material of same name will be placed. Likewise for non-recyclable materials, which are not to be placed in any other bin of a different name (for example, the "Recyclable" bin).

Part III. Violation of said statute will result in a fine of \$50.00; two months tree-planting duty in a forest of the court's choosing; and the mandatory wearing of the

*Recycling continued on page 13*

## Colby should lobby for Nationals

By Steve Colher  
LIKE IT OR NOT

Amazing as the last two weekends have been, in terms of Colby athletics, there's something missing: the nationals.

Unfortunately, NESCAC (the New England Small College Athletic Conference) doesn't allow any of its member schools' teams to compete in national tournaments, and instead limits participation to the ECAC's. All of the member schools have agreed to this limitation because they believe that academics, rather than athletics, should dominate a collegiate athlete's time. They believe that national tournament participation would unnecessarily impede an athlete's ability to remain focused on schoolwork.

While I agree that students' primary dedication must be learning, there are two fundamental flaws with NESCAC's reasoning. First, the conference allows individuals to compete at the national level, but not teams (except the ski team). Second, it greatly overestimates the amount of class time that athletes would actually lose.

It's great that superb runners like Marc Gilbertson '91 and great swimmers like Sally White '91 can fulfill their dreams and compete at the national level, but it's inconsistent to prevent this year's men's

*Competition continued on page 15*

## Watch CNN, not Cheers

By Amira Bahu  
STAFF WRITER

As an Arab-American, I have been asked countless questions about the Middle East since Iraq occupied Kuwait. Colby is one of the best institutions of higher education in this country, yet the questions I have been asked have simply amazed me.

For example, someone asked, "Amira, I've been wanting to ask you this for a long time, I have just one question. Whose side is Israel on?" I struggled to contain my shock while I gave her an answer as basic as the question. Another person asked me if Palestine was right next to Israel. Bear in mind these are only two examples of dozens more.

The Middle East has been the very heart of politics for decades. The culture is extremely different, and I think that makes it more difficult for Americans to understand what is happening and why. Many people do not follow politics, but America was at WAR, and many people couldn't find Iraq or Kuwait on a map, never mind the explain nuances and ramifications of the war.

One friend was complaining that Colby's biggest problem was apathy. I then looked at her and asked if she could tell me why Iraq invaded Kuwait. She said she had no idea, because she figured she couldn't do anything about the war so why bother to understand it. I told her she was an example of what she called Colby's biggest problem.

Is the feeling of helplessness why so many don't bother to understand even the bare basics of politics? An education is not exclusive to what is in the books for your classes. We are not at Colby to narrow our knowledge to what is contained in our majors. Understanding the world gives perspective to our little microcosm.

One of my professors said (in jest) that he saw the United States in terms of the "doughnut theory. The East and West coast with nothing in the middle." Think about it. Can you label all the states in the union? If you are from Massachusetts do you know where Nebraska is? Can you tell the difference between South America and Africa? We are the future leaders of our country, and we should know, at the very least, the geography of the world.

Read the front page instead of the comics at Sunday brunch. Pick up a Newsweek instead of a Vogue. Watch CNN or the international news at 6:30 instead of Thirty-something or Cheers.

I do not claim to know everything - no one does. But as I walk to Roberts at midnight on a Saturday I have young adults eagerly asking me about the war. I am thrilled at the interest I have seen in some eyes, but I am saddened at the lack of action some people have taken in fulfilling that interest.

We are adults. Form your own opinion, and have the facts to argue it. And even if arguing politics does not appeal to you, take pride in understanding the world. It is a strange, beautiful, tumultuous place, and it is where we all must live. □

## Mandatory JYA: an uninvited guest

By Becky Streett  
STAFF WRITER

The actions of the Colby administration and Student Affairs Committee over the past few semesters have aroused campus-wide suspicion, interest, opposition and wrath.

The topic in current circulation is that the administration is on the regulatory warpath with the intent to make junior year abroad mandatory. What needs clarification, however, is that this notion of mandating the abroad experience has only surfaced as a casual idea, and has not been officially proposed.

"The idea has been brought up by President Cotter and at faculty retreats, but as of yet no one's ever made a motion to make it mandatory," said Director of Off Campus Study John Weiss. "Any change in College requirement has to be voted upon by the faculty and administration which is a very lengthy process."

"If this were to go into effect, I don't see how we could implement it. We don't have the resources to send 400-500 students away every year," said Weiss.

And, clearly there are extraneous expenses linked to foreign study that one would not encounter in Waterville, but cost is not the only issue at hand, especially since "Colby's financial aid is completely portable," said Weiss, "and many foreign study programs are equal to and often less than Colby tuition."

But, if officially proposed, the requirement to study abroad would present a great challenge for the administration and the students as far as maintaining a balanced population on and off campus. If 100 percent of the junior class leaves each year, who would fill the extra beds? How would this plan work if certain juniors are unable to obtain a 2.7 GPA, the preferred minimum average for study abroad? What about those students who simply prefer to remain within Colby's domestic boundaries? Such questions comprise many obstacles to this idea and should sway administrative minds to doubting its feasibility.

Those students who wish to remain on campus for four years should be allowed to, unless studying abroad is an indivisible part of their chosen major. If the administration and faculty decide to pin the requirement label upon foreign study, the reaction will be one of adversity more than acceptance, both by students and their families.

*JYA continued on page 12*

# Arts & Entertainment

## Posnak offers flawless, entertaining performance

By Audrey Wittemann  
STAFF WRITER

At his Saturday night piano concert, Paul Posnak performed a range of music not likely to be repeated in a two hour period.

In the first part of his performance, he played works from three masters of classical music, and then moved on to perform music based on Jewish folk life and six short pieces by George Gershwin and Thomas "Fats" Waller.

The first piece by Bach, a Partita No. 5 in G Major was comprised of seven movements with varying tempos and moods, but all similar rhythmically to the structure of a dance. It was a relatively even, tight piece performed with great accuracy.

Before sitting down to play his next piece, Two Sonatas in D Minor by Domenico

Scarlatti, Posnak jokingly pointed out that Scarlatti lived seven years longer than Bach. "That's the difference between Northern German and Italian Cuisine," he commented. The technical difficulty of the piece and exciting range of notes allowed Posnak to demonstrate his true mastery of the piano.

Two Impromptus, Op. 90 by Schubert, followed, washing over the audience with its sweet trills balanced by deep, rich tones. The music was warm and delicate; and this was one of the most enjoyable pieces.

The last piece Posnak played before breaking for intermission was Polonaise, Op. 61 in A-flat Major, "The Polonaise-Fantaisie," by Chopin. This work reflected Chopin's emotions at the time he was exiled from his country, Poland, which had been taken over by the Russians. It showed a great range of emotion, from intense patriotism to hatred of the invaders.

After the break, the audience enjoyed

Posnak's interpretations of three pieces by Lazar Weiner (1897-1982) and Jacob Weinberg (1878-1956), which are part of an album he recorded in 1982 entitled "Music of Russian Jewry." They are inspired by Hebrew and Jewish folk life, and before playing "Once Upon a Time: A Fairy Tale" he read the brief fairy tale aloud to the audience, which illuminated the piece. The next two pieces were "Grandmother's Tale" and "Wedding Song."

During the final portion of Posnak's performance, the mood in the chapel became informal, and the audience was truly involved in listening to the playful music and background information Posnak gave about the composers and their works.

The six pieces by Gershwin and Thomas "Fats" Waller were Posnak's note-by-note transcriptions of improvisations recorded by the two musicians in the late 20s and 30s. Transcription involves painstakingly reconstructing the music on the basis of listening to

old, poor quality recordings.

Upon finishing this set of music, Posnak's flawless playing was rewarded with a standing ovation, and he returned to the piano to play another Chopin "Polonaise Fantaisie" as an encore.

Formerly chairman of the music department at Kenyon College in Ohio, Mr. Posnak currently serves as associate professor and director of the accompanying/chamber music program at the University of Miami school of music.

He holds his bachelor's, master's, and doctoral degrees from the Juillard School in New York, where he began to study at the age of eight. After winning the first prize in the International S. Bach Competition, the young pianist was invited to perform at the White House. His other major awards include first prize in the Concert Artists Guild Competition and the coveted Loeb prize, Juillard's highest award. □

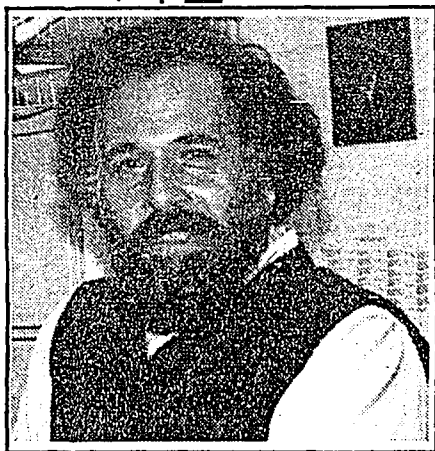
## Ira Sadoff: poet, professor, person

By Amanda Hallowell  
ASST. A&E EDITOR

At his home in North Vassalboro, Professor Ira Sadoff is currently compiling some of his short stories into a collection titled *Brand New Baby*. These stories are selections from about 30-35 stories which have previously been published.

These stories address familial concerns similar to those he explores in the poems of *Emotional Traffic*. For example, the story after which the collection is named, "Brand New Baby," is, he said, about "people who do not know how to cope with a newborn infant." This is the type of topic into which Sadoff appears to eagerly bite, holding back nothing in attempt to make poetic sense, or sometimes nonsense, out of life's quirks, trials, traumatic tribulations, trips and falls.

Sadoff's *Emotional Traffic*, published in 1989, is a collection of poetry which he says "explores the drama of the family" in both personal and social arenas. It shows a progression from the personal sphere of the individual man or woman,



now in some sort of adulthood as a result of their family history, to the broader social and historical sphere which encompasses us all: children, pre-pubescent, adolescent, teenager, young adult, "grown-up," and beyond.

In "In the Mountains," he writes: "My sister in the woods on a starry night. Half-paralyzed/ in her car. Her slender body bent like poplar./ In my dream I'm looking for the doctor./ The woods are threats. I'm far from her,/ my sister, my specter, whose voice is splintered, glass." Sadoff deals with the heart of all matters, delicately, passionately, honestly.

Sadoff says his work comes from his own familial experience. This openness is characteristic of the man behind the words. He also readily admits that his work is "sometimes difficult." He said that he realized that, although the poems seem self-explanatory to him, critics often find them difficult to understand.

*Emotional Traffic* is broken down into three sections which begin with explorations into, rather than reflections of, childhood, and the way in which the child created the man, based on his personal experience.

The second section continues the excavation of life in the still-damp grave of young-adulthood, opening the scope of the poem to all people through this one man.

The final section discusses, somewhat more simply, the here and now of being fortysomething, Jewish, living in a small New England town, and thus existing in today's

*Sadoff continued on page 12*

## "The Doors": Clichéd and self-indulgent

By M. Scott Barkham  
A & E EDITOR

Oliver Stone has attempted to complete his trilogy of the sixties' effects on today's society by telling the story of one of its most flamboyant poets: Jim Morrison, lead singer of the Doors. In "Platoon," Stone definitely caught America at the right time with regard to their maturing attitudes about the Vietnam War. But, by the time "Born on the Fourth of July" was released, it was more hype than the good, responsible filmmaking that the public in general began to expect from Stone.

With "The Doors," it's all hype. Literally. There's not a single moment in the film when the audience can really feel that they understand where Morrison's unique brand of creativity originated.

All Stone offers is one boyhood experience when Morrison's family, while driving through New Mexico, passes an overturned Navajo truck and several mortally wounded people. One Navajo elder appears sporadically throughout the film, but the audience never understands what exactly he symbolizes.

More than a Native American or traumatic childhood experience, drugs ruled Morrison's life. Stone certainly drives that point home over and over again. From the start of the film, Morrison is crazy and drug-filled. But, it is only when he becomes self-obsessed that he really disintegrates.

Another abrasive factor in this film is the acid-induced montage. There must be four or five in this film, and each one is excruciatingly difficult to sit through. Whether set in a desert, canyon, or darkened loft, it is

*Doors continued on page 12*

## Coffee, cookies and good conversation

By Audrey Wittemann  
STAFF WRITER

Open the Coffeehouse door on a Thursday between 3 and 5 p.m., and the standard aroma of coffee will greet you. But the babbling voices will be unfamiliar. Called Café International, the students and professors present will be speaking anything but English.

A place to sip a mug of hot coffee and practice speaking any language other than English, the newly-opened Café was the brain-storm of Sharon Labick '91.

As a Spanish and French major, Labick knows how linguistically intimidating the foreign language tables can be for students in beginning classes. "I used to be afraid to open my mouth because I knew I'd say something that didn't



Teaching assistant Cristina De Vega talks to Spanish student Taylor Steahly at Café International

photo by Sharon Labick

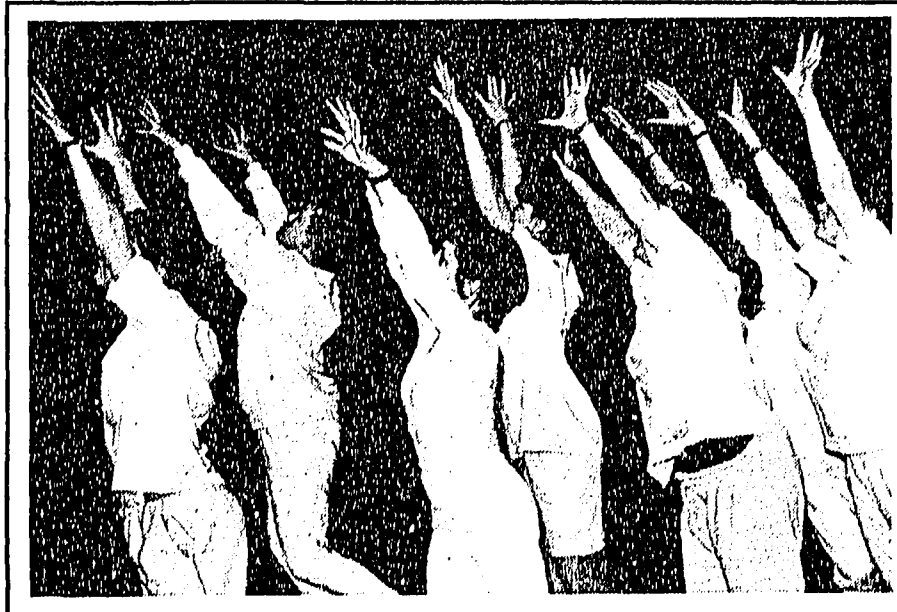
make sense, and it was too stressful to even enjoy my meal," she said.

She came up with the idea of having an afternoon Café where students from 100-level classes on up could informally gather and

practice speaking in a non-threatening environment.

Groups speaking any language taught at Colby, from Spanish to Chinese, gather at different

*Coffee continued on page 12*



Courtesy of Public Affairs

The Colby dancers will present their spring concert on Thursday, Friday, and Saturday, March 14, 15, and 16 at 9 p.m. in Strider Theater. Performing their own, self-choreographed work as well as a piece designed for them by Japanese modern dancer Kai Takei, the group will attempt, through their own creativity, to convey different messages through music and dance. Tickets are \$3 or \$2 with a Colby ID



# WHAT'S GOING ON...

## MOVIES

### Stu-A Film of the Week:

**Sex, Lies & Videotape.** This is seriously a good flick if you haven't seen it already. Starring James Spader and Andie McDowell, it explores the dishonesties within life. Bethere or be square. Shows in Lovejoy 100 will be Thursday through Saturday at 7 and 9 p.m., with a half priced matinee on Saturday at 3 p.m.

### Railroad Square Cinema

Between Main St. and College Ave.  
873-6526

A student membership is only \$20 and in addition to keeping this unique cinema in business, it entitles you to discounts on Tuesday nights, plus other surprise bonuses...and they still have fresh cider (hot or cold).

Tonight is your last chance to see **Macao or Beyond the Sea**, a Swiss film set in China. It covers a Linguist's journey from Europe to the Far East. Showtimes are at 6:45 and 8:40 p.m.

Starting Friday is Franco Zeffirelli's cinematic rendition of **Hamlet**. Not a foreigner to Shakespeare, Zeffirelli has already made films of "Romeo and Juliet," and an opera version of "Othello." This film stars Mel Gibson and Glenn Close, and was released to excellent reviews. It's definitely worth checking out. Rated PG. Shows from Friday through Monday at 6:50 and 9:25 p.m., shows from Tuesday through Thursday at 8:45 p.m. only.

### Hoyt's Cinema

J.F.K. Drive  
873-1300

### Last Show Tonight

**Shipwrecked.** A Walt Disney film, rated PG. Shows at 7:20 and 9:20.

### Showing All week

**The Doors.** Oliver Stone, easily the most self-indulgent director in Hollywood, aims to

complete his "sixties" saga with a look at the mystical, crazy, brilliant(?) Jim Morrison. The star-studded cast includes Val Kilmer (Top Gun) as Morrison, with Kyle McLachlan as Ray Manzarek, and Meg Ryan as Morrison's wife. See the review in this issue. Rated R. Shows at 6:45 and 9:40 p.m.

**The Hard Way.** Michael J. Fox stars as a movie star studying for the part of a New York cop by hanging out with James Woods, who is none too pleased. The critic response to this film has been that it is extremely funny, so it may well be worth checking out. Rated R. Shows at 7:10 and 9:45 p.m.

**The Silence of the Lambs.** Starring Jodie Foster. This film was excellent; one of the best modern horror movies made in recent years. It contains all the elements necessary for a good horror film, and it really controls the audience. Rated R. Shows at 7 and 9:30 p.m.

**Sleeping With the Enemy.** Starring Julia Roberts, this film was supposed to be a solid thriller. As it turns out, it seemed like a film written for Julia Roberts to exhibit her acting ability. The simple "woman leaves man, woman meets other man, first man tries to get her back" plot just doesn't cut the mustard in this case. But there is some entertainment value in a couple of scenes near the end that make it a worthwhile choice for video rental. Rated R. Shows at 7:30 and 9:30 p.m.

**Home Alone.** John Hughes' latest film about a child left at home alone and the havoc that he creates. This usual Hughes film unbelievably out-cashed "The Godfather III" in the box office. If you miss it this week, it's sure to be showing at Hoyt's at least until graduation...or until "Home Alone" comes out on video. Whichever comes first. Rated PG. Shows at 7 and 9:30 p.m.

### Starting Friday

**Greencard.** Starring Gérard Depardieu and Andie ("Sex, Lies and Videotape") McDowell, this film is about a couple that marry so that Depardieu can legally take up residence in the United States. Then they fall in love. Sigh. A modern-day Frog-Prince story set in New York. Rated PG-13. Call Hoyt's for showtimes.

## NIGHTLIFE

### PORTLAND

At Raoul's Roadside Attraction: Friday, March 15—Local band "Knots & Crosses" with special guest, folk singer Darien Brahma.

Saturday, March 16—"One People" A Reggae Band.

Sunday, March 17—All Acoustic Original Lineup: 6pm, Al Liberio; 7:30pm, Mercy Wheel; 9pm, The Total Amount.

Monday, March 18—Open Mike

Tuesday, March 19—Terence Simien plays zydeco/cajun music.

Call 773-6886 for ticket information.

At Moose Alley: Friday, March 15—"Panic Station" Cover Charge \$2. Local rock'n'roll.

Saturday, March 16—"The Sense" Cover Charge \$4. Local rock'n'roll. Call 774-5246 for ticket information.

## THE ARTS

The PORTLAND CONCERT ASSOCIATION presents the OAKLAND BALLET: Thurs., March 28, 7:30 p.m., at the Portland City Hall Auditorium. The Ballets to be performed are "Les Sylphides" and "Carmina Burana," two one-act ballets. Tickets are \$25, \$20, \$15, and \$10. Call the PCA at 772-8630.

### BATES COLLEGE

Friday, March 15 8 p.m., Concert: jazz music performed by senior music major Ken Husbands, guitar, with junior Scott Kelliher on bass guitar and senior Mike Roy on drums. Olin Arts Center Concert Hall. FREE.

8 p.m., Theater Production: "S.T.(U/I). R.," a contemporary funk adaptation of the classic Lorraine Hansberry drama "Raisin in the Sun," directed by William Pope. L, visiting assistant professor of theater at Bates. Admission \$4/\$2. Call 786-6161. (Repeat performances March 16 at 8 p.m. and March 17 at 2pm.) Gannett Theater, Pettigrew Hall.

Saturday, March 16, 8 p.m., Guest pianist Wanda Paik of Boston will perform works by Chopin, Prokofiev, and others. Olin Arts Center Concert Hall. FREE.

9 p.m., Film: "The Rocky Horror Picture Show" Admission: \$2. Memorial Commons. Chase Hall.

Sunday, March 17 3 p.m., Concert: Featuring folk group Finn McCool in special St. Patrick's Day performance. Music of Irish and other Celtic Heritage. Admission \$4/\$2. Call 786-6135. Olin Arts Center Concert Hall.

Monday, March 18, 8 p.m. Film: "Godspell." Admission \$1. Repeat showing

March 20. Filene Rom, Pettigrew Hall.  
Tuesday, March 19, 12:30 p.m., Soprano Carmen Nadeau, a member of Bates' secretarial-services staff, performing operetta and stage musical selections. Accompanied by pianist Mark Howard. Presented by the Bates Noonday Concert Series. Olin Arts Center Concert Hall. FREE.

Wednesday, March 20 8 p.m., "Godspell" see Monday listing above.

### BOWDOIN COLLEGE

Bowdoin College Museum of Art: Walker Art Building. The new exhibit "American Landscapes: Paintings and Works on Paper" will be showing through April 28. The exhibit "Recent Acquisitions in Photography, 1987-1991" is showing through March 30. For more information, call 725-3000.

Peary-Macmillan Arctic Museum: Hubbard Hall. The exhibit "Our Lives In Our Hands: Micmac Indian Basketweavers" will be showing through April 5. "Arctic Acquisitions" is an ongoing exhibit.

Hawthorne Longfellow Library "A Plethora of Miscellany" showing through mid-May.

### COLBY COLLEGE

March 14: 8 p.m. Colby Dancers Spring Performance. Strider Theater.

8 p.m. Vance Gilbert in the Coffeehouse.

March 15: 8 p.m. Colby Dancers Spring Performance. Strider Theater.

8 p.m. Ellis Paul in the Coffeehouse.

March 16: 8 p.m. Colby Dancers Spring Performance. Strider Theater. FINAL SHOW!

March 17: 8 p.m. The Colby Symphony in Lorimer Chapel.

March 21: 8 p.m. The Colby Wind Ensemble in Lorimer Chapel.

Pequod Readings: March 13, April 3, and May 9, in the Coffeehouse at 7 p.m.

Painting Exhibition in the Coffeehouse, Drawing and Printmaking Exhibitions in the street of the library. CHECK THEM OUT!

Compiled By Amanda Hallowell  
Asst. A&E Editor

# The morbid theme continues with Morrissey's newest release

By Dan Raymont  
JAZZY D'S CURB

On March 5, Morrissey released his third solo album "Kill Uncle." Morrissey, truly one of the greatest songwriters of his era gives new meaning to the word "cynic." His name ought to be placed in Webster's, because there are few words capable of accurately describing the man and his music.

The lyrics of "Kill Uncle" are as morbid as ever. The music on the other hand is radically different from his earlier material. The combination of upbeat tempos, waltzes and ballads create an ironic marriage between Morrissey's glum lyrics and his classic rhythms. It is precisely this combination, which makes "Kill Uncle" such an unusually fascinating album.

"Our Frank," the first track on the album is a perfect example of the artist warping the otherwise bouncy and foot tapping music with his melancholy lyrics. In this track he reveals his biggest problem. He thinks too much.

"Won't somebody stop me from thinking all the time/ about everything/ so deeply/ so bleakly," he cries. The song's refrain is truly characteristic of Morrissey. "Give us a drink/ and make it quick/ or else I'm going to be sick/ all over your frankly vulgar/ red pullover/ now see how the colours blend."

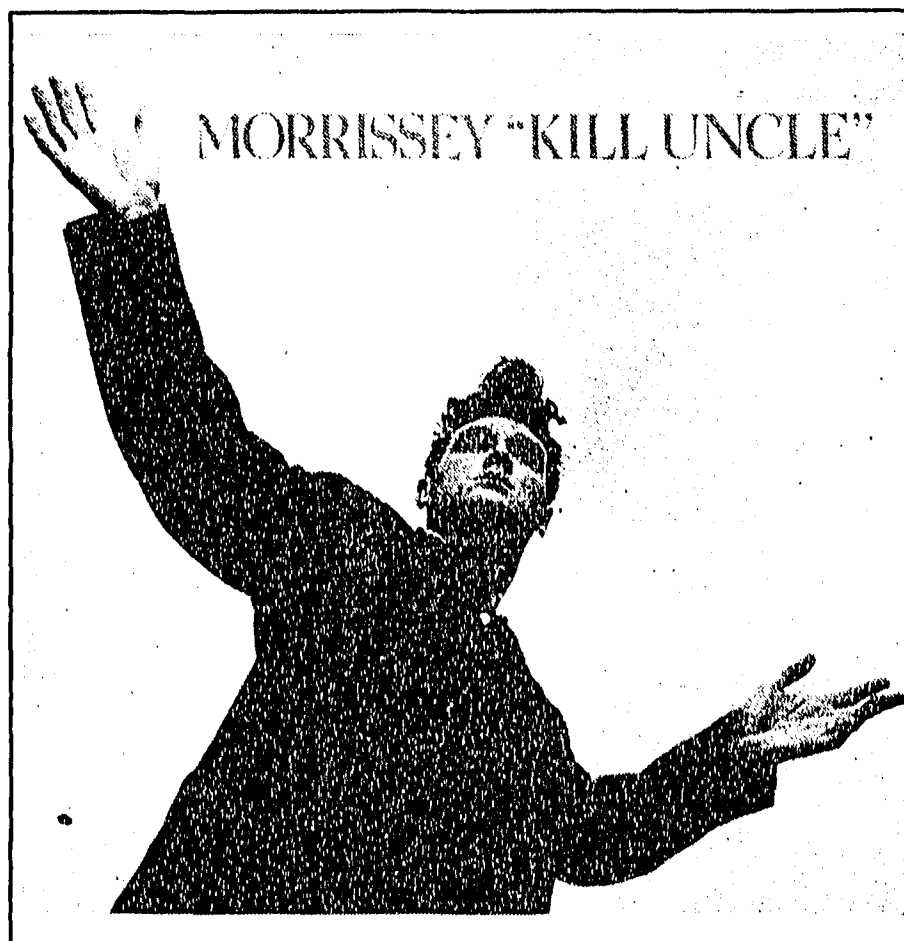
"Sing Your Life," one of the finest tracks on the album, starts with a driving drum beat (similar to the one used by Adam and the Ants, and Chris Isaak in "Diddley Daddy"). This song is a message directed at many of today's performers who possess talent but

are failing to be sincere with themselves and their listeners. It is not enough to have a pretty voice and sing on key. One must take the risk and reveal themselves through their music. If music is not revealing, Morrissey would maintain, it is of little worth.

"Sing your life/ any fool can think up words that rhyme/ many others do/ why don't you?/ do you want to? /...just walk up to the microphone/ and name all the things that you love/ all the things that you loathe/ sing your life...."

The many performers today who sing music written by others have no emotional tie with the words coming out of their mouth. Thus, according to Morrissey, much of today's music ends up sounding the same, regardless of who sings it.

Morrissey continued on page 15





## Freedom

Continued from Page 8

Saddam responded by increasing his military forces in Kuwait and told his people that victory was imminent against the evil allies. The Coalition went to war with Iraq a day after the Jan. 15 deadline.

When Saddam's military was no longer a possible threat to anyone, the U.S. called for a cease fire. We wished no more destruction or deaths to Iraqis or the Allies. When Americans, Kuwaitis, Saudis, Egyptians, French, Britains, and others shouted for joy and victory, Ms. Bahu obviously mistook pride for the sick desire to see thousands of Iraqis die. I was very saddened by the high number of Iraqi deaths. I am also sorry to hear of prejudice remarks against the Arab people or even the Iraqi people as a whole. We didn't go to war to kill Iraqis or anybody else. Our purpose was to stop Saddam's maniacal ways.

We celebrate the freedom for our own country and hope for the freedom of all people. This is not a victory because we killed more soldiers than the enemy. This is a victory because we defended freedom. We will always loudly celebrate a victory for human nature.

Scott Abrams '93

## Racism

Continued from Page 8

scheduled in March. Contrary to your spirited announcement, Black History Month at Colby did not end on Feb. 28.

Of the two events you chose to mention, the one to which you sent a photographer but no reporter is mentioned incorrectly. The co-founder of the Black Panther Party is Bobby Seale, not Seales. In commenting so joyfully about "leav[ing] this month behind," your paper managed to call the month and one of the campus visitors "out of their names."

I agree that awareness of racism is an important start. In the future, I hope that your reporters and editors will not wait until an hour before deadline to call and leave a message on my Audix asking to check facts. One dimension of racism is the ability to ignore visitors to the campus with national reputations and significant and

sometimes controversial messages who also happen to be African-American. Let us hope that the *Echo* will pluck the beam out of its own eye before attempting to snatch the mote out of the eyes of others.

Cheryl Townsend Gilkes  
Associate Professor of African  
American Studies and Sociology  
Director, African American  
Studies Program

## Doors

Continued from Page 10

always the same.

I tend to think that Oliver Stone picked Jim Morrison as a film subject not because he liked his music, but because he could capture a bunch of "trippy" scenes, all in different locations. He's done it in the past ("Platoon," and "Born..."). He must think he's really good at it or something.

Surprisingly, the casting for "The Doors" was not bad. Val Kilmer does a good job portraying the Morrison that Oliver Stone wanted. He struts, poses, and generally seems in another galaxy, just like a real rock star.

Meg Ryan, as Pam Courson, Morrison's lover, gives a lackluster performance. She is merely there for the same reason as the other characters - to prop up Jim Morrison as an idol.

Kyle McLachlan ("Blue Velvet," "Twin Peaks"), Kevin Dillon (Matt's brother), and Frank Whaley are convincing, though not as notable as Ray Manzarek, John Densmore and Robbie Krieger respectively.

However, it's rather nauseating when Densmore yells to Morrison toward the end of the singer's life, "We used to drop acid to open our minds, not to end our lives."

The actors lip-synched and pre-

tended to play their instruments fairly effectively, but that's all. When is someone going to make another movie about a rock star where the actors both sing and act? The only example, other than "Spinal Tap," is "The Buddy Holly Story," in which Gary Busey is extremely convincing as Holly, and is also quite an able musician.

All too often Stone was trying to exploit the hype of the sixties in "The Doors." The images are nothing different than anything previously released, and in a way, coming from someone in the position of Stone, they could have been more original. We've seen enough films about "the era that was." It's time to move on to the age of platform shoes and bell bottoms. Let's see some films about the seventies. □

## Coffee

Continued from Page 10

tables to enjoy coffee, cookies and conversation. Professors may stop by and join in on a game of Spanish Pictionary, and some of the foreign students and teaching assistants come to help Colby students learn their native tongue.

Because Colby puts such an emphasis on foreign languages and studying abroad, all students will reach at least an intermediate level of a foreign language as part of their education. Through programs like Café International, maybe a language will become more than a distribution requirement, and will be seen as a way to open doors cross-culturally.

At Café International speaking a foreign language is not a source of embarrassment, but a chance to experience the satisfaction of communicating with someone else in another language. And the coffee is free. □

## JYA

Continued from Page 9

Studying abroad offers each student a unique experience with the potential to explore other cultures and him or herself from varying perspectives. But to mandate such a program would simply lend to the coercive environment we have opposed in the recent uprisings with fraternities and the alcohol policy.

While the administration has not officially discussed this idea, junior year study abroad has become a requirement within certain academic departments. The international studies department now requires that its majors spend at least one semester abroad. The French department has recently voted in favor of a one year study in France for all French majors.

"Rather than having foreign study a college requirement, we should have each department set its own requirements as they see fit," said Weiss.

Requiring a semester or year of

foreign study carries with it many financial, academic and social implications which need careful consideration. "Colby has a huge commitment both financial and spiritual in studying abroad, so aid will be applied wherever possible," said Study Counselor Elizabeth Todran.

Junior study abroad has increased significantly since the spring of 1983 when only eleven students participated in non-Colby sponsored programs; this spring the number climbed to 82. Of the 450 students in the class of '92, 191 have studied off campus this year. The off campus study office predicts this number, which is 42% of the class, will increase as opportunities in foreign study diversify and improve.

Currently Colby does not require that all juniors spend their year abroad. Foreign study is highly encouraged, but not mandatory, yet if this idea becomes an official motion upon the administrative floor, we will definitely read about it.....maybe on the sidewalk. □

## MONDAY/TUESDAY MADNESS

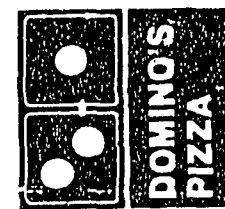
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## Sadoff

Continued from Page 10

world.

Sadoff's talent with words and images is a soft, comfortable brilliance, like a lamp turned on in the twilight so that suddenly the words are more clear, easier to read. Besides this quality contained within his own spirit is a man who is inspirational to all in his very tangibility, his "realness." He works, he sleeps, he eats and brushes his teeth, he lives, in a manner not entirely dissimilar from you and me.

Sadoff himself feels the thrill of his accomplishments. He has not forgotten the uncertainty of being a virgin writer, the uncertainty of knowing what is "good" and what isn't. He is thus, as many say, a compelling and extraordinary professor as well as poet.

He is on sabbatical this spring and all of next year, not to return until the fall of 1992.

He writes every day, treating his writing as a sort of obligation to himself. He says it has taken learned discipline to find the muse when it is less than readily available, to look for the words when they are somewhere other than on the tip of his tongue.

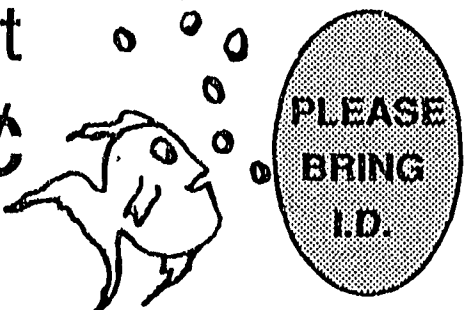
Sadoff says he feels lucky to be at Colby. He praises both the writing program and the Colby environment as a place in which he helps others develop their writing, and at the same time finds stimulation for his own work. □



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## Thank You

to everyone who helped make the  
third annual  
**Charity Ball**  
a success.

Special thanks to Stu-A,  
Jokas, Seilers, Plants Alive, and  
Strictly Formal.







# At home with the Nelsons

## A community 'chap'

By Jonathan Walsh  
ASST. SPORTS EDITOR

Chappell Nelson '82 is certainly a homeboy, and one who relishes his ability to stay in one place and be satisfied. Most people know him as "Chappy," the amiable, popular equipment manager at the Colby fieldhouse.

Since he was born 31 years ago, Chappy has almost always been around the Colby community, from his days as an athlete at Lawrence H.S., to being a student at Colby.

Chappy enjoys what he is doing, and loves being around Colby, but said he may be headed for something bigger.

"I'm content for a while," he said. "I've got a lot of ties in the area, this is the right place to be." Colby has been the right place for Chappy ever since he became a student on Mayflower Hill, at which time he became friendly with Athletic Director Richard Whitmore.

"He [Whitmore] took me under his wing, and it's been a big advantage," Chappy said.

Not only has Chappy gained from this relationship, but he has also helped many athletes and coaches by giving them something invaluable. "I guess I've been sort of a go-between," he said. "Sometimes a player will have something to say...and I can relay it to a coach. Maybe he doesn't feel he's playing enough. I can talk to him [the coach] about it."

Chappy said, "I like being a confidant, I get along great with the coaches and I have a good relationship with all the athletes. And I still keep in touch with people who have graduated."

Chappy's value as a confidant is unquestionable, but his job as equipment manager is what has made him a Colby legend. Each day, he oversees the dispersal of equipment to athletes and does all the ordering of equipment and supplies, a task which makes him a fixture in the operations of the fieldhouse.

And even with the end of the hockey, squash, track and basketball seasons, Chappy is still hard at work. "Right now we're getting ready for the spring season, we've got the best staff we've ever had. It's fun, we're [Colby] definitely on the upswing right now,"

Chappy said after Colby's recent athletic successes.

Because of Chappy's mere presence in the fieldhouse, there is usually a line to get equipment because all the athletes are talking with him.

In his seven years at Colby, things have never been routine for Chappy. In fact, he said that among the stranger things that have

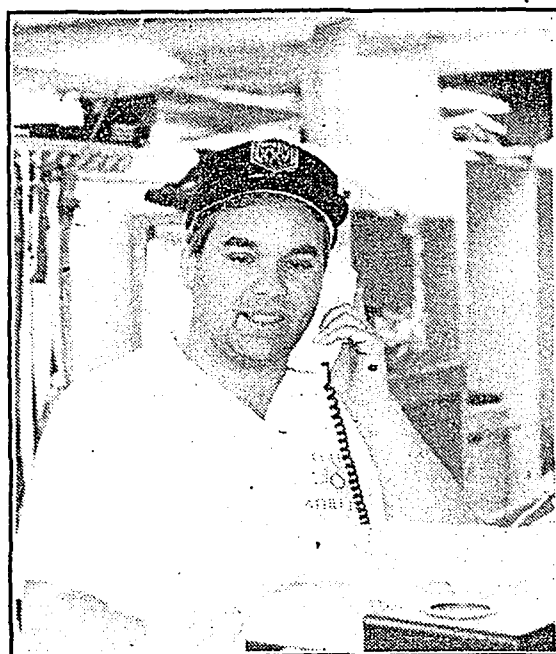


photo by Ari Druker

Chappy Nelson busy ordering equipment.

happened to him are the repeated "instances when the football team goes on an away trip, and a football player leaves behind his shoulder pads."

These are the kinds of things which make Chappy enjoy life in the Colby community, but after growing up, going to college, and working in the area, he sees a change in the future. "I'm not looking to leave, I love it here," said Chappy, "but I see it as a stepping stone...toward a D-I position."

Chappy graduated from Colby in 1982, and went on to Ohio State, where he graduated in 1985 with a master's degree in athletic administration. He plans to use this and his sports equipment background to "possibly go into purchasing," he said. "I know a lot of representatives for big companies, which should help."

It probably will, but if they're hiring on the basis of personality, Chappy's got the job, shoulder pads-down. □

## Looking out for the athlete

By T.J. Winick  
STAFF WRITER

Since Carl Nelson, (not related to Chappy), became Head Athletic Trainer at Colby in 1959, his knowledge and influence in the field of physical therapy, as well as his caring and compassionate personality, has been felt far beyond the friendly confines of Mayflower Hill.

After receiving an honorable discharge from the United States Navy after four years of submarineduty during the Korean War, Nelson, a native of Newton, MA, enrolled in the School of Physical Therapy at Boston University. When he graduated in 1959, he was hired by Colby to serve as head trainer. So he, along with wife Jean, packed their bags and drove up I-95 to their new home of Waterville, ME.

"Colby's been a great place for me to work," said Nelson, "my role has always been well-defined here, and the school's athletic philosophy has been extremely compatible with my own. We both believe academics and the welfare of the student are top priorities; not making sure an athlete is available to play if he or she is at a potential health risk."

In 1972, Nelson received another chance to represent his country, when he was invited by the Olympic Committee to serve as head trainer at the Winter Olympics in Sapporo, Japan. In 1976, he was involved with the pre-Olympic training in Innsbruck, Switzerland. And in 1980, he was in charge of the Physical Therapy Clinics at Lake Placid.

"It [The Olympic Games] was a phenomenal experience. It was such an honor for me to represent the United States and Colby."

"It's a very intense experience for the athletes and everyone involved. I believe it's such a high-pressure situation because most of these young athletes, who have worked so hard to raise their skill level to near perfection, have only one Olympic opportunity to prove themselves in international competition."

Nelson said some of the most memorable moments he witnessed were watching American Eric Heiden win his five speed-skating gold medals, and speaking with Mike Eruzione and the rest of the Team USA hockey players before the spectacular upset of the Soviets.

Over his 32 years at Colby, Nelson has worked with many physicians and student trainers.

Assistant Student Trainer Candi Green '91 summed it up when she said, "He's a great person, and such a joy to work for."

Clint Williams '91, a two-sport athlete at Colby and as one who has had a history of well-documented knee problems said of Nelson, "There are so many nice things one could say about him. He has one concern and that is the well-being of the student athlete. I see Mr. Nelson

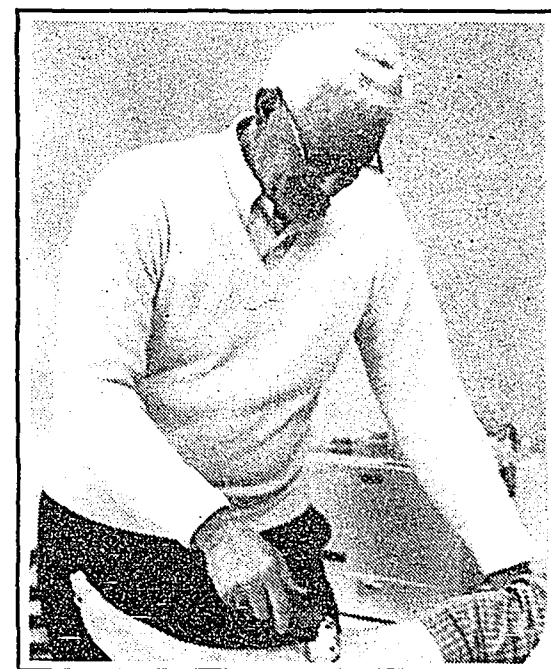


photo by Amy Shaw

Carl Nelson cares about athletes.

almost everyday for my knee, and I've been the recipient of his many comforting words of wisdom. Without him, I never could have mentally or physically adjusted to my injury to the point where I could have stepped back into the arena of competitive athletics. And he loves what he does."

In 1986, Mr. Nelson was selected to the National Athletic Trainer's Hall of Fame in Dallas, Texas. "It was definitely one of the pinnacles of my career. To be recognized by your peers as one of the best in a chosen field is such a tremendous feeling of satisfaction."

Nelson's experiences at Mayflower Hill are almost unequalled by anyone else. "It's amazing. The quality of Colby student has remained exactly the same over the past 32 years. The school still attracts a very excellent kind of human being. Really, it's the students that make me look good."

By the way he has accepted challenges in the past, Carl Nelson makes himself look pretty darn good, too. □

## Critical Point

### COMMENTARY

By Jonathan Walsh  
ASST. SPORTS EDITOR

NBA basketball is just entering the homestretch of its arduous season, and the NCAA Div. I tournament opens today. But here at Smaller Scale College, we bid goodnight to three hoops-success stories of our own.

First of all, Colby men's basketball. The White Mules' season was basically a showcase, a dream season in which expectations were broken as easily as the Patriots' secondary (at least I didn't tell the one about what "scuds" and Lisa Olson have in common; they've both seen Patriots up close). Remembering the White Mules' season, I'd like to highlight parts of last weekend's championship "game."

There's got to be a better word than "block" to describe what Nate Carpenter '91 did to that shot when he came into the game.

Do you remember John Riman '92 shot four feet from

the basket in the second half? He was literally pulled down by two Babson schleppos, but still got the hoop. How?

How about John Daileanes '92 rebound in the first half. Wasn't he literally lying on the court when he grabbed it? Good thing he didn't have to jump for that one.

Kevin Whitmore '91 hit a one-hander from the foul line six minutes into the second half, and Babson's world fell apart. That bucket put us up by nine, instead of giving them a chance to cut it to five. Colby's momentum kicked in, and three minutes later we were up by 26. Congratulations on a great career, Kevin. One question though: why did you wear the black shoes only once in the ECACs?

Nate sure knows how to humiliate; he should pursue a volleyball career the way he bats people's shots around. Nate, great season, great career, and good luck.

Tom Dorion '91, I've been trying to convince people that you could run the point for a lot of D-I programs. Maybe not Duke, but probably for the Coastal Carolina Chanticleers, in which case you'd be in the tournament against Indiana in the first round. Or how about for LSU. Imagine throwing alley-oops to Shaquille? Good to have you here, though.

Babson looked like it was losing its composure in the second half, and we knew it when that guy made the mistake of trying to run Clint Williams '91 over. Clint, I have 20 bucks says you could beat Dee Brown in a dunk contest.

Babson must have been pretty good to make it that far, but Colby

really deserved a better run for its money.

Coach Whitmore, sorry to compare you to Bill Parcells, but that ice bath looked pretty fun.

I can't wait to see the Rimas and Daileanes show next year.

Whitmore, Dorion, Carpenter, Williams, and Chris Lahey '91 (by the way, Marco Lukar-he might come back next year-says hello), you guys know how to end a career in style.

Food for thought: Anyone interested in how we might have fared in the Division III tournament...Colby beat Salem State (at one point ranked #3 in the nation) 87-80, and Salem lost in the Sweet Sixteen to Ramapo (N.J.) 101-98. Ramapo beat us 95-90 on Jan. 4 but Daileanes had to leave the game with stitches when he got hit on the head. Ramapo faces Franklin & Marshall in the Final Four.

More food: Who are we rooting

for in the NCAA tournament? They probably won't get past the second round, but Princeton has put together a respectable program, as the only team in Division I to overachieve in the classroom more than it overachieves on the court.

Dessert: After the 83-53 rout of Williams, Dorion said "We beat the Dragon..." What does that make Babson? Fireflies?

Dream Season Award, goes to Colby Women's Basketball, winners of the ECAC title and 20 of their last 23. Coach DeLorenzo did a great job with a fairly young team, but to those seniors, Kim Derrington and Deanne Newton, congratulations on a great season and great careers. Kim, 1000 points is a lot. Liz Cimino '92 should be joining her sometime early next year. We need a replacement for Maria Kim '93, off to Japan next year, whose last Critical point continued on page 15



## Spring

Continued from page 16

Captain Deb MacWalter '91 is looking for a national championship in the javelin. She finished second last year. She also excels in hurdles, heptathlon, high jump and the long jump. Brenda Eller '93 is very strong in the discus. Also strong in field events are Young, Cristen Herlihy '93, Heather Hews '93 and Powers.

Coach Debbie Aitken said "It's going to be hard to repeat as New England Division III Champions and NESCAC champions because of the strong Williams team, but we can do it." As for MacWalter, who ends one of the most illustrious track careers ever this spring, Aitken said "she is going to be tough to lose, she may be irreplaceable."

The MEN'S TENNIS team is looking to repeat last year's tremendous 9-3 record again this season. The team is led by Josh Wolman '91, who was first alternate for the NCAA's last year, and is in the top five in New England. Also returning are Mark Longsjo '92, Eddie Ramirez '93, John Yormak '93 and Jim Conrad '92.

Coach Dan Veilleux said, "We have a strong group of freshman to go along with our returning players. The team looks strong as it looks ahead to the year. Veilleux stated, "I expect this team to be a strong contender for NESCAC and the CBB championships." The team has

a good chance to repeat last season's record, which would be, according to Veilleux "impressive."

## Critical point

Continued from page 14

two years running the point have had a great deal to do with the team's success. Congratulations again.

Two titles in one year, that's not going to help the school or anything. Last hoops recognition of the season goes to Jody Cox '91 and Eric Johnson '92, winners of the first annual Don King Award for promoting I-PLAY. They took a program which was about as prosperous and stimulating as Arena Football, and turned it into one of the more admirable and well-run aspects of Colby sporting life.

Last year my dorm I-PLAY team had four scheduled basketball games and two were canceled by forfeit. This year I-PLAY has been a whole new affair.

Cox and Johnson have done a great job, as have Colby's two other basketball successes, but their work isn't done yet. There are rumors "sliding" around campus that they are forming an I-PLAY Ice-Sliding team, captained by Cox and Steve Collier '91, sliders-extraordinaire. The team even has a new logo, but Cox is having trouble signing top recruits Security Officers Jim and Leon. □

The men then attempted to climb the walls to get the prize, all the time chanting "silk! silk! silk!" to make known their favorite variety of panties.

The women did not let them get their goal so easily. They poured hot water and Ajax on them to foil their attempts at climbing the walls. The women did, however, give up their silk panties to those who had been particularly valiant in their efforts. □

## Morrissey

Continued from page 11

"Driving Your Girlfriend Home" one of the album's many waltzes involves a peculiar narration of a dialogue between Morrissey and his friend's girlfriend. Morrissey plays both roles. He implements the device used in Prokofiev's "Peter and the Wolf," using the music to distinguish between the two voices.

"The Harsh Truth of the Camera Eye," another waltz with a swaying bass beat, ends with a highly original twist - a funky-up dissonant progression of scales on the piano.

It is safe to assume that much of Morrissey's music is autobiographical. He first established his relationship with his family in "Break Up the Family," from his first solo release "Viva Hate."

Morrissey, considered a freak of nature by his family for being gay, has suffered greatly for breaking the family tradition. He is the end of the family line because he refuses to bring a baby into this world to suffer as he has. □

## Competition

Continued from page 9

basketball team the same chance (as good as the women's team was, they wouldn't have qualified for the national tournament).

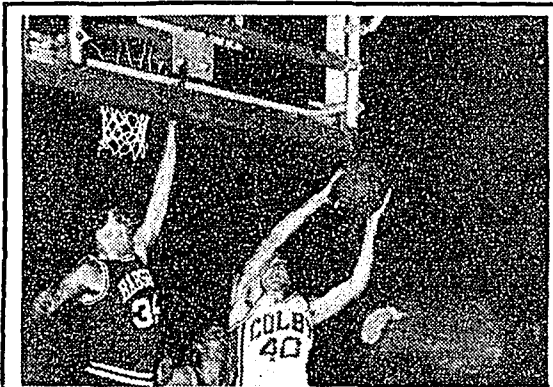
In reality, therefore, allowing Colby and the other NESCAC schools to compete nationally would have a negligible impact on student-athlete's pursuit of academics.

While this inconsistency is outrageous, NESCAC schools justify it by arguing that individuals are only gone for a weekend, whereas team tournaments can last up to two weeks. What they are failing to realize, however, is that very few teams would even make the national tournament, say nothing about staying in long enough to win it; and furthermore, that the ECAC's already consume one week, so one additional week is hanging in the balance.

Colby should lobby NESCAC for national participation, and join a different conference if the other schools refuse. □

## Devastator of the week

What do you call a player who scores 26 percent of his team's points in a season, tallies 25 points in a championship game and gets named tournament MVP for his efforts? Or how about someone who plays such unbelievable play-off games that USA Today names him Division III co-offensive Player of the Week? How about calling both of them Devastators. And that's just what Kevin Whitmore '91 and Tom Dorion '91 are this week. For being named in USA Today, Dorion averaged 24 points in two games on 75 percent field goal shooting and 100 percent foul shooting. And he grabbed 15 rebounds and four steals. Congratulations to Whitmore and



Dorion and the rest of the Colby Mule basketball team for an outstanding season. □

## Scoreboard

Men's Basketball  
3/9 Colby 97 Babson 63  
ECAC Champs!!! Final Record 23-4

Swimming  
3/15-16 Sally White '91 represents Colby at Nationals

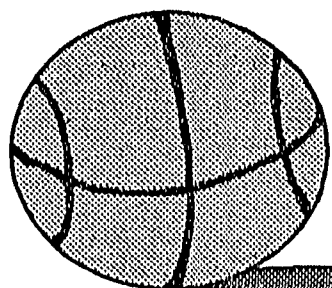
## Archives

Continued from page 4

panty raid.

In September of 1968, the men of the class of '72 decided to formally introduce themselves to the women of their class. Starting from the fraternity houses on Frat Row, they ran across campus to Dana, where the women dangled stockings, slips, and panties.

# Congratulations Men and Women's B-ball for a winning season and the ECAC Championship



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**BACK-TO-BACK:** The MEN'S BASKETBALL team completed its successful defense of its ECAC title last Saturday with an impressive 97-63 victory over the Babson Beavers. The win makes them the first team in New England Division III history to repeat and also makes Colby the first school to have two championship teams in the same year (men's and women's). Co-captain Kevin Whitmore '91 led the team with 25 points on 8-22 shooting (two for seven from three point range) in 36 minutes of play. Four of the five starters scored in double figures in a game that saw 11 different Mules get playing time. The five seniors, Whitmore, Co-captain Tom Dorion, Clint Williams, Nate Carpenter, and Chris Lahey played together for the last time with 4:59 to go in the game. Coach Richard Whitmore thanked the tremendous crowd support before being awarded the ECAC Championship Trophy. Kevin Whitmore was named tournament MVP.

**IN THE USA:** Tom Dorion '91 was named co-offensive Player of the Week last week in USA Today for his efforts against Anna Maria and Williams. During the two games, he averaged 24 points on 75 percent field goal shooting, and 100 percent free throw shooting. He also tallied 12 assists, four steals, and 15 rebounds (don't forget, he's a guard) during the two games.

**BEATING A FINAL FOUR TEAM:** The Babson Beaver's hockey team is headed to the Final Fours in the NCAA Division II tournament. This doesn't come as a big surprise but remember that the Mules beat these guys 3-1 at the Alford Arena.

**WE CAN WATCH NOW:** The Maine High School tournaments are just about done. So what, you ask? Well, for one, it means uninterrupted NCAA Division I coverage, which is a welcome sign. Last year, LSU vs. Georgia Tech was scratched for the girls Class A championship game. Maybe this year NCAA die-hards will be able to watch more of Kenny Anderson and the rest of the tournament.


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# SPORTS

## THE COLBY ECHO

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Colby College, Waterville, ME 04901

March 14, 1991

# "Colby basketball is where it's at!"

By Paul Argiro  
SPORTS EDITOR

Not many can doubt Clint Williams '91 when he said after the game on Saturday "Colby basketball is where it's at."

The women won their third ECAC title last week and now the men have repeated as ECAC champions - something no other New England Division III team has ever done - with a 97-63 demolition of the Babson Beavers.

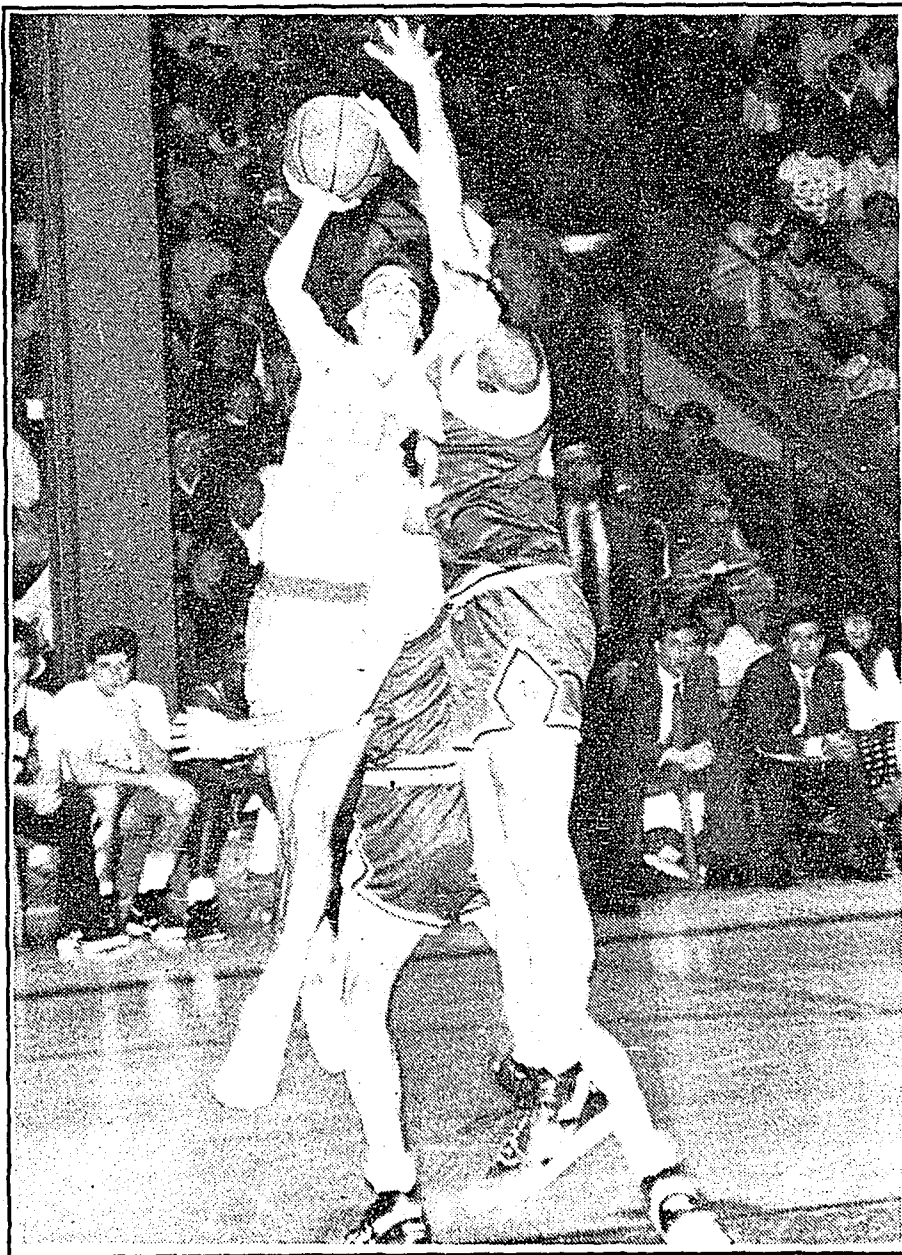
As further evidence of Williams' statement, no other college in the history of the ECAC's has had both the men and women win titles in the same year in the same sport. If that isn't enough, take a look at some of these numbers.

The average margin of victory for the Mules this season, including the ECACs, was 18.6 points. During the tournament, they wiped out Anna Maria, Williams, and Babson by an average of 30.6 points.

They won eleven consecutive games, finishing the season at 23-4. They scored 2443 points this season while giving up 1941.

As a team, they shot 76 percent from the charity stripe, 48 percent from the field and 43 percent from three-point range.

But the Beavers (now 20-8) weren't concerned with stats as they started off strong against an obviously nervous Mule squad. They ran off five straight points before Colby could get its offense into gear and it looked like Babson was going to give Colby a run for its money. Wrong.



Tom Dorian drives to the basket in the men's victorious ECAC final against Babson.

photo by Sharon Labick

Colby then pulled off a 14-2 run, taking its first and only needed lead at 16:47 of the first half. Before five minutes passed, Babson had used two time-outs and were hoping this game wouldn't run away from

them. But Colby knew otherwise. Babson, struggling from the field (they shot 34 percent in the half), did all it could to keep up with the running and gunning Mules who slowly built its lead to 10 halfway

through the first half. As a result, they invited the Mules to the foul line 18 times in the first half, and Colby welcomed the invite by nailing 17 of them. They also committed eleven turnovers to Colby's five.

Finding themselves up 47-32 at the half, the Mules, along with the packed Wadsworth Gym, wondered how quickly Babson would be put completely out of reach. Co-captain Tom Dorion '91 answered that immediately, scoring the Mules' first five points of the second half.

"In the first half, they stuck with us pretty well," said Dorion. "But we loosened up a little bit [in the second half]."

That loose feeling resulted in a 10-0 run in the second half that put the game at 65-38 and out of reach for the Beavers. A frustrated Jim Pierrakos, Babson's leading scorer (15.1 ppg), fouled out with 15:31 to go on 5-11 shooting and two turnovers. But he would still wind up as Babson's high scorer with 10 points.

Babson would send the Mules to the foul line another 13 times in the second half, of which Colby converted eight. They visited the line a total of 17 times but didn't convert any until 10:36 of the second half.

If Babson is to find anything positive in this game it would be offensive rebounding. They killed the Mules in that category 29-16 but stabbed themselves with 32 percent shooting (25-77).

When all was said and done, every Mule played at least a minute of this game and 11 players scored.

Four of the starting five ended in double figures. Co-captain Kevin Whitmore '91 led everyone with 25 followed by Dorion with 18, John Rimas '92 with 17, and John Daileanes '92 with 15.

Nate Carpenter '91 backed up Paul Butler '93 at center, putting in 15 quality minutes and finishing with seven rebounds and two monster blocks. But the big story came with 4:53 to go in.

Seeing his team up 82-54, Coach Richard Whitmore checked in Chris Lahey '91 for Daileanes. At that moment and for the next 1:03, the five seniors on the Mule squad played their last game together.

"I face those guys everyday," said Lahey. "It's a lot of fun to play with them. Tom and Kevin can make anyone play better - I love those guys."

For these five men, this was ECAC victory number two. Which one was sweeter? Dorion put it best: "Two is better than one."

After the game Coach Whitmore said to the crowd, "No matter where we go, these are the greatest fans in Division III basketball."

And Kevin echoed that sentiment. "I don't think anyone can beat us here. Everybody is behind us. I would like to see a Division I crowd like this."

Whitmore was named the tournament MVP and was literally surrounded with youngsters after the game wanting his autograph. "I am happy as hell. I am so proud to be a part of this team," he said. Whitmore was definitely the dominant force at forward this season scoring 634 points (26 percent of the team's output). □

## Even with snow, spring is already here - for some

By Elliott Barry and Greg Greco  
STAFF WRITERS

This is the second part of a two part story on Colby's upcoming varsity spring season.

The WOMEN'S LACROSSE team will be lead by a strong senior class this season. Captains Margret Mauran '91 and Laura Pizzarello '91 will be the backbone of the team. Mauran, a forward, will very possibly "be our career leading scorer by the end of the season," said Coach Deborah Pluck, and Pizzarello will be a force playing mid-field and defense. At the defensive end, Senior Goalie Kay Cowperthwait and defense women Leaf Ives '91 will put pressure on opponents' attempts to put the ball in the net.

With the talent in place, the team just has to come together as a group. To do this, the seniors on the team will have to use their experience to provide leadership.

"Our senior class will have to be the backbone of this team. We have the potential to be a great team, now the leadership has to come to the front and bring the team together," said Pluck.

No confidence has been lost, however, by the fact that the team has to rebuild from the loss at a talented group of players to graduation last spring. The women played well in a recent indoor CBB scrimmage, which boosted the confidence level. "I have a very positive outlook for the season especially after our showing at the scrimmage," said Pluck.

As the snow melts across Colby campus, look for women's lacrosse to emerge from Wadsworth Gym as a strong and confident team.

The WOMEN'S TENNIS team had their long season of dedication and endless practice in the fall, and now they come into the spring with a different attitude. The team will get together on an "informal basis," said Coach Paula Aboud. The women will concentrate on refining skills and having fun instead of concentrating on winning. The attitude has sparked 30 women to try out for the team, allowing Aboud to find some possible candidates for the next fall season.

The only real concern for the team is support from Colby. The school does not provide the same support for the team's spring season as it does in the fall.

Practice hours are not allotted in the



photo by Becca Pratt

Mark Longsjo swings and hits.

regular schedule of spring sports, so the team meets at the awkward hours when they can reserve the courts. Aboud is even working during this season without pay, and feels that tennis "is a sport that needs two seasons."

Even though number one player Lisa Black '92 is abroad and number two Maria Kim '93, who competed with Black for the number one spot, is out with tendinitis and will not likely play this spring, the coach and the team are optimistic.

The WOMEN'S TRACK team had a terrific indoor season, winning the New England Division III Championship, and look to have an equally strong outdoor season.

In sprints, Jen Curtis '93 leads a very competitive field that includes Karlene Burrell '94, Janet Powers '94 and Amy Young '93. In the 400m, Pam Pomerleau '91, Captain Theresa Sullivan '91, Candace Killmer '93 and Captain Colleen Halleck '91, who also make up the 4x400m relay, are the top runners.

Jen Hartshorn '94 is an All-American in the 800m, and is supported by Captain Lesley Eyedenberg '91 and Michelle Severance '94. In the long distances Kelly Redfield '92 and Severance are two of the top runners in New England.

Spring continued on page 15